COTTONWOOD '85

Holly
430-6185
Hi! You're really sweet (kind of ... cuckoo but that is o.k.). It's been fun with you and Lisa waiting for the bus after school. Have fun this summer!!! Love, Scott

Holly
It has been great having you in Algebra 1/me. I hope I have you in my geometry next year. That is if you are going into Regular Geometry w/ the dipshits who can only get "C's and "B's" in algebra like me.
Have a GREAT Summer.
-Craig Wilson

Holly,
It's been a fun history and hope you see you next year.
Kit.
596-2510

Holly,
You've been a great help in History and I sure hope we can see each other this summer. See you next year.
Lara Sutton

Holly-
You are a very good actress. You have a lot of potential. That is a nice car you have there. Wonder where you got it?
Jean Anderson

Holly,
It has been a great year. I'm glad that we are still friends.
Have a great summer.
Darlene
Kamyn.
'88

Holly
Well I'm sure glad we got to be great friends Holly you are a great person and you've an omega to me. Love ya lots Kim Abe
292-3544

Holly,
Its been a fun year and I hope we have more classes next year. Have a cool summer and see you next year!
Stefan Kolk
"88"

Holly,
Its been a fun year in Algebra and I hope we have more classes next year. Have a cool summer and see you next year!
Stefan Kolk
"88"

Holly,
What up & got an I don't know a punting in my remembrance
And don't forget to invite me
Cal Munson

Holly,
Have a
very interesting
and exciting
Summer.
Angela
Wilson

Holly,
I'm really
glad I got to know
you. You're really funny.
Thank God we survived
Flynn's class. Hopefully
next year it'll be different.
Anyway, have a great summer
and call me sometimes - OK?
♡, Nanc 430-8665

Holly,
Hey babe how's it
going? I needed new
hair. Glad to see
you again this year
it was cool. Have an
awesome summer. call me
this time. luv ya. (913) 338-0725

Holly,
It's been an interesting
year. Getting to know
you, coping with classes
& band & you're brother!
Have a great summer
ya next year.
See ya, '88
Mike

Holly,
Have a great summer
Maybe all
I was fun hanging
See you next year.
John Yesenosky

Holly,
I'm glad we
got to know each
other better, you're
nice. Maybe I'll
can do something
together this summer.
So have a great summer
and stay away from
the boys. Love Nikki Peterson

Love,
Melissa Bloom

Holly,
It's been really fun
in English! I really
get in to noun-clauses
and being called 3-D.
Let's hope we never see
Romeo and Juliet ever again.
Parting is such sweet sorrow!

Luv,
Gamma

Holly,
Its been funz
of fun with ya in
Drama! This year
has been great—
and went by sooo
fast! Have a rad
summer! Luv ya
cutee,
jessica

Holly-
Youve been a great friend
all year. Thanx, I won't
forget you.
Eddie

Holly—
have a great summer!
Ya've been really
nice to know, yare
really sweet and smart!
I hope ya get a good
grade in Eng. na mJ/c,
But anyways I hope
we have lots of classes
next year! Have a
great summer! See
ya next year!
Luv,
05' Laura
cutee

Holly
It has been fun being
in drama with you, you are
a very good actor. I hope you have
a great Summer. And I'll see you next year

Master Rock Playboy
Mike Rodriguez
1714 2612759
call me over the Summer.

Holly,
it's been fun
having you in
English those 2 semesters
u R a sweetie-stay that
way!! Have a rad
Summer!!
Nancy
Sandoval

Holly!
Have a killer
Summer & a
rad life
Love
Chris

Aye Holly
Don't get into trouble over
the summer. Go get 'em
in ENGLISH. See you
next year.
Randy

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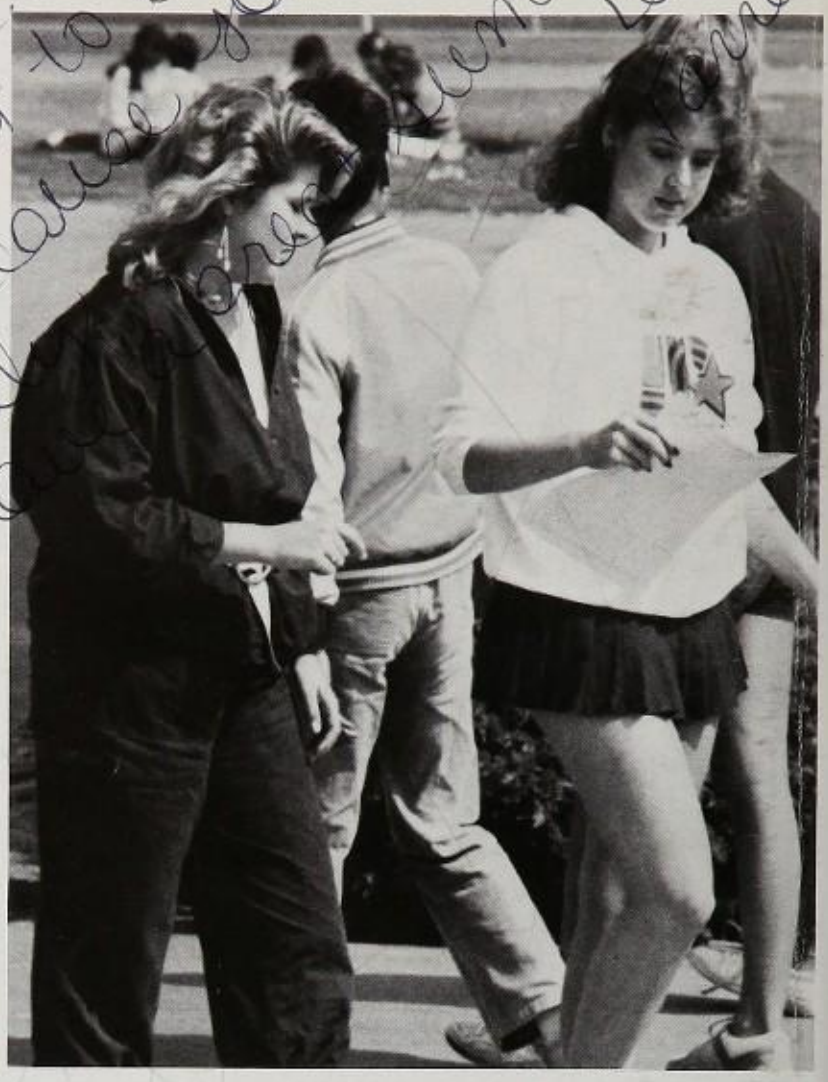
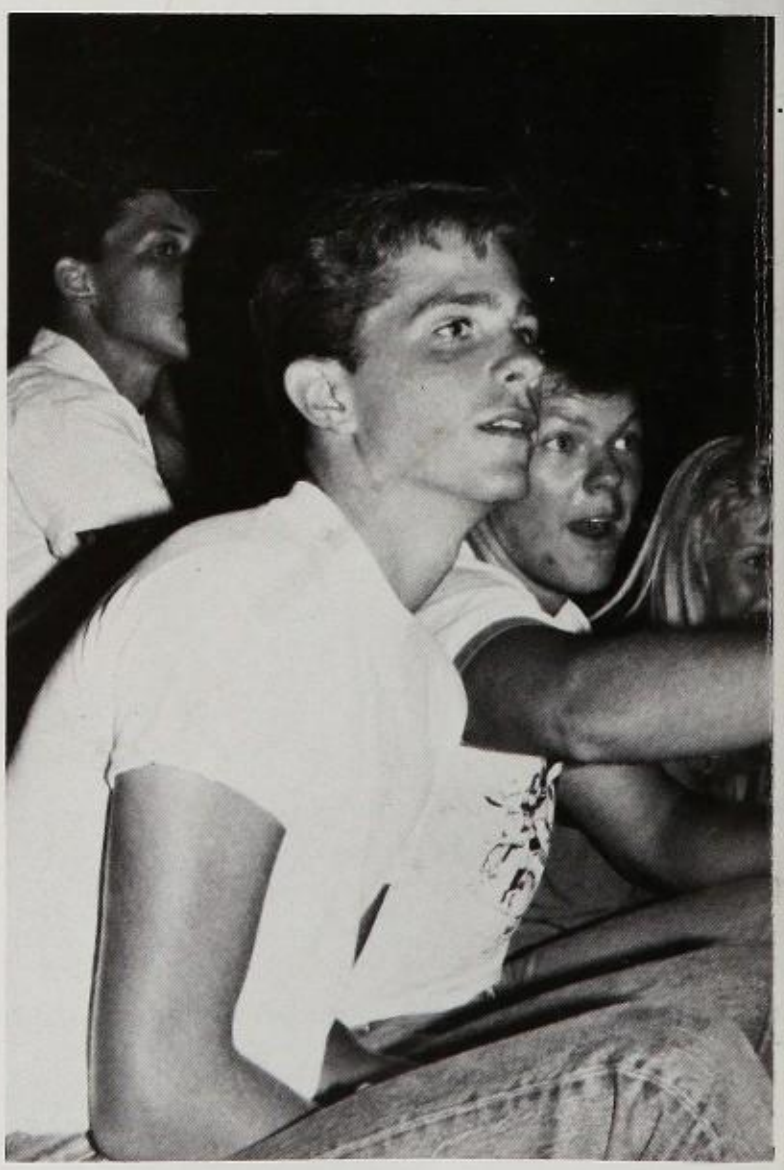


Walking swiftly across campus, **Diana May** and **Tracy Clark** discuss plans for college. Such sights are common on our campus as seniors anticipate venturing out on their own.



Looking on with interest at a Griffin halftime show, **Eric Jones** watches as the color guard performs.

Holly-
I better see ya this summer or else.
Bet you didn't know I'm part of the
moffia. Well, be a good girl, bye!
love Jacob

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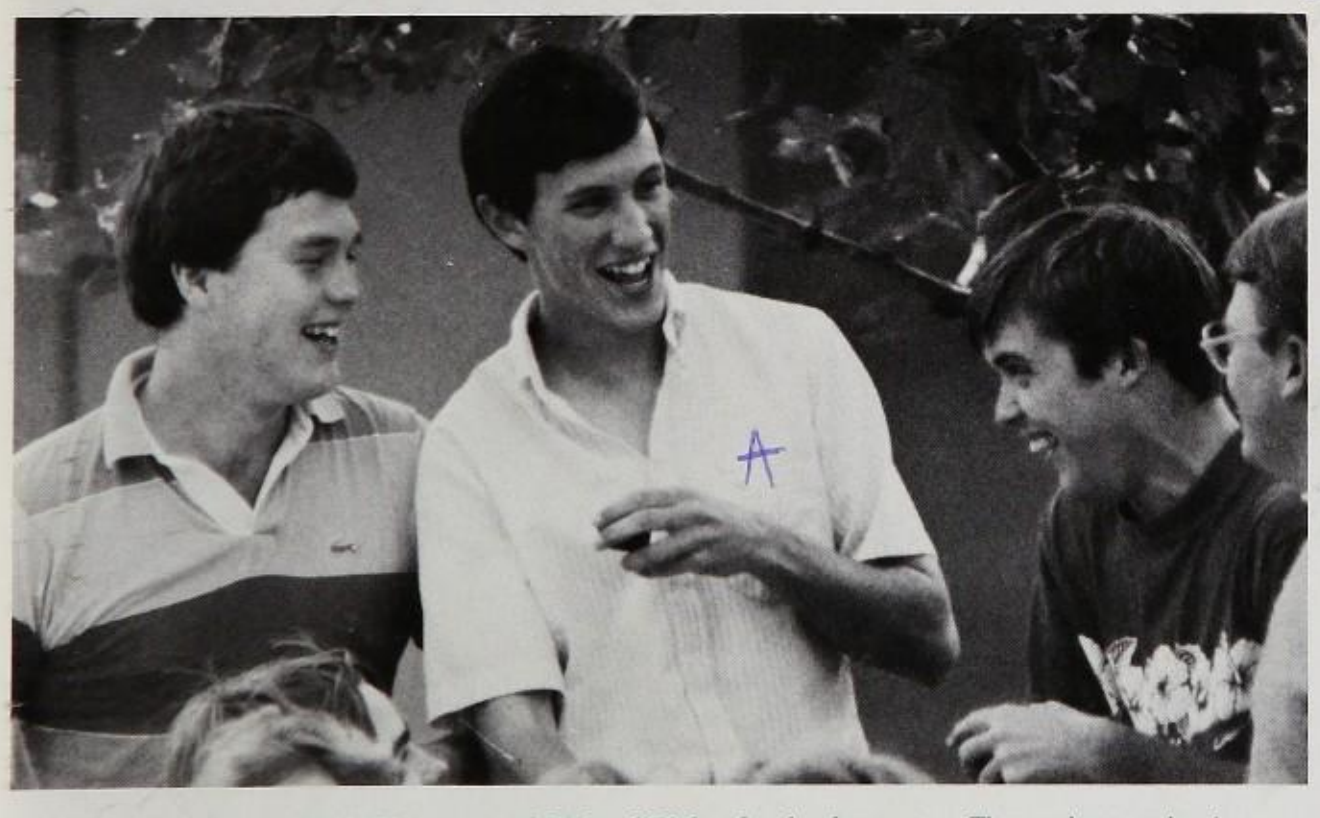
Spirit Week brings a smile to **Mary Kate Hagmann's** face as it proves to be one of the most memorable weeks in her senior year.



Matt Winford entertains **Mike Flanagan** and **Richard Pickard** with a funny story. The quad area at lunch time is filled with the relaxed laughter of students as they spend the period with friends. Most people use the free time to enjoy the social aspects of high school.

Holly
It has been fun having
you in school. This summer
I hope you have a lot of fun.
Next year I hope to have you
in one of my classes. You make
the time go fast. It has also been
fun because you exist.

Holly Dear
It's been a
great year with
all these guys
Time flies as the years
go by doesn't this all just make you cry

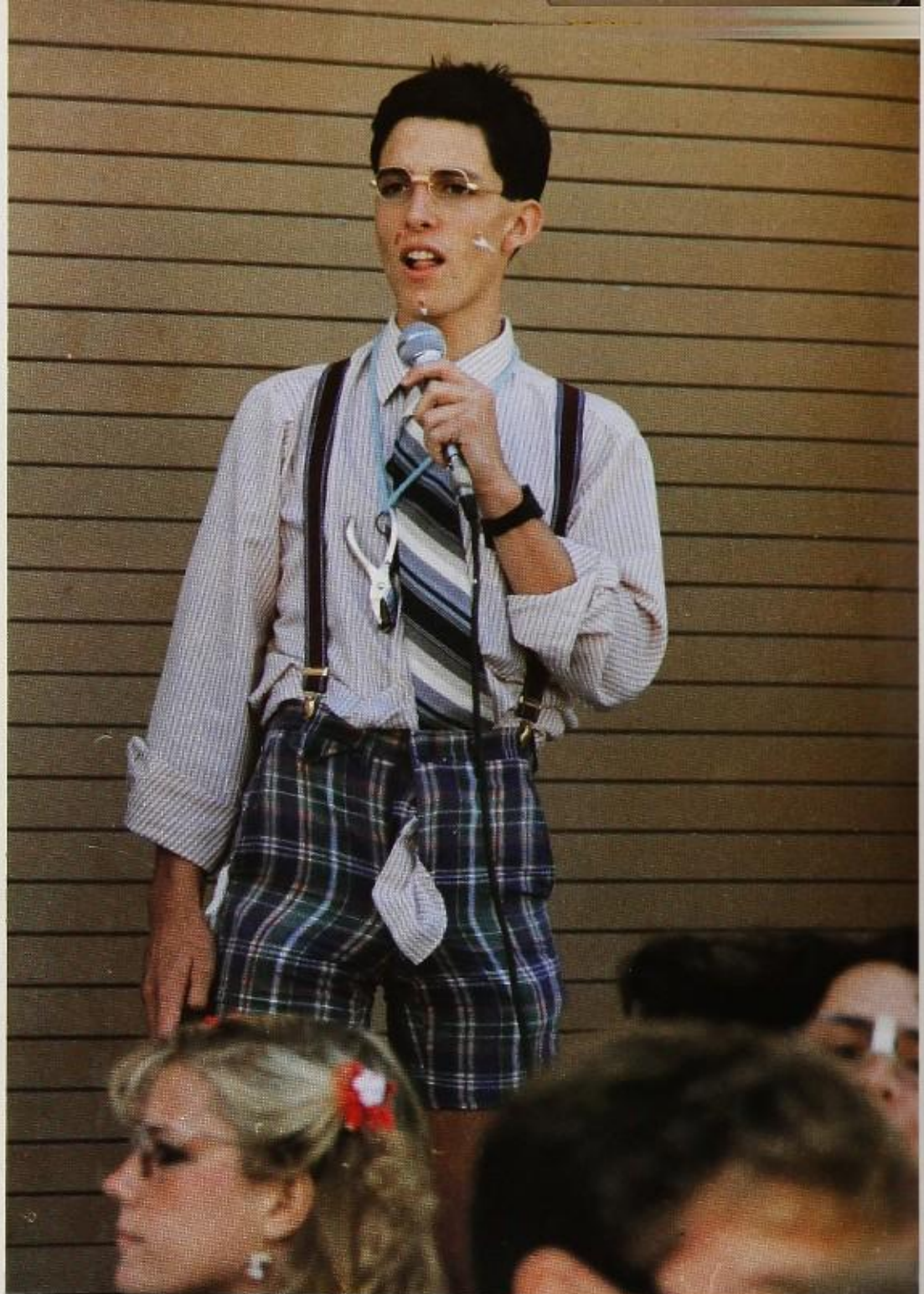
Holly
Well it's been
a cool year, Hope
you have a cool
summer
See ya later
TOBY

Holly,

It's been a radical time knowing ya. And I'll give ya a ring and maybe we can do something? I have a mental mind block ~~at~~ right this minute so I'll right this:

Love Greg
596-2572

A renaissance of spirit captured the 1985 Griffin student body beginning with our Spirit Week and ending with the graduation of five hundred seniors. Every year has aspects that make it special and unique, but the 1984-85 school year was an especially memorable one. A new feeling of pride dawned in September with new discoveries continuing throughout the year. Our warm atmosphere was a very important characteristic that constantly attracted students to our campus. Comraderie among students and staff highlighted the many different personalities found here. This sole image developed through the pride and devotion of students, past and present. The feeling of renewal permeated the school year as students worked on various activities and studies proving that the Griffins are the best.

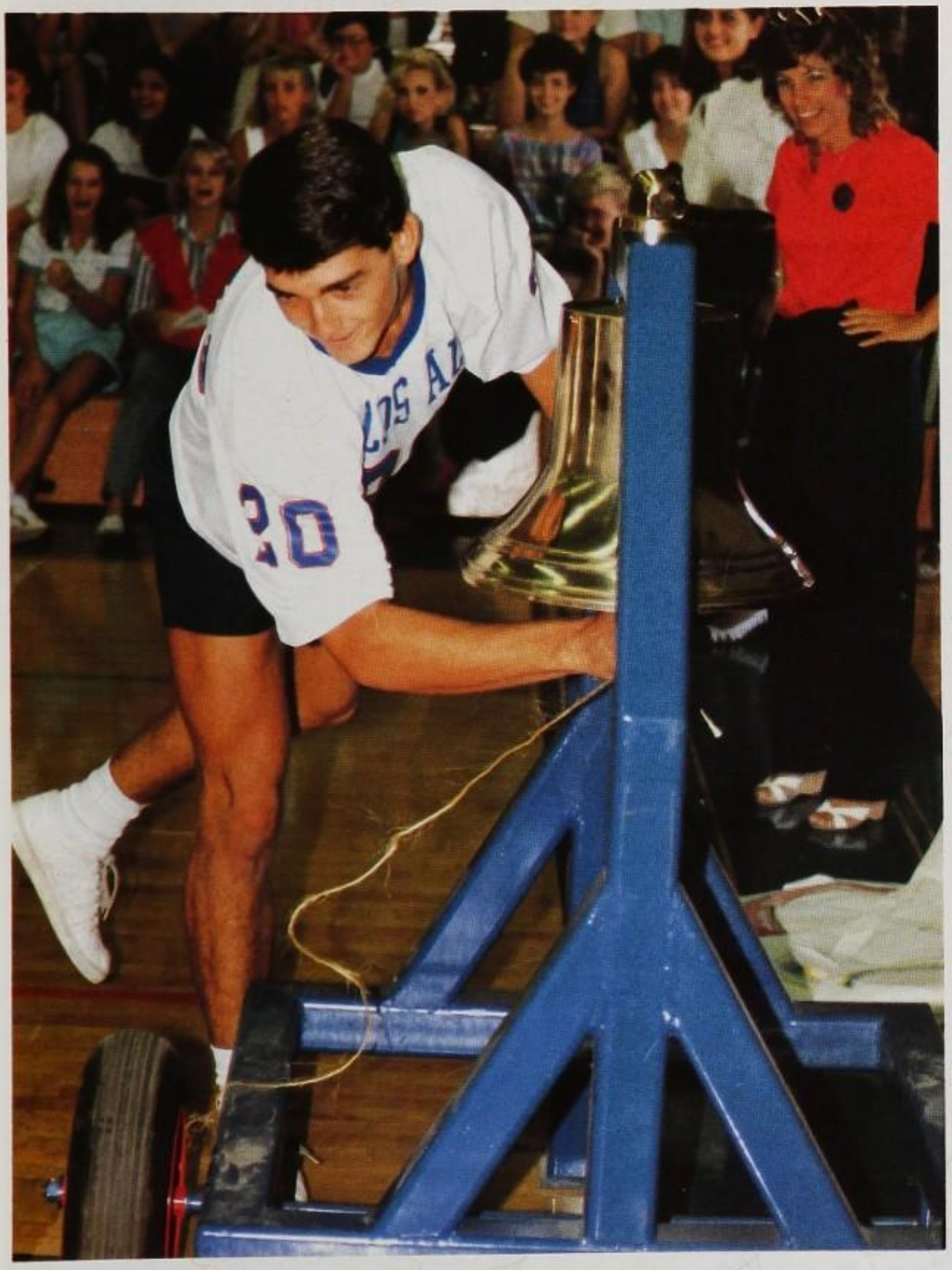


With clashing clothes and bandaged face, our dignified ASB President, **Garret Olson,** displays a new method of expressing school spirit by dressing up for **Revenge of the Nerds Day.** Garret is only one example of our highly imaginative student body.

Flower children **Joy Whitney** and **Scott Leonard** "sit in" at a lunch time rally at the MPC during **Hippie Day.** While strumming "Where Have All the Flowers Gone" they provide the atmospheric music of the Sixties to mellow out the throngs before them before going to their fifth period classes.

"Who are ya gonna call? Ghostbusters!" **Scott Fitzgerald, Guy Woodson,** and **Lance LeCompte** draw their "guns" in the theme song of the summer's hit movie.

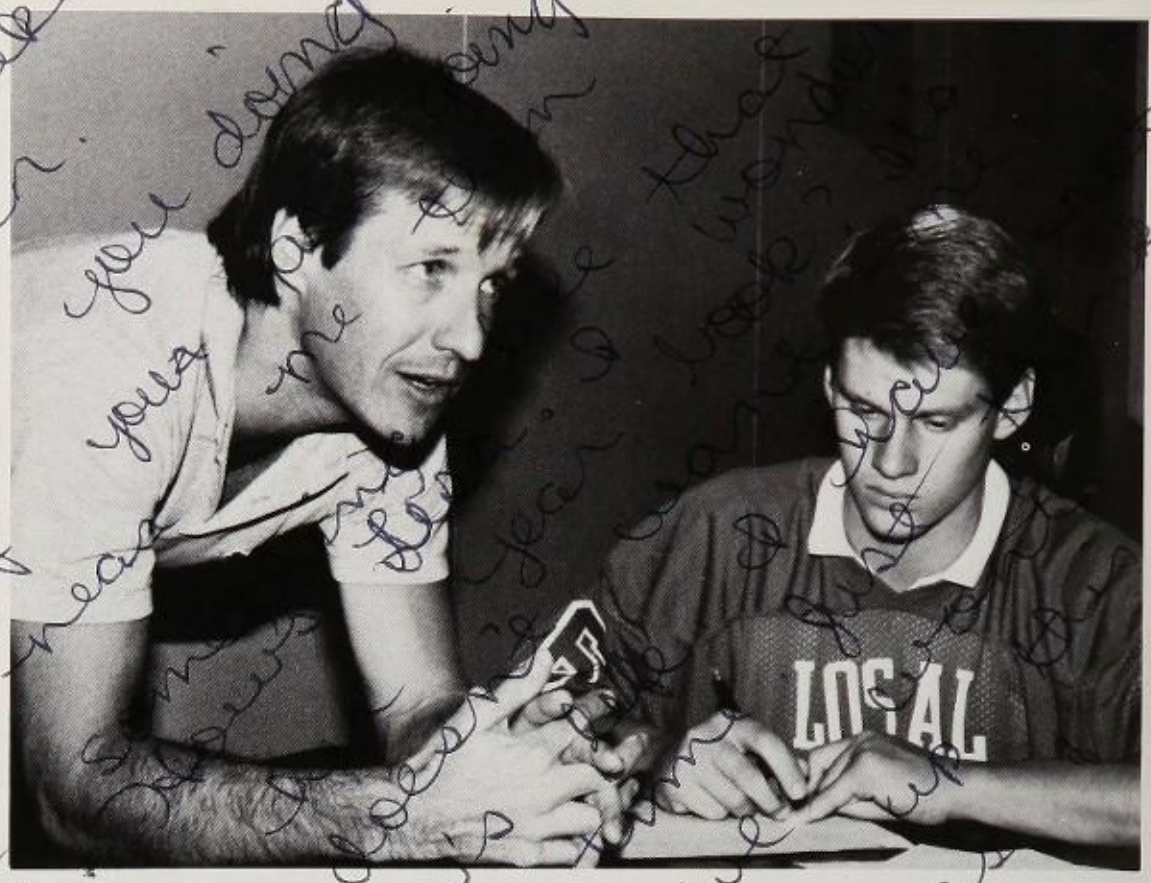
Holly,
I hope you have
the best of all
summer vacations
and I wish you
luck next year.
Your Friend
Angel Vera



The Victory Bell, donated by the Football Boosters Club, rings anticipating an undefeated season. The bell is hauled to every game and rung to announce each goal. The spirited crowd responds enthusiastically as **Ricky Nen** demonstrates the new bell's encouraging tone at the first pep assembly.

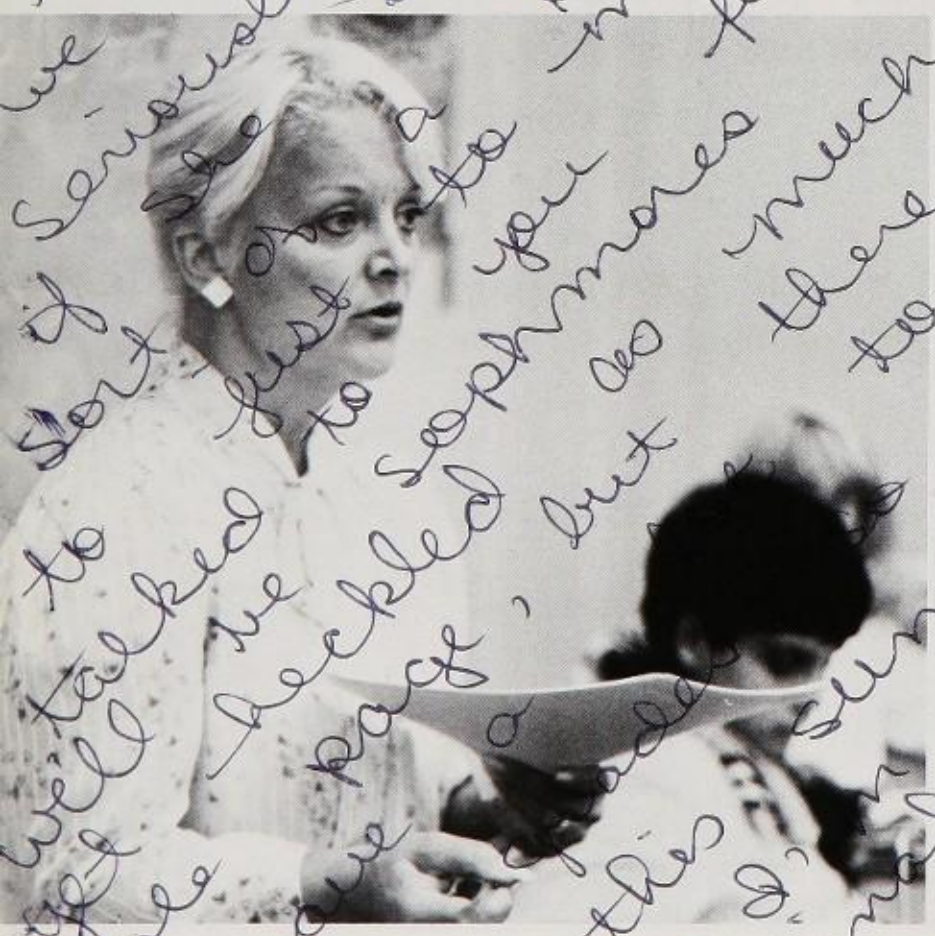
Our mascot, the Griffin, which dates to the European Renaissance, leads the crowd in a cheer to urge the football team through a victorious game.

While concentrating on a government project, **Patrice Barto** suddenly realizes she has completed three years of high school and is actually a senior. This feeling, called "senioritis," inspires many to make their last year their best.

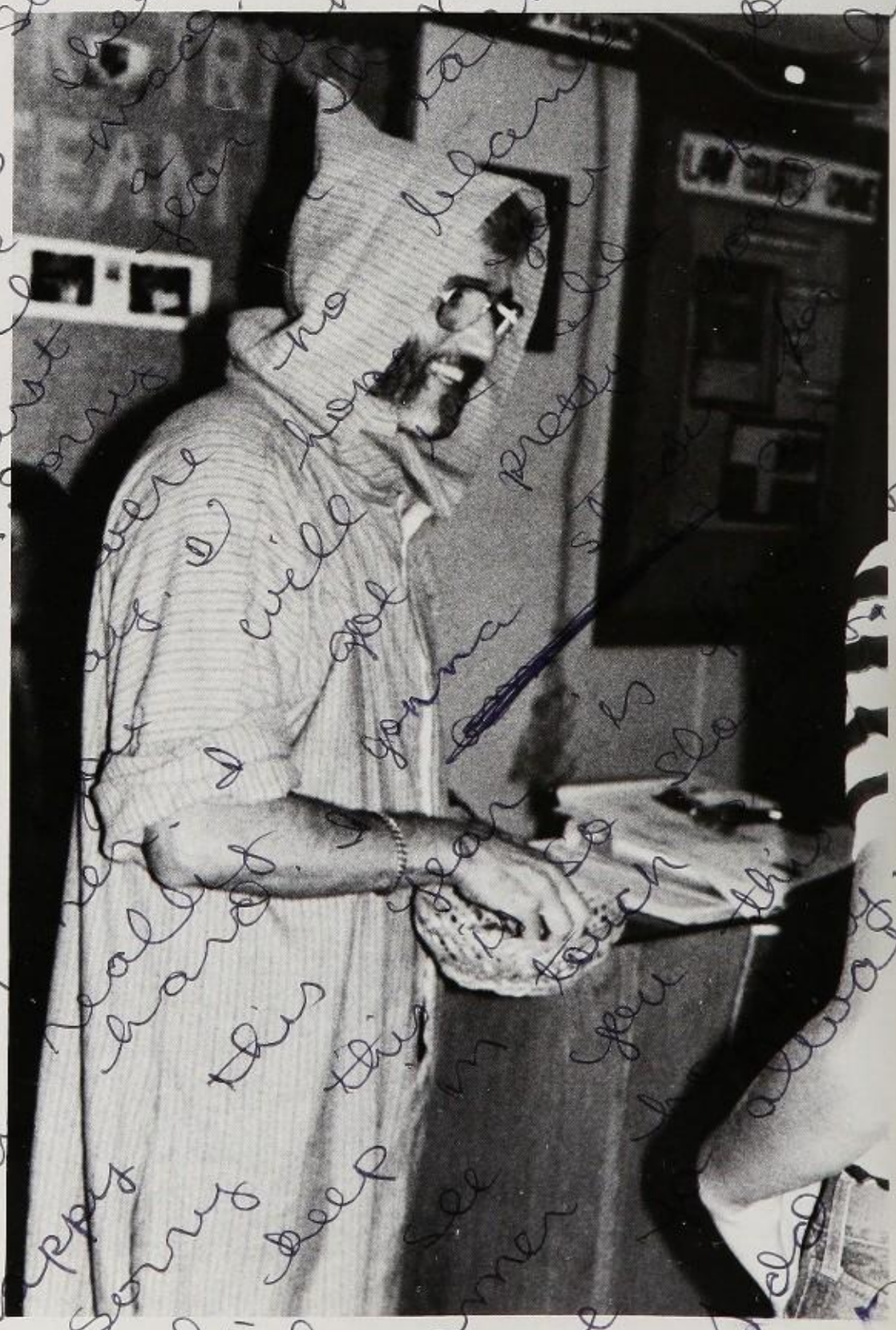


Stooping down to explain the process of metamorphosis to his biology student, **Neil Sorensen,** Mr. McMannus folds his hands patiently and tells of this interesting system.

Each September we face new classes and activities. As things constantly change the stabilizing force in this system is the faculty. Our teachers influence our lives greatly even though many times it is not realized for years to come. They have prepared us to either continue our education in college or to enter the working world. Their lives are dedicated to instilling a foundation of knowledge in their students. These scholars work many hours a day, even outside of the classroom, many times with very little reward. All who pass through the portals of Los Al leave enriched with the experience of the faculty.



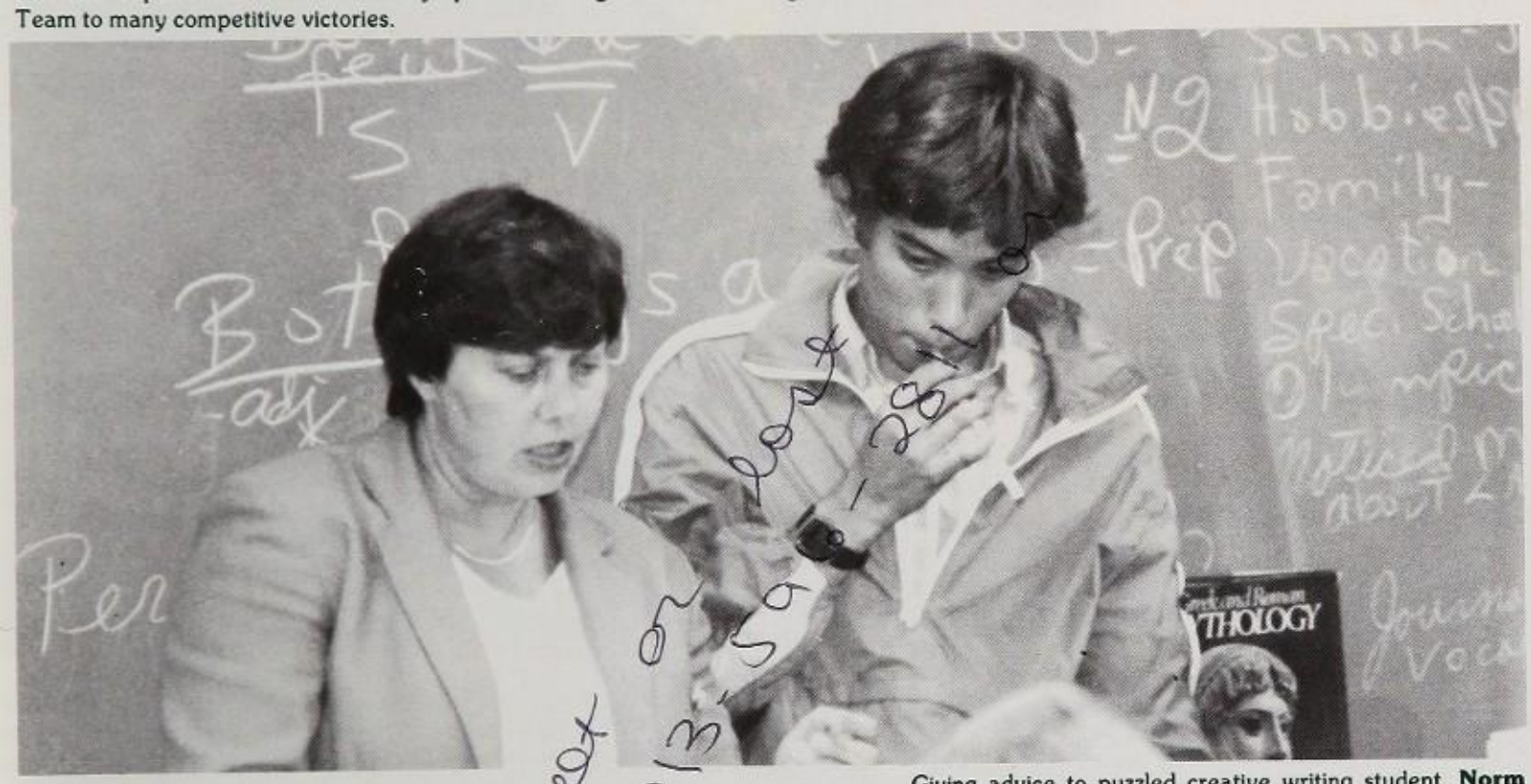
Lecturing to a group of French students, Mrs. Stanton explains to them how to conjugate verbs. Mrs. Stanton is one of the most popular foreign language teachers on campus due to her animated teaching style.



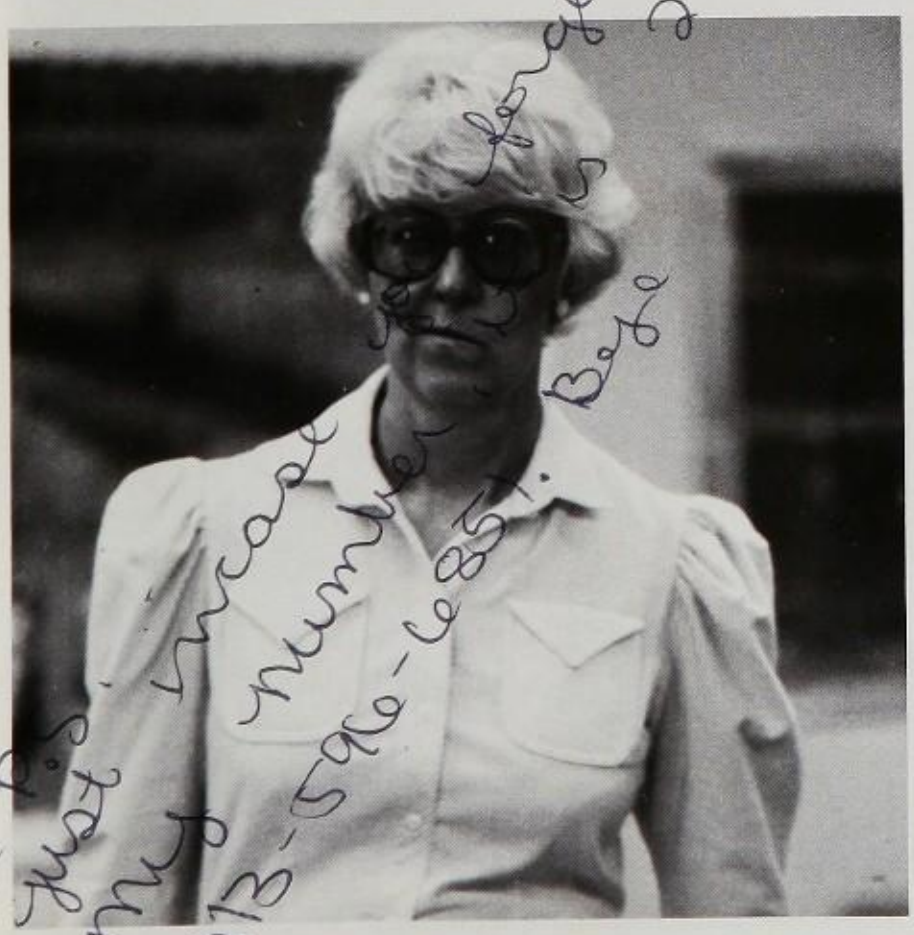
Passing out candy as his students come in the door, Mr. Atherton, Law, Courts, and Crime teacher, celebrates Halloween by dressing as a spook and scaring all who see him. Mr. Atherton is known for his creative pranks and gags.

Hey babe what up. Have a bitchen summer. Hope I see you over the summer. Say bye to me before school is out KIT 431-6748 Mark Vex

Tuning up the marching band, Mr. Hrbacek swiftly waves his conductors' wand in rhythm as they practice earnestly for the next day's competition. Mr. Hrbacek's skill and experience have led the Olympian Marching Band and Omega Drill Team to many competitive victories.



Giving advice to puzzled creative writing student, **Norm Davison,** Mrs. Bennett uses her editorial skills to help him rewrite his journal assignment. Mrs. Bennett works with all four grades, giving the benefits of her talent to a large variety of students.



Deliberately disagreeing with a student's views on politics, Ms. Ramsburg teaches her students to question and debate various issues in history from the past and the present. Each student's opinion acts as a valuable asset.

Gathered around the podium in the front of the room, **Ron Scanlon, Tanya Moskalenko, Helen Kim, Stacy Ponting, Schrone Rose, Tanya Cohen,** and drivers' education instructor Mr. Lung pause before leaving campus on their first driving lab. All sophomores look forward to experiencing this occasion and Mr. Lung makes class interesting with his jokes and wisecracks about driving.

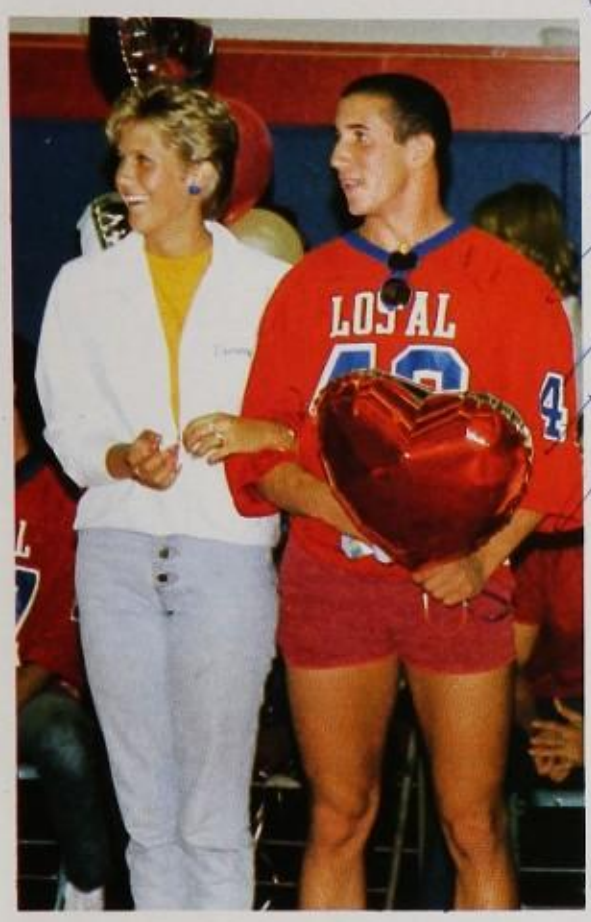
Holly,
How are you doing!
I'm really glad I met
you and Lisa this
year at the game.
I hope you have a
really good summer—
Maybe I'll see you.
Give me a ring
sometime.
Love,
Eddie
594-4975

The Senior Class Committee and Mrs. Steeby traveled untrodden paths for new innovations in Homecoming activities. Spirit Week commenced with **Revenge of the Nerd's Day. Hippie Day** was earmarked by a deluge of flower children. Wednesday was denoted a **Half and Half Day.** Thursday was the traditional **Red, Blue, and Gold Day.** Highlighting the week was the Homecoming Game. The Griffins conquered their rival, the Cypress Centurians, with a score of 24 to 6. A most spectacular halftime show awed the stadium-filled crowd. The Band, Drill Team, and Colorguard performed to the music of Tronada. With a banner of lights, an airplane announced the Homecoming Queen, **April Alvarez.** The culmination of the week was the dance whose theme "Flying High with the Class of '85" captured the essence of the week.

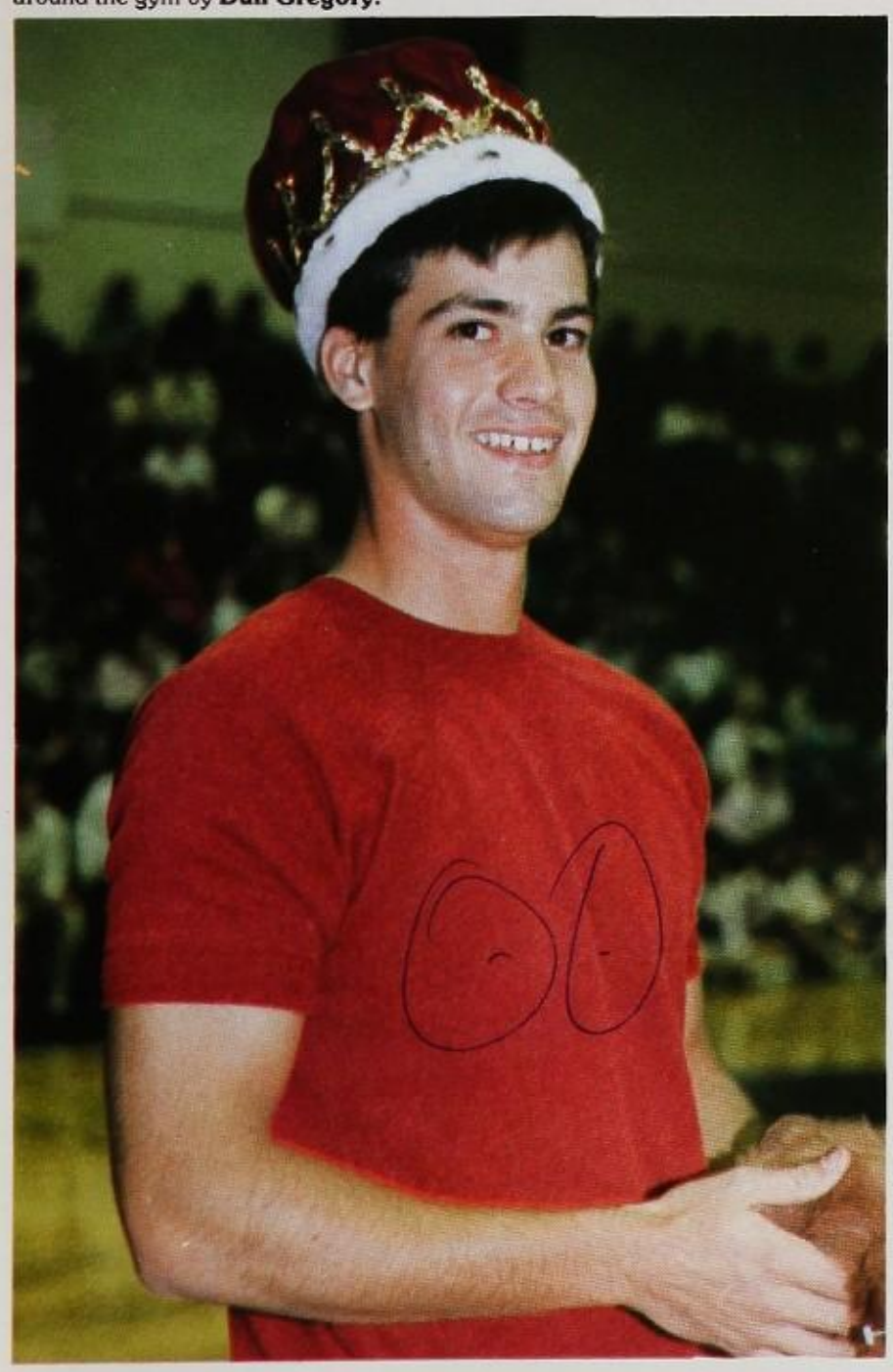
Mr. Irresistible, **Travis Tarchione,** proudly escorts the recently crowned Homecoming Queen, **April Alvarez,** to their awaiting coach, a 1940 Buick Roadmaster. The game's halftime began with the Band, Color Guard, and Drill Team performing their dramatic field show, and culminated with a pageant of balloons and fireworks.

Homecoming Queen and Court: Kimberly McAfee, Corrine Grubb, April Alvarez, Tamara Wuesthoff, Victoria Myers

Hallee
I'm glad
I met you because
I really love you.
Have a
Summer
Love, Kisses
+
Chains whip



Homecoming Queen candidate **Tammy Wuesthoff** and football captain **Sean Conboy** watch candidate **Vicki Myers** being escorted around the gym by **Dan Gregory.**



Among the many festivities of the Homecoming Pep Assembly, one event stands out from among the rest, the crowning of Mr. Irresistible. Senior Class President, **Travis Tarchione,** holds his prize, the traditional teddy bear.

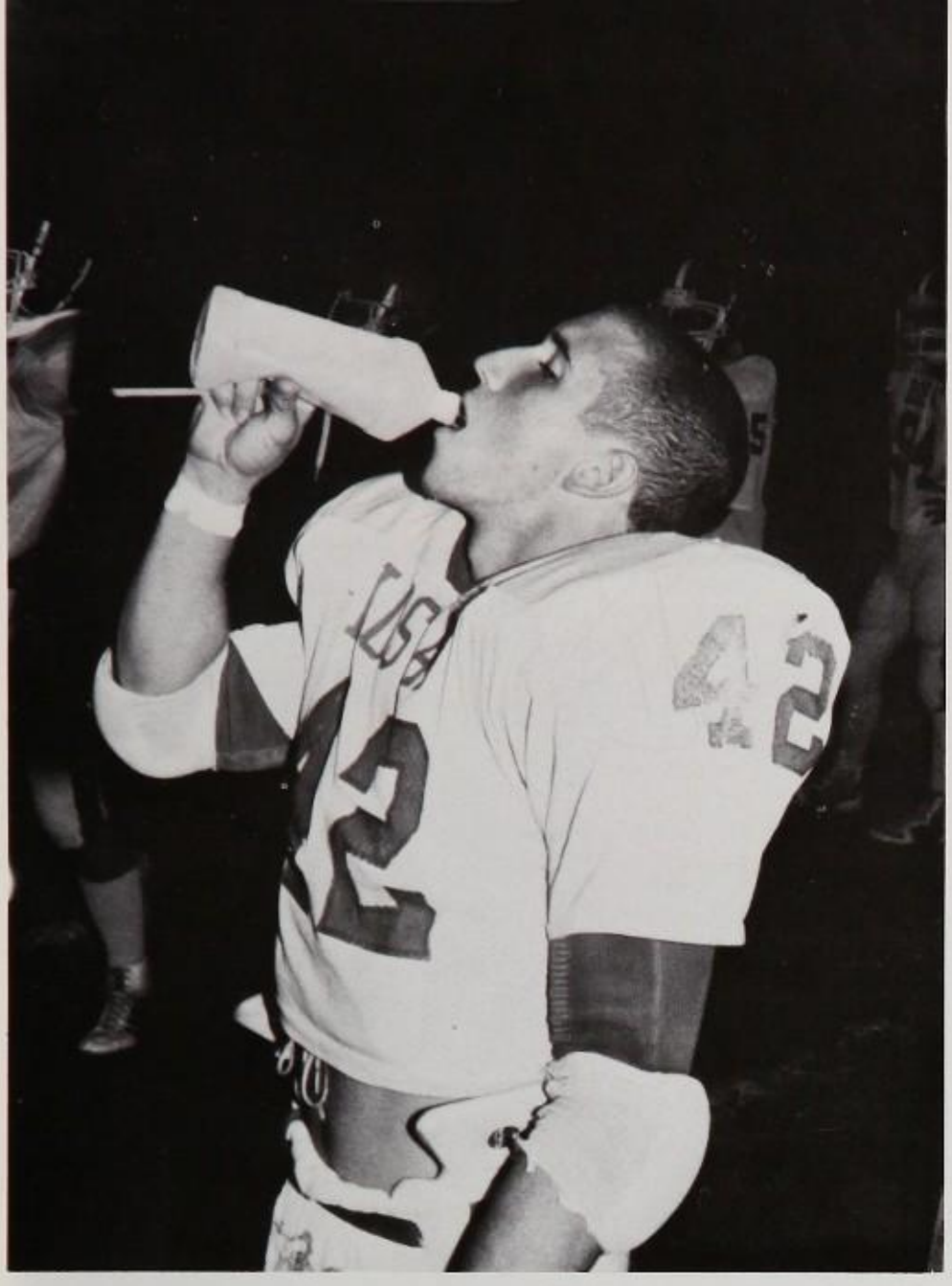
The music of the Sixties inspired many students to participate in Spirit Week's celebration of the Hippie movement. **Corrine Grubb** and **Kim McAfee** gladly join in by playing some of the popular folk songs of the time on their guitars.

Influenced by the evening's festivities, **Cinnamon Becker** and **Deborah Klein** begin to do their own cheer. Both are members of the Senior Sophomores.

The Renaissance, which occurred over four hundred years ago, ended the medieval idea of serfdom and paved the way for the rise of the nation-state. Likewise, a coalition between the classes developed under our administrative system. Members from every class enjoyed the fulfillment of a friendship with a person outside their grade. They, as a whole student body, delightened in sharing new and creative ideas to strengthen the institution which brought them together. The remarkable cooperation that existed between the classes was evident in academic and extracurricular programs. The students' progression was reinforced by the encouragement of the faculty and staff. Overall, the joys and excitement of the year were attributed to the positive attitude of the students, faculty, and community.

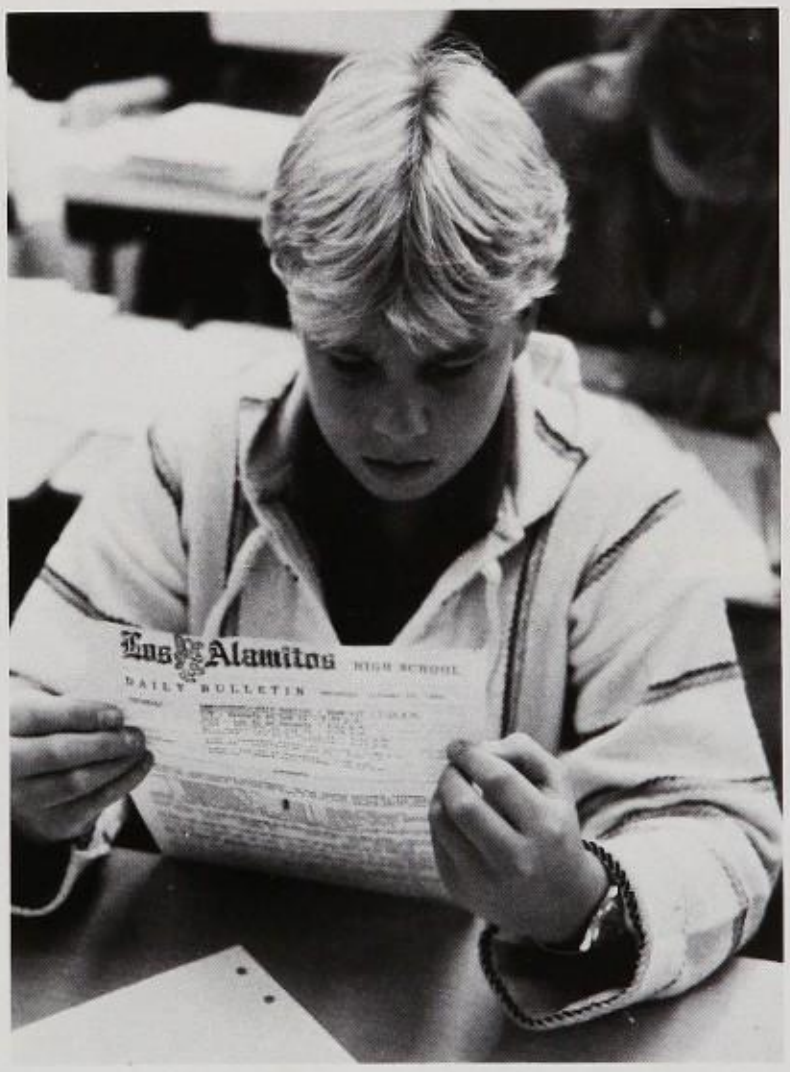
Members of the Junior Aristocrats, **Stephanie Psyzk, Kathryn Woitovich, Debra Rattner, Traci Gibson,** and **Judy Holzgang** cheer the Griffins toward victory over Kennedy's Fighting Irish. Kathryn blows into the club's trademark, a duck whistle, as our offense charges past their defense and scores another touchdown.

As **David VanWinkle** heads to class, he anticipates the upcoming baseball season. Since this is his senior year, he hopes his last season will be the best yet.



The mighty Griffins battled through their most successful season of the decade. The team was led by varsity captain **Sean Conboy.** Sean was often ranked among the top county running backs by many local prestigious newspapers.

David Alvarez displays his dramatic abilities at the Halloween dance. Instead of a band or disc jockey, a large movie screen played music videos continuously throughout the night.

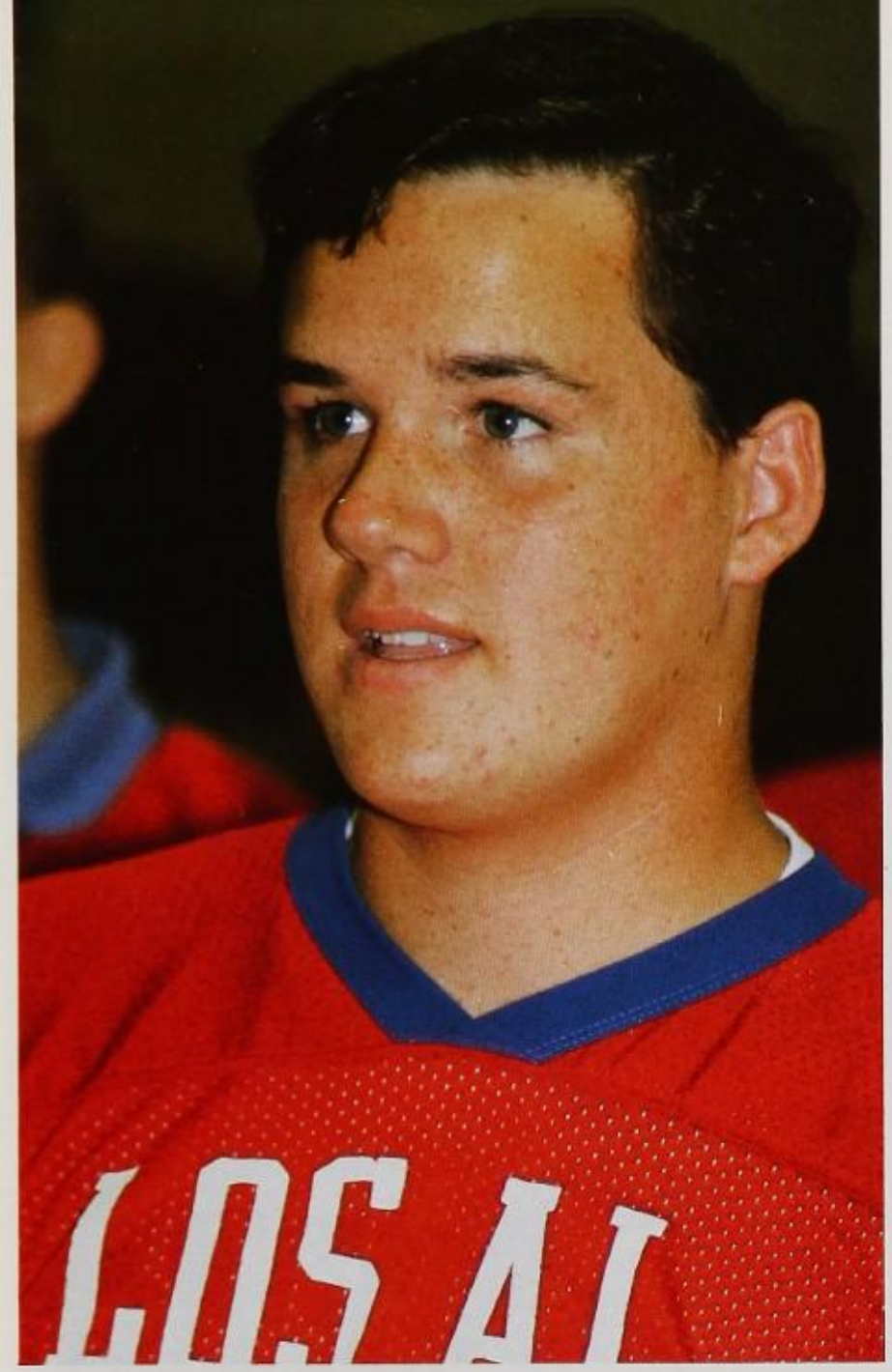


Freshman **Steve Wood** reads the announcements from the daily bulletin. Every morning new information is printed to notify the students and faculty of the day's upcoming events.

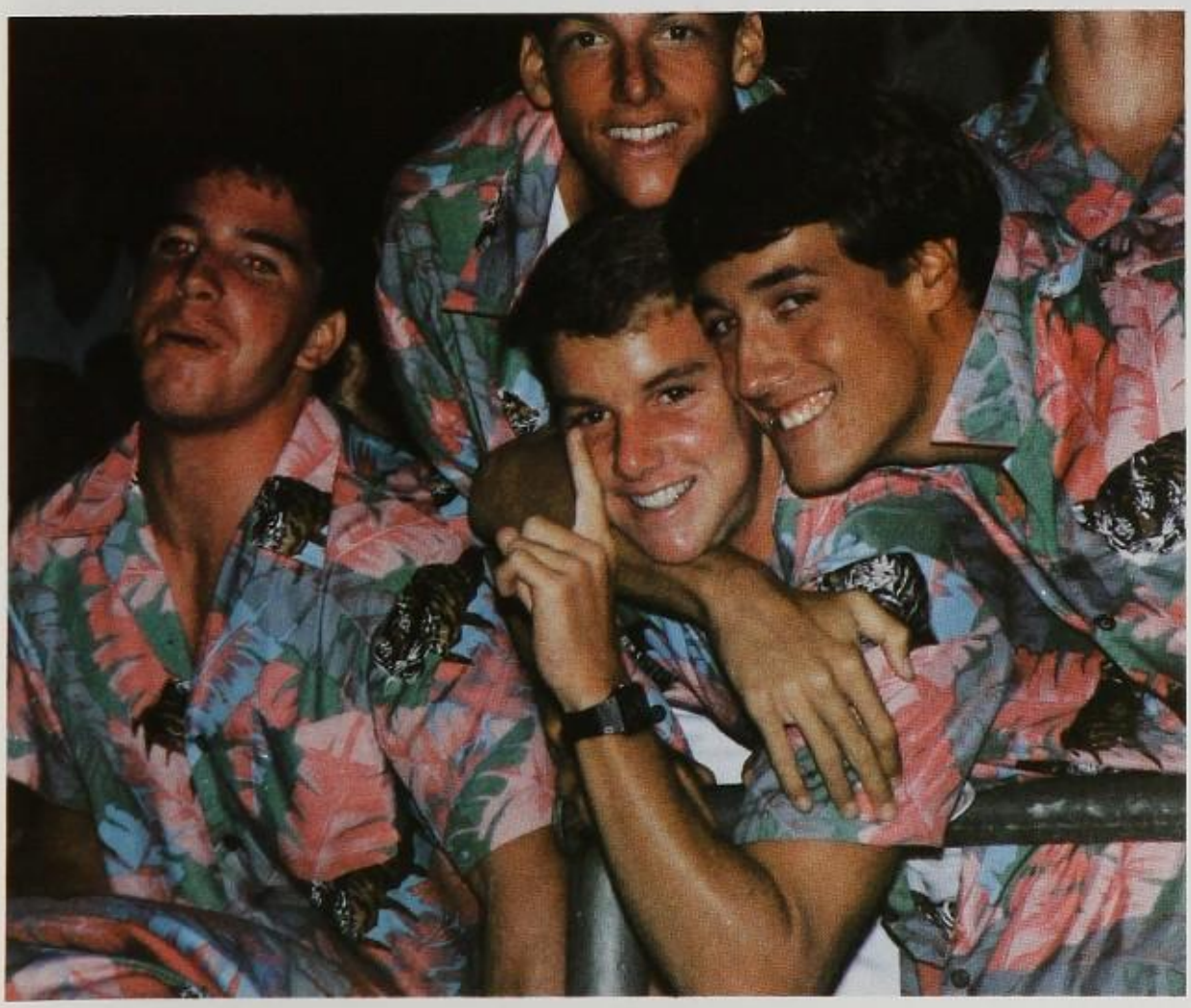
Similar to the spirit of the Renaissance of many centuries ago, a surge of optimistic energy stimulates many people to venture into the unconquered fields of the future. The Class of 1985 dared to face the challenges set before them. Tremendous involvement in school functions and its extracurricular agenda was the distinguishing characteristic of the Senior Class. Thanks to the new class advisor, **Mrs. Pam Steeby,** the class committee successfully organized and directed Homecoming Week and graduation ceremonies. Many of the teams in the athletics program participated in Empire League Championships. Likewise, the academic teams faired high in competitions throughout the state. Even though most seniors were hurried mailing college applications, they took an active part in the local, state and national elections in 1984.

Los Al's Custom Cal's, above, is the most active car club on campus. **Paul Whitacre, Bryan Earnest, Ray Jordan, Mark Schmitz, Jimmy Lo, Walter Kaminski,** and **Paul Crandall** go on road trips to show off their Volkswagon bugs. Instead of the traditional solid color sweatshirts, **Magdalena Diaz** and **Magnolia Vela,** below, members of the Sentimental Seniors, decide to add a little flair with blue and red stripes down the sleeve.

Every year students encounter an aspect of school they had never been involved in before. The Cottonwood Staff is no exception. First-year member **Laurie Hamada** quickly learns that it takes much time and effort to skillfully create a memorable book.



Ron Sittler, above, watches each senior member of the Varsity Football Team being announced at the Homecoming Pep Assembly. As he awaits his turn, he reflects on the transformation that has taken place in his teammates and the athletics program since he was a freshman. **Scott Leonard,** right, is named Mr. Cool after completing an entire lunch period on a 10 lb. chunk of ice.

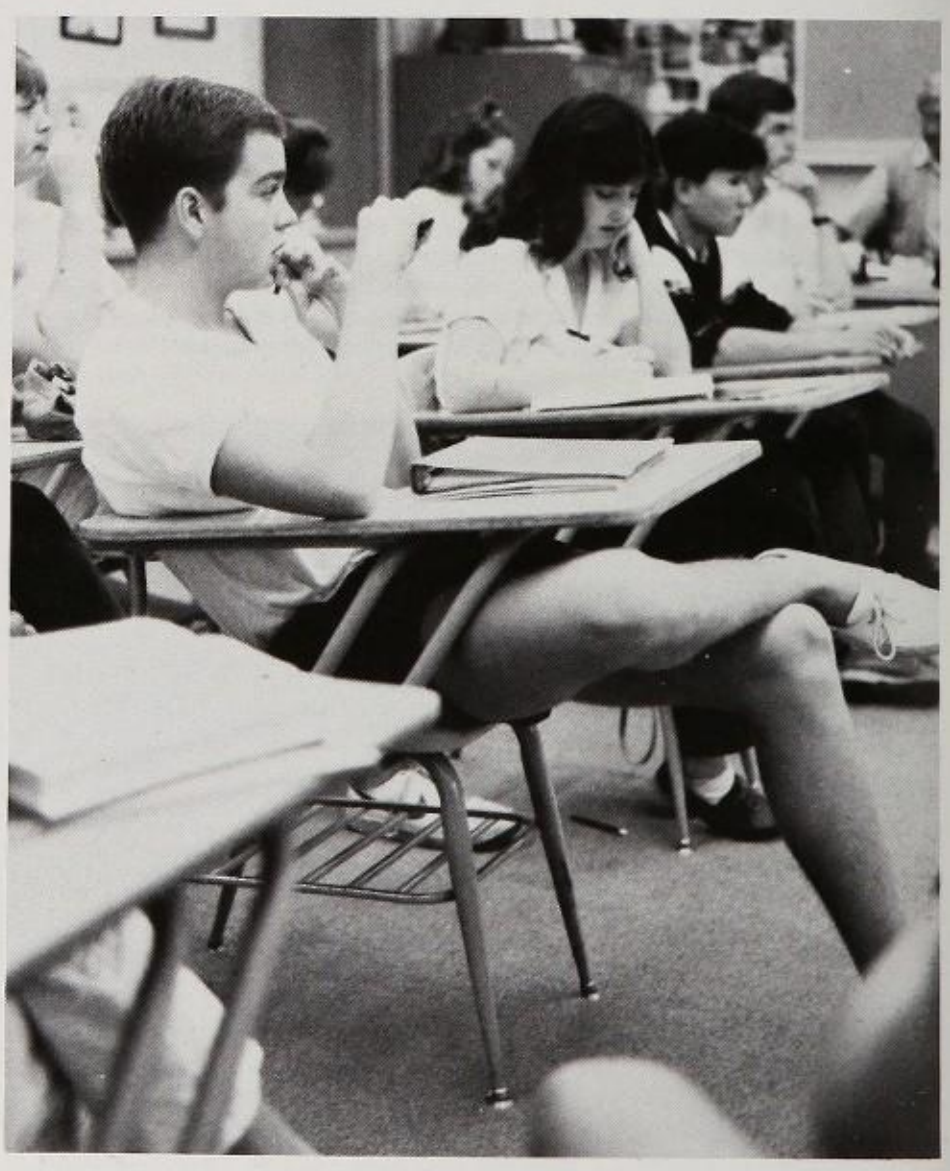


To symbolize the brotherhood of the Varsity Water Polo Team, each member wears matching Hawaiian fraternity shirts. At the victorious football game against Cypress, **John Englert, Mike Stea, Dan Gregory,** and **David Carpenter** let the Centurians know that the Griffins are "number 1" in the league.

Learning a foreign language, such as Spanish, can be a trying experience for some students. **Angela Reinhardt** rushes to **Vanessa Gonzales'** aid so together they can conjugate the verbs into their correct preterite form.

Just as all the artisans, journeymen and apprentices added culture and class to the Renaissance time period, Los Al's juniors, sophomores, and freshmen enhanced the atmosphere on our campus. The class of 1986 kept the magic going with the Junior-Senior Prom and with its many spirit clubs like the Junior Aristocrats and the Junior Bizarre. The sophomores' Sweetheart Dance brightened up February. The freshmen kept music alive as many of them joined the Advanced Ensemble. The mere number of freshmen overwhelmed the upperclassmen and administration. During the year, they learned the tools of the trade necessary to complete four years at Los Al.

As Mr. Davenport leans over a desk, he assists one of his students in adjusting the microscope during a biology lab. In trying to finish her class work, **Ellen Wilkerson** has asked for his help so she can determine her blood type.



The Law, Courts, and Crime class teaches students about the standard jurisprudence of the nation. **Steve Howard** listens to Officer Cantu, a guest speaker, tell about the drug bust he had the previous night.

During Mrs. Kenny's freshman English class, **Jeff Fairbanks** tries to explain to his friend about the novel they have just finished. He articulates his interest in the exciting climax of the story.

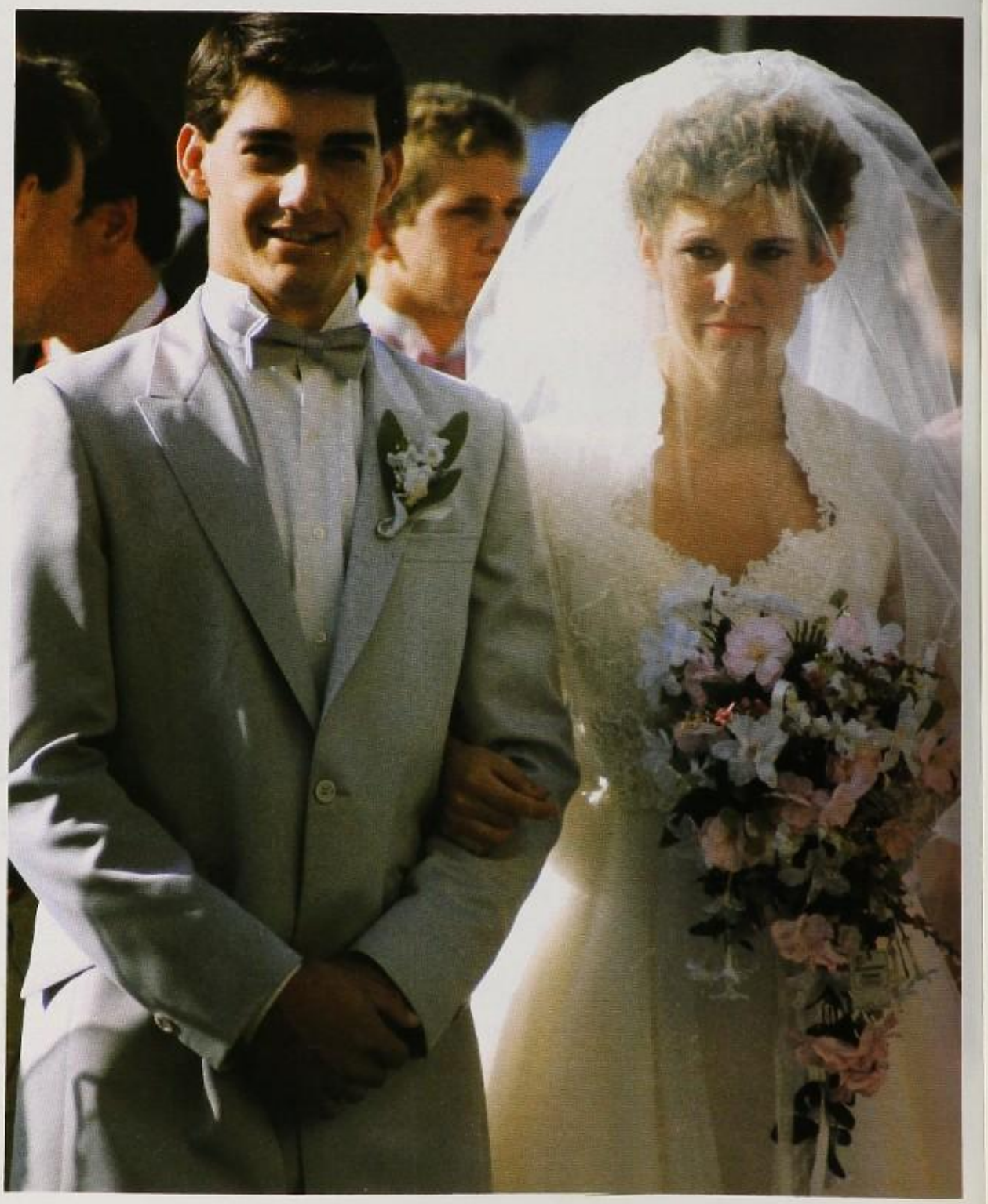
In order to graduate, every student must pass the Proficiency Tests. Freshman **Tim Vigliotti** hopes that he will pass all portions of the exam so he won't have to retake any in his sophomore year.

Setting a prime example of student dedication, **Gregg Hartman** admirably struggles to complete his assignment in Mrs. Dunn's typing class. Not even a cast on his arm stops him from raising the speed of his typing along with his accuracy level.

FAIRES

Taking a break from her classwork, senior **Shelli Mitchell** gets involved in the class discussion. Students all realize how important it is to listen to the teacher's words of wisdom.

Dyan Bills looks on as **Sherri Wixom** savagely shows off her Hawaiian tiger costume. Many students display their school spirit by dressing up for Halloween.

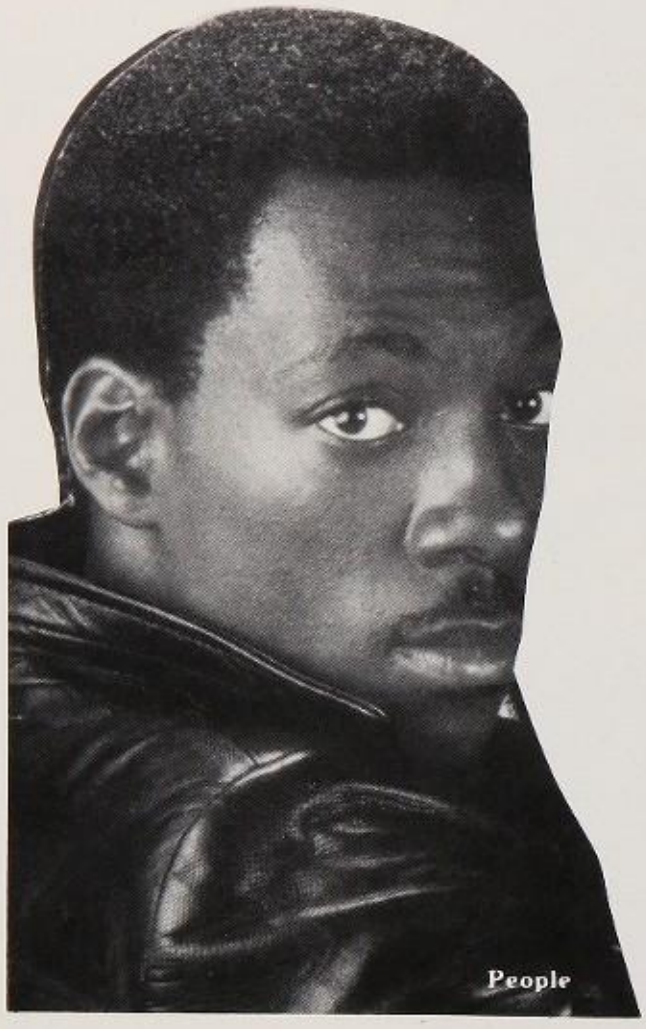


Looking very dapper, **Ricky Nen** escorts his bride, **Cindi Poe,** down the aisle. They both anxiously await their marriage ceremony to be performed by Assistant Principal **Mr. Anthony.** The mock weddings allow students to learn how to prepare both mentally and financially for marriage.

Los Al's marching band members **Eric Mellancamp, Pat McDaniel, Duane Kolb, Mike Grueter,** and **Stacy Nordstrom** practice after school for their upcoming parade and competition. Due to their team work and cooperation the percussion section captured numerous awards to add to their already outstanding collection.

Reacting to a touchdown **Steve Dennis, Robbie Goodman, Chris Buonocore, Tom Hefferan, Sean Belle, Brooke Burtsell,** and **Paul Carter** salute the Griffins to urge the team through a field goal. Loyal support by the students, faculty, and parents gives the Griffins the encouragement needed for victory.

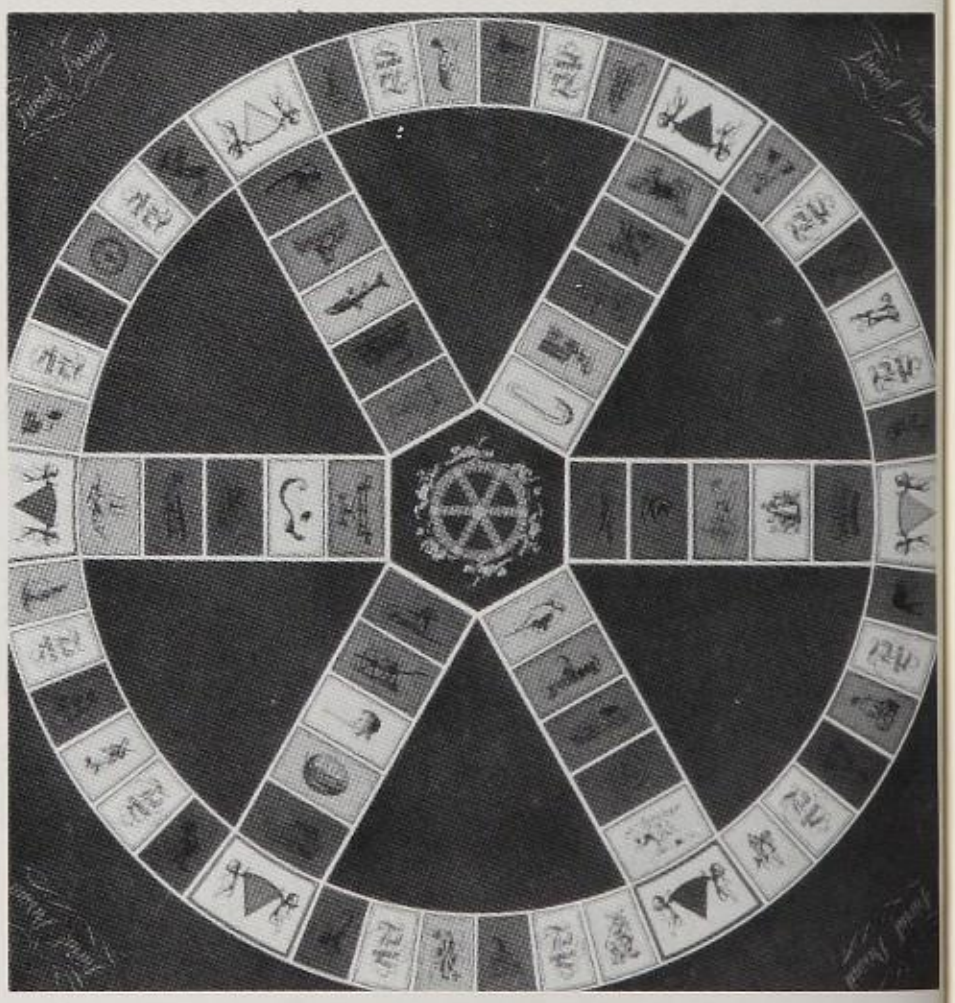
A Science Club member, **David Levy,** assists with the launching of a hot air balloon. Kleenex proves the theory that hot air rises.



The year's box office smash **Ghostbusters** presents the comedy team of **Bill Murray, Dan Ackroyd,** and **Harold Ramis** as zany parapsychologists who set out to destroy the strange ectoplasmic manifestations invading New York City.

The theatrical success of **Beverly Hills Cop** led superstar comedian **Eddie Murphy** to sign a contract with Paramount to deliver one concert and five feature films.

Sweeping through London and Broadway, and now at the Shubert, **CATS,** is "supurr-b." The award-winning music, along with realistic sets and costumes, are exceptional.



Being perhaps America's Number One addiction, the increasing demand for more challenging questions inspired **Trivial Pursuit's** creators to manufacture four supplementary editions: the Baby Boomer, Silver Screen, Young Players and All-Star sports.

Season's Fads Engulf Campus

A surge of unprecedented trends covered campus in a spirit of enthusiasm. One of the more contagious short-lived fads was the fluorescent look. Neon colors could be seen glowing across campus on everything from sweaters to socks. The fashionable clothing line **Forenza** capitalized on the trendy distress jeans and oversized sweaters. From Broadway to Los Angeles the award-winning musical **CATS** touched the hearts of all ages. Southern California also awaited the publication of **The Guidebook to the Eddie Murphy Lifestyle,** Hollywood's hottest celebrity. Network television had a tremendously successful season from high-rated shows. NBC's brand new hit **The Cosby Show** placed in the top ten every week. **Murder, She Wrote,** also a newcomer, won the Golden Globe award for best prime-time drama. The trivia craze swept the nation with endless imitators trying to cash in on the success of the original **Trivial Pursuit.**

The art of breakdancing is serious business for **Dave Lyle** and **Robert Lastrap.** They rehearse their moves in order to compete against and hopefully outshine fellow breakers.

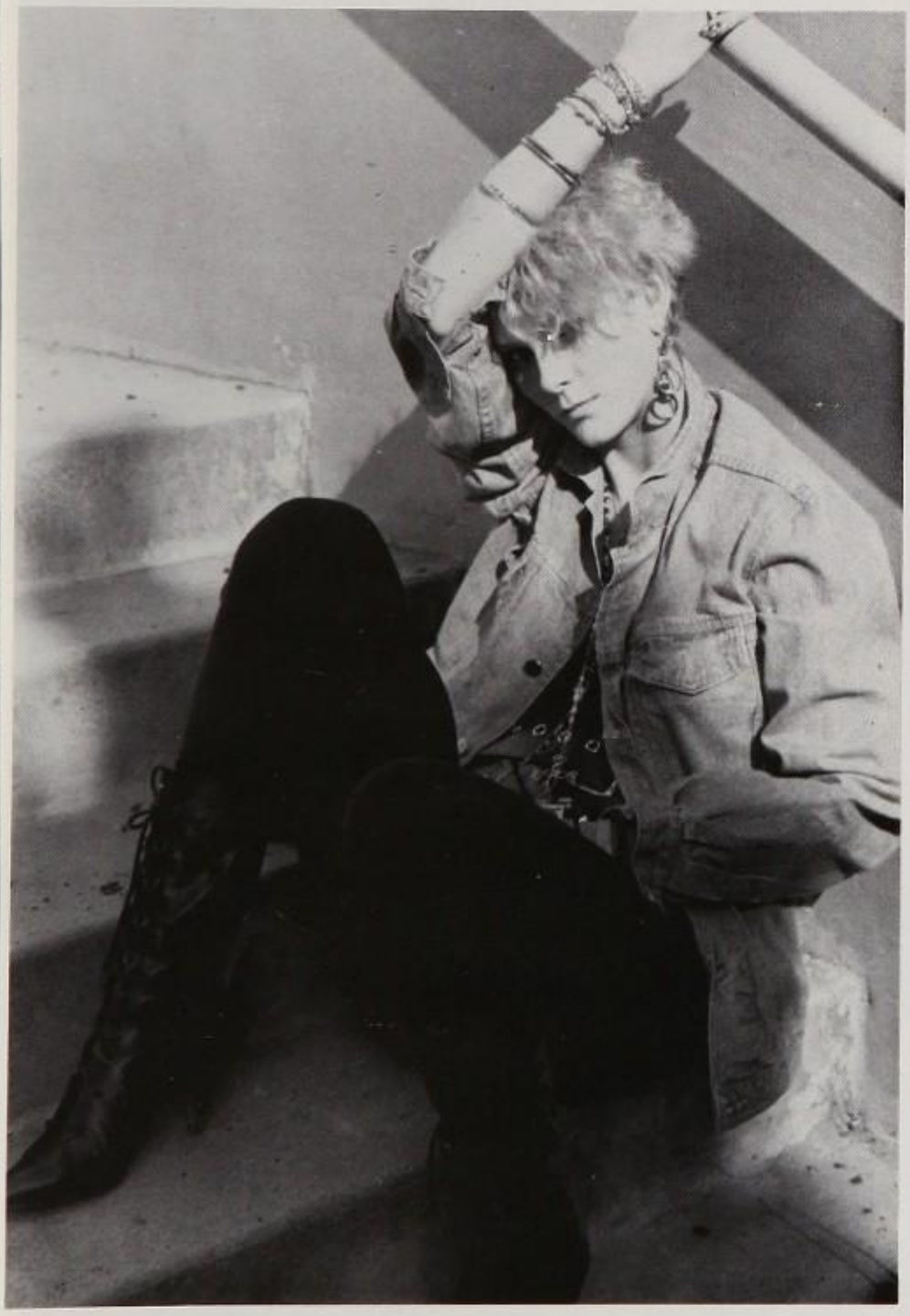
Best Sellers of the year according to Billboard

Albums:

1. *Can't Slow Down* ..... Lionel Richie
2. *Sports* ..... Huey Lewis and the News
3. *Thriller* ..... Michael Jackson
4. *Born in the U.S.A.* ..... Bruce Springsteen
5. *Footloose* ..... soundtrack
6. *1984* ..... Van Halen
7. *Purple Rain* ..... Prince and the Revolution
8. *Heartbeat City* ..... the Cars
9. *Colour by Numbers* ..... Culture Club
10. *Private Dancer* ..... Tina Turner

Singles:

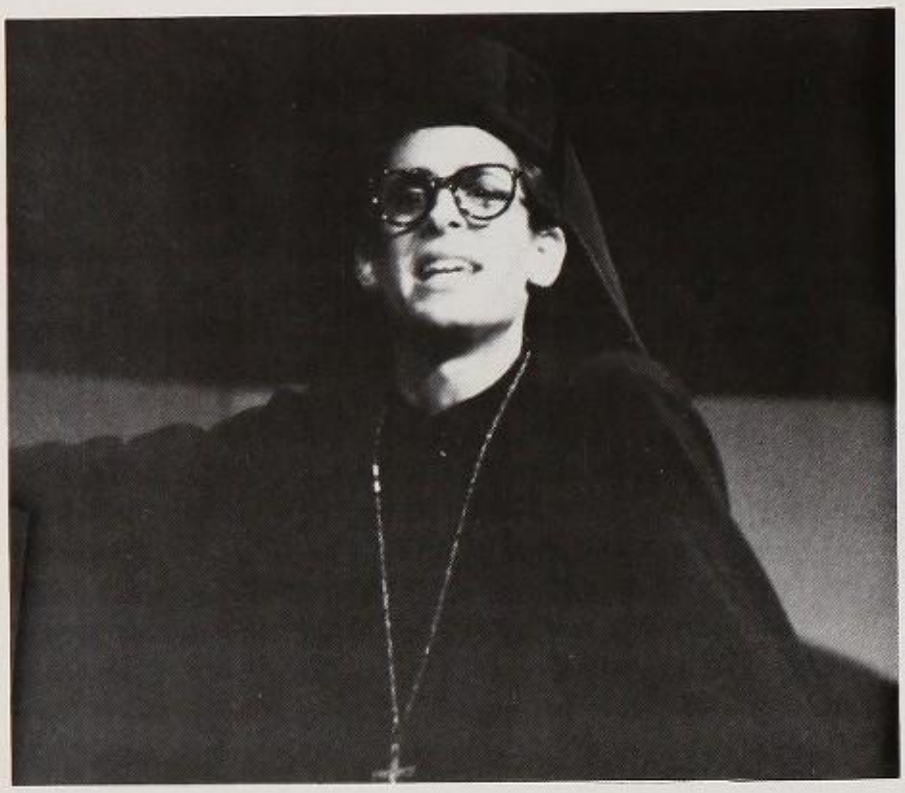
1. *"When Doves Cry"* ..... Prince
2. *"Jump"* ..... Van Halen
3. *"Against All Odds"* ..... Phil Collins
4. *"Hello"* ..... Lionel Richie
5. *"Footloose"* ..... Kenny Loggins
6. *"I Just Called to Say I Love You"* ..... Stevie Wonder
7. *"Ghostbusters"* ..... Ray Parker Jr.
8. *"Let's Hear it for the Boy"* ..... Deniece Williams
9. *"Time After Time"* ..... Cyndi Lauper
10. *"What's Love Got To Do With It"* ..... Tina Turner



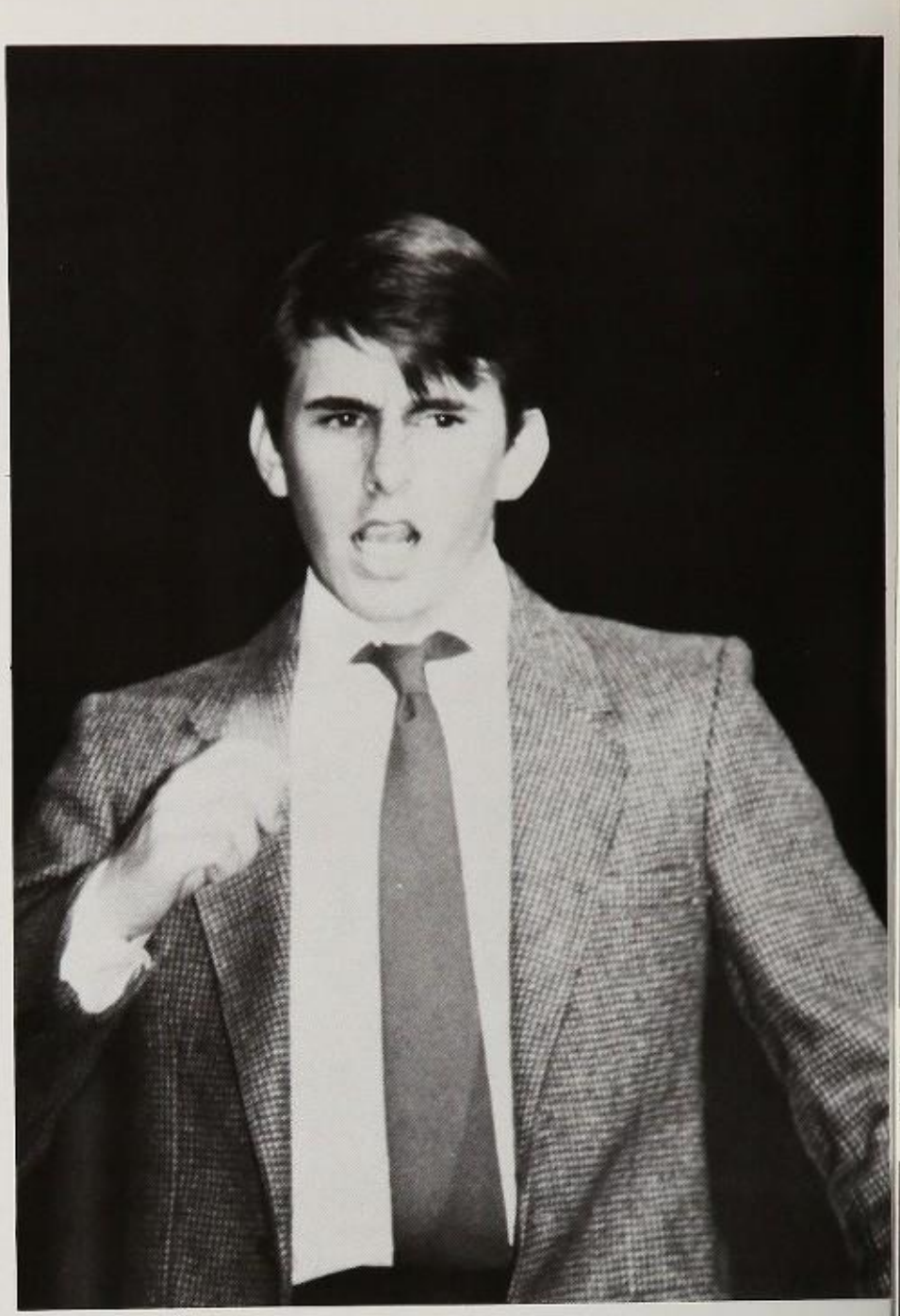
Due to the increasing widespread popularity of music videos, a revolutionary trend emerged on the year's fashion scene. **Darcy Owen** outfits herself in one of the most popular clothing fads, the Madonna Look.

Not even the transportation industry can elude the trends of the Eighties. **Joey Chavez** and **Kelly Vurgun** proudly sit on two of the year's most popular mode of transportation, the scooter.

Rock star Prince rises to the top of the music scene with his hit movie and album **Purple Rain.**



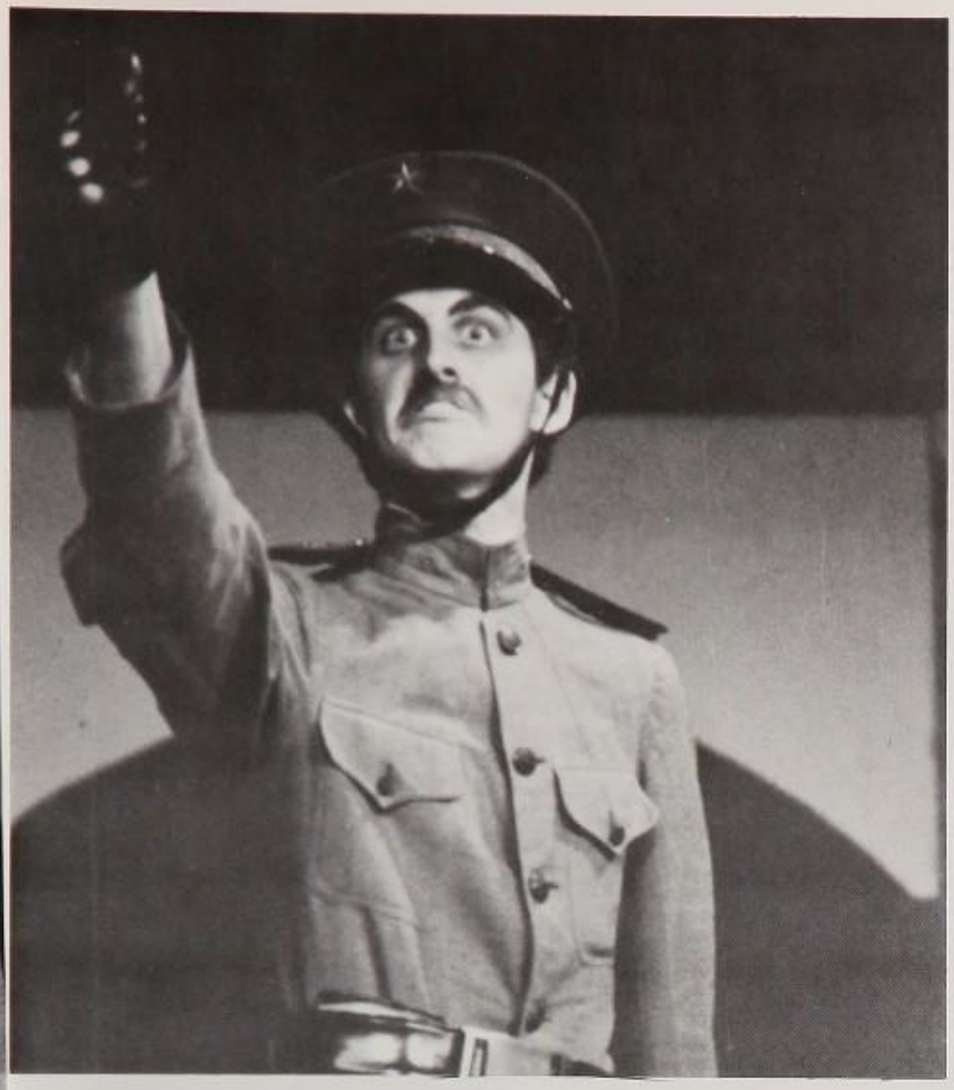
James Mentas, a senior and returning performer, got tumultuous laughs as Father Drobney, an eccentric priest, in the "charming little Communist country" that is the setting for the play.



A veteran to the Los Al stage, **Malcolm Womack,** portrayed the bumbling, well-intentioned Axel Magee with his usual adeptness. Axel's romantic misadventures contributed to the comedy's quick pace and pleasant humor.

Though only a sophomore, **Jenifer Swanson** is hardly unfamiliar to Los Al audiences with her roles in last year's drama successes. This year she was a wild, crazy, rolling-pin wielding chef.

Walter Hollander was hilariously costumed and performed by **Darren Glaudini,** another familiar face in the drama department. His unusual attire and fine characterization of a grumpy, frustrated, wanted tourist was a highlight.



Making his excitingly memorable debut was **Jason Zommick** who played the comically evil Krojack, the head of the communist police, who was after Walter and Marion. Jason positively stole each scene he was in.

Los Al's versatile **Laura Hill** characterized Marion Hollander, the harried, put-upon wife of Walter. Laura literally threw herself into character, and wound up on the floor in rehearsal. Once again, Laura's talent shimmered.

Don't Drink the Water

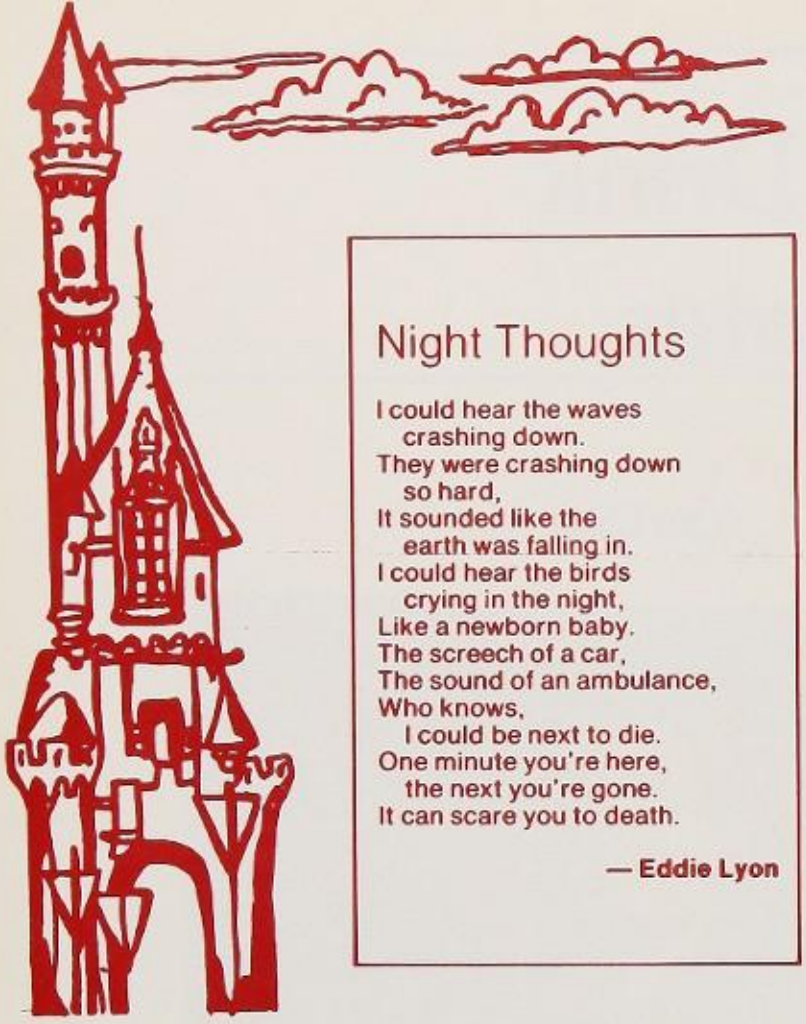
The Cast

Father Drobney . . . . . **James Mentas**
Ambassador Magee . . . . . **Tim Innes**
Kilroy . . . . . **Joy Fernbach**
Axel Magee . . . . . **Malcolm Womack**
Marion Hollander . . . . . **Laura Hill**
Walter Hollander . . . . . **Darren Glaudini**
Susan Hollander . . . . . **Julie Seaborn**
Krojack . . . . . **Jason Zommick**
Burns . . . . . **Jason Wells**
Sultan of Bashir . . . . . **Gene Sollows**
Sultan's First Wife . . . . . **Dee Dee Fiebert**
Kasnar . . . . . **Matt McSheehy**
Countess Bordoni . . . . . **Deanna Benstead**
Chef . . . . . **Jenifer Swanson**

Production Staff

Director . . . . . **Judy Trujillo**
Assistant to Director . . . . . **Amanda Stillings**
Light Crew . **Mark Magana, Steve Swagel, Steve Pendelton**
Curtain . . . . . **Casey Shaffer, Robert Book**
Costume Crew . . . . . **Amanda Stillings, Karen Holstein**
Costume Coordinator . . . . . **Pam Spyrs**
Props Crew Chief . . . . . **Karen Smith**
Prop Crew . . . . . **Jennifer Caughlin, Judy Holzgang**
Sound Crew . . . . . **Bill Busenkell**

Joy Fernbach contributed her portrayal of the oh-so efficient Ms. Kilroy to the fine ensemble of actors. Joy's scream after being shot left the audience in tears from worry and laughter.



Night Thoughts

I could hear the waves
crashing down.
They were crashing down
so hard,
It sounded like the
earth was falling in.
I could hear the birds
crying in the night,
Like a newborn baby.
The screech of a car,
The sound of an ambulance,
Who knows,
I could be next to die.
One minute you're here,
the next you're gone.
It can scare you to death.

— Eddie Lyon

Freshmen Impressions

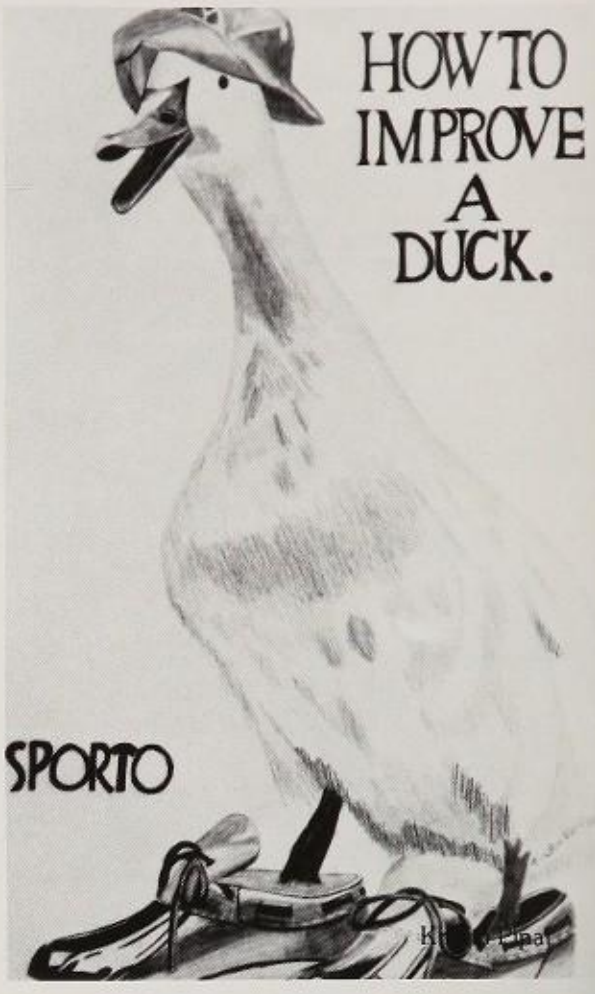
The day is here,
I'm scared to death.
Help me please,
I'm out of breath!

Two months have passed.
I'm doing great.
No more of that horrible
Frantic state!

First semester's over,
It's gone so fast.
I can't believe
It's already past!

My first year's gone.
I'm sort of glad,
But most of all
I'm really sad!

Sharon Smith



Kirby Ingram

Burned

Rivets of raindrops
Drill on my face
Where the smile disappeared
Many days ago.
The emptiness took control
Of my heart and parts of my mind
The pain now sets in
Leaving coils of heartache
In my insides
Stress and tiredness
Have full power of my soul now
And I must rest.

Christine Dennis

A New Tree

Leaves that bind
also grow
until the branches
break.

There are reasons
for all [illegible]pens
a broken [illegible]ch
grows a new tree.

Susie Kiker

Photo by Evie Scalora

Where are you?
Why did you leave me?
You left when I needed you most
And did not say goodbye.
We had so much to share in life
Yet you could not bring
Yourself to see what it offered you.
I keep wanting to see your face
Then I realize you are never coming back.
It is hard to face that fact
But it is reality.
I wish I could have done more
But you are happier now
Wherever you are,
In that new life of yours.
Until the day comes
When we meet again,
I will hold the memories of you
In my heart
And never let anyone take them away.

Julie Nicolaou

Stephanie Graham

Evie Scalora

Walt Disney had you in mind.
Shirley Temple can't compare.
Mother Goose couldn't wait
For you to be born, and
Crayola is tickled,
Even when you can't keep in the lines.
You are everything a child should be.
Innocent, curious, giggling like
Every day is your birthday.
You have only friends; people who
Know how special you are.
Why, even Oscar the Grouch
Likes you! He told me so.
I realized all this on my last
Day with you.
So simple, but as elusive as Santa's elves.
Live your life well, and may you
Be as perfect an adult as you are a child.

John Paul Labouff

A true blue participant in Nerd Day is **Trice Barto.** Among her many qualities lies her outgoing leadership which she displays as co-captain of the tall flag team.

As a senior, **David VanWinkle** tends to show his spirit a little more creatively. David decided to paint his face with the school colors on this day.

Eddie Allen's portrayal of a nerd is one of the more classic at Los Al. His descriptive "Rams" shirt and wonderful assortment of pens in his shirt pocket give a new meaning to the word "nerd." As a sophomore, Eddie will hopefully continue his undying school spirit.

The Mr. Mom Obstacle Course is another exciting, competitive event. Number forty two, **John Cisneros,** is the representative of the freshman class; **Neil Sorensen,** sophomore class; **Scott Welsh,** junior class, and **Chris Buonocore,** senior class, are all participants in this crazy, outrageous, athletic event.

Leaders Take Part in Unyielding Tradition

Many high schools have a tradition of selecting a Homecoming Queen and hosting a Homecoming football game where many alumni attend. Among these schools is one which stands out, Los Alamitos.

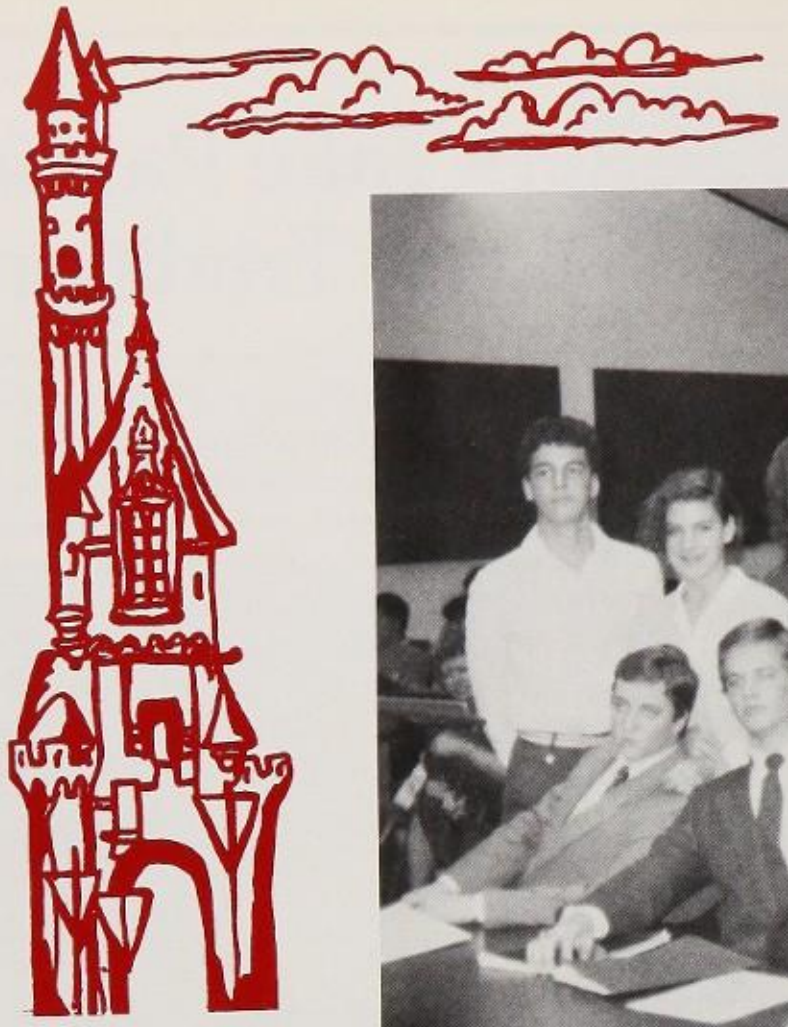
In the past, Los Al has hosted many fine "Homecomings" which have customarily been accompanied by Spirit Week. Spirit Week is a time of student participation when each class takes part in special lunchtime activities. Some of these activities are: The "Mr. Cool" ice block sitting, the Tug-of-War, the Mr. Mom Obstacle Course, and the Nerd and Hippie contests. Each day has a particular theme which the students use as a guideline for what to wear. This year, students became more creative in their choices for dress-up days. Nerd Day and Hippie Day had the biggest turnout followed by Half-and-Half Day, and School Color Day.

Amy McDougall shows off her "nerd" look on the infamous Nerd Day. On campus, Amy is spirited, not only during Spirit Week, but as a Los Alamitos Song Leader, and as our dance commissioner.

Hippie Day brings back memories of the past and feelings of unity among the students. People feel much freer on campus on this particular day since hippies represent a sort of carefree atmosphere. Most of the student body members participated on this day.

An exciting and more physical event is the classic Tug-Of-War Competition. Four teams, one from each class, vie for the championship with the sophomores leading their clas

An accurate portrayal of a hippie is made by **Suzy Oppenlander** as she gives a look of love to her fellow hippies. Suzy shows her spirit throughout the year as captain of the flag team.



After a long day of Mock Trial Competition the whole team, including Mr. Singer, takes a much deserved rest in one of the courtrooms of the Santa Ana Courthouse. Pleading their case isn't as easy as it might seem, and after a long court session they are more than ready to relax.

Nothing can compare with the feeling of victory and **Brooke Burtsell** and **Judy Holzgang** can attest to that. Proudly displaying their prized trophy, they show it off and enjoy the limelight.

Law Club: Suzanne Welter, Garret Olson, Kent Nordstrom, Mike Dawson, Trey Sandusky, Mr. Atherton, Jeff Brown, Albert Koong, Corrine Grubb

In a moment of true winner's ecstasy, **Trey Sandusky, Kent Nordstrom, Mike Dawson,** and **Ricky Bytel** let loose. Now that the hard work is over and the competition won, undoubtedly they feel the celebrating should begin.

Justice Reigns for Mock Trial

With the help of on-campus advisor, Mr. Atherton, and an attorney in the Los Alamitos community, Mr. Phil Singer, the Mock Trial Competition Team took first place honors in the Orange County competition and went on to compete in the state finals. Over thirty students auditioned for places on the team which was comprised of six attorneys and nine witnesses. After many hours of drilling in courtroom tactics and procedure on how to make objections, arguments and speculations, the team's hard work paid off with the second consecutive year that Los Al has taken first place in county and in 1983 they placed third in the state. Many members of the team belonged to the Law Club as well and participated in several re-created courtroom dramas. The team continued to work on establishing Los Alamitos as the school to beat and . . . "the tradition continues."

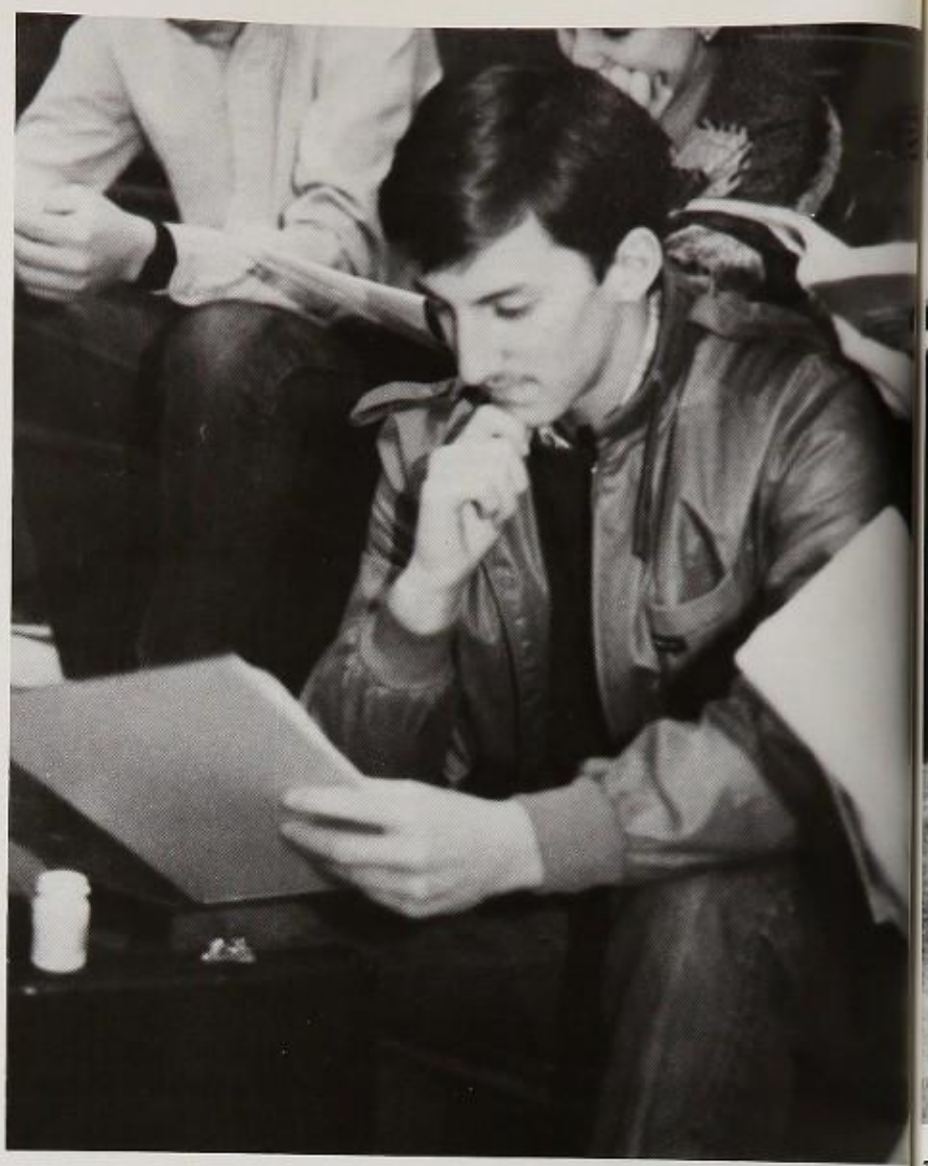
Mock Trial Team: Front Row — Corrine Grubb, Ruth Busenkell, Brooke Burtsell, Judy Holzgang, Michelle Stratton, Jan Mulhardt, Adam Torem **Second Row** — Jeff Palk, Trey Sandusky, Kent Nordstrom, Mike Dawson, Garret Olson, Albert Koong, Dan Waechter, Ricky Bytel, Mr. Singer

More than eager to receive their award, Mock Trial members meet with Judge Thompson in his chambers where he bestows the high honors with an appropriate congratulations for the team's performance.

The Mock Trial members work very hard for good results. As always, this kind of devotion pays off as they proudly display the well earned award received at the Orange County competition.

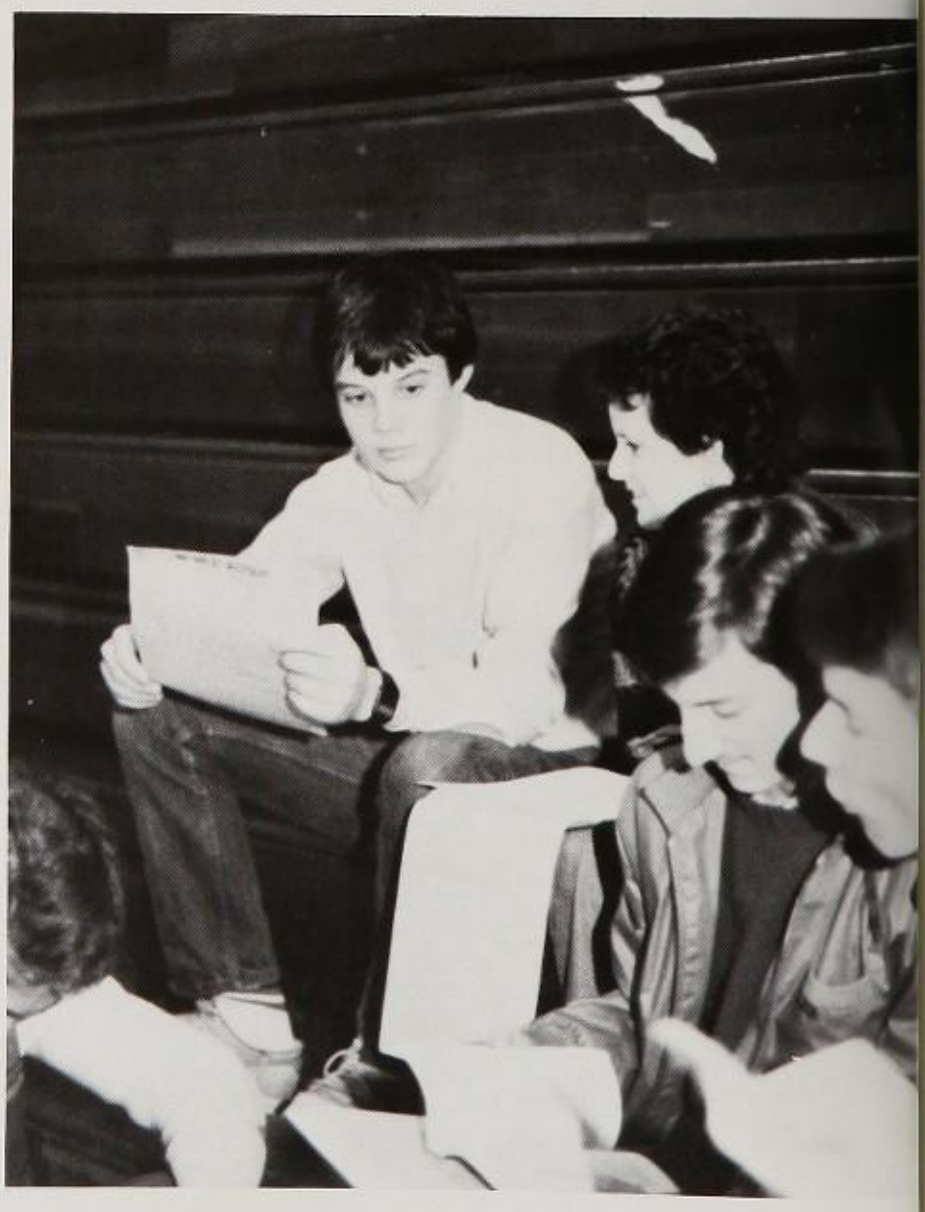
The Law Club and Mock Trial Team are two very prominent organizations on the Los Al campus. **Mr. Atherton,** advisor to both, gets help from Mock Trial Clerk, Bailiff, and Manager, **Jenny Fowler.**

Proud advisor of the Academic Decathlon Team, **Mrs. Wilson** is loaded with information for the students. Going through her files, she gives advice on how to write a well-developed essay.



Proofreading his essay, **Russ Wolf** concentrates on structure and vocabulary to impress the judges and hopefully get a high score. Russ' diligent efforts enable him to contribute to the team's continuing success.

Answering trivia questions the advisors give them, **John Paul LaBouff** and **Shawn Duzich** try to recall what they have been studying. During the Super Quiz, they must answer in a limited amount of time.



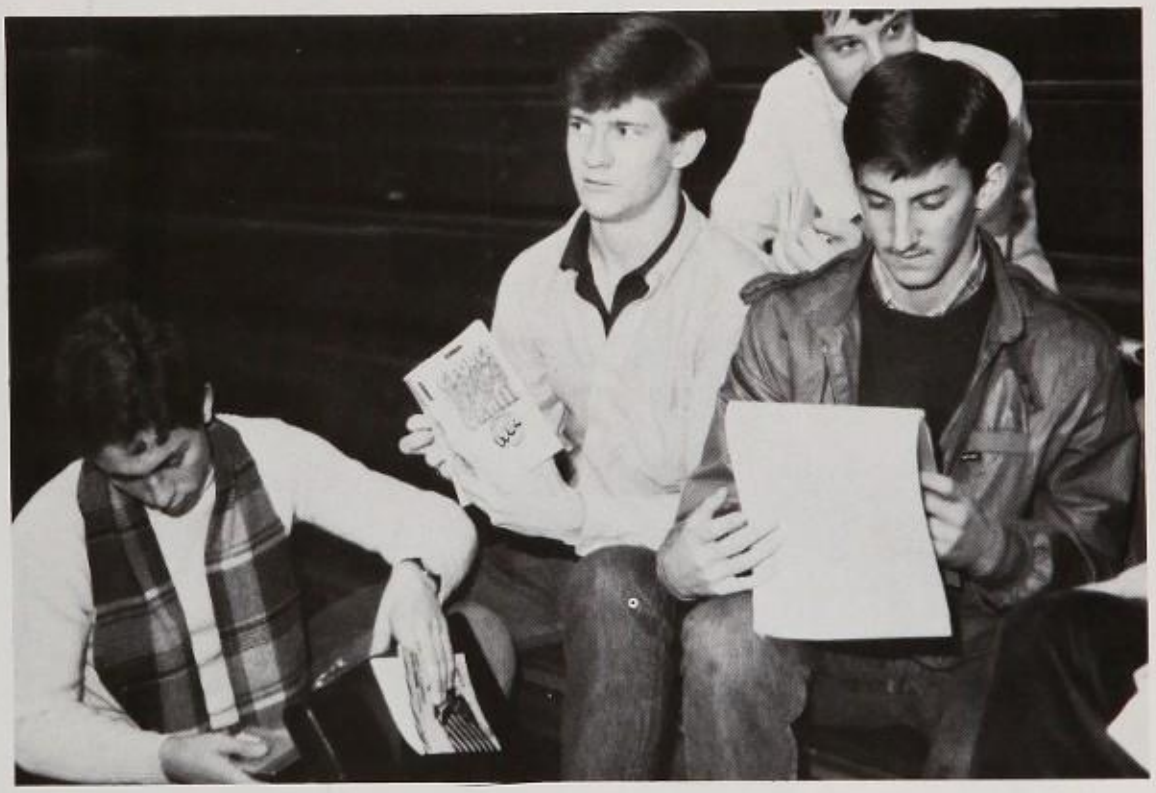
Various subjects are covered in the Academic Decathlon competitions and the team members must be well informed on each. **Marc Reissig, Shawn Duzich, Russ Wolf** and **John Paul LaBouff** study their review sheets.

eam members, **John Paul LaBouff, Jeff Brown, Keith Lifshin, Shawn Duzich, Marc Reissig, Russ Wolf** anagers **Tommy Kim** and **Jennifer Caughlin** announce their upcoming competition. The team consists of two "A" tudents, two "B" students and two "C" students; however, no discrepancy is made after the final selection.

Decathlon Team Shows No Mercy

Decathlon 84-85 was a year of excellence in which the team consisting of Jeff Brown, Marc Reissig, Shawn Duzich, Russ Wolf, John Paul LaBouff and Keith Lifshin devoted six months, including three months over summer, to prepare for THE DAY, November 17, 1984. In these six months, each member was required to read *Great Expectations*, *Megatrends* and millions of periodicals, and to know six major subjects: social science, science, math, economics, grammar and literature, and fine arts. In addition to this, the team had to develop and prepare their skills in writing, interview and speech. To keep all of this organized, Tommy Kim and Jennifer Caughlin were there to manage meetings or lectures given by various teachers who could help in one of the six areas mentioned above, to keep track of deadlines, and to encourage the team whenever they were beginning to feel the pressure. But manager Tommy Kim said, "This year's team wasn't all work, work, work. This year's team knew how to have fun along the way!" SINE GENITILIBUS NULLS VICTORIA EST!

Waiting anxiously for the results of the Super Quiz, **Keith Lifshin,** stands to see the score. The Super Quiz is a series of questions on an unrevealed topic.



Team members **Keith Lifshin, Jeff Brown,** and **Russ Wolf** thought strongly that the Super Quiz questions might be based on George Orwell's novel *1984*. The students have no idea of what to study for and it is, therefore, the most difficult section.

Los Al's student body joined in a fund raising drive to help in the restoration of the Statue of Liberty. **Mike Chen** and **Wim Libby** look at a miniature replica just before they start a walking tour of the truck loaded with other Ellis Island memorabilia.

Time

History was made when the Democratic Party announced that the Vice-Presidential candidate was Congresswoman **Geraldine Ferraro** from the Bronx. Because she was the first woman to be on major Presidential ticket, Ferraro gained national attention by the media.

U.S. News and World Reports

President **Ronald Reagan** secured another four years in the White House with a landslide victory over his opponent, Democrat **Walter Mondale.** He captured the electoral votes from 49 of 50 states. An active political supporter, senior **Erik Friesenhahn** enthusiastically applauds Reagan and his campaign. A record crowd gathered together for the President's Labor Day kick-off rally at Fountain Valley's Mile Square Park.

Life

The crew of the shuttle Discovery completed yet another historic mission. It successfully retrieved an estimated $70 million reusable space "junk" from the two out-of-orbit satellites Westar VI and Palapa-B2. Soon after the election, President Reagan announced that the space shuttle would take up the first civilian in space, preferably a teacher.

News Encircles the Globe

Beginning with the summer of 1984 and continuing through 1985, popular interest broadened to include worldwide affairs as well as local. Los Angeles exploded as 7,060 athletes from 140 countries participated in the XXIII Olympiad. After an 8,700 mile relay across the United States, the torch reached its destination, the Memorial Coliseum. Despite the Soviet boycott, the Olympics produced a record profit of $150 million. The Los Angeles Olympic Organizing Committee President, Peter Ueberroth (**Time Magazine's** Man of the Year), managed to finance the entire project without taxpayer's money. The genius of David Wolper produced the extraordinary opening and closing ceremonies, Hollywood-style. The numerous venues were manned by an unprecedented 75,000 volunteers.

A controversial international issue made headlines as South African Bishop Desmond Tutu received the Nobel Peace Prize for his stand against his government's aparthied system. Several underdeveloped nations experienced severe repression. Drought-ravaged Ethiopia was supplied by cargo loads of provisions by Britain's Royal Air Force. Likewise, the chemical explosions in India and Mexico received international attention because of their dire need for outside aid.

The significance of the survival of the second permanent artificial heart transplant patient was almost less important than the quality of his life after the operation. Within just a few short days, William Schroeder was strong enough to be interviewed on television.

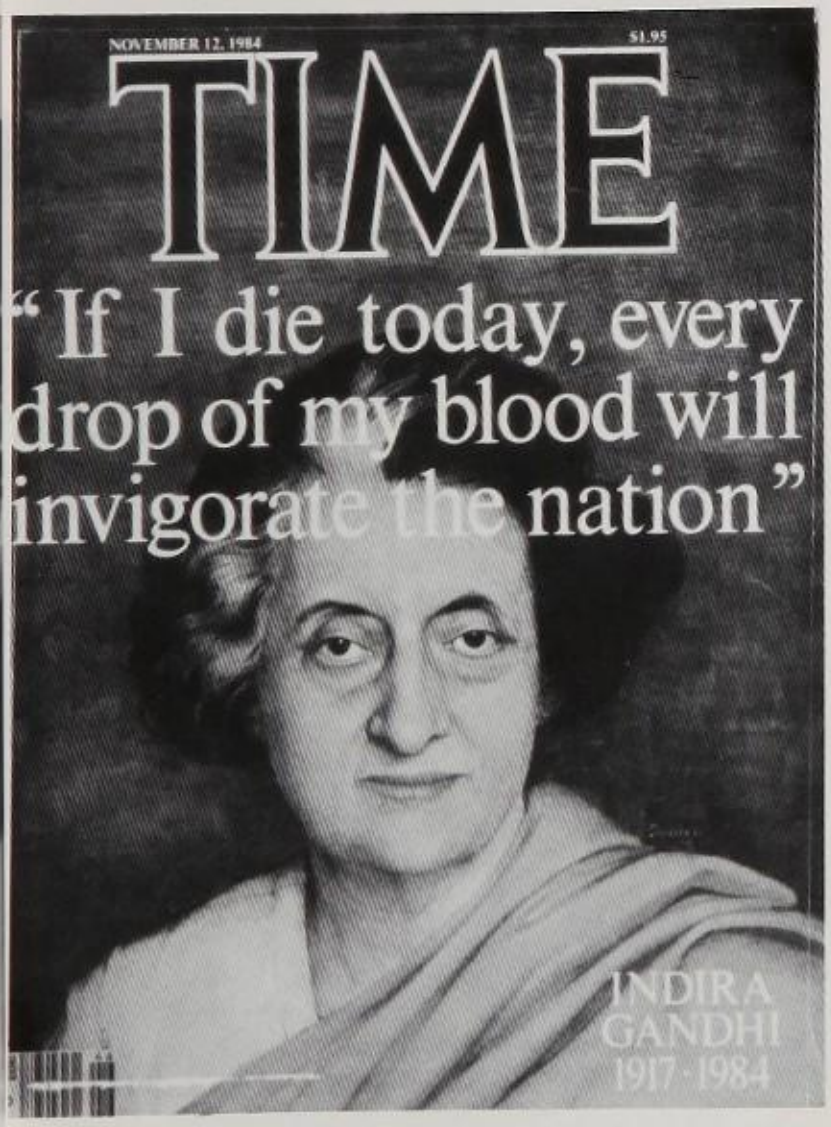
The year brought us the death of the world-renowned writer Truman Capote who was best known for his non-fiction novel **In Cold Blood,** and the death of actor Richard Burton, the promiment star of stage and screen who gave his final performance in the most recent movie version of **1984.**

Life

The Olympic gymnasts stunned audiences with feats beyond imagination. Captain of the gold medal men's team, **Peter Vidmar,** displays his strength and agility on the rings to help him earn the silver in the all-around competition. America's sweetheart, **Mary Lou Retton,** vaulted her way to stardom by capturing the gold in the women's all-around.

U.S. News and World Report

As a sign of departure from the bitter, five-year-old cold war, Soviet Foreign Minister **Andrei Gromyko** and Secretary of State **George Shultz** met for a summit meeting in Geneva, Switzerland on January 7 and 8. The talks centered on the growing danger of the arms race.



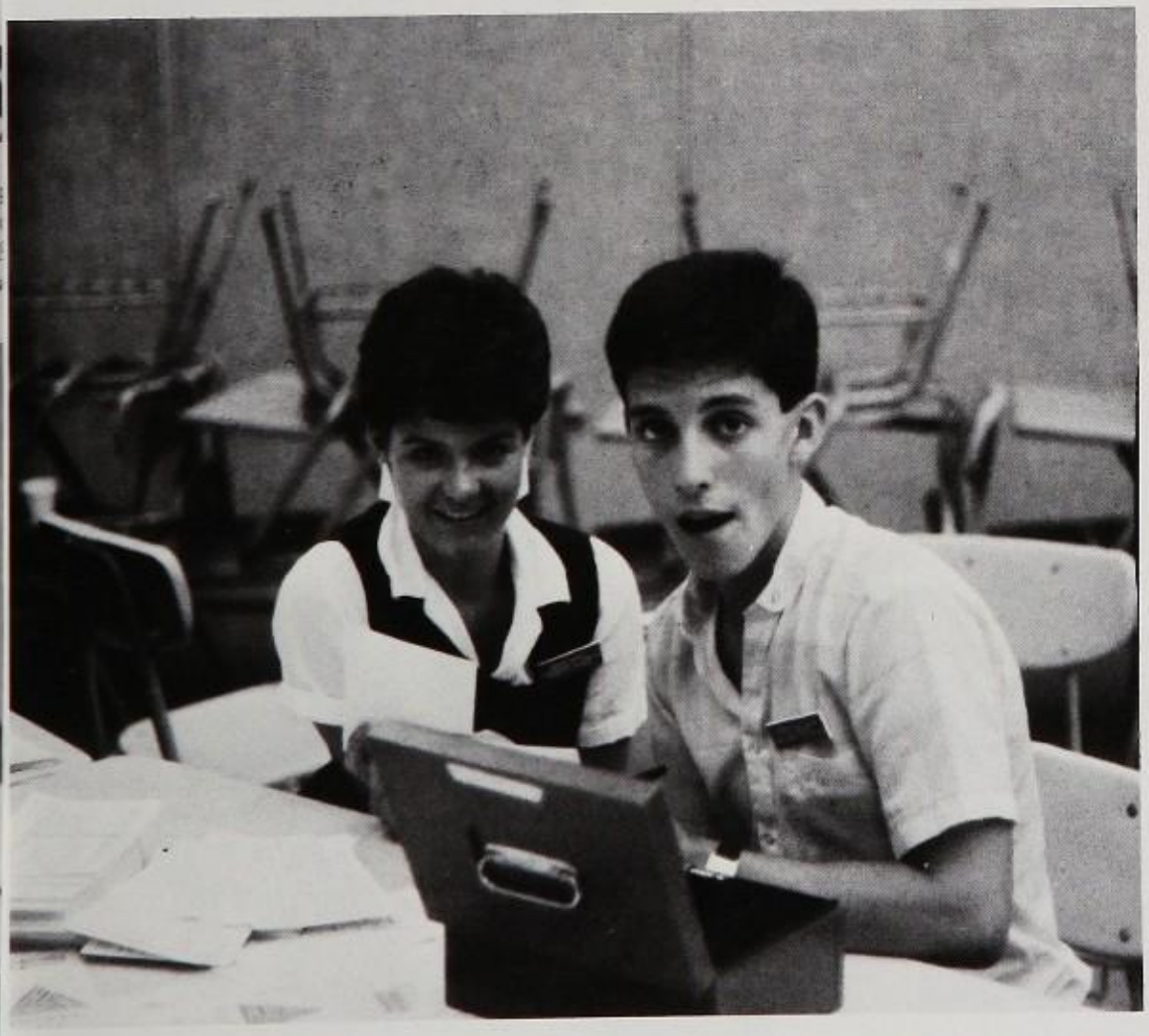
In November, the Prime Minister of India, **Indira Gandhi,** was brutally assassinated by two Sikh members of her own security guard. Less than a month later, another tragedy hit the nation. A toxic gas leak from a United States owned chemical plant killed 2,000 and injured 100,000 people in the city of Bhopal.

ASB Cabinet: Front Row — John Paul La Bouff, Garret Olson, Tracey Cohn, Ron Sittler, Tommy Williamson **Second Row —** Kenny Hayashida, Janice Kasumovic Suzie Kuzmich, Suzie Pray, Ruth Busenkell, Brooke Burtsell, Christina Welter **Third Row —** Kaven Esteghamant, Shubert Koong, Travis Tarchione, Albert Koong, Dou Fatone, Judy Holzgang **Fourth Row —** Bruce McMorris, Gene Blackman, Darryl Baker, Mike Mullaney, David Sohn, Jennifer Caughlin

Relaxing in the ASB office senior, **Albert Koong** eats his exciting bologna sandwich. He is a member of the tennis team, also one of our many outstanding academic students and was chosen to represent us as State Coordinate of the Leadership Conference.

Ruth Busenkell, above, an obvious proud member of ASB, g organized for an upcoming spirit activity. Senior class vi president, **Ron Sittler,** below, makes big plans for the 19 Junior-Senior Prom, which is an event most students look forwa to all year.

Expressing their school spirit, members of the ASB cabinet smile as they show the ever-so-popular Los Al "L." From left to right are Ruth Busenkell, Tracey Cohn, Suzanne Prey, Amy Mcdougal, Judy Holzgang, Kenny Hayashida, Tommy Williamson, Bruce McMorris, Jennifer Caughlin, Senior Class President **Travis Tarchione,** Senior Class Vice-President **Ron Sittler** and ASB President **Garret Olson.** Together, Los Al's ASB cabinet makes up a very spirited group of students.



Getting organized for orientation day, **Brooke Burtsell** and **Garret Olson** count the amount of money left in the money box. Each year the ASB cabinet gets out all the stacks of information sheets to register all new students as well as old.

ASB Guides Princely Realm

The Associated Student Body Cabinet is the heart of all of the activities that happen during the year. Their jobs are many and are as diverse as the students themselves. Among those jobs are the planning of Spirit Week, the organizing of the Red Cross Blood Drive, the preparation of assemblies, and the planning of the Winter Formal and the Sadie Hawkins Dance. The Cabinet stresses voicing the student body's questions and concerns, and being aware of its needs. The ASB Council also represents Los Alamitos High School at School Board meetings and in the community.

Student Congress, also a part of ASB, is an organization consisting of student representative from all first period classes who are selected by a majority vote. Congress meets every other week, discussing such topics as sales and fund raisers. These representatives may also choose to attend the annual leadership seminar. Congress' main goal is to keep Los Al's students informed.

Rotary Honors Career Goals

The Vocational Education Students of the Month were chosen by a Los Alamitos faculty committee. These students received a $100 check and were honored at Rotary Club luncheons. The Rotary of Los Alamitos sponsored the awards.

Maria Puente was chosen as Career Student of the Year. She was nominated by Mrs. Parent. Maria planned to pursue a career in the fashion industry, either merchandising or designing. Maria won third place in Los Al's fashion show last year. After graduation, Maria planned to attend Fullerton Community College.

Paul D'amour was honored in September. Paul was enrolled in the ROP video class that put together a program called "High School Highlights."

Tony Bancroft was chosen in the month of November. Mrs. Hemphill nominated Tony for his accomplishments in art. Tony was president of the Los Al Art Club.

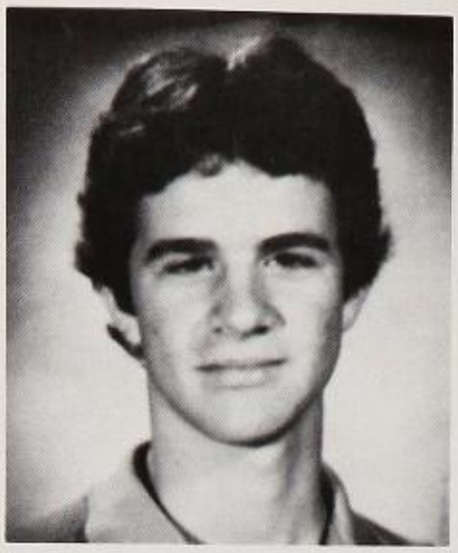
Kirk Tobler who plans to pursue a career in auto mechanics or metal working, was honored in January. Kirk was nominated by welding teacher Mr. Broadhurst.

Erin Callaway was honored in February. Erin planned to pursue a career in word processing. Information Processing teachers Mrs. Dunn and Ms. Smallfied nominated Erin.

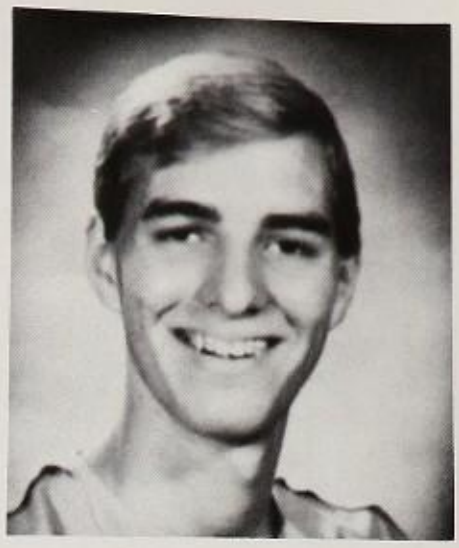
Don Moore was chosen as Career Student for the month of April. Don, who had cartoons appearing in the Crusader, was nominated by art teacher Mrs. Hemphill.

Greg Phillips was nominated by Mr. Becker, woodshop instructor. Throughout the school year, Greg worked on a 20-foot fishing dory. It was something that had never been done in shop before. Greg wanted to pursue a career as a commercial fisherman.

Tom Bancroft was chosen as the Career Student of the Month of May and was nominated by the art teacher, Mrs. Hemphill. Tom and Tony were featured cartoonists for the **Crusader** staff. The year's final student, **Lisa Jones,** was honored for her artistic talents for the month of June. She planned on entering Biola College and eventually designing children's books or greeting cards. Lisa was a self-taught artist.



Paul D'amour
October



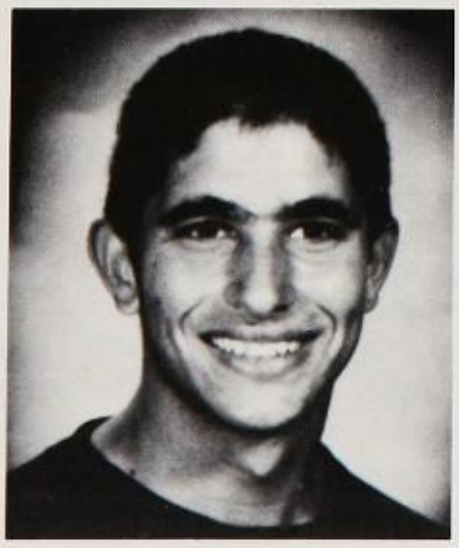
Tony Bancroft
November

Maria Puente
December

Kirk Tobler
January

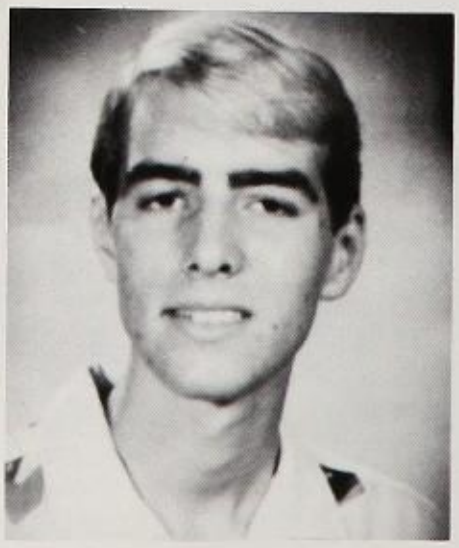
Erin Callaway
February

Maria Puente
Career Student of the Year



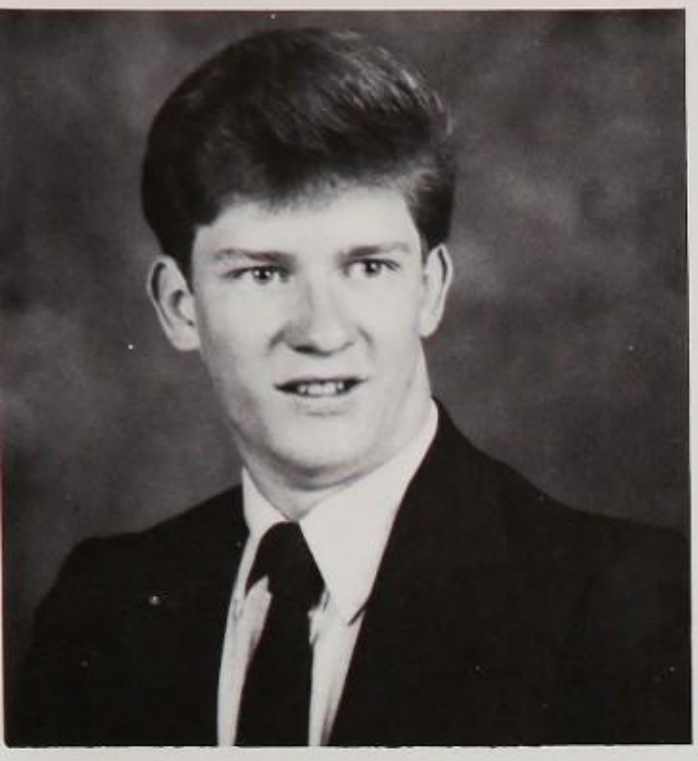
Gregory Phillips
March

Don Moore
April

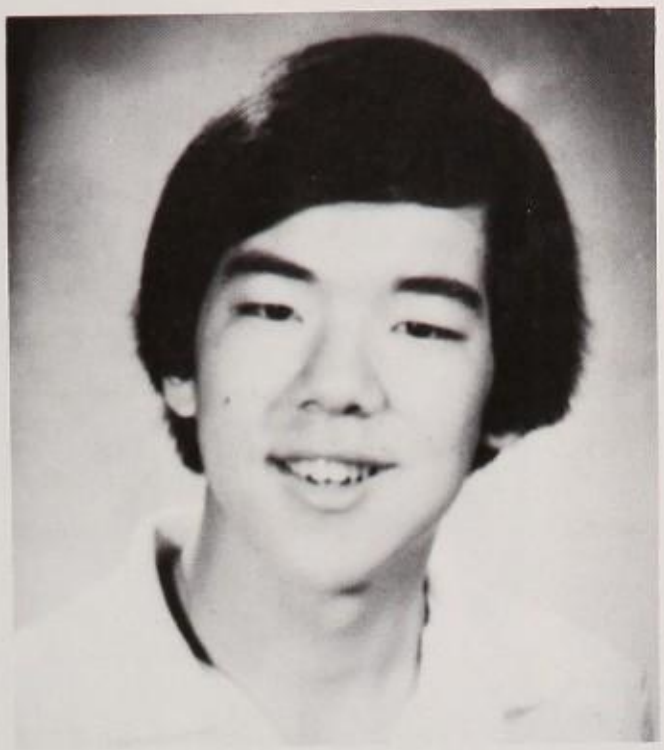


Tom Bancroft
May

Lisa Jones
June



Jeff Brown
September



Kenneth Hayashida
October

Scholars Given Academic Award

To be chosen as the Student of the Month, one must show academic excellence and leadership, and participate in school and community services.

Jeff Brown had the honor of being 1984-1985's first Student of the Month. Jeff was a member of CSF, Decathlon Team, Key Club, the marching band and the president of the National Honor Society. Jeff also participated in Los Al's Mock Trial Team.

Kenny Hayashida was honored in October. Kenny was president of the Interact Club, a member of the speech team and student representative to the Los Alamitos Unified School District Board of Education.

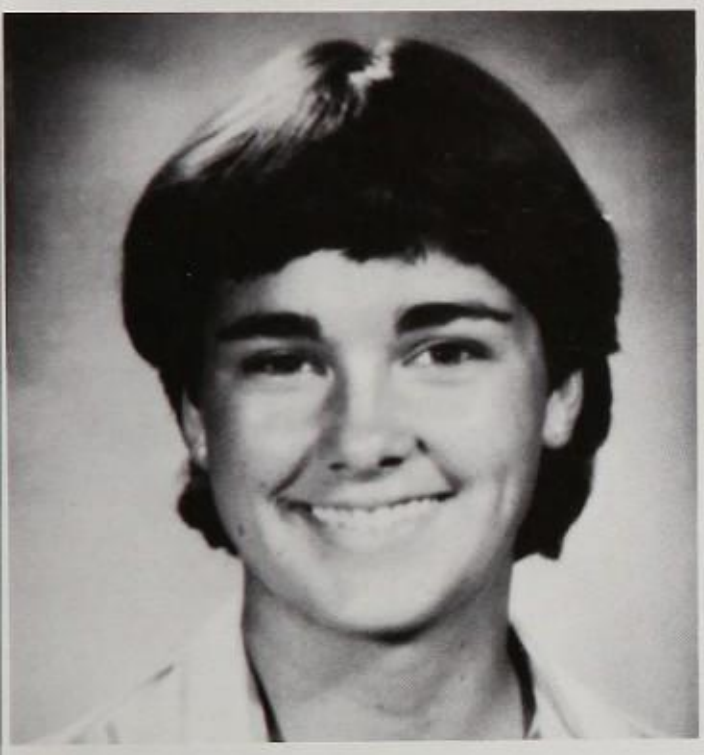
Jennifer Caughlin was the student of November. She was the Commissioner of Student and Community Services, manager of the Decathlon Team, Substance Abuse co-chair in Interact Club, and was an active member in PTSA, CSF, senior class committee and adventure club.

Ruth Busenkell was named for December. Ruth, who maintained a 3.7 GPA, was the co-captain of the Songleading squad, Mock Trial witness and Cabinet's Planning Commissioner. Ruth planned to major in communications.

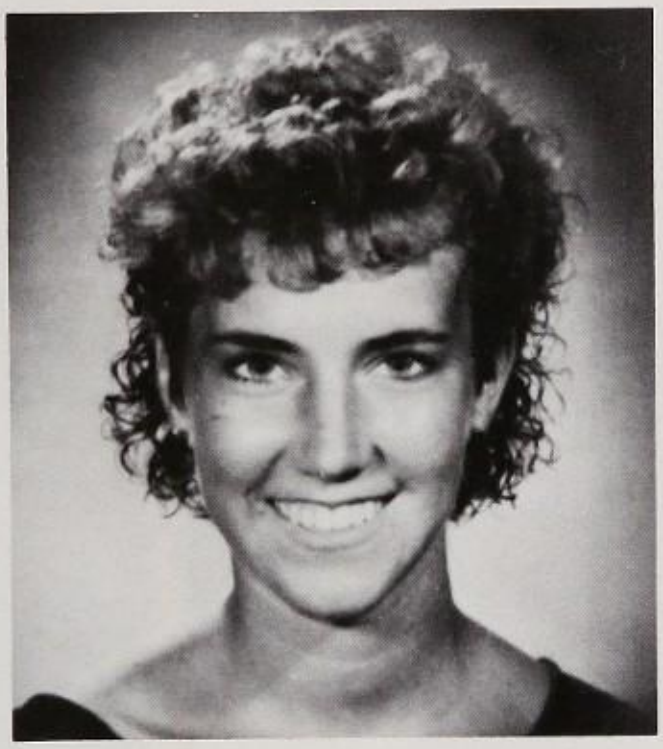
Albert Koong, the committee's selection for January, was a member of the Varsity Tennis team, a student counsel member, a Mock Trial attorney, a member of the Legal Club, and a reporter for the **Crusader.** Albert was Los Al's representative to the State's Executive Counsel.

Garret Olson, Los Al's ASB president, was honored in February. Garret was a Mock Trial defense attorney and travelled to Sacramento with the team. Garret was the 1984 American Legion Boys' State finalist. Olson hoped to attend a military academy.

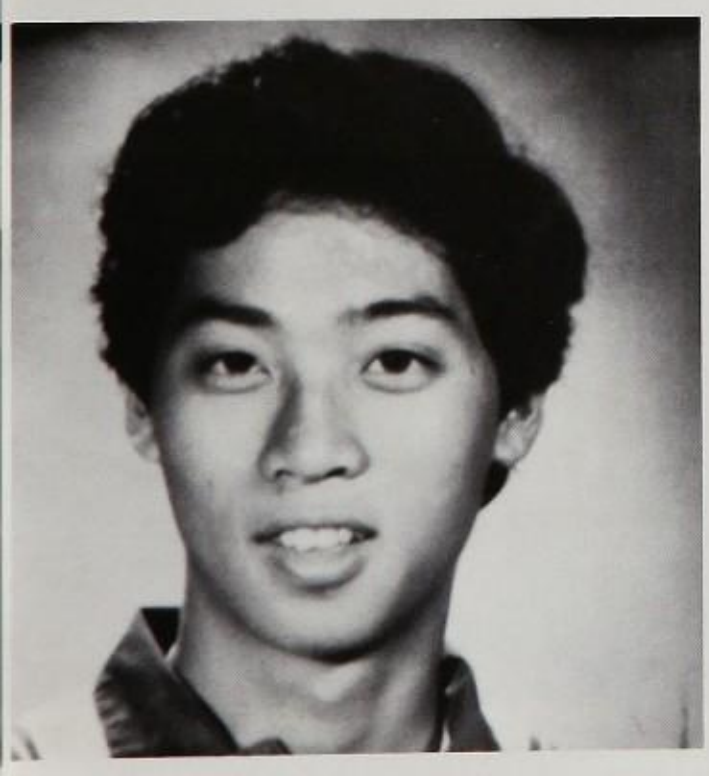
Corrine Grubb was the student honored for the month of March. Corrine was a member of the Mock Trial Team, the Song Squad, and the National Honor Society.



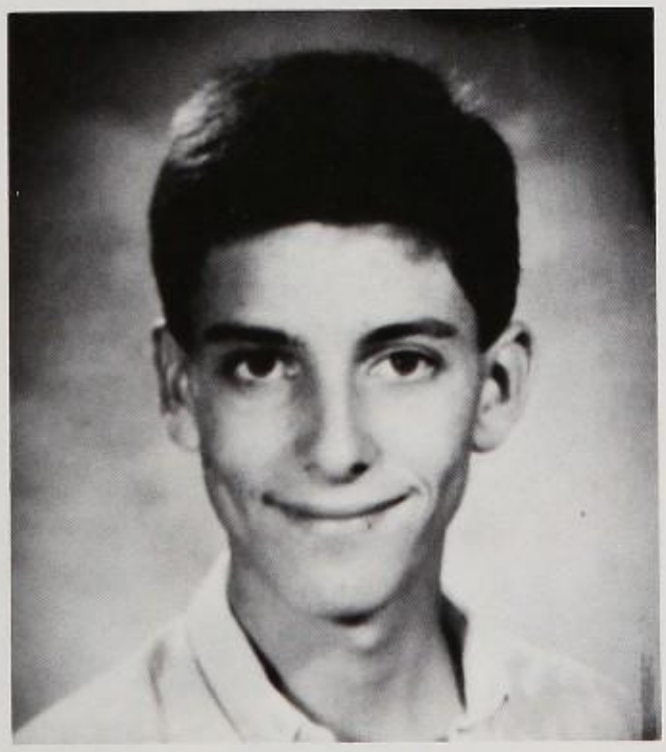
Jennifer Caughlin
November



Ruth Busenkell
December



Albert Koong
January

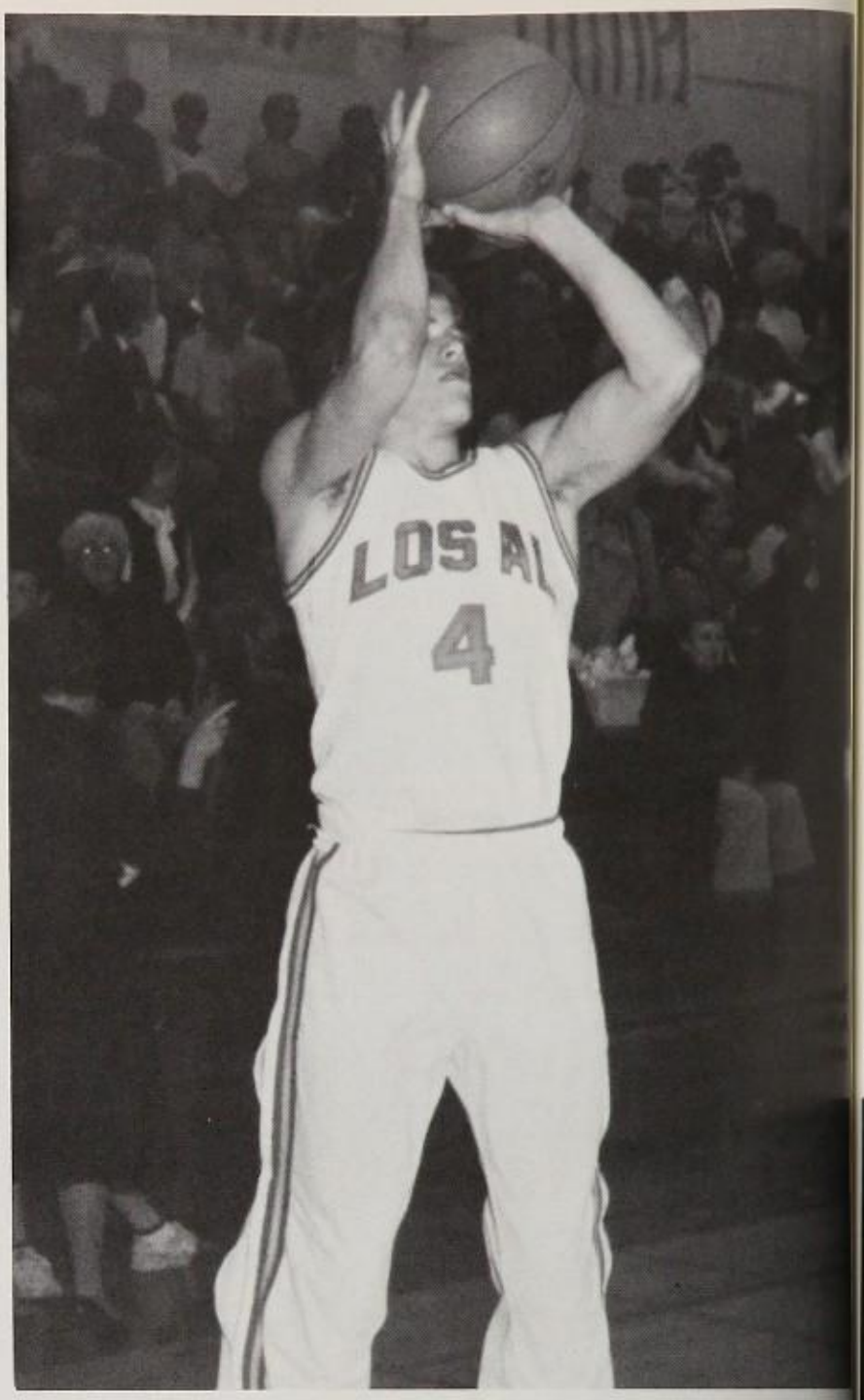


Garret Olson
February

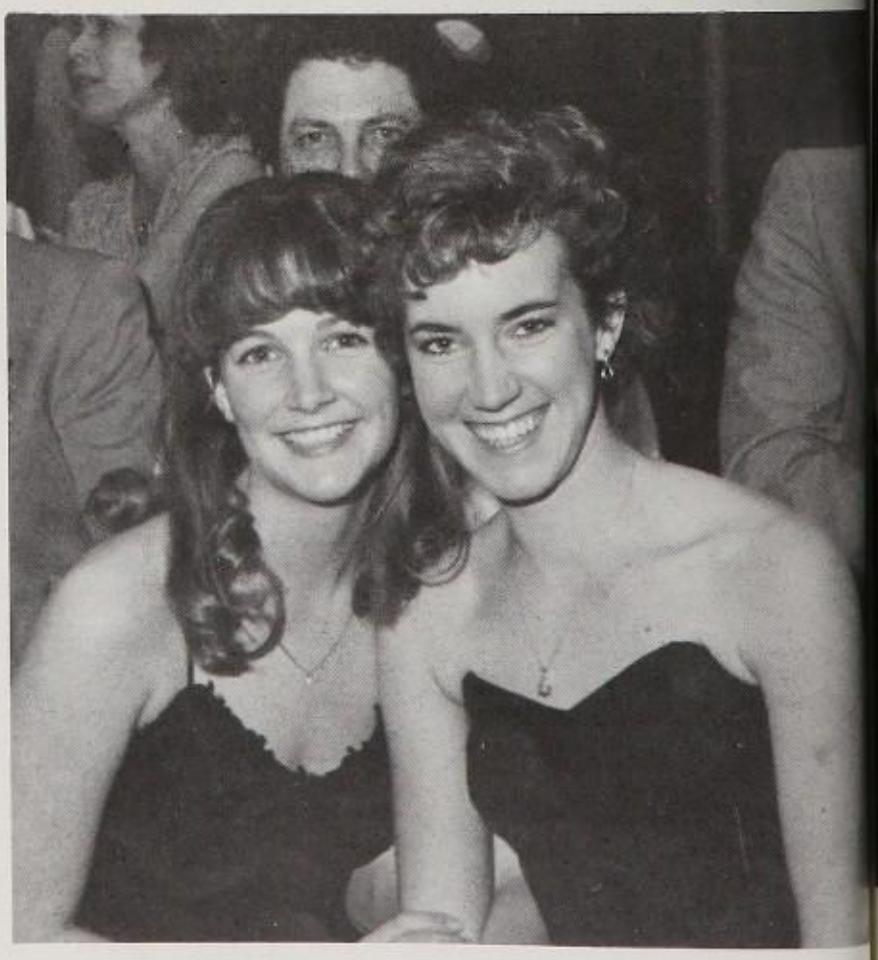
Corrine Grubb
March

After being crowned Los Al's 1985 Queen of Courts, **Mary Kate Hagmann** and her father happily greet congratulations from both friends and family. Mary was one of the six girls nominated by the Varsity Basketball Team.

Stacy Pollard and **Susie Kuzmich** wait to congratulate **Mary Hagmann.** Usually during basketball games, Stacy is cheering the team on as a varsity cheerleader while Susie, an ASB cabinet member, leads the spectators' spirit.



J. T. Snow, one of the Varsity Basketball Team's greatest assets, takes a prac tice shoot before the game begins. Being only a junior, J. T. is already a secon year varsity letterman.

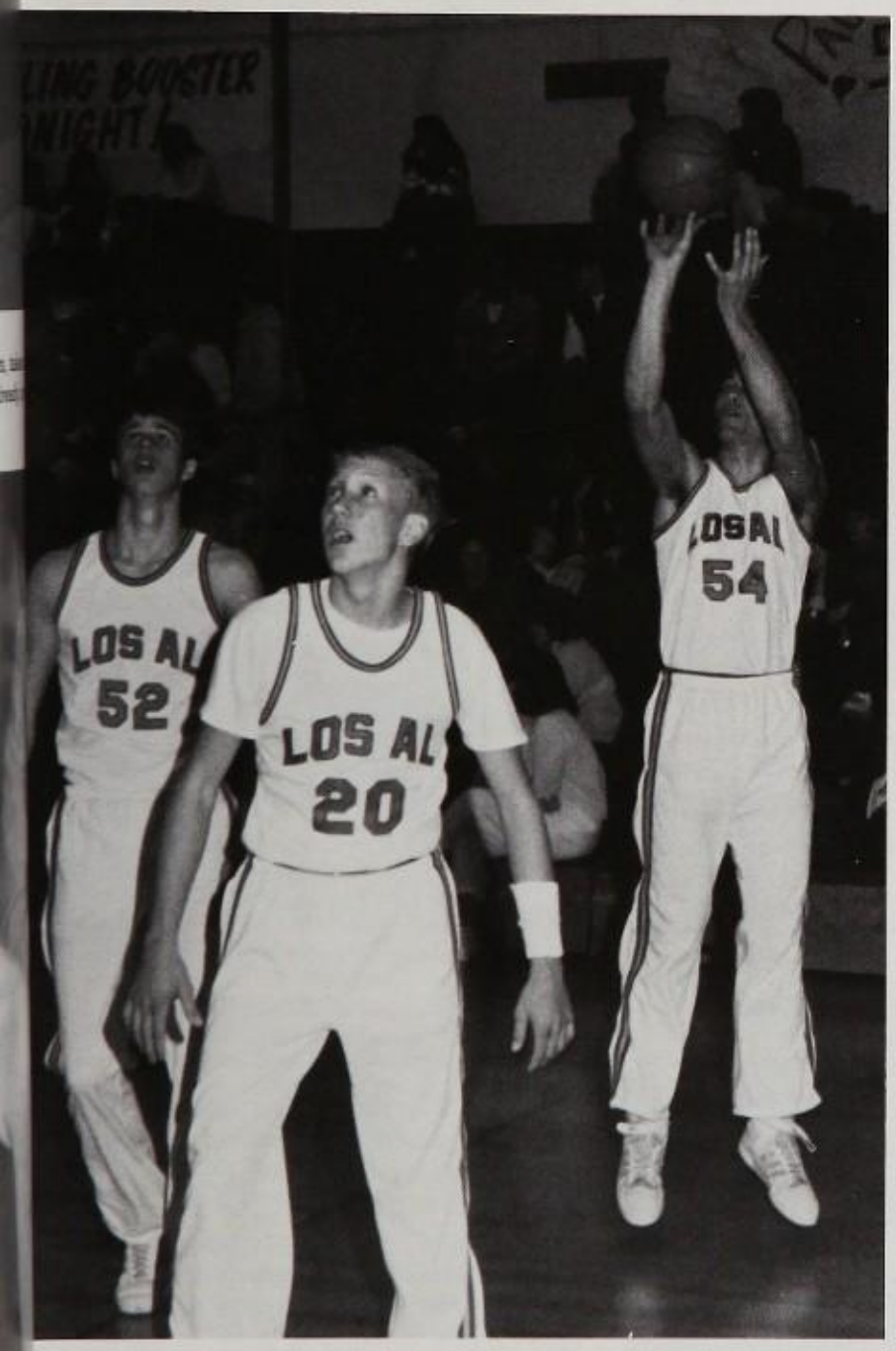


After the half time ceremony is over, **Tracey Cohn** and **Ruth Busenkell** rel and enjoy the final minutes of the basketball game. Both Tracy and Ruth, who a varsity songleaders, have supported the team throughout its season.

Queen Reigns Over Courts

Suspense builds in both spectators and nominees as the announcement of the new Queen of Courts comes closer. As the final seconds of the second quarter tick away, the girls stand nervously with their fathers before the actual ceremony begins.

The 1985 Basketball Homecoming was a thrilling evening for everyone. This year marked the third time Los Al crowned a Queen of Courts. The powerful Griffins took on the Pacifica Mariners and once again victory was in their hands. The nominees for the 1985 Queen of Courts were **Ruth Busenkell, Tracey Cohn, Mary Kate Hagmann, Susie Kuzmich, Jeneane Nicodemus,** and **Stacy Pollard.** Suspense filled the gym as the half-time ceremony began. The six girls were escorted across the gym floor by their fathers. Last year's queen, **Debbie Kurtela,** took her place, ready to hand the crown to the new queen. Finally the exciting moment had arrived. **Mary Kate Hagmann** was crowned Los Al's 1985 Queen of Courts. After the victorious end of the basketball game, the festivities continued with a post-game Homecoming dance emceed by a KNAC disc jockey.



niors, **Paul Crandall, Robbie Goodman,** and **Andy Woods** practice with nfidence before taking on the Pacifica Mariners. The varsity team's victory over Mariners proves that pre-game practice does pay off.

Enthused with the Griffins' present lead over the Mariners, **Mary Kate Hagmann** and **Jeneane Nicodemus** talk with each other about the upcoming half time ceremony. Both girls eagerly await the moment when the new Queen will be crowned.

Honors Go to Individuals

Welcoming fine students from different countries, Los Al provided homes and an American learning experience for these individuals. In their own words, the students expressed their feelings about America and their life at Los Al.

Some other special citizens at Los Al were students chosen for the National Honor Society. These students carried a 3.5 GPA or above throughout their high school years. For some, it was their first 3.5 GPA, and they were rewarded with a place in CSF.

Alessia Rusticali

I came to California from Rome, Italy. I arrived here at the end of August and after a short period of troubles and jet-lag I'm doing really fine. I'm living in Seal Beach with Sheri Millar and I'm really enjoying my stay here. I love to travel, to meet people, to be always in company and to have a lot of fun. Those are the main reasons that I came here; plus studying English of course!

Something that I really miss is my wine and my windsurf. I really like this kind of life and this kind of school. In Italy, it is so much different and totally hard.

America is famous everywhere for the freedom that's here, but I think that we have a lot more freedom in Italy. I love it here and I'll miss it so much everything. I'm going to be really happy to see my friends and my family. Anyway, I already decided to come back here after my graduation there.

Radmila Runich

There are many things to say about my living here, I don't know where to start.

I am from Belgrade, Yugoslavia. I live in Seal Beach at my aunt's house. My first impression of Southern California was its wonderful weather, and because I am a Cancer, I love water and warm, sunny weather. I can say that I enjoy staying here a lot. Everybody asks me what is different? Simply everything! Starting from the most important thing, such as people, then school, style of living and working, or food. Even our holidays are different.

Here you can choose hard classes, but most of the people don't do that, because you are not forced to take anything that you don't want. That is what I like so much about the school here.

Hans Jürgen-Groth

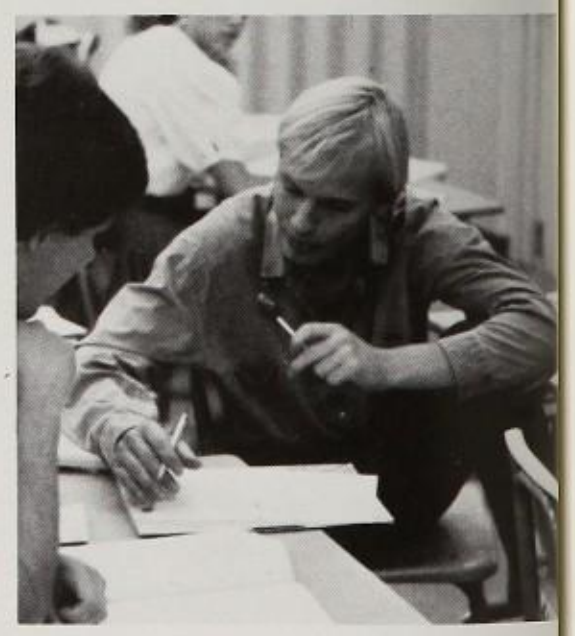
My name is Hans-Jürgen Groth. I am from Lubeck, which is in West Germany. Am 17 years old, a senior and a foreign exchange student here in America. To be an exchange student at Los Al High School is a great adventure and experience since people are really nice and I found many good friends here. Therefore, I want to thank my parents, the exchange organization youth for understanding, my host family, Los Al High, and all the other people who made this wonderful year for me possible. Griffins Go!!

Tiina Vittaniemi

I'm from Helsinki, Finland. I came to the U.S. last August to learn a new culture, to meet new interesting people, and to learn to speak English better.

The climate here is so much different than in Finland; warmer and no snow in the winter.

I like Los Al High a lot, maybe because I can take such different subjects than at home. I especially like tennis and photography. The school system here is easier than in Finland. We have six weeks periods and none of the schooldays are similar. I still have two more years and then I graduate. I have to study thirteen subjects during the year. Special experiences for me were the beaches, waves, Down Town L.A., Beverly Hills and new family to live with.



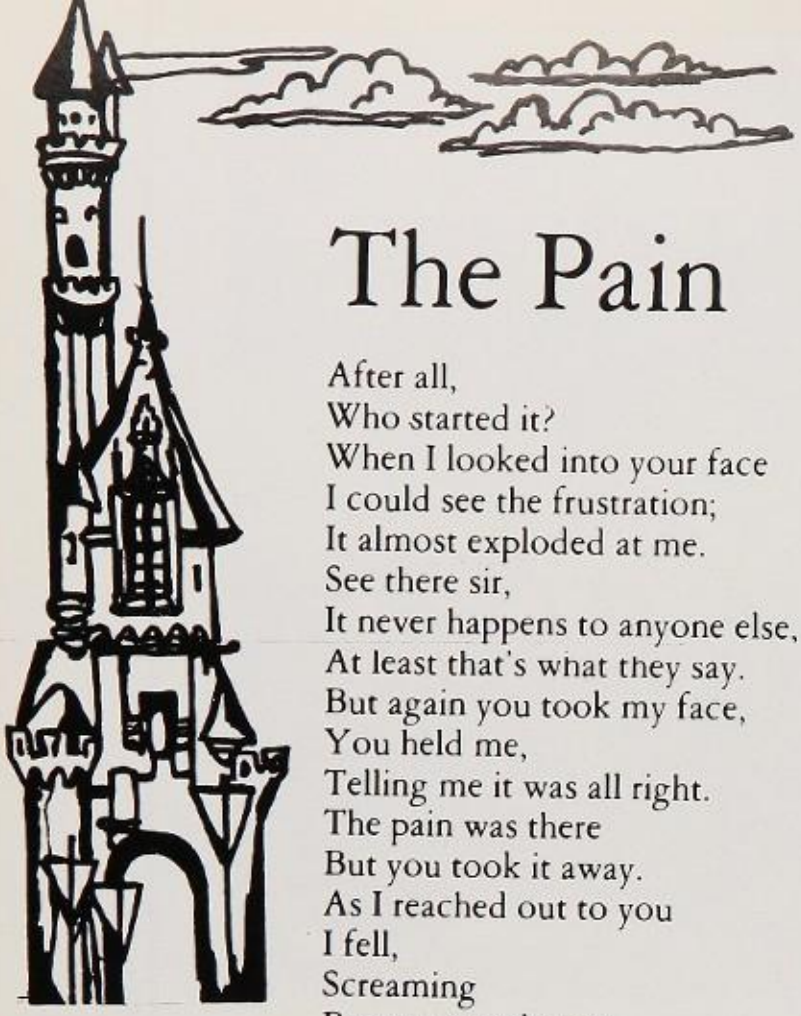
Royce Warden

From Melbourne, Australia, Royce has entered Los Al as a senior. In Australia students must complete eleven years of school, the twelfth is optional. Royce misses meat pies, roast lamb, and thinks Southern Californians eat too many hamburgers. He also thinks the students here have more privileges than at home and he "learns new things every day." Royce says that life here offers more activities for school related interests; "I am enjoying all of these activities and will miss them when I return home."

NHS Members: Front Row — Lisa Jones, Laura Kraft, Traci Walker, Kelley Uyeda, Laurie Hamada, Denise Troutman, Stacy Nordstrom, Suzy Oppenlander, Vicki Myers, Lauren Omohundro, Corrine Grubb, Kathleen Beatty, Fiona Sinclair **Second Row —** David Levy, Robert Yee, Marc Reisseg, Alan Go, Kenny Hayashida, James Mentas, Trey Sandusky, Jeff Brown, Tommy Kim, Scott Miller, Erik Itakura, Albert Koong.

CSF Club Officials: President, Kent Nordstrom; Advisor, Mrs. Watson; Treasurer, Stacey Jordan; Secretary, Jennfier Meadows; Advisor, Mrs. Durham; Vice-President, Kenneth Hayashida.

CSF Members: Seniors: Kathleen Beatty, Deanna Benstead, Jeff Brown, Linda Bueno, Jennifer Caughlin, Jeffery Cimbalo, David Clissold, Jeff Coontz, Magdalena Diaz, Maria Eschenbrenner, Mike Fogarty, Kristy Gianformaggio, Alan Go, Bob Gossman, Laurie Hamada, Ken Hayashida, Eric Itakura, Lisa Jones, Janice Kasumovic, Lynn Kichline, Thomas Kim, Michael Knittle, Albert Koong, Laura Kraft, Lisa Lander, David Levy, Mark Lewis, Jennifer McEntee, Kerry Mahon, Jennifer Meadows, James Mentas, Randel Mercer, Scott Miller, Stacy Nordstrom, Kristin Olin, Lauren Omohundro, Stacy Pollard, Kent Ramseyer, Brad Reidy, Marc Reissig, Meg Sanregret, Yurika Szabo, Travis Tarchione, Adam Torem, Denise Troutman, Glen Urata, Kelly Uyeda, Traci Walker, Thet Win, Russell Wolf, Tisha Wong, Robert Yee, Tamara Young, Trey Sandusky. **Juniors:** Kristen Anderson, Chiki Aurang, Robert Batey, Mark Bellwood, Michael Bernstein, Brooke Burtsell, Timothy Butler, Stefani Canin, Michael Chen, Lisa Cimmartusti, Michael Dawson, Andria Dickens, Johnny Dunn, George Easton, Craig Edmunds, Kelly Endow, Mathew Fisher, Rosanne Garcia, Traci Gibson, Julie Green, Shalesh Gupta, David Hastie, Elise Herning, Mary Houghton, Albert Howe, Erica Huang, Cynthia Johnson, Danielle Kenhaugh, Evan Kunst, Maren Kussler, David Lamb, Elisa Langsam, Lance LeCompte, Janet Lee, Adam Lief, Lara Listavitch, Thida Mahasucon, Christy Martinez, Jan Maulhardt, Kenny Murai, Carmine Napoliatano, Tom Nockold, Kent Nordstom, David Orvis, Linda Palmer, Jeannie Park, Todd Paulos, Jennifer Phillips, Kristin Pipal, Cindy Pittsey, Cathy Poe, Scott Raber, Debra Rattner, Robert Rhyu, Kevin Roe, Cathy Siler, Kevin Smith, David Sohn, Heidi Stauch, Tracy Stowell, Athanasia Syerengelas, Tam Ta, Mike Tamares, Debbie Theriault, Sabrina Thomas, Traci Trombino, Holly Vineyard, Brenda Voorting, Paula Wasikowski, Mike Wellington, Noreen Wenjen, Debbie Wieseler, Stacey Wliford, Kathy Woitovitch, Dorothy Wu, Jason Zommick. **Sophomores:** Kenton Brooks, Jenni Buys, Tom Caruso, Anna Chen, Kathy Chen, Dianna Cheng, Lynne Clissold, Dawnielle Congiardo, Allison Cook, Julie Coontz, Harjit (Jitti) Dhillon, Preet Dhillon, Lauren Gershon, Susan Guthrie, Lori Hagen, Ann Marie Hagmann, Darolyn Hamada, Denise Horner, Patty Jettie, Stacey Jordan, Laura Junkermann, Heather Koehring, Brigitte Koenig, Sally Lee, Roy Lin, Robin Lindley, Terri Liu, James Locke, Gaudencia Lontok, Eddie Manfro, Mary McGill, Tina Melton, Robert Menke, Kenny Montgomery, Debbie Mukamal, Virgilio Nafarrete, Jim Oberacker, Lara Obradovitch, Scott Omohundro, Jeff Palk, Kristine Patz, Rick Paul, Lisa Perles, Rosemary Peters, Eric Rager, Tracey Reynolds, Pam Rozolis, Jodai Saremi, Scott Sargeant, Anna Save, Michelle Schuman, Kirsten Shaw, Shana Torem, Joe Vaca, Grant Van Cleve, Ingrid Vycius, Mark Welzen, Joanna Willemse, Paul Wilderman, Steven Wolf, Nick Woods, Chih-Yu Wu, Mary Wu. **Freshmen:** Kristen Anderson, Michael Baker, Morian Burstein, Wei-Chao Chang, Caroline Cerneka, Cary Chee, Laura Chee, David Cheng, Steve Chun, Laura Dawson, Stephanie Dekelata, George Easton, Craig Edmunds, Kelly Endow, Scott Fisher, Anjoletle Fruehan, Jeff Gima, Laurene Harding, Helen Herning, Mary Houghton, Heather Heyer, Mike Kienitz, Rachel Kirlcus, Shubert Koong, Hahn Lin, Jeff Lyons, Jeff MacKewicz, Melinda McDonald, Marci McGolden, John McMahon, Ann Mellencamp, Stefan Moon, Erin Raccah, Kim Ramseyer, Larry Schwimmer, Julie Scott, Julie Siler, Soteria Syrengelas, Zoe Syrengelas, Nancy Weintraub, Julie Williamson, Cathy Willis, Jana Wong, Grace Wong, Holly Vineyard.



The Pain

After all,
Who started it?
When I looked into your face
I could see the frustration;
It almost exploded at me.
See there sir,
It never happens to anyone else,
At least that's what they say.
But again you took my face,
You held me,
Telling me it was all right.
The pain was there
But you took it away.
As I reached out to you
I fell,
Screaming
But you caught me,
Taking away the pain.
The pain may someday return
But you will soon turn it away.

Joy Whitney

Kirby Ingram

Shadows

Shadows of figures wafting about,
But never seeing or responding.
A cloud drifts by just as people do,
Never touching, never regarding one another.
But once in a blue moon the shadow shatters,
And a gleaming soul emerges from the dark.

Melinda McDonald

For You I Love

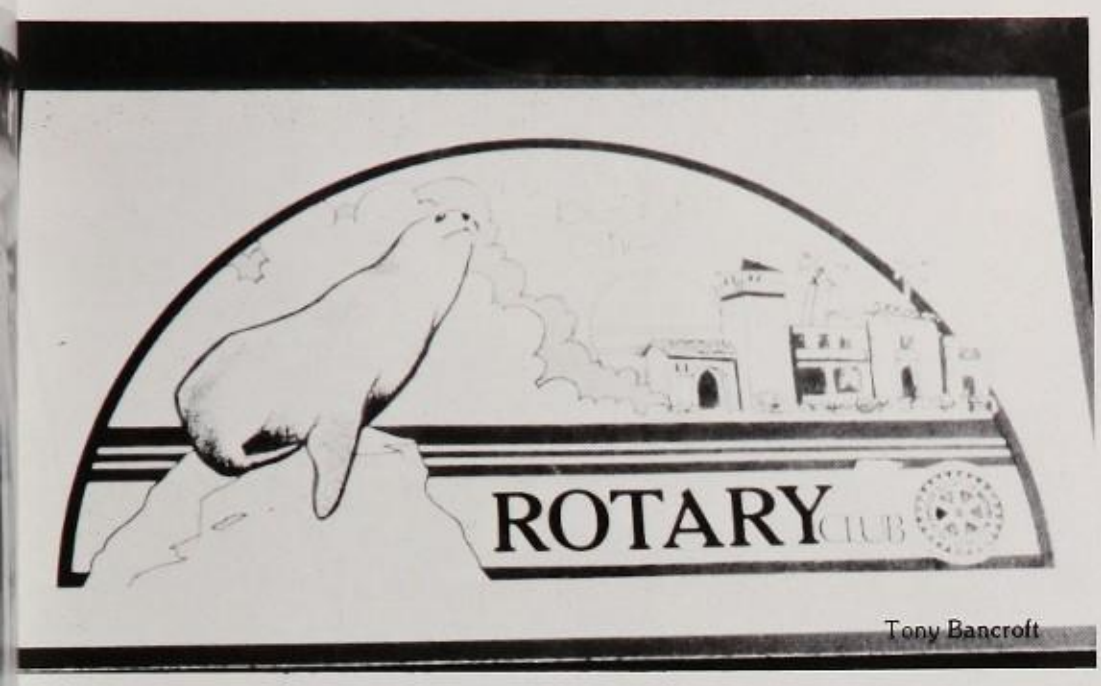
Wind is soft, like your touch.
And rain is shameful like your tears.
So as long as I love I shall fight your fears.
Do not hide my lass, for I am your knight.

Though you may not think this,
You are special to all you know,
Just as wind is to flight.

May your love for me never die,
And like the wind, you see, I am shy.
Shy because I love you with all my heart,
Just like the wind.

Roland Martini

Scott Stonebrook



Tony Bancroft

Distant Observations, Be Clear

Take what you feel, mount that on your pride
observe from a distance,
Erase it, list from memory what you saw.
Now one can read your worthiness, selected,
Collected, and now, mounted.
Be especially proud, it's you!

Eric Peterson

The Enchanted End

The enchanted house
has turned to stone and
the comfortable family has
turned around.
Mommy's a witch
and
Daddy's a monster
and their daughter is struggling
to survive.

The whole household has turned into
hell,
and each day there seems to be
a new beginning
but
in the wrong direction.

This so-called enchanted house
looks over the dark ocean
and each day the tide
gets, higher and higher,
looking out the fins are up
but any day now
they're going to go down.

As the so-called family is trying to
survive
the tides getting higher
and the fins lower.
Nobody knows now
what to expect.

so as you see
while looking out
into the black sea,
the only thing left
is an:

enchanted stone,
a stone full of hell
and the tide coming in
with barely a tad, left
of the fin.

Dana Siegel

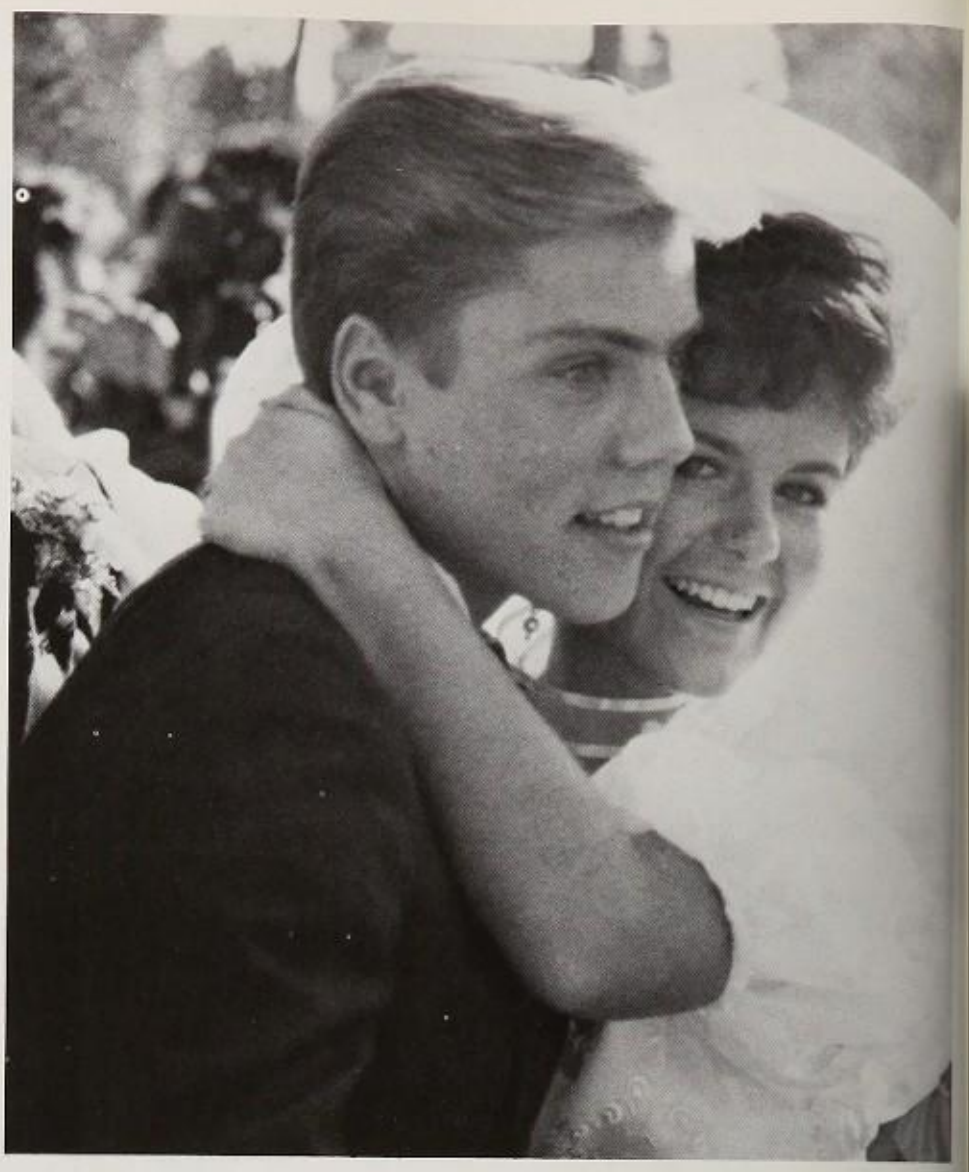
Kirby Ingram

Forget Me Not

if Black came to White
you would have to come to me
if I wouldn't have put up a fight
would you have come to me?
I didn't think so.
Oh well go on
and think well of me on a different day
for you are not one forgotten
just one who's no longer in
present thought.

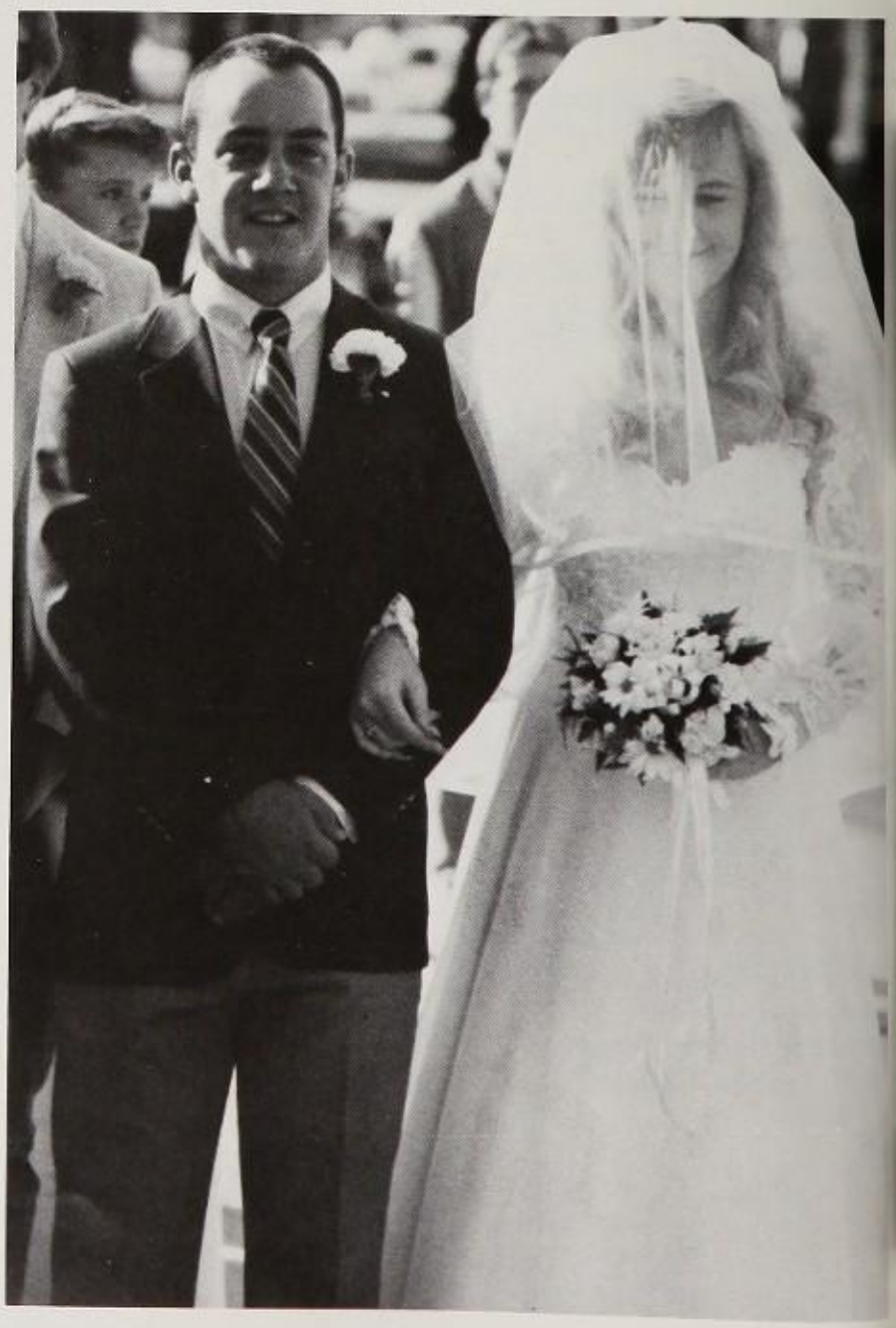
Patrice Barto

Todd Graham seems to have more than a few tricks up his sleeve, and at the moment of truth he manages to give **Traci Miller** quite a surprise at the altar. They love every minute of it.



After a big moment has passed and the vows have been said, the formality is over and **Brooke Burtsell** catches **Robbie Rinella** in a friendly embrace. He doesn't seem to mind this moment of "marital bliss."

Some of the ceremonies for the mock weddings are quite elaborate and **Cynthia Glidwell, Robin Lansford, and Patrice Barto,** share some of the spotlight as bridesmaids. The bride and groom aren't the only ones caught up in the excitement.



Since the ceremony is not the real thing, **David Chapman** and **Shelly Mitchell** manage to remain calm, cool, and collected. If this were reality, who knows what sort of panic would set in?

Prince Charming Finally Arrives

The so-called vows exchanged on campus create quite a stir in the daily routine and the mock weddings seem to be the center of attention on this special day. No expense is spared: gowns, tuxedos, flowers, and bridesmaids, all are part of the festivities.

One of the unique courses offered at Los Al is the "On Your Own" class. This class is designed to introduce students to certain aspects of life they will have to deal with when they are out on their own. Time is spent on constructing a budget, how to make payments, what sort of costs to expect, and even how to go about looking for a house or apartment. Probably one of the events with the most emphasis was the mock wedding. The ceremonies were held in the courtyard on campus right in front of the Multi Purpose Center. The next true-to-life situation they faced was, of course, children. Selected couples were given eggs to represent the delicate care and attention needed for raising children. These couples had to take the egg everywhere they went: to class, out to lunch, home, and back to school again. The obvious objective was to return the egg a week later completely intact. This made for a good topic of conversation around campus. Some students even "died" in the course of the semester. Students situations "on their own" were definite learning experiences.

wlyweds, **Ricky Nen** and **Cindi Poe** look relieved that the ceremony is over, and at it went smoothly. The question is, will a mock honeymoon for the happy couple part of the mock wedding?

Anne Sawyer takes a second glance at her husband-to-be, **Mark Houck,** before the final "I do's" are said, perhaps considering their hypothetical future. Will there be children in the picture soon or will this end in another messy divorce?

Adventure Club: Front Row — John McMahon, Stephanie Sanchez, Julie Simmons, Kerry McMahon, Julie Coontz **Second Row —** Eric Van Valkenburg, Anne Sawyer, Roxanne Griffin, Danelle Burick, Rachel Kirkus, Courtney Motz, Kristine Patz, Jenni Buys **Third Row —** Michelle Clairmont, Charito Adle, Dana Wadleigh, Mr. Celestin, Laura Junkermann.

Fishing Club: Front Row — Danny Allard, Todd Nelson, Ernest Thomason, Danny Woodard, Eric Van Valkenburg, Gary Wisniewski, Steven Wood **Second Row —** Adam Meirovitz, Sean Lewis, Todd Murphy, Steven Smith, Alex Carpenter, David Fraser, Lucy Rojo, Mr. Clairmont **Third Row —** Eric Friesenhahn, Phillip Macy, James Morris, Ron Wilhelm, Mike Wellington, Mike Pilatos, Paul Wilderman

Rehearsing a new step, Dance Club members **Michelle McLinden** and **Linda Bueno** practice to make sure that they are in perfect time with the music and with one another. The Dance Club members dedicate most of their spare time into practicing, rehearsing, and perfecting their performance routines.

Groups Strive Toward Glory

One of the more appealing clubs on campus is the Dance Club. Specializing in jazz and some ballet, girls interested in these types of dance, strove to make the Dance Club not "just another name." They worked out in the morning, and prepared themselves for their exciting performances in and around Orange County.

Attracting the anglers of Los Al, the Fishing Club, planned various fishing trips to different areas, including Lake Arrowhead, and other places in the county.

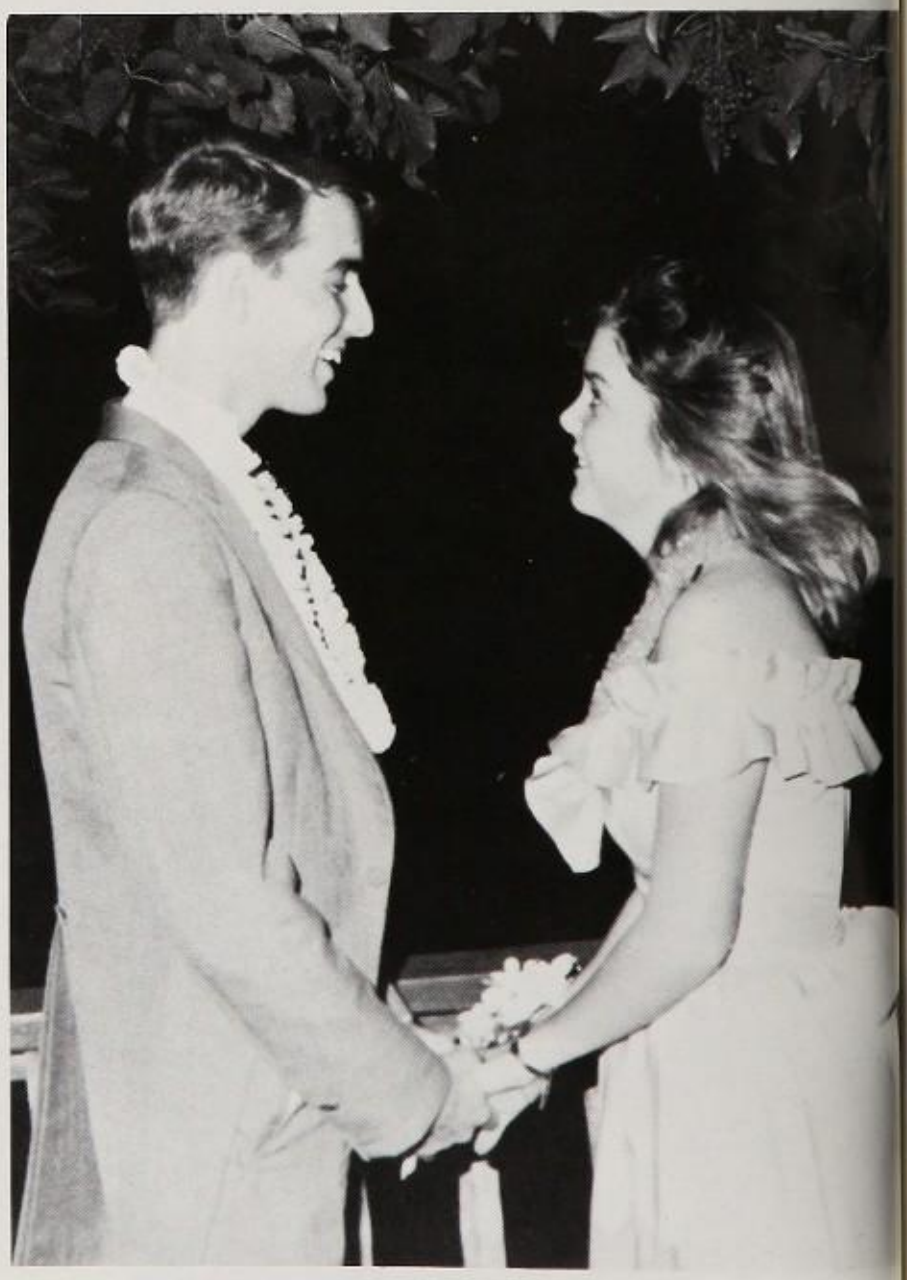
The adventurous students at Los Al participated in the Adventure Club by planning trips to ski and hike, and to honestly appreciate real nature.

During a morning workout, **Elizabeth Chandler,** shows the rest of the team how to do the common Leap Stag. The Dance Club members specialize in performing various popular dance steps and routines.

Dance Club: Front Row — Jodi Rovida, Shawn Cordes **Second Row** — Michelle McLinden, Bridget Biringer, Lanie Darling, Eva Kjoss, Linda Bueno, Lisa Hess, Nicole Atkinson, Illina Alanes **Third Row** — Tanya Cohen, Susan Ewing, Becky Showdt, Farren Last, Kathy Wiest, Andrea Cunningham, Ivy Chou, Angela Carlson, Misty Patz, Samantha Lannon, Heather Koehring

The 1985 Snowball Queen Candidates and their Escorts: **Jay Jensen, Kelli Hawkins, Charlie Thomas, Debbie Theriault, Craig Wilkerson, Suzann Pray, Christine Dennis, Ray Durkee, Jason Zommick,** and **Stephanie Graham.**

Smiling radiantly, **Christine Dennis** receives the title as Snowball Queen from last year's recipient **April Alvarez.** Christine is well known for her congeniality and her outstanding dedication to the Los Alamitos Songleading Squad.



While the band takes a break, **Tom Bancroft** and **Jennifer Meadows** step outs to enjoy the fresh air. The atmosphere exemplifies the theme of Tropical Paradise an evening to be long remembered.

Tropical Realm Stirs Romance

Finding an open spot on the dance floor, **Andrea Blake** and her date "rock out" to the tunes of **Rio.** In order for the formal to be a success, much preparation is needed for the selection of a band and location.

A good thing about the Winter Formal is that it is open to all grades and it gives the freshmen and sophomores a chance to get in on the festivities. Sophomores, **Deanna Blythe** and **David Combs** rest after the band plays an uptempo song.

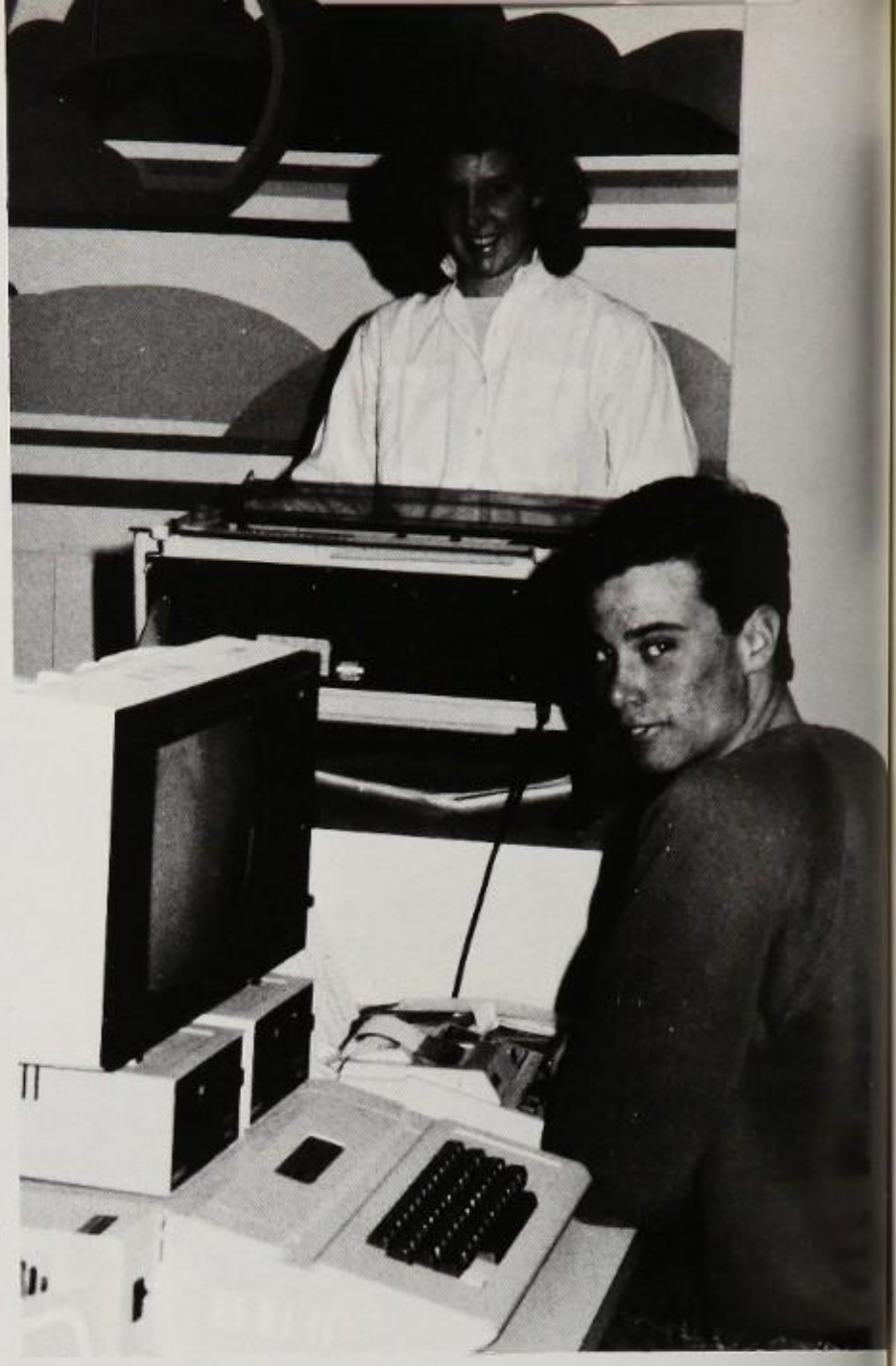
eople agree that the best part of a formal is the dancing. The variety of songs the band plays make way for ome unique styles of dance. As the beat slows down, **Trisha Baker** and **Victor Allan** enjoy a break from the pbeat music.

January 12, 1985 was a day many students put books aside and attired themselves in elegant dresses and tuxedos, the reason being the annual Winter Formal. **Tropical Paradise** was an appropriate theme for the formal since the setting was Lion Country Safari. The evening, for many, began with an exquisite dinner and then all proceded to the dance. Some students rented fancy cars and limousines to take them to their destinations. The night continued with dancing and the opportunity to take a jungle cruise along Lion Country Safari's lake. A beautifully decorated cake was available to eat for those who wanted a snack. A professional photographer was also on hand to take pictures of those couples who wanted a remembrance of the night. The evening's highlight was the ammouncement of the 1985 Snowball Queen. Nominees for queen were **Christine Dennis, Stephanie Graham, Kelli Hawkins, Suzann Pray,** and **Debbie Theriault. Christine Dennis** was crowned by last year's queen **April Alvarez.** The formal's success was due to the dedication of **Susie Kuzmich** and her committee and because of their hard work this evening will always be remembered.

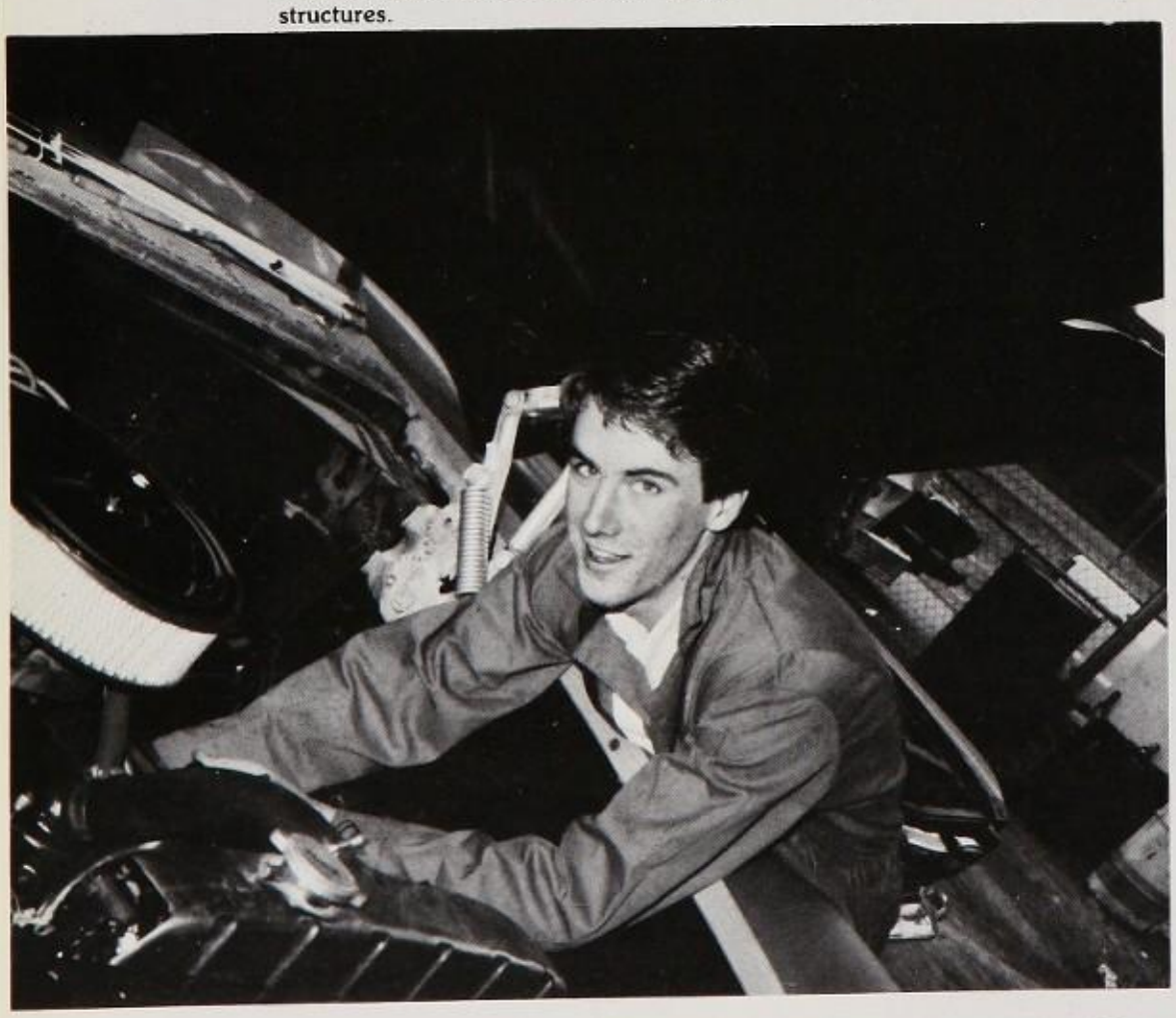
Taking a short break, **Cindi Poe** relaxes in the company of friends. As she turns to greet someone who just arrived, her favorite song begins and she's off to the dance floor.

R.O.P. Works Overtime

In Mr. Ellis' drafting class, **Paul Crandall** and **Joe Vaca** work on their projects and layouts. Learning the skills used in drafting and making blueprints allows them to create their own original designs for homes, office buildings, or other structures.



Learning skills to last a lifetime, **Melanie Wood** and **Jeff Overstreet** work in t word processing lab. With the aid of teacher, Miss Smallfield, students learn operate the computers and Apple Writers.



Putting the finishing touches on his engine, **Jeff Hubert** smiles with pride for a job well done. Jeff spends endless hours on his car to achieve a state of perfection; it shows in the quality workmanship and ability he possesses.

After completing her sketch, **Lisa Jones** adds color to make the picture comp Lisa has received the Bank of America award for art, to mention only one o many achievements.

New Royalty Starts Reign

On March 1, 1985 apprentices and journeymen gathered in the gym to see the crowning of the freshman and sophomore King and Queen of the Sweetheart Dance. While the D. J. from KNAC took a break, the emcee for the evening took over for the coronation. Proudly, **David Alvarez** and **Ann Marie Hagmann** were titled Sophomore King and Queen, while freshmen, **Erik Prussel** and **Janie Kurtella** were also crowned. The evening was filled with fun as everyone danced to a variety of favorite and popular music. For the freshmen royalty, Eric and Janie, this was a new and exciting experience filled with anxiety. For sophomores David and Ann Marie, the crowning was a familiar occasion for they were King and Queen last year as well. New or old the feeling of excitment was still the same. Other freshmen nominees were **Aimee Lewis, Dana Rosenfeld, Heather Heyer, Brande Shields, Royal Reed, Damon Davidson, Brett Pagett** and **J. J. Cisneros.** Other sophomores were, **Dino Syrengelas, Robby Nen, Tommy Foster, Tommy Williamson, Ronna Coutler, Kirsten Shaw, Michelle Schuman,** and **Kim Rodefeld.**

For two consecutive years, **David Alvarez** has reigned as King of the Sweetheart Dance. David is a member of the Show Choir and very successful in it.

Graciously receiving his crown, freshman **Erik Prussel** begins his reign as freshman King of the Sweetheart Dance.

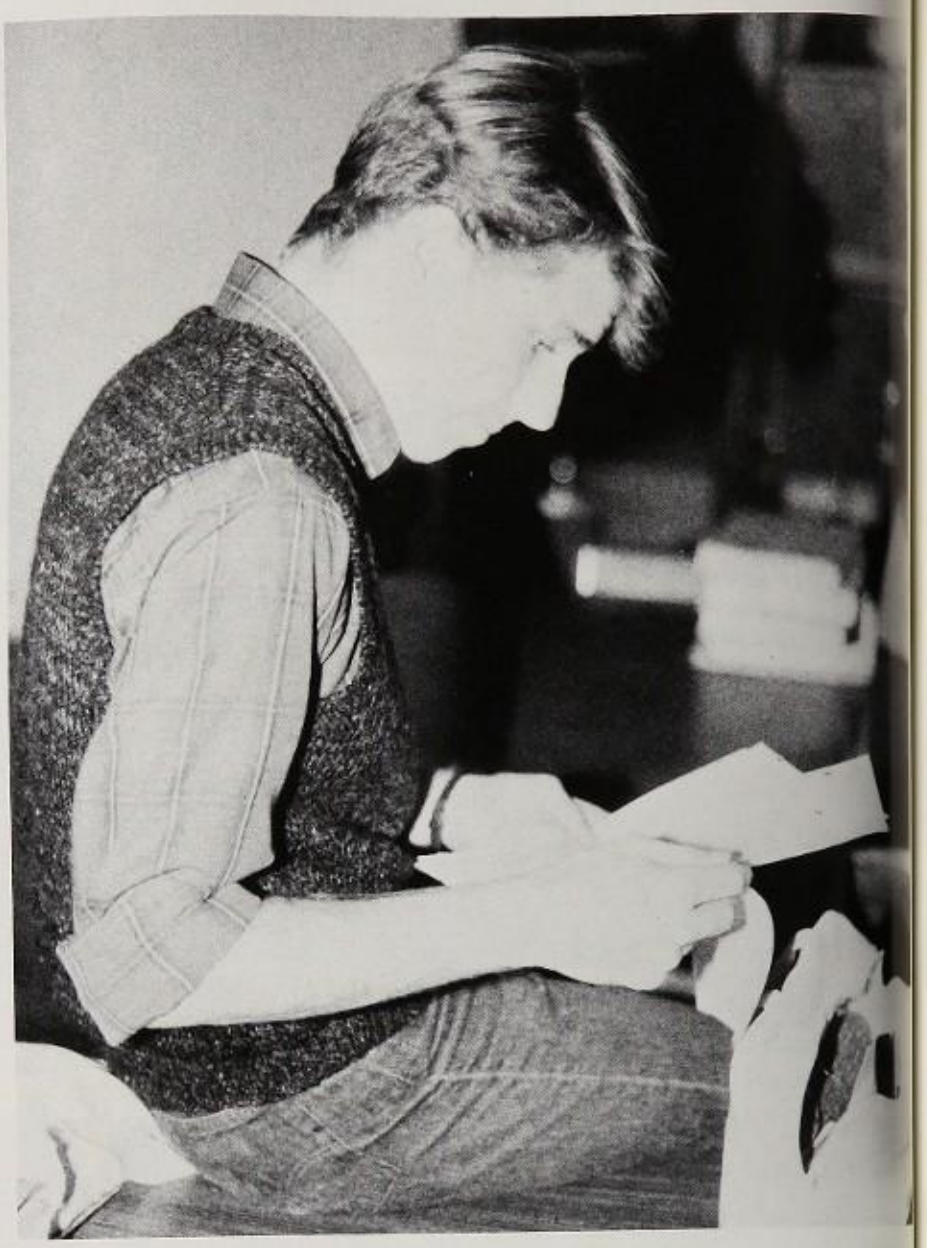
Accepting her crown and bouquet of flowers with grace, freshman Queen **Janie Kurtella** sweeps the freshman class off their feet with her warmhearted and sincere smile.

Brian Sandoval and **Kellie Moore** buy their tickets as they anxiously wait for the beginning of this year's Sweetheart Dance. **Tim Fatone,** another eager sophomore, wants to get inside so he doesn't miss the crowning of this year's court.

Town Speakers Collect Royalties at Tourney

The Speech Team provided the opportunity for students of all ages to learn how to communicate in public speaking. The advisors **Mr. Atherton** and **Mrs. Sizemore** helped the team members prepare for their Saturday competitions. Los Al was a part of the Orange County Speech League, which in turn was part of the National Forensic League. The students competed in two categories, novice and varsity. The varsity students had the chance to judge the quality of a novice's presentation. As a novice, a student could move up to the higher competition level of varsity during a tournament if he was qualified in a certain area. Such categories included student congress, impromptu, original oratory, original advocacy, humorous interpretation, dramatic interpretation, and original prose and poetry. Many team members rehearsed not only at home but also during lunch in front of an audience. The Speech Team also participated in the Lion's Club Competition and the Rotary Speech Tournament. In these various competitions, the students brought home a great number of awards and trophies during the season.

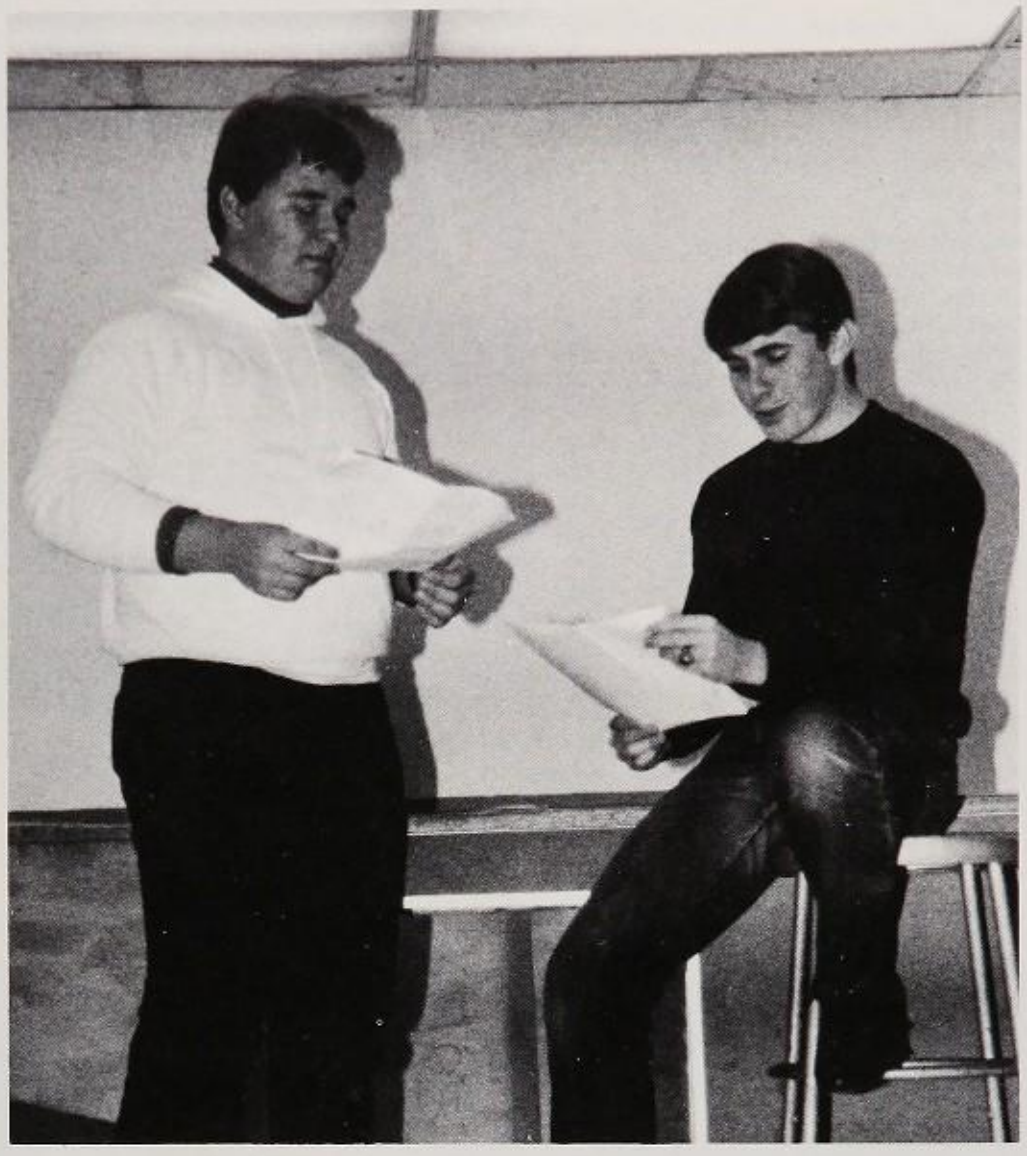
Juniors, **Malcolm Wolmack** and **Kent Nordstrom,** get together to critique the different speeches after their competition at U.S.C.



Avid speech team member, **John Paul LeBouff,** runs over his oration before appearing before the class. John Paul and other members spend many weekends at competitions performing their speeches in hopes of winning the judges' ears.

Speech Team: Front Row — Malcolm Womack, Kent Nordstrom, Gene Sollows **Second Row —** Janet Lee, Mike Chen, Tam Ta, Robert Rhyu, D Fiebert, Corrine Haskins, Grace Wang, Darolyn Hamada, David Maher, Ms. Sizemore **Third Row —** Mr. Atherton, Lara Listavich, David Sohn, E Langsam, Holly Vineyard, Kenny Hayashida, Matt McSheehy, John Paul LeBouf, Erin Raccah, Scott Raber, John Espinoza **Fourth Row —** Carole Sh Allison Pohlman, Robert Book, Brad Rawls, Steve Swagel, Dre Lamoureux.

Standing under the all-mighty Trojan between rounds of their USC tournament, **Kent Nordstrom, Malcolm Wolmack, Elisa Langsam, Didi Fiebert, Grace Wang, Erin Raccah,** and **Robert Book** enjoy the freedom found on a college campus.



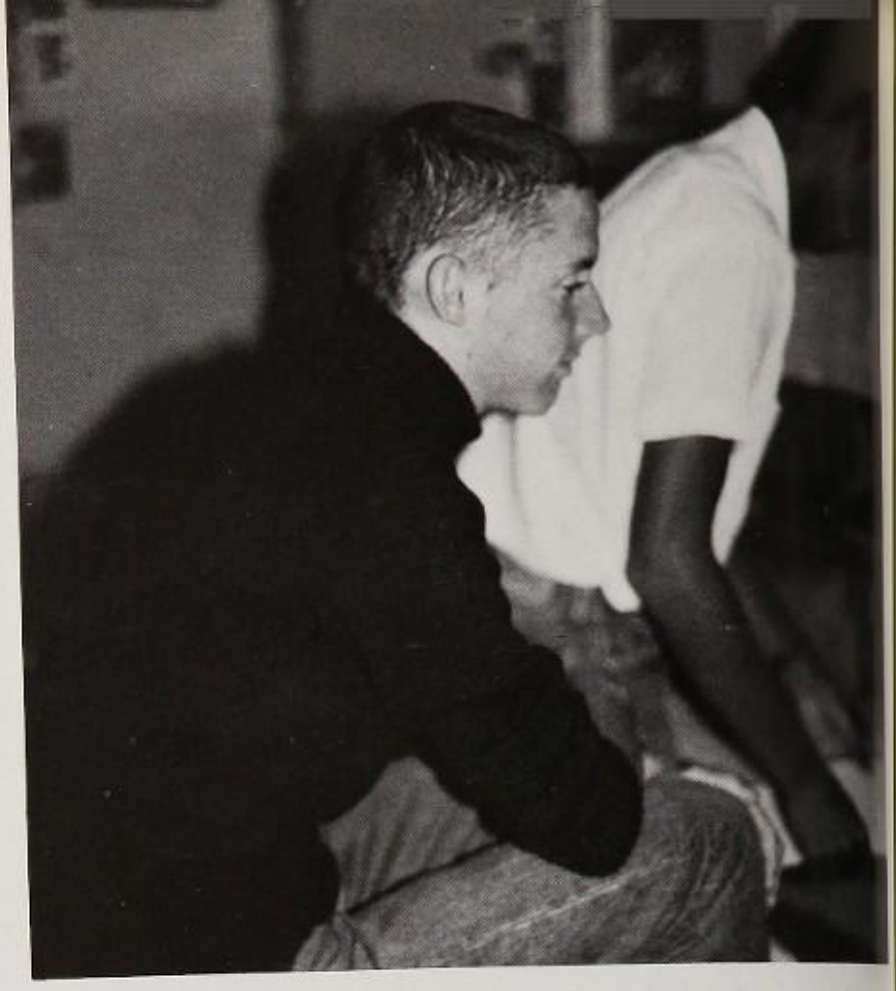
An important step to reaching the perfect speech is constructive criticism. Freshman, **Chris Spoden** realizes that the wise words of **Malcolm Wolmack** will do nothing but perfect his speech for the upcoming speech competition.

After a competitive morning session, full of butterflies and fun, **Elisa Langsam,** alumni **Ron Scanlon** and **Phil Wyles, Grace Wang** and **Erin Raccah,** get together for their long awaited lunch breach. Most of their time is spent sharing both old and new happenings and bragging about the exciting school life they lead.

Griffins Make Top Headlines

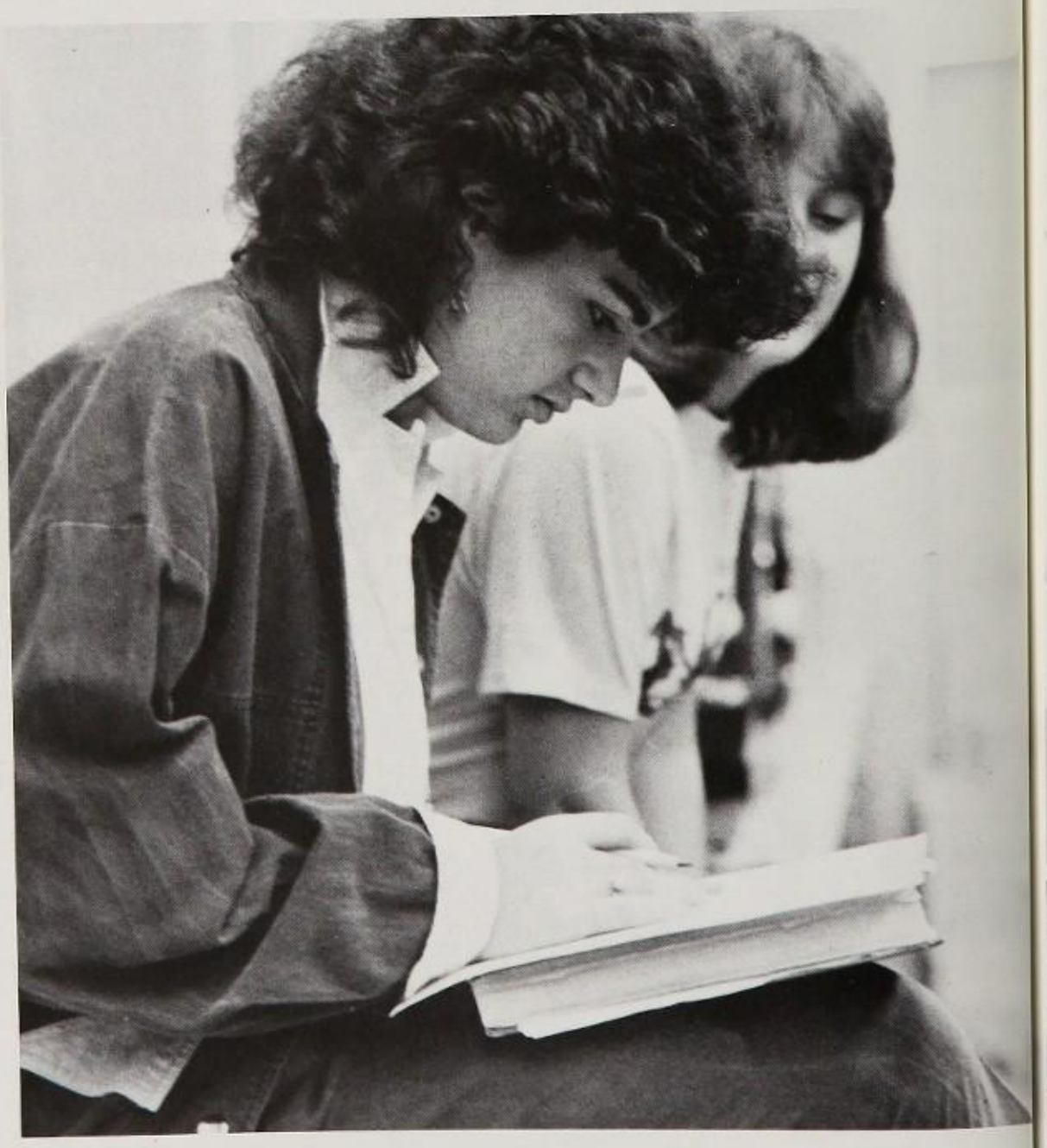
Among the organizations on campus is the staff of the school newspaper, the **Crusader.** This association promotes the development of journalism skills among all students interested in this area.

The **Crusader** staff is often seen on campus collecting information and interesting data to include in their columns. Their publication comes out monthly and is of major interest to our students. It is continually full of absorbing articles and fiery editorials. Using many of the faculty members and students as their subjects, the **Crusader** staff produces many captivating interviews. Posting a monthly calendar, the paper helps students to keep track of all important upcoming events. Announcing many honorable students, the **Crusader** also recognizes each selection for student of the month. All elements of our newspaper are interesting, but perhaps the most popular and looked-forward-to articles are those pertaining to the mighty Los Al Griffins sports teams.



Supervising the typing up of the final copy of his editorial section, **Mike Egan,** **Crusader** editor, takes a few minutes from his hectic schedule to relax. Mike's contribution to the newspaper is invaluable.

Shuffling through her file for a back edition of the **Crusader,** Mrs. Wilson instructs one of her staff members on professional aspects of journalism.



Frowning over a rough story assignment, **Crusader** staff member **Michelle Levitt** mentally searches for appropriate expression to use in her column. Michelle is the business manager for the newspaper, and is responsible for the many advertisements.

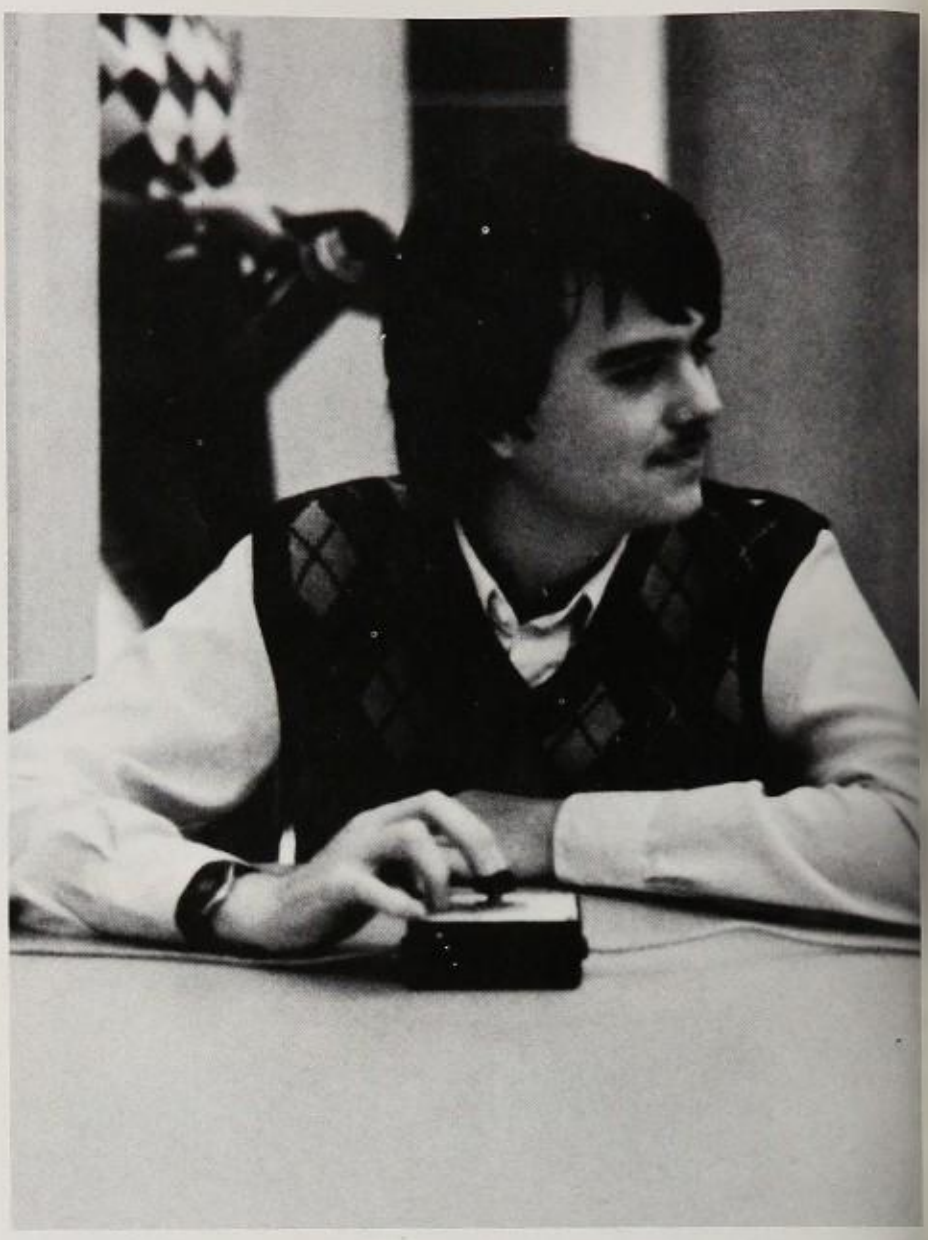
Crusader Editors: Front Row — Kelly Shifflett, Yurika Szabo, Thet Win, Gene Sollows, Mike Egan **Second Row —** Michele Levitt, Mike Chen, Scott Raber, Debra Rattner, Maria Eschenbrenner

CRUSADER STAFF

Editor-in-Chief . . . . . **Michael Egan**
News Editors . . **Debra Rattner, Kelly Shifflett**
Editorial Editors . **Michael Chen, Scott Raber**
Feature Editors . . **Yurika Szabo, Thet Win**
Sports Editors . . . . . **Maria Eschenbrenner, Gene Sollows**
Business Manager . . . . **Michele Levitt**
Photo Editor . . . . . **Glenn Kaneko**
Photographers . . . . . **Mark Bellwood, Ricky Bytel, Julie Schultz**
Reporters . . . **Roberta Abrams, Mark Bellwood, Brad Biringer, Michael Broderick, Ricky Bytel, Stefani Canin, Matt Carter, Jenny Castlen, Brad Cravens, Greg Hecht, Lisa Kaplan, Albert Koong, Devin Last, Lori Leverich, Mike Moore, Sean Murphy, Kent Nordstrom, Eric Peterson, Jon Prussel, Brad Rawls, Robert Rhyu, Trey Sandusky, Juli Schultz, David Sohn, Rose Anna Torres**
Cartoonists . . . . . **Tom Bancroft, Tony Bancroft, Don Moore, David Sohn**
Advisor . . . . . **Kathy Wilson**

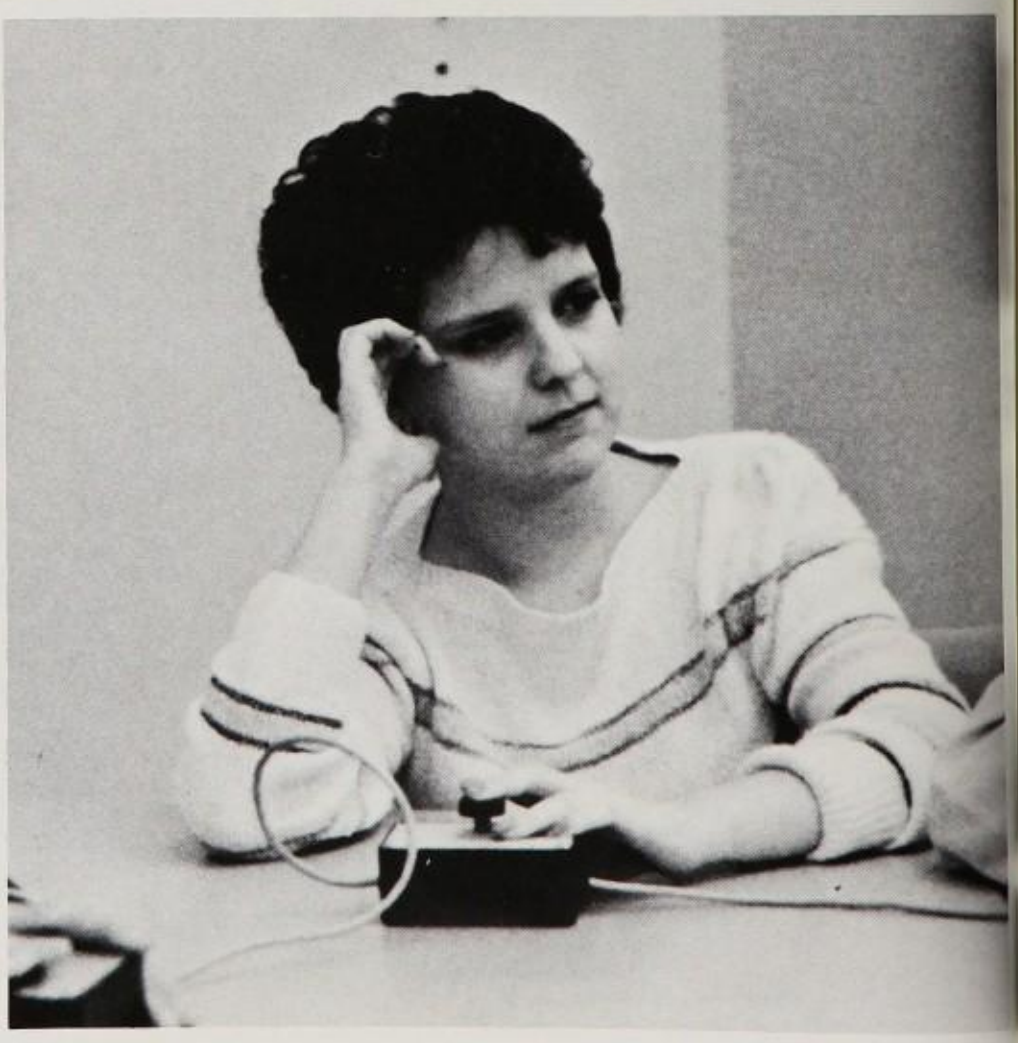
News Editor **Debra Rattner** and Feature Editor **Thet Win** exchange wit as they review the assignments for their next issue.

As a leading photographer on campus, **Glen Kaneko** lends his talent to both the **Cottonwood** and the **Crusader.** Being **Crusader** Photography Editor takes much of his free time.



Waiting intensely for the next trivia question of the Kiwanis Bowl, junior **Peter Wilson** anticipates the category of the question. Peter is one of the most accurate members of Los Al's Kiwanis team.

Waiting for the end of the question, **Jim Oberacker** is ready to press the buzzer to indicate that he knows the answer. The key asset to the game is to be quick enough to answer the questions first.



Senior member of the Kiwanis team, **Shawn Duzich** brainstorms to come up with the correct answer to the trivia question during the Kiwanis Bowl.

Kiwanis Trivia in Hot Pursuit

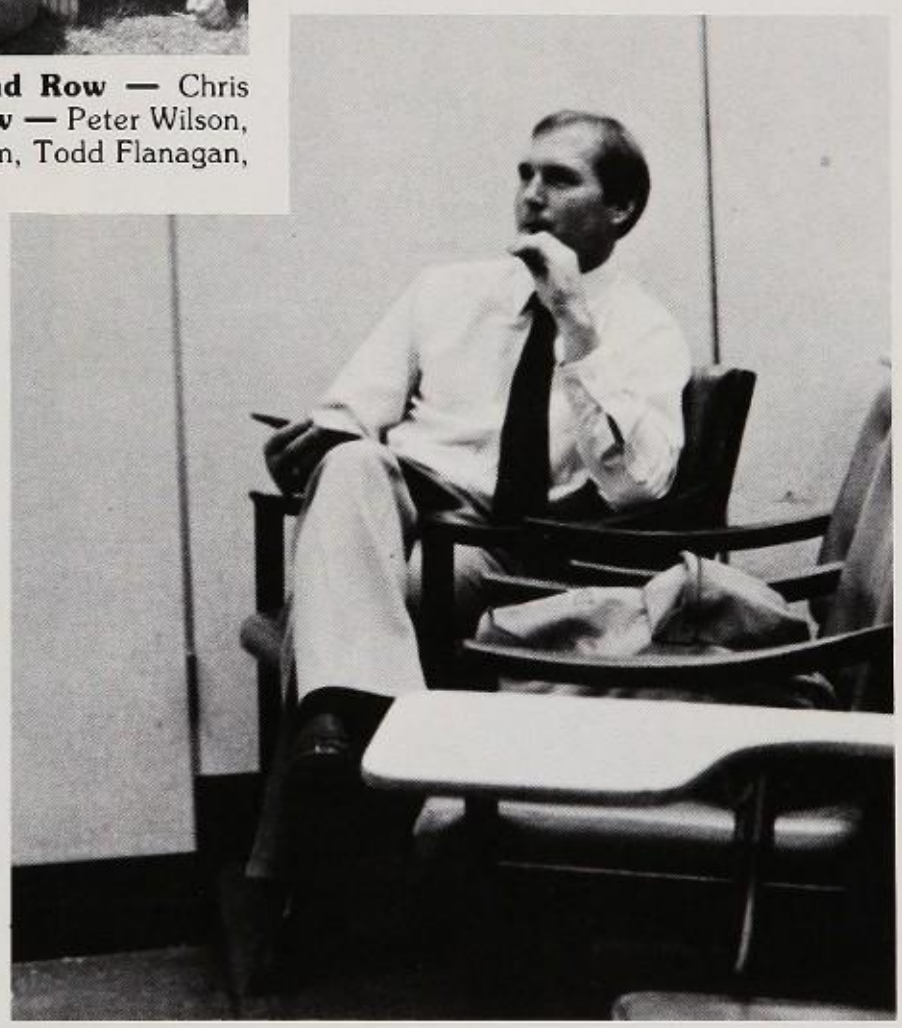
The Kiwanis Team is one of Los Al's "whiz-kid" teams. It combines students for all grades to show their knowledge of academic trivia. The team's goal is to strengthen awareness of the details of the world. Headed by coach Mr. Cross, the team was a consistent winner in numerous competitions.

The highlight of the year was the Kiwanis Bowl featuring Los Al's very own Kiwanis Team. They prepared for the Kiwanis Bowl, held on March 12, by challenging the faculty to a competition. Other competitions that the team participated in included the Servite competition and the Edison competition. In both competitions our team placed third. The Los Alamitos Kiwanis team had one of the best seasons ever.

Kiwanis Team: Front Row — Thomas Kim, Russ Wolf **Second Row —** Chris Vesper, Jeff Palk, J. P. LaBouff, Jeff Harmon, Eric Itakura **Third Row —** Peter Wilson, Michael Fogarty, Michael Dawson, Kenny Hayashida, Kent Nordstrom, Todd Flanagan, Roberta Abrams

he faculty combines their knowledge to come up with the answer to the question iven by emcee, **Mr. Hauenstein.** The faculty is challenged heavily by the Kiwanis eam who will win the match in the end.

reparing themselves for the next question, the Kiwanis team is happy about their inning lead over the faculty. The team practices hard for each competition by hav- g scrimmages against other schools and the faculty.



Advisor of the Kiwanis team **Jim Cross** looks on as his talented group battles their opponents, the faculty, in the Kiwanis Bowl. The team perfects their skills by writing their own trivia questions.

GAMES

A member of the Girls' Varsity Tennis Team, **Chiki Aurang,** above, watches her opponent's serve in order to anticipate the play.

After many hours of practice the Frosh/Soph Football Team, above right, is prepared to face the opposing team with confidence.

Reaching out in the bump position, **Laurie Navarro** stands ready to volley the ball acro the net. The technique which Laurie utilizes allows her to aid the Girls' Varsity Volleyb Team in winning the match.

TO THE GREATEST GIRL IN THE UNIVERSE

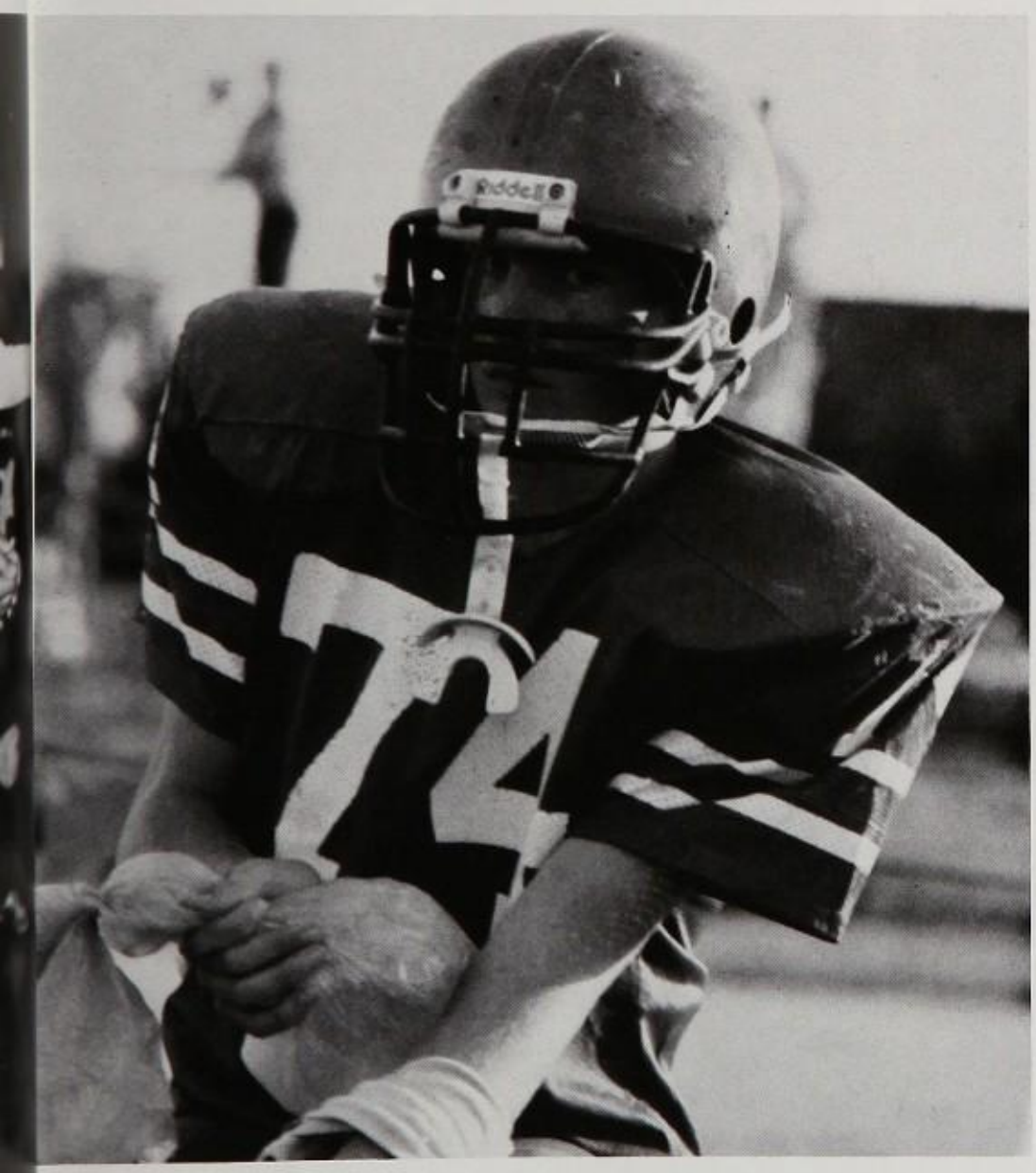
CYPRESS

1 ↑ ↑ ↑ ↑

so much for being a stupid FRESHMEN

THOMPSON TWINS

I LOVE



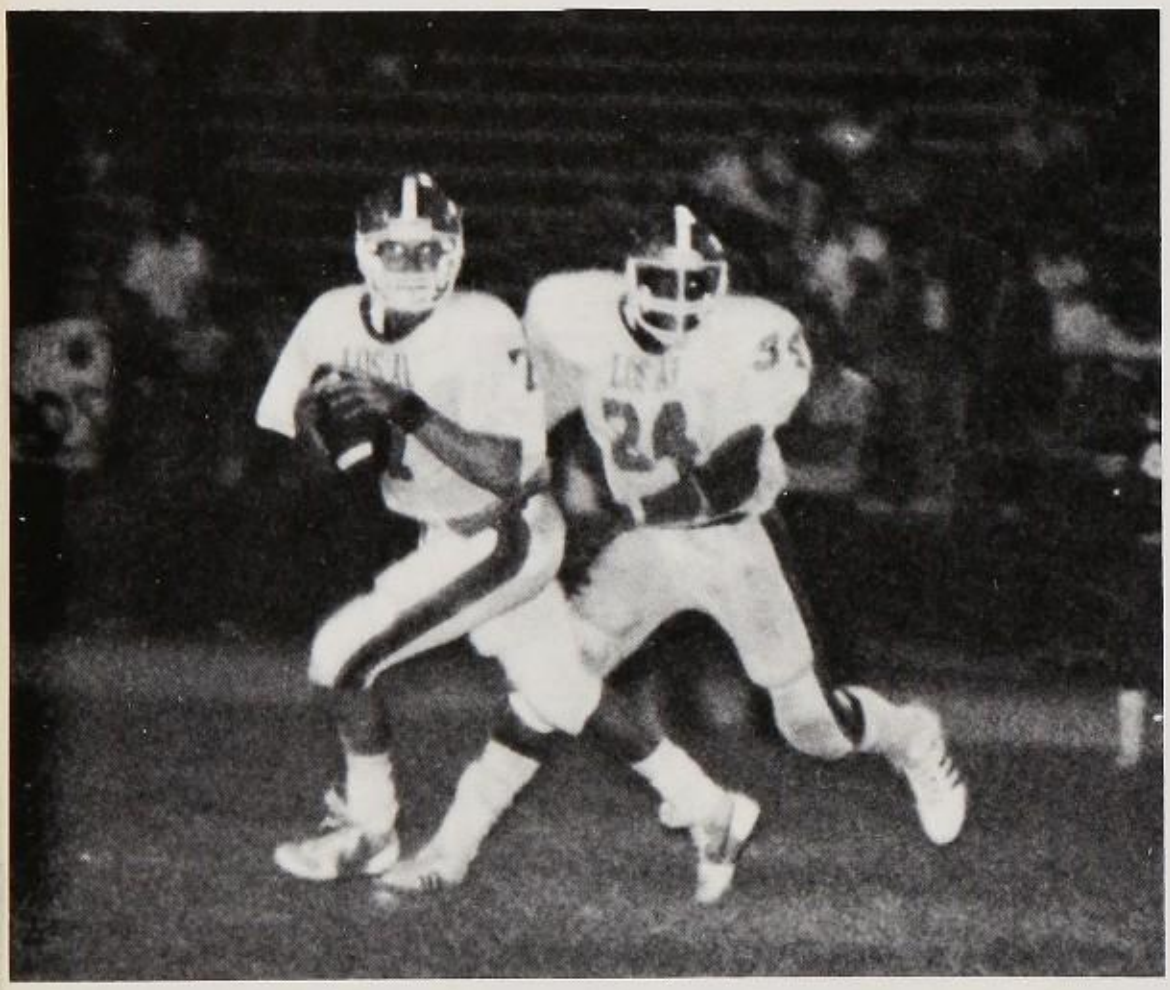
Whenever a person is involved in a sport he or she is always aware of the possibility of being injured. **Brian Southworth** nurses a twisted arm with an ice pack after giving his best to Los Al on the field.

Los Al boasts one of the most outstanding water polo teams in the Empire League. With a look of determination, team member, **John Wimbish** concentrates on winning the game.

HA HA I

VARSITY FOOTBALL

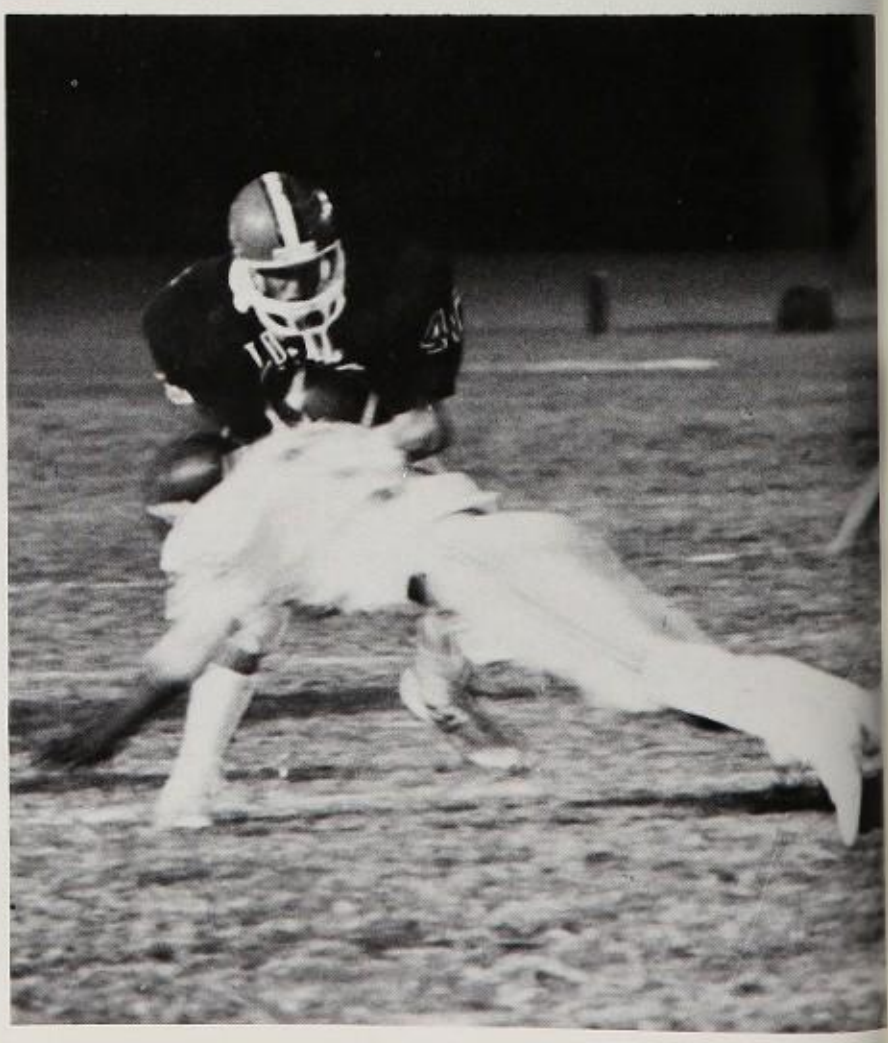
7	LA vs. Los Amigos	3
17	LA vs. St. Anthony	0
0	LA vs. Costa Mesa	0
0	LA vs. Esperanza	37
24	LA vs. Cypress	6
24	LA vs. Kennedy	14
6	LA vs. Pacifica	13
28	LA vs. Katella	12
14	LA vs. El Dorado	11
14	LA vs. Loara	3
14	LA vs. El Toro	35



Bruce Dehoog, Los Al's superb quarterback fades back to pass against Loara, while **Bruce McMorris** protects his teammate valiantly. The two Bruces have been leading team members on the Varsity Football Team for the past two years of tough competition.

With tremendous amount of gratification, **Paul Park** excels as one of Los Al's finest kickers. Following beside, **David DePina,** defensive end holds back the oncoming players. Team effort is the basis for Griffin success.

Ready to take on the opponent and with a positive attitude to win, senior **Rick Nen** playing defensive back puts outstanding effort into Los Al's strategic season.

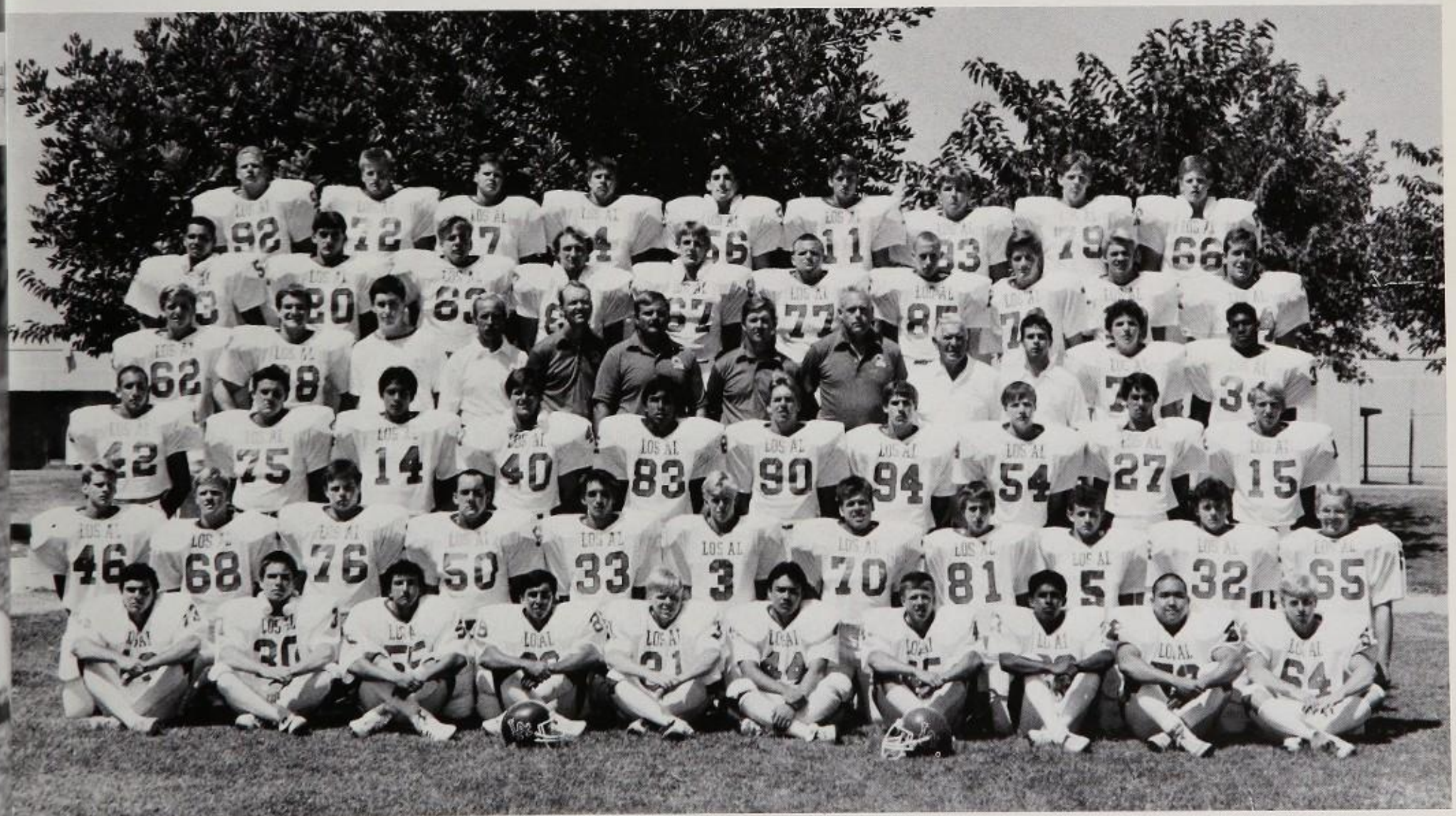


Hard hitting and quick moves bring the varsity team to another victory. Senior **Kurt Rippelmeyer,** with a look of anxiety, manueuvers around Katella's offense after one of his big interceptions. Kurt is a premier defensive back.

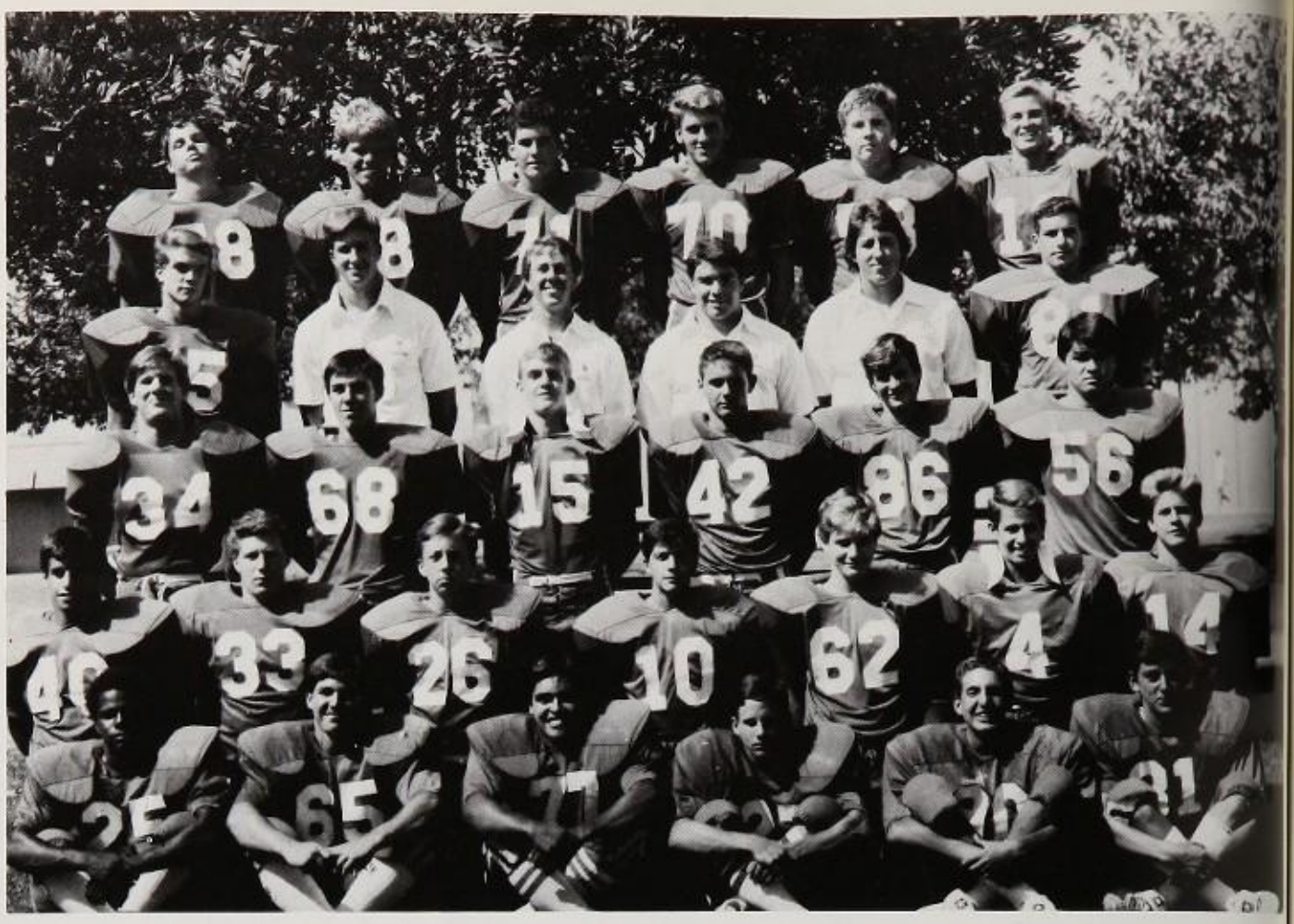
Gladiators Vie for C.I.F. Battle

The 1984-1985 Varsity Football Team had all of what it takes to be one of the best, and complete a successful season. The team seemed to be one large family, and proved to be a complete unit. They held their pride and team spirit high even after a slight downfall. The Griffins always carried out their fortitude and proceeded to perform with great confidence. Congratulations went to the team for making it to the C.I.F. playoffs for the first time in six years. Each and every player put diligent effort into every battle. Rewarding events only came from hours of practice and dedication. The student body, faculty, and supportive crowds were some of Los Al's most important ingredients to a winning season. This will never be forgotten throughout all the highly competitive years.

Running for another touchdown, junior **Don Dubry** breaks through Katella's defense with determination. The Griffin's victorious outcome in the game brought them to a five win, two loss and one tie standing. Team dedication and pride holds many more victories for Los Al's 1984 season.



Varsity Football: Front Row — Robbie Katzaroff, Derrick Napoles, Ken Cross, Rod Salas, William Libby, Gerry LeDoux, Scott Welsh, George Velasco, Albert Chang, Brad Biringer **Second Row** — Neil Sorensen, Corey Quinn, Martin Wolf, Dave Chapman, Pat Brown, Chris Bingham, Jon Cruz, Mark Johnston, Brian Sweet, Ed Lyon, Joe Coulter **Third Row** — Sean Conboy, Ron Sittler, Rick Morgan, Kurt Rippelmeyer, Robert Trice, John Logan, Kevin Jeanotte, Lawrence Wolf, Craig Wilkerson, Bill Swanson **Fourth Row** — Mike Baker, Chris Theodore, Franklin Ponte, Stan Kaufman, Tim Castles, Coach Steve Bowers, Head Coach John Barnes, Coach Frank Doretti, Tim Randall, Tony Decker, Tim Snow, Bruce McMorris **Fifth Row** — David DePina, Rick Nen, Pete Laughlin, Chad Kemp, Jared Hjelmstad, Chris Rose, Craig Grennon, Brian Molles, Paul Park, Jack Fisher **Sixth Row** — Don Dubry, Matt Deming, Bruce DeHoog, J. T. Snow, Marc Trachtman, Randy Hacker, Sean Murphy, Tom Allison, Jim Howard



Sophomore Football: First Row — Lenny Fontanez, Scott Crenshaw, Billy Salas, Mike Demato, Bobby Lee, Nick Gianformaggio **Second Row —** Mike Cole, David Combs, Phil Pinto, Dino Syrengelos, Herbie Theodore, Brian Sandaval, Mike Mullaney **Third Row —** Bobby Beardmore, Dan VanWinkle, Brett Miner, Lance Sparkman, Ken Montgomery, Mike Hotstein **Fourth Row —** Dave Hughes, Coach Russ Wendell, Coach Jeff Nicks, Coach Robert Brakke, Coach Lockhart, Matt McCabe **Fifth Row —** Greg Kuhn, Mike Rogers, Eric Kramer, Rob Rubinkan, Steve Wood, Tom Williamson

Los Al's team have always been known for their running games. This team is no exception to that rule. **Lenny Fontanez,** a quick and powerful running back, gains many yards per game, including twenty yards on this fourth down draw play.

Griffin teams have always been known to be well prepared for upcoming games. Before each game Griffins' **Coach Lockhart** rallies his team and tells his players, **Ken Montgomery, Scott Crenshaw, Steve Wood, Herbie Theodore,** and **Tom Williamson,** the game strategy.

Tom Williamson, sophomore quarterback, is an instrumental part in t sophomore Griffin successes. Before each game Tom readies himself for t tough competition ahead.

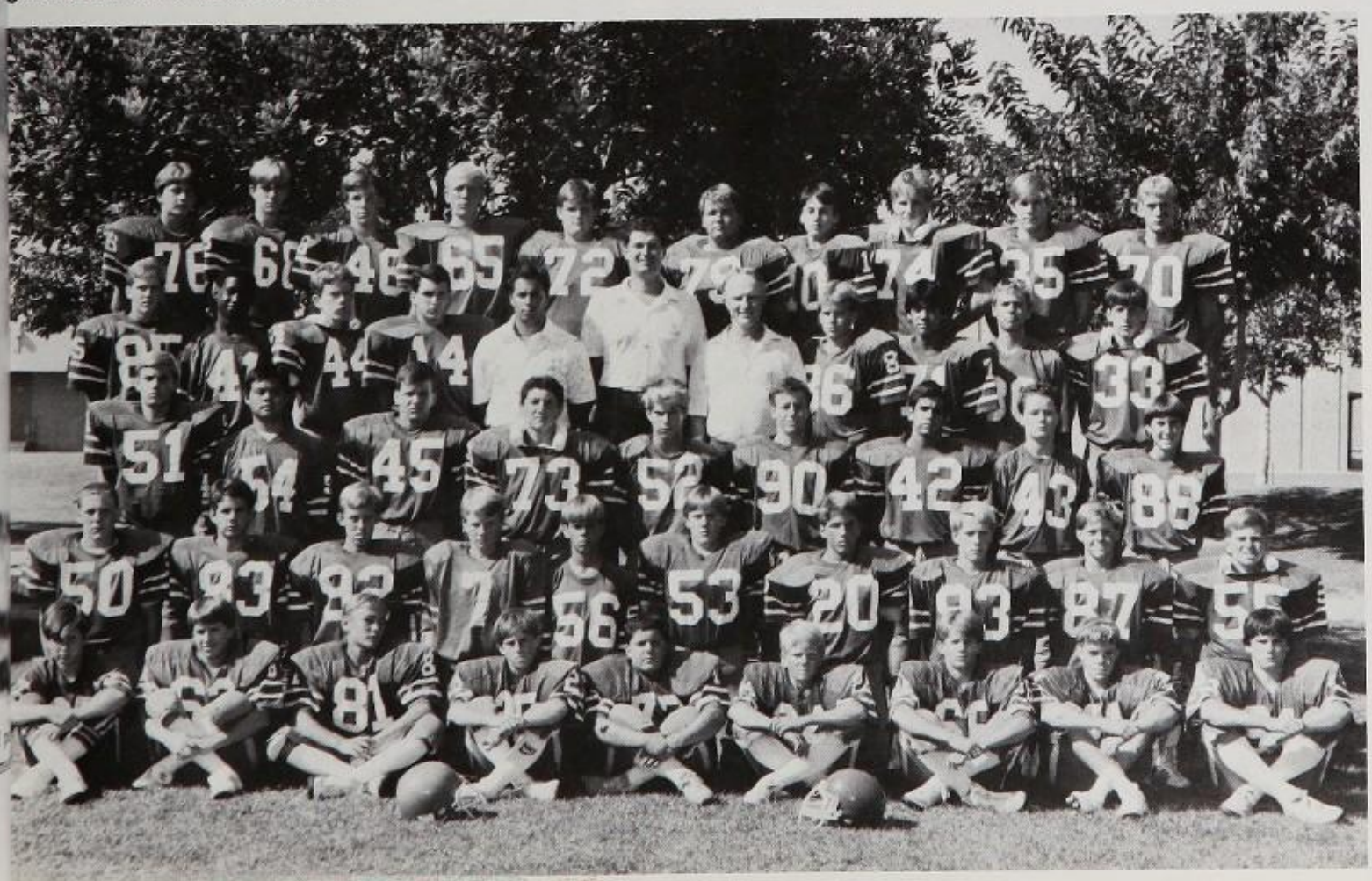
Men Triumph Over Rivals

The Freshman and Sophomore Football Team seasons were one of surprise and optimism. The freshman unit ended the year with its best record ever, six, three, and one, while the sophomore team ended its schedule with a three-seven record for the year. These solid seasons were attributed to players' hopes of one day becoming varsity starters, and the superb condition our athletes are in, due to the strenuous workouts and conditioning programs that they go through during the long and tortuous football season.

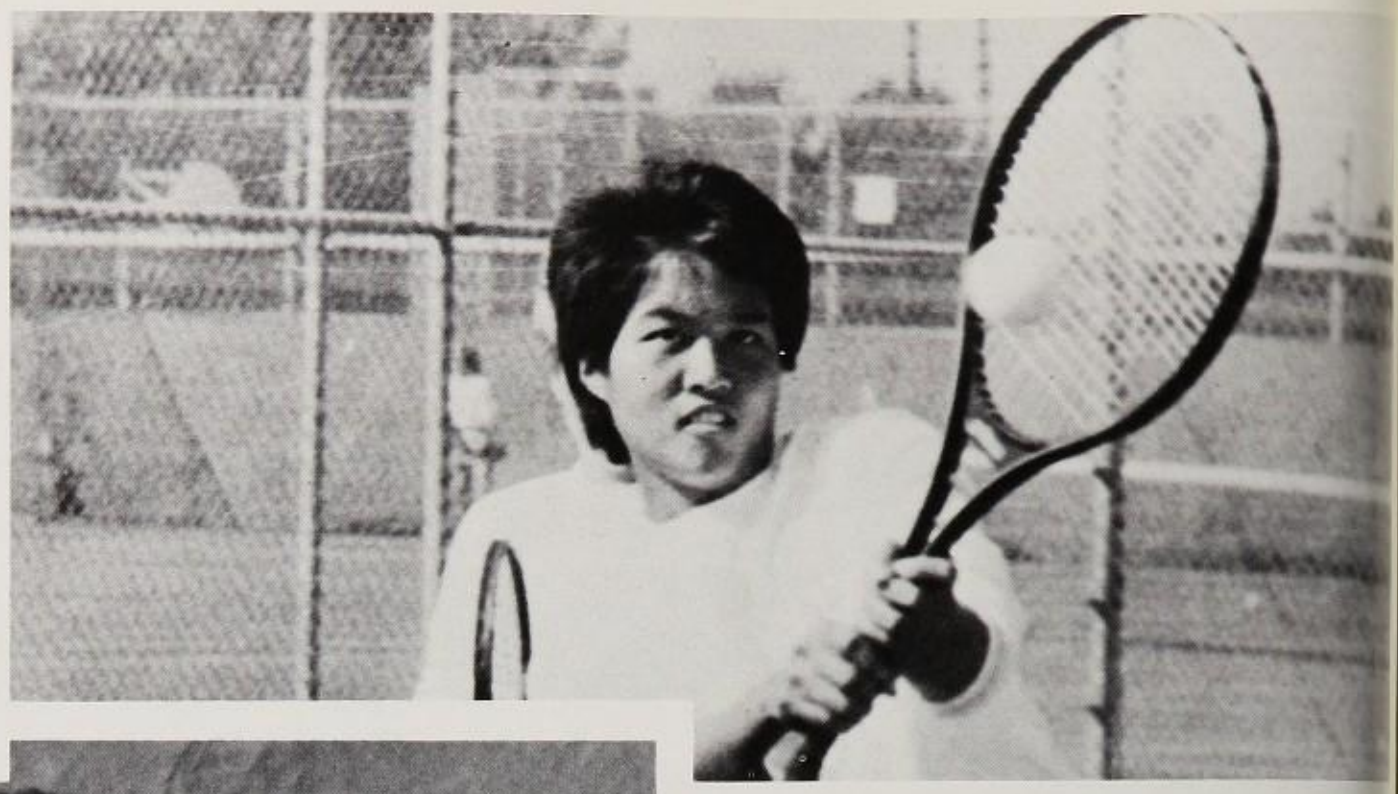
Quarterback **Mike Johnson,** of the Freshman Football Team, prepares to lead the mighty Griffin offense to another long scoring drive. This will take extreme skill and understanding of the intricate team offense, as developed by Freshman Football Head Coach, Ron Lung. If these plans are carried out to perfection, the Griffins will surely come out of this ball game with a big victory.

Jim Laughlin, Los Al's exciting running back, outmanuevers the defender and breaks through for extra yardage. He single-handedly brings Loara to their knees in this thrilling game between two cross-town rivals.

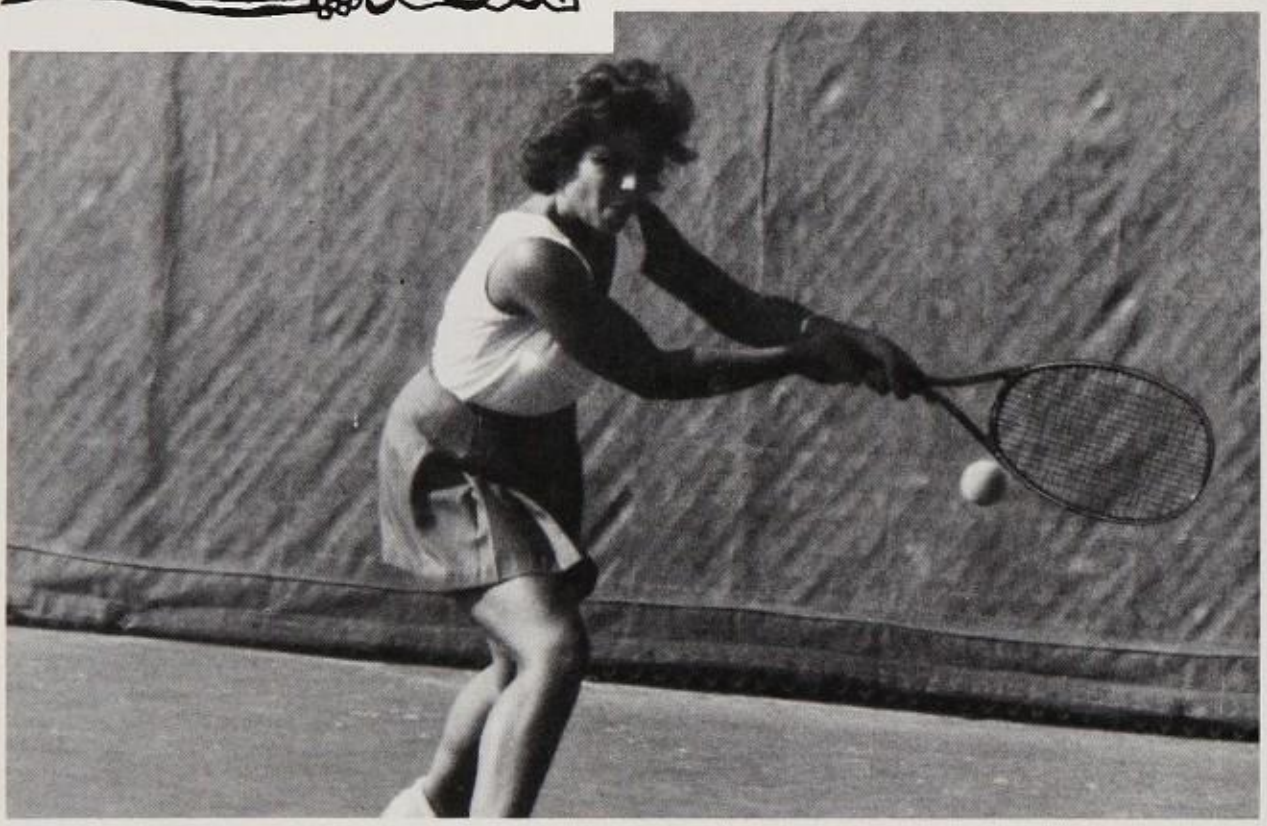
Being a Griffin requires an extreme amount of courage and dedication. Injured, **Mike Castarena,** freshman football member, cheers proudly, as he watches the Los Al Griffins gain a victory, tackling Pacifica with a score of 15-12.



Freshman Football: First Row — Mike Johnson, John Guest, Bob Sylvia, Todd Wilkinson, Paul May, Jeff Barrus, Mark Plattenburg, Eddie Hughes, Rob Brooks **Second Row —** Leon Babbit, Max Moore, Sky DuBourdieu, Pete Scanlon, Sean Loomis, Ken Newsted, Damon Davidson, Mike Casterena, Tim Vigliotti, Dave Richardson **Third Row —** Todd Austin, Jerry Estrada, Jim Laughlin, Bill Emfinger, Bryan Levine, Skip Murray, Jon Cisneros, Chuck Hawley, Jeff Kanow **Fourth Row —** Todd Welsh, Russel Rodgers, Dan Foster, Tony Fusco, Coach Scott Bell, Coach Don Fisher, Head Coach Ron Lung, Jeff Stephers, Marcus Garcia, Sam Hardin, Jason West **Fifth Row —** Gary Dido, Kent Wells, Roger Roadstrom, Peter Kropf, Scott Wilford, Chris Spoden, Paul Reyes, Bryan Southworth, Robert Decker, Jeff Platt

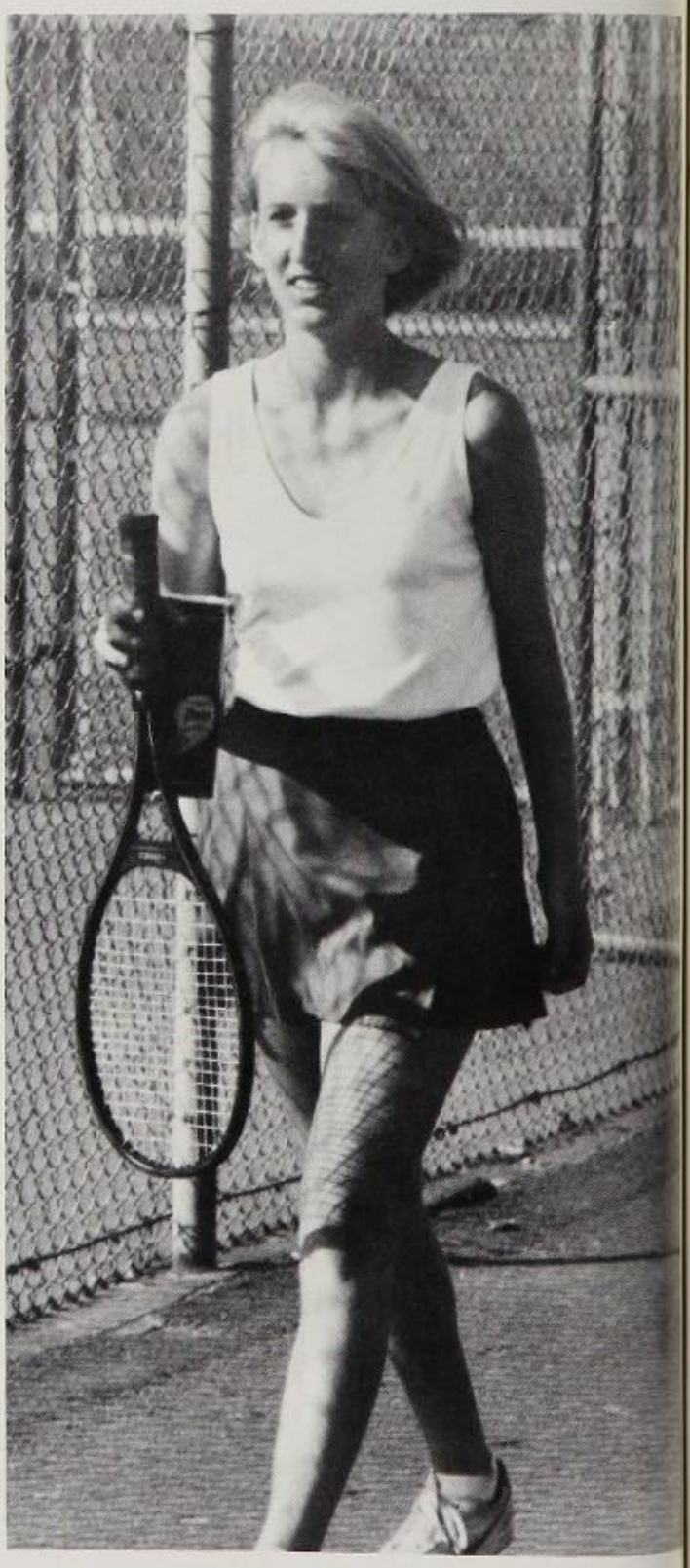


Practice makes Los Al's tennis teams great. **Erica Huang,** a premier tennis player, practices her forehand for an upcoming match against Loara.



Los Al's tennis players are known for their great serve and volley games. **Stephanie Pszyk,** a Women's Varsity player, uses her awesome serve and volley game to defeat an opponent. Stephanie often uses this tactic to win her tennis matches.

Varsity Tennis: First Row — Tammi Wuesthoff, Terri Johnson, Elizabeth Hewitt **Second Row** — Laura Junkerman, Kelli Moore **Third Row** — Coach Ken Parker, Michelle Vergara, Erica Huang, Stephanie Pszyk, Farren Last

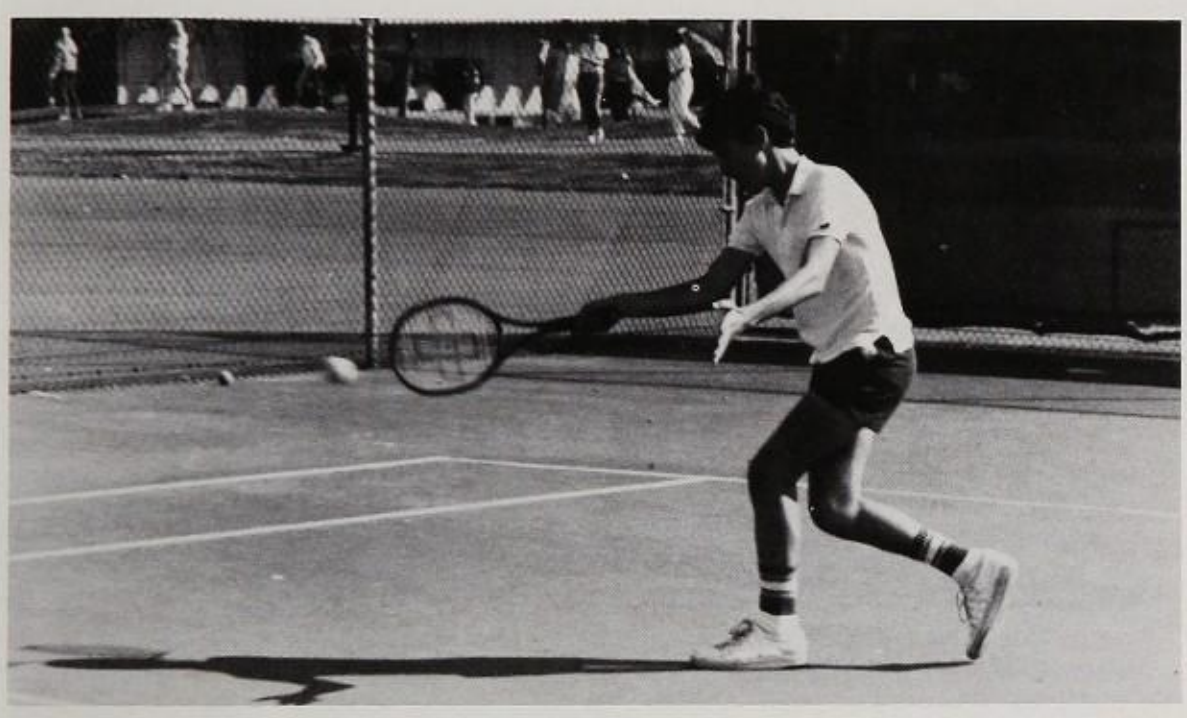


Mental preparation for each game helps the tennis players. **Farren Last** prepares herself mentally for her match while she walks to meet her opponent on the tennis court.

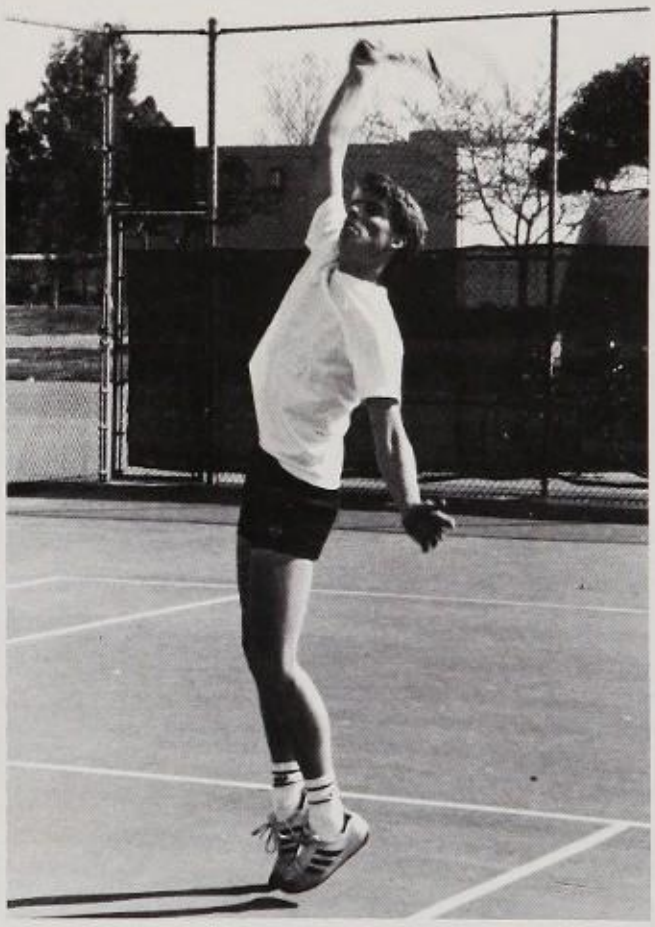
Varsity Tennis: Front Row — Jason Zommick, Gary Sinclair, Eric Arias, Davin Last **Second Row** — James Ken, Bob Leff, Shubert Koong, Darren Smith, Haun Lin, Brett Vail **Third Row** — Matt Bateman, Troy Deutcher, Larry Reinking, Andres Jones, Coach Ken Parker

Griffins Ace Tennis Court

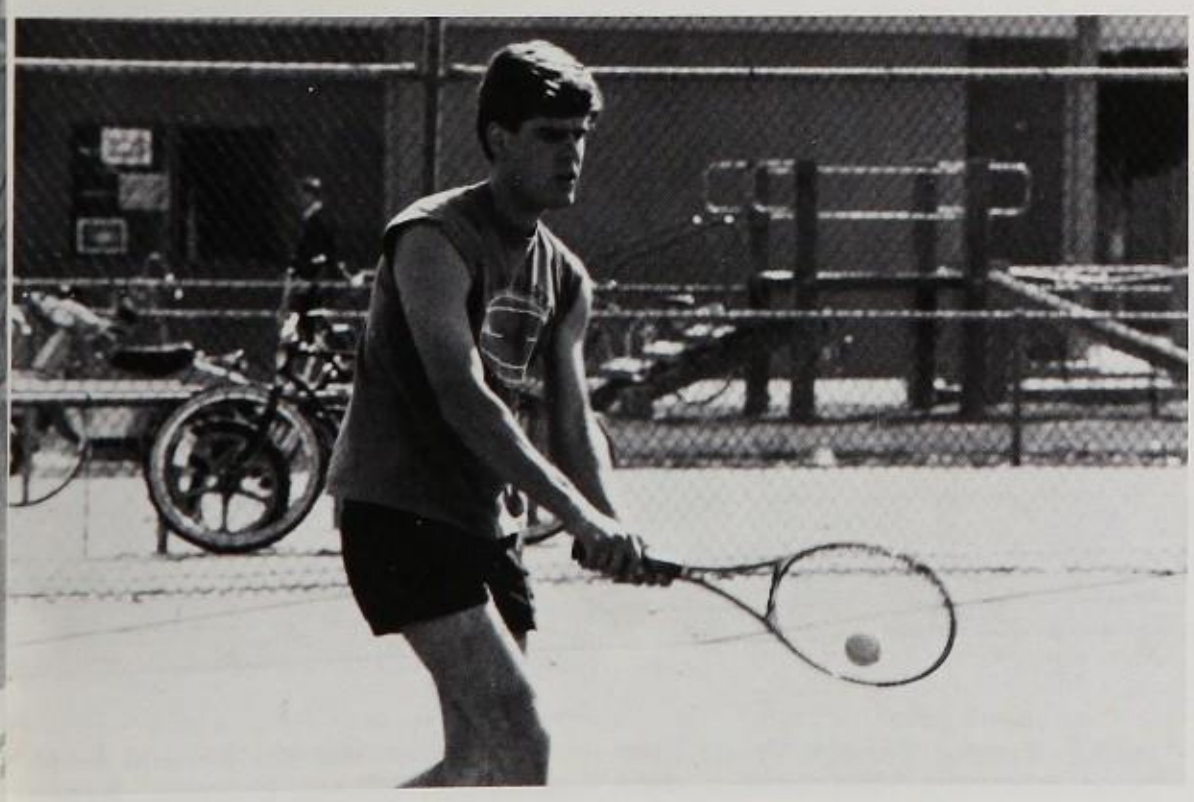
Among Southern California high schools, tennis is a highly competitive sport. Our warm weather encourages many students to take tennis rackets in hand and head for the courts. Following a long tradition of undefeated seasons, the 1985 Griffin Varsity Tennis Team lived up to the expectations set by precedence. Their first game against Kennedy resulted in an overwhelming victory of 25 to 3.



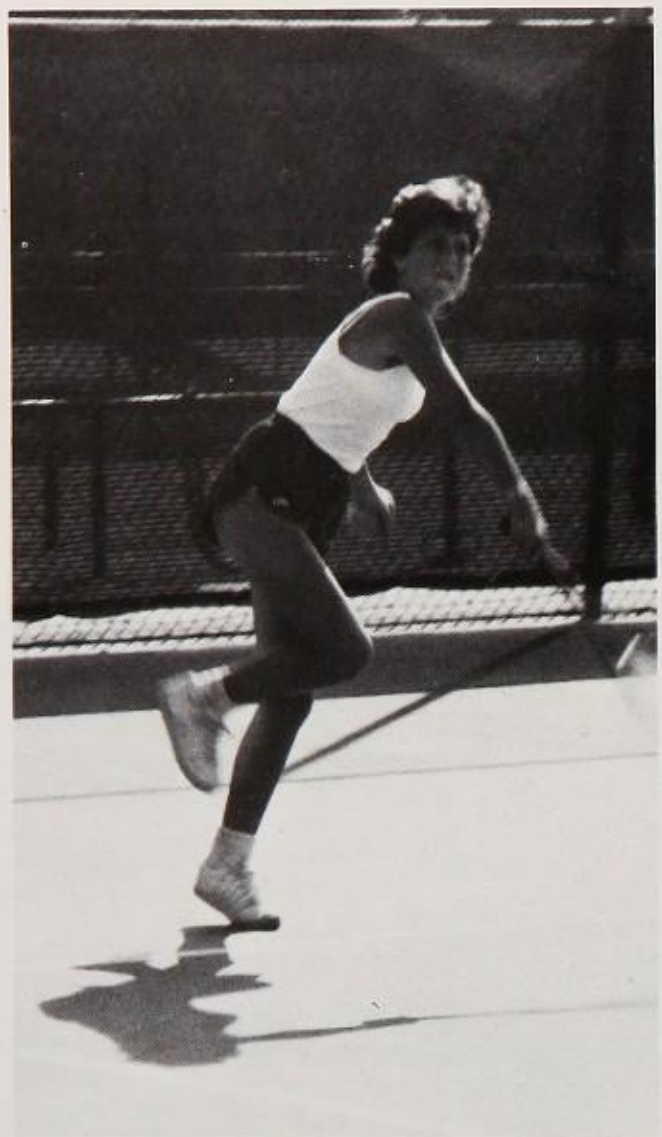
Swinging forcefully at the ball, **Devin Last** tries his best in returning the ball to his opponent. He spends most of his spare time practicing, sometimes hours at a time, to be the finest possible.



Bob Leff is no exception to the Los Al tradition of striving for excellence. He practices hitting his overhead volley shots for the upcoming game.



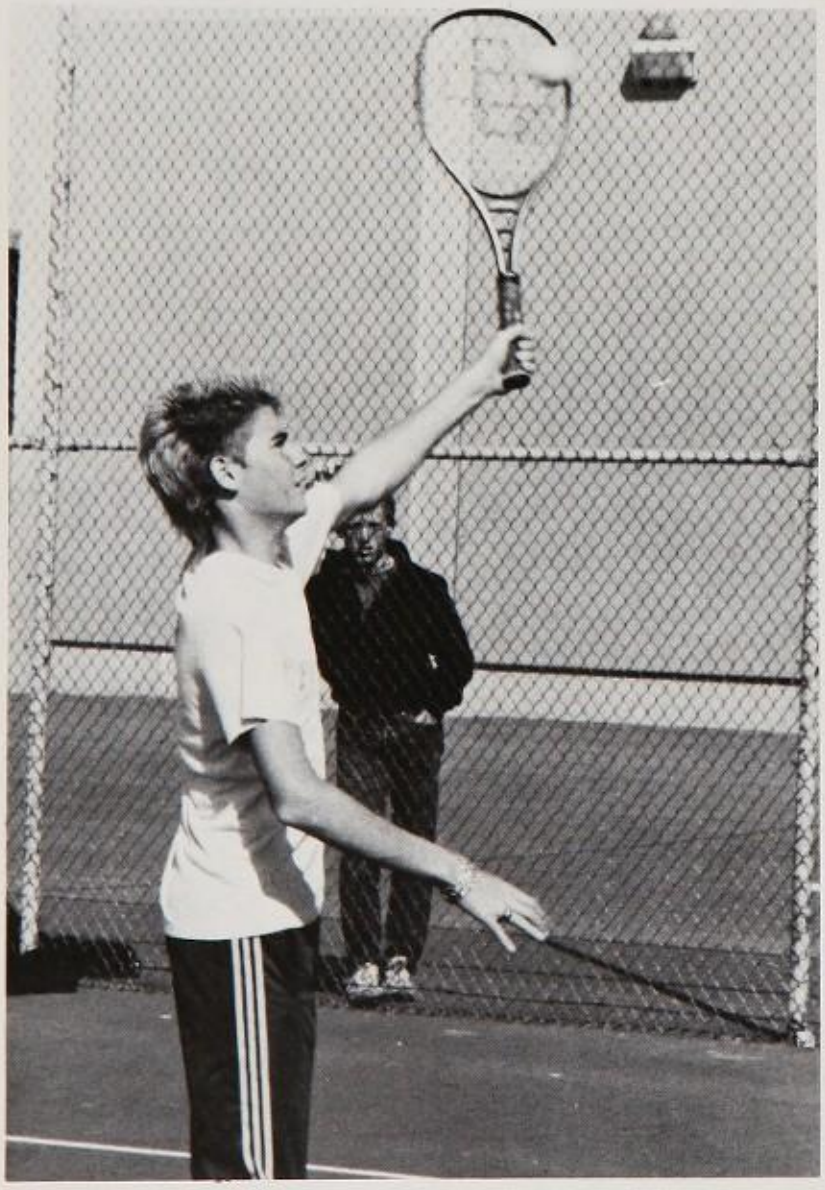
In after school practice, senior **Troy Deutcher** practices his back stroke before his game against a Los Al opponent. The team has not given up a victory in league competition in the past four years.



Deep into the match, **Andrea Bloom** comes through with an ace that blows her opponent away. Now victory is in sight.

Junior Varsity Girls Tennis: Front Row — Erika Scott, Ellen Wilkerson, Joanna Barstow, Kathy MacKay, Melanie Wood, Heather Gergen, Maureen Montroy, Grace Wang, Andrea Bloom, Coach Mrs. Flemming **Second Row —** Vy Pangelinin, Diana Chans, Chiki Aurang, Leanne Parks, Lori Sullinger, Julie Coonta, Lana Wong, Jennifer Hunt, Laura Chee, Sherry Albert, Lisa Spotski, Alison Cook, Lisa Pinkerton, Lara O'Bradavitch

Junior Varsity Tennis Officers: Ellin Wilkerson — Court Sweep; **Melanie Wood —** Captain; **Kathy Mackay —** Equipment Manager; **Maureen Montroy —** Social Director; Not Pictured: Heather Gergen — Co-Captain.

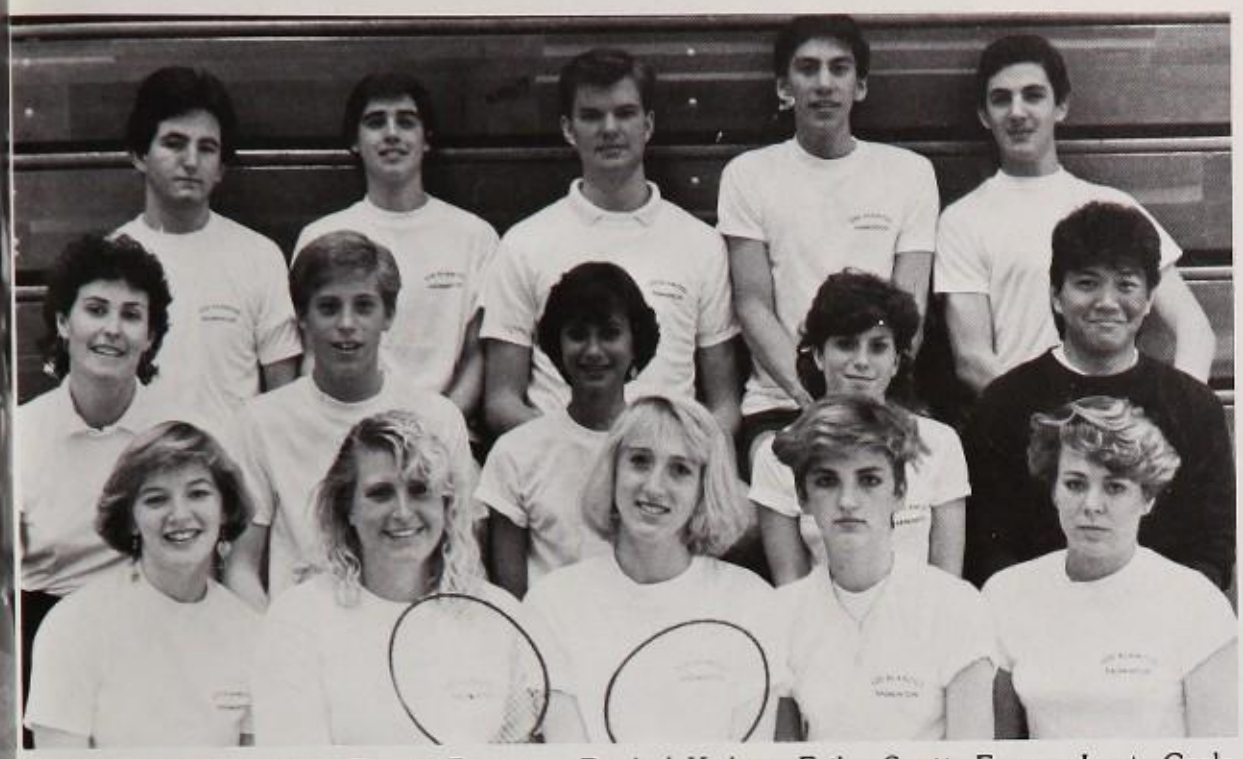


Playing a strong game of tennis is important to **Brett Vail,** a member of the Varsity Tennis Team. He has practiced many hours to perfect his tennis ability both on and off the court.

Junior Varsity Tennis: Front Row — Coach Alex Robonis **Second Row —** David Candiotty, Mike Sandler, John Leibowictz, Anthony Bateman, Ramchan Patriarcha, David Chee, David Chang **Third Row —** Brooke Dampman, Kento Brooks, Mike Chen, Robert Gear, Wei-Chow Chang, Brian Mickler, Jeff Mackowitz Doug Airth **Fourth Row —** Eric Roberts, David Shulten, Danny Pyszk, Mark Reisig David Levy, Tony Tim, Tom Nockold, Rand

Net Teams Play With Tenacity

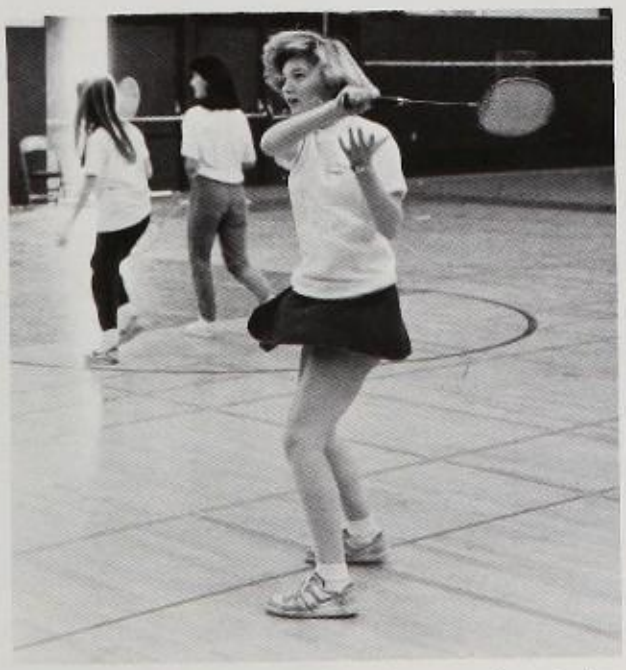
For years Los Al has had a powerful tennis team with no exception this year. The Women's Junior Varsity Tennis team was led by the captain and number one player, **Melanie Wood.** The Men's Junior Varsity Tennis team was led by **David Levy.** Both teams were successful in their league standings. The individuals on each team trained very hard in order to live up to the expectations. In addition to tennis, another raquet sport is badminton. Most of the tennis players carry on their training through participation on the badminton team. Badminton involves special skills of hand-eye coordination, plus upper body strength and speed.



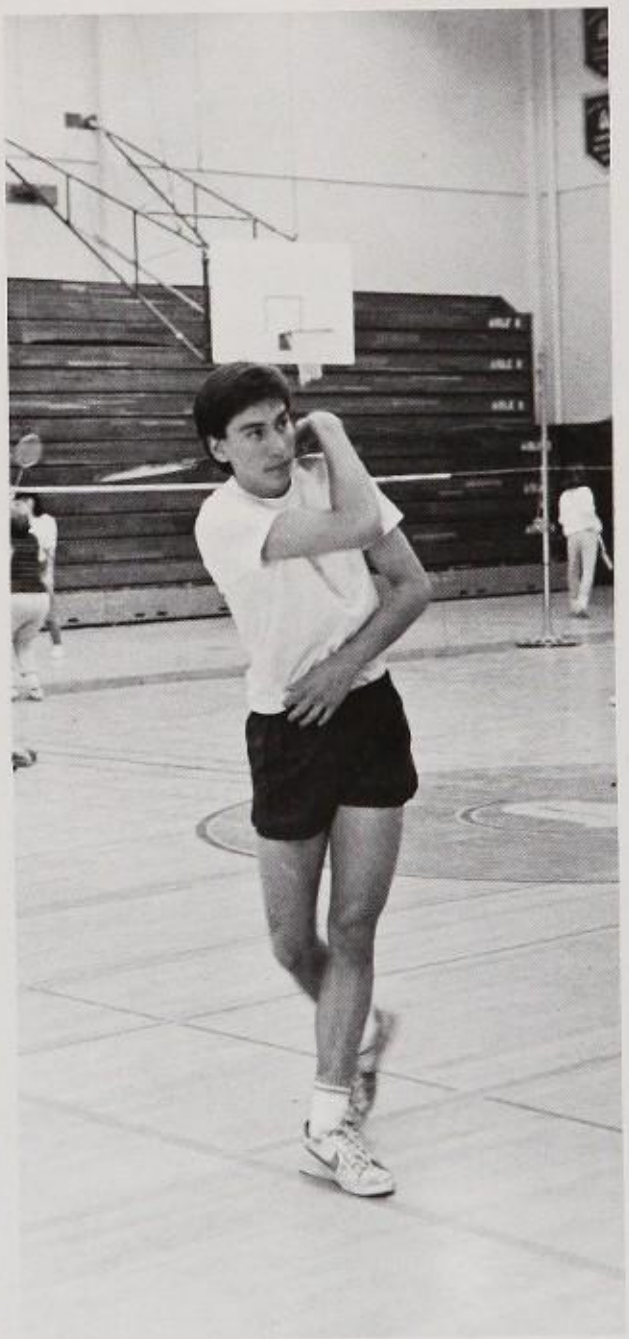
Varsity Badminton: Front Row — Rachel Kirkus, Erika Scott, Farren Last, Carla Coppola, Terri Johnson **Second Row —** Ms. Giarratano, Casey Fierce, Michelle Vergara, Andrea Bloom, Coach Ng **Third Row —** John Armijo, Paul Krueger, Richard Ramaglia, Robert Gludt, Patrick Campuzano

Junior Varsity Badminton: Front Row — Ms. Giarratano, Julie Simmons, Christie Day, Yvette Powel, Chik-yu Wu, Coach Brian Ng **Second Row —** Sheryl Albert, Julia Seaborn, Sharon Bordas, Lisa Toomey, Tanya Moskalenko **Third Row —** J. K. Moes, Marcy McDannel, Kristen Jacobson, Tracey Reynolds, Kristen Anderson, Richard Ramglia **Fourth Row —** Eric Friesenhahn, Treg Finney, Casey Fierce, Glenn Rodriguez, Scott Combs, Chad Campbell

As she prepares to hit the birdie, **Terri Johnson** transfers the skills she learned from playing tennis to the badminton court.



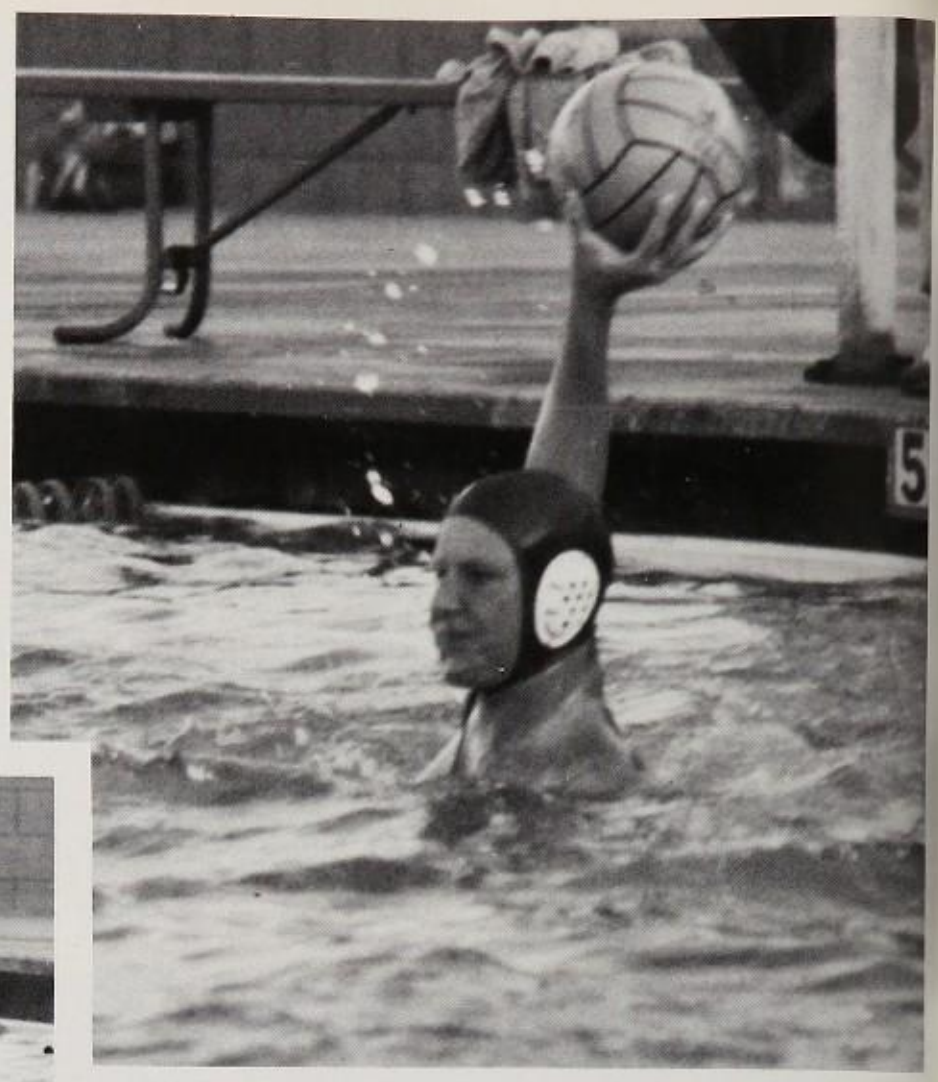
On a return swing, **Kristen Jacobson** watches the birdie fly up and over the net to her opponent waiting for the volley.



Keeping his concentration steady, **Robbie Gludt** watches his opponents for their next swing after his excellent drop serve.

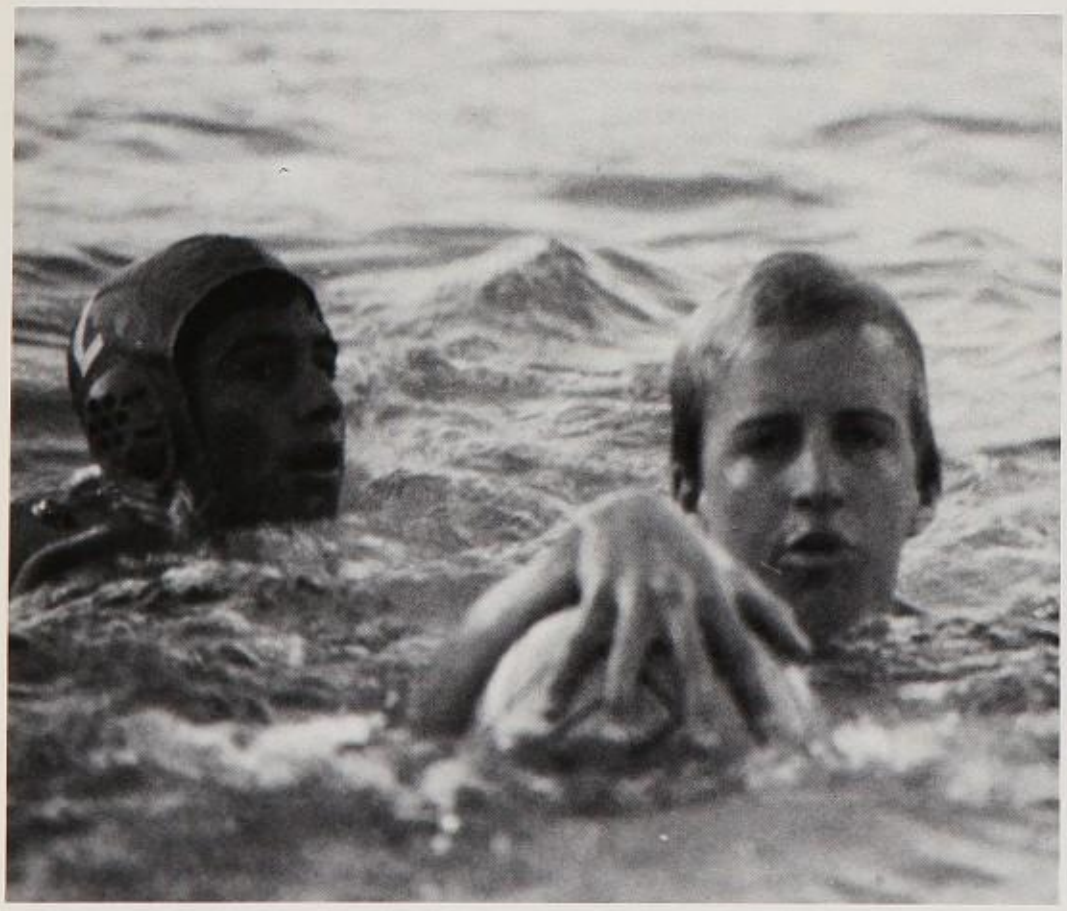
VARSITY WATER POLO

5	LA vs. Cypress	7
8	LA vs. Kennedy	5
12	LA vs. Pacifica	5
15	LA vs. Katella	5
19	LA vs. Loara	3
7	LA vs. Cypress	9
10	LA vs. Kennedy	16

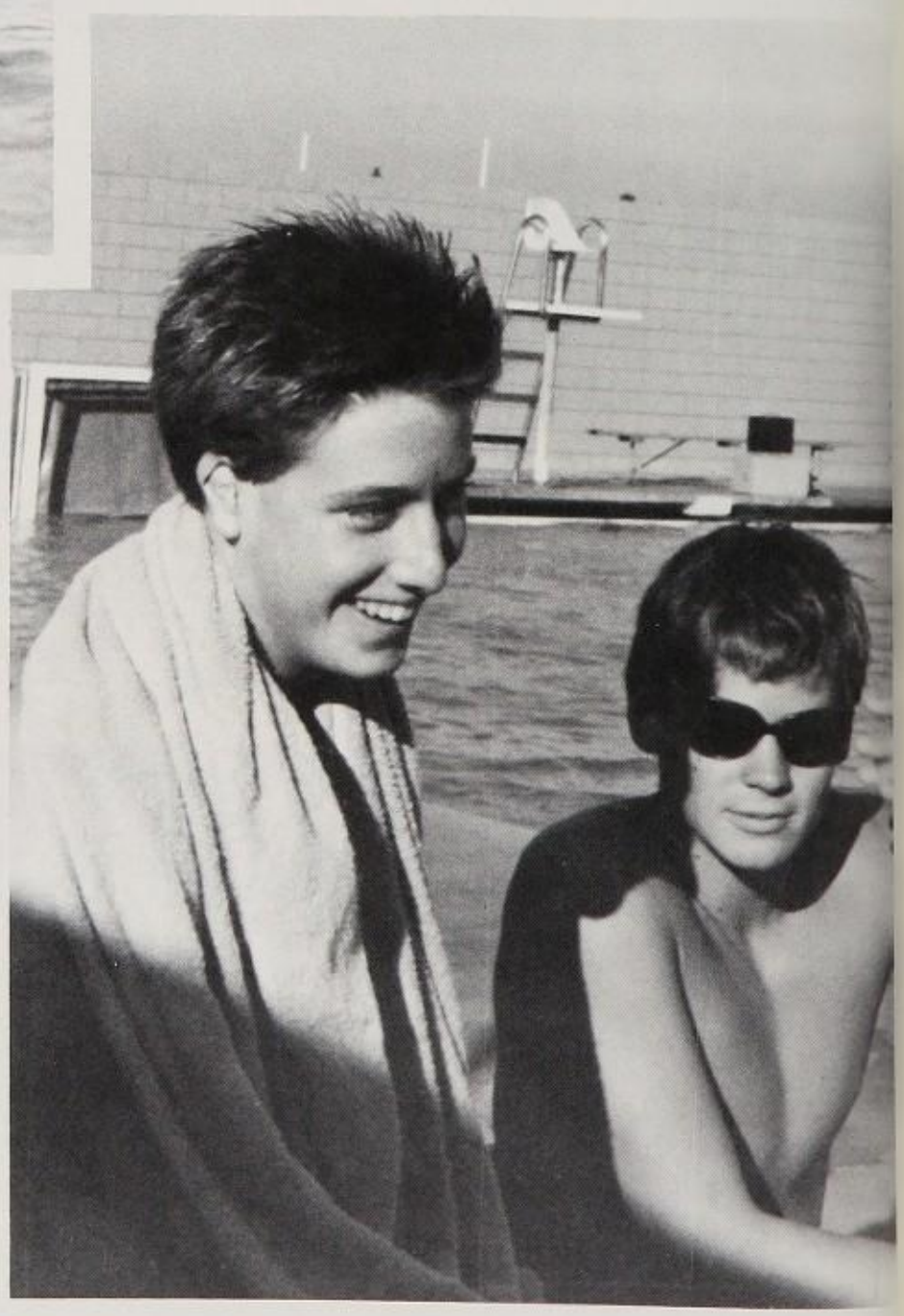


Barry Sinclair is known as an offensive player in every sense of the word. Passing is Barry's high point though. His awesome lob pass has fooled many a defender during a game.

Crowd support often helps, but without team enthusiasm there is no hope for victory. Varsity players, **Steve Mucciaro, David Carpenter, Kent Ramseyer,** and **Mike Patrick** cheer on their fellow water polo members to victory. Their support has helped the team.



Conspicuously cuing another teammate to set up a new play, **Eric St. Martin,** attempts to stall Los Al's opponent. **Marc Alpert** treads behind Eric to guard him from the defending players. Everlasting friendships are obtained by students active in athletics.



Steve Mucciaro and **Scott Leonard** are two standouts on the Varsity Water Polo Team. After a game these two players enjoy planning what they are going to do during the weekend.

Serpents Slain by Griffins

Towering with victories, Los Al's Water Polo team ranked high in the Empire League. Every year Los Al has been at the top, which reflects each individual's goal of success. Not qualifying for C.I.F. by one game, the varsity teammates still deserve much credit. Every player put forth an extreme effort in working as a whole. With water polo being such a complicated sport, all the members are required to be physically fit, with intense upper body power. They must also possess the vital quality of mental fitness. One must hold a high morale and express emotions nonchalantly. Excelling in pride is the ultimate trophy.

With quick reactions, **Dave Carpenter** eyes the ball and rushes in to aid a teammate. If he follows through with complete determination and concentration a successful goal shall be obtained. Being covered with an opponent on his tail, Dave must endure many tough workouts to acquire his extreme speed and stamina.

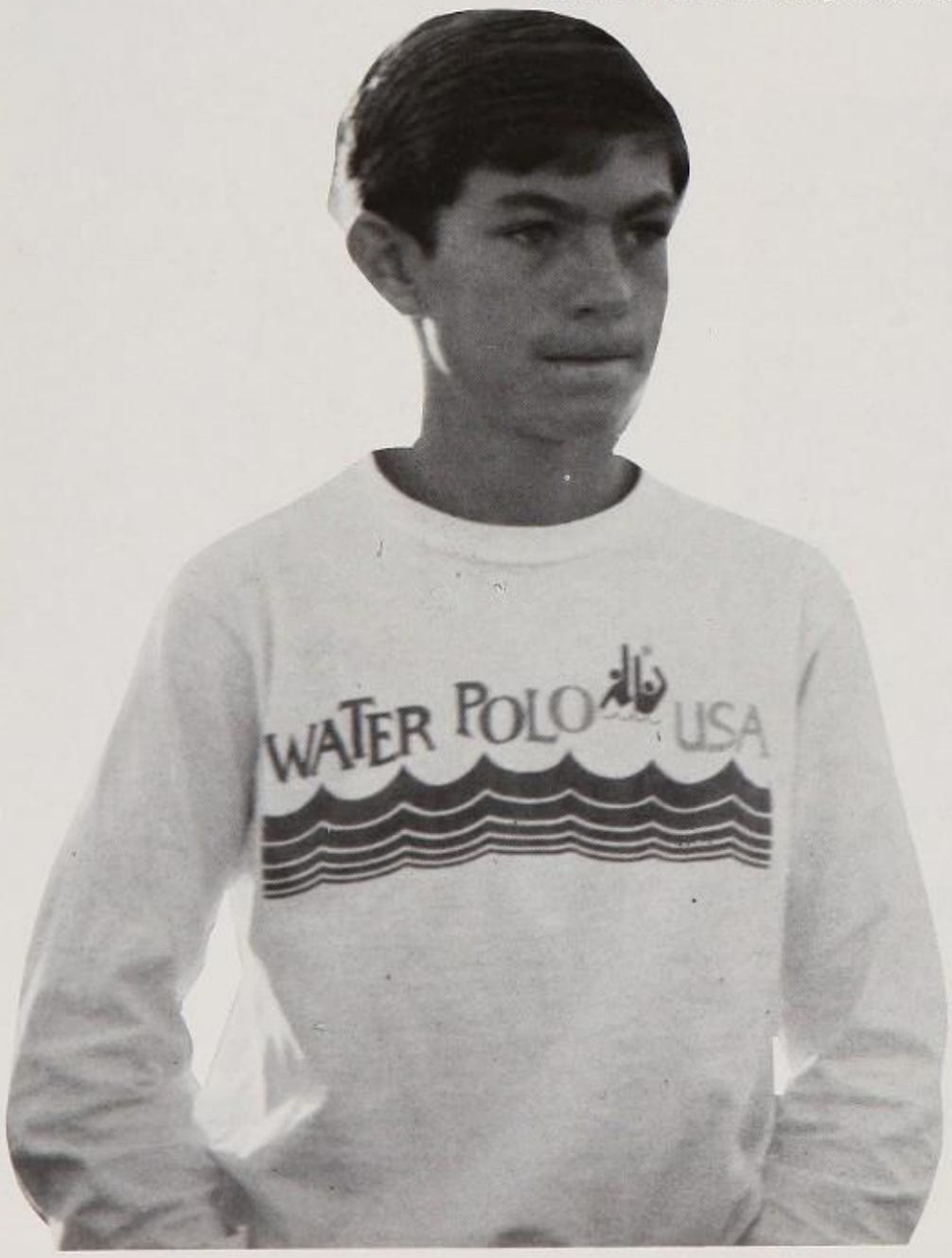
Dave Fusco displays intense upper body strength, as he prepares for a strategic pass. To be a member of Los Al's Water Polo, one must possess extensive power, along with courage and dedication.

Varsity Water Polo: First Row — David Fusco, David Carpenter, Kent Ramseyer **Second Row** — Mike Patrick, Steve Mucciaro, Eric St. Martin **Third Row** — Scott Leonard, John Englert, Paul Carter **Fourth Row** — Phil Barnes, Barry Sinclair, Dan Gregory

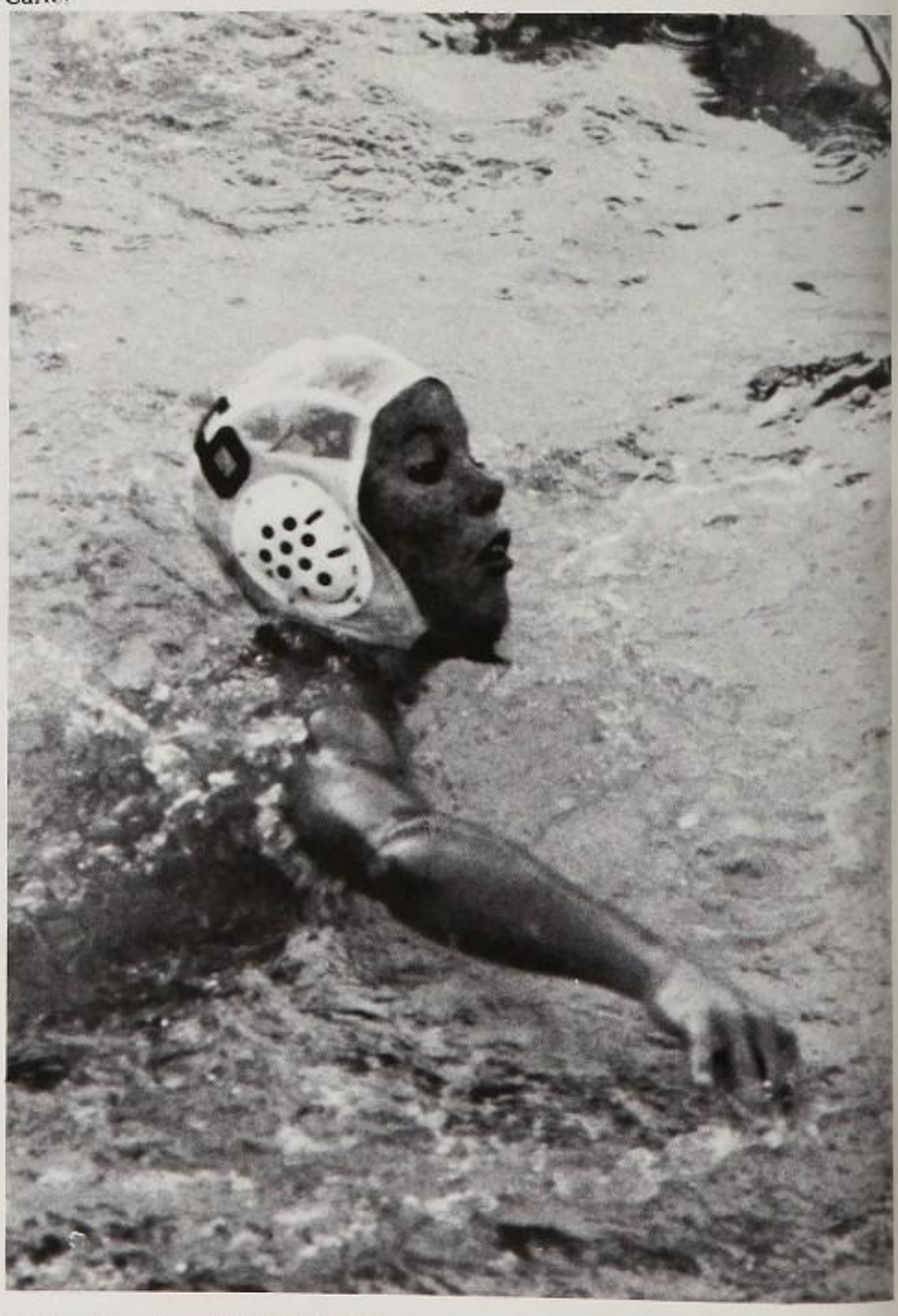
Polo Assumes Royal Score

Starting out the year with a successful season, water polo has rapidly gained popularity. Many freshmen and sophomores joined the program looking for an exciting new experience. Although a sport such as water polo takes time and patience, Coach Ploessel and the varsity members have inspired these younger teammates with vigor and encouragement. By participating in various invitationals, many trophies of excellence were added to the Griffin's collection.

Frosh/Soph Water Polo: First Row — Rory Collins, Jeff Wimbish, Jon Wimbish, John McMahon **Second Row** — Devin Budd, Jeff Fairbanks, Tom Anderson, Jeff Dressel, John Chomin **Third Row** — Brian Lawrence, John Hirsch, Matt Dobkins, David Maker, John Downs **Fourth Row** — Craig Agosta, John Caughlin, Kevin McIntyre, Erick Van Valkenburg **Fifth Row** — Joe Hill, Scot Listavich, Craig Malone, Matt Carter



In the 1984 Los Angeles Summer Games, Water Polo became a very popular sport. **Jeff Wimbish,** who went to a few of the games there, shows his enthusiasm for the sport he participates in at Los Al.



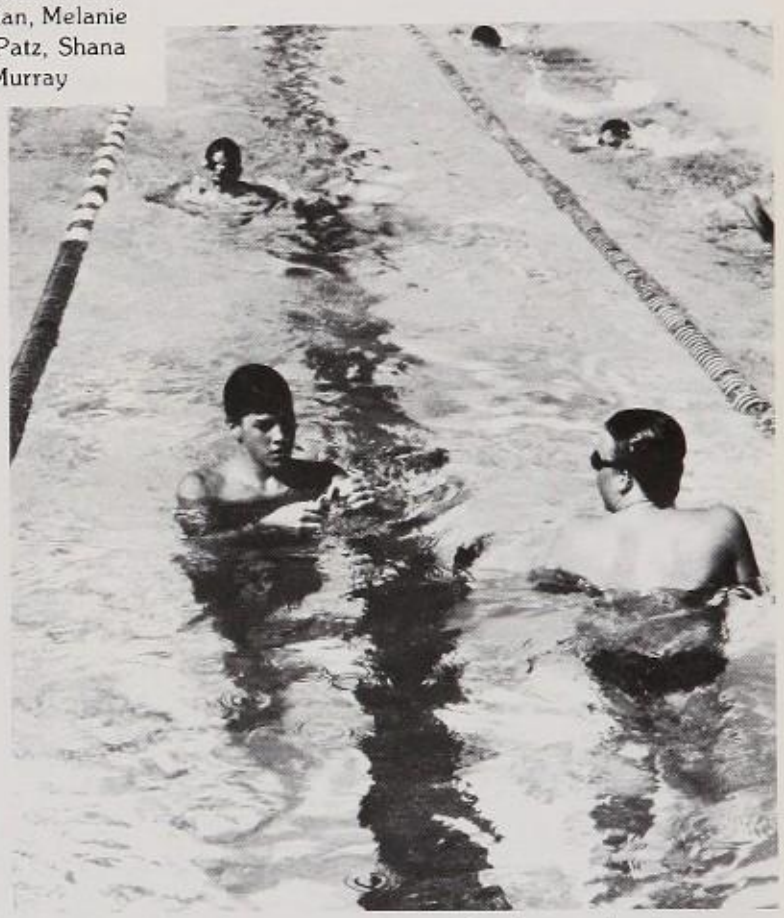
Rushing for a loose ball, **John McMahon** displays his skill of quickly spotting the ball and taking action. As he races for the ball he signals another teammate to set for a new play.

Workouts Pay Off For Team

The 1984-1985 swimming season was an exciting one for all the swim teams. Los Al's J.V. Women's Team was the largest all-girl sports team on campus. The group was not only big on members, but it was also big on talent. With the combined effort of returning swimmers and new members, the team worked together toward victory. The Frosh/Soph Men's Team consisted of 28 young men who were enthusiastic and eager to win. During their many, long hours of practice, they prepared themselves for competition by perfecting their swimming skills. The endless laps and numerous flipturns were obviously well worth their effort.

J. V. Women's Swimming: Front Row — Kerry Kyle, Patti Jetti, Puanani Pereira, Catherine Gaw, Eva Kjoss, Carolyn Kolb, Jackie Everson, Kristal Doley, Kelly Agosta, Heather Koehring **Second Row —** Tammy Kelso, Carol Koltz, Julie Coontz, Kim Able, Amy Holzgang, Heather Heyer, Joey Kleinman, Kim Browne, Tiina Vittaniemi, Tiffany Corwin, Carol Smith **Third Row —** Liz Legge, Orli Moses, Sandy Daniels, Michelle Henderson, Chalyce Devries, Jennifer Maitlen, Shelby Gilroy, Melinda Murphy, Nancy Sands, Teri Estes **Fourth Row —** Kathy MacKay, Courtney Motz, Joanna Calyman, Melanie Bent, Cindy Altenhoff, Lisa Craddock, Suzanne Hutton **Fifth Row —** Corrinne Haskins, Jackie Niland, Misty Patz, Shana Torem, Debbie Mukamal, Kelly Lynch, Amy Whitlock, Stephanie Robertson, Mary McGill, Julie Meadows, Laura Murray

Jackie Niland stops to rest between laps during her long workout session. Speed and endurance is important for the girls on the swim team especially to prepare for the upcoming meet against Kennedy High School.

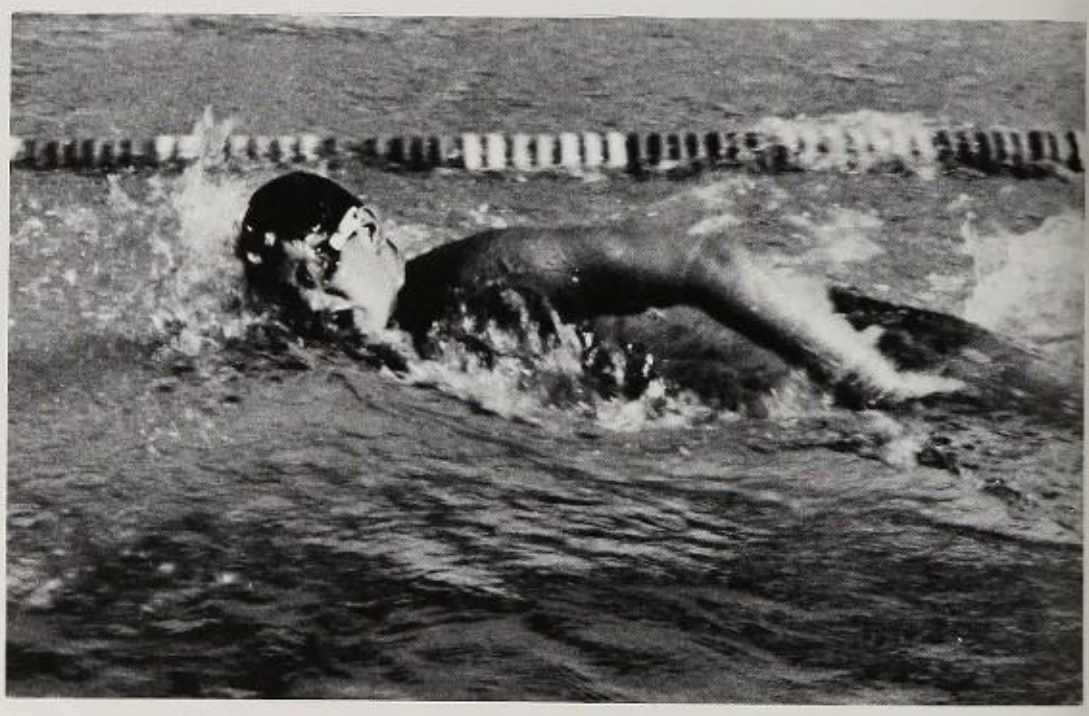


John Caughlin takes a moment to readjust his goggles during practice. In order to swim at the fastest time possible, it is essential that his goggles fit properly.

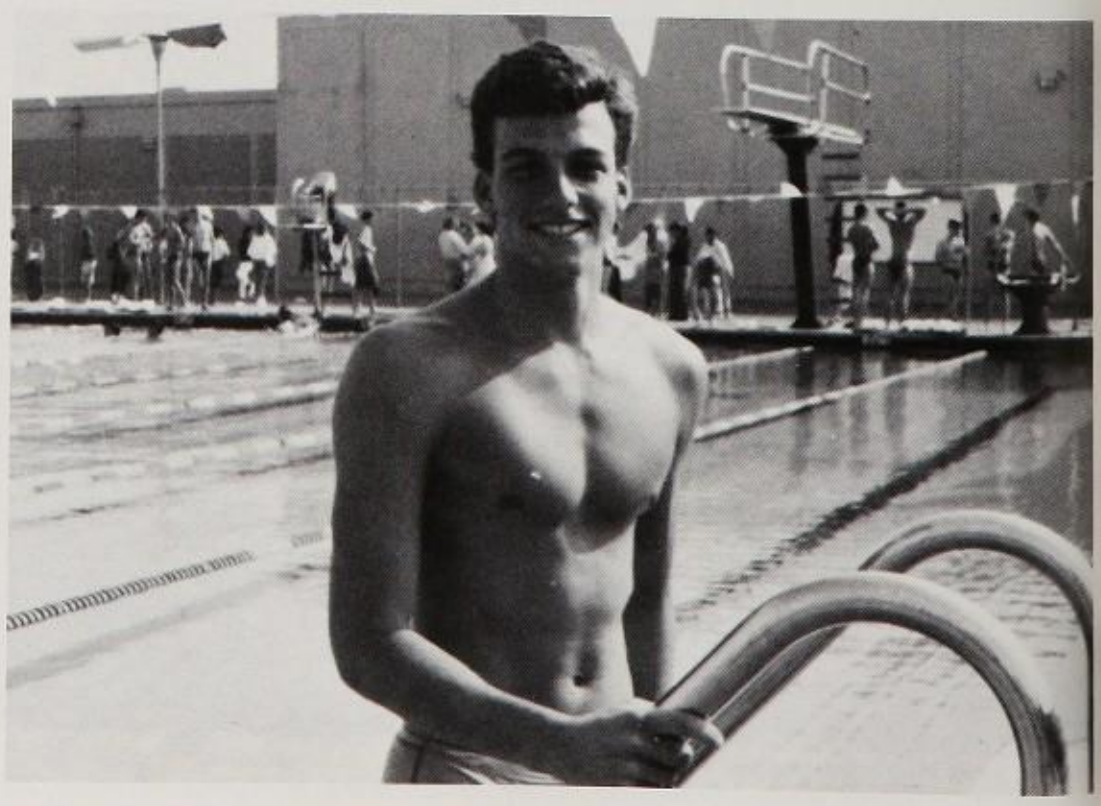
Frosh/Soph Men's Swimming: Front Row — Craig Agosta, Jeff Wimbish, Jon Wimbish, Jeff Dressel, Jimmy Oberacker **Second Row —** Brendan Sprott, John Hirsch, Scot Listavich, John McMahon, Jeff Fairbanks **Third Row —** David Lowrey, Matt Dobkins, David Maher, Craig Malone, Rory Collins **Fourth Row —** Devin Budd, John Downs, Tom Anderson, John Caughlin, Sean Patrick, Michael Broderick **Fifth Row —** Bill Busenkell, John Chomin, Eric Van Valkenburg, Robert Fitzer, Brian Lawrence, Kevin McIntyre, Matt Carter

Men's Varsity Swimming: Front Row — Steve Mucciaro, Kent Ramseyer, Mike Stea, David Carpenter **Second Row** — Paul Carter, Phil Barnes, John Englert, Scott Leonard, Dave Fusco **Third Row** — Andrew Scheiner, Eric St. Martin, Lance Scheiner **Fourth Row** — Marc Alpert, Andy McMahan, Dan Gregory, Barry Sinclair

Taking time out to relax during an important meet against Esperanza, **David Carpenter** and **Steve Mucciaro** display their enthusiasm over their team's present lead. Swimming is very rewarding and leads to many team victories.



Coming up for a breath of fresh air, **Scott Leonard,** a two year varisty team member, attempts to pick up his pace so that he can maintain his present lead over his opponents and bring home a victory for Los Al.



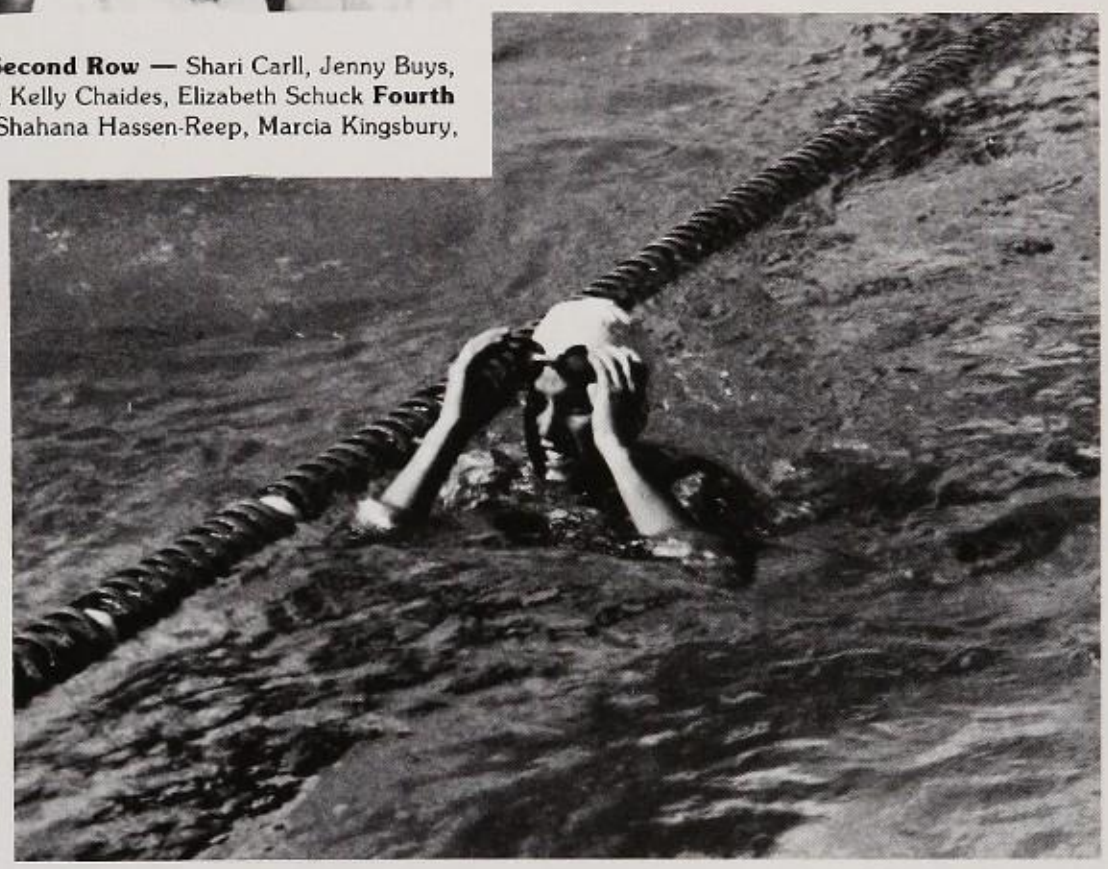
Four year varsity team member **Mike Stea** climbs down the ladder into the pool to test the heat of the water before his race. Mike is one of the team's most valuable players and is the only four year letterman.

Wet Griffins Blow Bubbles

Both Women's and Men's Varsity Swim Teams had an outstanding year. The men had many returning members which helped lead the team on to victory. The girls' team included many new faces. The players experienced many hours of practice, yet it was obviously worthwhile. The swimmers were ready for the competition brought to them from other schools. The teams both won many meets, and our school had a real reason to be proud of our swimmers.

Women's Varsity Swimming: Front Row — Kerry McMahan, Fiona Sinclair **Second Row** — Shari Carll, Jenny Buys, Janet Buys, Lisa Lerno **Third Row** — Susan Guthie, Karen Rothery, Lori Garcia, Kelly Chaides, Elizabeth Schuck **Fourth Row** — Rhonda Peterson, Rebecca Copeland, Shelley Colaluca, Ashley Reekes, Shahana Hassen-Reep, Marcia Kingsbury, Stephanie Welch

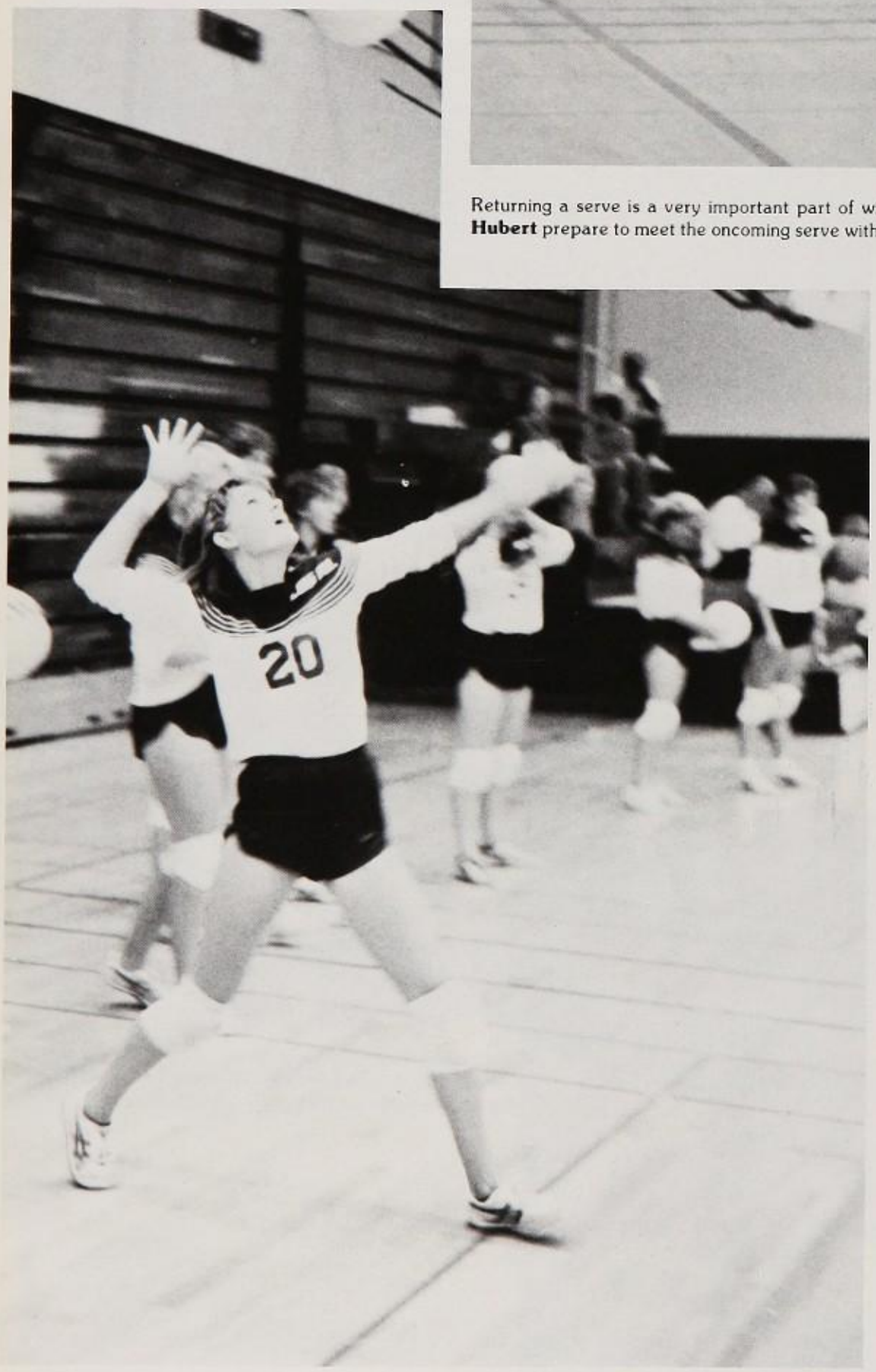
Climbing out of the pool after an exhausting race against Kennedy, **Jenny Buys** is relieved knowing she has tried her hardest. Jenni currently holds two of the Varsity Team records, both being relay races.



Two year Varsity Team member **Shelley Colaluca** takes time out to adjust her goggles during her daily workout. She spends many hours before and after school practicing and has learned to master many different strokes through her constant hard work.

A master at the art of freestyle swimming, **Fiona Sinclair,** takes a well deserved breąk at the end of the pool to see what her time was for her race. A four year varsity swimmer, she is one of her team's most valuble players. She currently holds two of the Varsity team records.

Returning a serve is a very important part of winning volleyball. Varsity players **Jeanne Allard, Barrie Dafforn,** and **Terri Hubert** prepare to meet the oncoming serve with an aggressive style of play that has been a Los Al trademark.



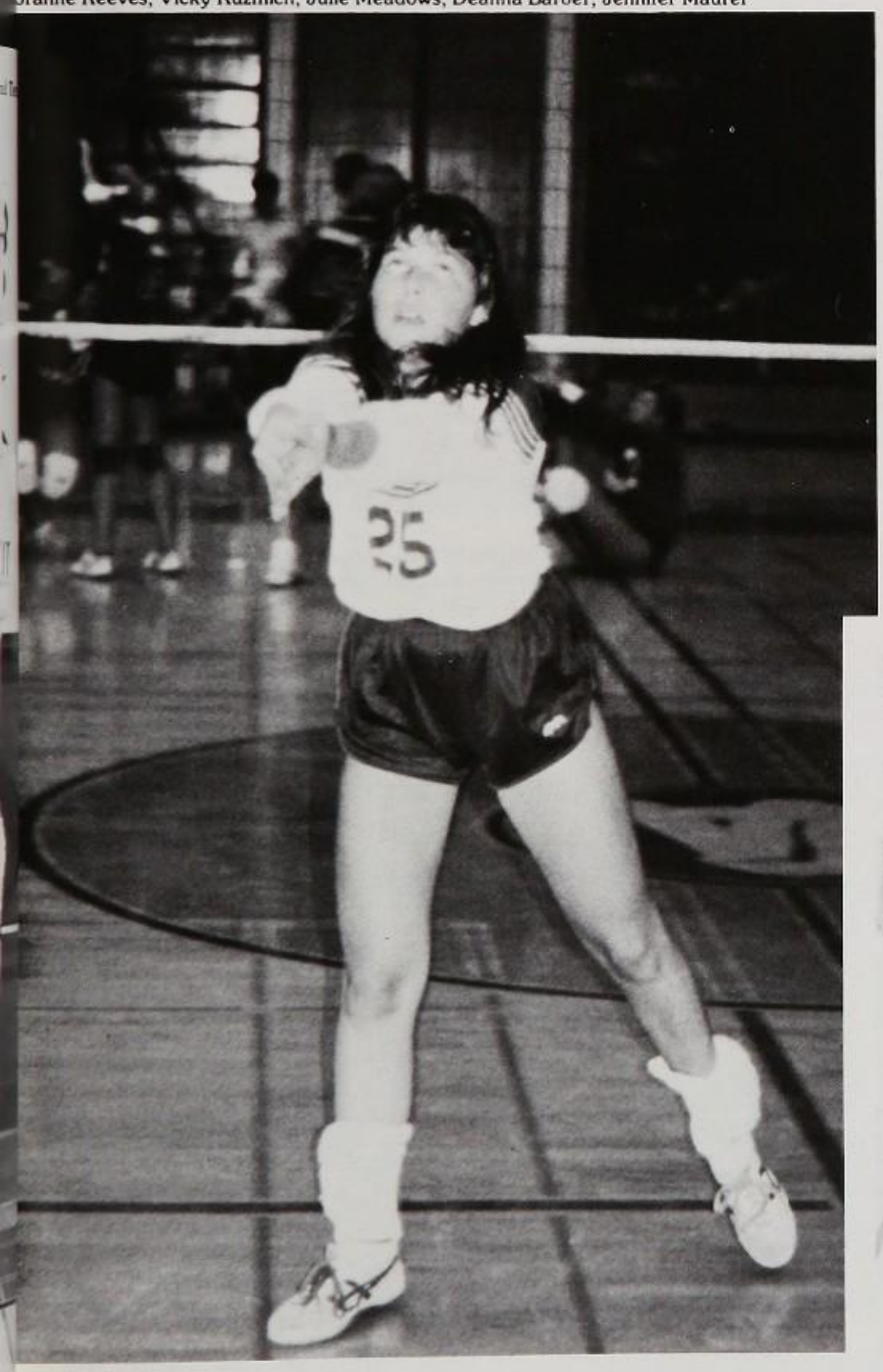
The volleyball serve is the most technically intricate play. **Joy Whitney** practices her serve so that she can develop into a top notch scorer.

Varsity Volleyball: First Row — Joy Whitney, Barrie Dafforn, Coach Jami Moore **Second Row —** Candi Chesebro, Suzy Kuzmich **Third Row —** Paula Wasikowski, Jeanne Allard, Terri Hubert, Laurie Navarro **Fourth Row —** Linda Huff, Lisa Jones, Michelle Clairmont

Spikers Smash League's Foes

Los Al's volleyball teams had fine seasons. Varsity volleyball ended up its season with an excellent year of play, while the junior varsity squad finished with a successful record. The Frosh/Soph team concluded an exciting schedule with a solid season. These teams proved themselves worthy in Empire League play by finishing high in the league's final standings. The junior varsity and frosh/soph girls showed promise for becoming very good varsity players. But the varsity players already showed their great volleyball talents by using the techniques taught to them by Coach Jami Moore in useful and prosperous ways to gain a solid season behind them.

rosh/Soph Volleyball: Front Row — Torrie Tarchonie, Rochelle Elwell, Laura Swann, Janie Kurtela, Cin- Albert, Mary Reis, Chrissy Mareta, Elli Exacoustos **Kneeling —** Stephanie Robertson, Judy Davis, Debbie ragon **Standing —** Kelly Achziger, Lori Perkins, Nancy Logan, Lori Garcia, Jackie Niland, Nicky Furgiuele, oranne Reeves, Vicky Kuzmich, Julie Meadows, Deanna Barber, Jennifer Maurer



ll the volleyball players must be adept at using the bump. **Suzy Kuzmich** uses the bump to t up a fellow volleyball player for a spike.

JV Volleyball: Front Row, Kneeling — Jennifer Ensley, Kim Taylor, Ashley Reaks, Athenasha Syrengelas **Second Row, Kneeling —** Heather Medcalf, Kelly Chaides, Suzan Gunthrey **Third Row, Standing —** Robin Linly, Pat Geritano, Nancy Sands, Tricia Hatfield

Varsity Cross-Country: Front Row — Don Smith, Tom Poe, Gene Lyon, Doug Fatone **Second Row:** Coach Gregnano, Norm Davidson, Jeff Baker, John Burkett, Coach Celestin

For a competitive team to stay aggressive, qualified and devoted captains are a necessary factor. **Jeff Baker** and **John Burkett** share their skill with the other members, while they also boost the team's pride and confidence.

In excellent stride, **Suzy Triplett** reaches the last miles. Along side, struggling to hold second place, **Julie Green,** endures the intensity of this tight race. These Griffins show no sign of exhaustion and express their determination to win.

J.V. Cross-Country: Front Row — Derek Bowen, Todd Jorgenson, Andy Woods, Sean Belle, Bart Smith **Second Row —** Dave Carlen, Pat Compuzano, Bob Gerhardt, John Lacy, Chris Buonocore

Cross-Country Meets Success

Pulling ahead of the pack, Los Al gained a winning spirit with an optimistic season. Men's and Women's Varsity teams held to four wins and three losses. This year girls advanced to CIF. All levels of competition excelled, which complimented their intense endurance gained through Coach Al Gregnano and Coach Mark Celestin's strenuous programs. By their expertise, training, and tremendous effort the team was able to share an experience as one. Every participant possessed qualities of strength, determination, and pride, which brought Los Al to victory.

Frosh/Soph. Cross-Country: Front Row — Scott Austen, Bobby Jack, Jacob Drent, Robert Bratner, John Poe **Second Row —** Eric Patrick, Max Nishii, John Martin, John Grajeda, Mark Finkenhagen **Third Row —** Coach Gregnano, Mike Martinez, Rich Ramaglica, Sean Park, Kyle Ledesma, Bill Orvis

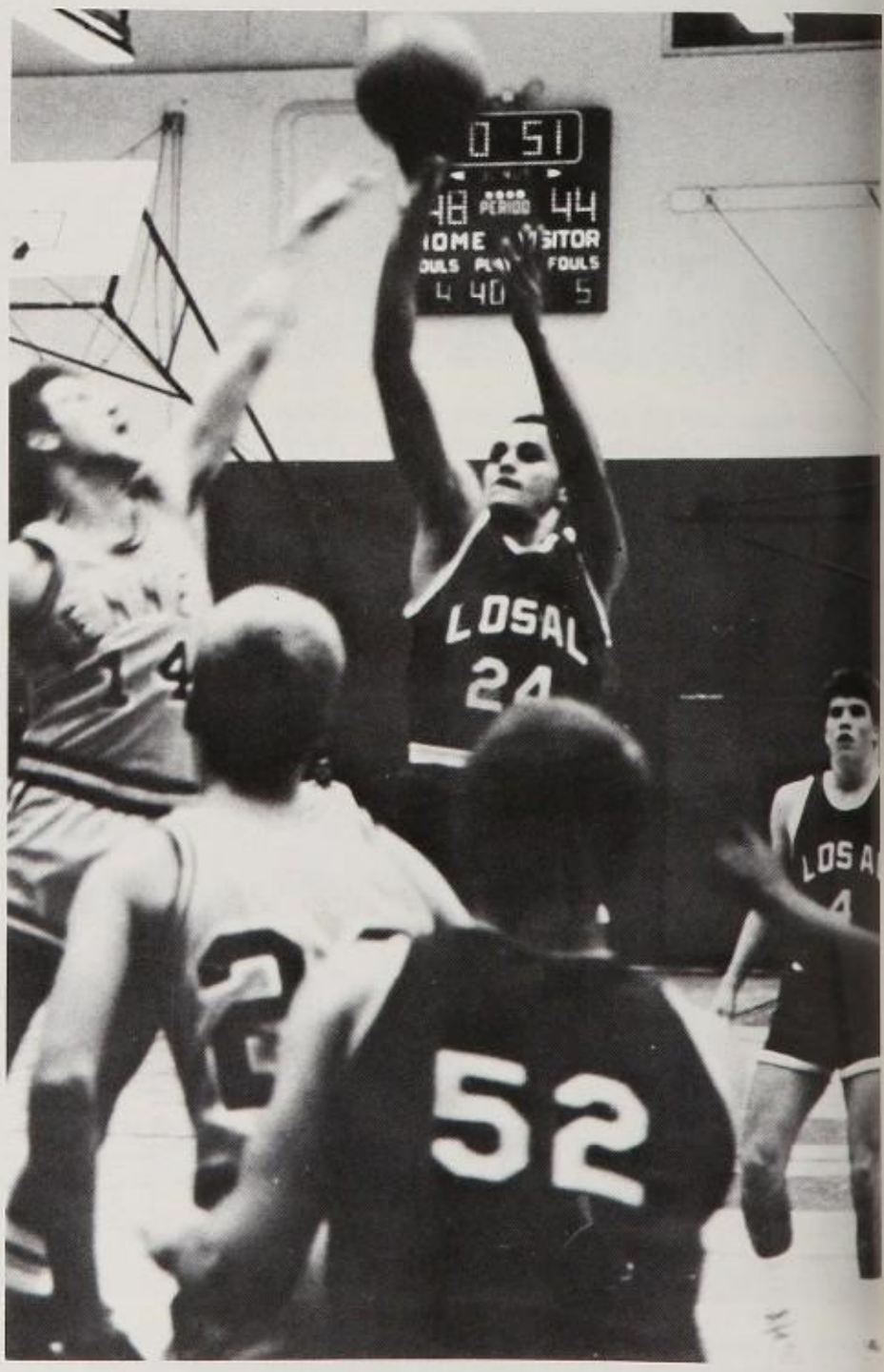
As dusk begins and the meet is completed, it is quite common to see members **Chris Bounocore** and **Don Smith** relaxing while reviewing the quality of their performances. Don Smith wearing his unforgetable fishing hat leans in a hurdlers stretch to loosen out his muscles.

Varsity Cross-Country: Front Row — Mellisa Maloney, Denise Kaneko, Julie Green, Suzy Triplett **Second Row —** Coach Gregnano, Lori Jack, PJ Long, Vanessa Blanco, Carolyn Parton, Kristin Petersen, Coach Celestin

Lori Jack and **Suzy Triplett** bring pride and spirit to Los Al's cross-country with their Leadership as captains. Their extreme enthusiasm keeps the Griffins in high spirits.

Varsity Men's Basketball: Kneeling — Coach Rick Manoogian, Coach Steven Brooks **Standing** — Bill Salas, Sean Belle, Craig Grennon, Tim Irvin, Todd Jorgensen, Paul Crandall, Andy Woods, Bart Smith, Gary Loe, Mark Schmitz, Robbie Goodman, J. T. Snow, Bill Swanson

During a time out, **Todd Jorgenson** listens attentively to Coach Brooks while quenching his thirst. Todd, a first year member of the Varsity Basketball Team, contributes consistently to the winning tradition of our Los Al cagers.



Going for two points, **Sean Belle** attempts to make a crucial shot, while **#52 Andy Woods** sets up for the rebound. Their superior abilities have carried them through an optimistic season.

Griffins Shoot Down Opponents

Coach Brooks once again brought Los Al's Varsity Basketball Team to a solid season. Although the team finished with an overall record of 11-12, with most of their losses being very close games, they finished a very hard and tiresome Empire League season with an 8-6 record, and a fourth place finish. Players on the team who received honors were **Paul Crandall,** who was selected to the All-North Orange County, All-Empire League, and All-Area teams; **J. T. Snow** to the All-Empire and All-Area teams, and **Andy Woods** to the All-Area team.

Whoever controls a jump ball, controls the game. Center **Paul Crandall** jumps up to tip the ball to **Tim Irvin** or **J. T. Snow** for a fastbreak lay up. The Griffins are known for their superb fast-breaks off jump ball tips.

The Griffins have always been known for their great centers. **Paul Crandall** is no exception to the rule. Paul, who has been selected to the All-Empire League team twice, readies himself for an awesome inside jump shot that scores two points.

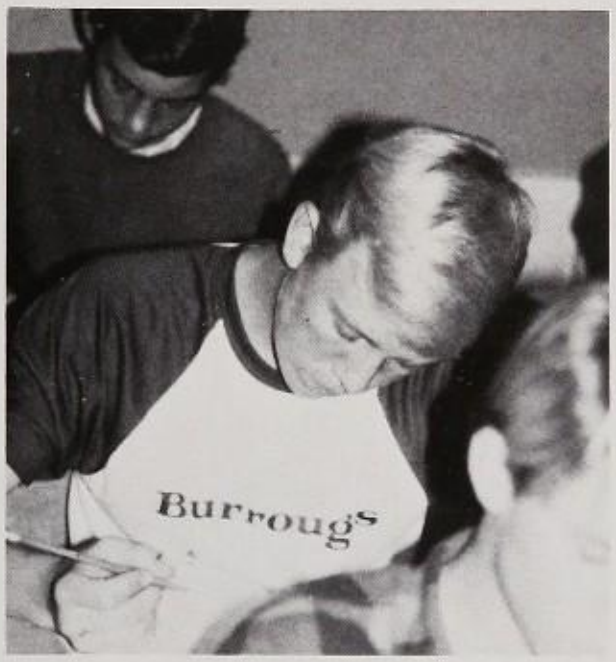
One of the most important shots in basketball is the free-throw shot. **Craig Grennon** prepares himself for a crucial free-throw near the end of a game.

Men's Junior Varsity Basketball: Mark Parkinson, Todd Carcelero, Jon Gelbach, Marc Trachtman, Scott Sorensen, Chris Anderson, Rick Helms, Derek Bowen, Bernard Peters, Tommy Foster, Coach Mickelson

Men's Sophomore Basketball: Roy Lin, Deron Scott, David Wiley, Steve Irwin, Doug Wadleigh, James Everett, Alex Carpenter, Steve Tarver, Paul Wilderman, Nick Woods, Greg Irwin, Greg Merchant, Kevin Mahoney, Scott Omohundro, Frank Quenga, Coach Canon

Men's Freshman Basketball, Team A: Skip Murray, Doug Davidson, Scott Brown, Jeff Harper, Tim Wynn, Rob Lester, Adam Meirowitz, Steve Crandall, Steve Rubenacker, Mike Scott, Brent Pagent, Coach Anderson

Beginning a new year at a new school, Freshman "B" Basketball Team member, **Steve Johnson,** signs up at registration.



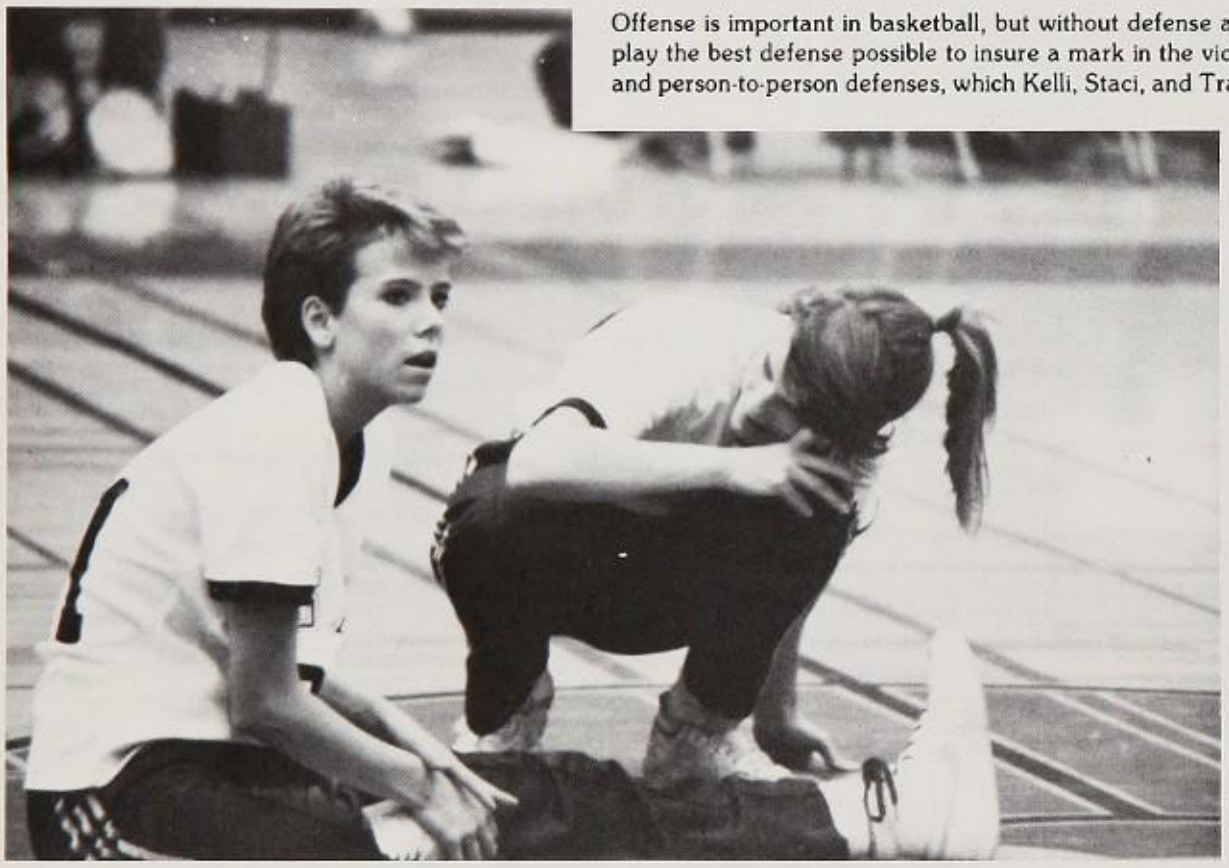
Working hard to keep up his grades in order to continue participating in his favorite sport, **Brandon Kaylor** is a member of the Freshman "B" Basketball Team.

Loyal Cagers Fight To Win

The Junior Varsity, Sophomore, and both Freshmen Men's Basketball teams all had triumphant seasons. With coaching expertise and a tremendous amount of spirit, the Griffins carried out the job of making Los Al proud. Guided by Coach Mickelson, the Junior Varsity team captured second place. The Sophomore team, led by Coach Canon, also had a great season. Both freshmen teams, who competed in different leagues, had seasons that proved successful.

Men's Freshman Basketball, Team B: Neils Jorgenson, Pete Scanlon, Steve Johnson, Brandon Kaylor, David Sanford, John Turpin, Craig Edmunds, Bobby Callaway, Randy Blanc, Chevelle Walker, Steve Pawlyck, Brian Parkinson, Coach DePrez

Offense is important in basketball, but without defense a team cannot hope to win. **Kelli Moore, Stacy Lee,** and **Traci Engel** play the best defense possible to insure a mark in the victory column for the Griffins. Griffin defense is known for it's tough zones and person-to-person defenses, which Kelli, Staci, and Traci play.



Pre-game ceremonies can be very boring. **Mary Reis** and **Julie Herbert** keep busy by keeping loose and discussing the team's strategy for the upcoming game. Stretching before a game can often give these players the extra edge needed for a successful basketball game.

Girls' Varsity Basketball: Sitting — Jeannette Dorsey, Julie Herbert **Standing** — Diane Sands, Mary Reis, Kelli Moore, Denise Kaneko, Laurie Hamada, Traci Engel, Stacy Lee, Michelle Palermo

Center is the key position on a winning basketball team. **Diane Sands** uses her excellent shooting ability to score two points from outside the key against Rancho Alamitos.

Griffinettes Shoot to Win

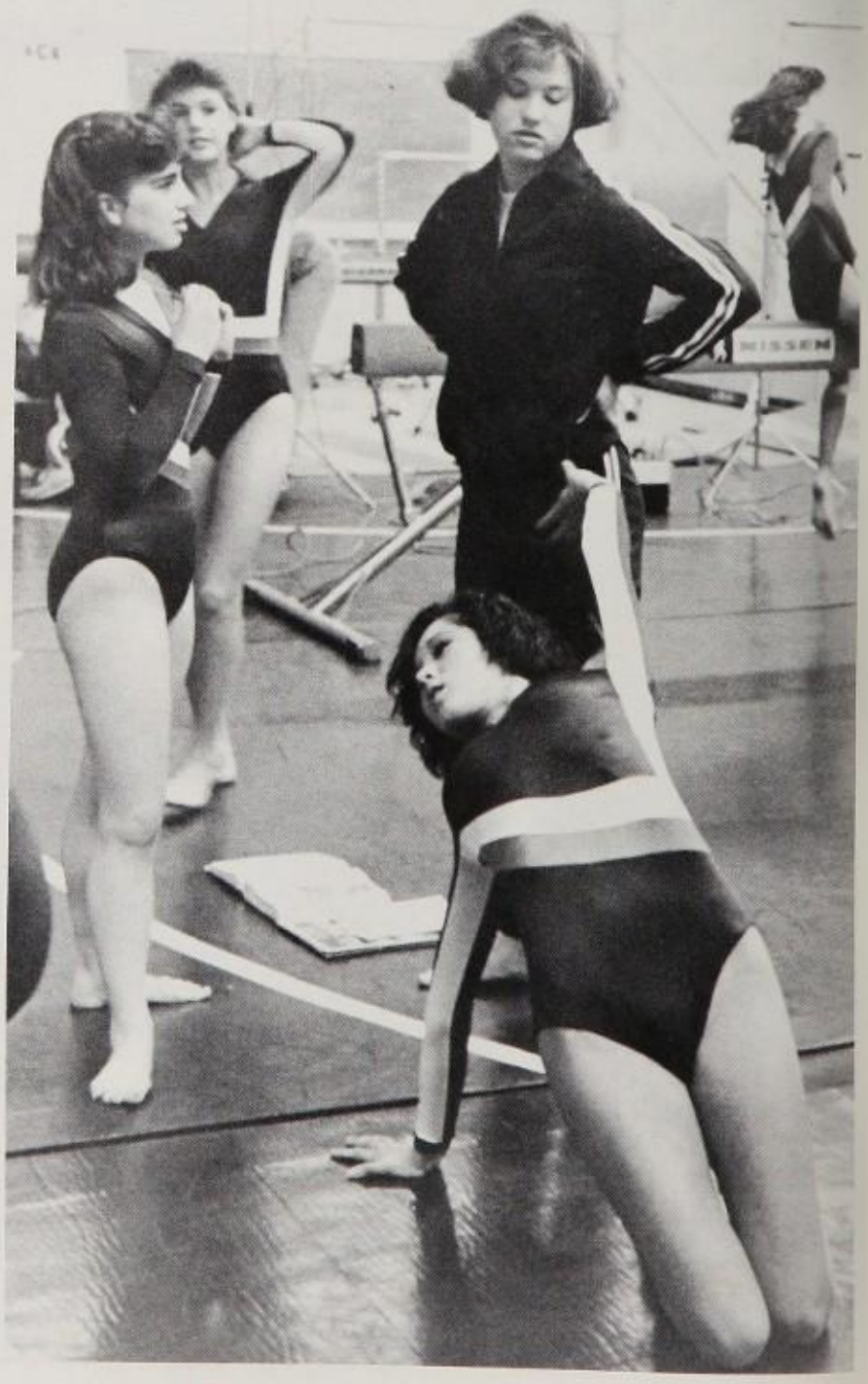
The girls' JV and Frosh-Soph basketball players had a very successful 1984-85 season. The stunning Griffinettes proved to their student body how much work it really takes to shoot up to the top with spirit. The women cagers won a spot in the final playoffs of the regular basketball season. Headed by Coach Celestin, the Griffinettes were able to perfect strategies used against opposing teams to emerge victorious. For her excellent efforts throughout the entire season, the coaches awarded **DeAnna Blyth** with the Most Valuable Player award. Co-Captains of the Junior Varsity team, **Anthanasia Syrengelas** and **Elli Exacustas,** helped to inspire their teammates to end the season with an outstanding record. This year, the Griffinettes were one of the few teams in recent Los Al history to make it to the top. Both defensively and offensively, they made us proud.

Frosh/Soph Basketball: Front Row — Coach Celestin **Second Row —** Janice Iwakoshi, Michelle Moser, Julie Meadows, Judy Davis, Kristin Anderson, Holly Surk, Kim Taylor, DeAnna Barber, DeAnna Blyth, Lara Swann, Jennifer Maurer, Kerri Re

JV Basketball: Front Row — Coach Harles **Second Row —** Gina La Nuevo, Gerri Glover, Marcy McDannell, Tricia Hatfield, Jennifer Ensley, Elli Exacoustas, Anthanasia Syrengelas, Nancy Logan, Heather Anderson, Denise Kaneko

Varsity Gymnastics: Front Row — Lisa Bryant, Jean Ingerle, Julie Williamson, Coleen Krambeck, Michelle Birdsall, Chris DeGregory **Second Row** — Coach Sharron Flynn, Gina McAfee, Zoe Syrengelas, Mary Boland, Suzanne Miley, Kim Ramseyer, Kelly Spaulding, Lara Swann **Third Row** — Lisa Boyd, Lisa Chow, Kris Schlauch, Kellie Matheney, Kanani Turco, Julie Clasen, Christina Welter

Mary Boland shows her expertise and grace in her floor pose. Steadiness is a major quality in performance. Mary, a junior, and third year member excels in all areas.



Lisa Chow asks **Christina Welter** about her new routine, while **Michelle Birdsall** and **Kim Ramseyer** add a word of advice. Gymnastics allows the girls to gain trust in each other.

Acrobats Leap To Heights

Winning is the only thing our talented gymnasts know. They are not only the defending CIF champs, but also members of a team that has won ten out of eleven league championships. In addition, many of the girls were CIF individual qualifiers, like **Jean Ingerle,** and finalists like **Chris DeGregory.** According to Coach Sharron Flynn, "the team has the potential to reach their natural 'high' again in 1986, if the team gains more depth and overall strength." Despite this year's season, the girls kept their school spirit and pride.

Balancing with careful precision, **Chris DeGregory** shows off one of the many different poses that can be done on the balance beam. Gymnastics teaches grace and endurance, while also providing the team members with the thrill of competition and teamwork.

Being graceful and elegant is a major part of gymnastics. **Kris Schlauch, Jean Ingerle** and **Suzanne Miley** use their athletic ability to impress the judges. Gymnastics requires extreme flexibility as displayed by Jean, as she easily sits in the splits. Many hours of work are needed to gain such success.

Kelly Spaulding and **Zoe Syrengelas** add some excitement to practice as they both work out on the uneven bars. It requires much skill to work so closely.

Molly,
I've known you now for
years & there's more
to come. I'll see you
this summer or next
year.
Love,
George

Track and Field Team: Front Row — C. Adle, K. Parker, C. Parton, C. Macselwiney, L. Jack, B. Huber, S. Triplett **Second Row** — N. Wenz, N. Furgiuele, M. Raus, D. Aragon, J. Kurtela, T. Tarchione, K. Jones, J. Collins, S. Lee **Third Row** — J. Carpentier, B. Sandoval, J. Burkett, J. Baker, D. Waechter, C. Madsen, N. Sorensen, B. McMorris, R. Dabbah, G. Blackmun **Fourth Row** — E. Schwandt, S. Murphy, E. Cates, K. Rothery, S. Dennis, M. Finkenhagen, J. Wells, D. Smith, D. Syrengelas **Fifth Row** — T. Poncy, D. Godoy, S. Creasy (Mgr.), E. Farion, R. Warden, J. Hjelmstad, T. Jorgensen, T. Allison **Sixth Row** — M. Sanders, D. Gerber, D. Sparta, H. LeCompte, G. Easton, K. Ledesma, R. Reed, E. Wood, C. Lynch (Mgr.) **Seventh Row** — K. Martini, B. Orvis, J. Martin, R. Decker, R. Roadstrom, K. Wells, J. Cisneros, S. Rinella, J. Kanow **Eighth Row** — M. McCoy, C. Walker, B. Jack, N. Jorgensen, T. Caruso, S. Dubourdieu, R. Dunn **Ninth Row** — S. Chun, M. Nishii, M. Plantenberger, B. Burkett, R. Ross, C. Spoden, D. Sidoni, A. Morley, J. Laisey **Tenth Row** — M. Martinez, S. Johnson, G. Harper, G. Iwakoshi, T. Austin

On his way to victory, **Todd Jorgensen** clears the high jump bar.

Frosh/Soph Relay Team: Chevelle Walter, Eric Schwandt, Jon Cisneros, Joe Carpentier

Long hours of practice on the field pay off for **Sean Murphy** when he throws the discus to his greatest extent and pulls ahead of the competitors.

As **Mark Finkenhagen** pulls ahead of his competitors, he leads the way to the finish line. **Mike Martinez** works his way to second place in the meet against Western.

Griffins Rule Field Events

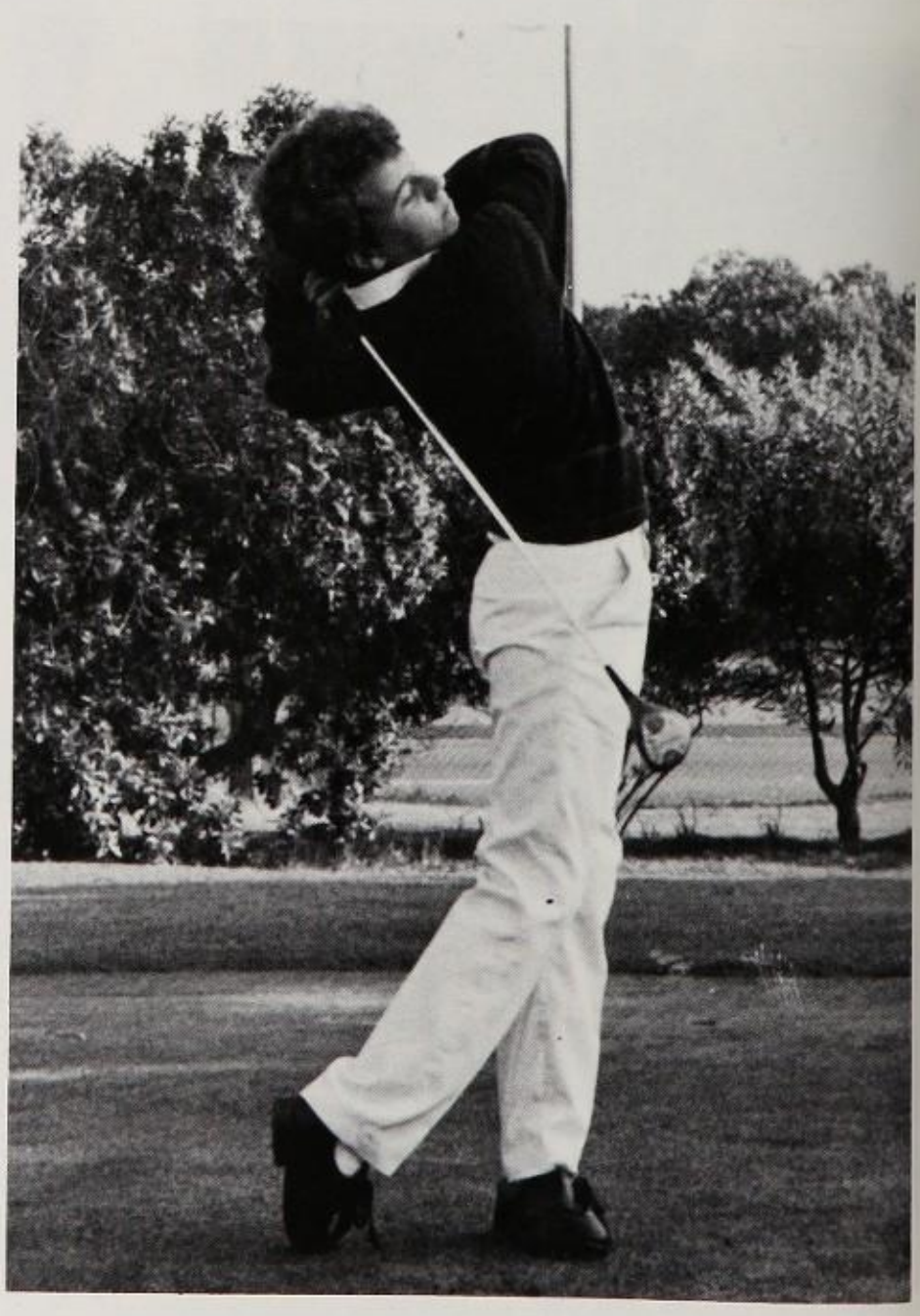
In February, the Griffin track team began practicing for and looking forward to a challenging season. The track team's goals for the season included ranking with top schools like El Dorado and Esperanza. They ultimately aimed to compete in the California Interscholastic Federation playoffs. All team members set high goals for themselves which drove them to put in many dedicated hours of practice. The result of their individual dedication were evident in their wins throughout the season.

Girls' Varsity 440 Relay Team: Charito Adle, Heidi Sendro, Cynthia Macselwiney, Vanessa Blanco

One of the varsity pole vaulters gives it his best as he flies over the bar with a successful vault.

Varsity Golf: First Row — Brian Rak, Eric Patrick, Sanford Rose, Jeff Long **Second Row** — Coach Dixon, Kyle Shields, Hans-Jurgen Groth, Todd Carcelero, Frank Dick, David Chapman

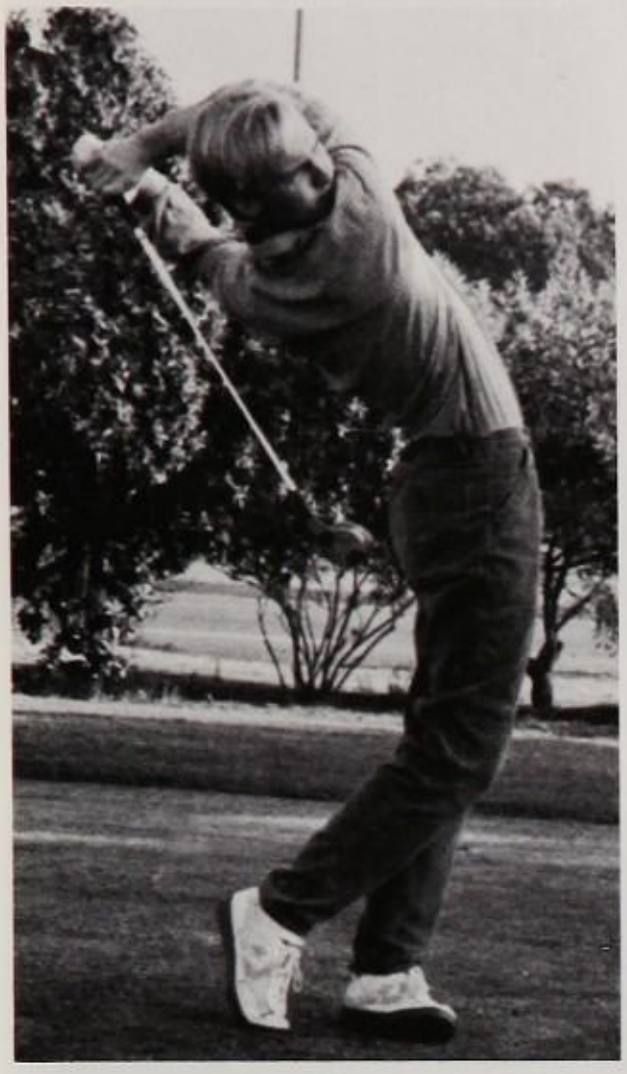
Though golf can be a very glamorous and prestigious sport, there are parts that are not. **Kyle Shields** does some cleaning up of the equipment area after a long tiresome game of golf.



Perfection in a golf swing can mean success on the fairways. **Sanford Rose** takes a swing and follows through to perfection to make par on the hole.

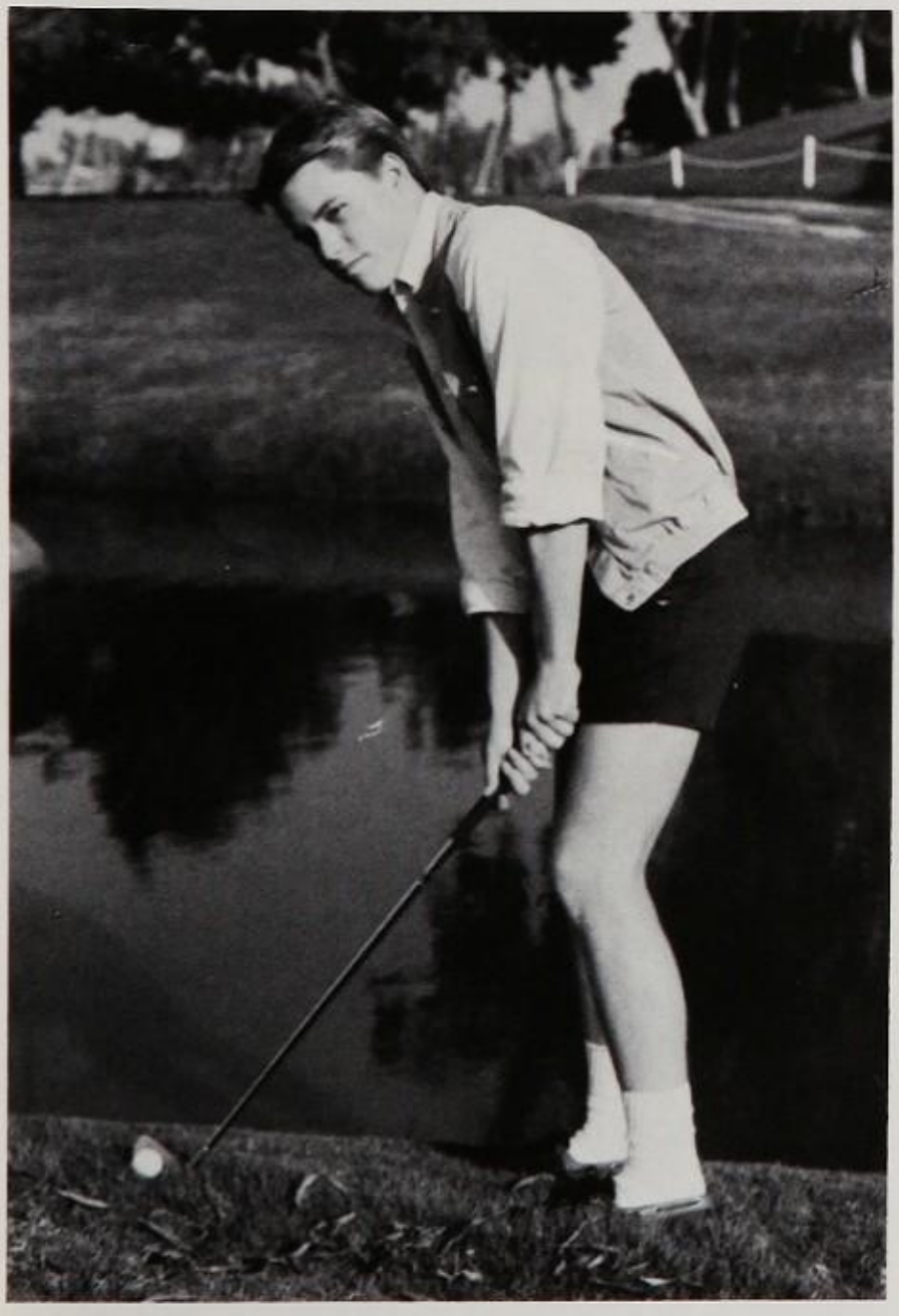
Golfers Drive To Perfection

Golfing skills develop as each individual's style grows. Golf is a very competitive sport that requires much concentration and a good eye. The Los Al Golf Team has pulled this individual sport together to make it a group effort in order to beat other competing schools. The Golf Team consists of a variety of players including a foreign exchange student, **Hans-Jurgen Groth** along with determined freshmen and, of course, esteemed upper-classmen.



Exchange student, **Hans-Jurgen Groth,** takes a swing at golf and gives the other golfers a taste of German accuracy and patience.

Using his wedge, **Todd Carcelero** attempts to get his ball out of a sand trap. This is a difficult task to complete.



Studying the distance of his putt, **Eric Patrick** concentrates on the hole in front of him. He has the pressure on him for his own personal record as well as the team's standing.

Dusting off his golf club for the next tournament, **Tony Fusco** prepares himself for the next round of golf. Members of the Golf Team dedicate many hours of their time into perfecting their game.

Varsity Soccer: Front Row — Dino Syrengelas, Chris Ziegler, Jeff Coontz, Jason Zommick, Robbie Katzaroff, Wim Libby, Greg Coughlin, Pat Brown, Mike Sandler **Second Row** — Coach Schwandt, Mark Magana, Jamie McGann, David Harris, Bobbie Shortridge, Kurt Kelder, John Espinoza, Victor Flores

Ready to kick the ball down the field, **David Harris** runs through the play in his mind, concentrating on another goal. David, returning to the varsity team, finds this play no problem.

Dino Syrengelas, running the ball down to the goal, puts all his effort forth dodging through his opponent. Control over the ball is very important in passing on to another teammate for points.

Dribbling the ball with complete concentration, **Bobby Shortridge** is ready to pass to another player on his team to make the final point. Bobby has had past years of experience and knows what it takes to be the best in soccer.

Control over the ball is one important skill that must be learned from the very start. **Jamie McGann** guards the ball from his opponent planning to gain ground all the way to his goal.

Frosh/Soph Win Empire League

The men's soccer season was a success. Hours of hard work and practice proved to everyone, including themselves, that they could be the best. Being number one is what the Griffin kickers know most. Leading Los Al was the Frosh-Soph team who showed their excellence in becoming the 1984-85 Empire League Champions. Outstanding players were **Derek Sparta, Eric Schwandt, Joe Carpentier, Eric Lange, Kenny Montgomery, Leland Jay** and **Roger Roadstrom,** whose hard work and efforts were shown in every game. The Varsity Team came to three points away from entering the CIF playoffs. Their individual skills made them an outstanding team. Junior Varsity finished with an optomistic season leading future teams to carry out their progress.

Frosh/Soph Men's Soccer: Front Row — Dean Braunstein, Mike Thomas, Greg Hartman, Mike Hastings, Eric Lange, Angel Fajardo, Tony Muser, Tom Ritchie, Derek Sparta **Second Row —** Coach Jerry Stowell, Tony Blasing, Leland Jay, Joe Carpentier, Eddie Manfro, Robert Tucker, Jeff Fairbanks, J.J. Cinseros, Eric Schwandt, Roger Roadstrom, Mike Humphries, Kenny Montgomery

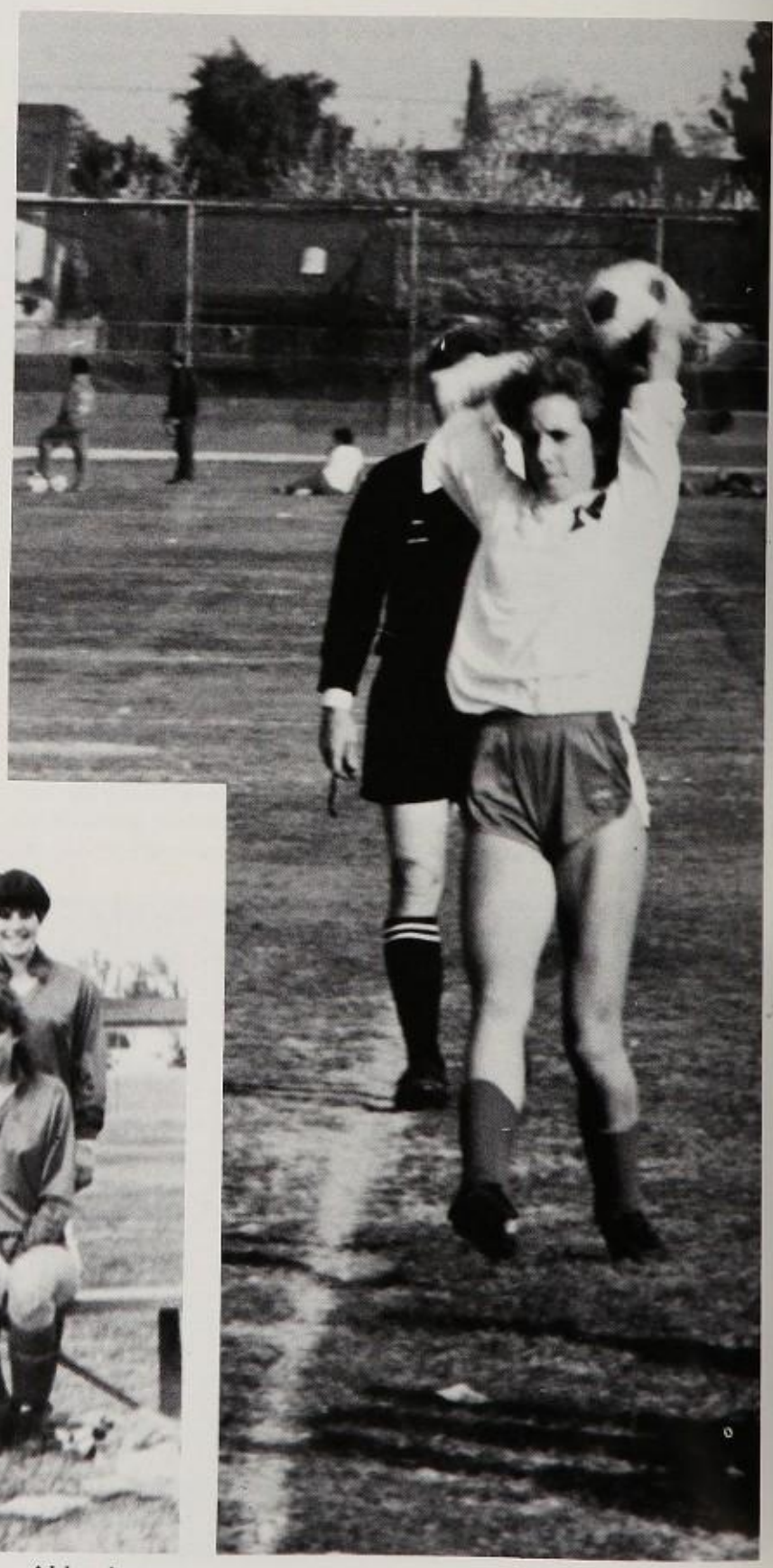
Running the ball down field, **Chris Ziegler** takes full stride in complete control. It takes many hours of hard practice to develop such skills, but Chris has spent the time to become a good player.

The goalie is the last defender that a player must get by to score a goal. At Los Al that is tough to do with **Mark Magana** defending the goal with his best effort.

JV Soccer: Alphabetical Order — Craig Austin, Ken Bemburg, Mike Bernstein, Geoff Bickel, Kevin Bishop, David Carlin, David Combs, Doug Fatone, Isaac Guzman, Eric Happoldt, Adam Hutton, Hap Lecompte, Carmine Napolitano, Sean Park, Paul Reyes, Scott Sargeant, David Sidoni, Gary Sinclair, Steve Swagel, Lance Walker, Jim Weber

Attempting to work downfield, **Stephanie Able** rapidly dribbles around her opponent. **Hillary Routt** watches Stephanie's play and decides on her next move. Soccer, which is a quick action game requires the girls to have the ability to throw the defensive players off balance.

Whenever **Hillary Routt** comes on the field, she becomes an immediate offensive threat. Her strength and mobility have made Hillary one of the best in the league. After receiving a pass from **Lori Heinselman,** Hillary boots the ball for a winning goal.



The pass from out-of-bounds in soccer is crucial. **Heidi Sendro** has an excellent pass to one of her teammates.

Varsity Girls' Soccer: First Row — Hillary Routt **Second Row** — Stephanie Able, Laura Navarro, Teri Hubert, Heidi Sendro, Margi LaCasto, Mara Bloom, Nancy Clark, Candi Chesebro **Third Row** — Maria Eschenbrenner, Kathy Pellegrino, Juli Schulz, Juli Fusco, Lori Heinselman, Stacey Wilford, Michelle Pagenkopp, Janie Eichkoff

Girls' Soccer Boots League

J.V. Girls' Soccer: First Row — Charito Adle, Stephanie Welch, Lesley Durkee, Susanna Grote, Danelle Burick, Julie Simmons **Second Row —** Holly Kunst, Mary McGill, Jean Leonard, Chalyce Devries, Lisa Kanasi, Coach Carol Waechter **Third Row —** Aimee Newlander, Cathy Corliss, Joanna Willemse, Karen Gonzales, Mary Younkin

Our 1984-85 girls' soccer created a team of determination and pride proved by their incredible season of fine performances. This sport has gained popularity. Therefore, with more people attempting to become members of Los Al's superb soccer teams, the highest quality of players were available to be chosen. This led the team to another successful year. Varsity team captain **Lori Heinselman,** varsity co-captain **Maria Eschenbrenner.** and J.V. team captain **Lesley Durkee** pulled the Griffins together with outstanding abilities and sportsmanship. Varsity coach Mark Morin and J.V. Coach Carol Waechter both felt that such a successful season was brought on by the girls' tremendous effort and spirit to win. The girls kicked off to a competitive season and ranked highly in league. They deserve special credit as they mastered the basic fundamentals of soccer including, dribbling, passing, corner shots, head vollies and most important, team spirit and sportsmanship.

The skills and moves that soccer players have are sometimes very spectacular to watch. They can use their legs and bodies to do unimaginable things. **Stephanie Welch** uses her whole body to get the ball by her tough defenders.

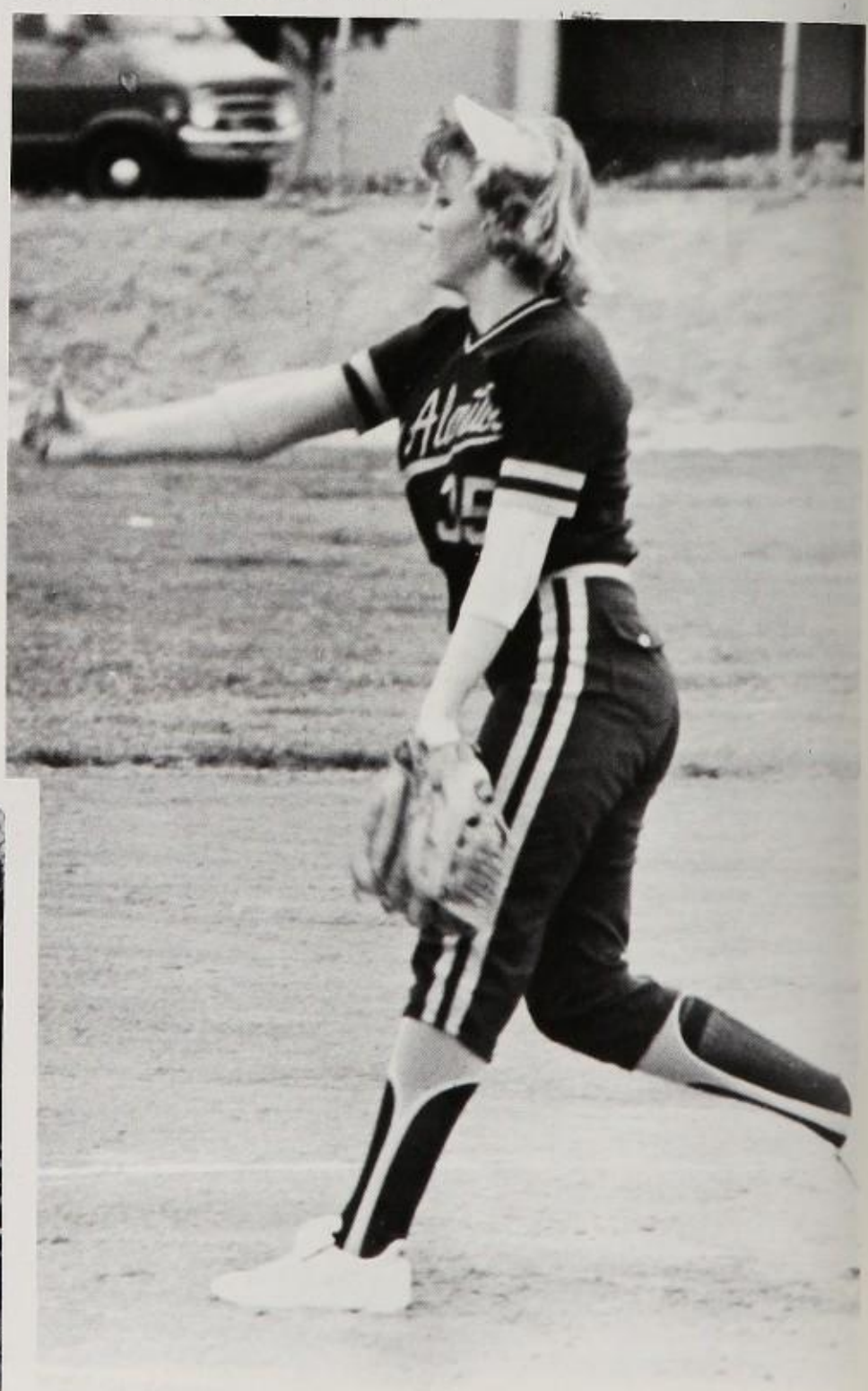
After one of the Griffin's marvelous steals, **Mary Younkin** uses her soccer skills to pass the ball down field to set up a goal scoring shot. Mary always tries her best to help the team.

Once the ball is kicked down field, the offense takes over. **Mary McGill** receives a pass from downfield and drives towards the opposition's goal in hopes of scoring an unassisted point.

Defense is the major part of a soccer game. So defenders must be adept at stealing passes from the opposing team. **Charito Adle** uses intelligence and skill to break up and then steal an opponent's pass during a game.

Varsity Women's Softball: Second Row — Gerri Glover, Paula Wasikowski, Mara Bloom, Diane Sands, Nancy Clark, Tammy Wuesthoff, Jeanne Allard **Front Row —** Laura Junkermann, Margi Lacasto, Kelli Moore, Teri Humbert, Liaa Halaby, Jeannette Dorsey

Waiting for the perfect pitch, **Jeanne Allard** looks at the pitcher with determination in her eyes. Jeanne is a definite help to the team with her excellent batting and fielding abilities.



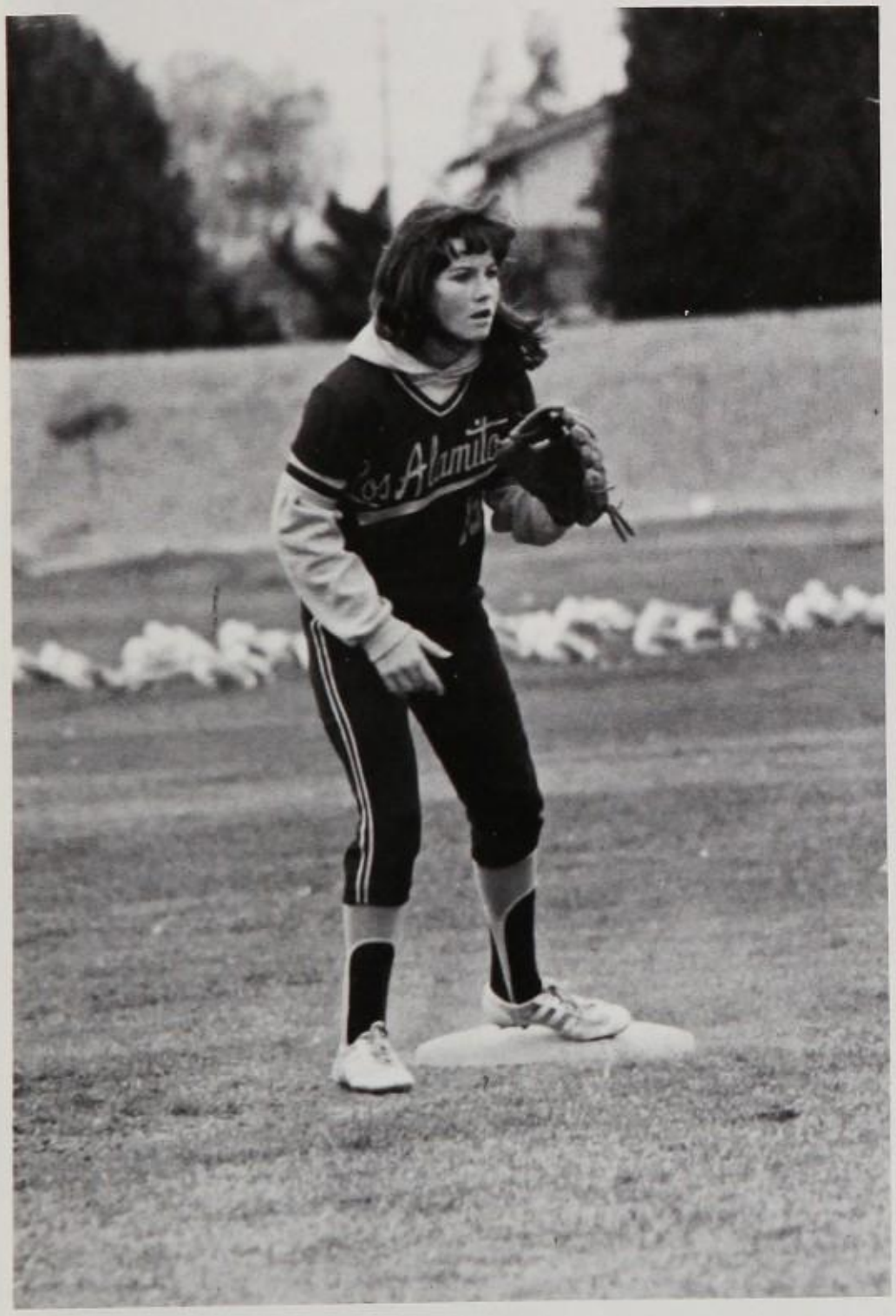
Pitching the softball with a slight curve, **Nancy Clark** attempts to strike-out the batter. Nancy had been coached to throw the ball many ways, but her curve ball seems to work the best.

Paula Wasikowski, a member of the Varsity Softball Team, gets ready to bunt the ball and advance the runner from first. Paula's skill at softball helps the Griffins on to victory.

Junior Varsity Women's Softball: Front Row — Kate O'Donnel, Julie Jones, Lori Halbig, Angela Reinhardt, Stephanie Soldano **Second Row —** Tina Stevens, Ellen Wilherson, Vicki Kuzmich, Cindy Albert, Traci Engel, Nancy Logan, Teli Hall, Joey Marquart

Softball Rules Kingdom Game

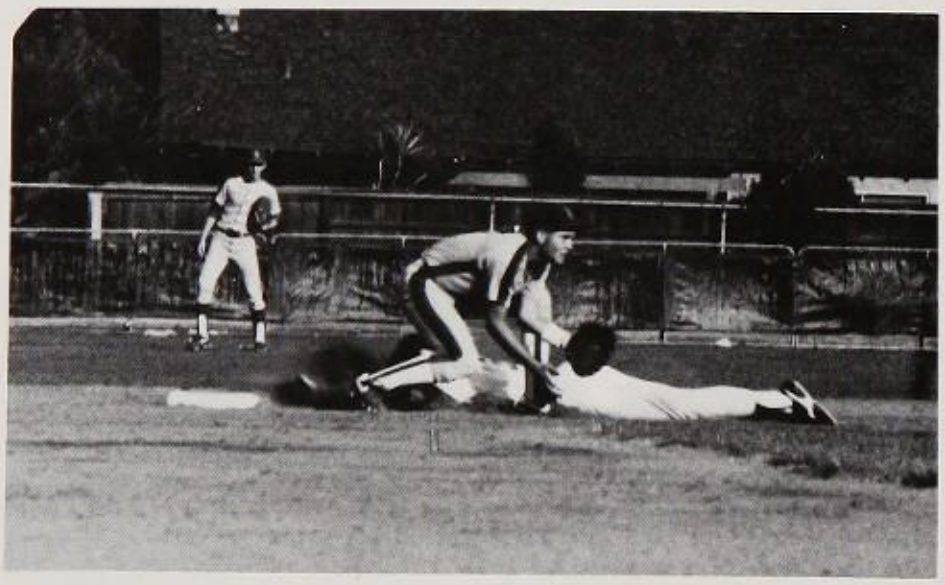
In recent years softball has become a very popular sport at Los Al. Led by coaches Jami Moore and Diane Gonzales the JV and Varsity teams proved their excellence. Because softball is so demanding physically and mentally, the teams practiced often. Varsity coach Jami Moore proved to be a very strict and supportive asset to the Griffins. Throughout the season the teams participated in many games and tournaments. Each player, as well as the coaches had the same goals: to be Empire League champs. But the main reason the girls participated was to have fun while they played a sport they enjoyed.



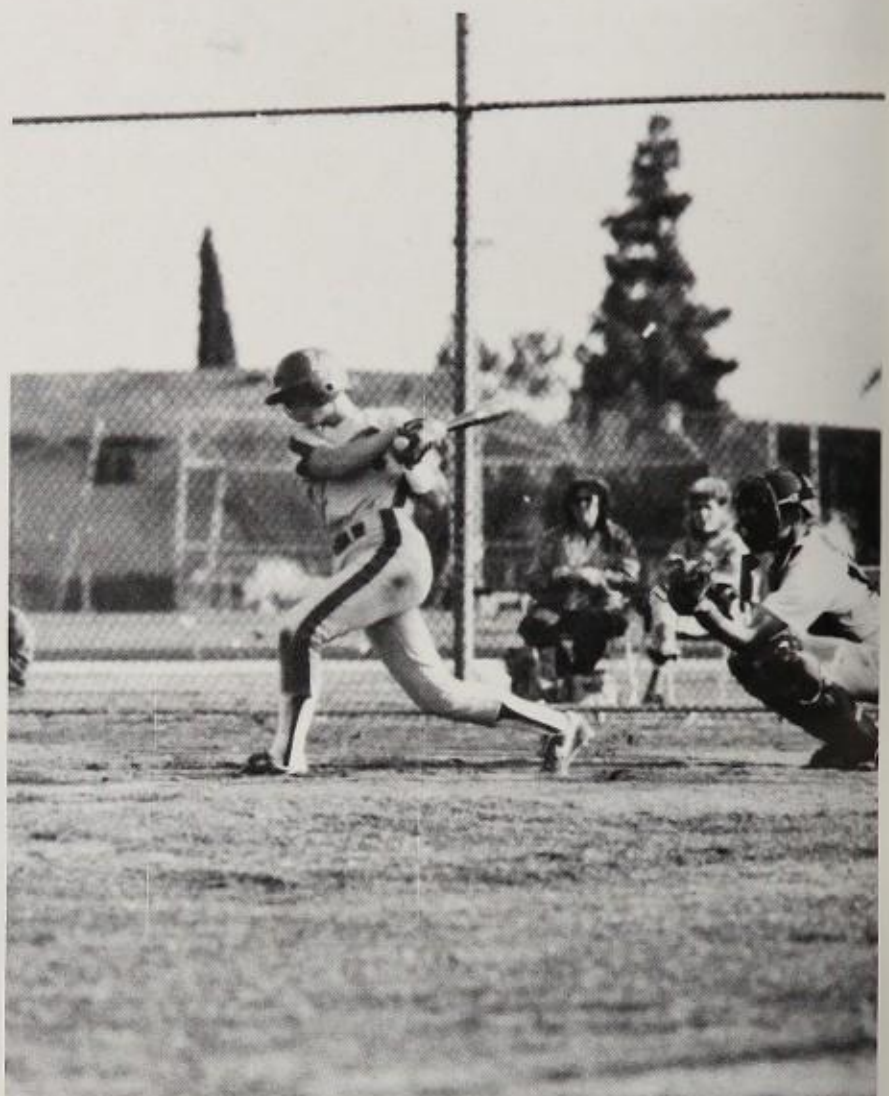
During the first game of the 1985 season **Kate O'Donnel** waits for the ball to be thrown to her. Kate finds concentration is an important factor in winning a game.

Sliding into 3rd base **Joey Marquart** waits to hear the umpire's call. Joey hopes she is safe. Because softball is a very demanding sport, the Griffins practice almost every day after school.

Before a softball game **Julie Jones** watches as the opposing team warms up on the field. Julie looks carefully so she will remember the strengths and weaknesses of the competing team.



Playing second base, **Mark Houck** tries to stop a base runner from advancing to scoring position. Second base is one of the most demanding of the nine positions in the game.



Although swinging and missing, **Ronnie Scanlon** puts forth a strong effort to hit the ball. Ronnie plays shortstop this year and makes a great contribution to the team with his speed.

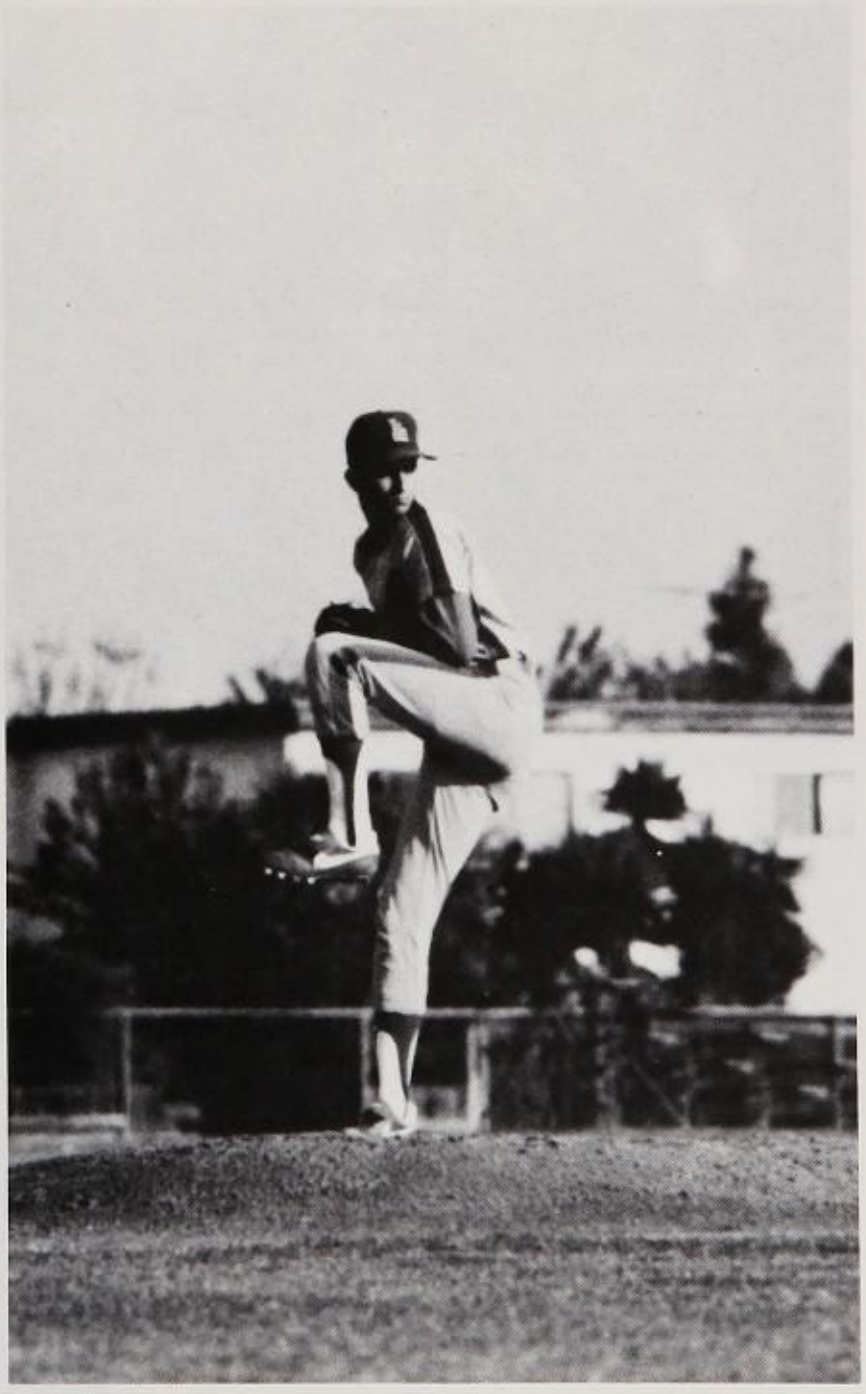
Varsity Baseball: Front Row — Mark Houck, Robbie Katzaroff, Mr. Gibson, Ronnie Scanlon, David VanWinkle **Second Row** — J. T. Snow, Mike Kelly, Mark Wilkins, Gary Renko, Ricky Nen **Third Row** — Randy Hacker, John Jacobs, Mike Flanagan, Mark Wolfe, Travis Tarchione **Fourth Row** — Kevin Jeanotte, Gary Loe, Brooks Peters, Bret Saldono

Baseball Aims To Take Season

The Los Al Varsity Baseball team of 1985 has proven that dedication and determination makes a winning team. The new head coach is **Mr. Mike Gibson** who coached J.V. Baseball last year. This has made a dazzling contribution to the team. The team strongly believes "practice makes perfect" and they practice many long, hard hours after school. With this attitude they planned to be number one. Mr. Gibson stated, "Even though the Varsity Team consisted of eight underclassmen, I expected there would be mistakes made in the beginning. Now looking back on the season, the team came through with flying colors."

Varsity Baseball stat girls include **Christine Dennis, April Alvarez,** Coach Gibson, **Mary Kate Hagmann, Kelly Reig.**

Rounding third base and heading for home, **Mark Wilkins** adds one more point to the scoreboard. Los Al's good base running techniques help the outcome of the game in a positive way.

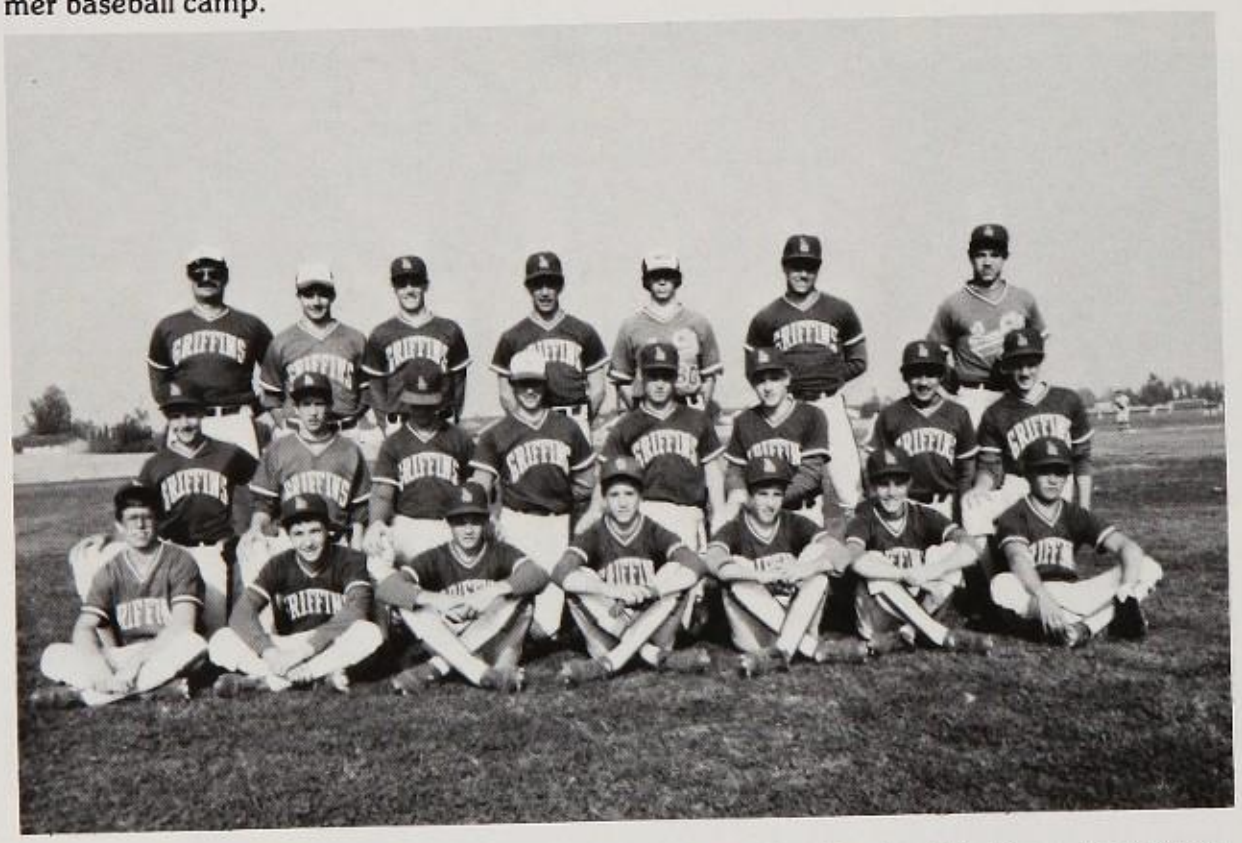


Winding up to throw his famous ball, **Randy Hacker** is determined to strike out all the opposing batters. Randy is dedicated to excellence which shows strongly in his pitching techniques.

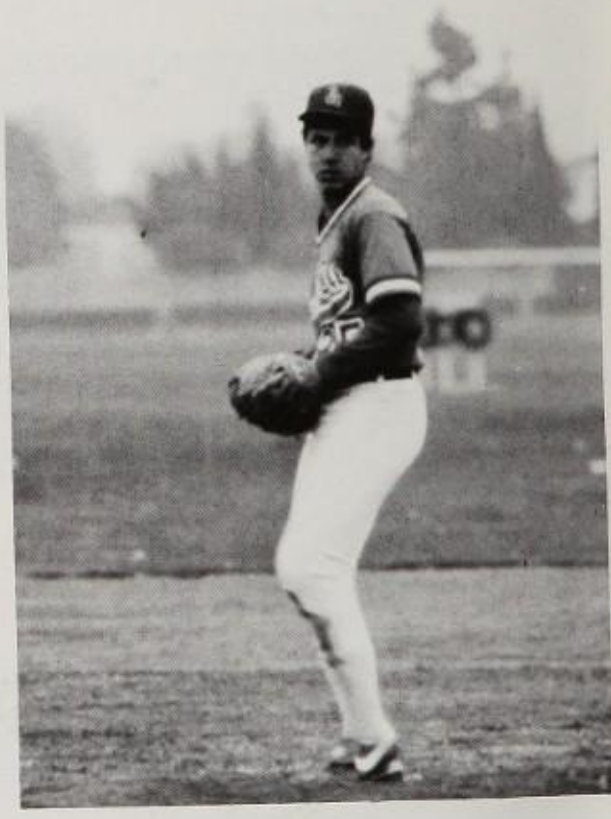
Baseball Teams Are Victorious

The Junior Varsity and the Frosh/Soph baseball teams have worked hard this year to complete a great season. Coach Steve Brooks and Coach Don Fisher prepared them for the J.V. 3-17 season, and the Frosh/Soph 13-7 season. Concentrating on hand and eye coordination required much thought during after school practice. Many members agreed that winning a big game paid off for all the time put into practice. "The team's outlook is good this year," said Coach Brooks of the J.V. team, "they're doing very well." As for the Frosh/Soph team, according to Coach Fisher, "They've progressed and have great potential." Another successful year for the Griffin teams has passed, but the work continues during summer baseball camp.

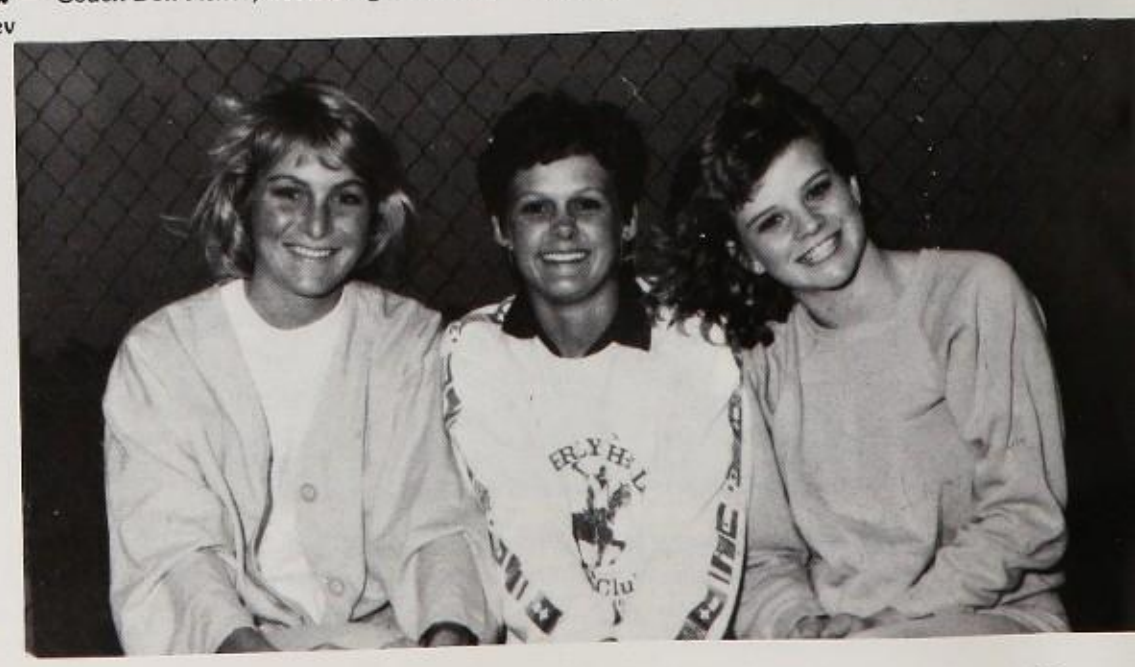
Junior Varsity Baseball: Front Row — Clint Kemp, Ricky Paul, Dale Lane, Tony Muser **Second Row** — Randy Hines, Deron Scott, Scott Fitzgerald, Mike Kelly, Tony Fusco **Third Row** — Roy Lin, Jason Davenport, Coach Steve Brooks, Tom Williamson, Ron Nen **Not Pictured** — Jon Prussel



Frosh/Soph Baseball: Front Row — Dan Foster, Joe Croce, Pete Scanlon, Skip Murray, Brett Pagett, Steve Pawlacyk, Bob Sylvia **Second Row** — Bob Callaway, Steve Rubenacher, Jeff Cosby, Ken Montgomery, Scott Browne, Mike Scott, Jon Caudillo, Randy Blanq **Third Row** — Coach Don Fisher, Scott Sargeant, Greg Pirkl, Doug Davidson, Josh Musselman, Mike Rogers, Nick Beljajev



Preparing a difficult pitch to throw, **Nick Beljajev,** of the Frosh/Soph Baseball Team concentrates on the wind up.



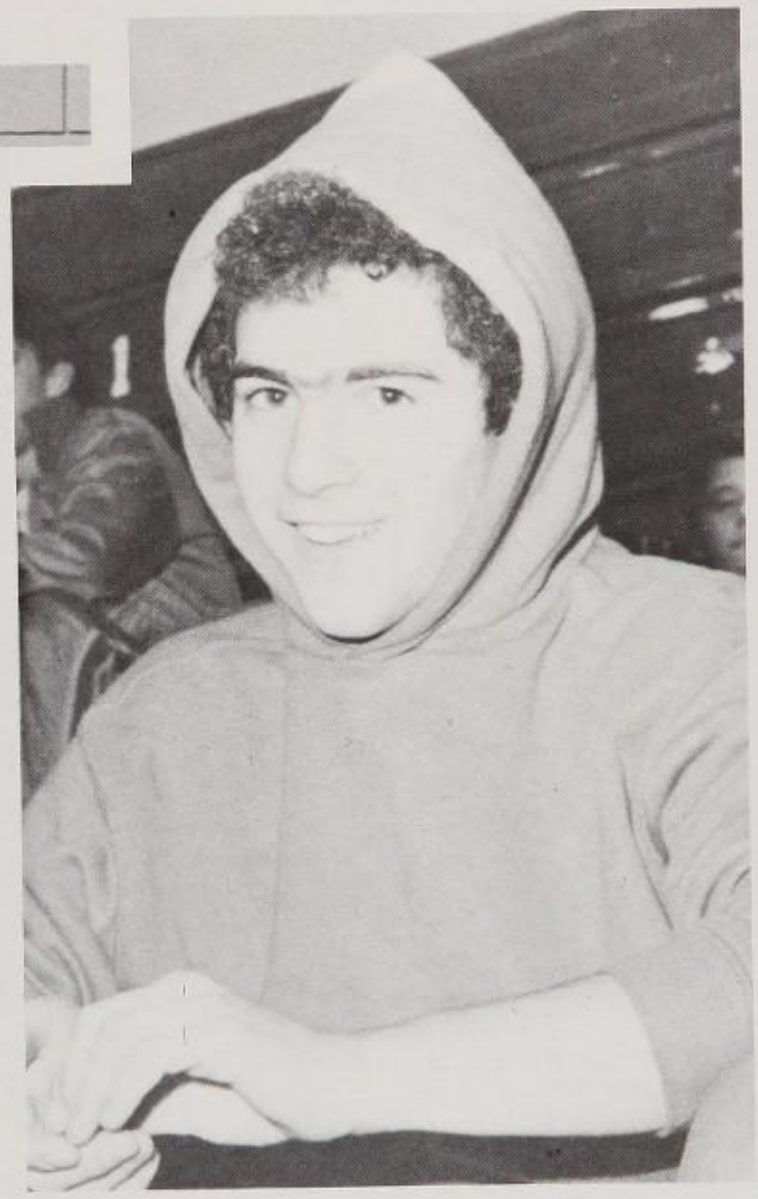
Stat Girls for the 1985 Frosh/Soph baseball team: **Kirsten Shaw, Anne Marie Hagman Dawnielle Congiardo**

Wrestlers Hold Opponents Down

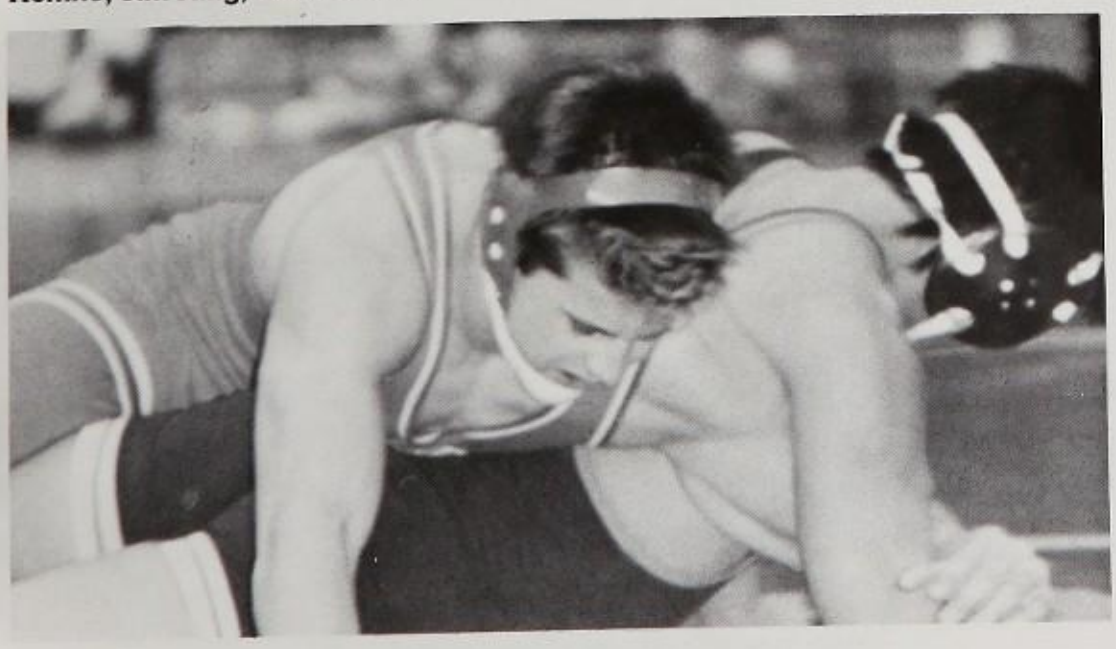
Junior Varsity and Frosh/Soph wrestling teams had a good competitive season. They shared promise and good sportsmanship all year long. Both the Junior Varsity and Frosh/Soph wrestling teams finished high in the Empire League standings, which should make the 85-86 Varsity wrestling team even better than this year's. The coaching was superb on both the Junior Varsity and Frosh/Soph teams, which again will make teams in the future even better than before. Wrestlers such as **Mike Mullaney, David Hughes,** and **Robert Napoles** are just a few of the wrestlers with promising wrestling ability.

JV Wrestling: First Row — Marcus Garcia, Bobby Silvia, Mike Corzine, Scott Meyer **Second Row —** David Hughes, Brett Miner, Jim Schaffer, Robert Napoles

Frosh/Soph Wrestling: First Row — Mark Tobin, Henry Lebeden, John Tredwell, Chris Crockett **Second Row —** Mike Shaddox, Matt Verga, Andrew Remne, Jim King, Alex Pulone

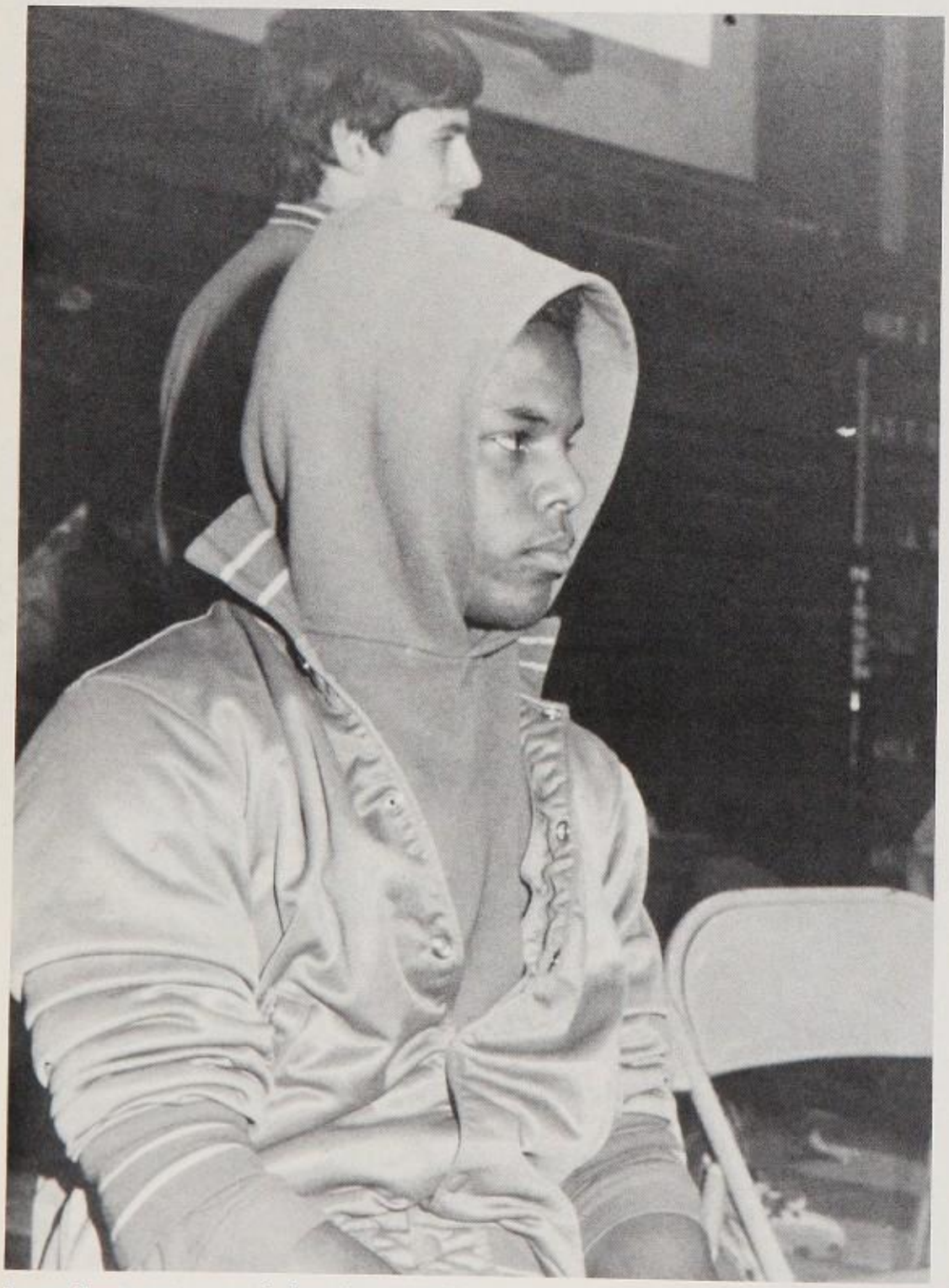


Crowds are often sparse at wrestling matches so team enthusiam helps. **Alex Pulone** looks on with excitement as one of his teammates defeats another wrestler easily.



In wrestling, body strength is very important. **Mike Mullaney** uses his upper body strength to flip his opponent. Mike works out in the weight room constantly to keep himself in tip top condition. These workouts help him to defeat opponents.

Varsity Wrestling: Front Row — Glenn Barrett, Lenny Fontanez, Scott Welsh, Keith Lifshin, Mike Hernandez, Glenn Urata, Derric DuBourdieu **Second Row** — Chris Rose, Dave VanWinkle, Kurt Ripplemeyer, Corey Quinn, Dan VanWinkle, Marc Alpert

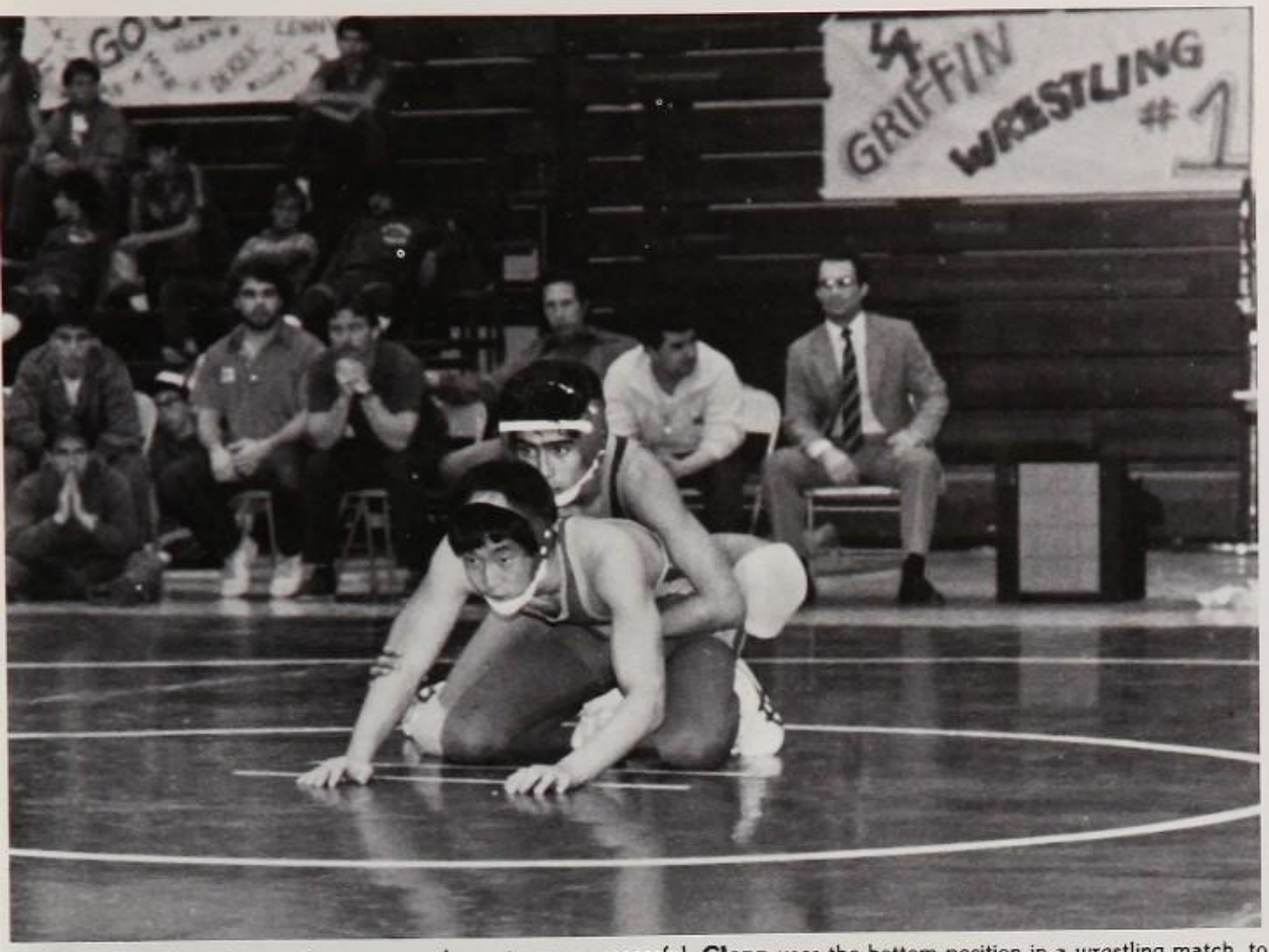


Lenny Fontanez is a very dedicated wrestler. He spends hours in practice in anticipation at victory during his matches. He uses the time before each match to get himself ready for his upcoming opponent on the wrestling mat.

Shaking hands with an opponent before each wrestling match is customary throughout the world. **Mike Hernandez** shakes hands confidently with his upcoming opponent before one of his wrestling matches.

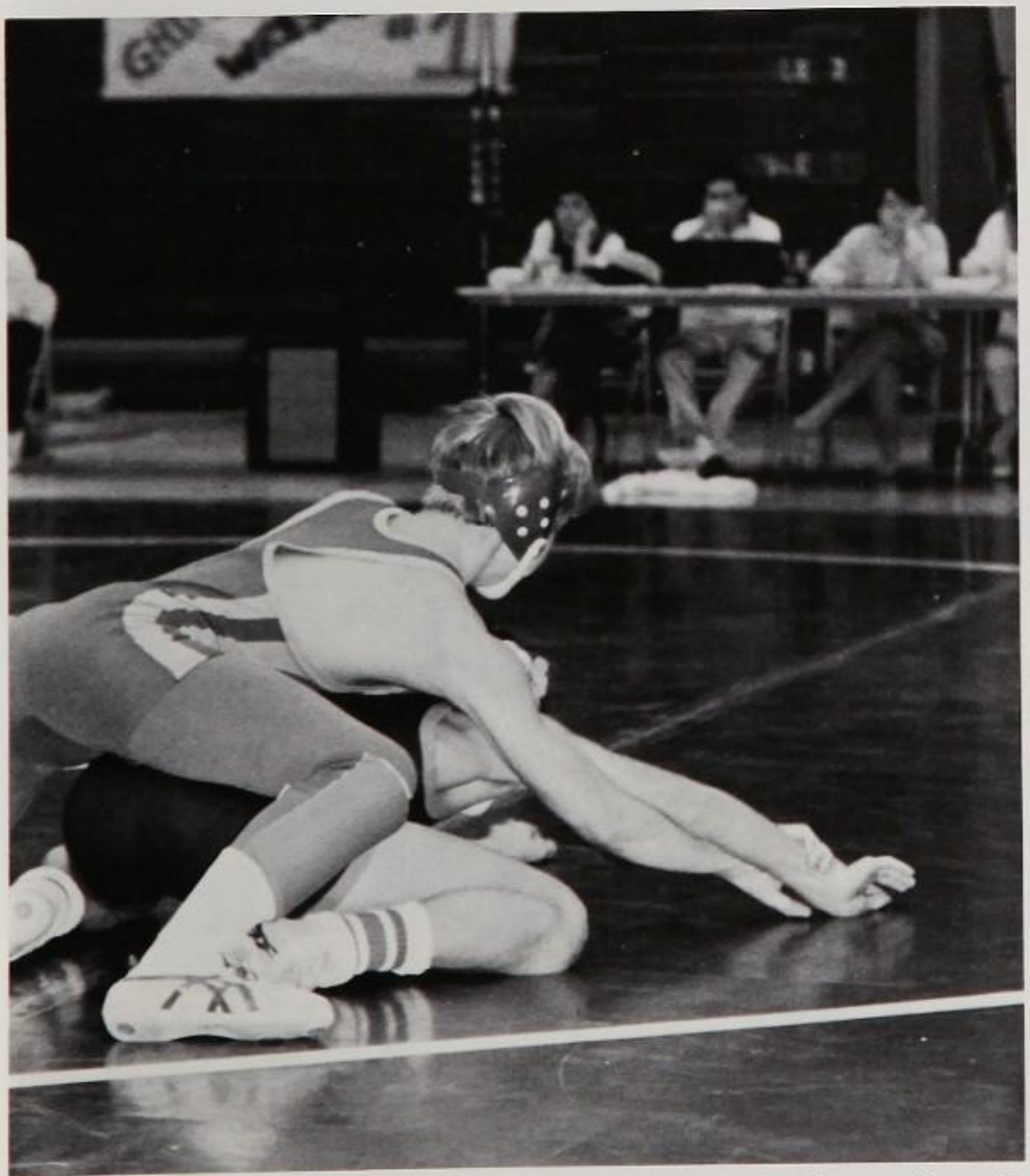
Wrestlers Pin League To Mat

The wrestling team had a marvelous season finishing high in the Empire League standings. They gained the respect of the rest of the league with their agility. Players such as **Keith Lifshin, Mike Hernandez** and **Kurt Ripplemeyer** were just a few of the many talented and well coached wrestlers on the varsity squad. An added compliment to the team was that several members of the squad made it to the C.I.F. playoffs.



Senior **Glenn Urata's** speedy moves on the mat prove successful. **Glenn** uses the bottom position in a wrestling match, to gain a quick turnaround and pin on his opponent.

Scott Welsh loves the sport of wrestling. He always enthusiastically shakes hands with his opponents before each match and then he enthusiastically pins them to the floor.



Though only a junior, **Derric DuBourdieu** has gained respect on the varsity wrestling tour. He uses his small build to make moves on his opponents that might seem impossible. **Derric** uses his quick hands to disable an opponent.

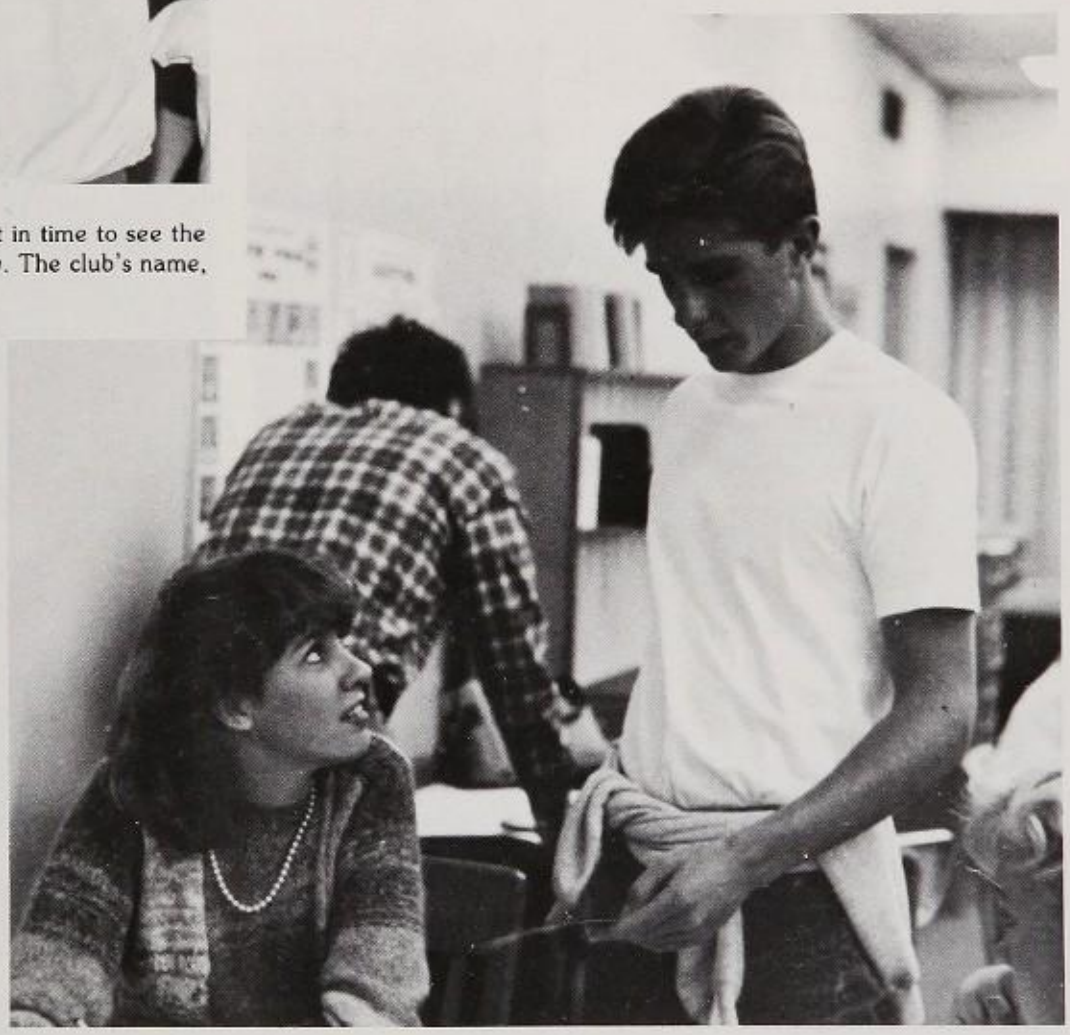
GUILDS

Kenny Hayashida and **Ivy Chou** help fill the Science Club's hot air balloon for lift-off.

Saxophone player **Darolyn Hamada** and the rest of the brass section rehearse a street performance in their brand new uniforms for the upcoming festival season. Daily practice almost guarantees a successful rating from the judges at the various band competitions.

Freshmen **Lisa Mariotti** and **Angela Reinhardt** look behind them just in time to see the cute boys who **Nancy Logan** and **Elli Excoustos** have seen walking by. The club's name, L.A.'s Flirts, perfectly exemplifies their favorite hobby.

Flashing her sparkling smile, **Mary Kate Hagmann** ends one of her best performances with a bang. Mary Kate has been on the award-winning colorguard for four years.



An associate editor's job is never done. **Kathleen Beatty** assists fellow Cottonwood staff member **Eric Jones** in choosing which picture to use. The staff must use their best judgement in deciding which photographs best represent the entire student body.

Sexy Senior Citizens: Front Row — Lisa Lander, Ruth Busenkell, Kim Diehl, Tracey Cohn **Second Row** — Kim McAfee, Corrine Grubb, Mr. Gibson, Stacy Pollard, Robyn Recendez **Third Row** — Elizabeth Hewitt, Tammie Wuesthoff, Tricia Thornberry, Kim Palmer, Vicki Myers, Mary Kate Hagmann

Tricia Thornberry and **Kim Palmer** are members of the T-shirt club Sexy Senior Citizens. The club as a group presents the football team with a bunch of balloons to wish them good luck during the season.

As well as being a member of the Senior Sophisticates, **Tamara Young** is also in the show choir. She is featured in **The Lullaby of Broadway** singing "Home" from the **Wiz.**

Senior Sophisticates: Front Row — Lisa Bueno, Donrena Minor, Tamara Young, Teresa Carman, Alistair Blake **Second Row** — Andrea Blake, Mrs. Watson

Senior T-Shirt Clubs Quest for Tradition

Senior-itas: Front Row — Jean Ingerle, Lori Heinselman, Vicki Land, Lesley Durkee, Maria Eschenbrenner **Second Row —** Kris Schlauch, Mr. Lung, Jill Morley

Senior Sororatease: Front Row — Jeneane Nicademus, April Leapley, Trice Barto, Sonja Muir **Second Row —** Sheralynn Rinella, Kristen Olin, Lisa Bailor, Suzy Oppenlander, Robin Landsford, Linda Huff **Third Row —** Amy Swieck, Jenny McEntee, Kathy Ernst, Barbara Habenicht, Lori Martin, Susan Jenkins.

Trice Barto, Suzie Oppenlander, and **April Leapley** wait anxiously for the Halloween dance to begin. They take some time out from decorating to show their uniquely designed costumes. They are all members of the Colorguard which sponsored the dance.

The **Sexy Senior Citizens** were a group of girls who were dedicated to promoting school spirit, fun for students and occasionally bizarre activities that kept the administrators and the teachers on their toes.

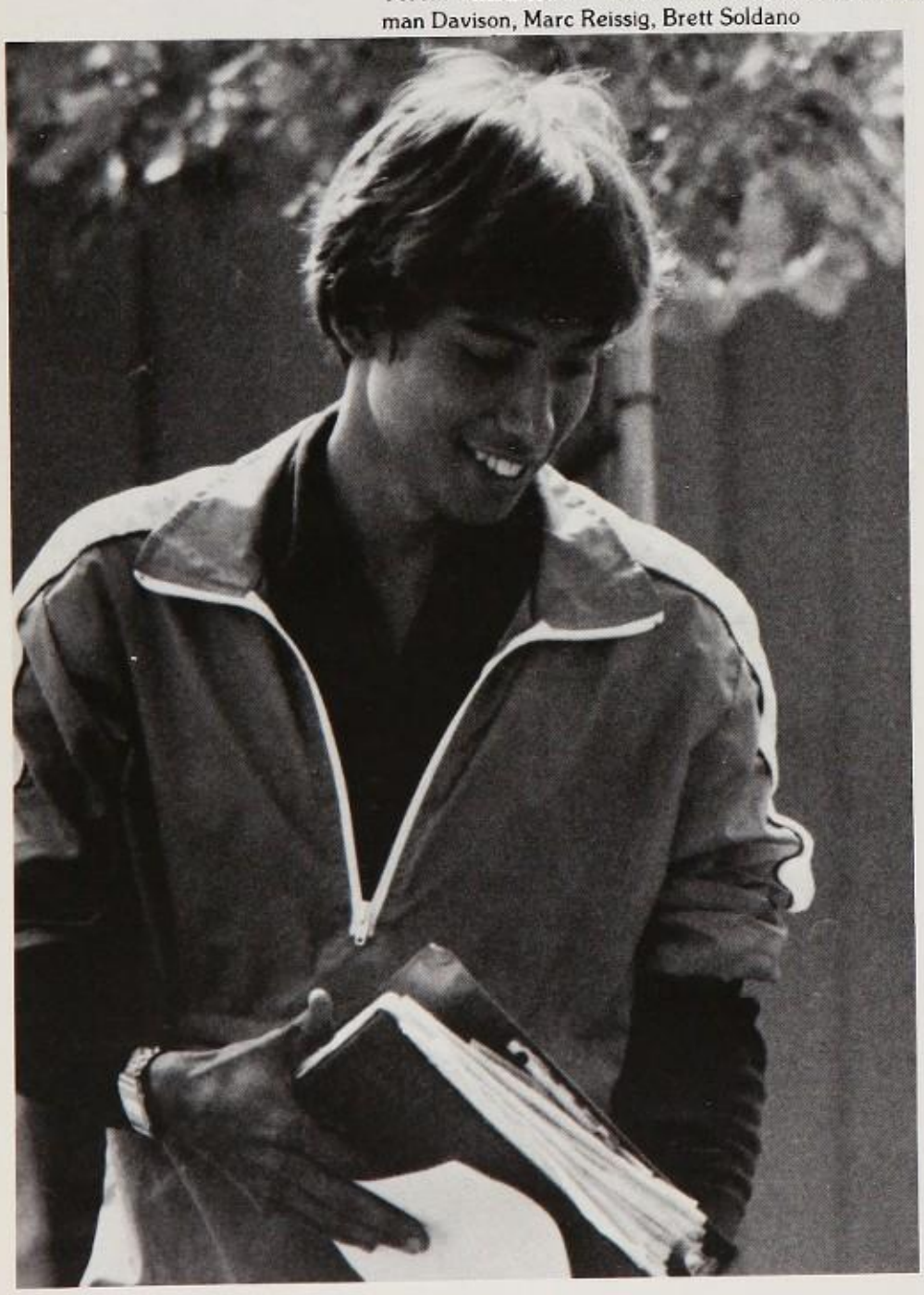
The members of the **Senior Sophisticates** also tried to increase the educational level of the members. Also to serve as role models to underclassmen.

The **Senior-itas** consisted of a group of girls who were involved in the same clubs since their freshman year. They enjoyed spreading school spirit throughout the school year.

The **Senior Sororatease** members felt there would be no other year like their senior year. The good times they shared and the memories will never leave them. They marked a time in their lives in which they grew together to realize their true selves. Finally, all these groups had one idea in common, to spread and promote school spirit.

During a football pep assembly, **Maria Eshenbrenner** overlooks the conversation that has been going on in front of her to see the exciting performance on the gym floor. Maria is a member of the Los Al Senior-itas.

L.A. Tuna: Front Row — James Shepherd, Lee Phillippi, Hung Yih Chen, Mike Flanagan, Matt Winford, Tim Beck, Marc Kjorness, Johnny Dunn **Second Row** — Gene Sollows, Scott Miller, Richard Pickard, Ron Dabbah, Albert Chang, David Clissold, Russell Wolf, Scott Stonebrook, Adam Torem **Third Row** — Erik Friesenhahn, Kent Nordstrom, Mike Fogarty, Trey Sandusky, Ken Hayashida, Miss Pat Ramsburg, Andy Woods, Norman Davison, Marc Reissig, Brett Soldano



Senior member of the L.A. Tuna, **Norman Davison,** takes time during nutrition to go over last minute information before his government test. As a member of Tuna, Norman's goal is to make Tuna a name worthy of respect.

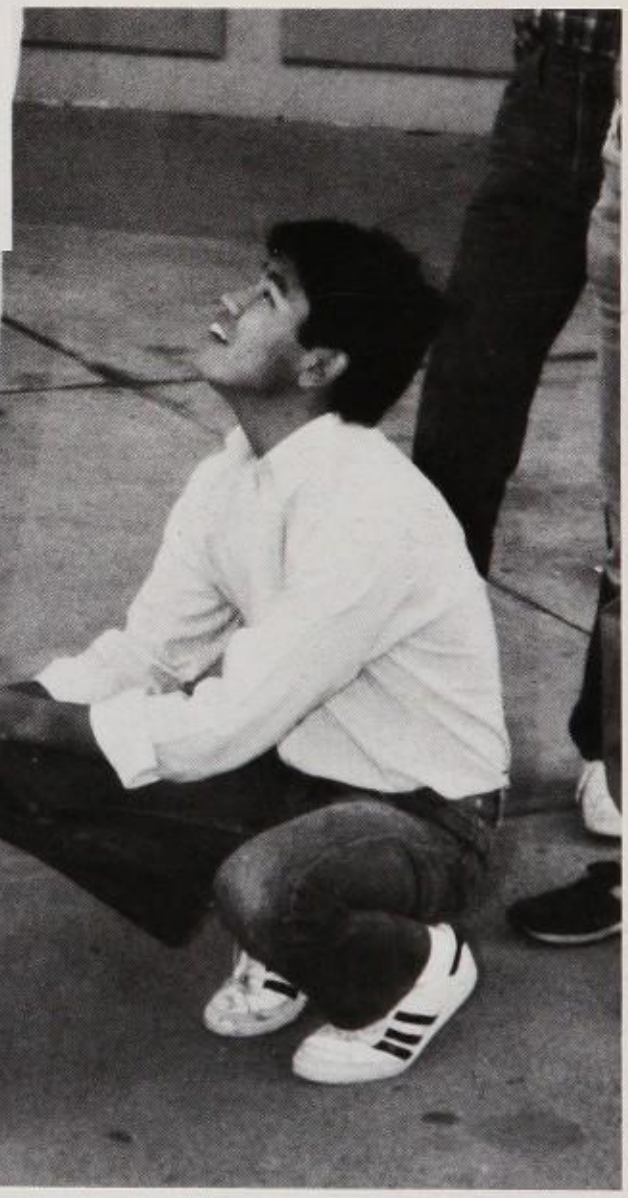
STS: Front Row — Marc Reissig, David Clissold, Rick Itakura, Ken Hayashida **Second Row** — Mike Fogarty, David Levy, Alan Go, Bobby Yee

Tuna Becomes a Phenomenon

Many clubs were formed for various reasons. To too many students, Tuna was just an ordinary fish, but to the members of the Tuna Club, Tuna was an institution: it was a symbol of spirit and pride, a tool of student welfare, and a phenomenon unto itself. **Scott Miller** stated, "Tuna may sound like a joke, but our goals make Tuna a name worthy of respect." Another club seen on campus was the STS. Their goal was to emphasize school spirit in conjunction with scientific activities. The name, STS, was derived from the Space Transportation System, meaning Super Terrific Scientists. The group participated in scientific fairs and functions offered through the Science Club. The Senior Sesquipedalians tried to increase vocabulary while keeping school spirit and pride. Finally, the Senior Select made their senior year the best at Los Alamitos through various social gatherings.

Senior Sesquipedalians: Front Row — Ken Hayashida, Rick Itakura, Robert Yee, Alan Go **Second Row** — Mike Fogarty, David Clissold, Marc Reissig, David Levy

Senior Select: Front Row — Elizabeth Fischer, Tiina Vittaniemi, Vickie Hart, Mr. Hauenstein **Second Row** — Karen Smith, Allessia Rusticali, Laura Kraft, Radmila Runich



Senior Sesquipedalian member, **Rick Itakura,** is amazed at the hot air balloon constructed by the Science Club. The Sesquipedalian's goal is to try to increase vocabulary.

Los Al Seniority: Front Row — Kelley Uyeda, Tisha Wong, Miki Aurang, Janice Kasumovic, Laurie Ann Hamada **Second Row —** Shelley Colaluca, Susie Kuzmich, Miss Pat Ramsburg, Lisa Jones, Jenny Castlen

Los Al Seniority member **Kelley Uyeda** shows her spirit through wearing her jacket. Kelley helped decorate a Los Al Seniority float which won the Queen's Award in the Homecoming Parade.

The Ivy League: Mrs. Steeby, Ivy Chou

Clubs Strive to Socialize

T-shirt and jacket clubs have become common on the campus of Los Alamitos. The Los Al Seniority was a jacket club formed as a means of socialization. The members were seen wearing their navy blue jackets at different events throughout the year. The club motto of the Ivy League stated: "When you want something done right, you must do it yourself." **Ivy Chou** formed the Ivy League in order to gain self-unity and to gather self-insightfulness. The Senior U.S.S.I. was a t-shirt club formed to promote school spirit and pride. Their goal aimed at influencing others to get involved and to make their high school years more memorable. Finally, Le Club included a group of friends who have been close throughout the years. **Kenny Hayashida** stated, "The picture just finalizes our friendship for posterity."

Senior U.S.S.I.: Front Row — Danielle Pulone, Karen Sylvia, Erin Callaway, Cathy Coyne **Second Row —** Heather Gergen, Denise Blankenship, Lori Doorbetakis, Shelly Toomey, D'yan Bills

A member of the Senior U.S.S.I., **Karen Sylvia,** willingly displays her club t-shirt while concentrating on the accuracy of cutting out a name plate in her jewelry class.

Le Club: Front Row — Alan Go, Kenny Hayashida, David Levy, Bobby Yee **Second Row —** Mike Fogarty, Marc Reissig, David Clissold, Ricky Itakura

L.A.P.D.: Front Row — Denise Troutman, Stacy Nordstrom, Lynn Kichline **Second Row** — Deanna Benstead, Tracy Clark, Laura Hill, Kathleen Beatty, Joy Fernbach, Jennifer Caughlin, Jennifer Meadows, Fiona Sinclair, Kathy Glaudini

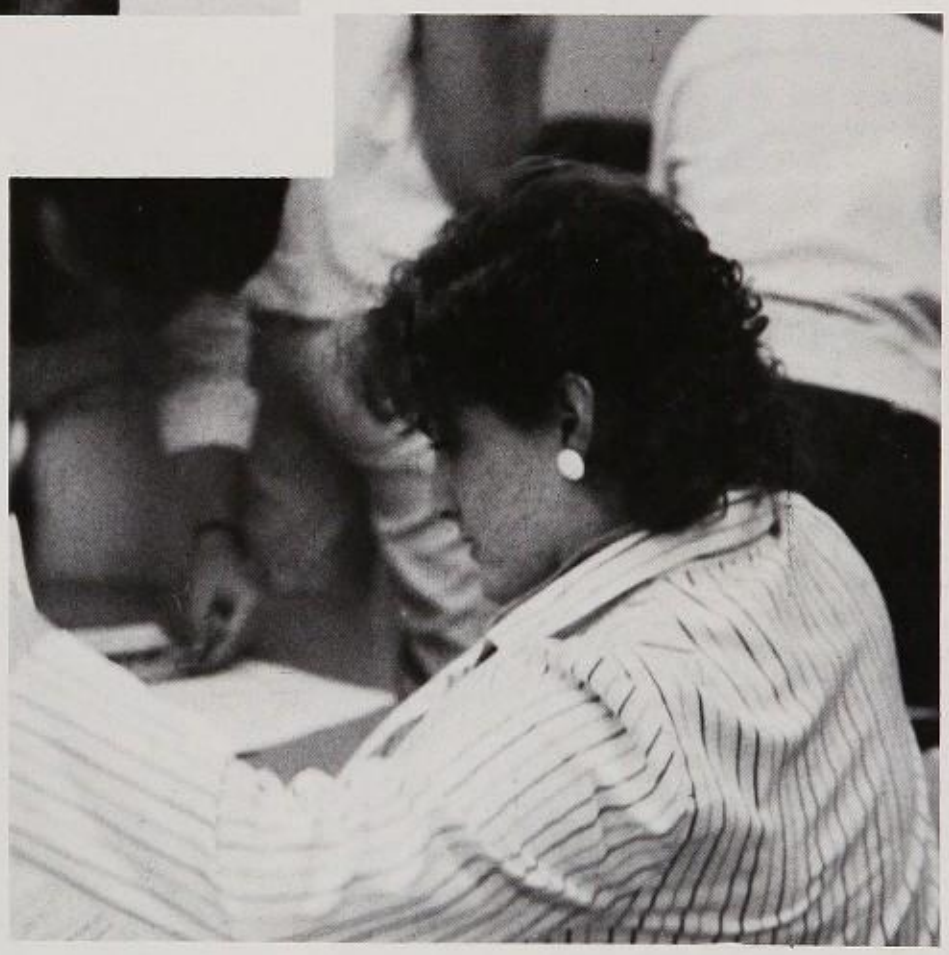
Sitting on The Hill at lunch, L.A.P.D. member **Joy Fernbach** reviews her notes for an upcoming test. All L.A.P.D. members have code names relating to crimes. Joy's a.k.a. is "Counterfeit."

C.I.A.: Front Row — Keith Lifshin, Miss Ramsburg, Trey Sandusky, Jeff Brown **Second Row** — Kent Nordstrom, Gene Sollows, Erik Friesenhahn, Mike Fogarty

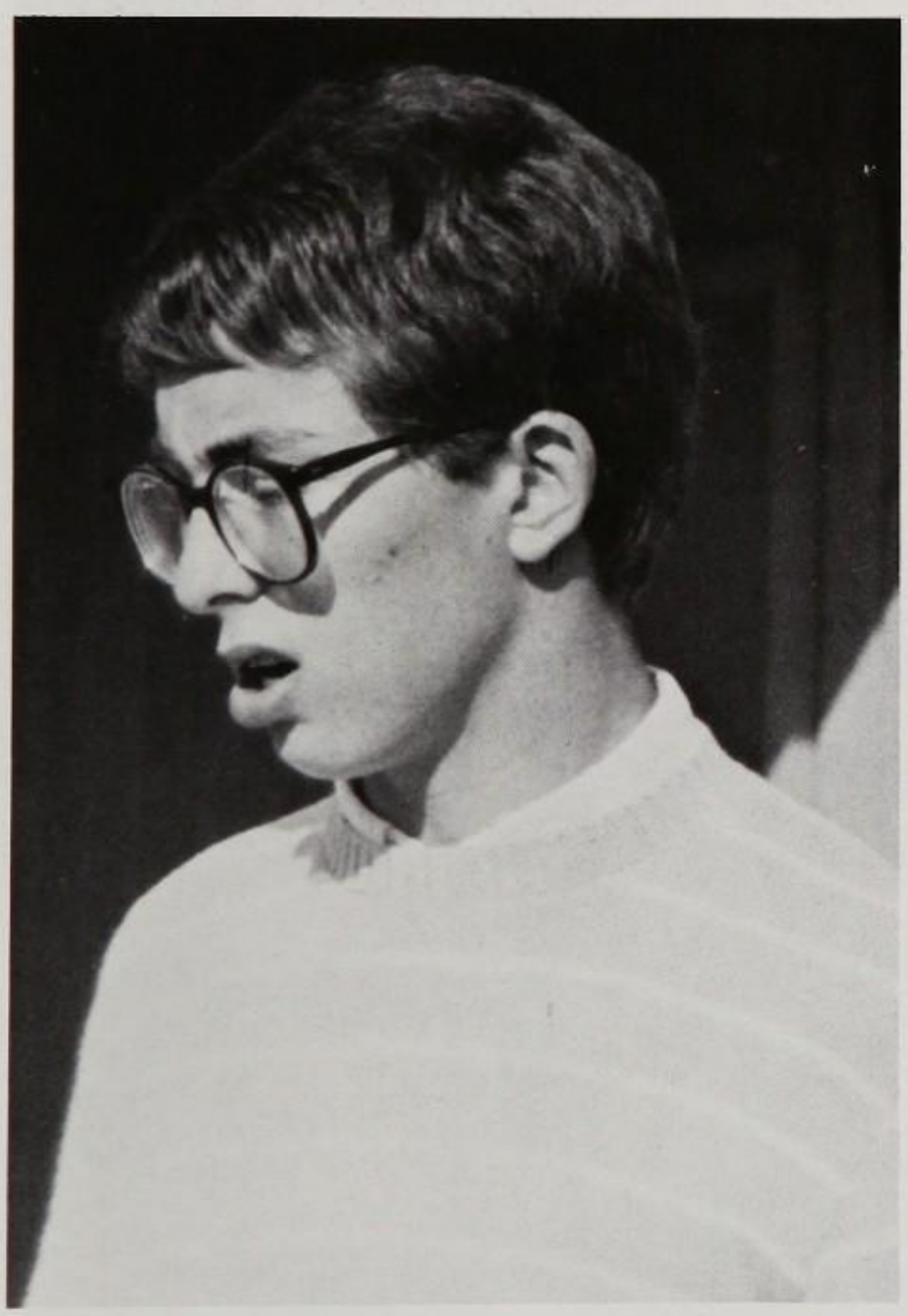
Los Al Clubs Enforce Laws

Many clubs on campus derived their names from well known governmental and police organizations. Although the clubs' abbreviated names were directly taken from these organizations, the meaning behind each abbreviation was relevant to the specific club. A great deal of time was spent by students trying to decipher what the various names stood for. Twelve girls formed their club, L.A.P.D., to "provide for the common defense and promote the general welfare for us and those around us." At the pep assemblies, L.A.P.D. members showed their undying spirit and made their presence known by starting up their famous siren. The activities of the student organization, C.I.A., remained pretty much unknown because of the club's secretive nature. Club members were often seen roaming the campus in their trench coats and dark sunglasses. One of the smaller clubs on campus was N.S.A. The club was "dedicated to the well-being of Los Al and the rest of the free world."

N.S.A.: Adam Torem, Erik Friesenhahn, Scott Miller



Kathy Glaudini is one of twelve girls at Los Al who is involved in the senior t-shirt club L.A.P.D. Organizing her layouts in yearbook class, Kathy is also a member of the Cottonwood staff.



A member of the student organization known as the C.I.A., **Keith Lifshin** contemplates what has been discussed at the club meeting. Decathlon and band occupy the rest of his out-of-class time.

During a lunch time meeting, **Erica Scott,** displays her leadership as president of the S-Club. She discusses the upcoming activities and services the club will participate in.

During orientation **Kim Jones,** secretary of the S-Club, finds out what classes are in store for the new year. Kim is looking forward to helping the S-Club become a successful spirit club.

S-Club: Front Row — Julie Francis, Anne Sawyer, Erika Scott, Linda Liang **Second Row —** Cheryl Franca, Mellissa McSheehy, Cynthia Phillips, Brigitte Koenig, Anna Chen, Laurie Tyo **Third Row —** Kim Youngker, Julie Campbell, Gina Lansky, Sandi Daniels, Suzanne Fitzgerald, Karen Murray, Julie Peterson.

Clubs Display Their Gallantry

Los Alamitos has long been known for their spirit clubs on campus. The following clubs help to generate the excitement and service:

LA's Finest is a service-oriented club for girls of Hispanic descent. They promote campus spirit and perform community services. This year's special activities included the annual Christmas fiesta, egg-o-gram sale, winter break decorating committee and a visit to the Long Beach Convalescent home. Their trips served three purposes: fun, service and adventure.

The LA Stars, advised by Carie Rose, is a new club on campus. This is for students of Asian descent. They are the first Asian spirit club to be organized at Los Alamitos.

The Soroptomist Club, known as the S-Club, is made up of a group of girls who help their community become a better place. Some events include raising money for different organizations such as the home for battered women, visiting convalescent homes and just spreading a little spirit.

LA's Finest: Front Row — Maria Camarena, Lorie Paldi, Marie Puente **Second Row —** Maria Puente, Ms. Long, Ana Rodriguez

Showing the holiday spirit with a Santa Claus hat on her head, **Lorie Paldi** enjoys a taco and coke at one of the LA's Finest Club meetings. The club is organizing the committee for the upcoming sale of egg-o-grams.

LA Stars: Front Row — Lynda Ken, Christina Tsung, Rachel Chen, Chih-Yu Wee, Mrs. Rose **Second Row —** Wing Chen, Rey Chen, Gary Wang, Ping Chen, James Ken

Providing spirit and services for Los Alamitos, sisters **Maria** and **Maria Puente** help at lunch time to decorate the Christmas tree for the winter break decorating committee.

Ron Magg, Key Club Lieutenant Governor; **Charles McCully,** Superintendent of Schools; **Danielle Kennaugh,** Keywanett **Dennis Scott,** Kiwanis President; and **Bill Daly,** Advisor join efforts in presenting support of the community project to supply dea bolts for the elderly.

Discussing upcoming events, **Mr. Daly** and **Mark Houck** try to relax after a before-school club breakfast with community leaders. Mark is the current President of the Key Club and also supports his school on the varsity baseball team.

A highly respected representative of the Kiwanis reiterates to **Sandy Hertz** point made by the guest speaker. Traditionally, Key and Keywanette Club cheons are held in honor of a community professional.

Freshmen **Anne Lawrence** and **Andrea Cunningham** enjoy their first o with the Key and Keywanette Clubs at Old Ranch Country Club.

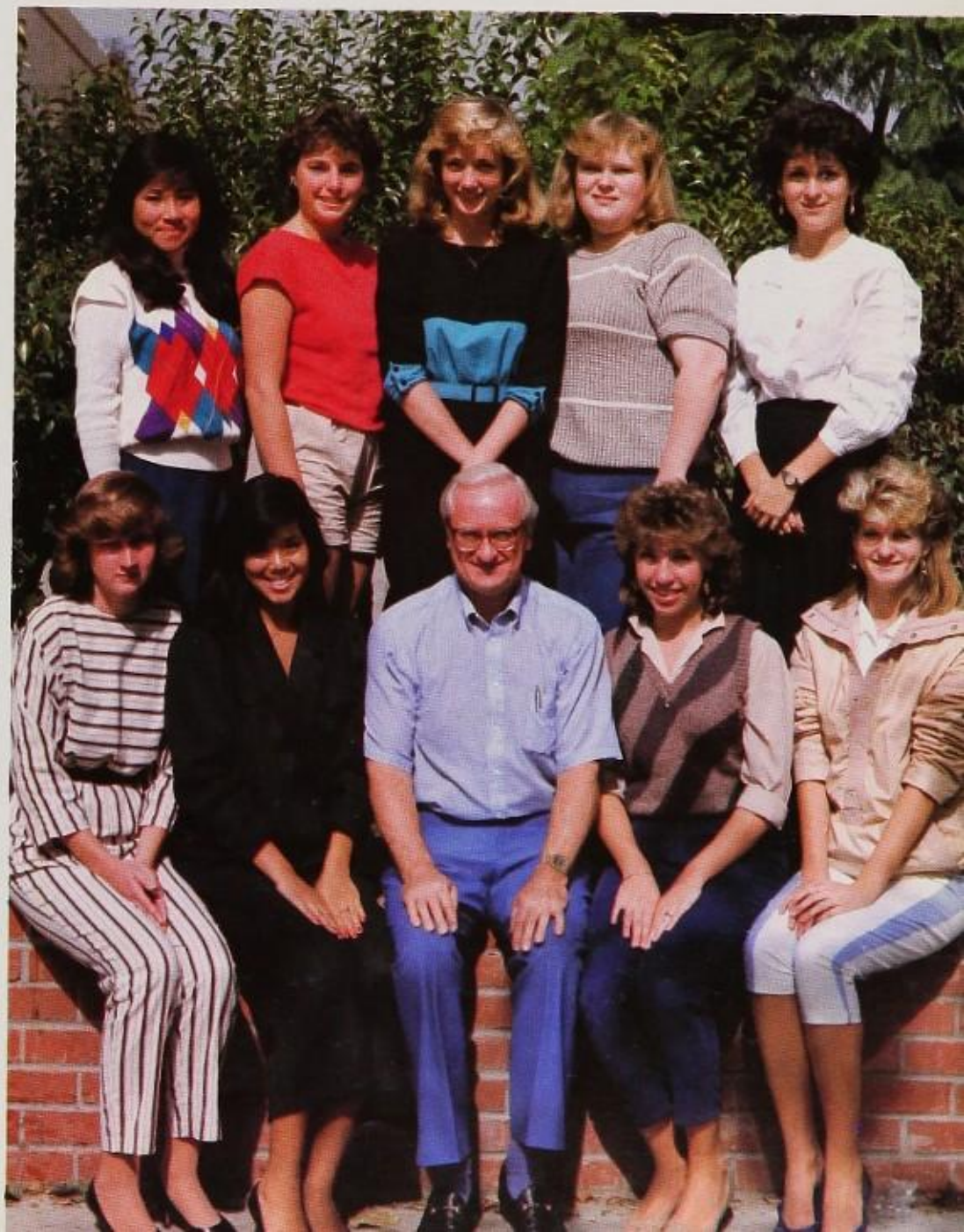
Keywanettes: Front Row — Sandy Griffin Cynthia Gordan, Traci Walker, Rebecca Copeland, Kim Ramseyer, Dana Rosenfeld, Susan gan, Lynn Chipllone **Second Row —** Kim Harrison, Jenny Emert, Elaine Wiest, Yvonne Soulé, Mary Kate Hagmann, Ann Tarlton, Susie iker, Lisa Bailor, Sandy Hertzig, Paula Rowls, Lisa Lunetta, Andrea Cunningham, Anne Sawyer, Brenda Voorting, Carla Rosenfeld, Julie unetta, Kris Skeber **Third Row —** Susan Jenkins, Sheralynn Rinella, Kelley Uyeda, Ann Lawrence, Kam Lewis, Lara Listavitch, Kim aylor, Jenny McEntee

Women, Men Serve City

— Grams, — grams, — grams. Four years ago, the Keywanettes of Los Alamitos High School initiated the Ho Ho Grams for Christmas. Since that time, they and other copying student organizations have produced the grams with over a dozen themes. Their activities have not been limited to the campus, however, because in April they participated very heavily in the Rams Golf Tournament, helping to raise over $25,000 for Cystic Fibrosis. Before that, they had assisted both their sponsoring Kiwanis Club of Los Alamitos and the Key Clubbers in running a booth at the city's Bicentennial Fair. As part of Key Club International Week, the Key Club weekly meeting, presenting the film, "Wipeout," which was later shown to the Los Al student body as a service project. Both the Keywanettes and Key Clubbers worked together to donate food baskets to the needy at Christmas.

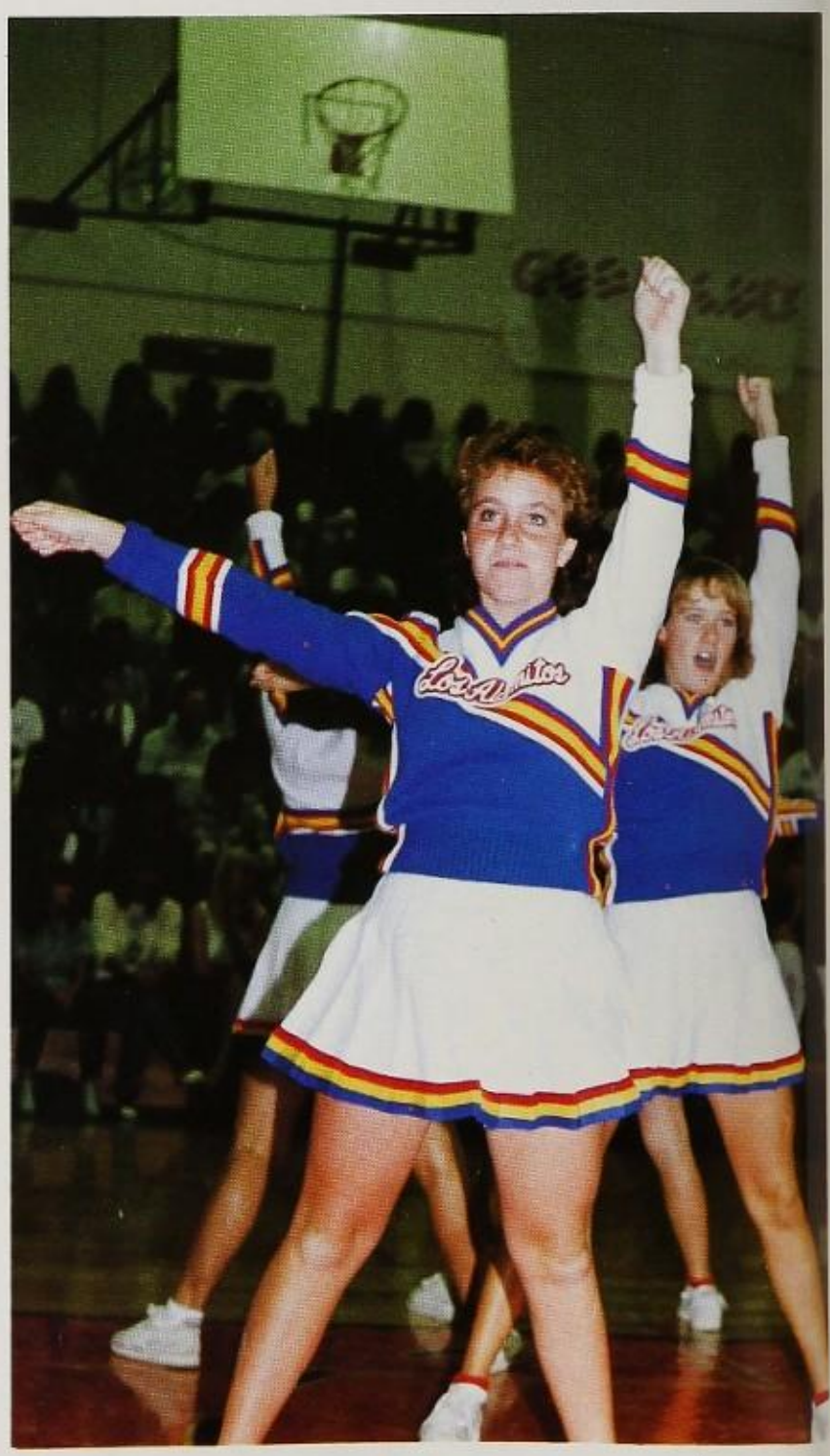
eywanette Officers: Front Row — Kelly Rieg, Thet Win, Mr. Daly, Brenda Huber, xanne Griffin **Second Row —** Grace Wang, Elisa Langsam, Danielle Kennaugh, rie Serv

Key Club: Sitting — Jeff Cimbalo, Jon Prussel, Mark Houck **Standing —** Mike Melancon, Ron Maag, Mr. Daly, David VanWinkle



Junior Varsity Cheer: Front Row — Anne Marie Hagmann, Ronna Coulter, Vanessa Thomas, Michelle Birdsall **Second Row** — Traci Gibson, Donna Hardin, Michelle Stoll, Cathy Poe, Wendy Nugier **Third Row** — Margi Hibschman, Kim Rodefeld, Denise Kaneko, Michelle Overbeek **Fourth Row** — Wendy Poe

Members of the Freshman Cheer Squad, **Dana Rosenfeld** and **Aimee Lewis** prepare the balloons for the crowning of the Homecoming Queen during halftime of the football game against the Cypress Centurions.



Showing their school what spirit is all about, freshmen cheerleaders, **Jane Chapman** and **Julie Siler** chant to a routine they learned before the special Homecoming assembly. The Griffin assembly roared with determination.

Freshman Cheer: Front Row — Megan Wood **Second Row** — Yvonne Soule, Dana Rosenfeld, Susan Egan, Cinnamon Chaney, Jane Chapman, Sharon Weinstein **Third Row** — Julie Siler, Kelly Clark, Aimee Lewis

Cheer Quests for Victory

The Junior Varsity Cheer Squad, consisting of fourteen students is a very talented group of sophomore and junior girls. The squad performs during games and pep assemblies, and the team represents our school by participating in various competitions. One of the dedicated members of the team, **Traci Gibson** (lower right), cheers at the Homecoming pep assembly to Los Al's traditional fight song. Traci's spirit and pride show in her smile and enthusiasm. Preparing the mini-tramp for their competition routine, **Michelle Overbeek, Anne Marie Hagmann,** and **Michelle Birdsall** (lower left), psych themselves up for their hard stunts. The J.V. cheerleaders have an excellent reputation for their execution and difficulty in their competition routines.

The Freshman Cheer Squad, consisting of ten talented members is another well-known team on Los Al's campus. Even though the freshman team is the youngest, they are no less important than the rest of the cheer squads. Swaying to the beat of Los Al's Alma Mater freshmen cheerleaders, **Cinnamon Chaney** and **Susan Egan** (left), think about the Homecoming game against the Centurions from Cypress. Being a cheerleader at Los Al is a great way to make friends and be a part of the school's spirit and pride.

Varsity Squad: Front Row — Kim Diehl, Stacy Pollard **Second Row** — Lisa Lander, Suzann Pray, Laurel Kergan, Shannon Clements **Third Row** — Jason Shook, Jim Devlin, Scott Fitzgerald, Brad Rawls, Guy Woodson, Erik Murray **Fourth Row** — Robin Recendez, Kim McAfee **Fifth Row** — Jody Crum, Sara Brain, Denise Troutman, Kathy Siler, Missy Munsterman **Sixth Row** — Lance Lecompte, Jeff Wilson

Members of the Varsity Yell Squad, **Jason Shook** and **Scott Fitzgerald,** act as spirit leaders in an important football game. Through the use of megaphones, they rouse the fans to their feet.

Celebrating over the outcome of the Homecoming Football Game, **Corrine Grubb** and **Tracy Cohn** embrace with joy. After cheering with spirit the whole night, their bubbling energy overflows into a delightful celebration after the game.

Jody Crum, a member of the Varsity Cheerleading Squad, is ready to cheer the Griffin team on to victory during the Homecoming Football Game. She eagerly leads the crowd in an overwhelming "Victory Cheer."

Senior songleader, **Amy McDougall,** willingly displays enthusiasm at a daytime pep assembly while clapping in support of her fellow classmates. Watching one of the most spectacular, yet somewhat humorous, events of the day, she is excited at the fantastic "Ghostbusters" performance by the Varsity Yell Leaders.

Groups Bring Illumination

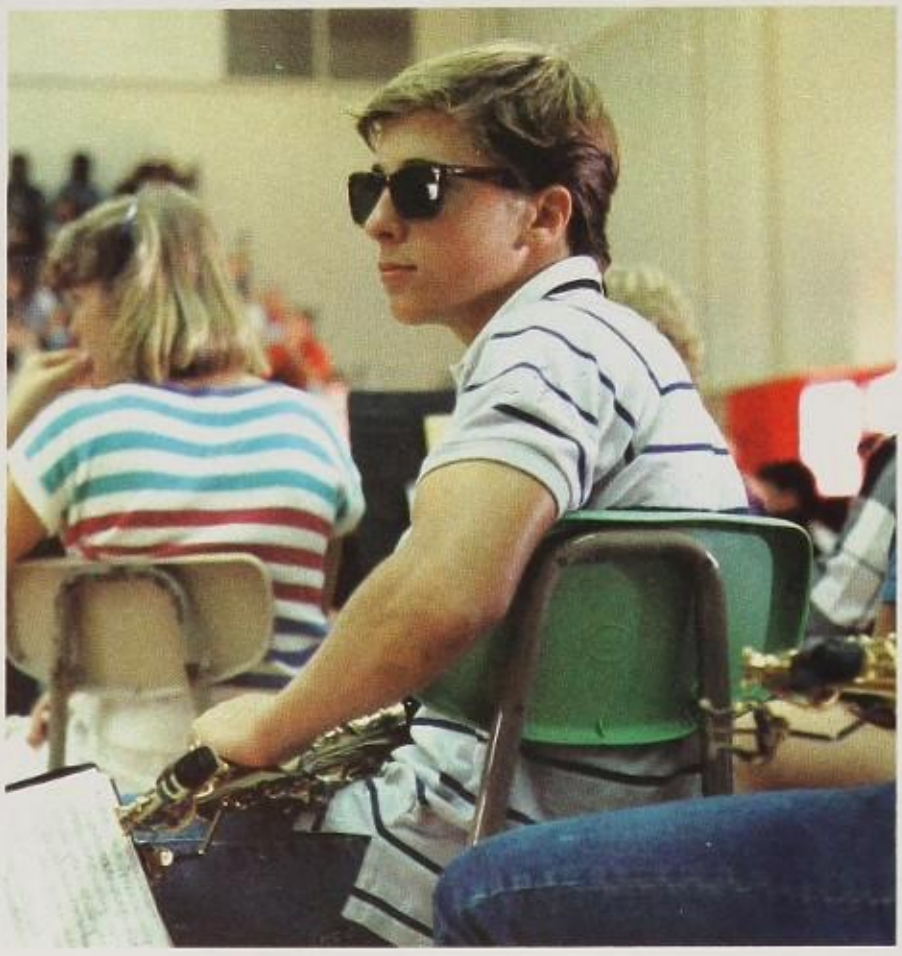
Consisting of ten girls, the Varsity Songleaders played an influential role in school spirit. They performed their energetic routines at football and basketball games, as well as pep assemblies. The squad of talented dancers competed in the Miss Drill Team USA Competition in February making perfection their main goal. Another talented group on campus was the Varsity Squad. This squad consisted of eight Varsity Yell Leaders and thirteen Varsity Cheerleaders. The theme for this year was "On to Florida." The Varsity Squad traveled to Orlando, Florida to compete in the national finals of the High School Cheerleading Competition. Much energy and effort was spent in the many committments this group had. Whether cheering at games or attending class, they showed their pride and spirit. Throughout the year, the Varsity Squad kept our spirit going with their outstanding performances.

Senior yell leader, **Guy Woodson,** holds his microphone high while leading a cheer during the night of the Homecoming Football Game. Through his enthusiastic cheers, Guy attempts to help the team on to victory.

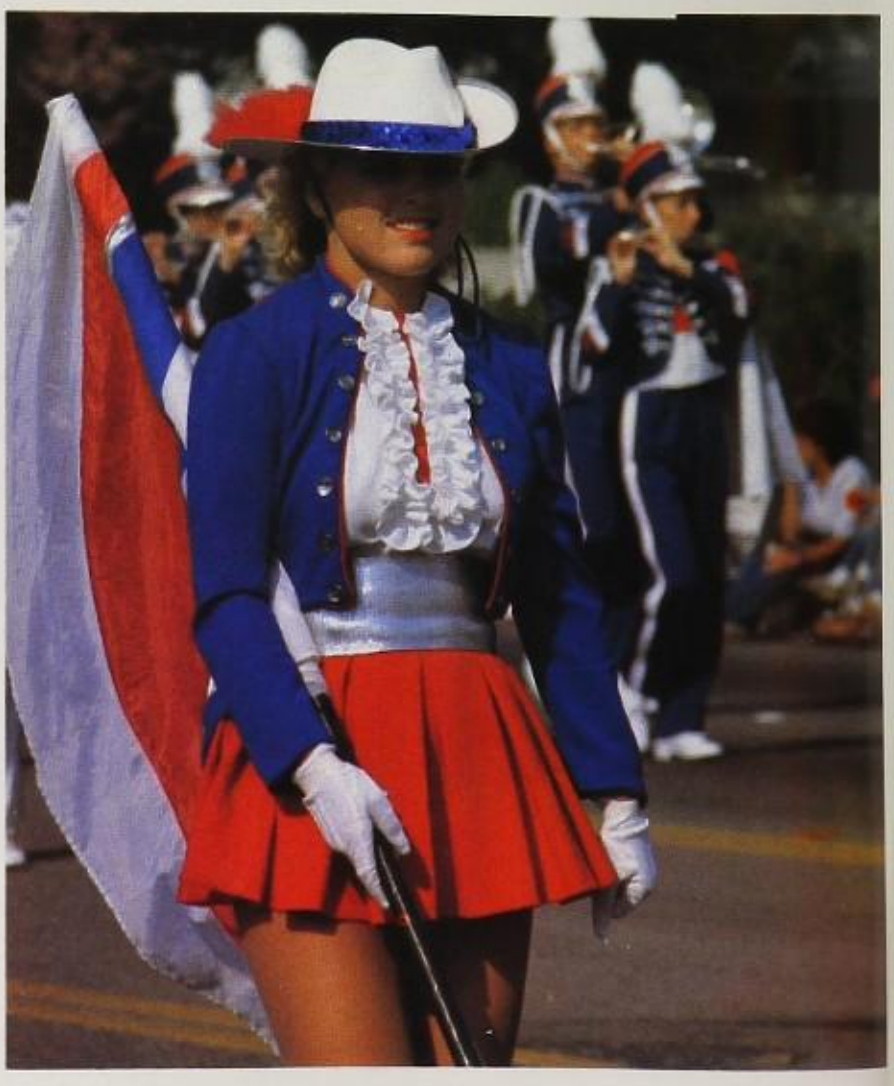
Varsity Song: Front Row — Amy McDougall **Second Row** — Michele Sayers, April Alvarez, Tracy Clark, Christine Dennis, Heather Hoppus, Ruth Busenkell **Third Row** — Corrine Grubb, Naomi Nafarrete, Tracy Cohn

Leading the Los Alamitos Marching Band to victory in the Silverado Days Parade, **Keith Lifshin,** the drum major, shows how well he can use the mace. Keith shows leadership in school and band.

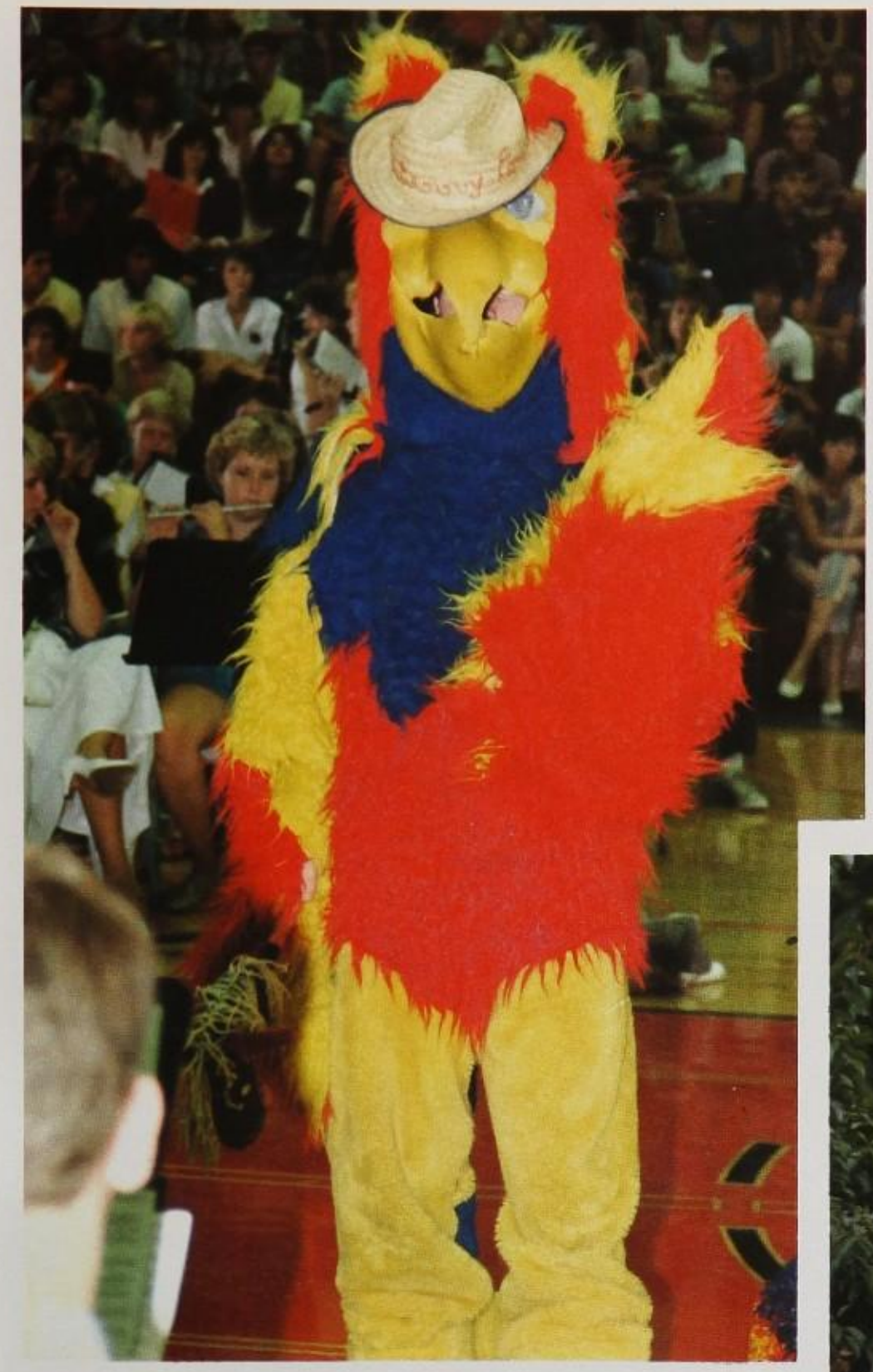
Relaxing and eating lunch, **Anne Buonocore** takes time to think about the upcoming competition she will be performing in. Anne is a member of the Los Al Tall Flags and Rifle Team.



Watching the activities at the pep assembly, **Chris Moses** takes time out from playing the saxophone. The band performs at all the assemblies which helps generate spirit in the Los Al student body.

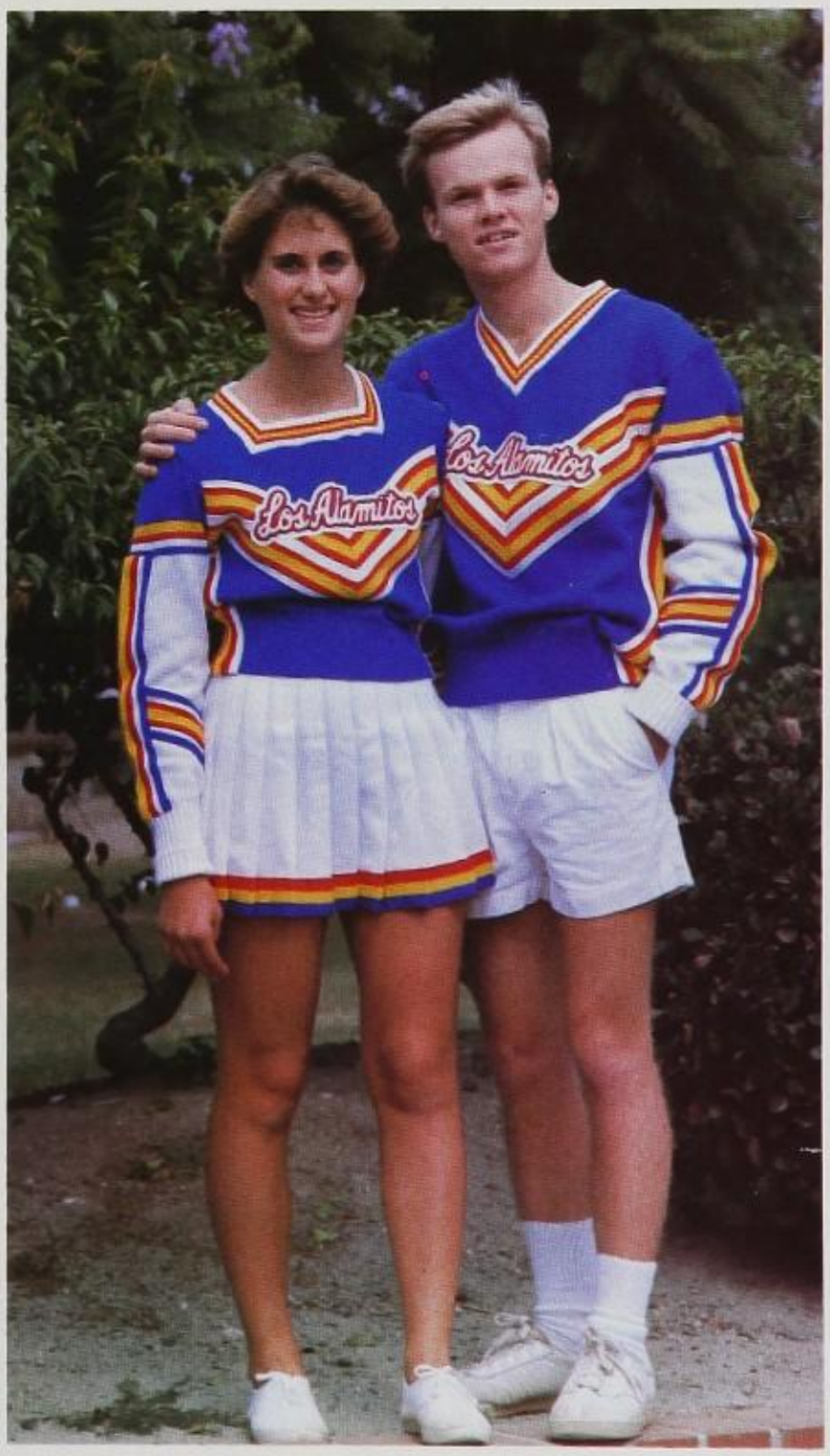


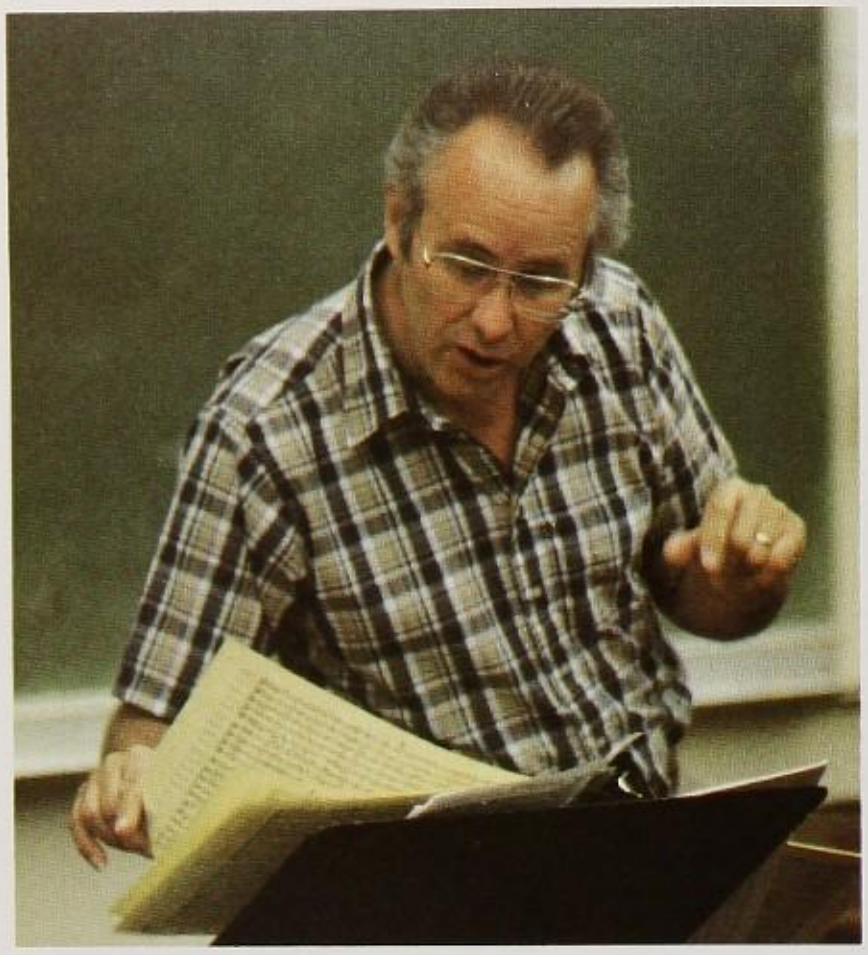
Marching through the streets of Seal Beach, **Debbie Theriault** helps lead the Tall Flags and Rifle Team to a parade victory during their annual parade. Debbie is also a member of the Cottonwood Staff.



Invincible Duo Always Prevail

Los Alamitos has long been known for the spirit the students generate at games and pep assemblies. Contributing to some of that are Griffin Mascots, Gunther and Gertrude. **Marv Ahlstrom** and **Jenifer Swanson** (below) help in creating the spirit. Marv has been a mascot for two years now and enjoys every minute with his partner, Jenifer. Gunther (left) is trying to direct the Marching Band at one of the pep assemblies. The Griffin and Judy Trujillo (lower left) laugh and enjoy one another's company at one of the football games. The Griffin is seen in our coat-of-arms and represents our strength. It's not an easy job being Griffin Mascot. One has to attend all the activities and sometimes the temperature can get very high inside the suit. Nevertheless, the Griffin spirit will live on.

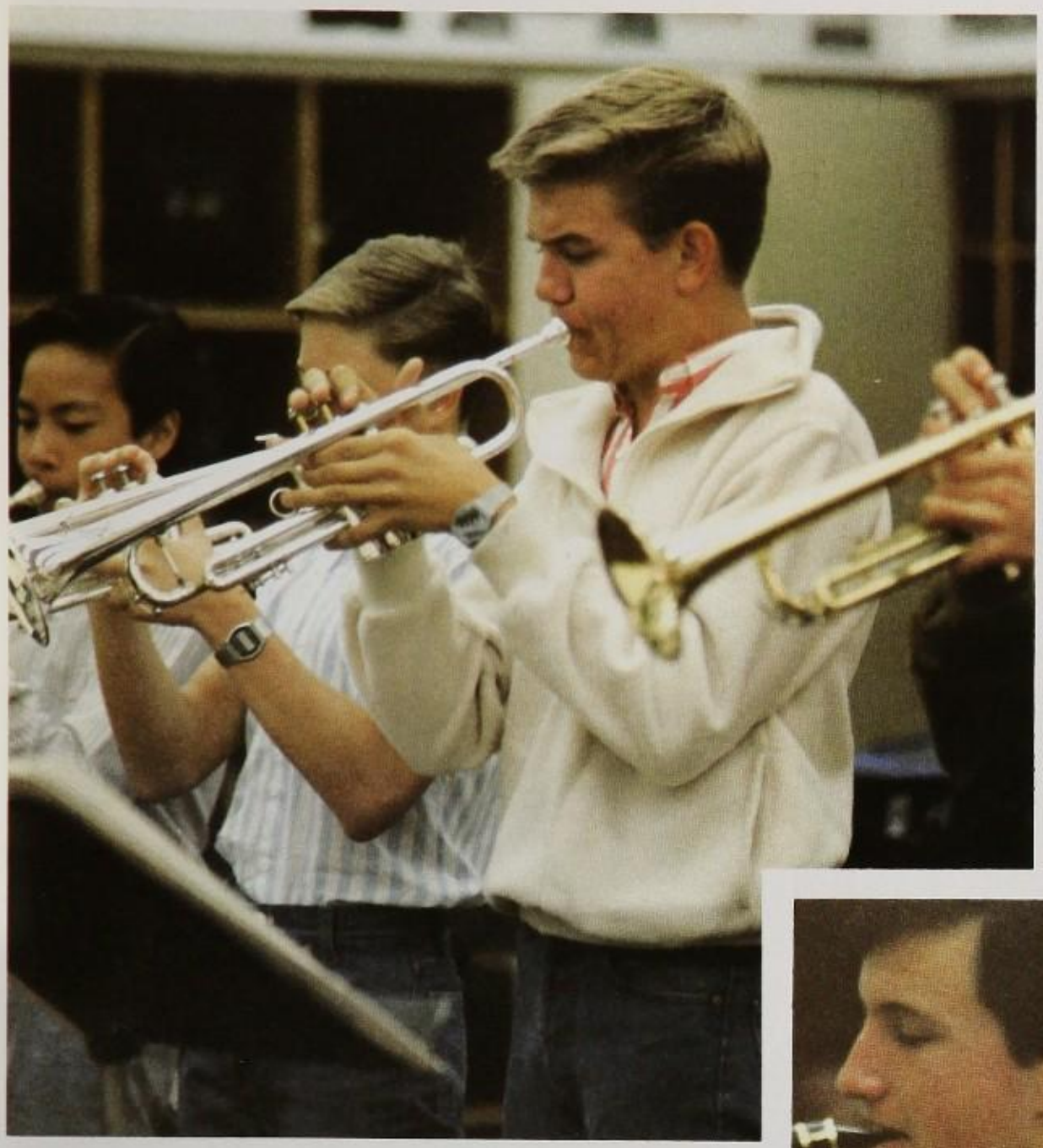




Attempting to solve a rhythm problem, **Mr. Charles Wackerman** carefully counts out the measures in his "Pressure Cooker" chart. As jazz coordinator, he strives to prepare the group for "heavy" division competition.

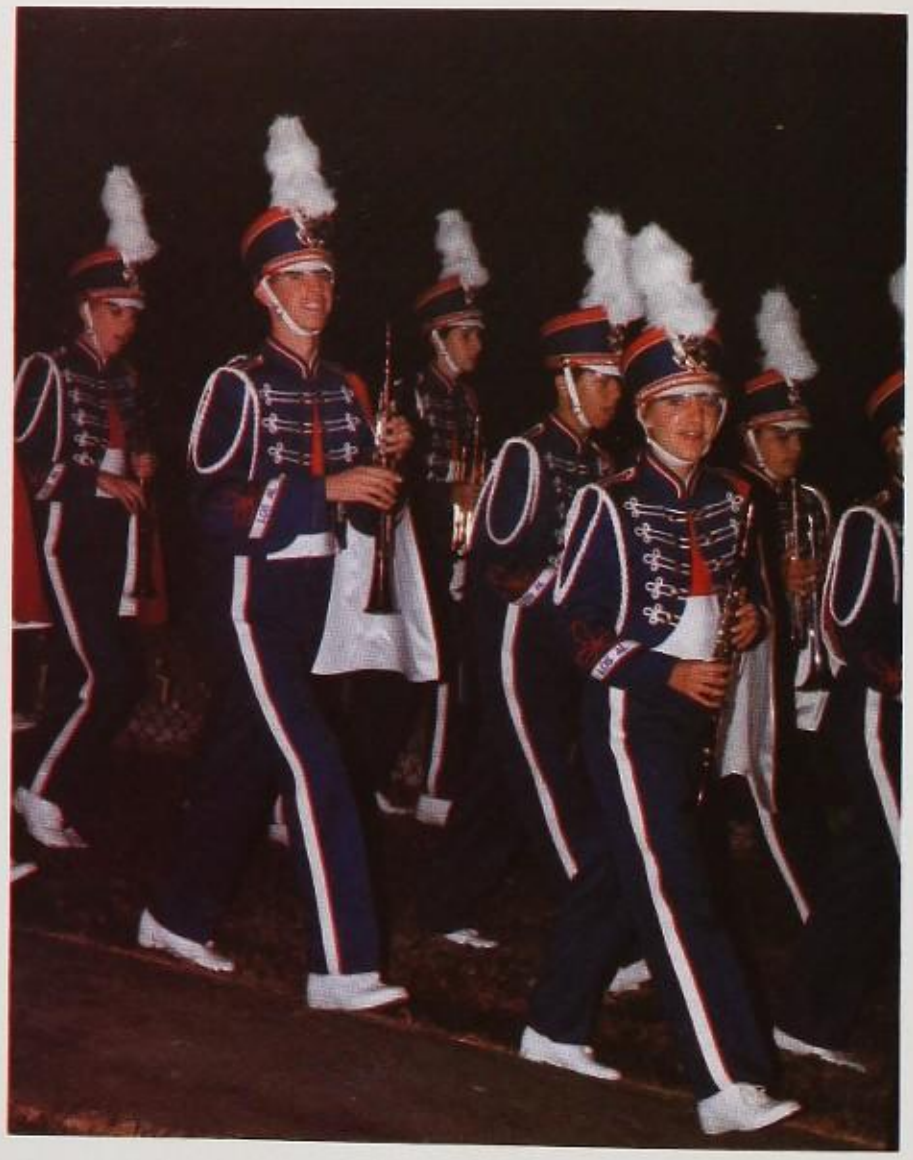
Senior member of the rhythm section, **Russ Roe,** aims for perfection when practicing "Schlep It Up to Joe" on his bass guitar. Russ possesses intense concentration when playing this highly challenging tune with the jazz band.

Jazz Band: Front Row — Stacie Light, Lisa Kefalas, Allison Cook **Second Row** — Pat Leon, Mike Kienitz, Chris Vesper, Darolyn Hamada, Mike Flanagan, Evan Kunst **Third Row** — Dave Lamb, Mike Kuehn, Russ Roe, Matt Winford, Chris Lamb, Chet Silvers, Tom Anderson, Chris Anderson **Fourth Row** — Virgilio Nafarrete, Tom Foden, Mike Moore, Tim DeYoung, Keith Lifshin



Band Masters Arts of Jazz

The Los Alamitos Jazz Band, which included four girls and nineteen boys, consisted of many of the most talented musicians on campus. The highlight of the year was spent at the Reno International Jazz Festival. The group was also seen at various competitions throughout Southern California as well as at all home basketball games. Dedicated members of the trumpet section, **Virgilio Nafarrete, Tom Foden,** and lead player **Mike Moore,** attended numerous practice sectionals to prepare themselves for their "heavy" division competition. In the end, all hours of practice proved worthwhile and added to the overall production of the group. Senior trombonist **Matt Winford** accepted many challenges throughout the year when playing the higher caliber songs taken on by the band. Alto-saxophonists, **Mike Flanagan** and **Darolyn Hamada** displayed their pride when performing with the jazz band in various competitions and benefit concerts.



Olympian clarinet players **Scott Miller** and **Laura Murray** march onto the field for a halftime spectacular. Their new uniforms arrived in September giving the unit renewed style and class.

Practicing with grace and technique, **Puanani Pereira,** a flutist for the Marching Band, learns music that she will use in the upcoming Artesia Parade. She spends hours practicing at school and at home.

Olympian Marching Band: Front Row — Keith Lifshin, Virgile Nafarrete, Kristine Klotz, Ken Bishop, Dawn Lacerte, Joelle Anisman, Alissa Robinson, Mary Houghton, Paul Ottone, Tara Nummedal, Debbie Ramchandani, Stacey Jordan, Michelle Genet, Lisa Kim, Puanani Pereira, Ron Vega, Annette Borja, Cindy Davis, Lisa Perles, Christina Trice **Second Row** — Yvette Powell, Tom Foden, Darolyn Hamada, Erin Anderson, Patti Jettie, Chris Brophy, Mike Sanders, David Lamb, Suzanne Bazan, Rachel Kirkus, Jennifer Simmons, Lynn Kichline, Christina Medrano, Mike Kienitz, Lisa Kefalas, Stacie Light, Sheri Goodman, Stacy Nordstrom, Cindy Phillips **Third Row** — Dawn Bezdek, Ann Mellencamp, Carolyn Hanson, Carolyn Kolb, Jennifer Younghusband, Amy Staley, Renee Menard, John Terby, Darren Blan, Aaron Wheeler, Ron Muir, Bridgett Koenig, Christina Lucas, Cynthia Schild, Jon Maples, Sandy Pendleton, Anne Faircloth, Laura Murray, Tim Calder **Fourth Row** — Craig Wiblemo, Phil Hsueh, Stan Abrams, Imre Golden, Alexia Brylawski, Chris Ehler, Dave Pincek, Greg Carson, Laura Cannon, Lori Leverich, Pat Leon, Shawn Pollard, Laurel Creasey, Andy Haimov, Evan Kunst, Brad Seligman, Dave Schulton, Sarah Mueller, Karl Oneyear **Fifth Row** — Arlene Bruno, Elise Herning, Cathy Jenner, Bill Busenkell, Bill Todd, Stacey Stephens, Laura Meals, Dave Carlen, Matt Winford, Tim DeYoung, Chet Silvers, Jeff Lyons, Greg Saylin, Eric Rager, Eric Mellencamp, Russ Roe, Laura Dowden, Tom Kim **Sixth Row** — Treg Finney, Ken Stockwell, John Hrbacek, Mike Knittle, Scott Miller, Mike Grauter, John Simundza, Duane Kolb, John Jost, Mike Flanagan, Mark Reutzel, Pat McDaniel, Tim Hamdorf, Trey Sandusky, Keith Knittle, George Easton, Mike Moore, Chris Myers **Not Pictured** — Amy Polokoff, Cameron Briggs, Greg Morris

Olympians Play to Spirited Tunes

The Olympian Marching Band is an exceptional entertaining marching unit. They have won many awards including the Sweepstake Award at the Los Alamitos 200th Anniversary Parade, with the help and direction of **Mr. Tom Hrbacek** and the Drum Major for 1984-1985 **Keith Lifshin.** After the fall/winter season, the Marching Band splits up into two concert bands. One is the Advanced Band, and the other is the Intermediate Band. The two then perform at competitions during the spring. This year the band has had many successful fund raisers, including candy sales and bingo every Monday night. With the money, they were able to buy new uniforms.

With a look of sheer confidence and concentration, **Duane Kolb** marches and beats his drum at the Silverado Days Parade. The drum section is tough and it also takes much energy during a long and tiresome parade.

Using all of his breath, **Greg Morris,** practicing very hard with his melaphone, shows just how much it takes to reach that highest standard asked for when you're a member of the Los Al Olympian Marching Band.

Playing the clarinet, **Yvette Powell** marches along with poise at the Silverado Days Parade. The time for practice after school is rewarded with ribbons at the various competitions.

Holding their heads high **Sherri Wixom, Wendy Schwantes, Gayle Gunderson,** and **Raquelle Sprague** step off to the opening parade march, "Roman Opener." The Olypian Marching Band, Color Guard, and Drill Team captured first place at the Silverado Days Parade.

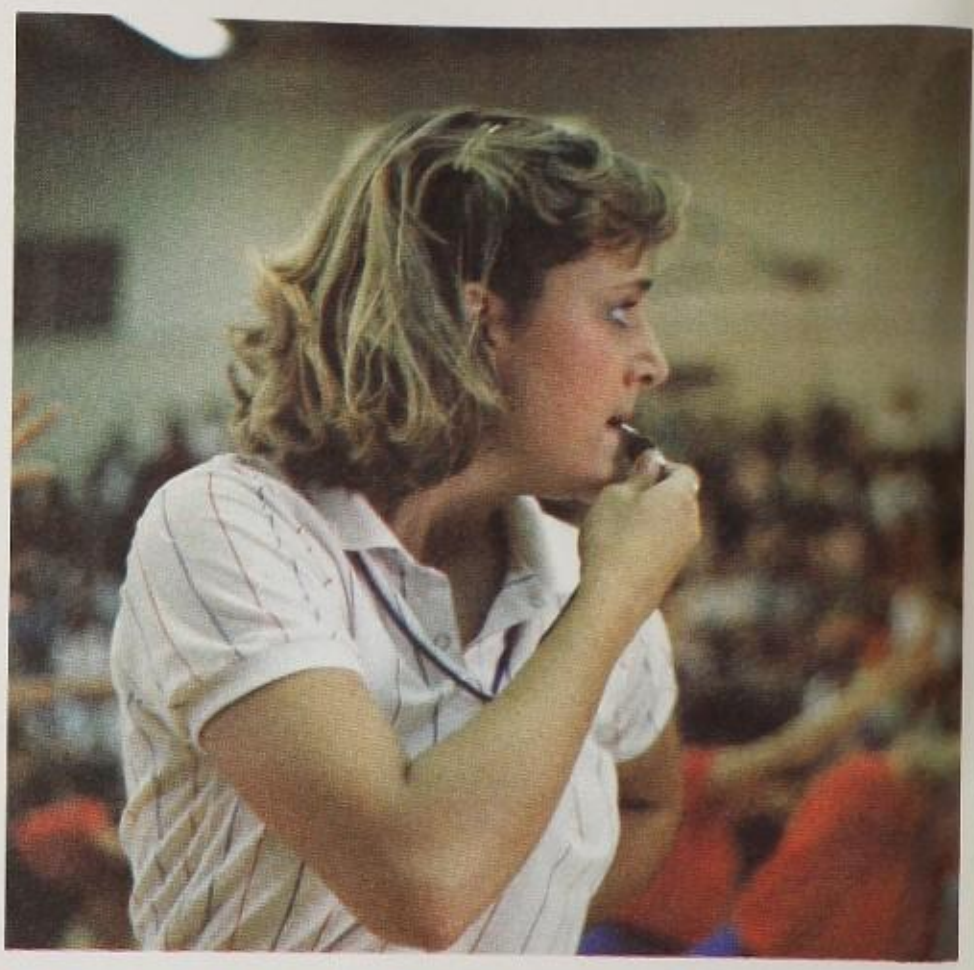
Rifle Captain **Vicki Myers,** Flag Captain **Suzie Oppenlander,** Flag Co-Captain **Trice Barto.**

Color Guard: Front Row — Sheri Hanson, Robin Lansford, Cathy Coyne, Sonja Muir, Kristin Tseko **Second Row** — Jennifer Rodman, Stacey Gill, Mary Kate Hagmann, Vicki Myers, Suzie Oppenlander, Trice Barto, April Leapley, Traci Miller, Traci Walker **Third Row** — Raquelle Sprague, Ella Turrintine, Debbie Theriault, Kim Fuelleman, Deborah Namm, Leslie Bruce, Anne Buonocore, Shanna Hemmings, Andrea Barrows, Heidi Stauch **Fourth Row** — Gayle Gunderson, Shana Binder, Kirsten Shaw, Heidi Grey, Kathy Pound, Kristi Garman, Cindy Pittsey, Kris Johnson, Elisa Langsam **Fifth Row:** April Delaney, Wendy Schwantes, Linda Done, Cassie Beyer, Lynn Clissold, Sherri Wixom, Barbara Kuehn, Rebecca Hewitt

Flags, Rifles Herald Forward

The Olympian Marching Band, Color Guard, and Omega Drill Team have competed in many parades and field tournaments, including the Silverado Days Parade, and the Western, Mt. Carmel, San Diego, and Los Altos field competitions. This unit as a whole has traveled to many destinations to demonstrate their many talents and abilities. In each of the competitions that this unique group has performed at they have received many sweepstakes and first place trophies. **Stacey Gill,** left, after catching her toss, marches along to the exciting beat of the band spinning her red, white, and blue flag with pride and confidence. Rifle member, **Traci Miller,** lower left, stops and poses for a brief moment during only one of the many fast moving rifle routines she performs. Performing at the football homecoming pep-assembly, below, **Shanna Hemmings,** grins at her audience. This was her second year on the rifle squad. Shanna said, "I love to show my Los Al spirit by being able to perform as a returning member at this big school event."

Sophomore Omega **Lilly Truong,** First Recall **Kelli Hawkins,** and Captain **Kathy Jones** salute the crowd during halftime at Handel Stadium. The dazzling routines of the Drill Team bring entertainment to the games.



By blowing her whistle, Omega Drill Team Captain, **Kathy Jones,** calls attention to her team members. The applause of the audience assures Kathy that her team's performance was flawless and she has led the team well.

Omega Drill Team: Front Row — Debbie Sittler, Jennifer Meadows, Kym Petullo, Kelli Hawkins, Kathy Jones, Wendy Orr, Cynthia Glidewell, Kim Re, Lauren Omohundro, Maren Kussler **Second Row —** Diane Errickson, Julie Swanson, Michelle Schuman, Stephanie Snow, Dana Wadleigh, Christy Martinez, Christy Howe, Karen Maestas, Darilyn Sisemore, Stacey Hawthorne **Third Row —** Tina Melton, Jane Yoh, Anne Save, Lesley Harris, Michelle Walker, Pam Rozolis, Michelle Haub, Shannon Ming, Kelsie Nance, Kristen Guzman **Fourth Row —** Wendy Kjorness, Jennifer LaBar, Gina Schuman, Jodi Hemphill, Cindy Orr, Kelly Gallagher, Helen Herning, Allison King, Linda Jensen, Lilly Truong

Omegas Dance to New Beats

Forty-one talented and dedicated young ladies made up this year's Omega Drill Team. The Omegas' captivating performances aroused enthusiastic audience support at games and pep assemblies and have also won the team many awards at various field competitions. Throughout the year, many close friendships were made among the Omegas. Sophomore drill team members **Stephanie Snow, Michelle Haub,** and **Shannon Ming,** left, show this closeness. The girls are very pleased that the audience enjoyed their halftime performance. Pep assemblies give the Omegas a chance to perform their new routines. Second recall, **Wendy Orr,** lower left, demonstrates the talent and grace that have made her a co-leader. Prepared to dazzle the audience at the Buena Park Parade, senior member, **Kim Re,** lower right, thinks over her well-rehearsed routines. Kim has been a member of the Omega Drill Team for two years.

Cottonwood Staff: Front Row — Laurie Hamada, Kelley Uyeda, Mary Kate Hagmann, Kathy Jones, Lesley Durkee **Second Row** — Kristin Olin, Jose Camarena, Laurie Serwinski, Pam Spyrs, D'yan Bills, Georgina Kiely, Eric Jones, Helen Exacoustos, Joy Fernbach, Diana May, Kathy Glaudini

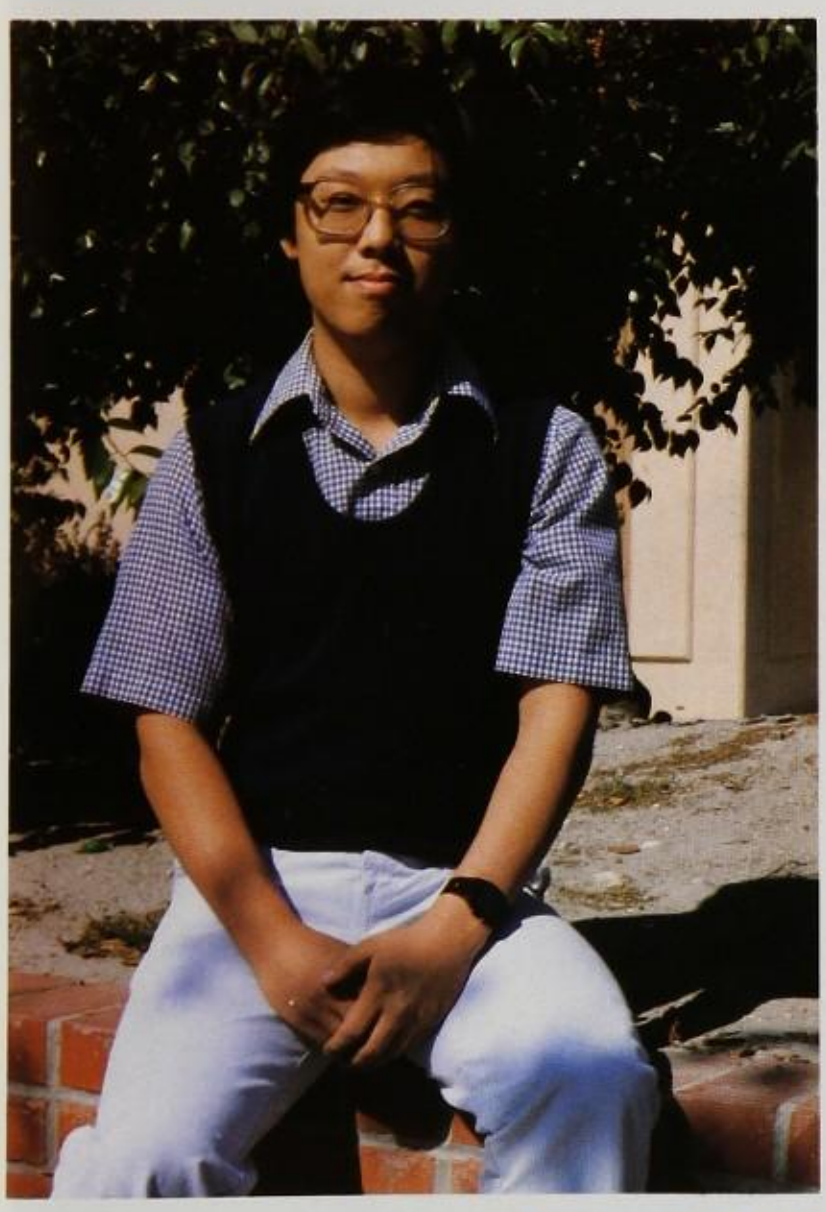
Their deadline quickly approaching, **Mary Kate Hagmann** and **Laurie Hamada** concentrate on their final pages to be submitted in November. Cottonwood staff members work under pressure all year to create a memorable work of art for the student body.

Focusing the camera to perfection, **Kirby Ingram** takes a picture for the yearbook. Being a dedicated member of the Cottonwood staff, Kirby's job is to take pictures of people and events on the Los Al campus.

Cottonwood Staff: Front Row — Evie Scalora Photography Editor, Liz Brewer Business Manager, Kirby Ingram Photographer **Second Row** — Karen Smith Yearbook Editor, Kathleen Beatty Associate Yearbook Editor

Yearbook Guild Creates Marvel

The masterpiece known as Cottonwood 1985 was brought about by the relentless work of the yearbook staff. After a few weeks of preparatory instructions the crew went to work on producing a 296 page spread that would best represent the happenings at Los Al. Each person was assigned a section and the work was begun. Layouts were sketched, pictures were taken and copy written, all in an atmosphere of teamwork and constant motion. After months of organizing and reorganizing names and faces on pages, the staff was well acquainted with the students on campus. Deadlines came and went but the work never stopped. Although it was rough at times the crew seemed to take it in stride and face the next task, all the while giggling and scheming. With Mrs. Kenny's guidance and advice the staff was able to wade through hundreds of photographs, lists, and tons of artwork and bring it all together in a book that captures the essence of 1985 at Los Alamitos High School.



David Sohn's artistic services are always in demand, especially from the yearbook. In one of his more relaxed moments, David, the Cottonwood staff artist, takes a breather from his drawings.

Cottonwood Staff: Front Row — Julie Jones, Andrea Barrows, Kelly Hawkins, Maren Kussler, Debbie Theriault, Darilyn Sizemore, Shannon Polacek **Second Row** — Brad Seligman, Sharon Smith, Kristin Kelder, Matt Fisher, Gary Dingello

Minstrels Aim for High Note

Under the direction of Mr. Ralph Opacic, Los Al's Concert Choir, Show Choir, and Advanced Ensemble brought music into our lives. A great deal of dedication and hard work was put forth by all groups to make their first concert, **Lullaby of Broadway,** a smashing success. **Ella Turrentine, Deanna Benstead, Margi Hibschman, Joy Fernbach,** and **Donetta Sorensen** entertained the audience as they sang and danced to the tune of "America."

Show Choir: Front Row — Shahana Hassan-Reep, Kim Martin, Tammy Young, Julie Seaborn, Heather Hoppus, Laura Meals, Deanna Benstead, Melinda McDonald, Kathy Glaudini, Margi Hibschman **Second Row** — Brian East, Tim Innes, Neil Sorensen, Lance LeCompte, Steve Swagel, Trey Sandusky, David Alvarez, Mark Magana

Advanced Ensemble: Front Row — Julie Meadows, Kevin Reekes, Kim Martin, Grace Wang, Meg Sanregret, Cindy Altenhoff, Stephanie Robertson, Corrinne Haskins, Michelle Stratton **Second Row** — Pam Rozolis, Andrea Blake, Alison King, Kim Ramseyer, Jinder Gill, Heather Koehring, Jennifer Maitlen, Judy Holzgang, Sharon Bordas **Third Row** — Ella Turrentine, Denise Horner, Joy Fernbach, Elizabeth Fischer, Jennifer Meadows, Lisa Hess, Karen Johnson, Vickie Kuzmich, Susan Egan **Fourth Row** — Robert Book, Steve Swagel, Brad Rawls, Devin Budd, Steve Stoewer, Erik Lupescu, Lenny Fontanez, John Hirsch, Robert Tuttle, Mark Magana, Neil Sorensen, David Alvarez, Chris Brophy

Concert Choir: Front Row — Danielle Kennaugh, Ana Saladrigas, Tammy Quemado, Lisa Kefalas, Laura Meals **Second Row** — Robyn Bartley, Shelley Lanza, Stacie Light, Cheryl Boland, Kathy Glaudini **Third Row** — Tam Ta, Kathryn Sickel, Lara Cunningham, Lisa Craddock, Carolyn Parton, Judy Davis **Fourth Row** — Nolan Howe, Bobby Jack, Chris Lynch, Devin Budd, Bill Wheeler

Chanting the number "Can Do" from the production of **Guys and Dolls, Trey Sandusky, Brian East, Chris Spoden,** and **Neil Sorensen** take some time to reveal their incredible musical ability and talent. The audience, aware of the tremendous amount of practice that has been put into the number, enthusiastically responds to the singing foursome.

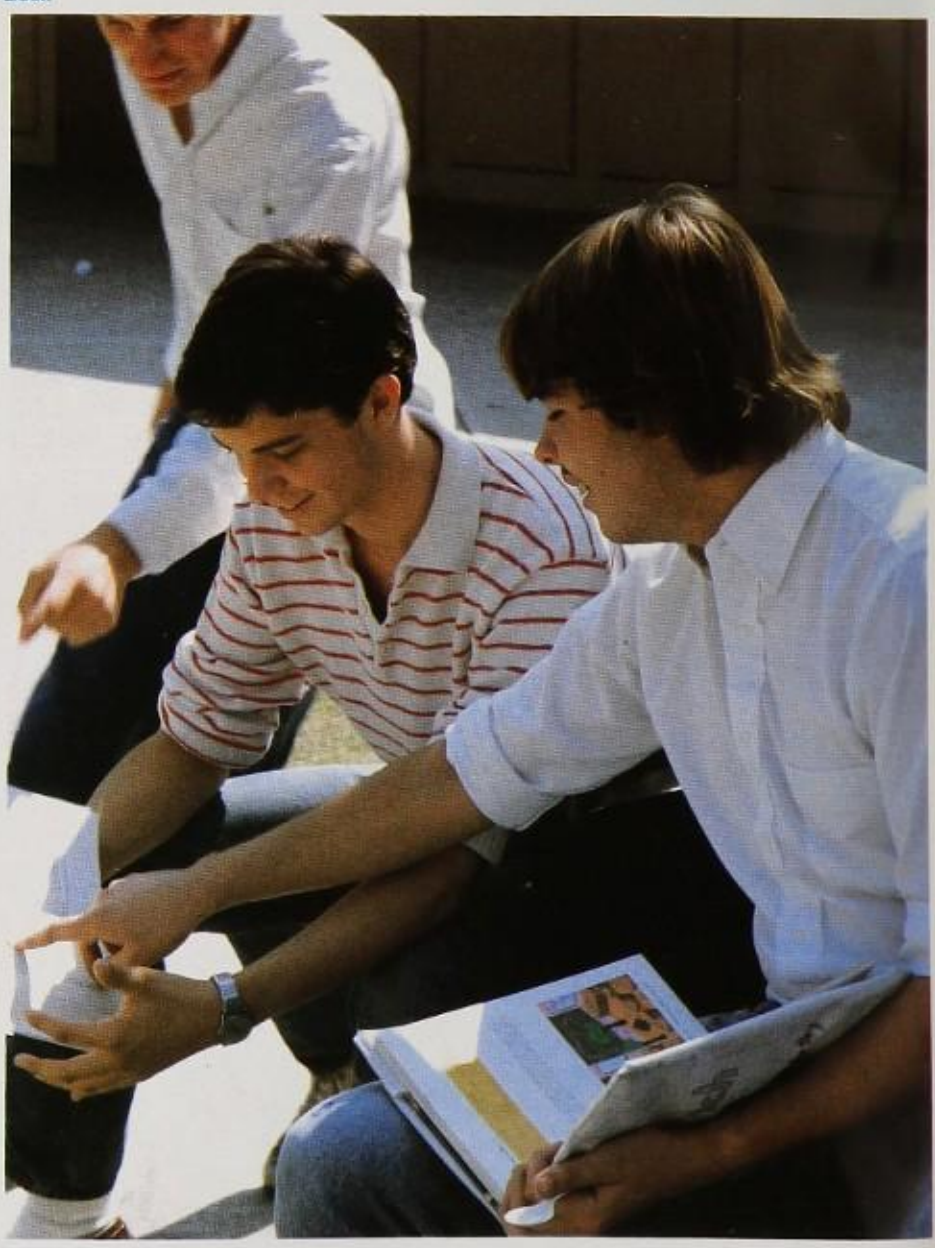
Advanced Ensemble: Front Row — Laura Hill, Angie Puhl, Rosemary Peters, Donetta Sorensen, Kim Fuelleman, Chandra King, Kristen Guzman, Helaine Levitt, Yvonne Soule **Second Row** — Mary McGill, Kathy Glaudini, Sarah Mueller, Laura Meals, Deanna Benstead, Amy Holzgang, Erin Raccah, Kim Rodefeld, Kathy MacKay, Alistair Blake **Third Row** — Andre Lamoureux, Trey Sandusky, Matt McSheeny, Kenny Stockwell, Darren Glaudini, Brian East, Lance LeCompte, Rick Murray

Masques Produced by Artful Players

Performers abound at Los Al and most of them belong to the Drama Club. This club was a collection of students who either enjoyed acting or wanted to be involved in the production aspect of theatre. The drama department itself was dependent on the funds raised by the Drama Club. The revenue made from the plays given on campus in combination with the money made from various candy sales were the sources from which the funds were attained. In addition to fund raising, this ambitious group put on two plays this year, one of which was **Don't Drink the Water** by funny-man Woody Allen, and the other, on a more musical note, **Guys and Dolls.** There also was a possibility of a senior play toward the end of the year because there were so many talented upperclassmen. With all the work they had done they came to the decision that some recognition was in order. With that in mind the group printed up the *first* Drama Club sweatshirts.

Drama Club: Front Row — Pam Armstead, Amanda Stillings, Carla Rosenfeld, Karen Holstein, Laura Hill, Melissa Sweet, Darren Glaudini, Julie Seaborn, Michelle Stratton **Second Row** — Laura Listovitch, Alisa Langsam, Romy Peters, Pam Spyers, Grace Wang, Heather Hoppus, Robyn Bartly, Sharon Bordas **Third Row** — Julie Francis, Danita Humphry, Amy Cross, Carol Shane, Deanna Benstead, Joy Fernbach, Karen Smith, Cheryl Krasho, Julie Coontz, Malcom Womak, Susan Eagen **Fourth Row** — Mrs. Judy Trujillo, Jan Mulhardt, Sandra Larson, Allison Pohlman, Angela Boiling, Chris Spoden, Casey Shafer, Mike Dawson, Jennifer Swanson, Jessica Haberman **Fifth Row** — Matt McSheehy, Jason Zommick, Brian East, Kenny Stockwell, Kent Nordstrom **Sixth Row** — Trey Sandusky, John Hrbacek, Banessa Gonzalez, Stacey Foster, Leeland Jay, Brad Lewis **Seventh Row** — Steve Pendleton, Kim Able, Dee Dee Fiebert, Grant VanCleve **Eighth Row** — Robert Book

Drama Club Officers: Clockwise — Brian East, Trey Sandusky, Darren Glaudini, John Hrbacek, Laura Hill, Amanda Stillings, Karen Holstein, Jennifer Swanson, and Julie Seaborn



Learning lines for a play is a difficult task. **Trey Sandusky** and **Tim Beck** strive for perfection in their performances as they study the script together along with a little help from **Mike Flanagan.**

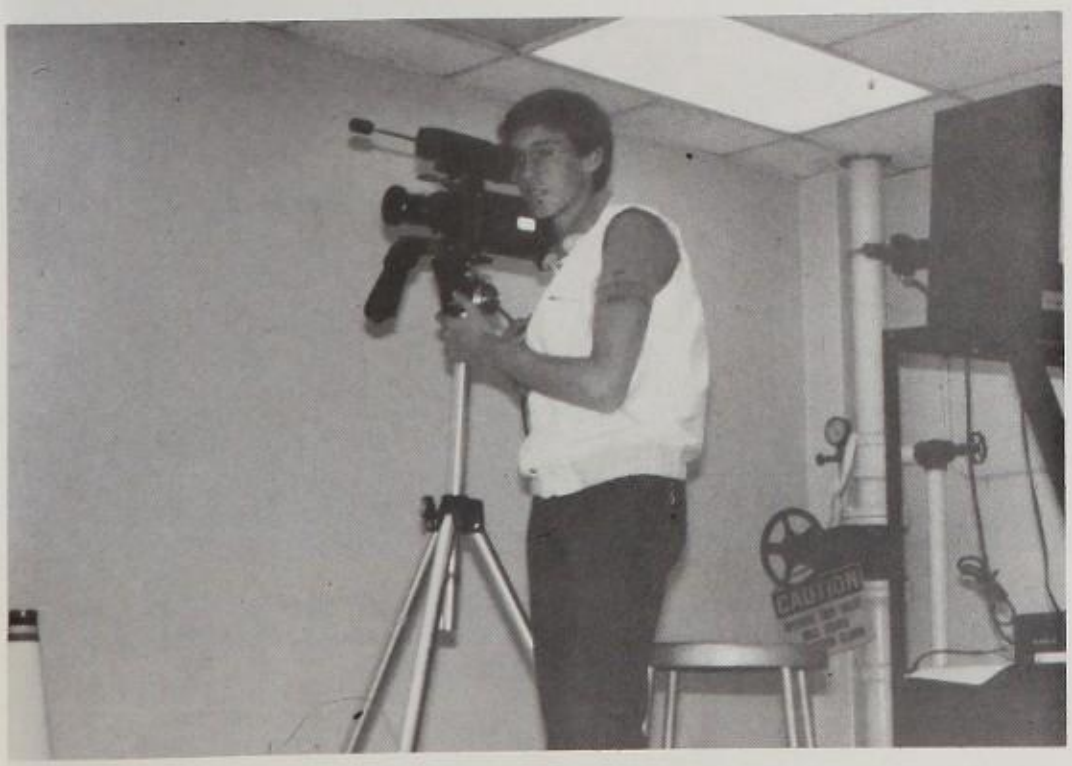
← Absent Picture Day → David the Drama MAN

Hey Holly,
well we've been through a lot, what can I say that won't take a whole book. I won't say it all, just that it's been fun, a hassle at times, but still fun. JK So you're a pain in the butt, I still love you. But seriously, you're a great kid & I won't forget ya'. Later kiddo
Love David Sidoni
The Italian Stud
S.P.

Studying the many aspects of the theater, junior, **Stacy Foster,** spends time in drama class learning techniques to perfect the performance. Set preparation, lighting, diction and technique are a few of the many things taught in drama class.

Senior member of drama class, **Sam Lipton,** attempts to memorize his script for the upcoming drama production. Memorization skills are emphasized in the curriculum of the class and are regarded with high importance by the students. Sam is preparing to audition for the play.

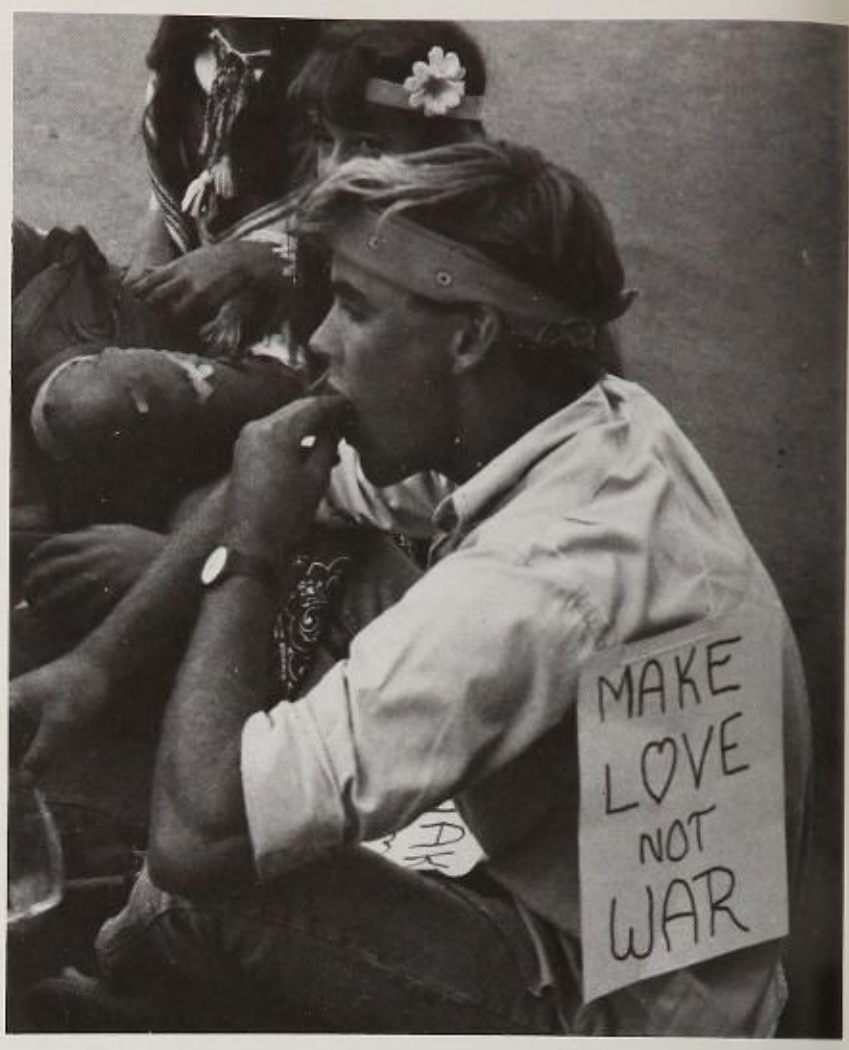
One of the members of the drama class, **Pam Spyrs,** adjusts the spotlight to a perfect position. As a student in drama, she learns many new techniques.



Filming one of the scenes at the dress rehearsal, **Matt McSheehy** concentrates on focusing the video camera. Video taping rehearsals often helps to improve the outcome of the play. This enables actors and actresses to see their flaws before their performance.

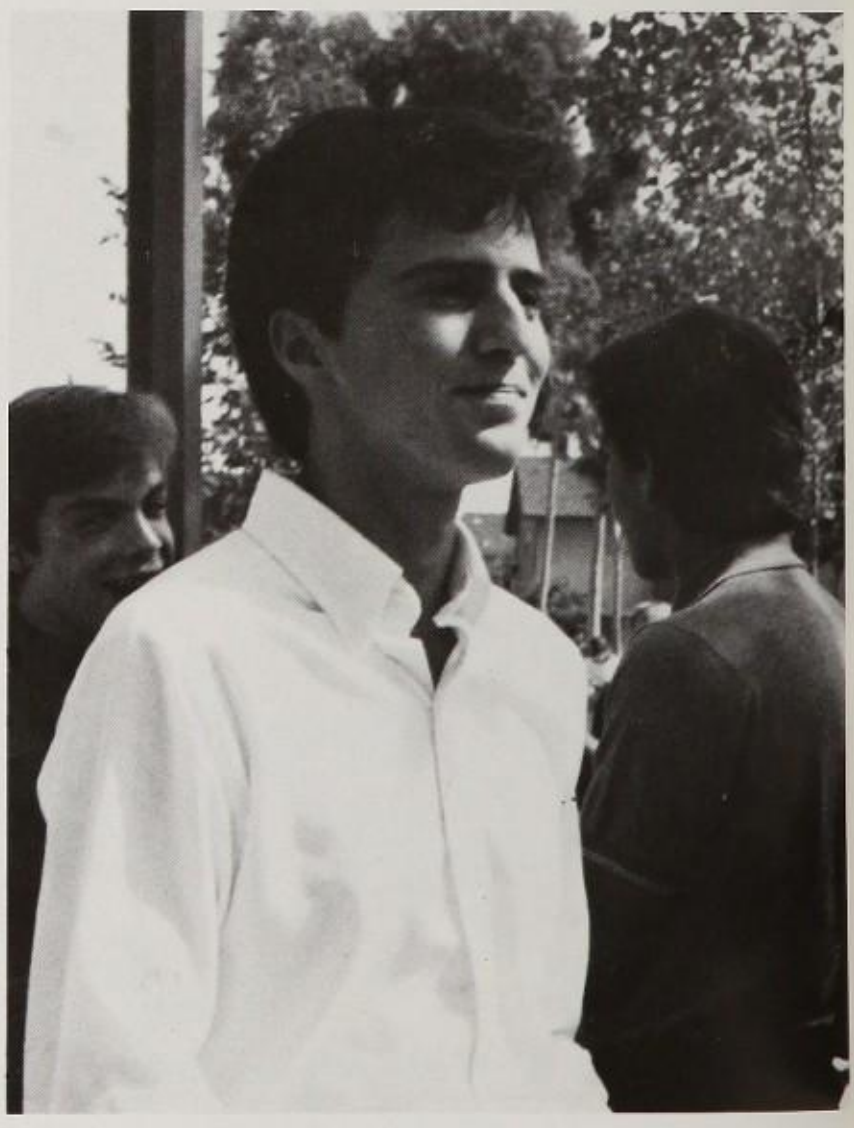
Ken Stockwell, Laura Hill and **Heather Hoppus** step outside of class to rehearse a scene for their upcoming final. Practice is essential, for the grades are based upon performance and line memorization.

Caribbean Coolers: Front Row — Tim Hamdorf, Mark Allard, Kenneth Bishop, Shawn Pollard **Second Row** — John Simundza, Mike Shaddof, Andy VanHolt, Duane Kolb, Mr. Doran, Pat McDaniel, Dave Pincek, Christopher Ehler

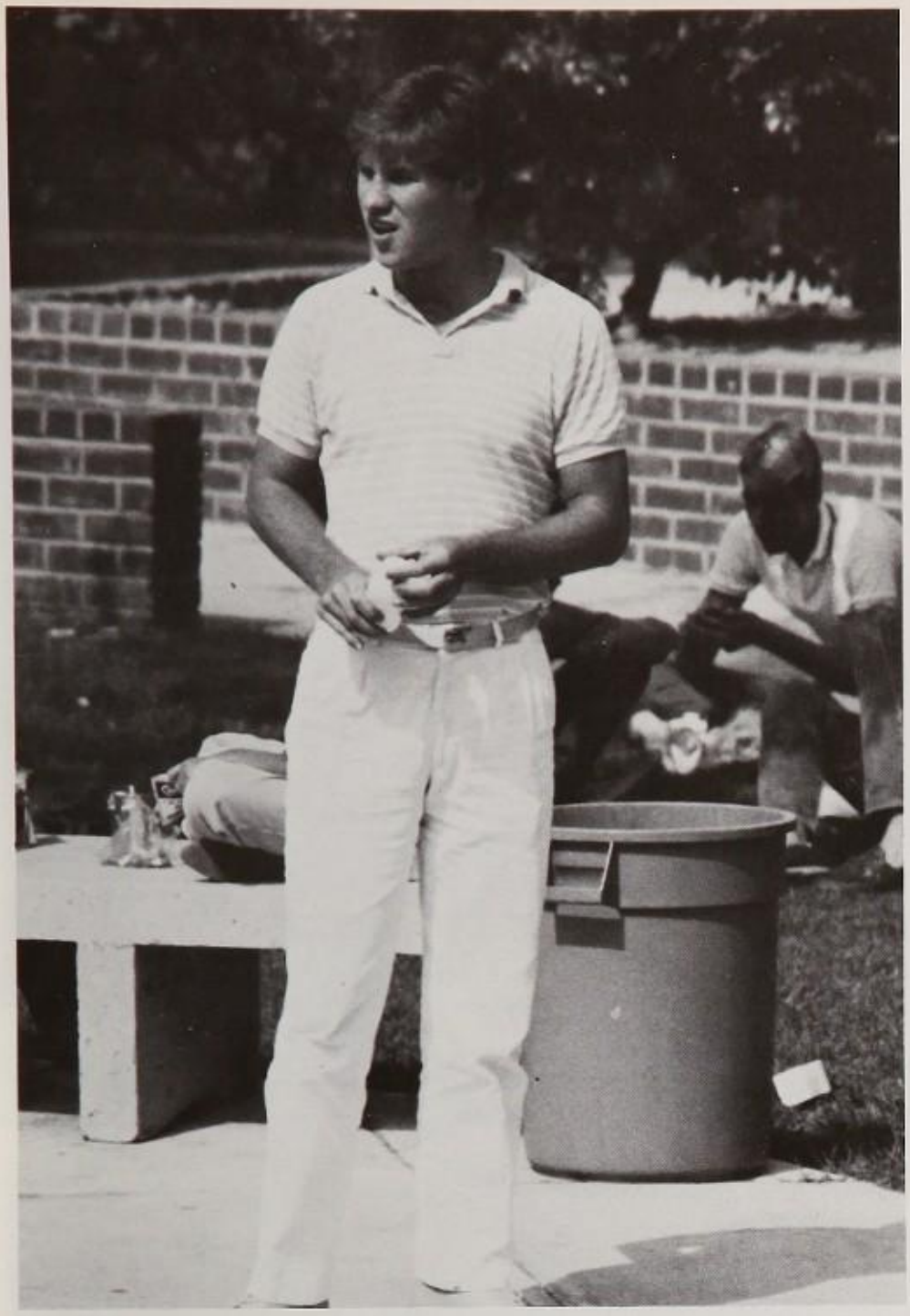


Member of the Caribbean Coolers, **Chris Ehler** takes a step back to the 1960's. Chris is not only a part of the Caribbean Coolers, but he's also an active member of the band.

Anti-Complacency League: Front Row — John Page, Isaac Guzman **Second Row** — Kelly Vurgun, Kristen Guzman, Robert Rhyu, Cinnamon Becker, Tanya Cohen, Erica Carroll **Third Row** — Jenni Younghusband, Mary Raus, Debi Klein, Joey Chavez **Fourth Row** — Russ Roe, Ken Stockwell, Erik Lupeseu, Greg Spooner, Chris Avery, Doug Fatone, Douglas Stewart, Dave Carlen, Geoff Lindell



Though playing in the stage band is his main interest, **Greg Spooner** is a dedicated member of Los Al's Anti-Complacency League. Although they are nonconformists, they all look surprisingly similar.



President of Custom Cals, **Bryan Earnest** is also a member of the track and field program.

Los Al's Guilds Break Tradition

Los Al's campus was filled with many active clubs. One of the most unusual clubs was the **Caribbean Coolers.** The club's goal was to assemble a strong men's volleyball team this year to play in the men's volleyball league next year. Eventually, they will be Los Alamitos High School's first men's volleyball team. Preparing for next year the Caribbean Coolers planned numerous practice games against other clubs.

The Anti-Complacency League was a youth club on campus which represented European music and fashion. The club was composed of members having their own style of European dress. They usually wore clothing similar to their favorite musicians. The basic goal of the Anti-Complacency League was to bring in a new culture from Europe.

Another new club was **Los Al's Custom Cals,** a car club involving Volkswagons with the exception of one Alpina BMW. The car club traveled along the coast from Seal Beach to Long Beach to as far as Palos Verdes Penninsula on what they call road trips. Advisor, Mr. Doran, arranged the road trips and the Custom Cals were off! Mr. Doran planned many more road trips including a trip to Palm Springs. The Custom Cals also sponsored the production of "Man of the Month" calendars distributed at school, in which members of the car club posed for calendars that were sold each month.

Custom Cals: Front Row — Paul Whitacre, Wally Kaminski, Paul Crandall, Bill Swanson, Ray Jordan, Mark Schmitz **Second Row** — Kelly Slater, Don KaValle, Bryan Earnest, Jimmy Lo

Rounding up the cavalry, **Mr. Doran** takes pride in his Custom Cal-Boys. As a Volkswagon club, Custom Cals take various road trips to different places, and organize many activities, such as student calendars.

Holly
you are a good friend
I hope you have a great
summer and I will see
you next year
Love
Darren

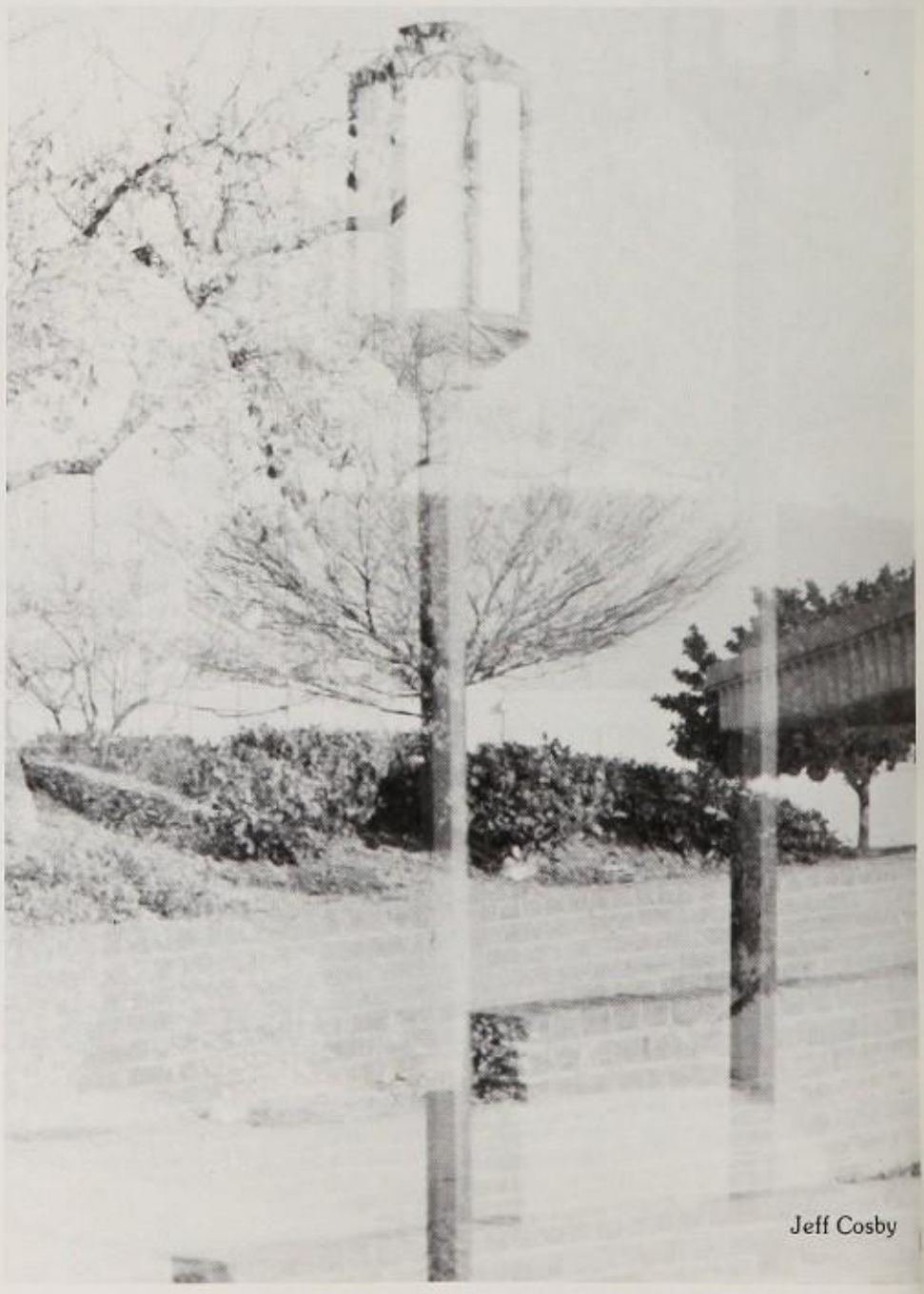
Mirrored Glasses

Your glasses, round in shape
Bubbled outward, shiny on the outside
Smooth to the touch.
Think now of your ego, built much like
Your glasses.
Remember though, everyone's got one;
I applaud the man who tinted the first pair!
For he sees right through them.

Eric Peterson

Photo Club: Front Row — Evie Scalora **Second Row** — Paula Rawls, Eric Van-Valkenburg, Sandy Hertzig, Ron Considine **Third Row** — Eddie Lyon, Norman Davidson, Ivy Chou, Jeff Cosby

Kevin Falsken



Jeff Cosby

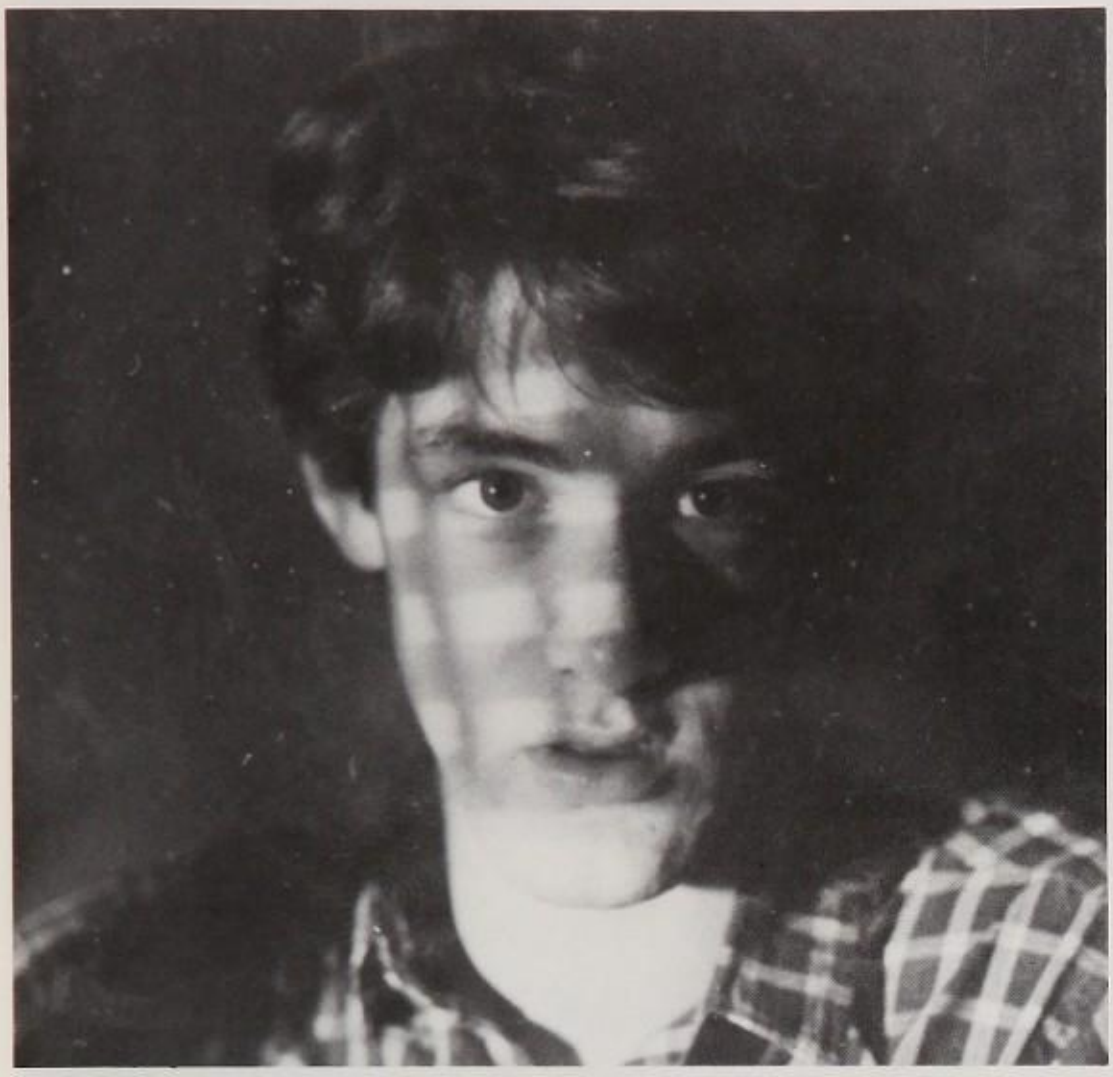


Photo Develops, Ski Club Conquers

The Los Alamitos Photo Club took many of the photos that involved the school's latest happenings. The purpose of the club was to assist the students in the club to a greater awareness of photographic procedures. It provided photographers for any shooting assignments, or school functions. Mr. Considine, the advisor of the Photo Club, teaches his students the different parts of the camera, how to take pictures, how to process the film, and print it. They also learned how to capture shadows, lighting, texture and how to take portraits. Mr. Considine told his students about the latest photo contests and gave them a chance to freelance.

The Los Al Ski Club was organized to provide each student with an opportunity to interact with other students in a sports oriented social environment. The major ski trip of this school year was the winter vacation trip to Salt Lake City, Utah, for five days. They moved day to day skiing such mountains as Park West, Park City, Dear Valley and Showbird. This event is now a tradition for the Ski Club.

Ski Club: Charito Adel, Ray Allard, Tom Anderson, Ingrid Brain, Lisa Boardman, Cameron Briggs, Marc Brown, Kim Browne, Wei-How Chang, Lisa Chow, Michelle Clairmont, Shannon Clements, Lynne Clissold, Jeff Coontz, Julie Coontz, Greg Coughlin, Gary Covington, Steve Dennis, Leslie Durkee, Traci Engel, Shon Esparza, Dylan Fast, Casey Fierce, Treg Finny, Kim Fullemen, Julie Fusco, Shawn Gettler, Shelli Gettler, Vicki Ginther, Elise Goodman, Kristen Guzman, Mary Kate Hagmann, Lori Halbig, David Harris, Kelly Harris, Lisa Harris, Stacey Hawthorne, Jean Ingerlie, Leland Jay, Eric Jones, Julie Jones, Lisa Kanasi, Kurt Keldair, Todd Kenaston, Alison King, Holly Kunst, Lisa Lander, Dale Lane, Robin Lindley, Miggy Lontock, Kathy MacKay, Christian Madson, Gina McAfee, Kim McAfee, Kenny Montgomery, Maureen Montroy, Chris Moses, Melinda Murphy, Vicki Myers, Kelsie Nance, Aimee Newlander, Chris Nugier, Kate O'Donnell, Michelle Palermo, Randy Paine, Jeff Palk, Kim Palmer, Brent Patterson, Mary Reis, Hillary Routt, Joe Rudkin, Bart Sammons, Kris Schlouch, Jim Shaffer, Kristie Shelly, Juli Shultz, James Sipprelle, Kim Smith, Brian Southworth, Derek Sparta, Kelly Spaulding, Michele Stoll, Kirsten Taylor, Debbie Theriault, Kirk Tobler, Robert Tyo, Grant VanCleve, Eric VanValkenburg, Doug Wadleigh, Royce Warden, Kathy Weist, Scott Wilford, John Witlock, Russell Wolf, Steve Wolf, Tim Wynn

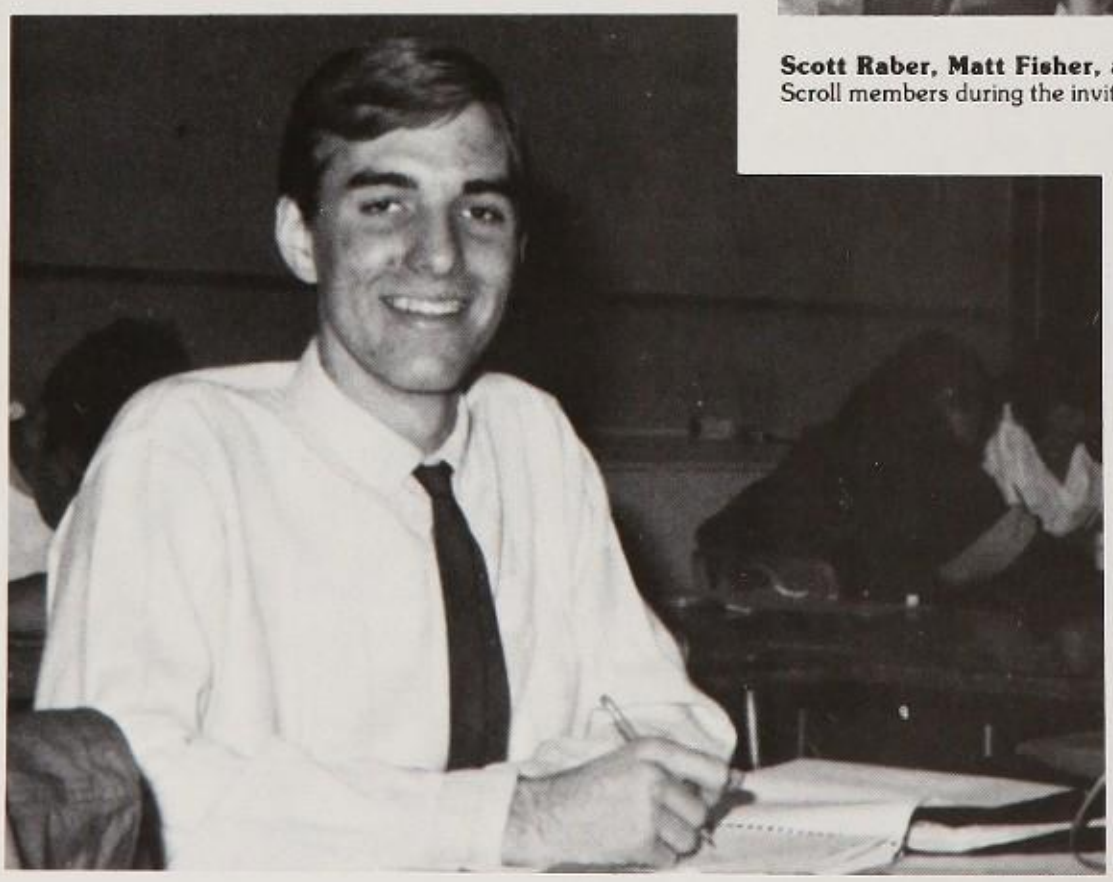
Honors Given To Scribes

Quill and Scroll is an international honor society recognizing students of school publications. This exclusive club for juniors and seniors requires the students to maintain a high grade point average and to be on the **Crusader** staff or the **Cottonwood** staff. As members the students automatically receive a subscription to a quarterly magazine published by the international Quill and Scroll society. President **Joy Fernbach,** along with Vice-President **Debbie Theriault** and Secretary/Treasurer **Kathleen Beatty** planned the first luncheon meeting for this year's club.

Quill and Scroll: Sitting — Kathleen Beatty, Joy Fernbach, Debbie Theriault **Kneeling** — Laurie Harmada, Kelly Uyeda, Kathy Jones, Maren Kussler, Shannon Polacek **Third Row** — Evie Scalora, Kirby Ingram, Kelli Hawkins, Andrea Barrows, Liz Brewer, Maria Eschenbrener **Fourth Row** — Kathy Glaudini, Karen Smith, Helen Exacoustos, Eric Jones, Kristin Kelder, Matt Fisher, David Sohn

Kristin Kelder looks up with satisfaction after finishing a subway sandwich at a Quill and Scroll luncheon. Kristen is also a member of the yearbook staff.

Scott Raber, Matt Fisher, and **David Sohn,** indulge in the food provided by the Quill and Scroll members during the invitation luncheon held in their honor.



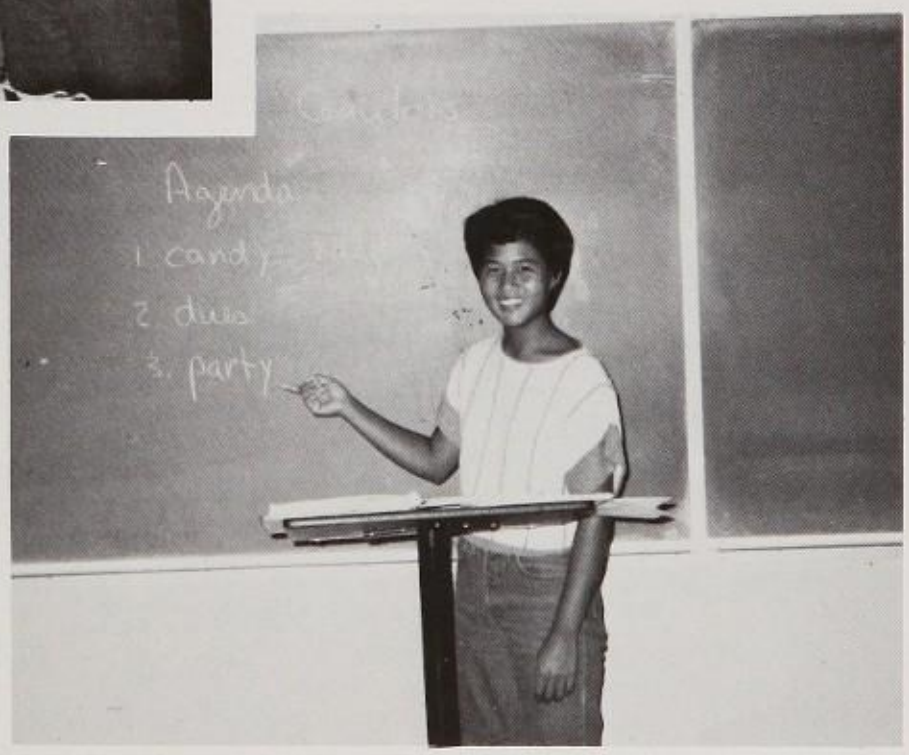
Member **Tony Bancroft** sketches one of the many comic strips he does for his art class. His feature cartoons appear in each issue of **The Crusader** and have been used in the **Cottonwood** as well.

Joy Fernbach, President of Quill and Scroll, presents **Maria Eshenbrener,** Sports Editor of **The Crusader** a Quill and Scroll membership card and gold pin during a noon meeting. Junior and Senior staff members of both publications meet academic requirements to join the honorary organization.

French Club: Marc Alpert, Craig Agosta, Kelly Agrosta, Pam Armstead, Bobby Arnold, Chiki Aurang, Annette Borja, Beatrix Broudy, Mirian Burnstein, David Carlen, Caroline Cereeka, Jane Chapman, Michael Chen, Kit Codik, Jamie Collins, Mike Corzine, Sara Crumpton, Ali Daumerie, Mike Dawson, Mike Dealba, Preet Dillon, Andria Dickens, Mike Donahue, Brian East, Jenny Emmert, John Espinoza, Elli Exacoustos, Pat Fairon, DeeDee Fiebert, Treg Finney, Shelly Fishbach, Pam Fitzgerald, Finlay Gow, Shalesh Gupta, Corrine Haskins, Kenny Hayashida, Michelle Henderson, Elisa Herning, Laura Hill, Judy Holzgang, Denise Horner, Albert Hown, Erica Huang, Curtis Hyatt, Patty Jettie, John Jost, Eva Kjoss, Brigette Koenig, Shubert Koong, Elise Langsam, Farren Last, Janet Lee, Judy Liang, Robin Lindley, Marisa Macris, Kim Martin, Mary McGill, Terry McKinney, Michelle McLinden, Julie Meadows, Renee Meriard, Kim Mirsoltani, Stefan Moon, Chris Moses, Courtney Motz, Tom Nockold, Kent Nordstrom, Lara Obradovich, Keren Oca, Veronica Orrick, Rosemary Peters, Jenifer Phillips, Tammy Quemado, Erin Raccah, Brad Rawls, Stacey Ray, Stephanie Robertson, Kevin Roe, Trisha Rinella, Robin Risling, Alessia Rusticali, Stephanie Sanchez, Kelley Shifflett, Julie Simmons, Michelle Stratton, Athanasia Syrengelas, Soteria Syrengelas, Tam Ta, Debbie Theriault, Lily Truong, Robert Tyo, Holly Vineyard, Theresa Viska, Grace Wang, Jamie Welsh, Mark Welzen, Aaron Wheeler, Mike Wheeler, Kathy Wiest, Peter Wilson, Dorthy Wu, LaSondra Zarif

Fluent French Parle Trés Bien

The purpose of the Los Al French Club is to provide students with opportunities to utilize their language skills and to experience the culture of France outside the classroom. Under the supervision of Ms. Rice and Mrs. Stanton, they had a dinner party at the beginning of the year, they played a soccer game against the German Club on October 25, and held a party in December. The club as a group went to a French restaurant in the spring. The French Club proved to be the largest active club on campus.



Elli Exacoustos, Jamie Collins, Judy Liang, Jenifer Phillips, Peter Wilson, Jodi Brown, Kelly Shifflett, and **Andria Dickens,** above left, overlook all the food at the party they held for the members. **Grace Wang** and **Julie Meadows,** above right, enjoy socializing at one of the member's home. **Judy Holzgang, Kathy Woitovich,** and **Elisa Langsam,** left, are ready to toast the French Club with sparkling cider. President, **Erica Huang,** above, conducts a meeting and informs the members about upcoming events they will sponsor.

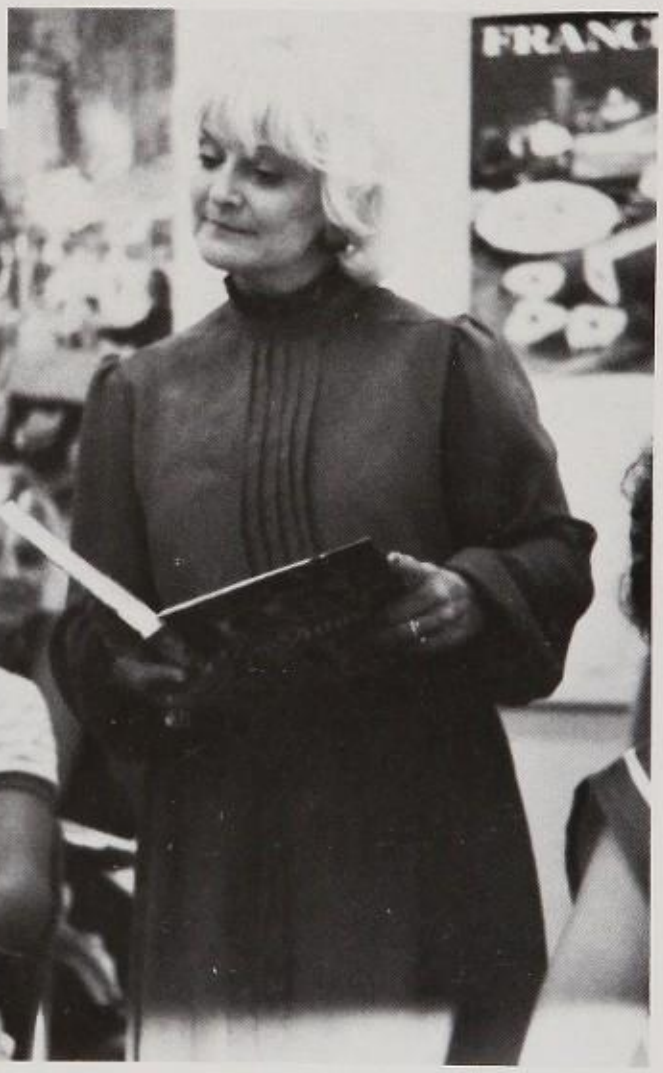
SCHOLARS

During one of her Spanish I classes, Ms. **Murnez Blades** leads a vocabulary learning game to help her students who are just beginning to speak the language.

Varsity football coach **John Barnes** celebrates his team's successful season with the starting quarterback **Bruce DeHoog** at a pep assembly. Bruce was awarded an All Empire League Honorable Mention for passing the Griffins into the CIF playoffs.

Mock Trial advisor **Mr. Atherton** discusses court strategy with student bailiff **Jennifer Fowler.** He has remained with the team since he founded it in 1980. This year's case deals with a hit-and-run felony.

Los Alamitos Education Association President, **Mr. Hauenstein,** reviews his lecture notes on the Populist movement of the late 1800's. He and **Ms. Ramsburg** teach the eleventh grade Advanced Placement United States History course.



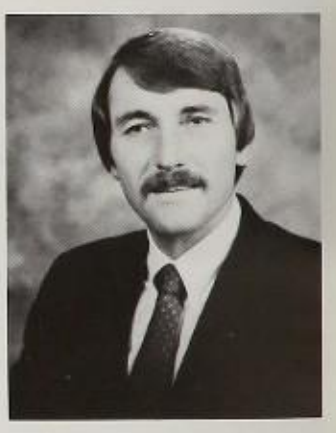
Checking over a student's work, **Mrs. Stanton** gives an approving nod to his paper. She requires her classes to do projects concerning France, such as preparing a slide show or cooking French food.

Looking over one of the many papers that cross **Dr. Castrita's** desk, he glances up. **Dr. Castrita** is never too busy to take time out to talk to students about their activities.

Glancing up from his full daily calender, **Mr. Gary Rutherford,** Los Al's Dean of Attendance, smiles proudly at the outstandingly low truancy rate at our school.

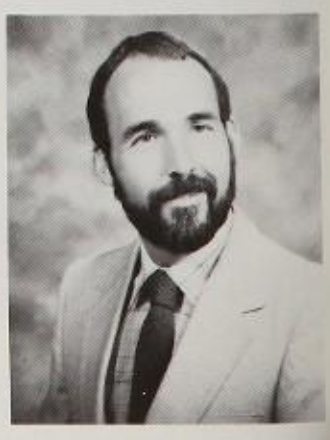
Mr. Anthony walks with a student, **Lesley Durkee,** during nutrition to discuss such important topics as "Who is the better surfer?" and "Why a green Porsche?" **Mr. Anthony** is not only an administrator but a trusted friend.

Dr. Rudy M. Castruita
Principal
USC, PhD



Tom Anthony
Assistant Principal
Activities
USC, MA

Larry Thompson
Assistant Principal
USC, MA



Dr. Neil McKinnon
Assistant Principal
USC, PhD

Board Conquers Social Issues

The Los Alamitos School Board played an important role in the policy making of the Los Alamitos Unified School District. They have improved greatly upon district finances providing for the enlarged student body of Los Alamitos High School.

The arrival of 700 new freshmen put strain on all of the student body as well as faculty. However, new portable buildings were authorized to accomodate the overflow.

Controversial decisions were tackled by the district's Blue Ribbon Committee and presented to the Board which took final responsibility for the sale end/or lease of district property.

Once again following tradition, members of the School Board presented a skit in the annual Faculty Talent Show, "Live from Los Al," demonstrating their enthusiasm and support of the goals of public education.

Mr. Charles McCully, superintendent of the Los Alamitos Unified School District, and **Nancy Lander,** school board President, ponder over the agenda for a meeting to be held later. Both are very highly respected by the community for their organizational skills.

Board member, **Mark Abrams,** above, checks up on current issues while student representative **Kenny Hayashida** and **Virginia Wilson,** right, discuss the upcoming board meeting and special events in the near future.

Our very own **Mrs. Holzgang,** left, another current board member, works diligently at her given assignment, while **Mr. Genet,** above, chuckles at the next item on his agenda.

Alcence Holzman
Counselor
UCI, MA

Mildred L. Watson
Counselor
CSUF, MS

Lynda Lockwood
Counselor
CSULB, BA, MS

Dennis A. Parmer
Counselor
UCSB, MA

Dale Ferber
Counselor
CSULA, MA

One of the respected counselors, **Mr. Palmer** helps freshman, **Jayne Kay,** plan her classes for the upcoming years. Los Al counselors guide all freshmen this way.

Ms. Lockwood, a new counselor at Los Al, is all smiles as she enjoys herself at one of the school's many pep assemblies. She has many duties and besides being a counselor, she checks off campus lunch passes everyday.

Mrs. Cross our career guidance specialist discusses the many different types of occupations available in our community. She is a real asset helping plan many careers and guiding students toward a successful future.

A trusted friend and counselor, **Mrs. Holzman,** gives a reassuring hug to **Elizabeth Robinson,** after talking over a sticky schedule problem. She is always ready to help and give her all in any situation.

Jean Singrin Cross
Career Guidance
USF, MA

Carol Dalton
Media Center
CSULB, MA

Nola Ezell
School Nurse
CSULB, BSN

Kathleen Foss
Media Specialist
CSULB, MLS

Corie L. Rose
Speech and Language Specialist
University of Redlands, MS

Linda Stoskpf
School Psychologist
CSULB, MS

Mrs. Watson is a counselor dedicated to helping her students. She often takes time out from her seemingly endless paper work to discuss a student's progress in his classes with a concerned parent.

Mrs. Ezell, school nurse, checks sophomore **Dave Terrel's** eyes. It is a requirement that all sophomores have their eyes checked for the Driver's Education class. This is a "must" class for graduation.

Lue Adamson
Attendance Secretary

Connie Anderson
Instructional Aide

Patrick Barr
Audio Visual Assistant

Julie Crumpton
Activities Secretary

Linda Fiamengo
Clerical Assistant

Colleen Golden
Counseling Secretary

Mary Haas
Receptionist

Pat Johnson
Library Technician

Lynn Kunce
Instructional Assistant

Jean LaMay
Equipment Manager

Kay Marriott
Instructional Assistant

Sharon Martin
Student Records

One of the hardest and most confusing jobs for the attendance secretaries to do is the job of registering students for the upcoming year. Looking up some information in the attendance records, **Mrs. Adamson** helps to organize all the registration forms that are turned in.

Making sure she had made no errors on the quarter grades, **Mrs. Golden** carefully checks over the work she has done on her computer. Mrs. Golden helps out in all the offices and is of valuable assistance to the many administrators.

Scribes Assist Administrators

The friendly, capable secretarial staff of Los Al plays a major role in the smooth operation of the high school by aiding administrators and faculty with their many duties. Our office staff is also always ready and willing to help students in any way. Recording attendance, issuing passes, making appointments and answering the constantly ringing telephones are just a small part of the many and varied duties of this essential staff of dedicated people. Equally important to the necessary functioning of the school are the aides that serve as the "right hand" in the library and different departments on campus. Computers play an increasingly important role in helping the secretaries and aides with the constantly growing stacks of paperwork left on their desks. Reliably, the work is always completed on time, and delivered with a smiling face.

Lorraine May
Instructional Assistant

Virginia Quaid
Registrar

Tim Randall
Equipment Manager

Marge Saffron
Secretary

Violet Schwabenland
Secretary

Carol Scott
Counseling Secretary

Evelyn Sylvia
Attendance Secretary

Roseanne Ziegler
Instructional Assistant

Mrs. Anderson, our new Instructional Assistant, helps by taking official forms on registration day. She is highly respected for the difficult tasks she performs.

Pep rallies are enjoyed by the staff as well as by the students, as **Ms. Crumpton** and **Mrs. Trujillo** demonstrate how well they can show off their school spirit. They can frequently be seen attending school assemblies together.

Smiling at a familiar face entering the door for registration, **Mrs. Sylvia** prepares to collect some more forms. Being an attendance secretary, Mrs. Sylvia gets to know most of the students around campus.

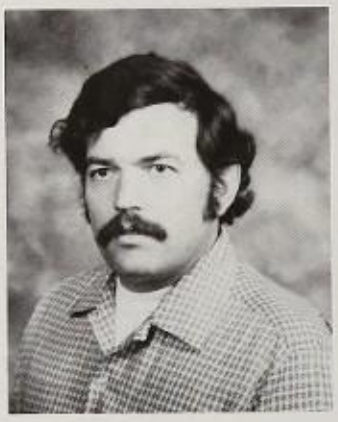
Registrar, **Mrs. Quaid,** pauses from her new computer for a quick coffee break. Along with Mr. Thomas, Mrs. Quaid is responsible for the making of class schedules and student counts.

Art Club: Front Row — Ivy Chou, Rachel Chen, Christina Tsang **Second Row —** Mike Sanders, Don Moore, Brad Reidy, Suzanne Buzan, Alistair Blake, Dawnielle Congiardo **Third Row —** Mrs. Woirol, James Ken, Richard Pickard, Tony Bancroft, Albert Howe, Tom Bancroft, Mrs. Hemphill

In a band performance during an assembly **Mr. Hrbacek** threatens to clobber **Chris Brophy** if he doesn't play the right notes. Mr. Hrbacek often jokes around with his students.

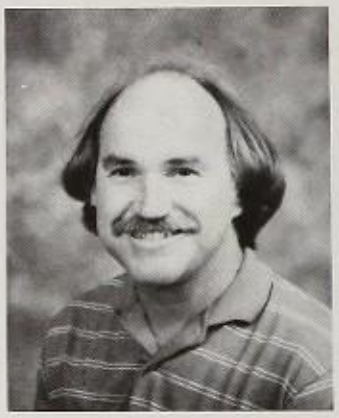
Bob Atherton
Law, On Your Own, Typing
University of Iowa, BS

John Barnes
PE
University of Nevada, BS



Gerry Beach
Analytic Geometry,
Computer Programming,
Algebra I
UCI, CSUF, MA

Carol Beck
Spanish
University of San Francisco,
MA



Ken Becker
Woodworking, Math
CSULB, BA

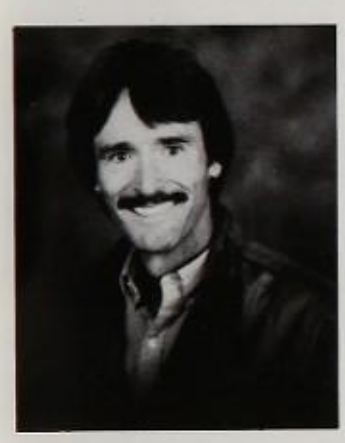
Joyce Bennett
English Honors, Mythology
CSULB, BA

Murnez Blades
Spanish
Baylor University, MA

Donna J. Bohannon
PE
CSUF, MS

Looking over a piece of jewelry **Mrs. Woirol** explains the easiest way of polishing. **Dave Eckles** is very pleased to find that his hard work has not gone to waste.

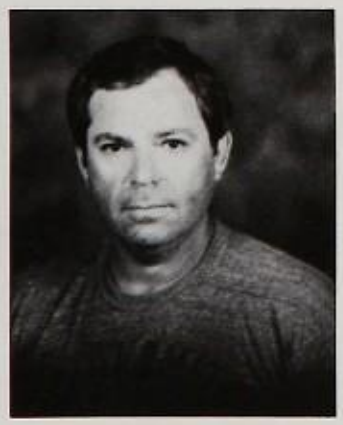
During a Commercial Art class **Mrs. Hemphill** praises **Albert Howe** for his excellent work on his project. In recent years Commercial Art has become one of the most popular classes offered at Los Al.



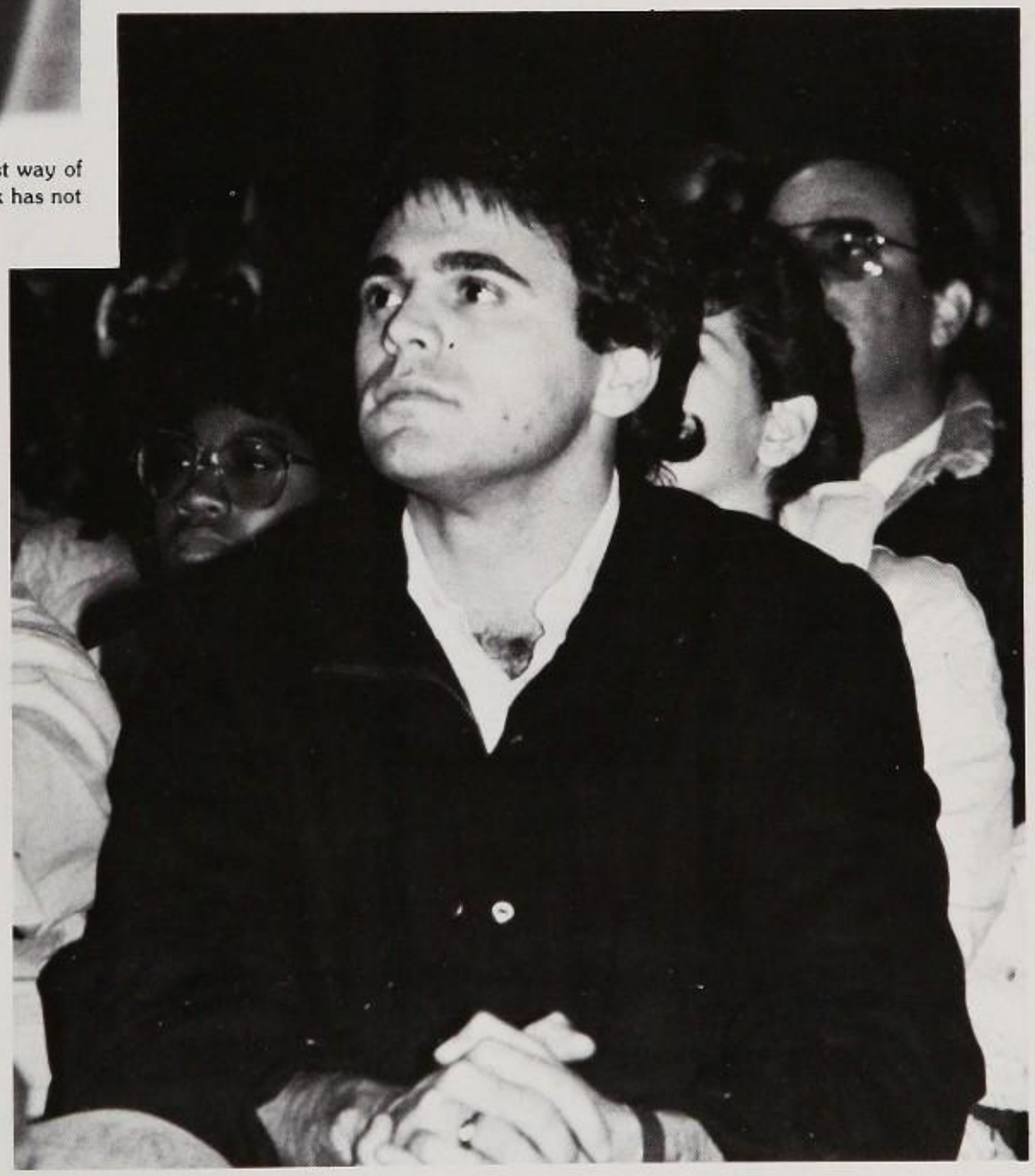
Dave Bouchier
US History, APT
CSUF, BA

Steve Bowers
US History, World History
CSULA, MS

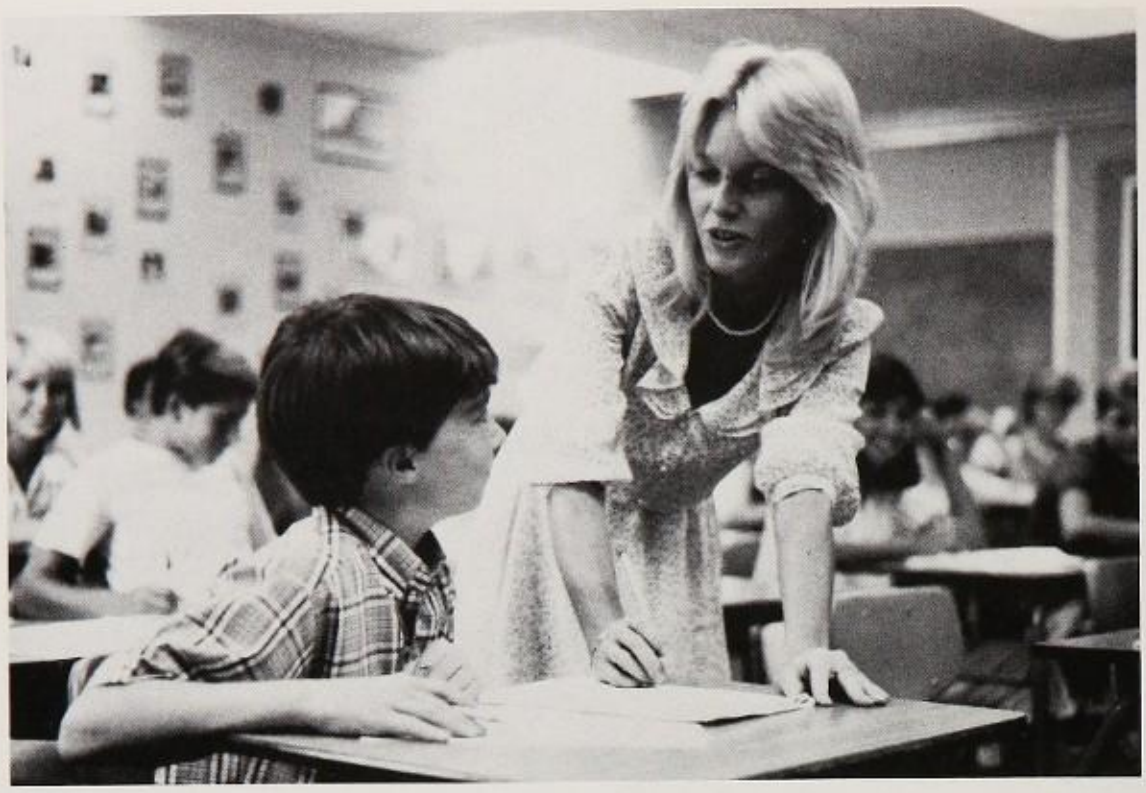
Art Broadhurst
R.O.P. Welding
CSULB, BA



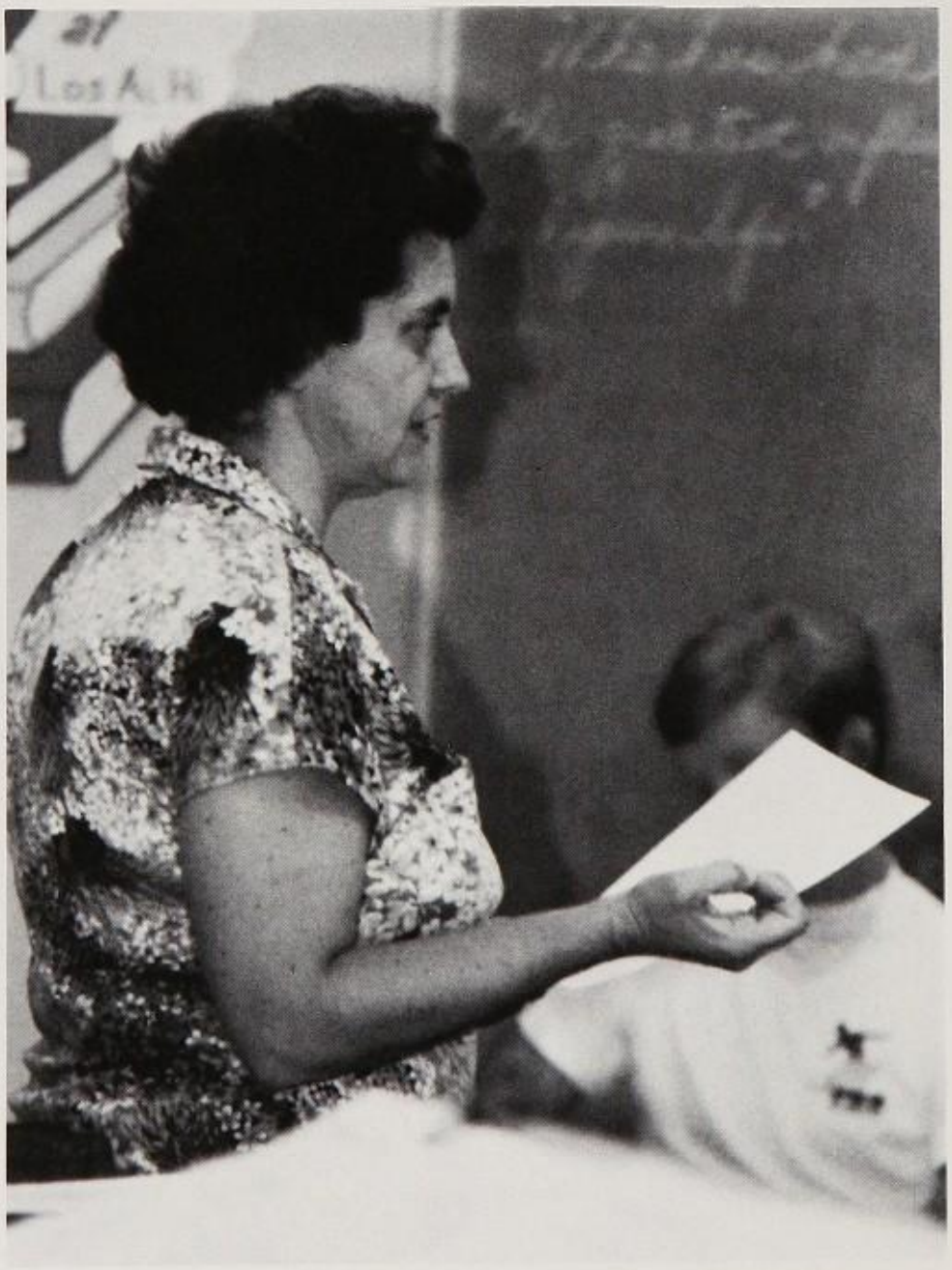
Cary Brody
PE
CSULB, BA



The Los Al choirs put on many performances each year. Many hours of preparation are devoted to the making of one show. Adviser **Mr. Opacic** watches the Liberty Concert which benefits the restoration of the Statue of Liberty.

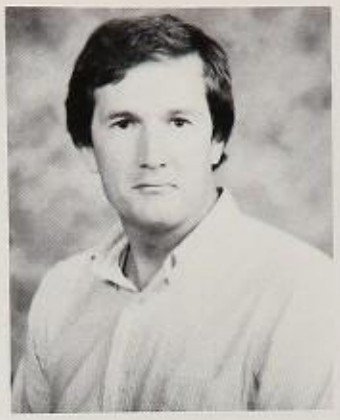


While showing **Brad Cravens** his grammatical errors in his essay, **Mrs. Sizemore** explains the rule "i before e except after c" is sometimes not applicable. This English rule confuses many students, but with a little explanation Mrs. Sizemore can clear the confusion.



Reading off the week's vocabulary list, **Mrs. Eastman** tells her students to study the words hard. The vocabulary tests are given weekly to college bound students to help them prepare for the future college English courses.

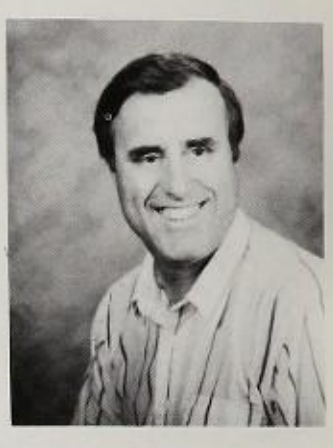
Holly
You're quite a star, I'm looking forward to working w/ you in x-c. If you're half the star you were in the classroom, you'll be great. Thanks for the great year & have a nice summer Love Mr. C



Steve Brooks
Math/Physical Education
CSULB, BA

Ann Busenkell
English
CSULB, BA

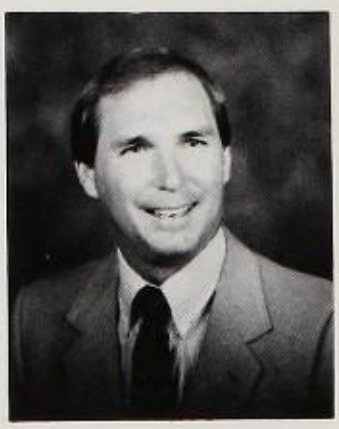
Mark Celestin
World History
UC Irvine, BA



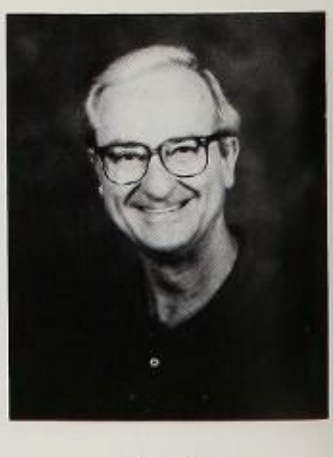
William Christie
Driver Education
CSULA, MA

Robert Clairmont
Spanish
USC, MA

Ron Considine
Photography
CSULB, MA



Jim Cross
World History, Futures Study
Stanford, MA



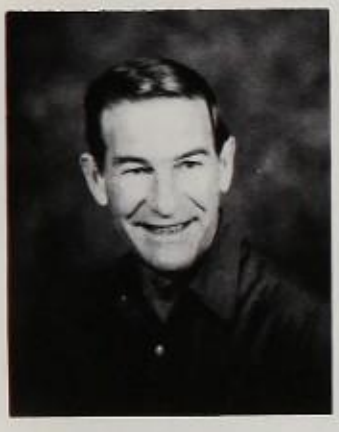
Bill Daly
Word Power/English
Harvard, MA

Analyzing the "Gift of the Magi" with her student **Cindy Albert, Mrs. Flynn** points out that the film version differs from the written copy. **Sabrina Gqrzapena** seems to grasp the story's interwoven symbolism and meaning. Mrs. Flynn discusses the author's use of irony with her classes.

Wilson, Doran Motivate Dons

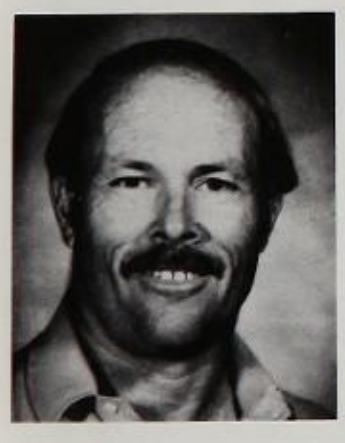
Without the valuable contributions of the Los Alamitos English Department, Los Al would not be the great school that it is. Many of the English teachers stayed after hours helping students with their work. Such teachers as **Ms. Wilson,** who gave her time aiding such organizations as the school newspaper and Decathlon, were also involved in school activities. Besides being helpful, many English teachers were trusted friends. This important element of friendship was necessary because at Los Al students are required to take four years of English. The English courses varied to include many tastes and difficulty levels.

Another dedicated teacher who put in many long hours was **Mr. Doran.** Besides teaching English, **Mr. Doran** taught photography and ceramics. He was also the advisor for the Junior Class Committee. **Mrs. Trujillo,** a rambunctious teacher who made Los Al great, was very involved in teaching English and drama. Involved in many extracurricular activities, she was the Yell, Song, and Cheer advisor. She directed our assemblies and produced our plays.

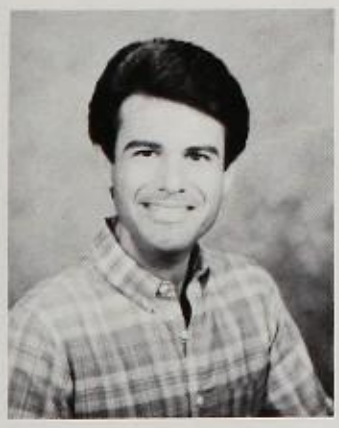


Al Davenport
Biology
CSULB, BA

Merrilee Desatoff
English
CSU Fresno, BA



Gary Dixon
Driver Education
Pepperdine University, MA



Phil Doran
Ceramics, English,
Photography
CSULB, BA

"He's a pretty cool teacher," states **Tim Paney.** "He's taught me a lot too." **Mr. Schroeder** helps students overcome problems such as spelling and punctuation in a humorous way.

During a Spanish Club meeting, **Ms. Blades** discusses upcoming events. The Spanish Club is offered to all Spanish students, and they often go on many field trips to places such as Olveria Street in Los Angeles.

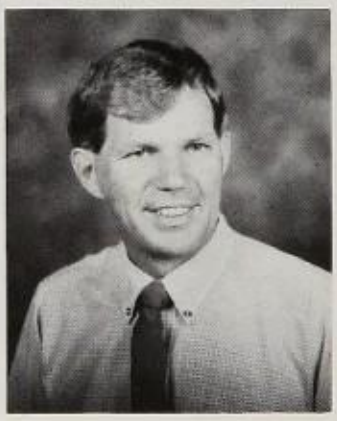
Spanish Club: Front Row — Christy Martinez, Carla Rosenfeld, Christina Lucus, Heidi Stauch, Lucy Rojo, Yvette Powell, Amy Polakoff, Rosanne Garcia, Magdalena Diaz, Aaron Glatman, Naomi Nafarrete **Second Row** — Michael Abraham, Matt Fisher, Mike Wellington, Kenny Cross, Casey Fierce, Leland Jay, Grant Van Cleve, Heidi Gray, Linda Bueno, Maria Puente, Danita Humphrey, Thida Mahasucam, Chin-Yu Wu **Third Row** — Mary Houghton, Diane Errickson, Julie Swanson, Teri Garcia, Marisa Macris, Stefani Canin, Sabrina Thomas, Cristy Day, Kenny Montgomery, Jennifer Phillips, Devora Binder, Ivy Chou, Miki Aurang, Janet Lee, Devin Last **Fourth Row** — Kim Chieppor, Teresa Grosso, Jeni Buys, Robert Tyo, Mark Magana

Frank Doretti
Athletic Director
UC, Berkeley, MA

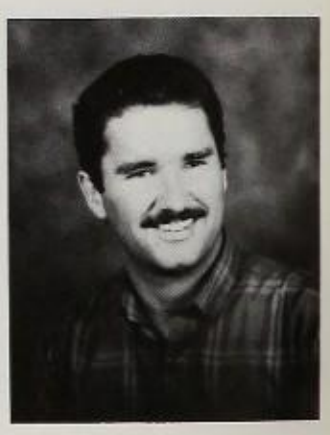
Jean Dunn
Shorthand, Typing
CSUSD, BS

Marty Durham
A.P. English, Creative Writing
CSUF, MA

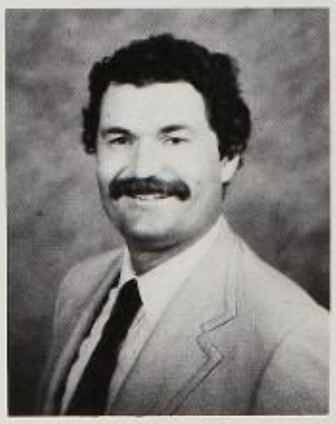
Diane Eastman
English
UCSB, BA



Don Ellis
Drafting, Electronics
CSULB, BA



Kevin Fergueson
U.S. History, U.S. Government
UC, Riverside, BA



Don Fisher
Special Education
CSULB, MS

Debbie Fleming
Math, Physical Education
CSULB, BA

German Club: Kandi Campbell, Kenton Brooks, Curt Engelmann, Todd Paulos, Paula Wasikowski, David Sohn, Wei Chau Chang, Heather Frewin, Janan Springer, Brenda Voorting, Jeff Palk, Nicki Tillitson, Jamie Welsh, Karen Flugal, Wimm Libby, Jane Eichoff, Helen Herning, Derek Stanford, Brian Meckler, Anjolette Fruhan, Rick Murray, Robert Batey, Jim Oberacker, Jeff Mackewicz, Carolyn Hess, Laura Cannon,, Sue Ewing, Ely Schuck, Christine VanKampen, Heide Stauch, Shirley Chiu, Mike Barlow, Jodai Saremi, Jeff Harmon, Russ Bugge, Ross Holseher, Sheri Millar, Wendy Radi, Stan Abrams, David Cheng, Kathy Chen, Emily MacFarland, Doug Chapman, Janine Martin, Marc Brown, David Orvis, Karen Yoh, Nick Buhbe, Robert Gossman, Gregg Hartman

German Club Officers: Front Row — Nicki Tillitson, Paula Wasikowski **Second Row** — Robert Gossman, Mr. Pectol. Gregg Hartman, insert, wears his German Club T-shirt on club day.

Sharron Flynn
English
East Washington University, BA

Lorraine Gayer
California History
CSULB, BA

Marsha Gerber
English, Creative Writing
CSULB, BA

Doris Gerry
Algebra II, Geometry
Kent State University, BS

Preparing for a story to be told, **Brian Smith** tries to calm a few pre-schoolers. Brian says that he really enjoys the pre-school class because he gets a chance to understand young children. "Their only difference is the need for security."

Patricia Giarratano
P.E., Math
CSULB, BA

Mike Gibson
Health, Varsity Baseball
CSULB, MA

Bob Gilchrist
Biology, Pre-Algebra
CSULB, MA

Allan Gragnano
English
CSULB, MA

Preparing the many ingredients for one of her fabulous recipes, **Mrs. Hulen** separates the spices for the different kitchens. Creative cookery is a beneficial class for those students who want to learn how to prepare delicious recipes in a short amount of time.

Barbara Grubb
Accounting, Typing
Bowling Green State
University, MS

Dorothy Haas
Geometry, Algebra
University of Arizona, BS

Walter Hauenstein
AP US History, Government,
Military History
CSUF, MS

Judy Hemphill
Commercial Art, Painting
Redlands University, MA

Elegant Dining Enhances Diet

Home Economics is a valuable department at Los Alamitos High School. It teaches students things essential for life past high school. For example, On Your Own is a class that shows how to raise a family, balance a budget, and plan for some of life's unexpected happenings. If cooking is what you're looking for, creative cookery is a terrific class for you. It teaches recipes that take little time and cost a fraction of what many people spend on today's foods. Sewing is also offered by the Home Ec. department, along with a Pre-School Assistants class. Making a blanket or an outfit is quite an accomplishment once it's all done, and the sewing teachers at Los Al help tremendously with their great patience. Pre-School Assistance class entwines the students' knowledge of child psychology and development.

Hearts Club Officers: Front Row — Helaine Levitt, Maria Puente, Christina Welter **Second Row** — Lesley Durkee, Maria Puente

Helping out with the children in Pre-School class, **Susanna Grote** shows how to roll out playdough with her hands. Pre-School gives students the opportunity to learn about the behavior of young children, and the proper way of teaching and disciplining youngsters.

Peggy Hernandez
Spanish
Ohio State University, BS

Carol Holmes
Chemistry
University of Washington, MS

Tom Hrbacek
Band, Drill Team
CSULB, BM

Donna Hulen
Home Economics, On Your Own
CSULB, MA

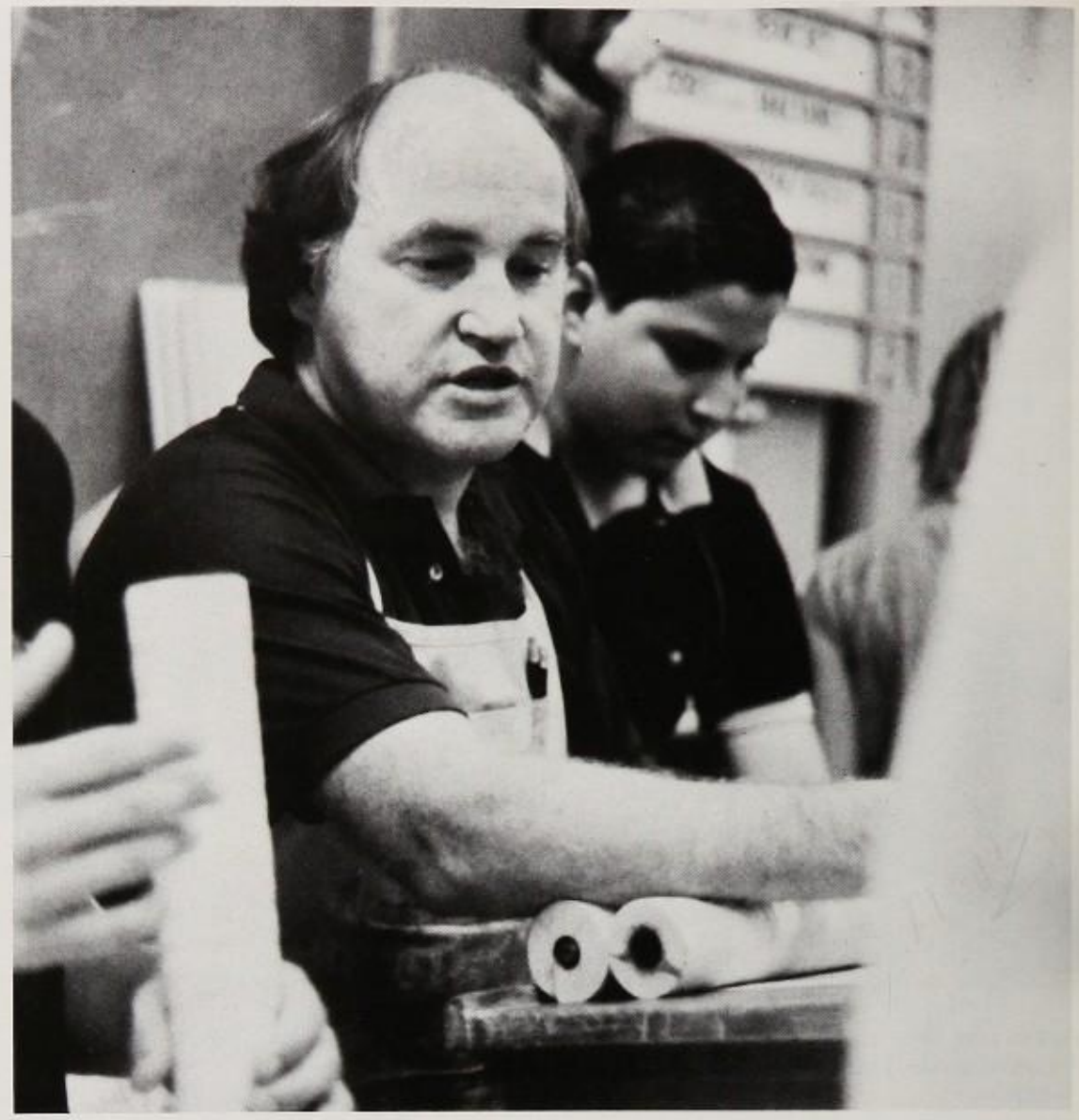
Hearts Club: Front Row — Anne Caraisco, Andrea Cunningham, Elizabeth Fisher, Kristin Parder, Amy Staley, Carrie Hecht, Helaine Levitt **Second Row** — Kelly McHale, Kirsten Taylor, Kirsten Shaw, Christina Welter, Kym Petullo, Lesley Durkee, Maria Puente, Maria Camarena, Lorie Paldi, Karen Holstein **Third Row** — Julie Campbell, Julie Francis, Christina Tsung, Rachel Chen, Carolyn Reason, Tina Goldiono, Marie Puente, Ana Rodriguez, Mrs. Parent

Edward M. Isaacs
Calculus, Algebra II/Trig.,
Pre-Algebra
UC, Berkeley, MA

Gene Jaeger
Geometry, Algebra
University of Minnesota, MS

Dian Johnson
Biology, Physics
UCLA, BS

Dolores Kane
Special Education
University of Iowa, MS



Jan Kenny
English, Yearbook
CSUF, BA

Myra Kincaide
Math
University of South
Mississippi, BS

Brad Lane
English
Indiana University, MAT

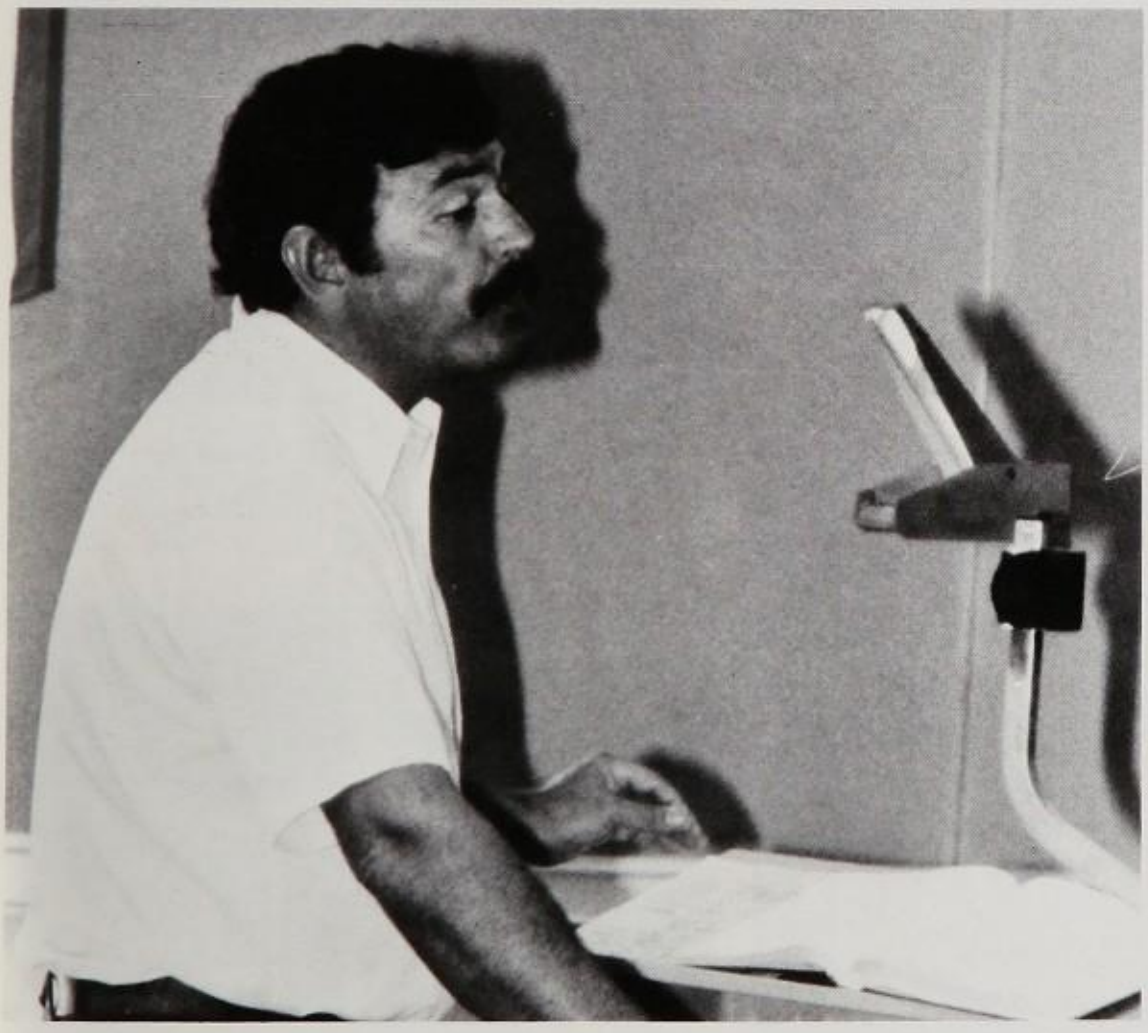
John Leonard
Trigonometry, PASCAL
CSULA, MA

During a woodshop class **Mr. Becker** instructs students on the correct procedure for sanding wood. Because Mr. Becker works with his students woodshop is an exciting class where one is always kept busy. Making a perfect product is the main goal in woodshop.

During a welding class **Steve Mercandante** and **Jason Mullins** help each other with assignments. Students learn the basics of welding and eventually move on to more difficult projects. **Mr. Broadhurst** teaches welding and gives students actual training in their chosen vocation.

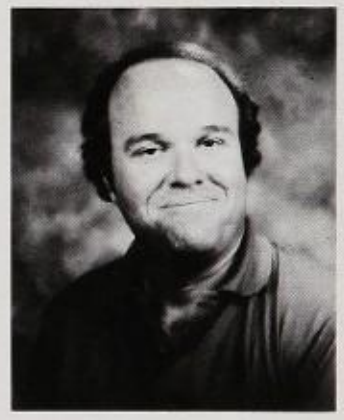
While working out a computer problem, **Mr. Leonard** is eager to find a solution. Mr. Leonard often helps students when they are having a difficult time solving a problem.

While explaining differences between adjacent and parallel lines, **Mrs. Haas** pauses to answer questions from students. Mrs. Haas also uses a room in the new portable math building.



During an Algebra class, **Mr. Beach** explains exponents and prime numbers. Algebra has recently become popular because students realize it will become useful later in life. Along with Algebra II Mr. Beach teaches many other math classes such as Elementary Functions.

Linda Lewis
Typing, Business English
CSULB, BS



Kevin Loftus
World History
CSULB, BS

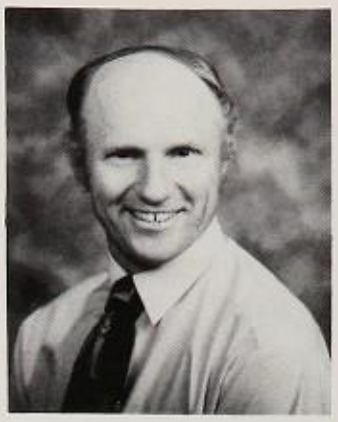
Patti Long
English I, English II Honors
CSULB, BA

Erna Anne Lowe
Algebra II, Geometry
CSULB, BA

Future Business Leaders of America: Front Row — Stacy Lee, Miki Aurang, Paula Rawls, Magdalena Diaz, Lynda Ken, Chih-Yu Wu **Second Row** — Brooke Burtsell, Misty Patz, Courtney Motz, Jenni Buys, Linda Palmer, Sandy Hertzig, Jenny McEntee, Rosanne Garcia, Sheri Ohlrich, Mrs. Grubb **Third Row** — Matt Hunter, Jimmy Lam, Michael Farquhar

Jeannette Dorsey, a student in accounting, works hard to complete her assignment while **Mrs. Grubb** gazes over her paper. In accounting all tabulations must be exact, or else the end result will prove wrong. Accuracy is emphasized strongly in every accounting activity.

Talking over some strategy for the next mock trial, **Mr. Atherton** tells **Ricky Bytel** and mock trial members how to go about questioning their witness.



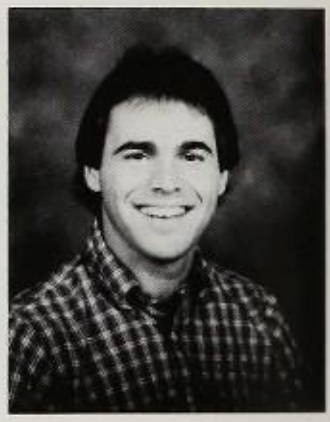
Ron Lung
Driver Education
CSULB, BA

Thomas Martinez
Auto I, II, III
CSULB, MA

Celeste May
Choral Music
CSULB, MA

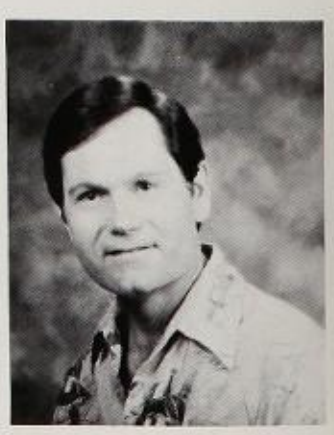
Maureen McCoy
French, Spanish
CSULB, BA

John McManus
Biology, Life Science
UCSB, BA



Ralph Opacic
Choral Music, Reading
CSULB, BM

Joan Parent
Home Economics
CSULB, MA



Gil Pectol
German
CSUF, BA

Future Nobles Shine in Field

The Information Processing Department provided a club called Future Business Leaders of America. One of the purposes of this club was to help develop future business leaders at an early age. It supplied students with knowledge of how to act in the business world, how to function effectively in a business office, and how to be responsible members, as well as leaders, both in their community and in places of employment. Led by Mrs. Grubb, Future Business Leaders of America held many fund raising events, which enabled students to learn as well as implement the organizational skills they need in their future business dealings. The young men and women who participated in this group found themselves well prepared to enter the business world.

Dear Holly, Glad to see you and Lisa are still good friends! Thanks for being a good student and helpin out so much. You're getting prettier all the time. See you next year. Love Mr. S

During a typing class, **Chris West** learns the basic skills of typing. Because he is a beginner, Chris looks at the keys; he improves with practice.

Frank Petrick APT
CSULB, MA

Dennis Ploessel
Resource Specialist
Cal Lutheran, MS

Patricia Ramsburg
APUS, Psychology, Sociology
University of Colorado, MA

Carole Roberts
French
UC Riverside

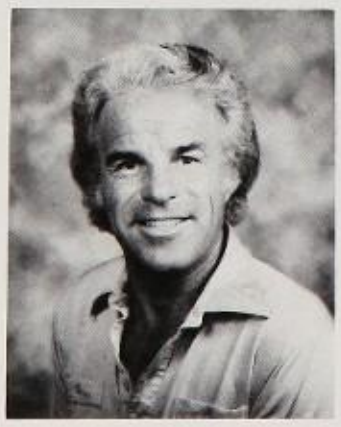
A member of the Future Business Leaders of America, **Rosanne Garcia** attempts to raise money for her club through the act of selling gummy bears. **Matt Hunter** helps by counting the profits of the fund raiser.

Looking over some of **Mike Martins's** work, **Kelly Slater** and **Mr. Wagner** jokingly tease Mike about his drawing of a spore. Being a new life science teacher on campus, Mr. Wagner comes across many different and unusual drawings by his students.

Realizing that not all sophomores are as naive as in his day, **Mr. Gibson** laughs at a comment made by one of his students in his health class.

Wayne Schroeder
A.P. English, English 12
CSUF, MS

Bill Schneider
Biology, Life Science
USC, BS



Ron Schwandt
Driver Education
CSULB, MA

Explaining how the microscope works to **Andrew Scheiner, Mr. Davenport** looks over Andrew's lab. Biology is a science class that students can get their hands into, with the microscope, and other labs.

Science Club: Front Row — Alan Go, David Clissold, Rick Itakura, Dave Levy, Shalesh Gupta, Ken Hayashida **Second Row —** Mrs. Holmes, Ivy Chou, Andy McMahon, Albert Chang, Russell Wolf, Michael Dawson, Robert Yee, Karen Yoh, Robert Book **Third Row —** Geoff Krueger, Tom Nockold, Kent Nordstrom, Mark Reissig, Laura Kraft, Ross Hankle, James Mentas

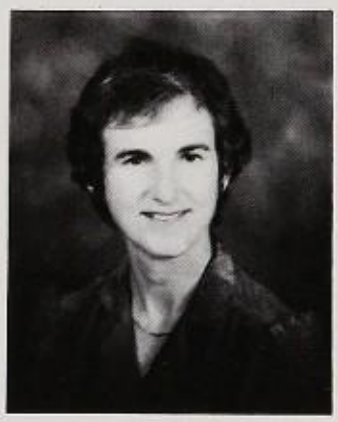
The Science Club offers many different and exciting projects for students who want to learn more about the world of science. **Mrs. Holmes** shows **Kenny Hayashida, Dave Levy,** and **Alan Go** how to make a hot air balloon out of tissue paper.

Charles Scott
Physics
Georgia Tech, MS

Patty Seymour
English
CSULB, BA

Jim Shelton
US History
CSULB, MA

Malinda Sizemore
English
CSULB, MA

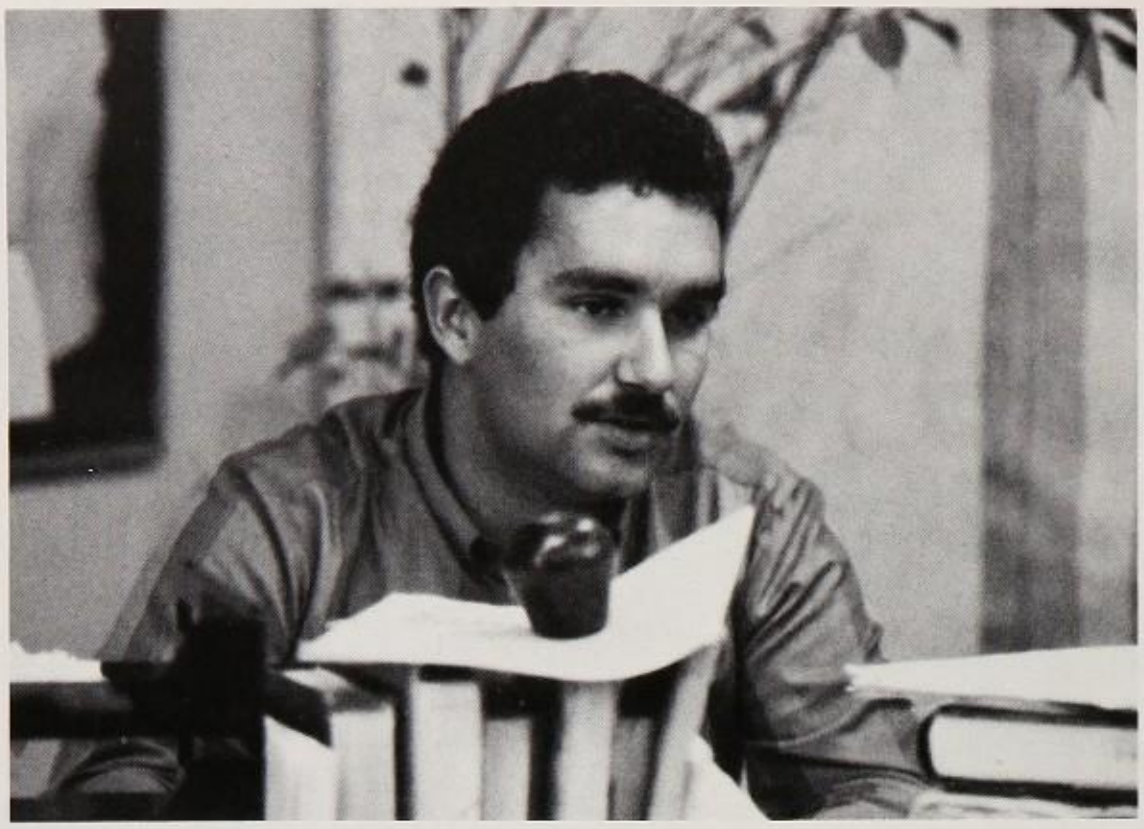


Jean Sleeper
Biology
College of New Rochelle, MA

Frances Smallfield
Word Processing, Typing
Northern State College, BS

Aldona Stanton
French, Spanish
University of Connecticut, MA

Pamela Steeby
Psychology, World History
CSULB, BA



While his government class takes a test, **Mr. Ferguson** thinks about eating an apple given to him by one of his students. The apple looks very tempting but Mr. Ferguson decides to wait until after class before enjoying his treat.

Coach Loftus, one of the Los Alamitos baseball coaches, ponders whether he should change his line-up for the game. To be on the baseball team, one must be dedicated, skillful, and have a good attitude. Coach Loftus enjoys the baseball spirit.

Gladys Stough
Math
CSULB, BA

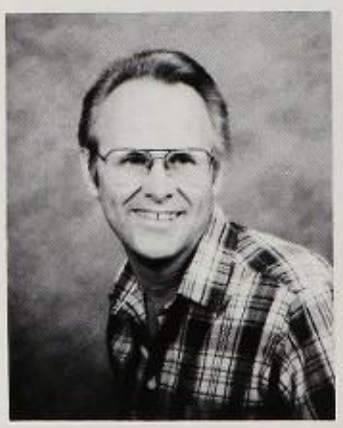
Betty Thompson
Resource Teacher
Meredith, BA

Gloria Toy
Spanish
CSUSD, BA

Judy Trujillo
Drama, Y/S/C, English
CSULB, MA

Graciela Tynning
Spanish
University of Chile, SA

Jim Van Gorder
Health
University of SF, MA



Chuck Wackerman
Jazz Band
USC, MS

Steve Wagner
Biology, Life Science
CSULB, BS

Mariann Walker
Algebra I, Algebra II
University of North Dakota, BS

Robert Wilkoff
U.S. History, AP European History
Colorado University, MA

Sue Willard
Intro to Computers, Trigonometry
CSUF, BA

Robert Williston
Pre Algebra, Practical Math
Providence College, BS

Kathy Wilson
English
Idaho State University, BA

Susan Woirol
Art, Math
UC Berkeley, BA

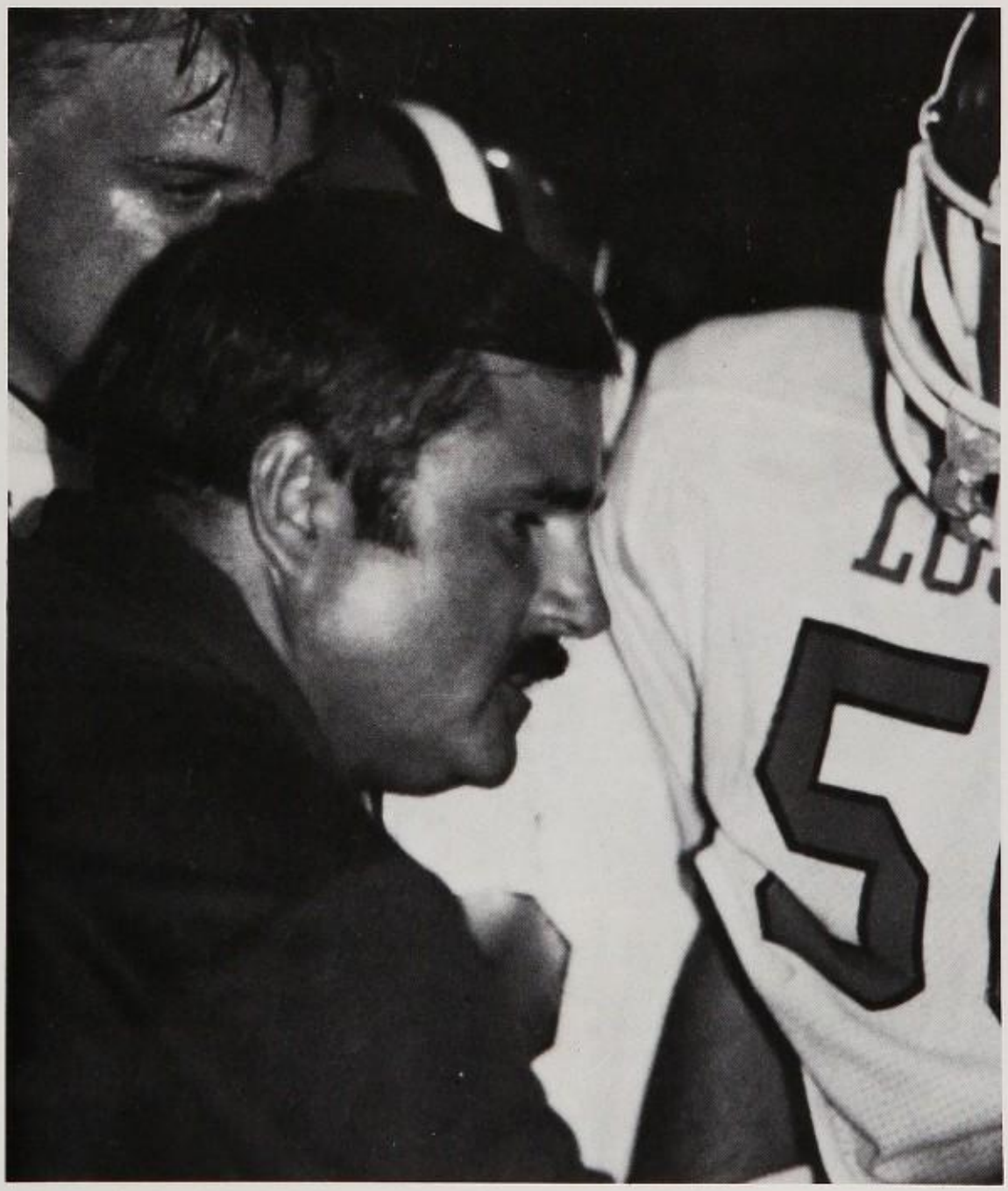
Attempting to rewind a film in his Driver's Education class, **Mr. Lung** discusses techniques with two of his students. When driving, his students enjoy his way of teaching.

Game Players Show Devotion

While watching a football practice **Coach Barnes** thinks about how he can add variety to the offensive plays.

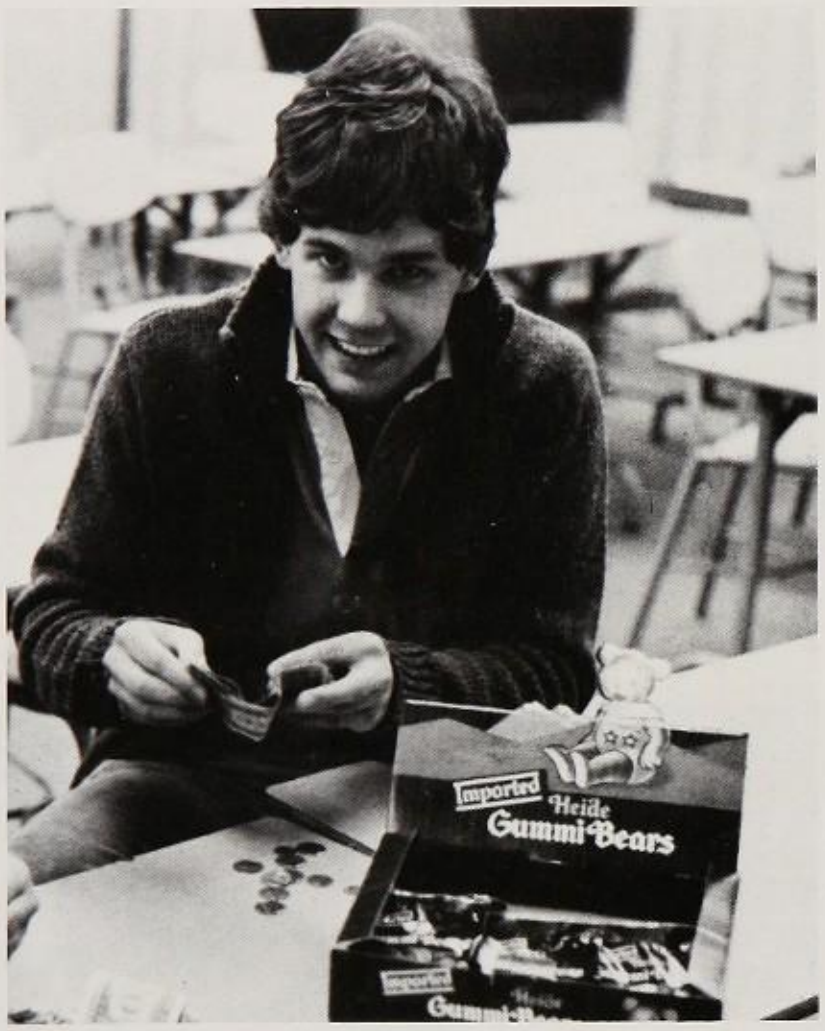
Sports, it is everywhere, but it is especially prevalant in school. Involvement in the athletic program includes team members, managers, stats, fans and spirit groups. Los Al offered all of the above, to the highest degree whether your sport was soccer, wrestling or swimming. Football and basketball games remained the highlight of the school week. The devoted coaches and players added to the excitement of a competition.

The coaches at Los Al gave one hundred percent time and effort to making the teams improve. Because of the coaches hard work, the teams showed much progress. But of course, Los Al sports teams would not be respected as they are today if it weren't for the devotion of the players. Team members gave an incredible amount of time for practices. And that effort was shown in Los Al's records in all sports. The Los Al athletic program continued to show students the importance of sports in high school.



Carefully looking over a new play, **Coach Bowers** instructs the players exactly what to do. **Pete Laughlin** listens carefully knowing the game depends on this play. The game ended in a Griffin victory.

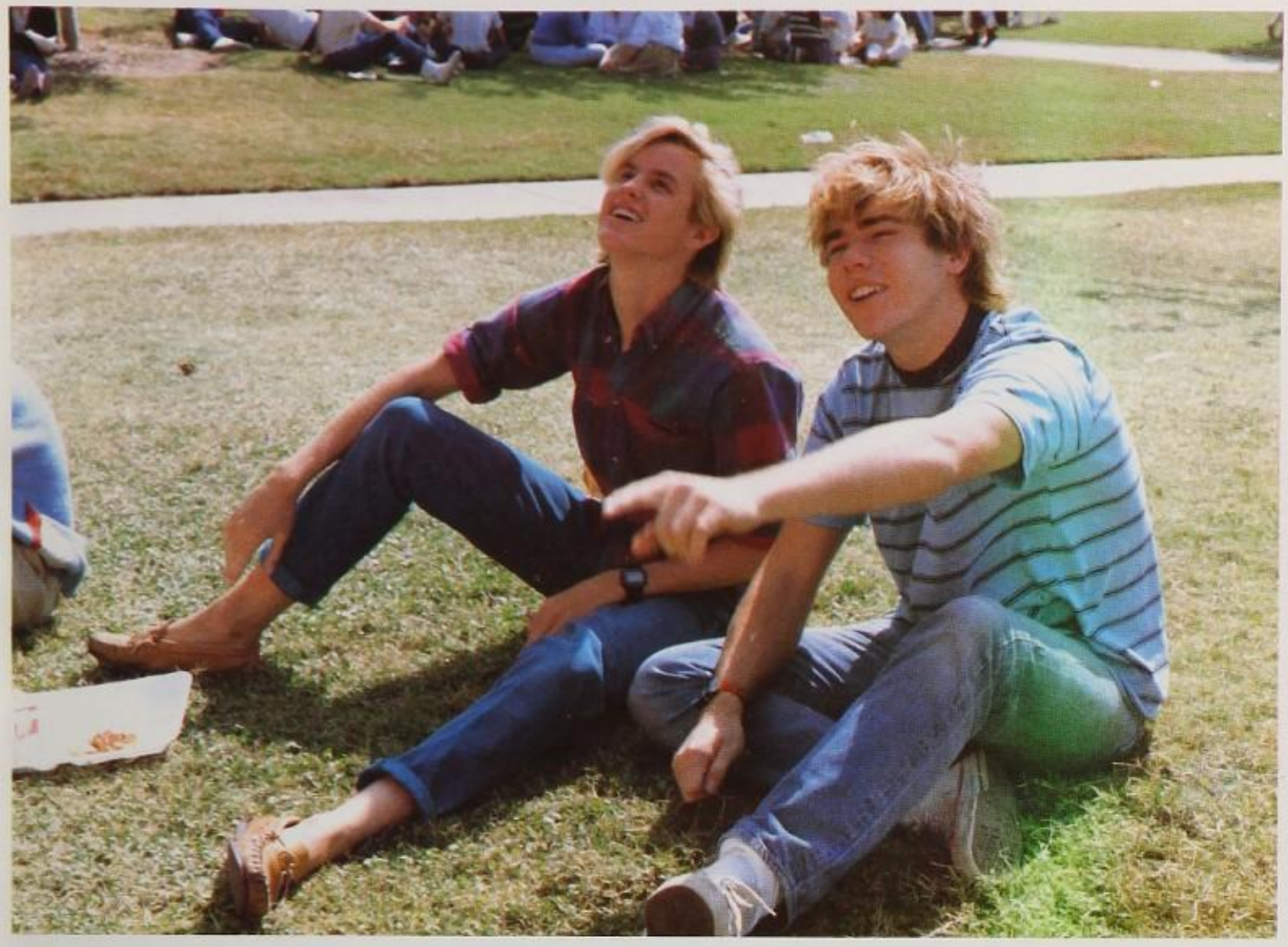
NOBLES



One of the most popular fund raisers on campus is the Gummie Bear sale. Senior class representative **Matt Hunter** helps raise money for future activities like FBLA's trip to Sacramento.

Most yearbook staff members start their school year before classes actually begin. During registration, **Diana May** and **Joy Fernbach** sell yearbooks to those students who wish to save money by buying their books early.

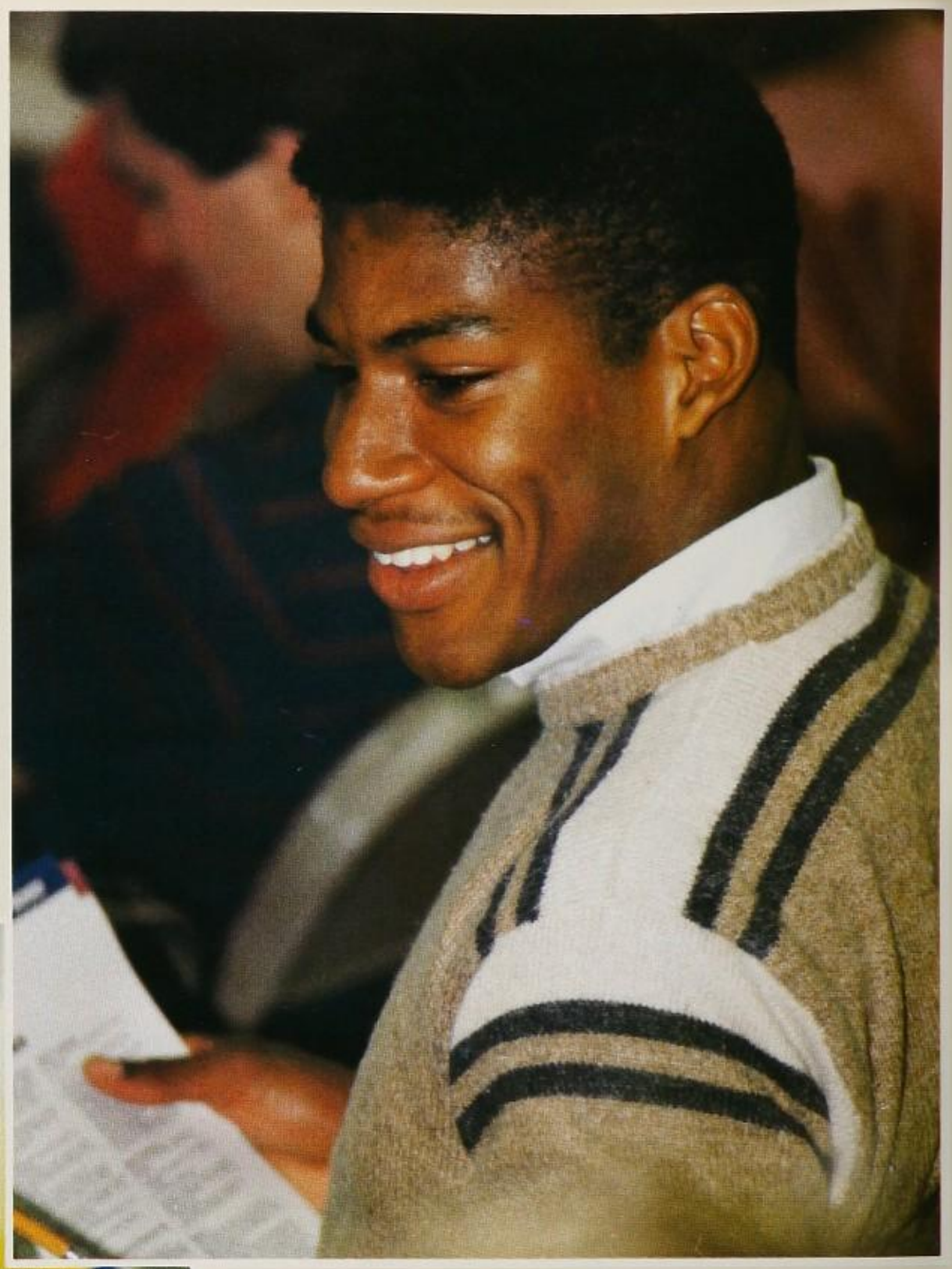
During a pep assembly, **Albert Koong** leans back to enjoy the performance of the Tall Flags and Rifle Team. As Los Al's representative to the State Executive Council, Albert keeps in touch with all of the school's activities.



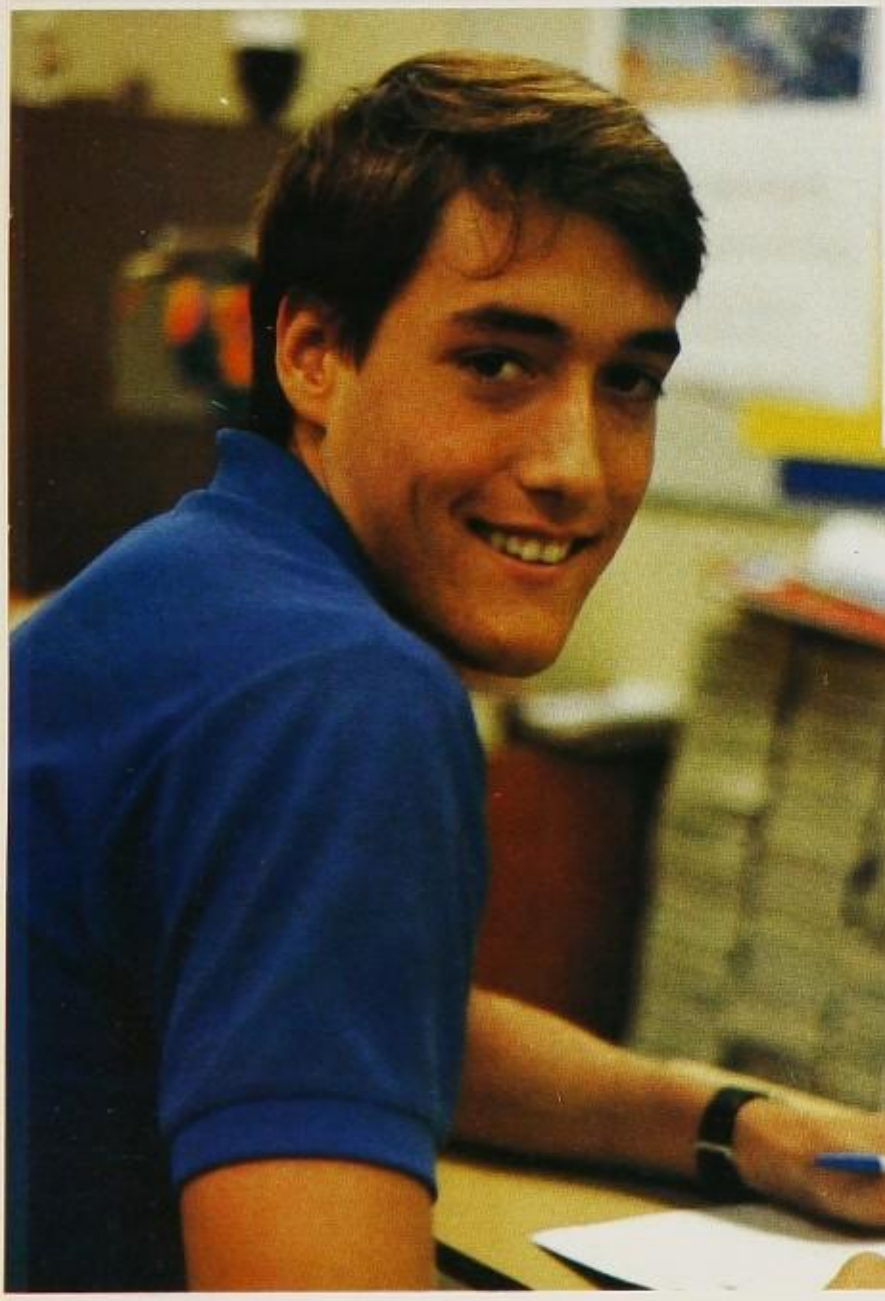
Surprised at an airplane flying directly overhead, **Mike Cool** points out to his friend **Ed Hirsch** a message written by the skywriter. The administration sponsored the pilot to remind the student body to keep the campus clean at all times. It captured the spectators' interest by breaking the monotony of a routine lunch time.

Thet Win, The **Crusader's** feature editor, eats an apple to keep her health up because she has been invited to participate in the Press Telegram's Minority Journalism Seminar.

Los Al's very own Alice in Wonderland, **Shelley Colaluca,** stops to ponder the question of what she is doing for Halloween night. Suddenly she remembers that the Band, Color Guard, and Drill Team are sponsoring a Halloween Dance.



Our own A.S.B. Vice-President **Bruce McMorris** gives an approving smile at one of his friend's work in one of his classes. Bruce is always on the go and involved, taking an active part in Varsity Football, track and field, and being everyone's best friend.



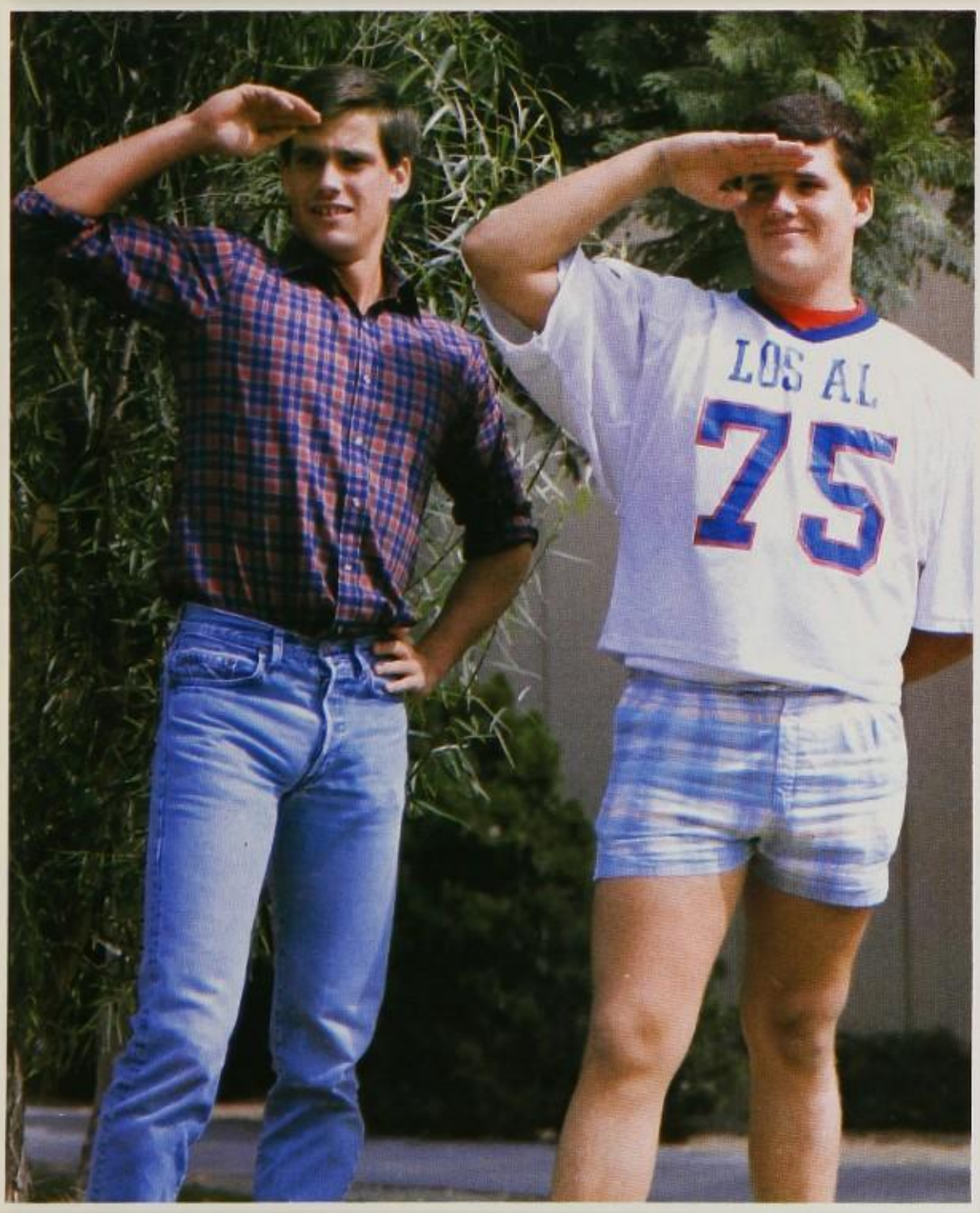
Taking a break from his mythology class, **David Carpenter** lets out a heavy sigh before he gets back to work. Although David works out hard to help the Varsity Water Polo Team succeed, he also manages to find time to do more than enough studying to keep up his grades.

Relaxing during a sunny nutrition, **Jennifer McEntee** takes a seat in the quad and waits for her friends to join her. Jenni takes an active part in school and displays her spirit by being a member of the campus t-shirt club, the **Senior Sororotease.**

Besides being a member of both the Varsity Football and the Varsity Baseball Teams, athlete Ricky Nen has many other talents and abilities. Ricky takes a rare opportunity to use his talents to help the senior team win one of the many contests at a pre-football game pep assembly.

Nobles Inspire Dawn of New Age

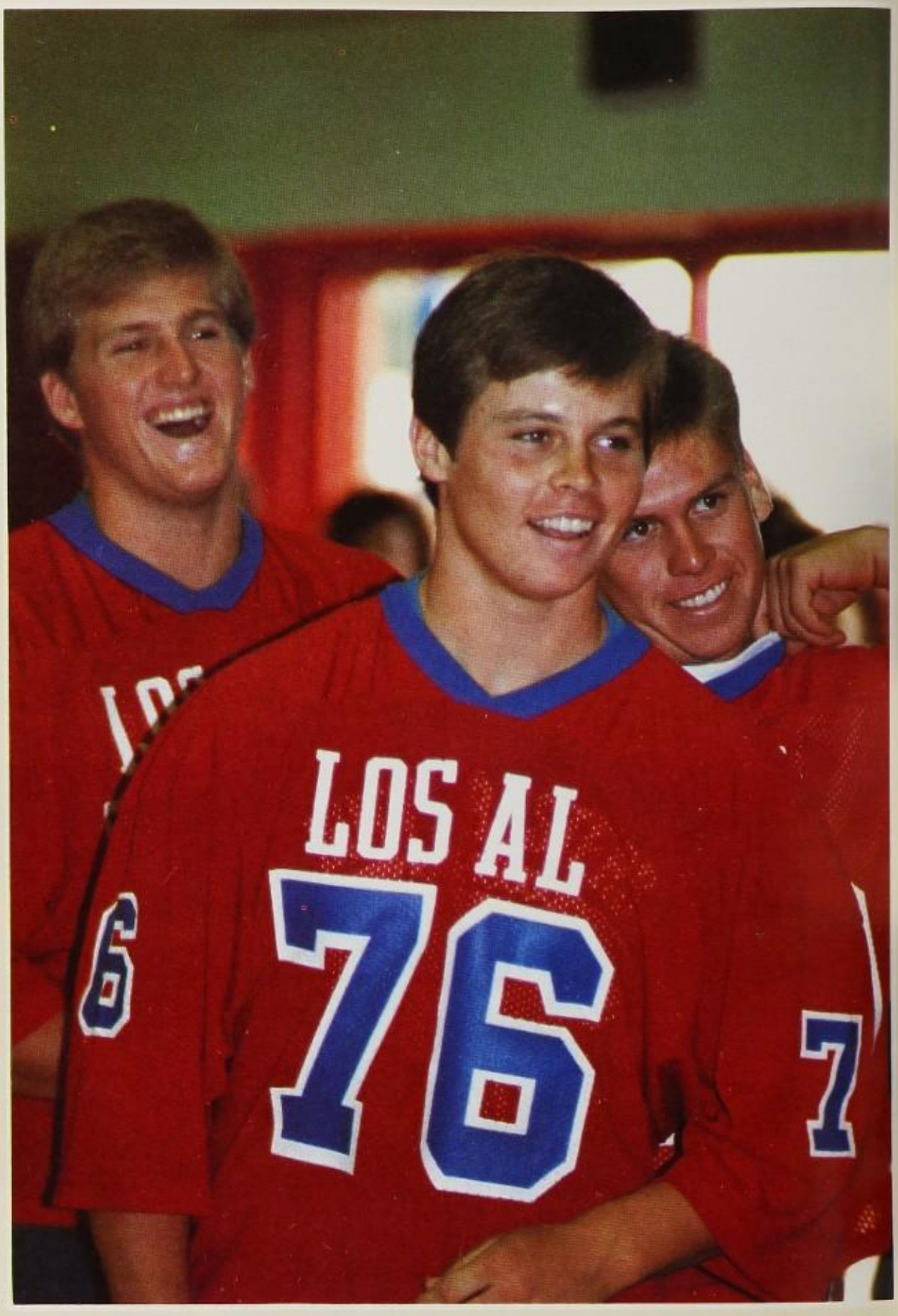
Senioritis may have set in, but the renewal of spirit was at an all-time high. The class of '85 got involved and dedicated themselves to keep Los Al's winning tradition alive. We got a lot of use out of our victory bell this year! Not only did sports give us pride, but the yell, song and cheer, flags, drill team, and band aquired numerous awards also. Everyone was involved in something. As **David Levy** said, "Be yourself and be the best!" Our pride was shown in the smiles and uniforms seen across campus. In the words of **Kurt Rippelmeyer,** "Los Al . . . there is no substitute." The friendships that have been made these past four years were so special, and many of us were saddened at the thought of leaving them behind. **Kelley Uyeda** expressed this feeling well when she said, "I will truely miss the friendships, memories, and security shared at Los Al." The highly acclaimed Decathlon and Mock Trial Teams shone like stars above the competition. **Corrine Grubb** summed up her academic involvement by describing Los Al as, "A place where I learned the importance of learning and the desire to achieve."



The ever popular and faithful **Travis Tarchione** and **Ron Sittler** take a peaceful moment to survey their kingdom from high atop the glorious Hill. Travis and Ron are always in demand while fulfilling the roles of Senior Class President and Vice-President. They can also be found working diligently on the baseball and football fields.

Always being fashion conscious, **April Leaply** and **Suzy Oppenlander** put together their best outfits and try to catch the eye of some special person. **Nerd Day** was one of the most popular of our Spirit Days this year.

Always enjoying a good laugh, **Melissa Sweet** chuckles at the joke told by her friend. Melissa finds the day more bearable with that extra-added touch of humor.



At a pep assembly, **Matt Deming, Martin Wolf,** and **Jon Cruz** all try to catch the attention of a new cute girl on campus. Decked out in their Varsity Football uniforms, this handsome threesome get psyched up for the big game tonight against Kennedy.

Laura L. Abbate

Stephanie L. Able
Varsity Soccer, Basketball

Roberta N. Abrams
C.S.F., Spanish Club, Science Club

Marv Ahlstrom
Mascot

Ray F. Allard
Varsity Track, J.V. Wrestling, Ski Club

Thomas P. Allison
Varsity Football, Varsity Track

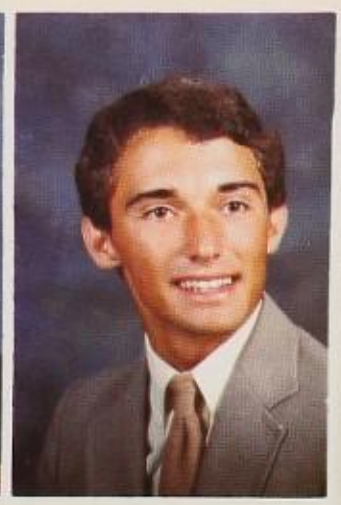
April Alvarez
Song Leader, Sentimental Seniors, Two Year Varsity Basketball

Susan Amrikhas

Eric R. Arias
Tennis

Miki Aurang
C.S.F., Tennis, Senior Class Committee

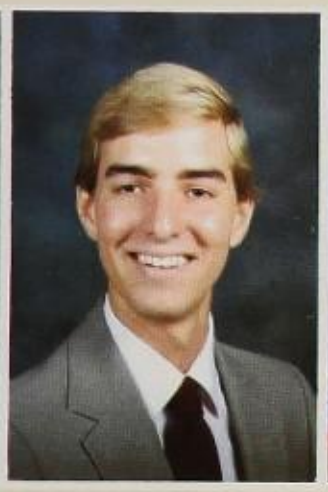
Lisa M. Bailor
Varsity Swimming, Senior Sororatease



Jeffrey M. Baker
Varsity Track, Varsity Cross-Country

Tricia Kay Baker

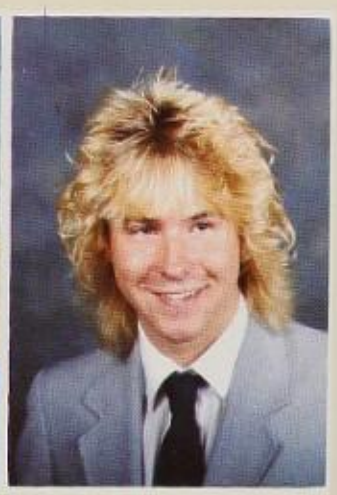
Thomas DeCausta Bancroft
Art Club



Tony P. Bancroft
Art Club

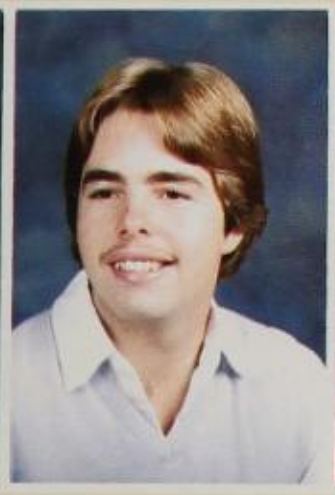
Robyn Bartley

Patrice Jomay Barto
Color Guard, Ski Club, Keywannettes



Randy S. Bayle

Kathleen Ann Beatty
Cottonwood Associate Editor, C.S.F., L.A.P.D.

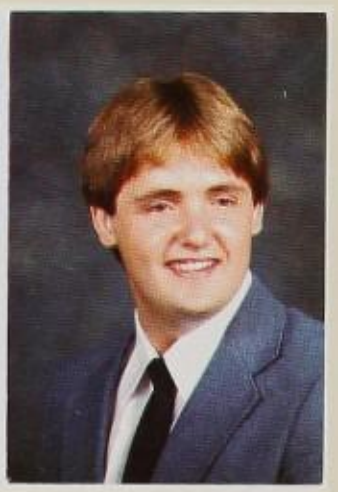


Timothy Beck

Cathy A. Beckett

Susan E. Bell
Keywanettes, Dance Club, Ski Club

Sean M. Belle
Varsity Basketball, Congress



David A. Bemis
Jazz Band, Musician

Deanna Michele Benstead
Choir — President, Drama, L.A.P.D.

D'yan Joelle Bills
J.V. Volleyball, Yearbook Staff, Senior U.S.S.I.

Bradley W. Biringer
Varsity Football

Alistair M. Blake
Swing Choir, L.A.'s Finest

Andrea M. Blake
C.S.F., Swing Choir, Drama Club

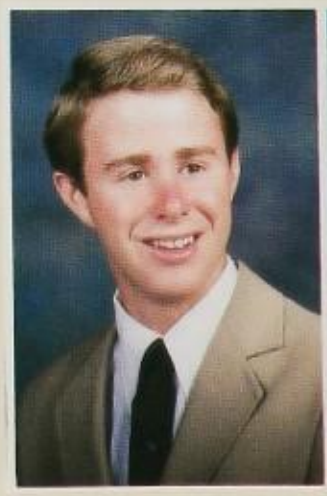
Denise Blankenship

Noticing a colorful poster advertising a dance, **Yurika Szabo** points out that a video D.J. will be playing the music on this occasion. **Tommy Kim** and **John Paul La Bouff** are contemplating whether or not they will be able to attend due to the strenuous practices they're accustomed to by being members of the Academic Decathlon Team.

Tall flag co-captain **Patrice Barto** shows her spirit during Hippie Day by going through her mother's closet to fine authentic clothes of the sixties. As she passes a friend in the quad, she flashes a smile and the well known international peace sign.

Stacey Blickensderfer

Cheryl D. Boland
Choir, Spanish Club, Senior Class Committee



Christopher J. Bole
Tennis, Cross-Country

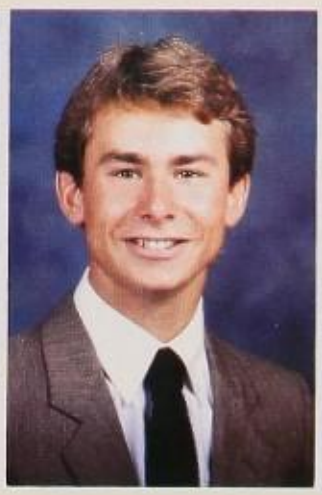
Elizabeth A. Brewer
Yearbook Business Manager, Quill and Scroll

Jeffrey K. Brown
Academic Decathlon, Mock Trial, Marching Band

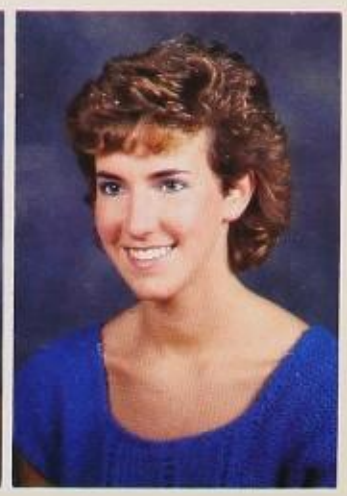
Arlene F. Bruno
J.V. and Varsity Basketball, Marching Band, J.V. Track

Linda M. Bueno
C.S.F., 4-H Club, Dance Club

Christopher J. Buonocore
Varsity Tennis, Varsity Cross-Country



John W. Burkett
Varsity Track, Varsity Cross-Country, L.A. Rebels

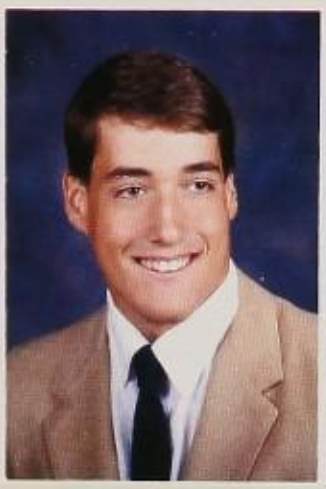


Ruth K. Busenkell
Song Leader, Cabinet, Mock Trial, Sexy Senior Citizens

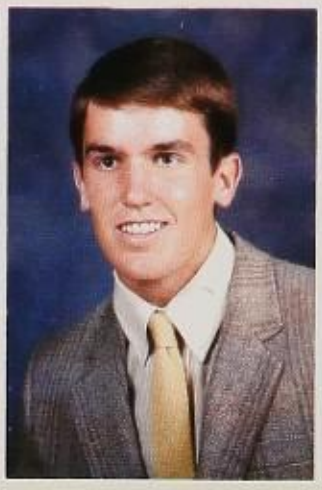
Ricky Bytel
Tennis Team, C.S.F., Spanish Club

Erin E. Callaway

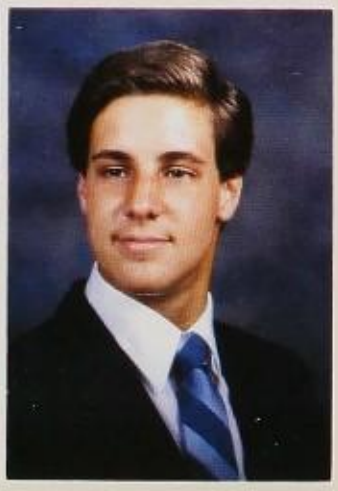
Jose De. J. Camarena
4-H Club, Yearbook Staff



David A. Carpenter
Varsity Water Polo, Varsity Swimming

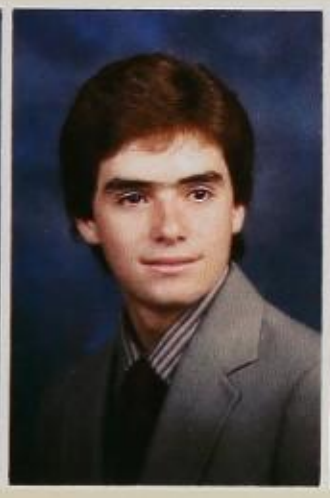


Paul W. Carter
Varsity Water Polo, Varsity Swimming



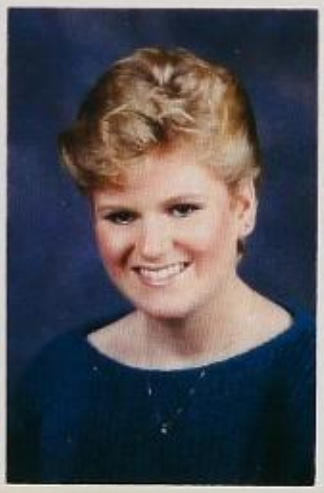
Bob L. Cassel
Swim Team

Craig Cassidy
C.S.F.

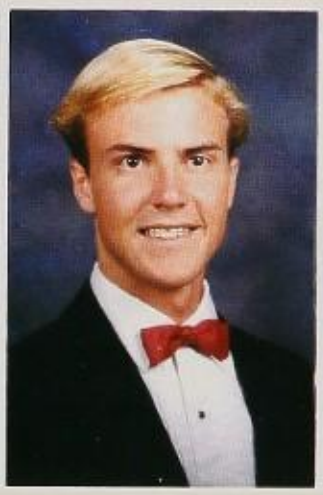


Rafael Castellanos

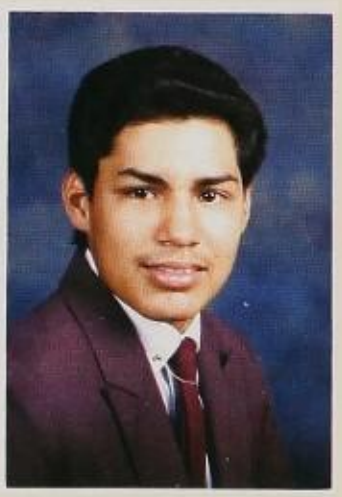
Rosa Castillo
L.A.'s Finest



Jennifer L. Castlen
C.S.F., Congress



Eric Cates



Patrick Caudillo

Jennifer Ann Caughlin
Decathlon, Drill Team, Cabinet, C.S.F.

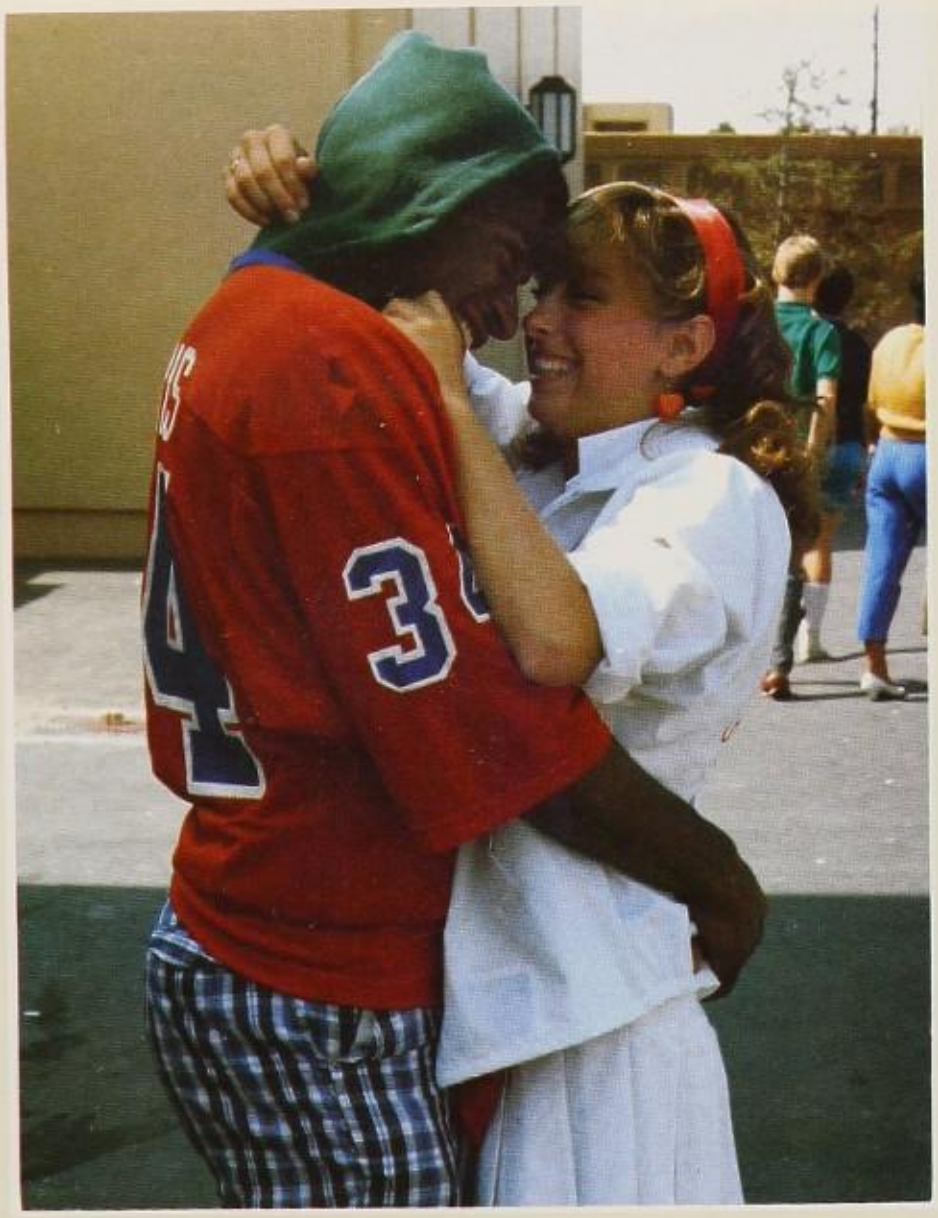
Elizabeth Chandler

Albert Chang
Varsity Football, German Club

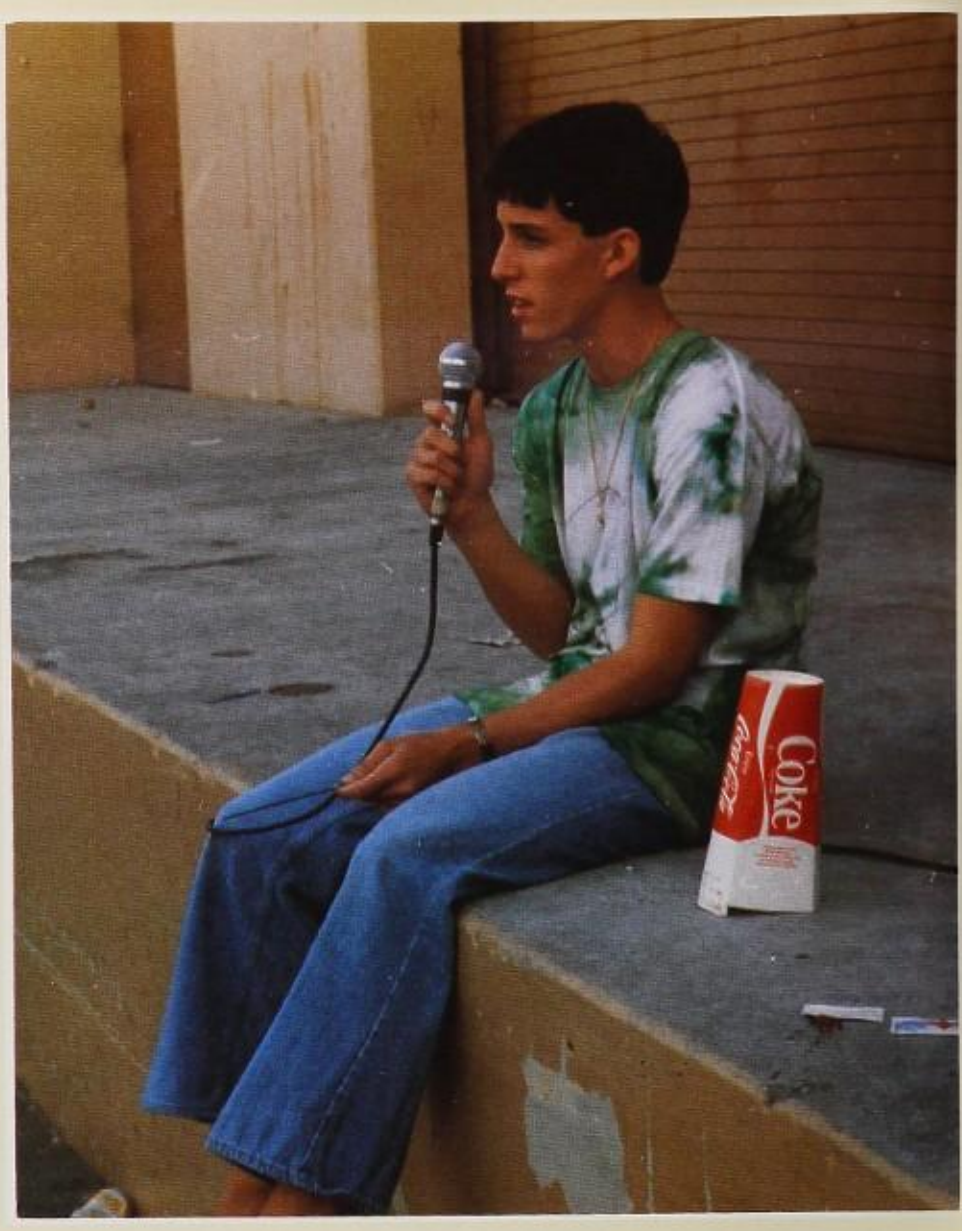
David Patrick Chapman
Varsity Football

Jennifer Chaves

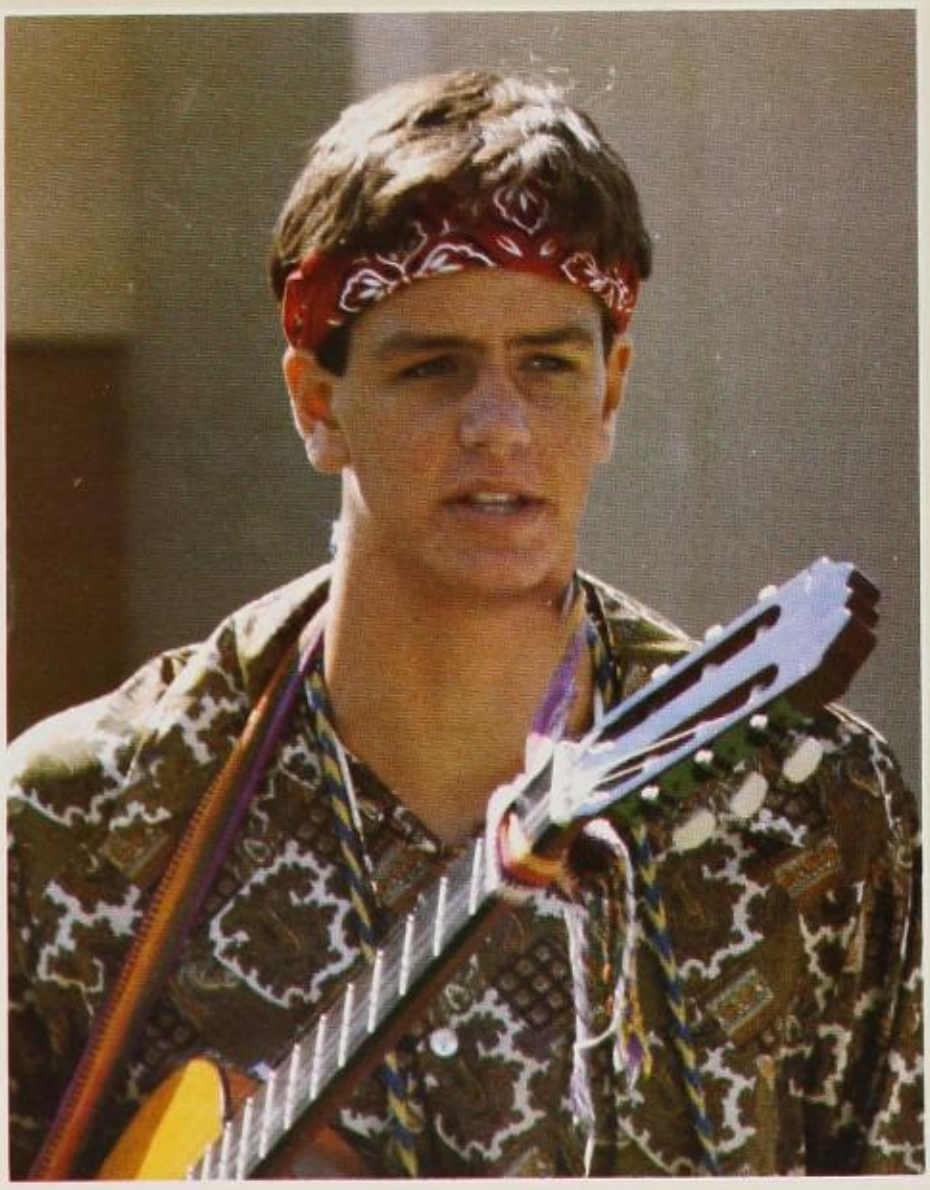
Hung Yih Chen



A warm hug is a good way to finish the day as **Bruce McMorris** and **Patrice Barto** demonstrate while passing each other at lunch. Hugs are a favorite sport at Los. Al.

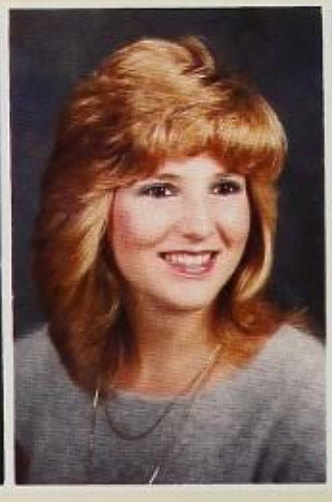


During a lunch time activity on Hippie Day, school renowned preppy and A.S.B. President **Garret Olson** tries to calm the crowd so the day's festivities can begin. With microphone in hand, he takes control.



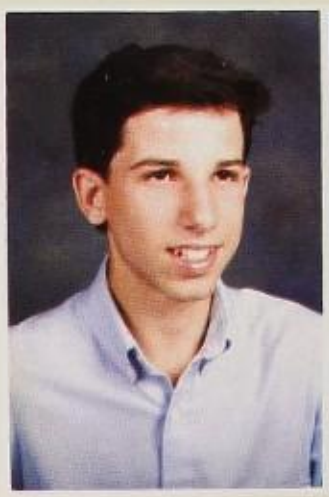
Strumming along with the beat, **Bart Smith** makes his way to his next class on Hippie Day during Spirit Week. Bart is obviously prepared to face the day with his most flashy and coveted outfit.

Rachel Y. Cheu
Science Club

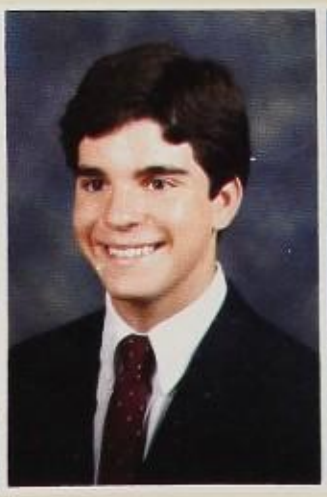


Pam Chieppor
Dance Club, Club B.E.R.T.H.A.

Ivy Chou
C.S.F., Varsity Swim, Newspaper Staff

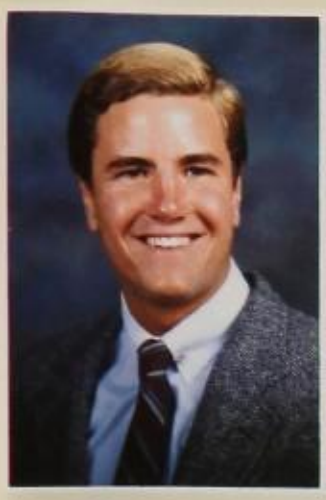


Joe Ciantar



Jeffrey Cimbalo

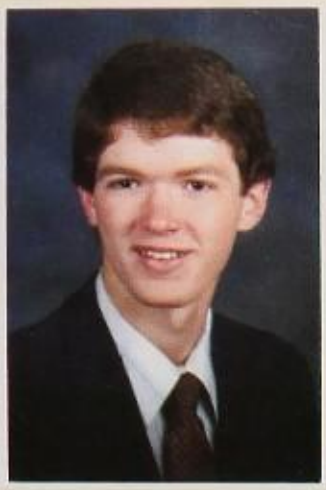
Lynn Ann Cipollone
Drill Team, Senior Sororatease, Keywanettes



Mike C. Clark
Baseball

Tracy J. Clark
Varsity Song Leader, Drill Team

Shannon Clements
Varsity Track, Varsity Gymnastics, Varsity Cheer

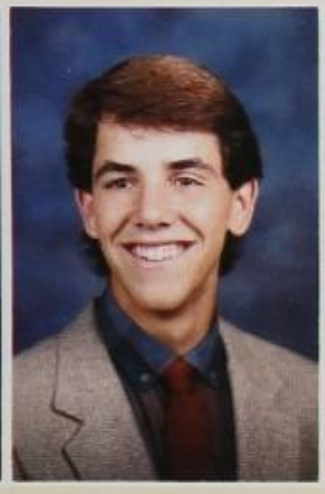


David N. Clissold
Marching Band, C.S.F., Kiwanis Bowl

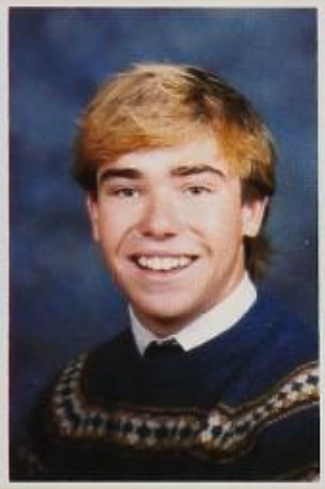
Tracey Cohn
Varsity Song Leader, Cabinet

Shelley N. Colaluca
Varsity Swim Team

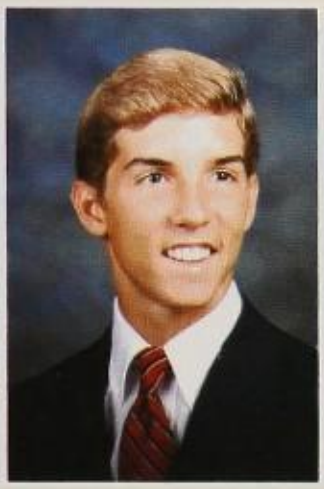
Sean P. Conboy
T.B.T.I., Varsity Football, Varsity Track



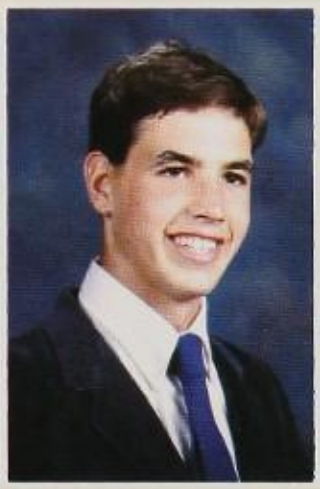
Anthony Roman Contreras
Varsity Football, Photo Club



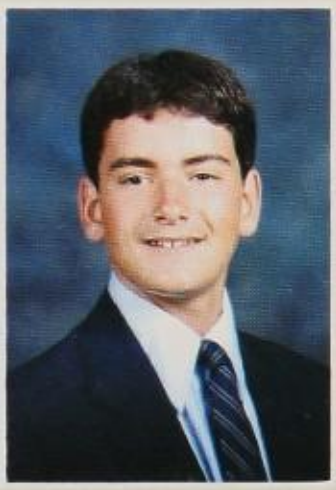
Michael Cool



Jeff B. Coontz
Varsity Soccer, Key Club, Track



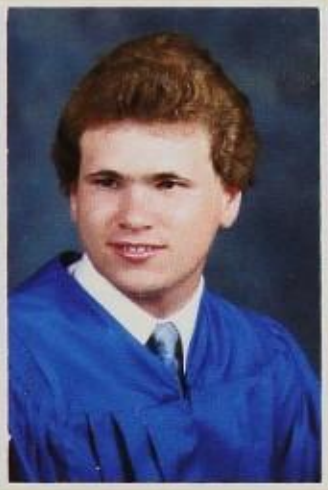
Donald Corwin



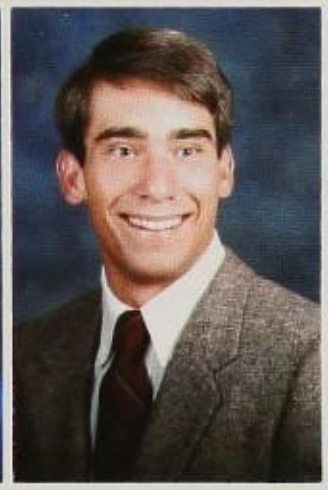
Gregory P. Coughlin
Soccer, Ski Club

Chris Covellone
Motorcross Club

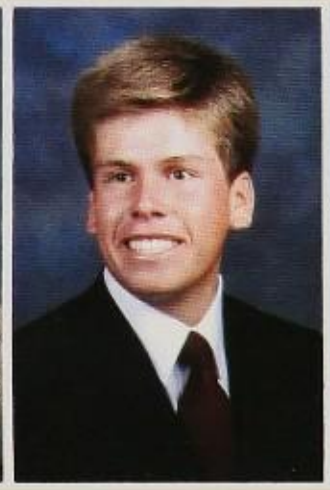
Cathy Lynn Coyne
Color Guard, Senior U.S.S.I., Hearts Club



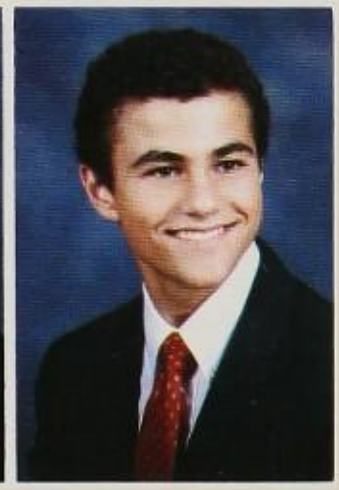
Mark A. Craig



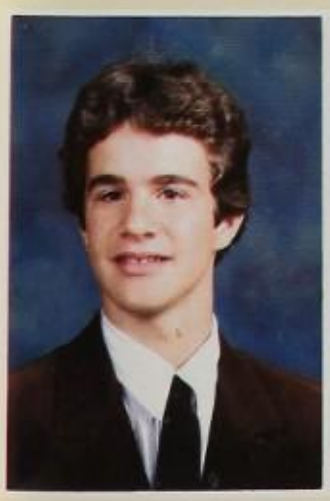
Paul A. Crandall
Varsity Basketball, Los Al's Custom Cals



Jon R. Cruz
Varsity Football, Key Club



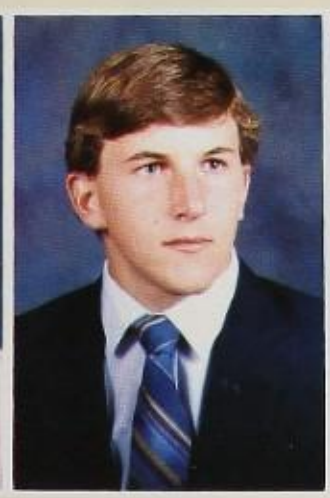
Ronald C. Dabbah
Varsity Track, Cross-Country, Key Club



Paul DaMour

Lisa A. Daniels

Helene J. Darling



Mike Davis

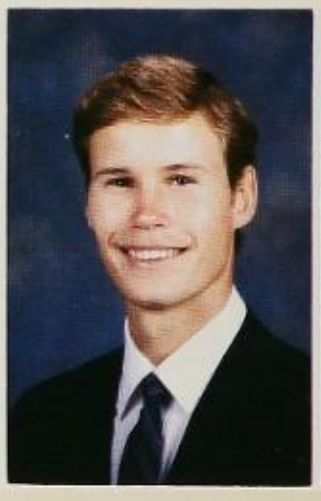
Norman H. Davison

Kristie DeBoer

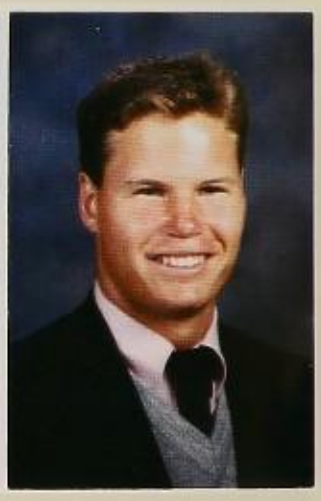
Rifle Captain, **Vicki Myers,** enthusiastically performs with the award winning Tall Flag and Rifle Team during a pep assembly. Vicki has been a member of the rifle team for three years.

Senior **Lesley Durkee** and **Juli Fusco,** take time during lunch to cheer on the athletes of the **Mr. Mom Obstacle Course.** This race was one of the several original and sometimes strange events of Spirit Week which was hosted by the senior class.

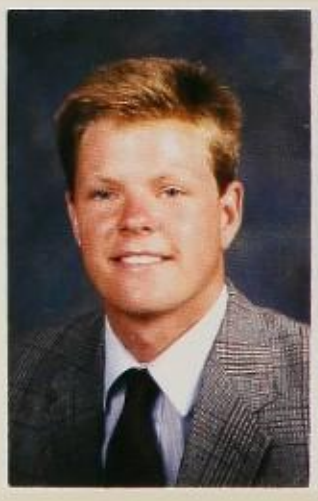
Our Commissioner of Community and Student Service, **Jennifer Caughlin,** and Commissioner of Publicity, junior **Judy Holzgang,** are among the many students who chose to dress up on **Revenge of the Nerds Day.** Taped plastic glasses and plaid shorts were popular on campus that day.



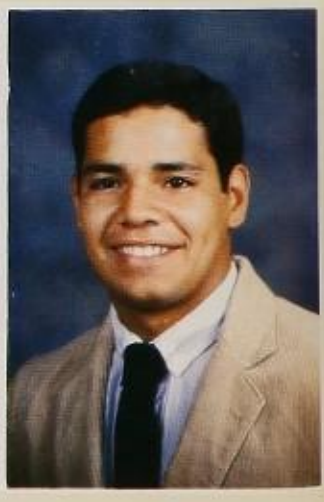
Brian A. DeHoog
Varsity Baseball



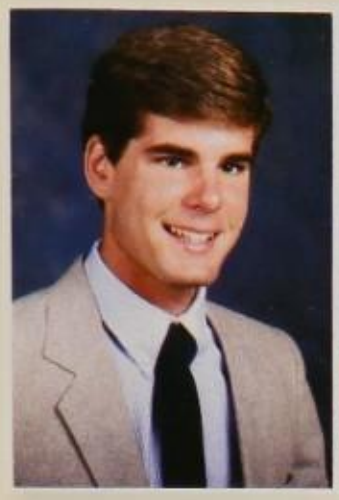
Bruce DeHoog
Varsity Football Captain



Steve J. Dennis
Varsity Track, Ski Club



David E. DePina
Varsity Football



Troy G. Deutscher
Varsity Tennis

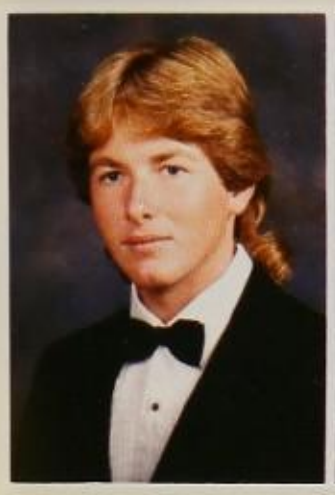
Magdalena L. Diaz
Spanish Club, Swimming

Kimberley A. Diehl
Varsity Cheer, J.V. Cheer, Keywanettes

Michelle L. Dingillo

Janie Dominguez

Loriene Doorbetakis



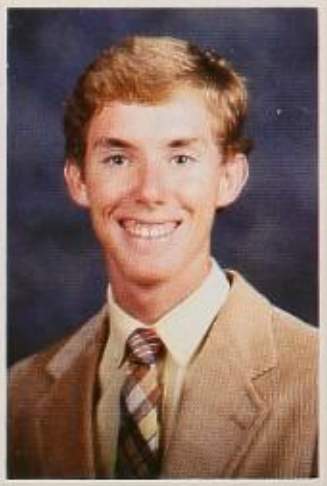
Gary Drew

Chris L. Durgin
Key Club

Lesley A. Durkee
Ski Club, La Senioritas, J.V. Soccer, Cottonwood Staff

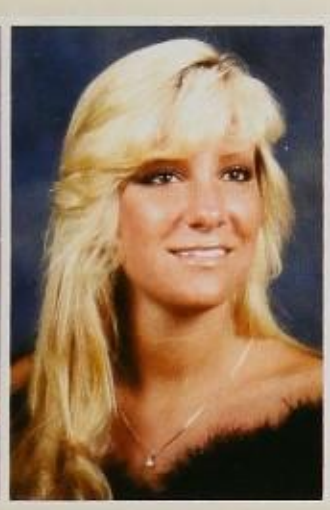
Shawn Elizabeth Duzich
Academic Decathlon, Spanish Club, Interact

Bryan C. Earnest
Track, Basketball, Los Al's Custom Cals



Michael Stuart Egan
Crusader Editor, Varsity Tennis

Kathleen Elizabeth Ernst
Varsity Swimming, C.S.F., Tennis

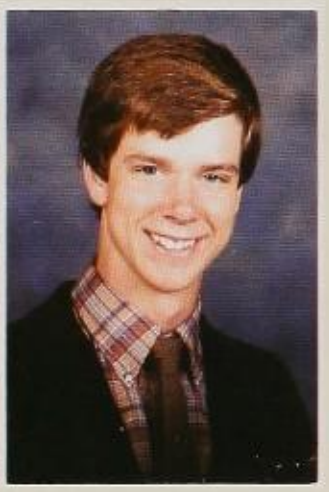


Maria Eschenbrenner
Varsity Soccer, Ski Club, Senioritas

Pamela B. Estabrook
Senior Class Committee, Track, Marching Band

Jack W. Eubanks

Helen P. Exacoustos
Interact Officer, Cottonwood Staff, Sentimental Seniors



Michael S. Farquhar

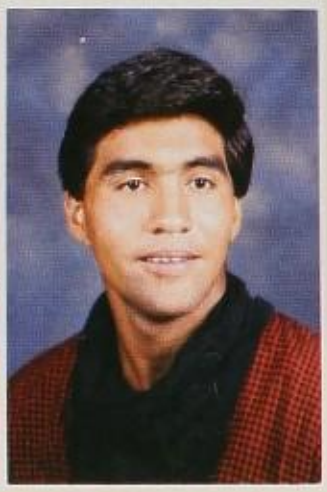
Dylan Fast

Joy Michelle Fernbach
Cottonwood Staff, Drama Club, L.A.P.D., Student Government

Elizabeth Fischer

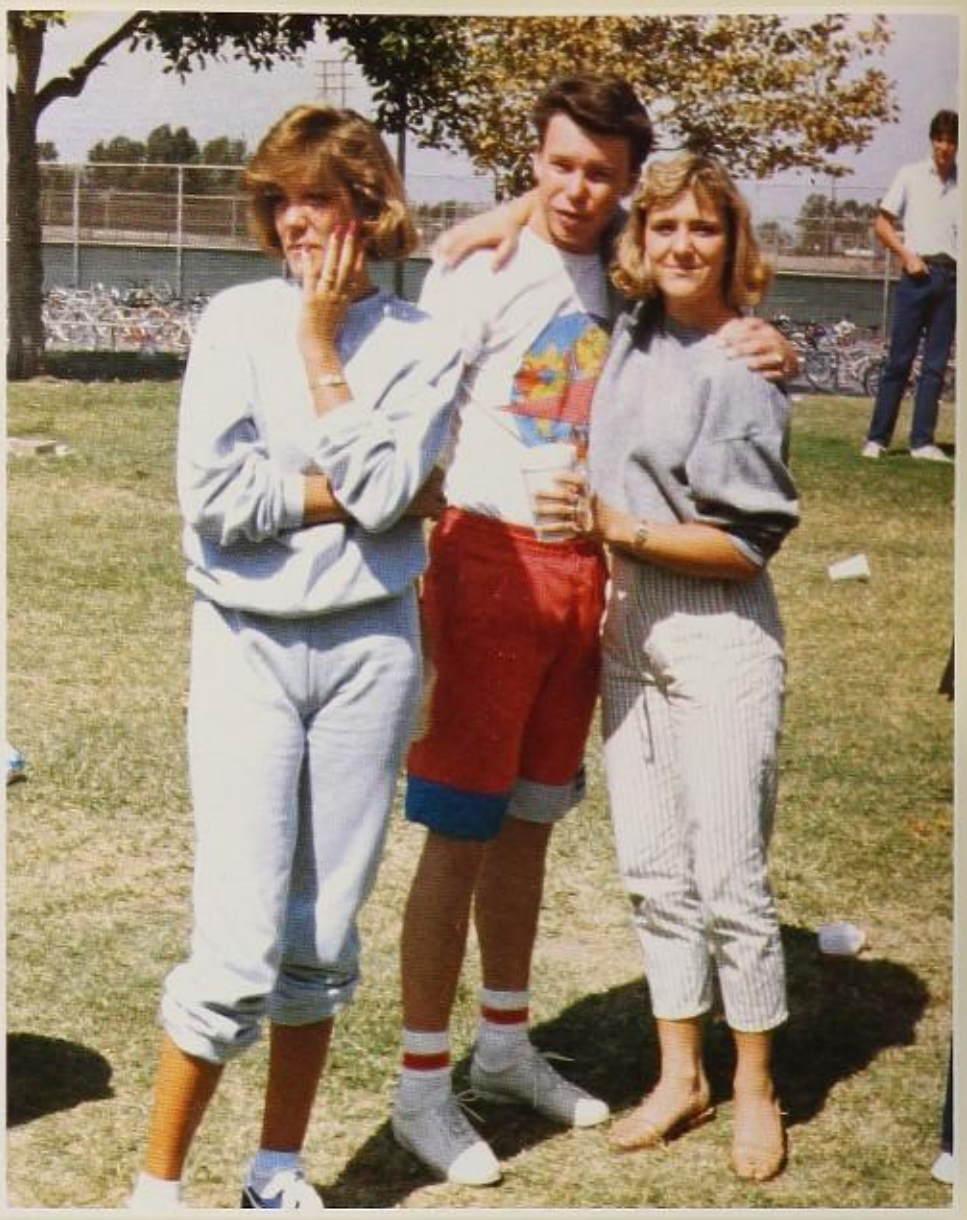
Jack I. Fisher
Varsity Football

Michael T. Flanagan
Varsity Baseball, Stage Band, Marching Band, Key Club



Victor M. Flores
Varsity Soccer

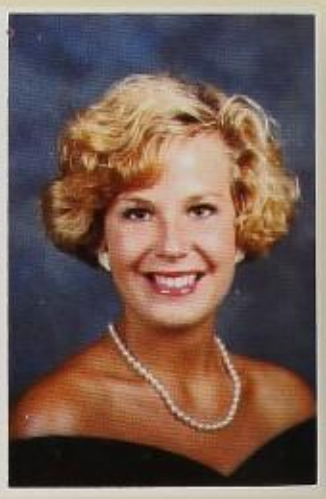
Spirit Week's Revenge of the Nerds Day brought out the crazy and strange side in many students. Two such people are **Robert Gossman,** winner of the Nerd Look-alike contest, and friend **Amy McDougall.**



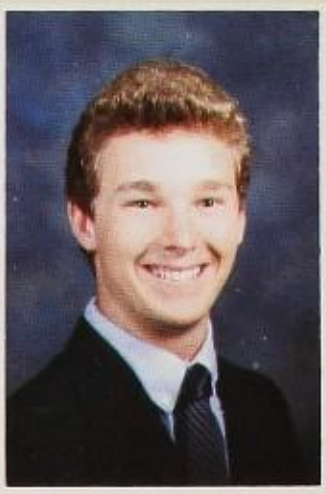
Lunchtime gives many students the chance to socialize with friends they might not see during the day. Seniors **Kathy Jones, Tom Hefferan,** and **Jodi Rovida** all stop to talk about the big Homecoming game Thursday night.

Michael D. Fogarty
Kiwanis Bowl, Interact Club, Marching Band

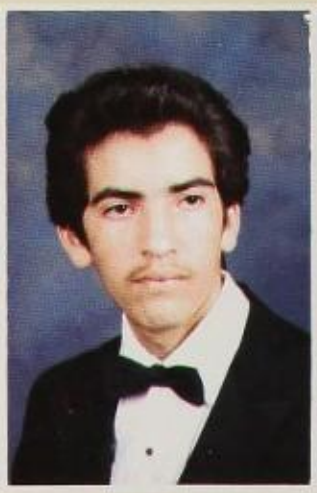
Jennifer J. Fowler



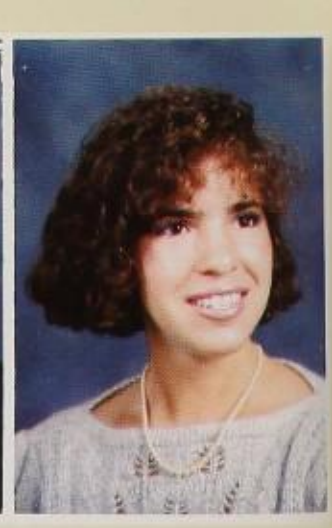
Mary S. Fried



Erik H. Friesenhahn
Interact, Varsity Badminton



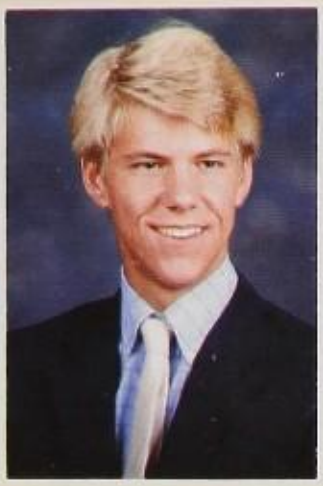
Juan Garcia



Teri Garcia
Cross-Country, Track, Basketball

Dan Geer

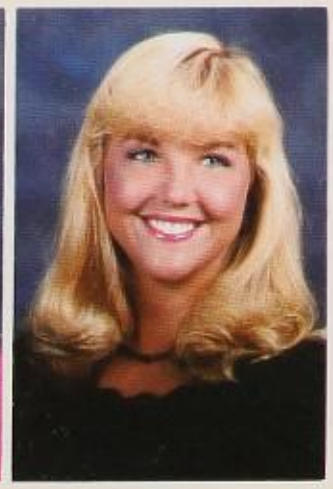
Heather L. Gergen
Tennis



Robert Allen Gerhardt
Varsity Cross-Country, Tennis, Track

Shelli Marie Gettler

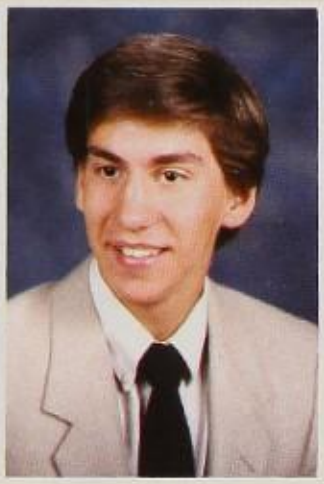
Kristy Gianformaggio



Stacey M. Gill
Tall Flags, Track, Cross-Country

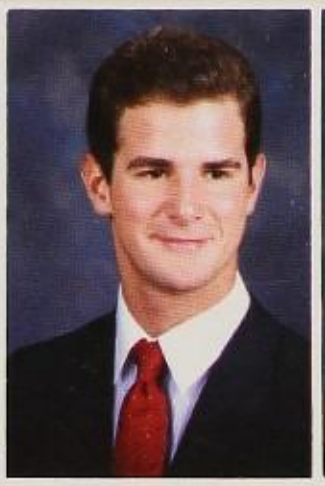
Kathleen Ann Glaudini
Cottonwood Staff, Choir, Drama

Cynthia L. Glidewell
Drill Team, J.V. Cheer, Football Followers



Robert A. Gludt

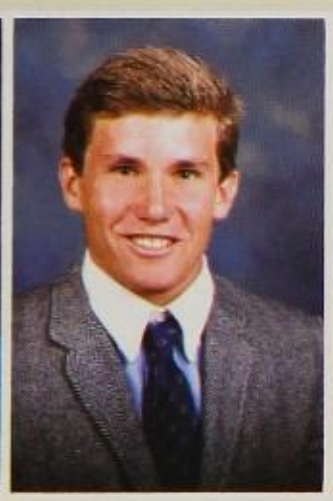
Alan S. Go
C.S.F., Tennis Team, Science Club



David F. Godoy

Robert E. Goodman
The Hill, Varsity Basketball

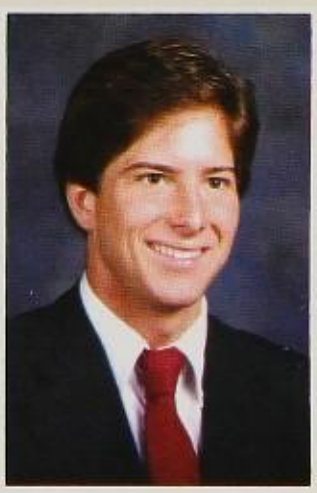
Sheri D. Goodman
Marching Band, Concert Band



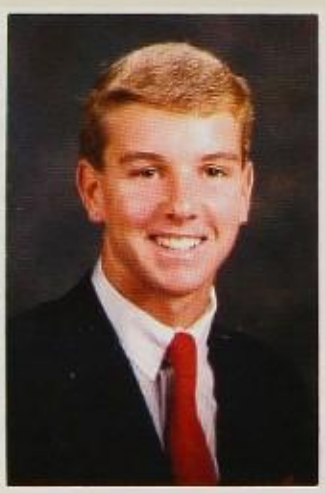
Brian Gorman

Candace M. Gorman

Robert Gossman



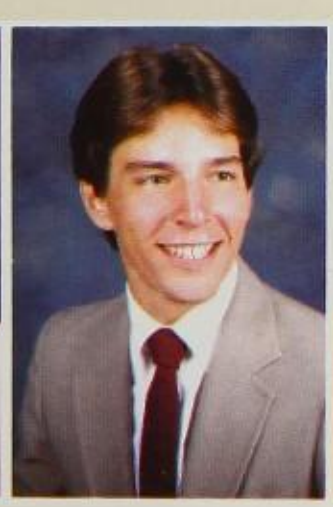
Todd Graham



Daniel Ryan Gregory
Water Polo

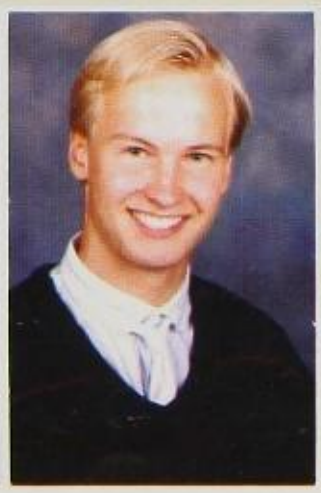
Craig V. Grennon
Varsity, Frosh Football, Frosh, Soph, J.V., Varsity Basketball

Samantha D. Griffin
Keywanettes, Adventure Club



Robert Merrill Grimm
Water Polo, Speech

Susan R. Groff



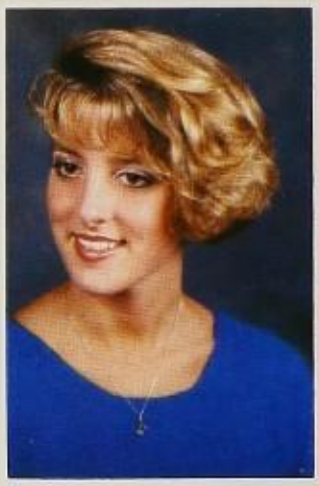
Hans J. Groth
Golf Team

Corrine L. Grubb
J.V. Cheer, Song Leader, Mock Trial, Ski Club

Seniors, **Thet Win** and **Uyrika Szabo,** happily take a break from their academic schedules to sit in the middle of the quad and catch up on what's happening. The longer passing periods gives students time to socialize.

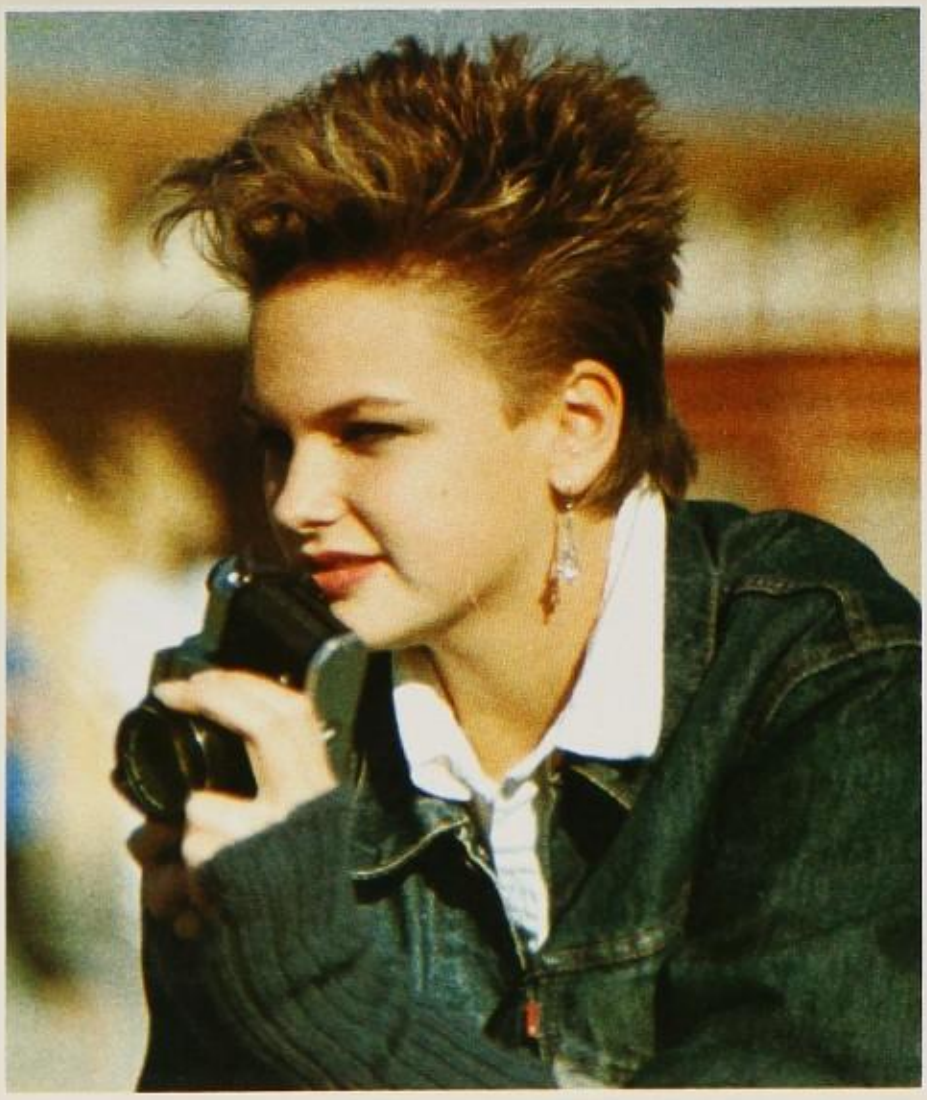
Wendie J. Grunzweig
J.V. Gymnastics

Patty Carmen Gutierrez

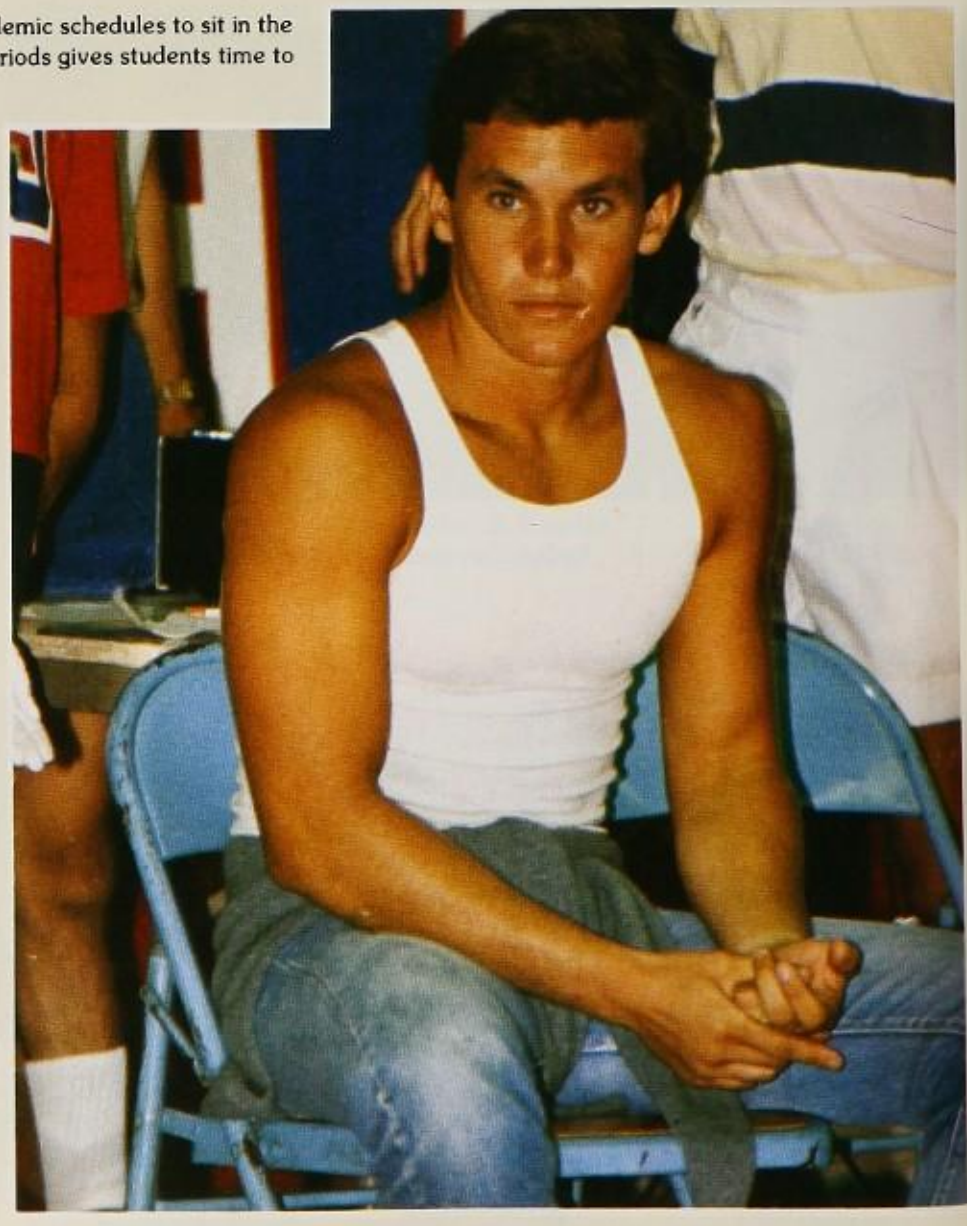


Barbara J. Habenicht
Swimming, J.V. Tennis, Senior Sororatease

Mary Kate E. Hagmann
Rifles, Sexy Senior Citizens, Keywanettes



Kirby Ingram, one of Cottonwood's photographers, looks around and spots a victim for her next picture. The photographers can be seen all around campus and at various sport and spirit events, shooting the important candid for the yearbook.



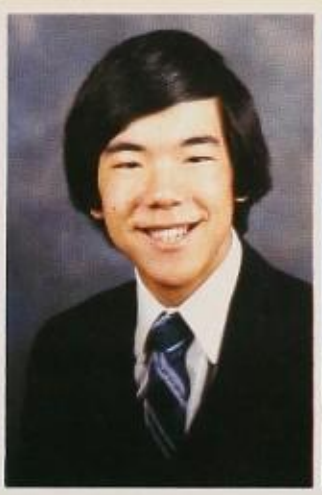
One of the candidates for Mr. Irresistible, **Brian Gorman,** calmly awaits the announcement of the winner of this prestigious award. Los Al's student body votes for Mr. Irresistible, who receives a crown and teddy bear.

Laurie Ann Hamada
C.S.F., Marching Band, Interact

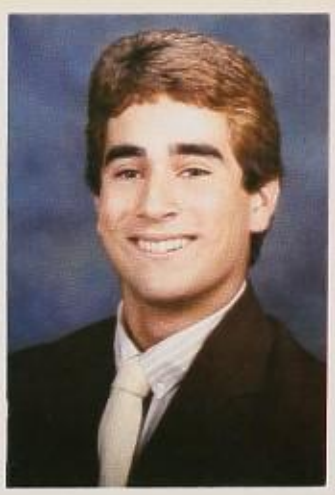
Ross James Hankle
German Club

David Harris

Vickie L. Hart
Science Club



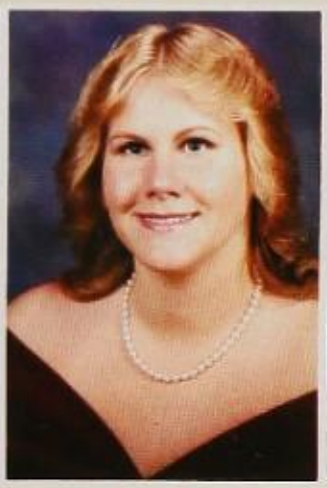
Kenneth H. Hayashida, Jr.
Student Representative To The Board Of Education, C.S.F., President Forensic League



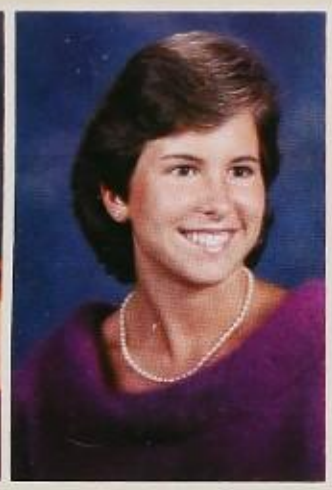
Jonathan Hecht

Thomas M. Hefferan
Varsity Tennis, Photo Club

Lori Heinselman
Soccer, Track, Cross-Country, Senioritas

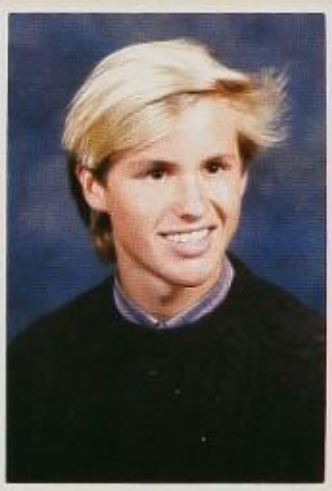


Sandy Lee Hertzig
Keywanettes, F.B.L.A., Water Ski Club

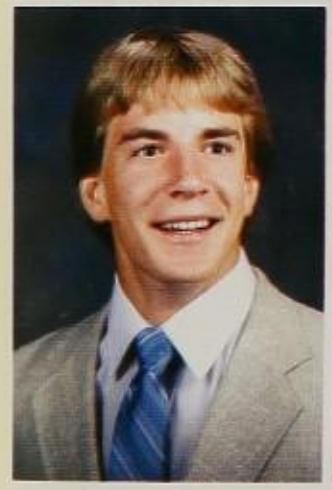


Elizabeth A. Hewitt
Varsity Tennis, Sexy Senior Citizens

Laura Hill



Edward Hirsch, Jr.



Jared Hjelmstad

Van Ho

Liliyan E. Hong

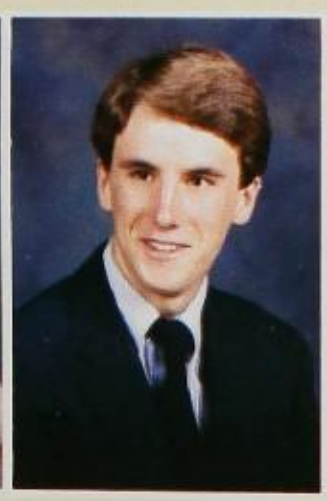
Walter B. Horath

Keith Y. Horn

Mark F. Houck
Varsity Baseball, Key Club President, Ski Club

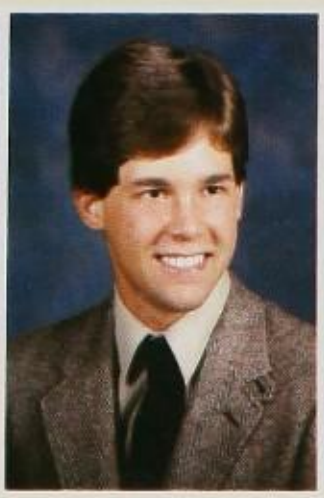
Sally Ann Howes

Brenda Gabriele Huber
Varsity Track, Football Followers, Keywanettes



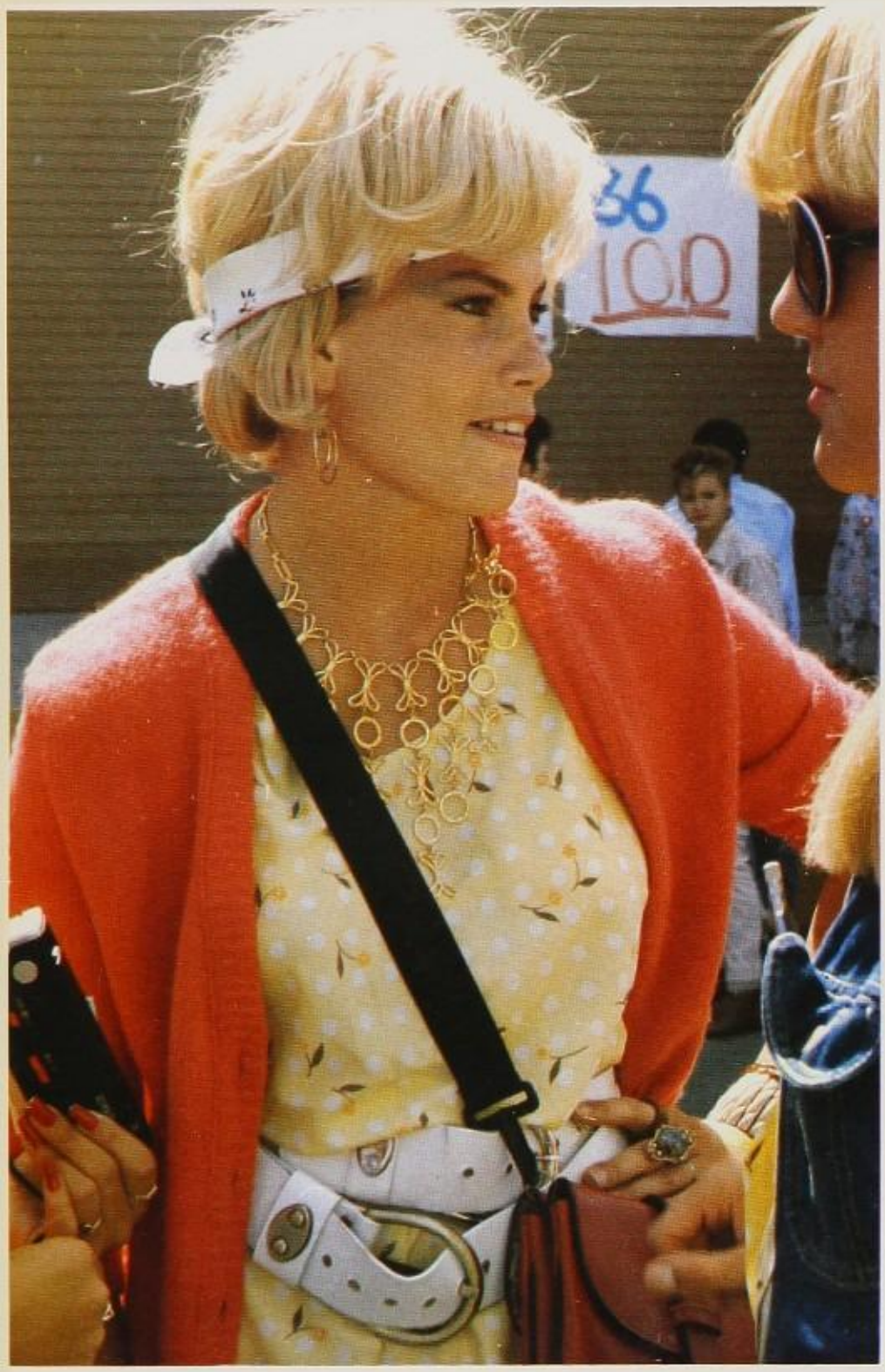
Jeffrey S. Hubert

Linda M. Huff
Volleyball, Jr. Class Committee, Congress



Matthew David Hunter
F.B.L.A., Science Club

Jean E. Ingerle
Varsity Gymnastics, Ski Club, Senioritas

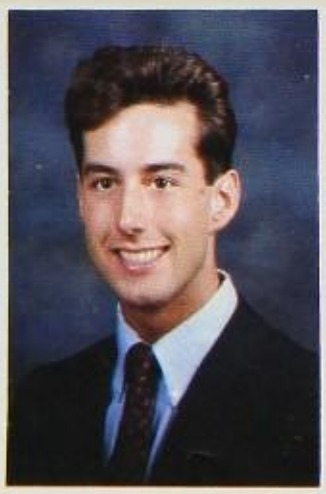


Traci Miller and **Stacy Gill** display their creativity by dressing up as flower children for **Hippie Day.** Being on Color Guard together gives them the opportunity to share ideas and strengthen their friendship.

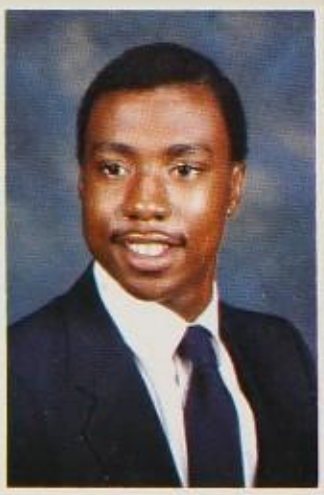
After finishing their lunches, **Greg Spooner** and **Russell Roe** take a moment to observe the wonders of a blade of grass. Perhaps they both are anticipating going to college to pursue a career in the field of agronomy.

Albert Koong, Guy Woodson, Diana May, Joy Fernbach, Kathleen Beatty and **Fiona Sinclair** enjoy their lunches while viewing lunchtime festivities. We are traditionally known for our Homecoming activities which include, Tug-o-war, ice-block sitting, and a unique obstacle course.

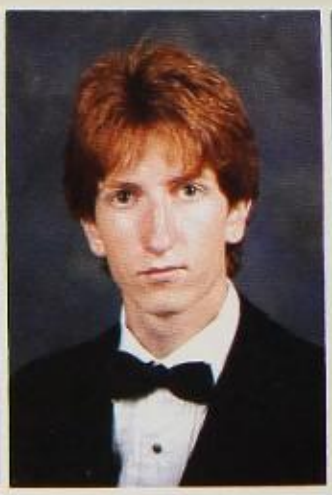
Kirby L. Ingram
Yearbook



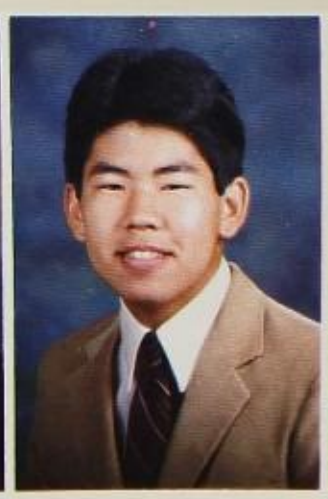
Timothy W. Innes
Speech Team, Drama Club, Key Club



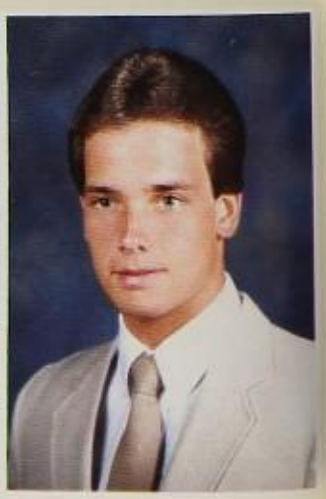
Timothy R. Irvin
Varsity Basketball, Track



Scott Isbell



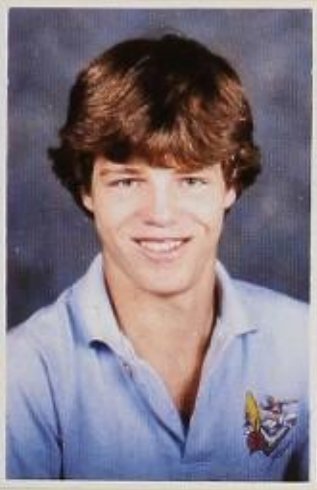
Eric S. Itakura
Science Club Officer, C.S.F., Kiwanis Bowl



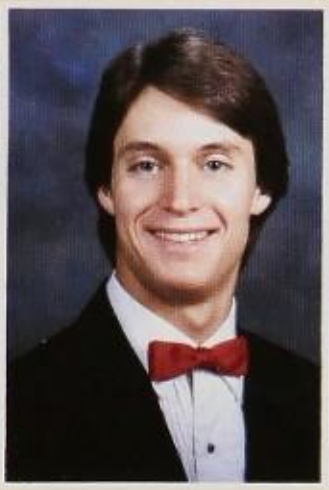
John T. Jacobs
Varsity Baseball

Jodi M. Jandron

Susan M. Jenkins
Jr. Varsity Cheer

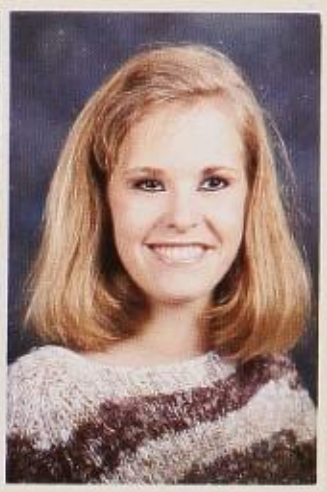


Thomas V. Jenkins



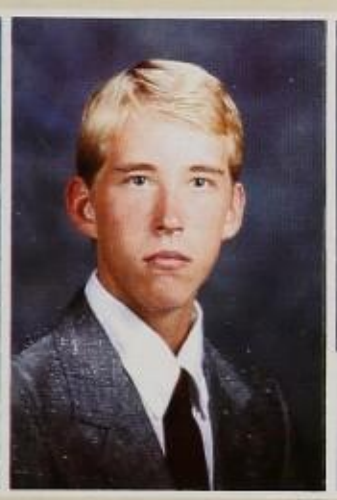
Kirk J. Johnsen
Drama Club

Kimberly S. Johnson



Leigh E. Johnson

Terri L. Johnson
Varsity Tennis, Varsity Badminton



Timothy David Johnson

Eric S. Jones
Yearbook, Ski Club

Katherine L. Jones
Drill Team Captain, Yearbook, Senior Class Committee

Lisa Diane Jones
Varsity Volleyball, C.S.F., Interact Club

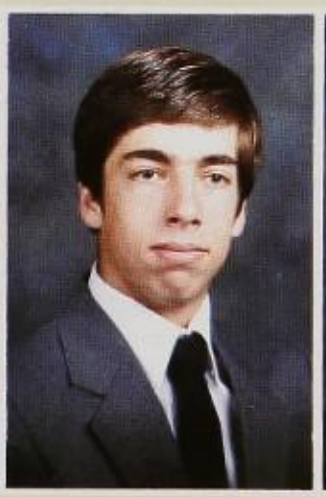
Juliet Jordan

Todd Jorgensen

Walter Kiaminski III

Janice L. Kasumovic
A.S.B. Secretary, C.S.F., Gymnastics

Linda B. Kates



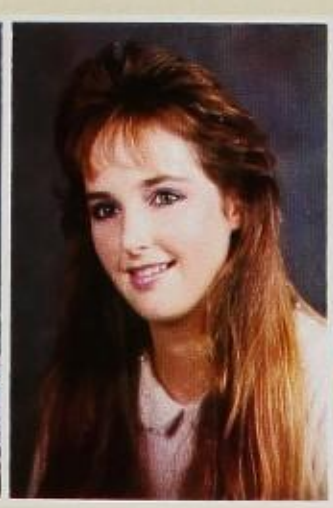
Donald G. Kavalle

Kurt T. Kelder
Soccer, Baseball, C.S.F., Ski Club

Chad Kemp

Lynda Ken

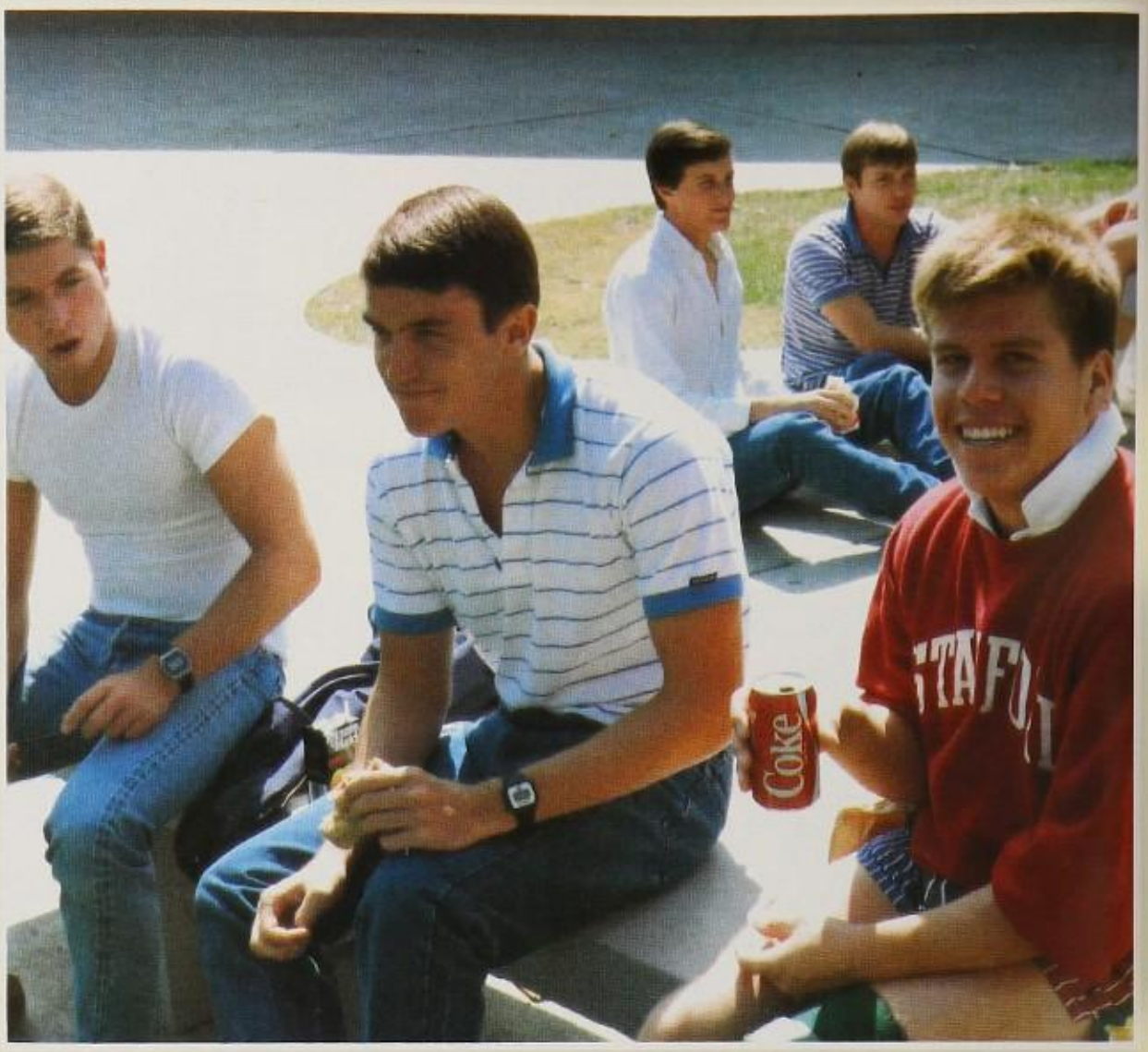
Lynn Kichline



Georgina Eileen Kiely
Yearbook Staff, Ski Club

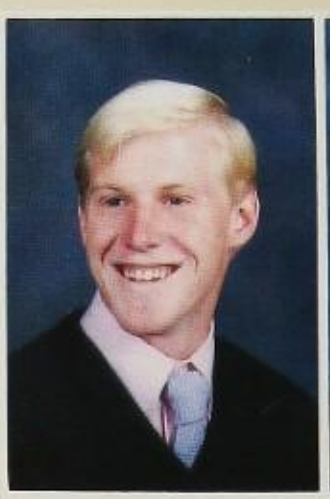
Susie M. Kiker

Thomas Kim
C.S.F., Decathlon Manager, Marching Band

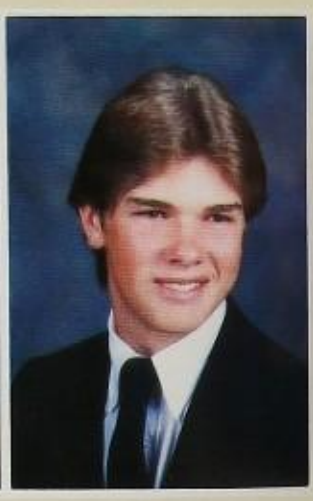


Jon Cruz, a Varsity Football star, enjoys a leisurly lunch in the quad with his friends, **Paul Carter** and **Brendon Lester,** both Varsity Swimmers. Being athletes, they all know the importance of good nutrition and eat a hearty lunch to prepare for their after school workouts and games.

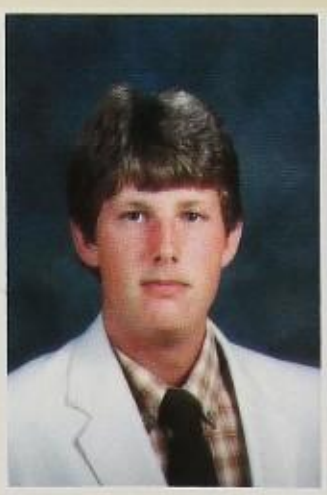
Nervously awaiting her on-campus Mock Wedding, **Cindy Poe** fixes her hair realizing this event is the highlight of her four years here. This activity is one of the most popular on campus and gives students the opportunity to experience what part of married life is like.



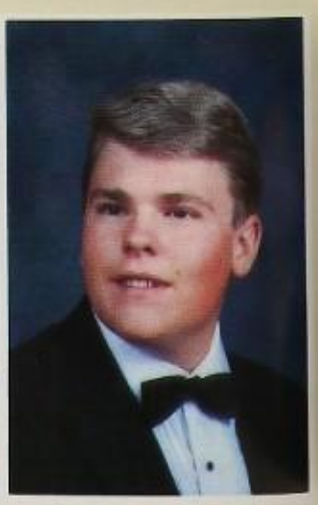
Philip G. King
Varsity Football



John W. Kinnier II
Drama Club, German Club

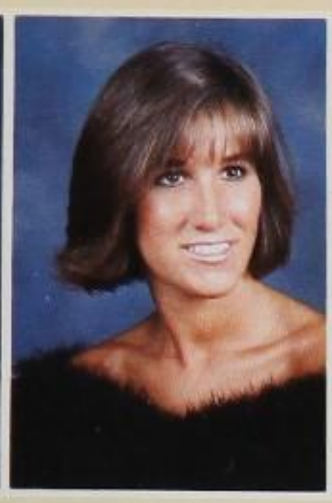


James J. Kirkpatrick
Cottonwood, Photo Club, Chess Club



Marc A. Kjorness

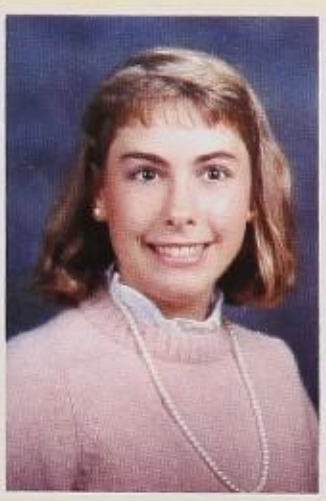
Michael A. Knittle
C.S.F., Marching Band



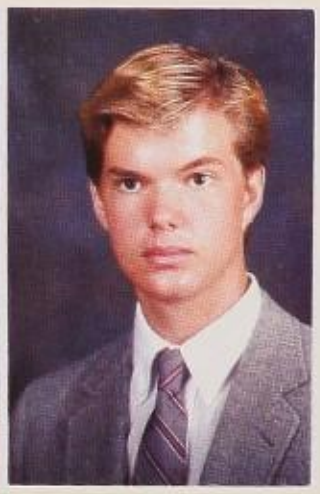
Karen E. Koissian

Duane K. Kolb
Percussion Section, Marching Band, Symphonic Band

Albert Koong
State Student Council, Varsity Tennis, Mock Trial Attorney



Laura A. Kraft
C.S.F., French Club, Science Club

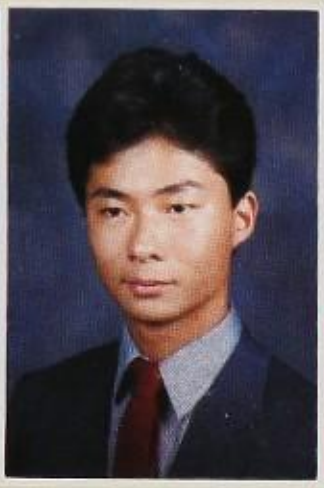


Paul W. Krueger

Michael P. Kuehn
Percussion Section, Jazz Band

Susan E. Kuzmich
Fund Raiser/Winter Formal, Volleyball, Keywanettes

John Paul LaBouff
Decathlon, Cabinet, Speech

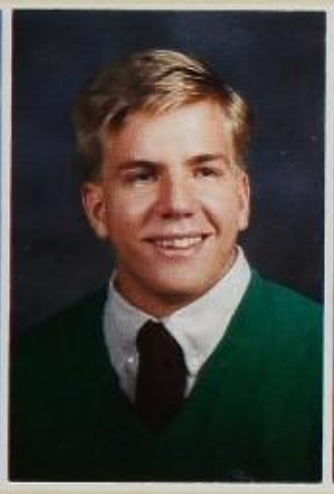


Jimmy Lam

Vicki Land

Lisa L. Lander
Varsity Cheer Captain, Gymnastics, Sexy Senior Citizens

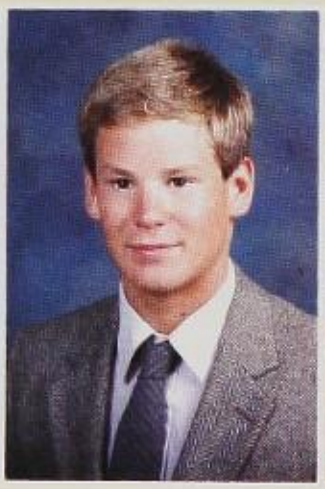
Robin A. Lansford
Color Guard, Senior Sororatease, Keywanettes



Pete G. Laughlin
Varsity Football

April Dawn Leapley
Color Guard, Senior Sororatease, Choir

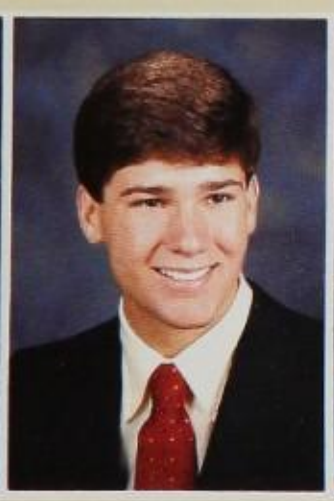
Stacy M. Lee
Varsity Track, Varsity Basketball, C.S.F.



Scott Leonard

Brendon S. Lester

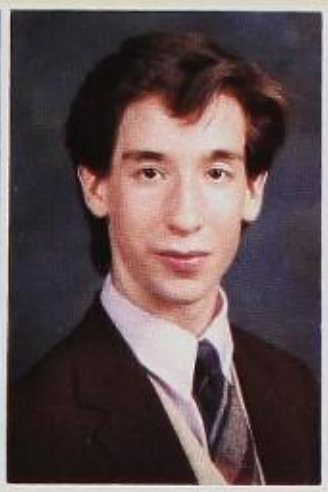
David S. Levy
C.S.F., Marching Band, Science Club



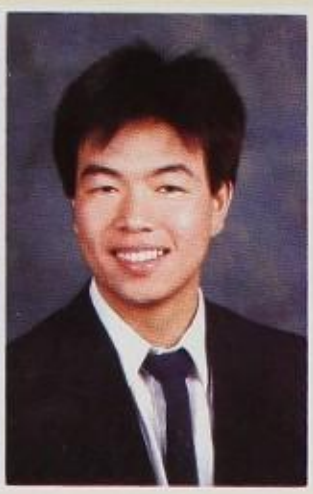
Mark T. Lewis
CSF, Basketball, Jr. Class Committee

Linda Liano

Keith Lifshin

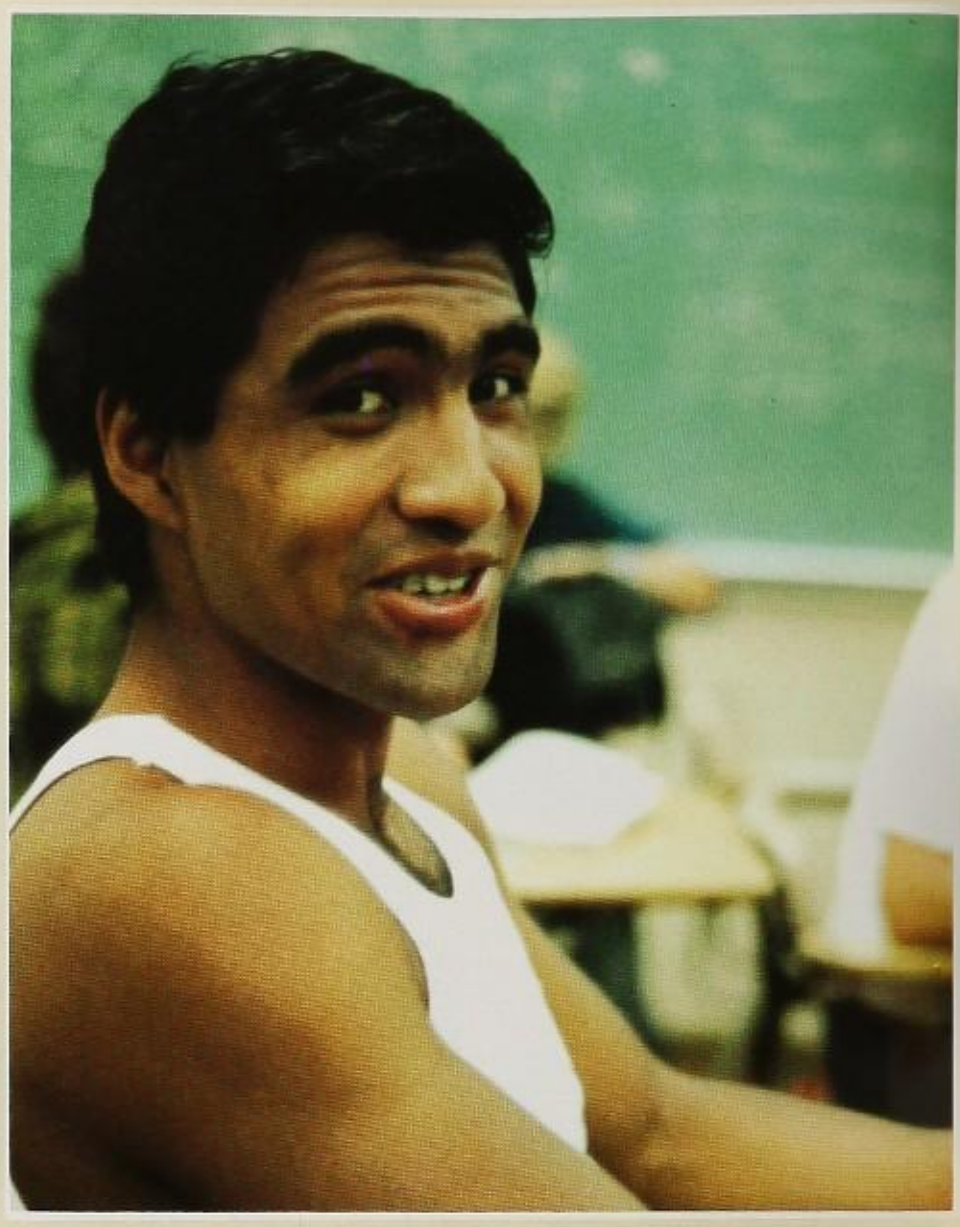


Samuel Lipton



Jim M. Lo
L.A.'s Custom Cals

While listening to the tunes of his new tape, **Pete Laughlin** enjoys his last break before another grueling class.

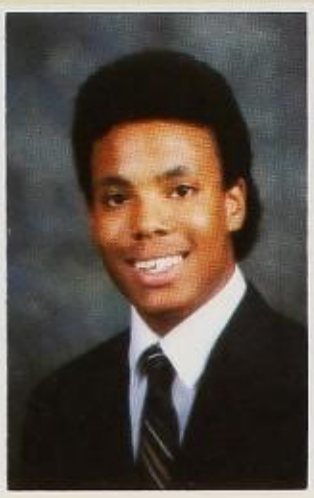


During English class, **Victor Flores** takes a moment to think about how important today's game is against Pacifica. Victor is a two-year member of our Varsity Soccer Team and consistantly contributes to their winning tradition.

Amy Lounsbury

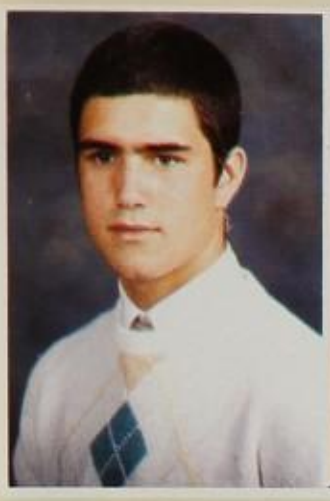
Julie A. Lunetta
Keywanettes

Lisa Lunetta
Keywanettes, Sentimental Seniors



Cornelius D. Lyle
Basketball

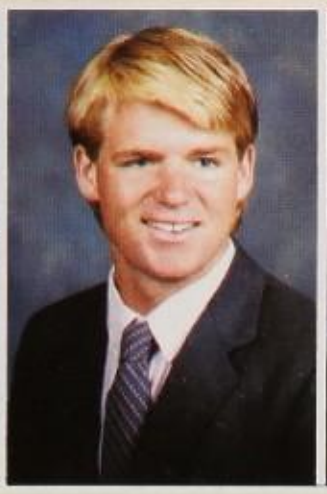
Friends and fellow song leaders, **Ruth Busenkell** and **Tracey Cohn** stand behind the back of the M.P.C. watching the J.V. cheer squad flawlessly construct a pyramid. Ruth and Tracey remember the hours they put in on the J.V. squad and are proud of their award winning performances.



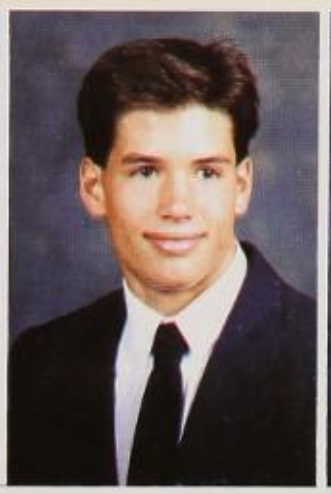
Peter Lynch

Eddie G. Lyon
Varsity Football

Ronald W. Maag
Key Club



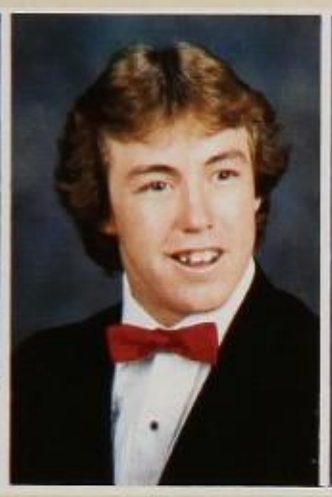
Douglas MacCready



Christian Madsen
Varsity Track, Varsity Wrestling, Ski Club

Shirley H. Malin
Keywanettes, Speech Team

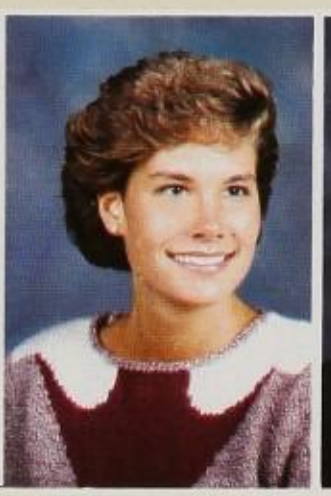
Mary Ann A. Manabat
German Club



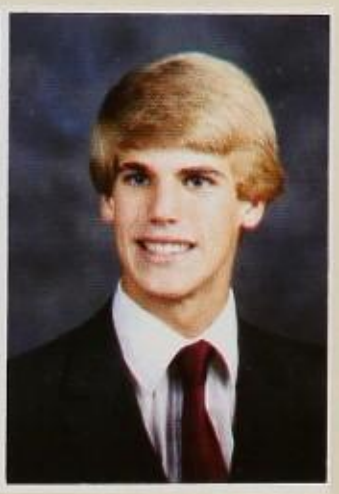
Kevin M. Manatt

Lori Martin

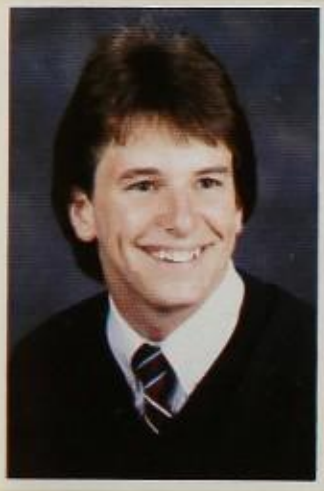
Diana Lyne May
Yearbook, Sr. Class Committee, Interact Club



Kimberly M. McAfee
Varsity Cheer, J.V. Cheer, Mock Trial

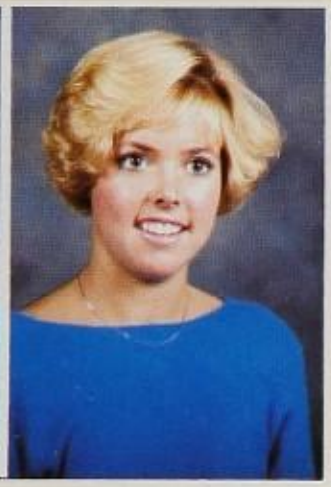


Patrick S. McDaniel

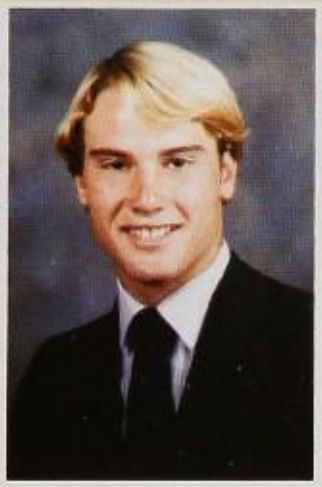


Dren McDonald
Jazz Band

Amy McDougall

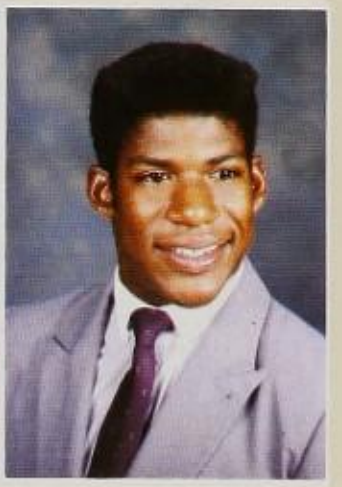


Jennifer L. McEntee
Senior Sororatease, C.S.F., Congress

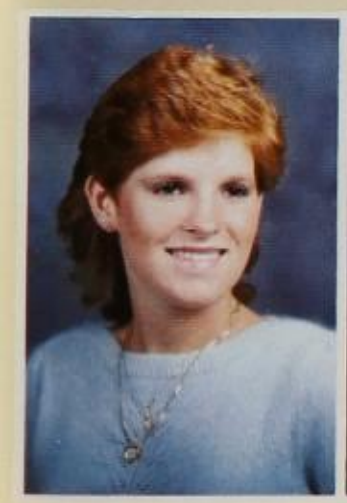


James McGann

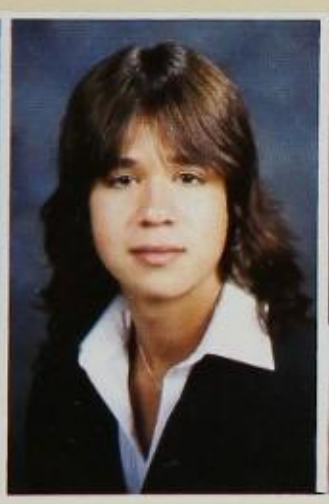
Kerry M. McMahon
Varsity Swimming, F.B.L.A., Spanish Club



Bruce McMorris
Varsity Football, Varsity Track Captain, A.S.B. Vice-President

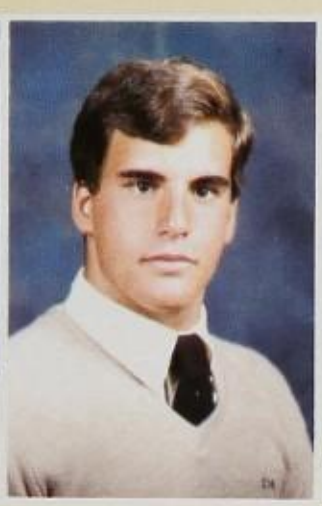


Cynthia McNamara



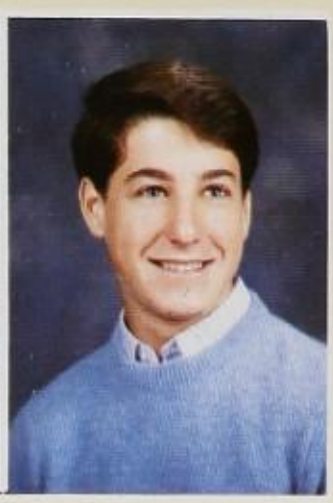
Michael S. McQueen

Jennifer Meadows
C.S.F., Drill Team, L.A.P.D.

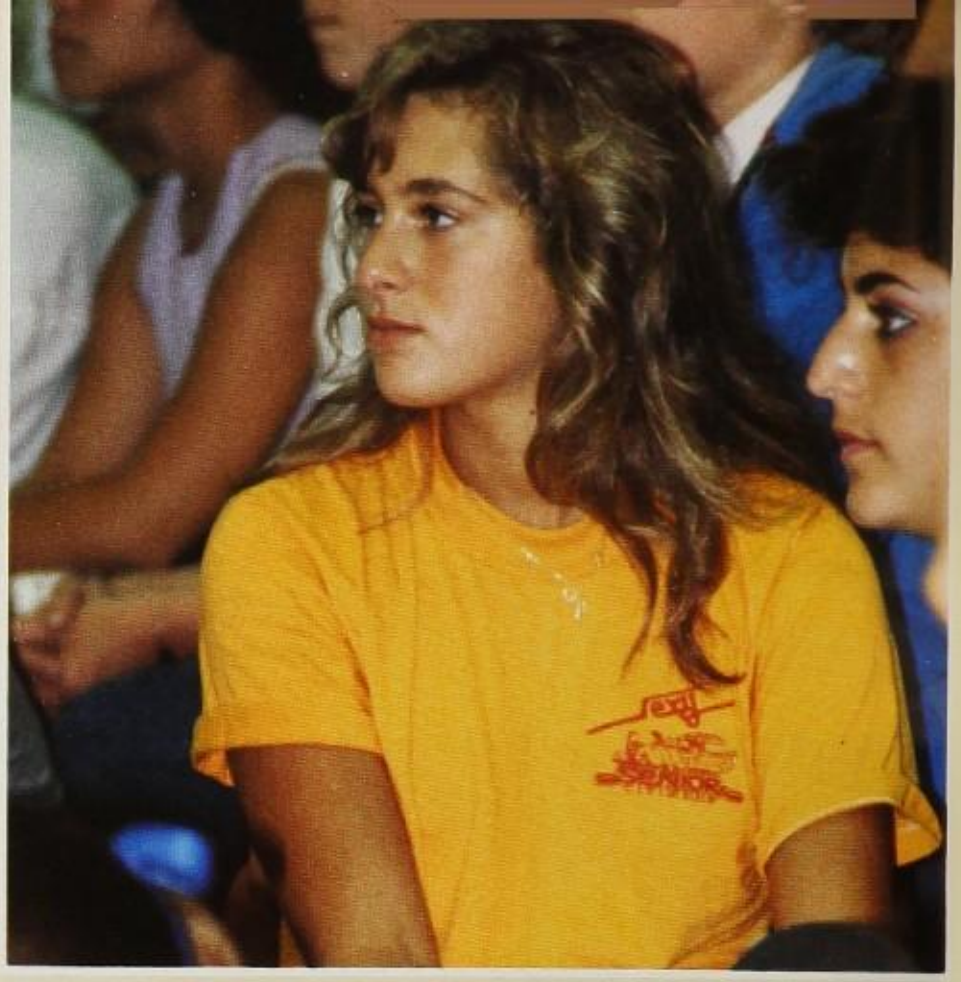


Michael Melancon
Water Ski Club, Soccer, Key Club

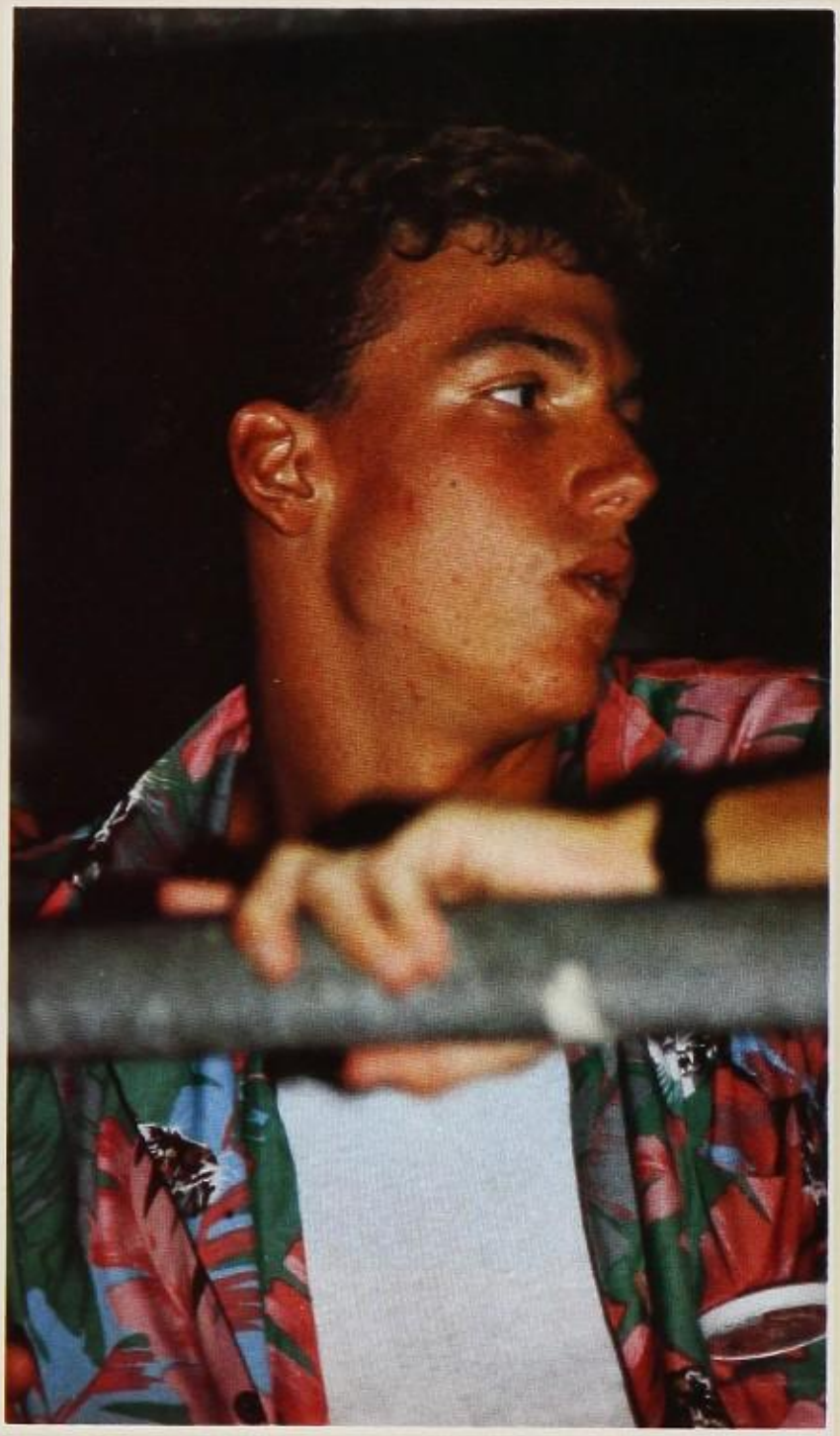
James Mentas



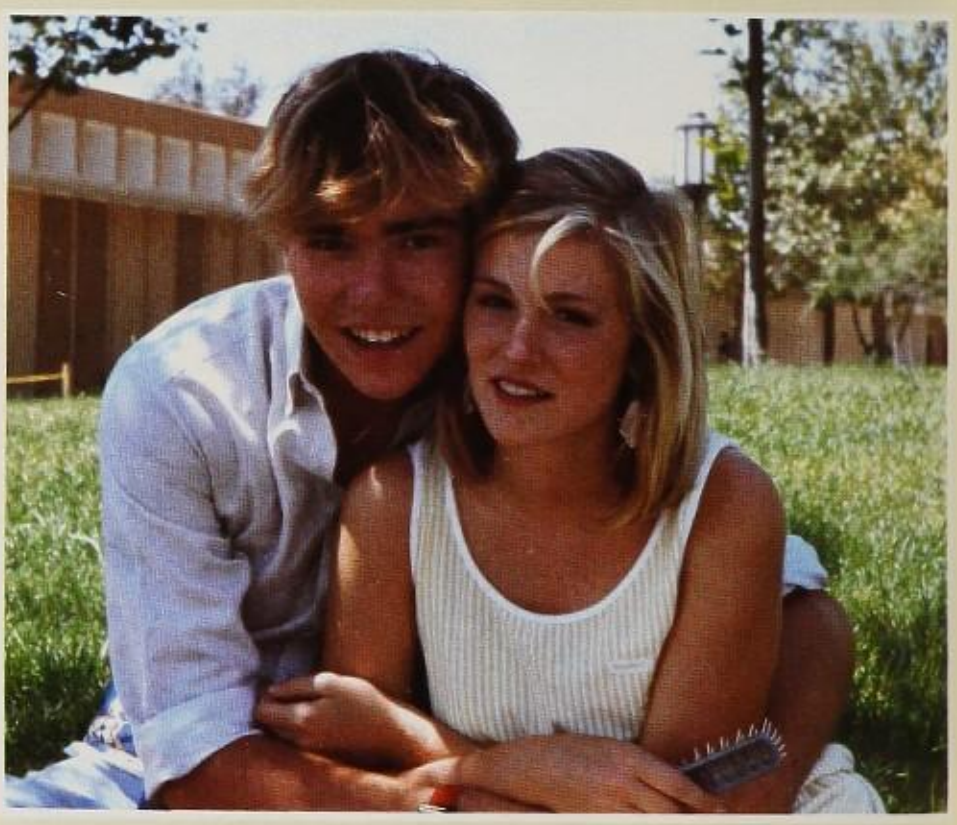
Steven Patrick Mercadante



Watching with interest, **Lisa Lander** enjoys the performances by the spirit groups at one of the many pep assemblies. Lisa is a proud member of one of the popular T-shirt clubs, "Sexy Senior Citizens."



Staring out towards the end zone of the football field, **Mike Stea** realizes that we are defeating Cypress at the Homecoming Game.

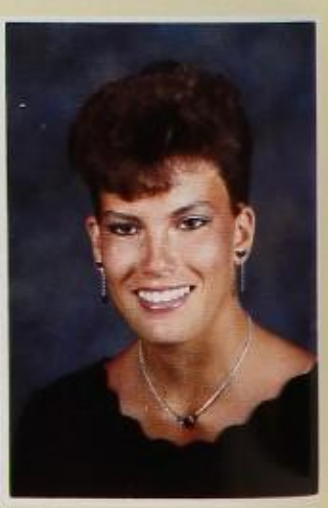


Often between classes, one can witness the warmth of two friends sharing a hug during a long school day. **Amy Lounsbury** and **Mike Cool** represent one of the many close companionships at Los Al.

Randy Mercer

Cheryl L. Meyer

Scott R. Miller
C.S.F., Marching Band, Symphonic Band



Traci Ann Miller
Rifles, Frosh-Soph Basketball, Choir

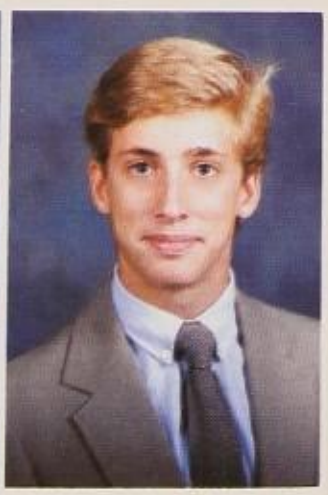
Steve Missbrenner

Shelli C. Mitchell

Rick W. Moore

Glenda Morgan

Jill Marie Morley
Senioritas, Softball, Soccer



Greg Morris

Debra A. Muccino

Sonja Marie Muir
Rifles, Soccer, Sororatease

Sean Murphy
Varsity Football

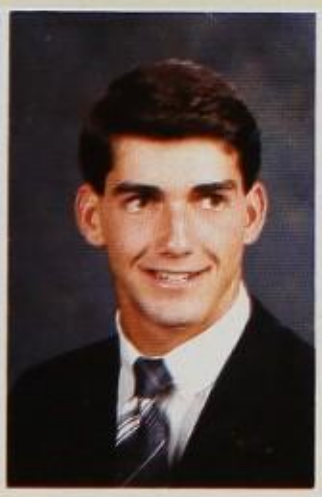
Todd Murphy
Track

Chris L. Myers
Marching Band, C.S.F.

Victoria M. Myers
Rifle Captain, C.S.F., Sexy Senior Citizens, Keywanettes

Joseph Charles Naber

John G. Nelson



Rick Nen

Michelle E. Newman

Dinh Binh Nguyen

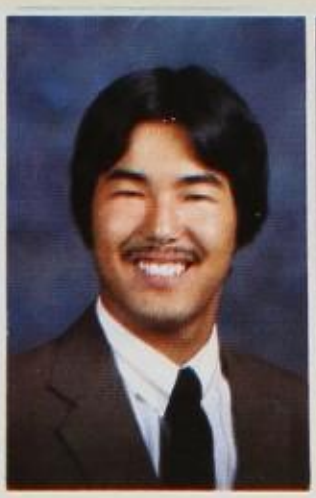
Jeneane C. Nicodemus
Senior Sororatease, Senior Class Committee

Julie A. Nicolaou

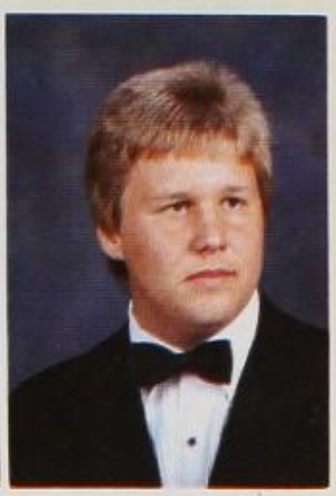
Stacy M. Nordstrom
Percussion Section

Chris A. Nugier
Motorcross Club

Denise E. Nutter



Bryan T. Oda



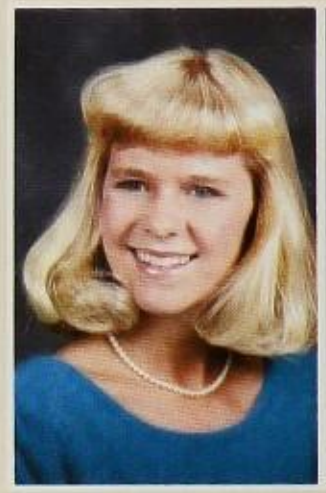
John W. Ogorzalek

Between classes **Erin Callaway** stops to talk to a couple of classmates. No matter how short passing period is, everyone seems to find time to say hello to a few good friends.

One of the princesses, **Tammy Wuesthoff,** smiles as the crowd cheers for the five Homecoming nominees. Tammy shows her spirit by being a member of the T-shirt club, "Sexy Senior Citizens." She is also proud to be involved on the Varsity Tennis Team.

Kristin Noelle Olin
Youth Leadership for Action, Yearbook, Sororatease

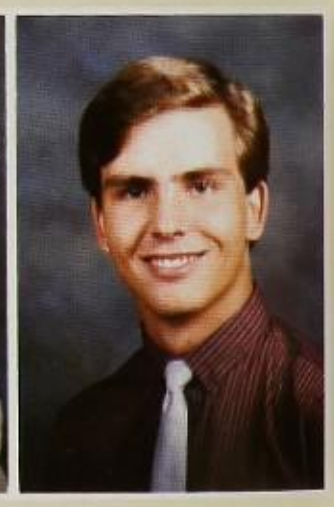
Garret M. Olson
A.S.B. President, Boys' State 1984



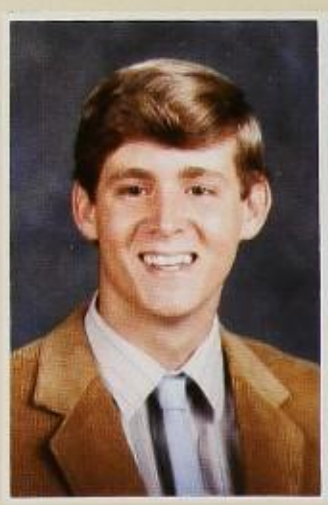
Lauren R. Omohundro
Drill Team, J.V. Cheer, C.S.F.

Suzanne M. Oppenlander
Color Guard Captain, C.S.F., Sororatease, V-P Water Ski Club

Troy W. Ottele



Mitch R. Ottenstroer
Marching Band



Mike J. Owens
Advanced Band

Kim Anne Palmer
Ski Club, Sexy Senior Citizens, Water Ski Club

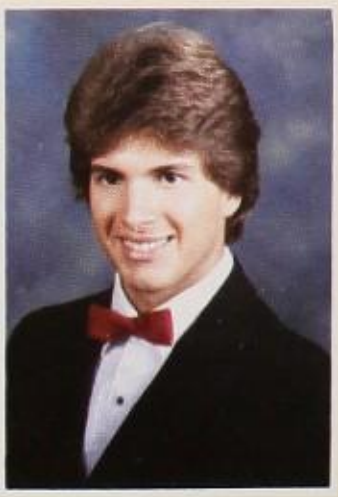
Paul Park
Varsity Football, Varsity Soccer

Shawn Parsons
Varsity Tennis, Cycling

Mike R. Patrick
The Hill, Varsity Water Polo, Varsity Swimming, C.S.F.

Sandy L. Pendleton
L.A.H.S. Band

Eric D. Peterson
Varsity Track, Congress

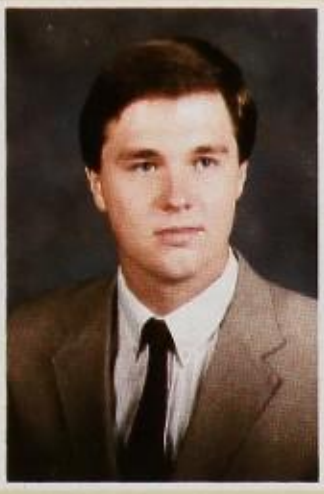


Will Peterson

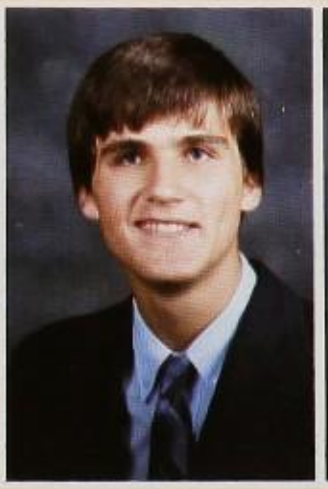
Kym Petullo
Omega Drill Team, Senior Class Committee

Lee K. Phillippi

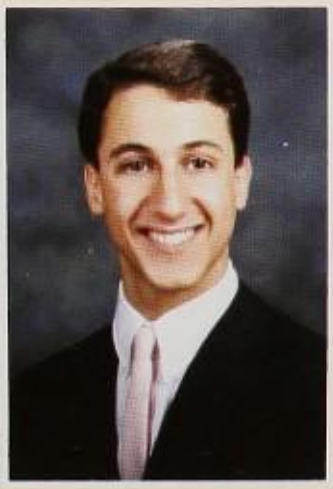
Greg Phillips



Richard Anthony Pickard



Charlie J. Pike



David A. Pincek
Percussion

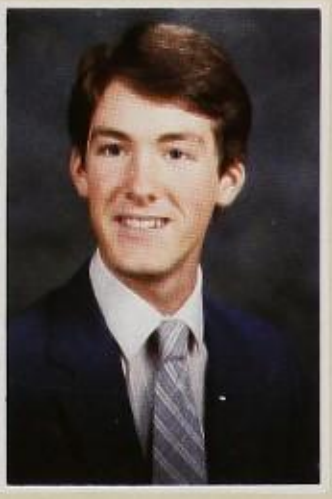
Cynthia Marie Poe
Varsity Softball, Sexy Senior Citizens, Ski Club

Chris M. Pollard
Percussion Section

Stacy E. Pollard
Varsity Cheer, Senior Class Committee, Keywanettes

Tim Poncy

Debbie Potechin



Bryan E. Potter

Kevin J. Preston

Maria de Louredes Puente
L.A.'s Finest, H.E.A.R.T.'s Club, Spanish Club

Danielle Pulone

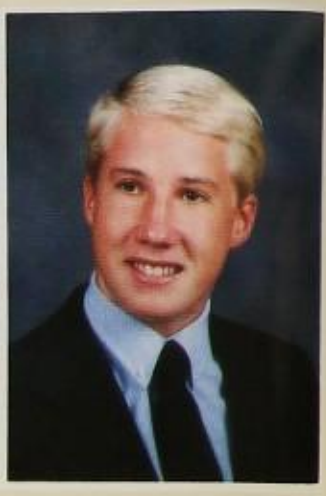
Wendy J. Radi
German Club, C.S.F., Band

Radmila Runich

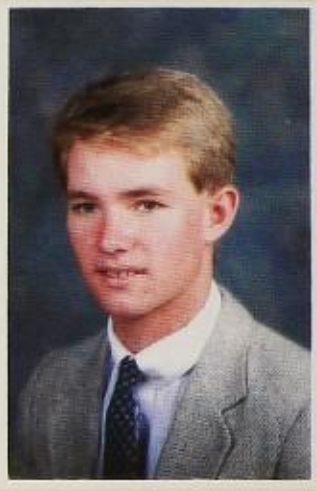
Thomas J. Rak
Varsity Golf

Concentrating on a class discussion, **Kristin Olin** prepares to take a pageful of important notes. Nearly every class includes extensive note-taking. This helps aid all of the students aiming towards their goals of going to popular colleges or universities.

Sonia Ramirez



Kent C. Ramseyer
Varsity Water Polo, Varsity Swimming, C.S.F.



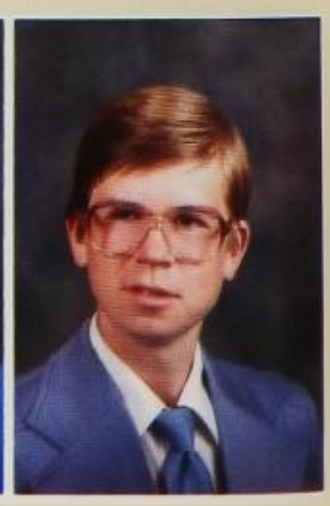
Gary Renko

Paula Lee Rawls
Keywanettes, F.B.L.A.

Kimberly E. Ré
Drill Team, Basketball, Backpacking Club

Robyn Michele Recendez
J.V. Cheer, Varsity Cheer, Sexy Senior Citizens

Laura Sue Reeves
Drill Team



Brad Reidy

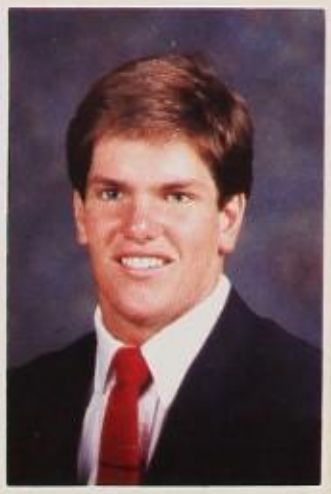
Marc W. Reissig
Academic Decathlon, C.S.F.

Pam Riedel

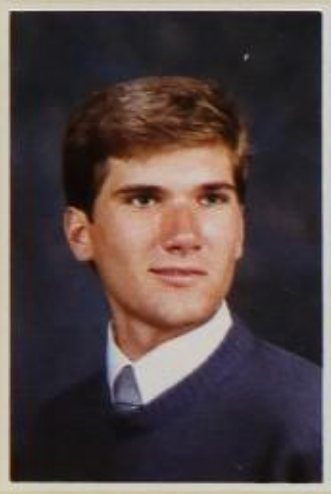
Kelly Ann Rieg
Keywanettes

Robert F. Rinella
Varsity Track and Field

Sheralyn R. Rinella



Kurt Rippelmeyer
Varsity Football Captain



Steven Roberts

Janice M. Robia

Jennifer L. Rodman
Color Guard

Ana R. Rodriguez
L.A.'s Finest, H.E.A.R.T.'s Club

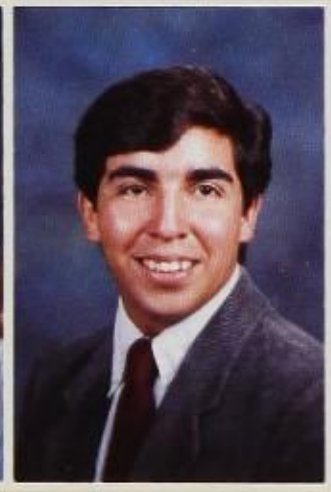
Russell P. Roe
Jazz Band, Marching Band, Concert Band

Lucy Rojo

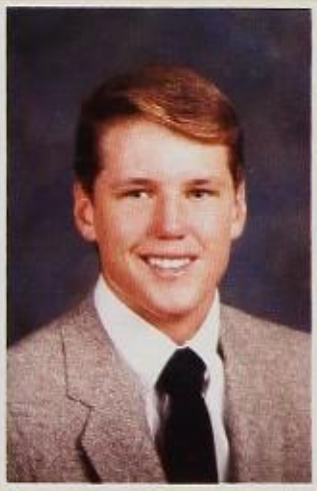
Jodi R. Rovida

Alessia Rusticali

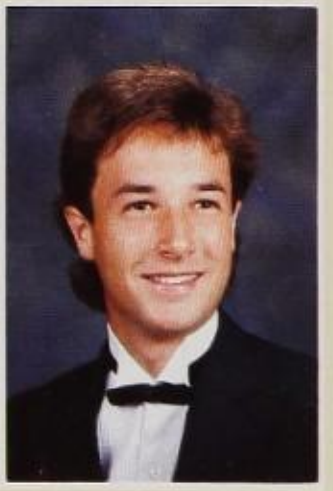
Sandra Salamanca



Rodney J. Salas
Football



Bart Sammons



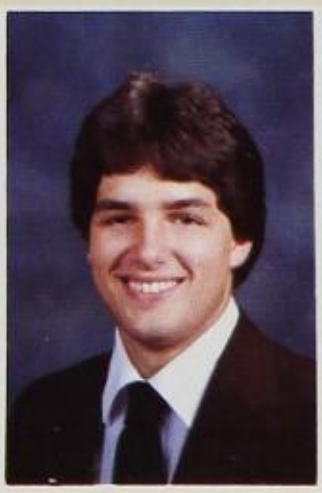
Joel D. Sanders
Track and Field

David M. Sandoval

Robert R. Sandusky III
Band President, Mock Trial, Drama Club President

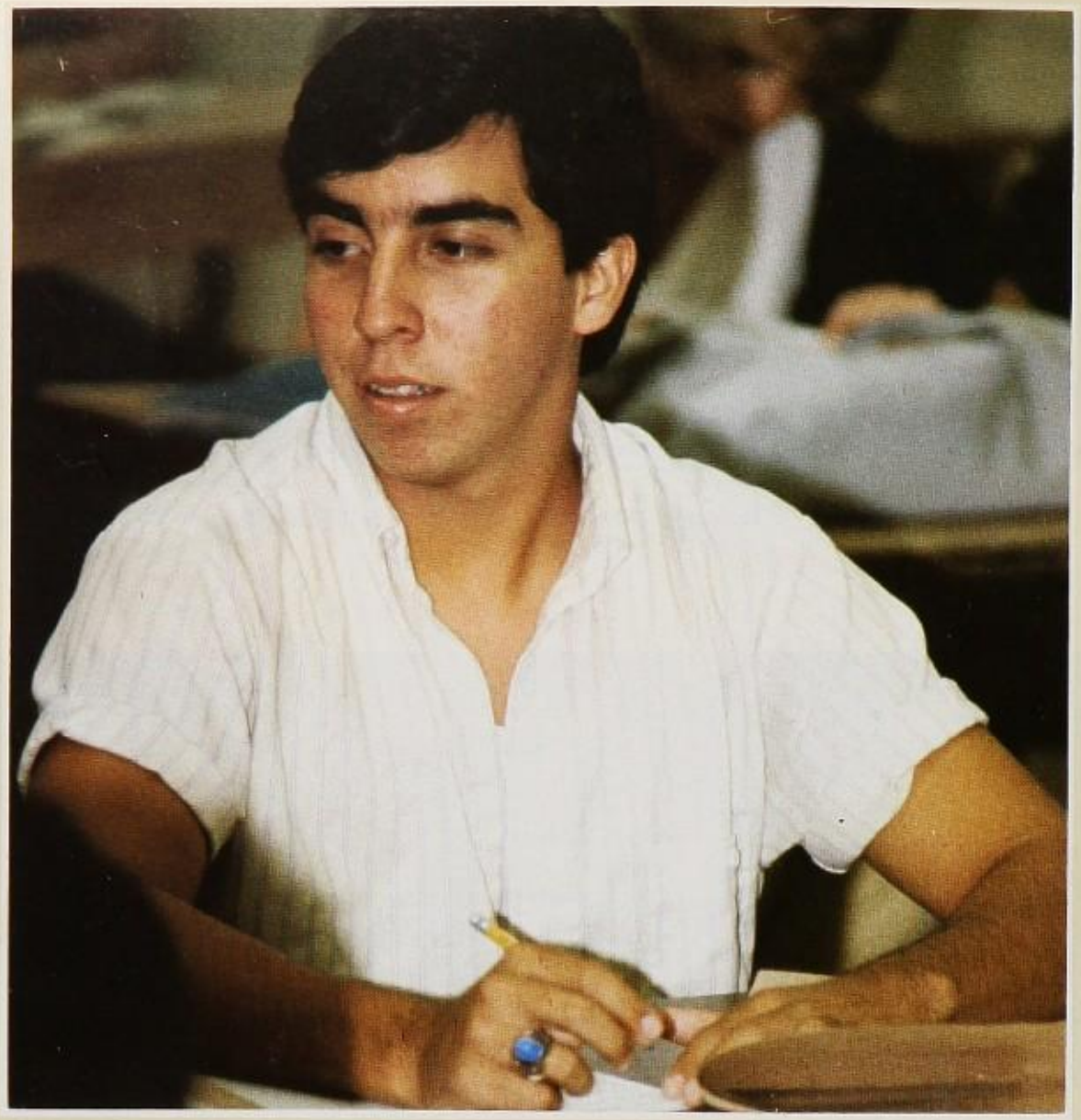
Meg M. Sanregret
Chamber Choir, C.S.F., Swim Team, Ski Club

Evelyn Ann Scalora
Cross-Country, Yearbook, Photo Club



Brian K. Schild

Karen Schindler



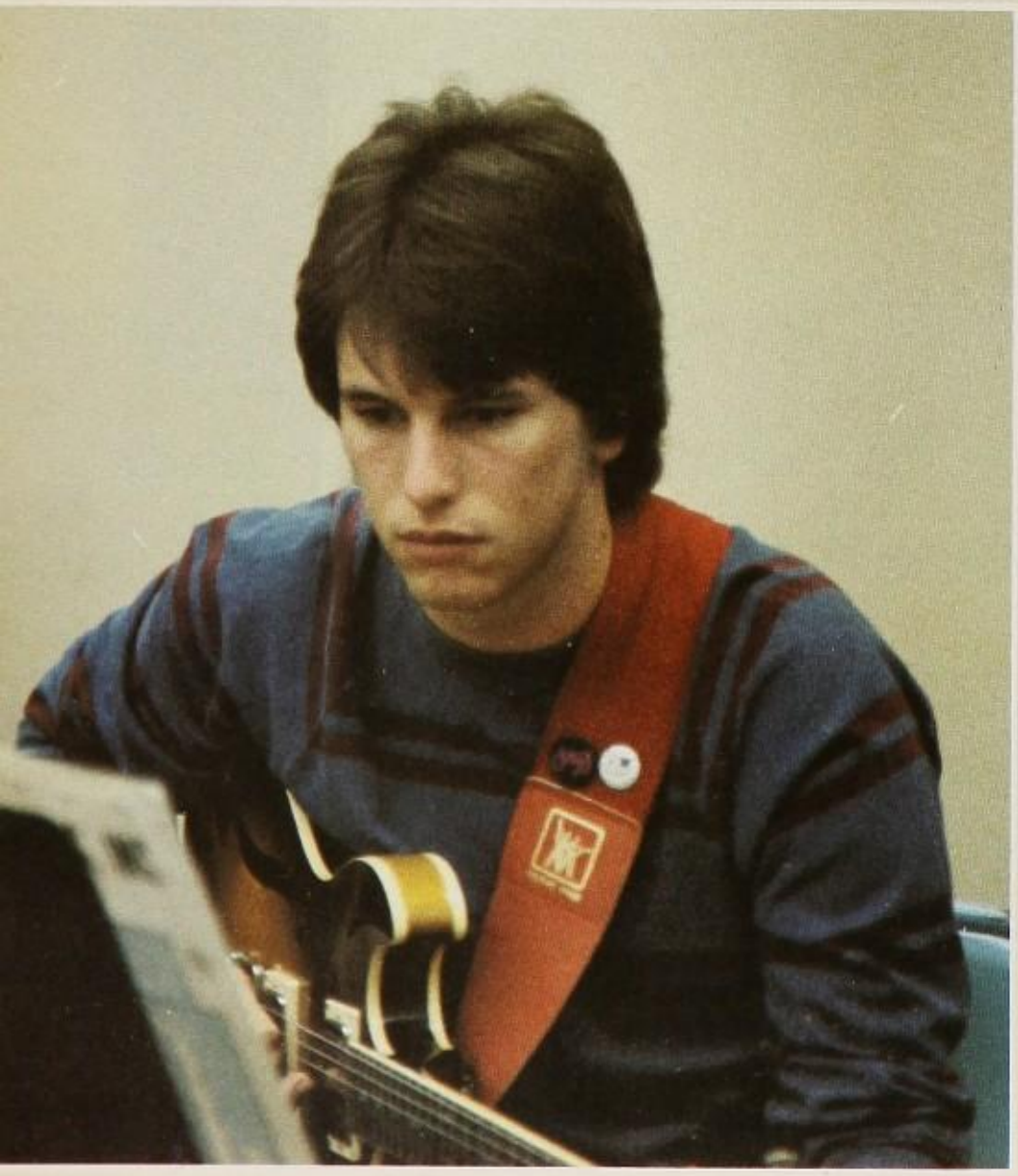
Watching the teacher's moves, **Rodney Salas** dreams of the day when he will become a famous artist. In the art classes offered by Los Al students discover that they have unlimited artistic abilities. The students also learn different techniques to display their talent.

Kris E. Schlauch
Varsity Gymnastics, Ski Club, Senior-itas

Diana Marie Schmitz
Choir

Daryl Schorr

Elizabeth A. Schuck
Varsity Swimming, German Club, Science Club



Contemplating a new lyric, **Dren McDonald** reads the already written material in hopes that the strings on his guitar will do the work for him and boost his musical career.

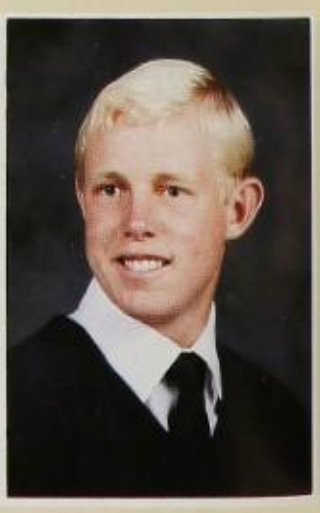
Julianne M. Schulz
Varsity Soccer, Ski Club, Senior-itas

Erika C. Scott
Tennis, S-Club

Sharon Marie Seager

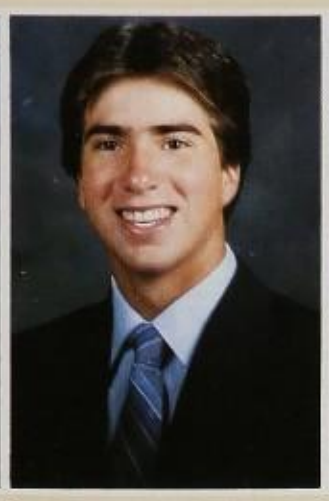
Laurie E. Serwinski
Keywanettes, Sentimental Seniors, Cottonwood Staff

Shelley Severin



Bret A. Shablow
Varsity Golf

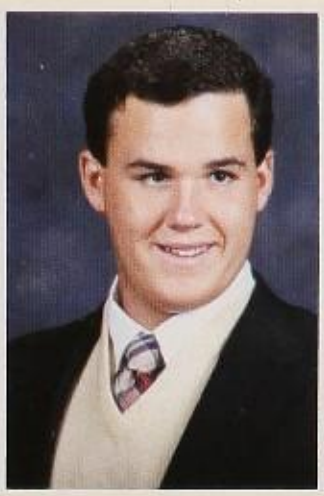
Kyle A. Shields
Golf Team, Motorcross Team



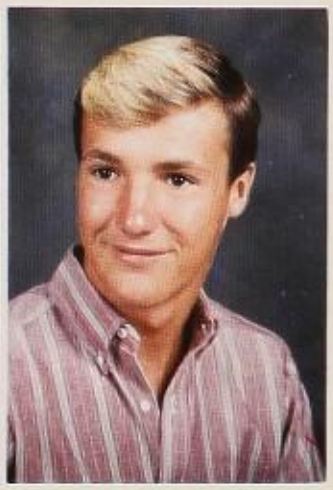
Robert A. Shortridge
Varsity Soccer

Naomi J. Silvi

Fiona R. Sinclair
Varsity Swimming, L.A.P.D., C.S.F.



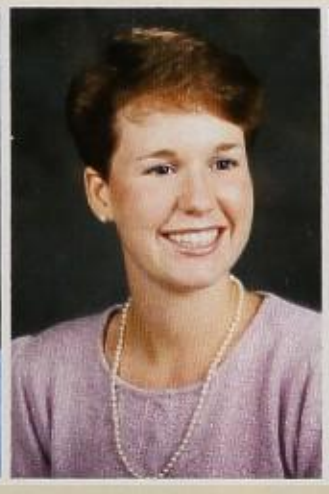
Ronald K. Sittler
The Hill, Varsity Football, C.S.F.



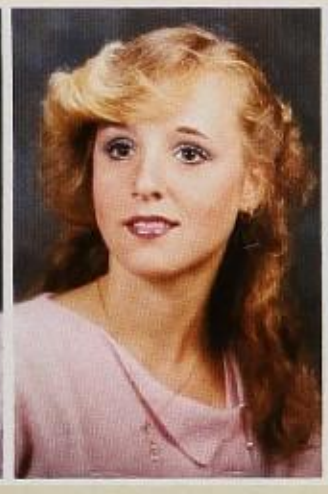
Kelly D. Slater

Bart M. Smith
Varsity Basketball, C.S.F.

Donald W. Smith
C.S.F., Cross-Country, Track, Key Club

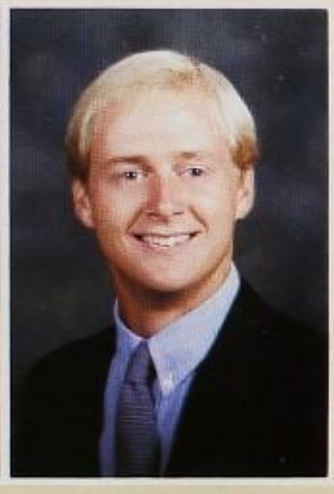


Karen J. Smith
Cottonwood Editor, Senior Select Drama Club

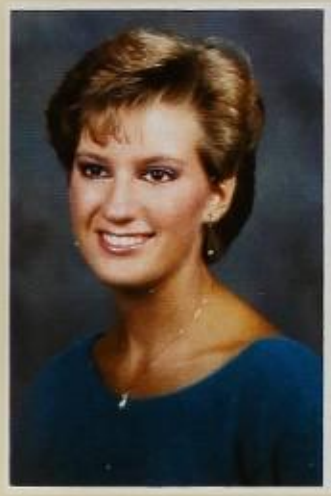


Susan Smith

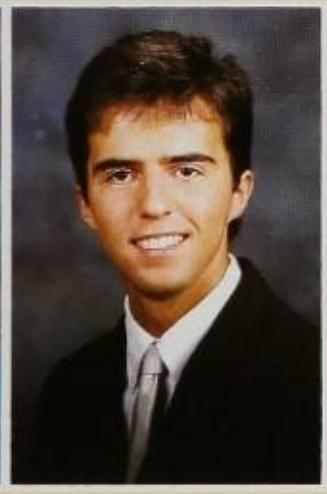
Brett J. Soldano
Baseball



William E. Sollows
Speech Team, Water Polo, Drama Club



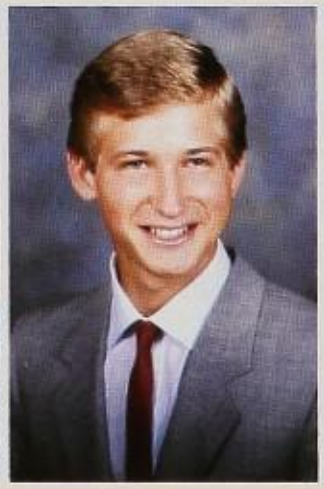
Donetta Sorensen



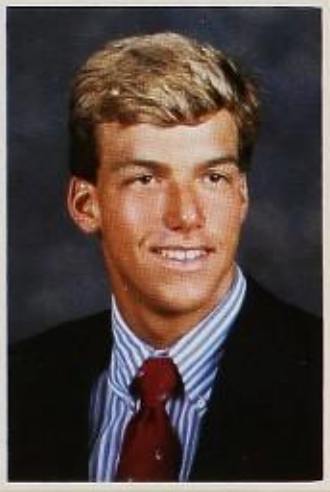
Greg K. Spooner
C.S.F.

Pamela Spyrs
Drama, Cottonwood Staff, Sentimental Seniors

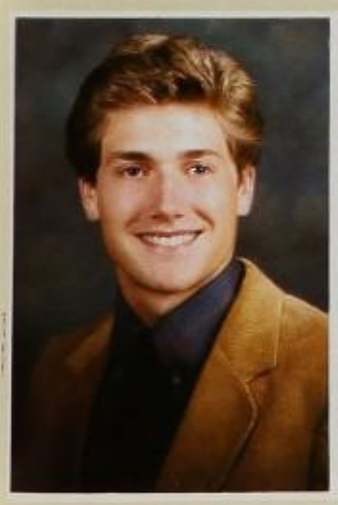
Sharon Spyrs



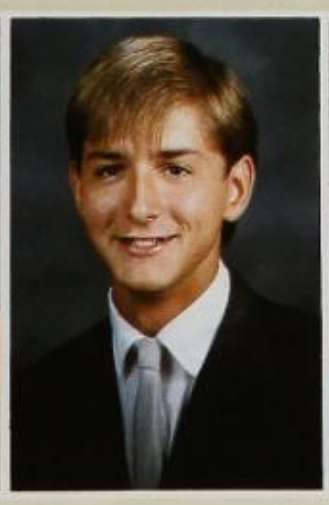
Ken Stauch



Michael A. Stea
Varsity Swimming, C.S.F., Congress

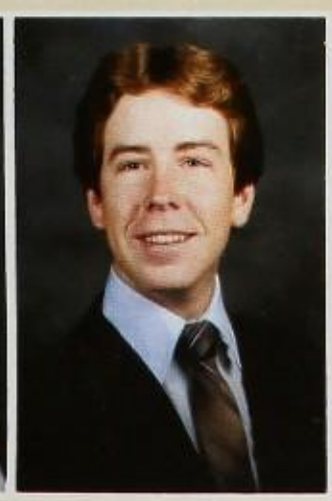


Scott J. Stonebrook
J.V. Tennis, J.V. Track

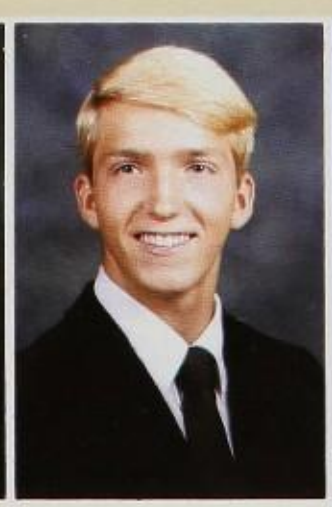


Chris F. Stratton
J.V. Yell Squad, Track, Soccer

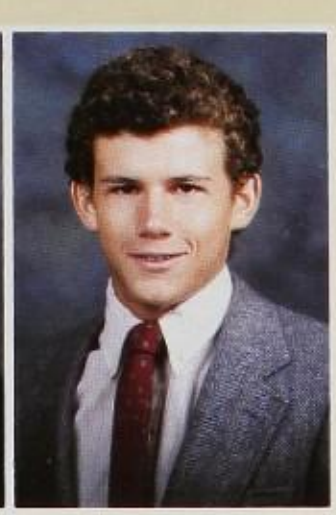
Denise M. Straub



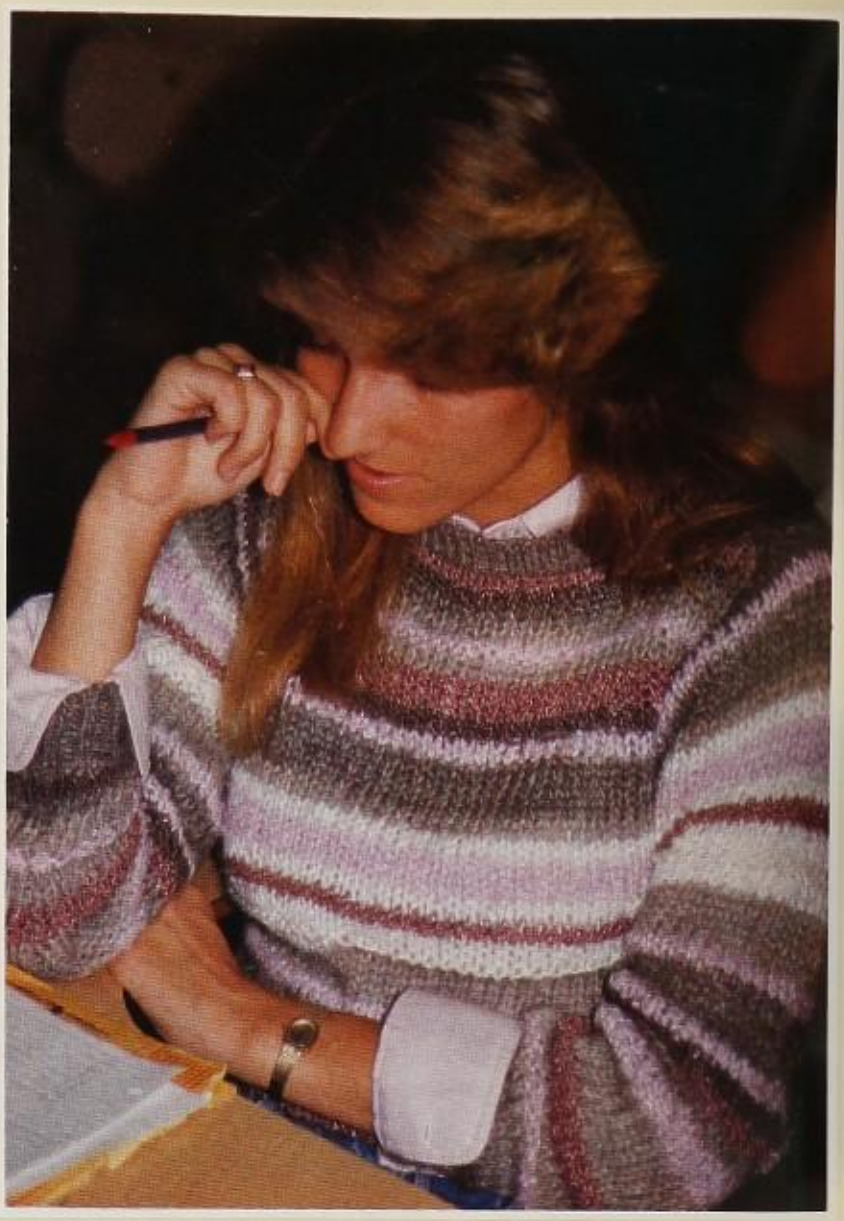
Michael R. Summers
Track



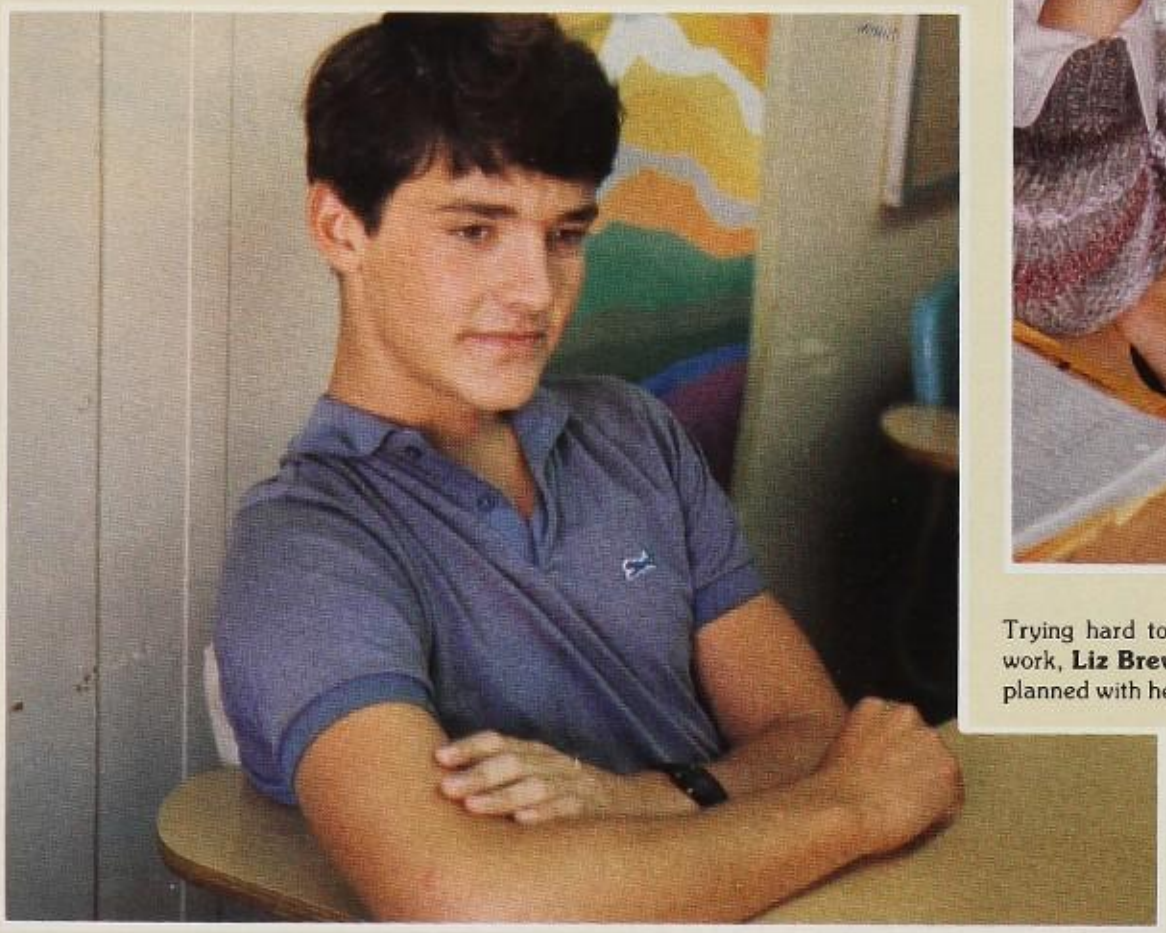
Bill Swanson



Brian Adam Sweet
Varsity Football



Trying hard to fool her trigonometry teacher that she understands all the work, **Liz Brewer** is actually thinking about the lunch time activities she has planned with her boyfriend.



Daydreaming of the weekend ahead, **Eric Christman,** thinks about the two different dates he has lined up for Friday and Saturday night. Unfortunately, in the meantime, he is missing essential instructions from his teacher on how to type the final copy of his book report.

King of the field, **Sean Conboy,** surveys from the sidelines his fellow Griffins as they defeat El Dorado. If victorious over the Loara Saxons in the league finals, then the Griffin football team will advance to CIF for the first time in five years.

Melissa D. Sweet
German Club, Ski Club, Drama Club

Amy Elizabeth Swieck
Senior Sororatease, Senior Class Committee, Keywanettes

Karen Sylvia

Travis Varin Tarchione
Varsity Baseball, Senior Class President

Michael Thompson

Tricia Thornberry
Sexy Senior Citizens

Kim M. Tobin

Kirk R. Tobler

William Todd

Shelly Toomey

Adam Torem

Monica Torres

Rose Anna M. Torres
Newspaper Staff

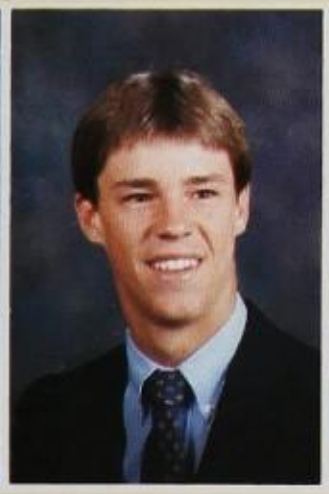
Anna Triplett
Senioritas

Denise Troutman
Varsity Cheerleading, C.S.F., Senior Class Committee

Laurie A. Tyo

Glenn Urata

Kelley S. Uyeda
Gymnastics, C.S.F., Interact Club, Cottonwood Staff



David G. Van Winkle
Varsity Wrestling, Varsity Baseball, Ski Club

Magnolia M. Vela
Spanish Club, Junior Class Commmittee

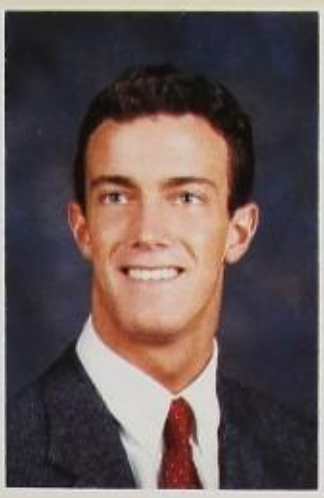
Tiina J. Vittanieme
L. A. Senior Select

Daniel Waechter

Traci Walker
Color Guard, C.S.F Keywanettes

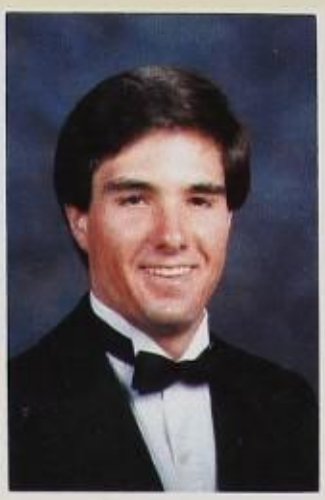
Tammy Walker

Royce Warden

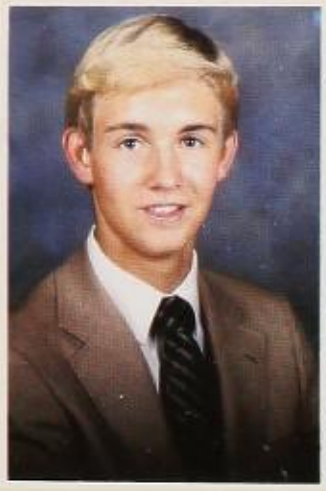


Jason A. Wells
Varsity Track and Field, Senior Class Committee

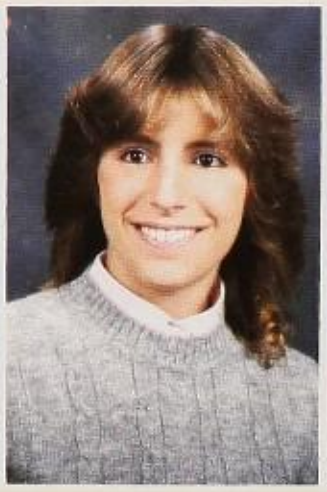
Suzanne Welter
C.S.F., Tennis, Keywanettes



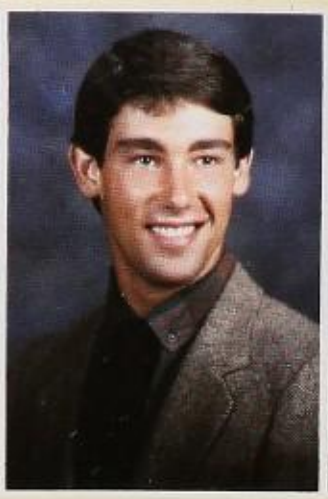
Paul J. Whitacre
Wrestling, Los Al's Custom Cals



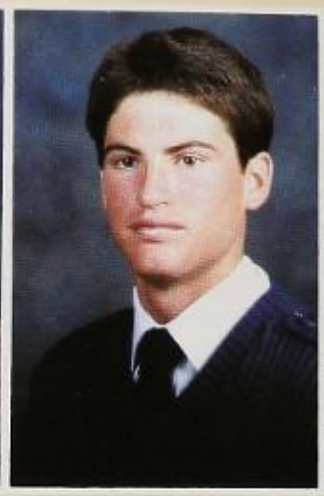
Mark R. Wilderman



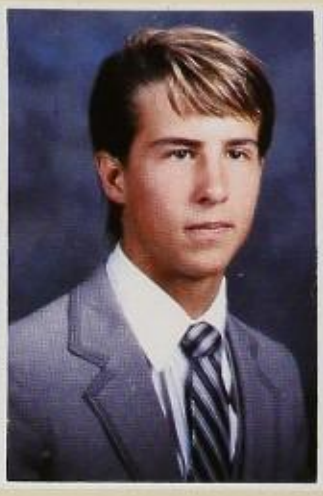
Karen E. Wilhelm
Marching Band, Symphonic Band



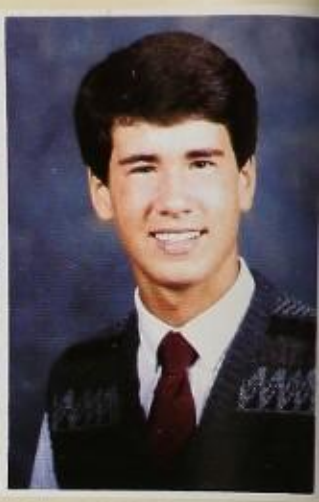
Craig R. Wilkerson
Varsity Football, Track and Field



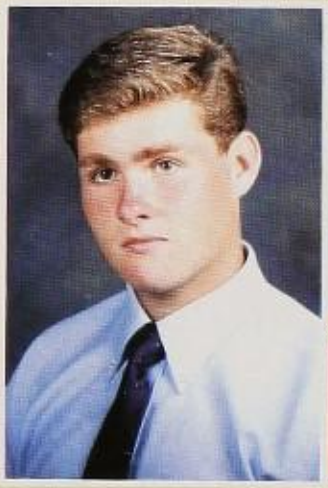
Donald M. Wilkins
Baseball



Tracy Lee Wilkinson



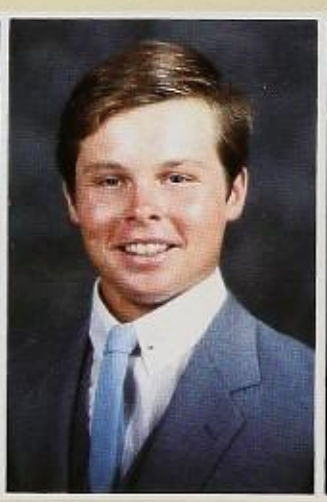
David Will



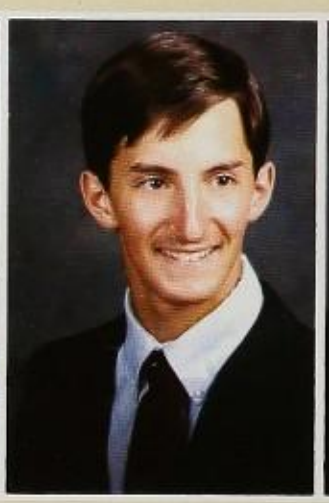
Jeffrey H. Wilson
J.V. and Varsity Yell Leading

Thet Shein Win
Crusader, Varsity Badminton

Matt A. Winford
Jazz Band



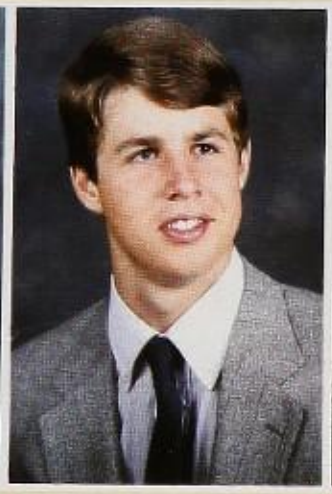
Martin Wolf Jr.
Varsity Football Captain



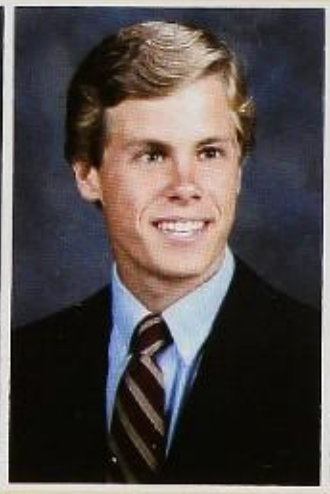
Russell Phillip Wolf
Academic Decathlon, Kiwanis Bowl, C.S.F.

Wendy Wolfe

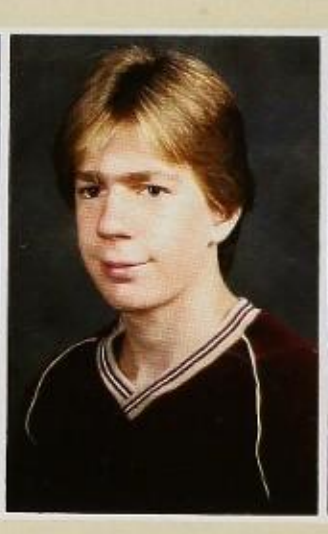
Tisha Wong
Gymnastics, C.S.F.



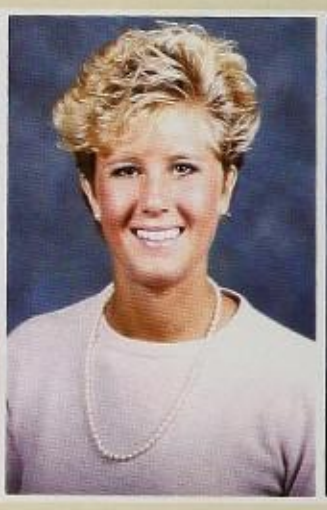
Andy M. Woods
Varsity Basketball, Science Club



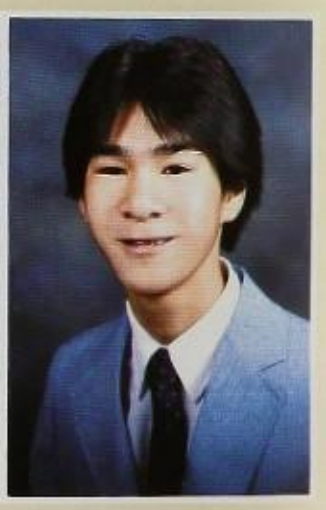
Guy M. Woodson
Yell Leader, Drama, C.S.F., Ski Club



Pierce Wortman



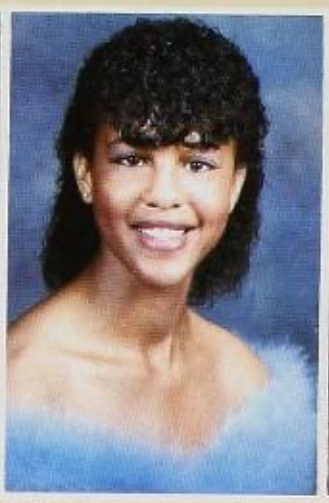
Tamara Wuesthoff
Varsity Tennis, Varsity Softball, Sexy Senior Citizens, Color Guard



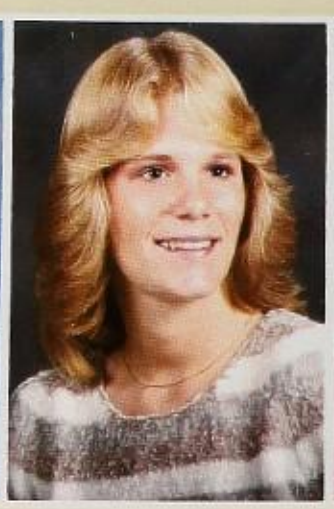
Robert W. Yee
C.S.F., Marching Band, Science Club

Walter Yesenosky

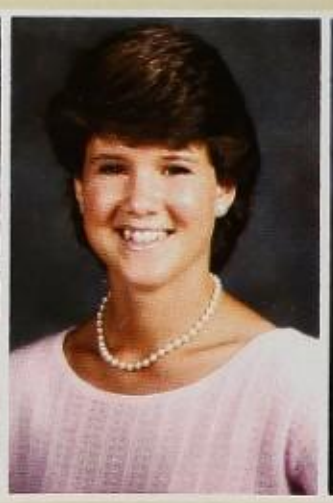
Karen Yoh
Interact Club, Future Club



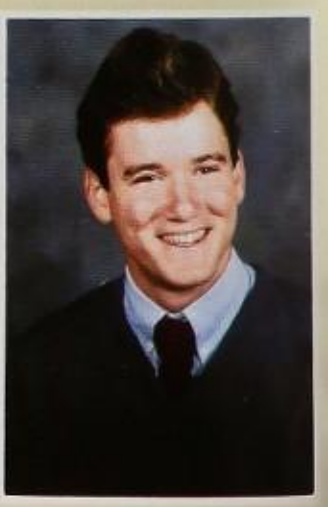
Tamara D. Young
C.S.F., Show Choir, L.A. Sophisticates



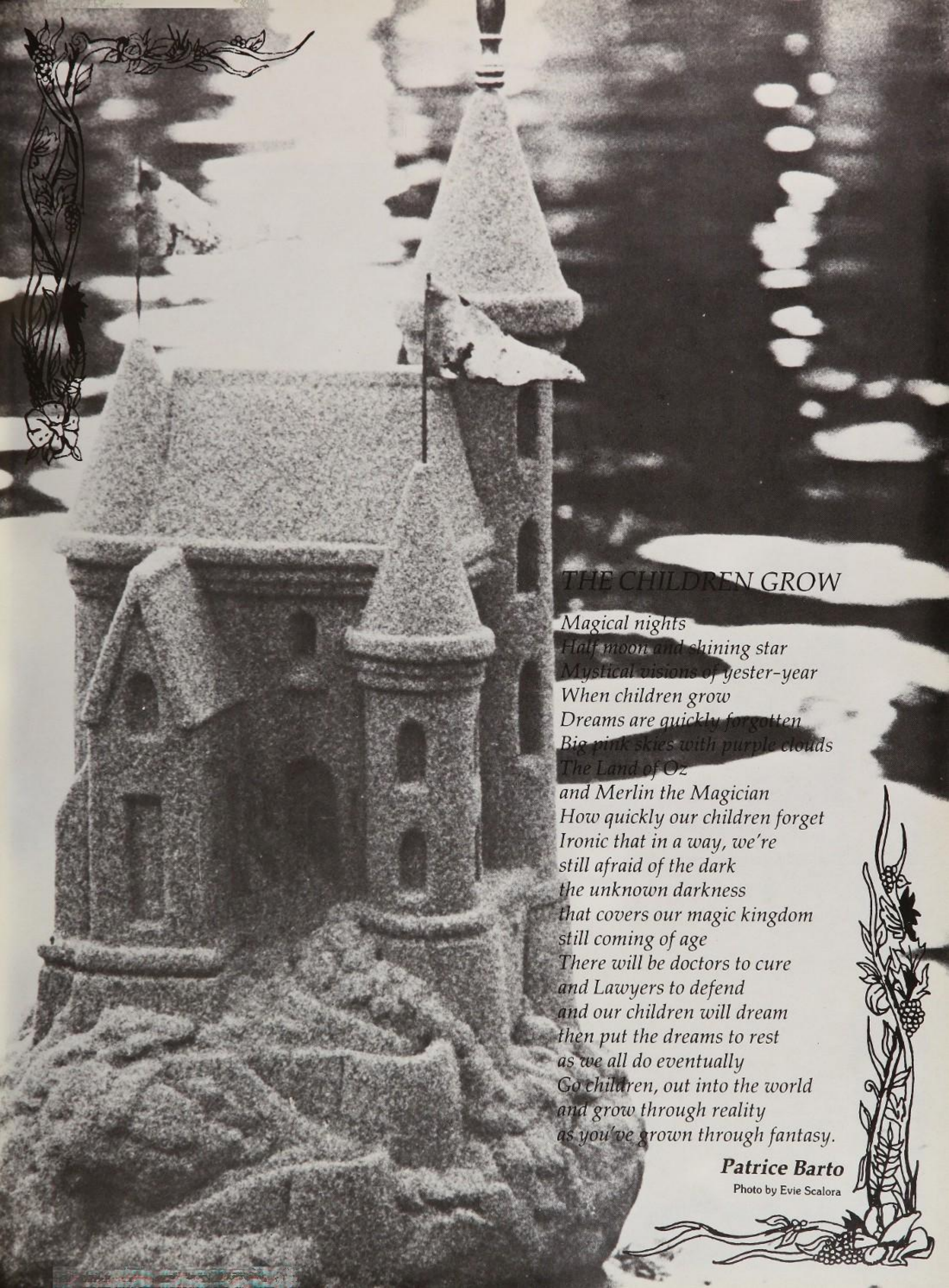
Kimberley A. Youngker



Catheryn Zerwick



Courtney Zerwick



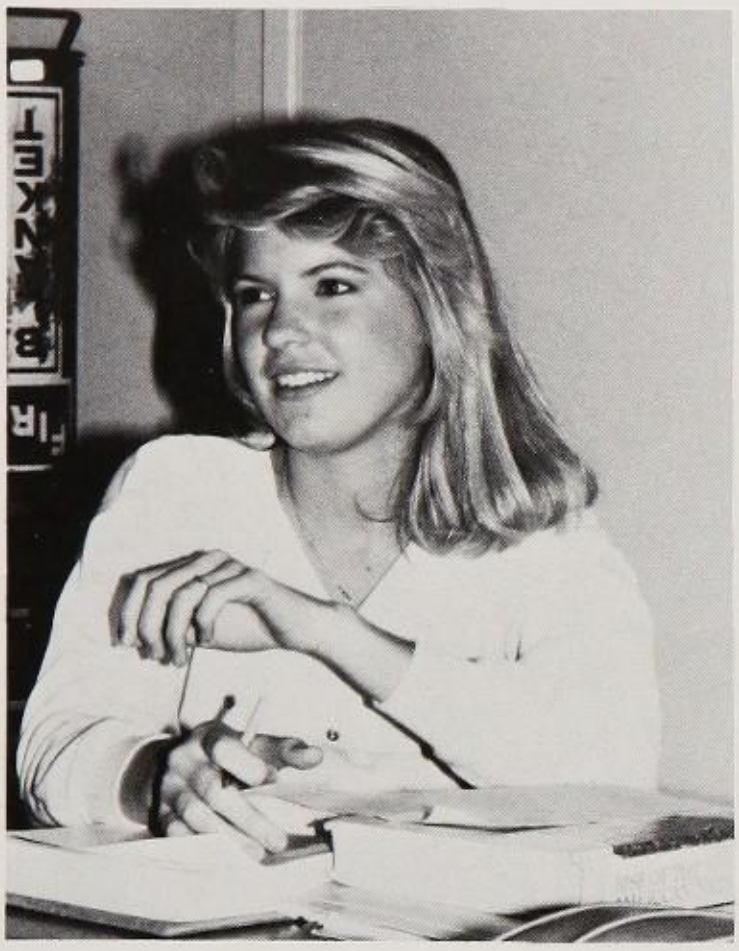
THE CHILDREN GROW

Magical nights
Half moon and shining star
Mystical visions of yester-year
When children grow
Dreams are quickly forgotten
Big pink skies with purple clouds
The Land of Oz
and Merlin the Magician
How quickly our children forget
Ironic that in a way, we're
still afraid of the dark
the unknown darkness
that covers our magic kingdom
still coming of age
There will be doctors to cure
and Lawyers to defend
and our children will dream
then put the dreams to rest
as we all do eventually
Go children, out into the world
and grow through reality
as you've grown through fantasy.

Patrice Barto

Photo by Evie Scalora

ARTISANS

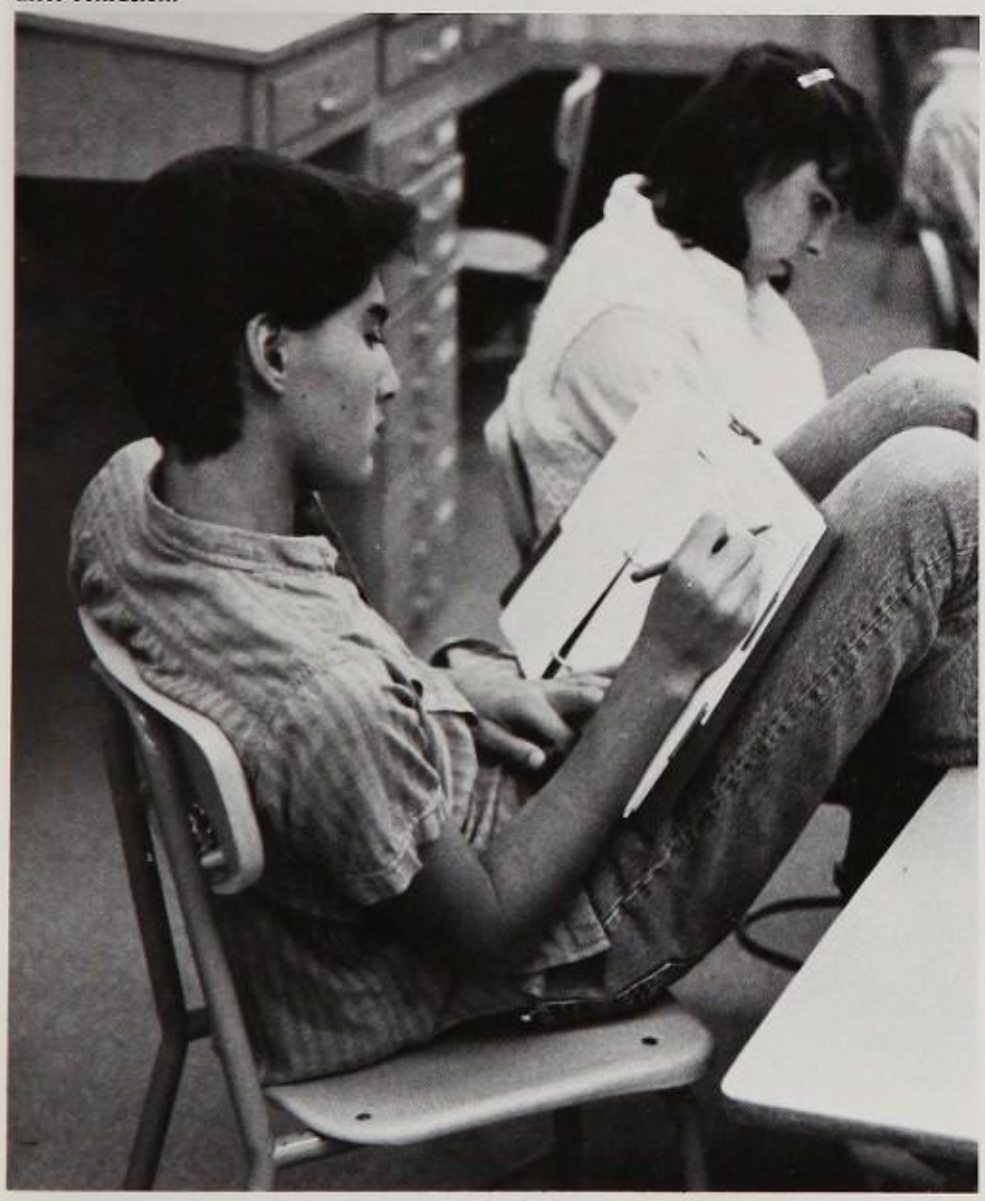


In her United States History class, **Christine Dennis** listens as her teacher **Mr. Barnett** explains the economic importance of the New Deal, Franklin Delano Roosevelt's reform plan.

Proud of her flawless performance, rifle team member **Shanna Hemmings** accepts the crowd's applause as she finishes a routine to Prince's "I'm a Star." The rifle team competed in the Los Altos field tournament and captured the first place trophy.

The cryptographic relationship between the author Franz Kafka and the character Gregor Samsa found in his short story "The Metamorphosis" puzzles Advanced Literature and Composition student **Debbie Theriault** to the point of utter confusion.

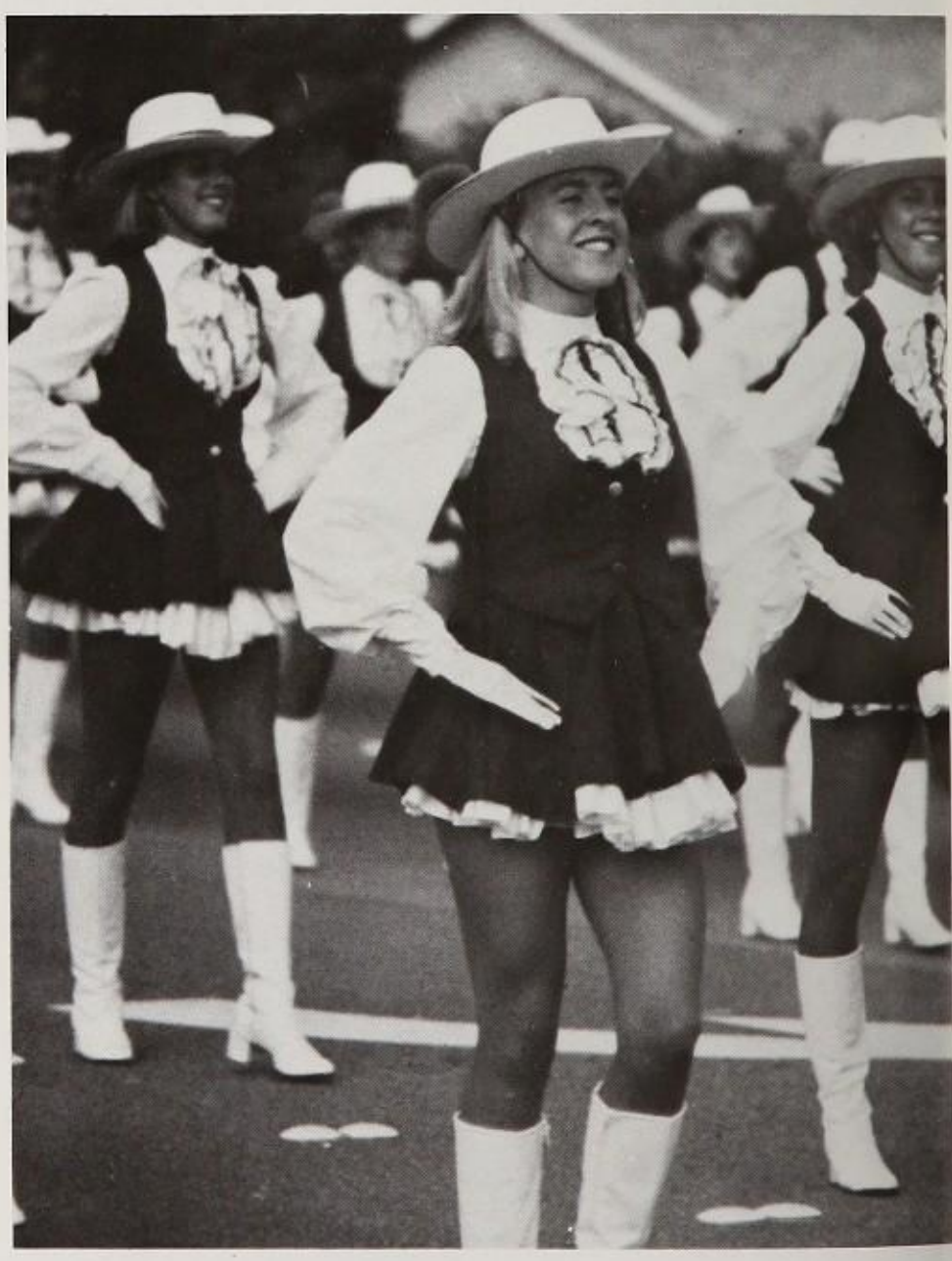
Mock Wedding bridesmaids, **Rhonda Peterson** and **Paula Rawls** watch Rhonda's brother **Eric Peterson** walk down the aisle with his bride **Stacee Foster.** The party arrived from breakfast at Claim Jumper in a limousine.



During a creative writing class, **Deron Johnson** gets comfortable in order to stretch his mind to the limits of its imagination. **Julie Fusco** attempts to focus her writing on the topic given for the day.

A warm hug is a symbol of a good friendship. These types of friendships are plentiful on the Los Al campus. **Kathy Woitovich** gives her friend **Cathy Siler** an encouraging hug at a varsity football game. Both girls are members of the popular T-shirt club Junior Aristocats.

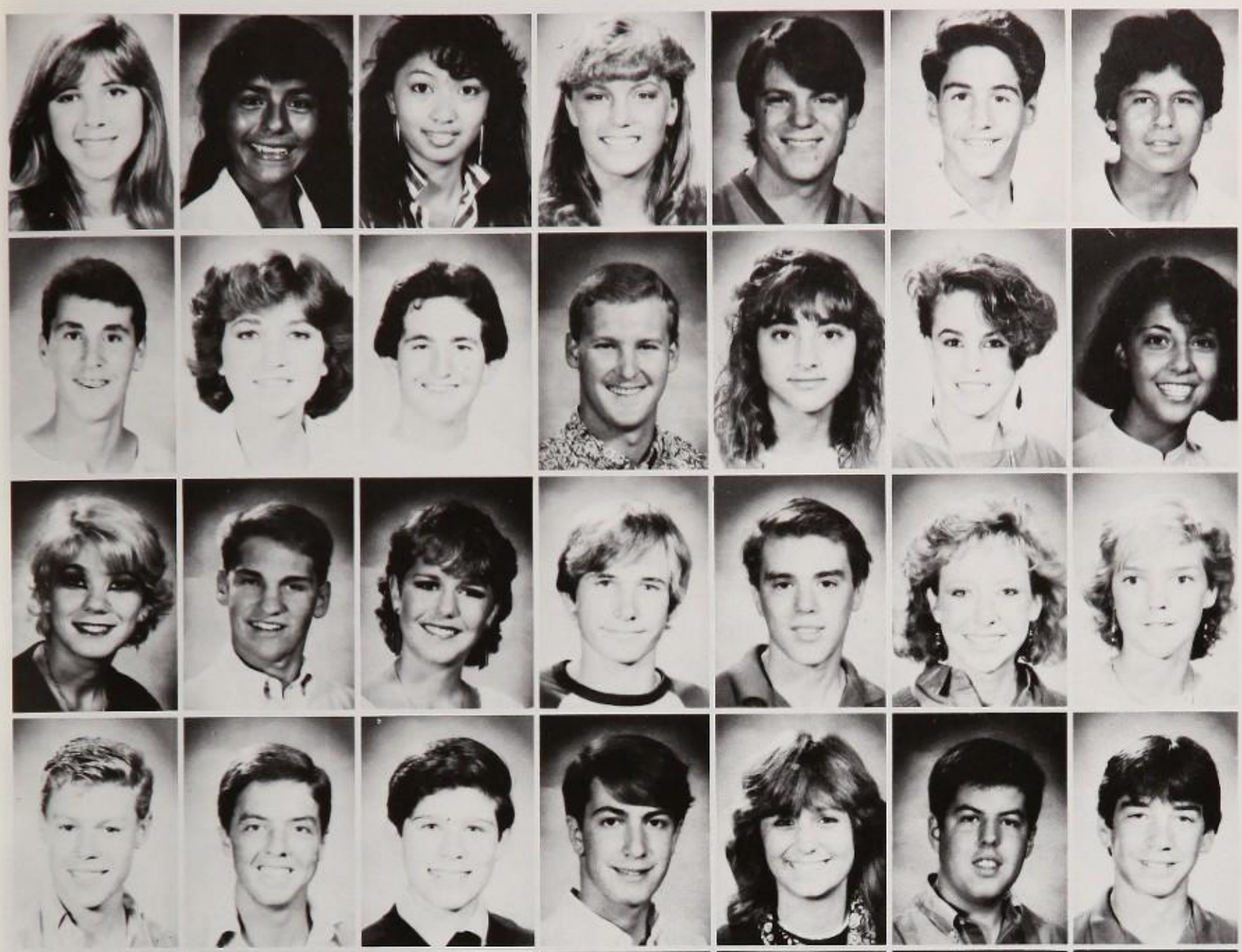
Junior Rifle member, **Andrea Barrows,** performs with the Colorguard for the first assembly of the year. Andrea, a three year member of the Rifle Squad, is one of the hardest working members on this very talented team.



Keeping in step with the Drill Team, **Maren Kussler** strides down the streets of Seal Beach in the annual Seal Beach Parade. Maren is a popular three year member of the Omega Drill Team.

"At pep rallies, *every* Griffin comes alive!"

— Brooke Burtsell



Stephanie Abrego
Charito Adle
Illina Alanes
Jeanne Allard
John Allard
Marc Alpert
Juan Carlos Alvarez

Chris Anderson
Erin Anderson
John Armijo
Michael Asher
Nairi Ashkarian
Marlo Assad
Chiki Aurang

Rachel Baird
Darryl Baker
Jennifer Baker
Alan Barber
Phil Barnes
Andrea Barrows
Joanna Barstow

Michael Barton
Matthew Bateman
Robert Batey
Jeffrey Beaudoin
Renee Becker
Mark Bellwood
Michael Bernstein

Cassandra Beyer
Geoffrey Bickel
Devora Binder
Kevin Bishop
Gene Blackmun
Mary Boland
Angela Bolling

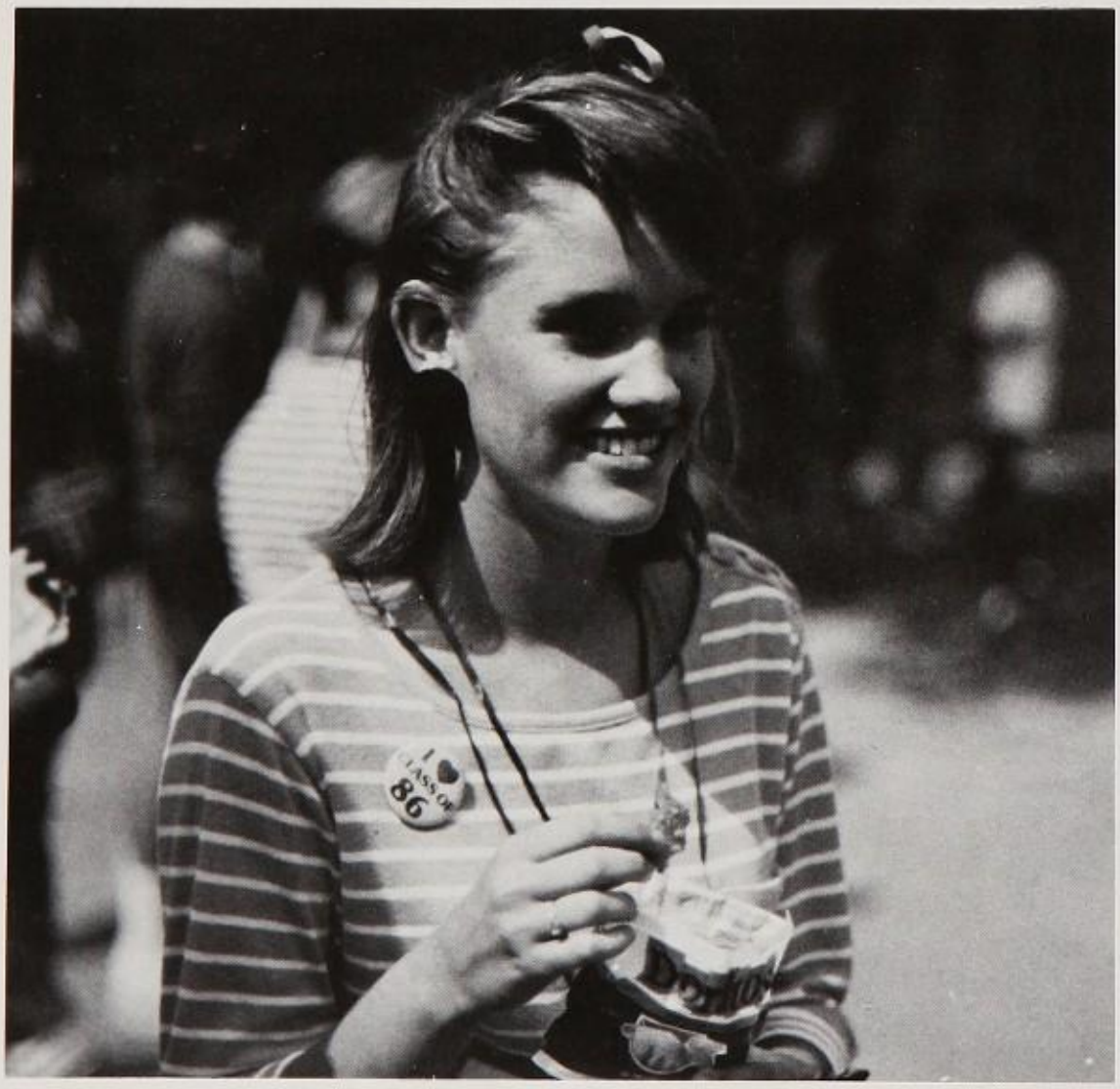
Sean Bolton
Samm Boner
Jon Borbon

Derek Bowen
Lisa Boyd
Sara Brain

Dean Broussard
Jennifer Brown

Cindy Pittsey seems quite eager to be on time to her colorguard practice. The smile on her face shows her excitement as she thinks about her upcoming parade and field show on the weekend.

Before the Homecoming assembly, L.A. Junior Bizarre members **Dana Siegel, Julie Johnson, Jackie Fineman** and **Gina Turi** excitedly discuss the upcoming football game. Junior Bizarre is one of the largest t-shirt clubs on the Los Al campus and they contribute to the spirit of the school.

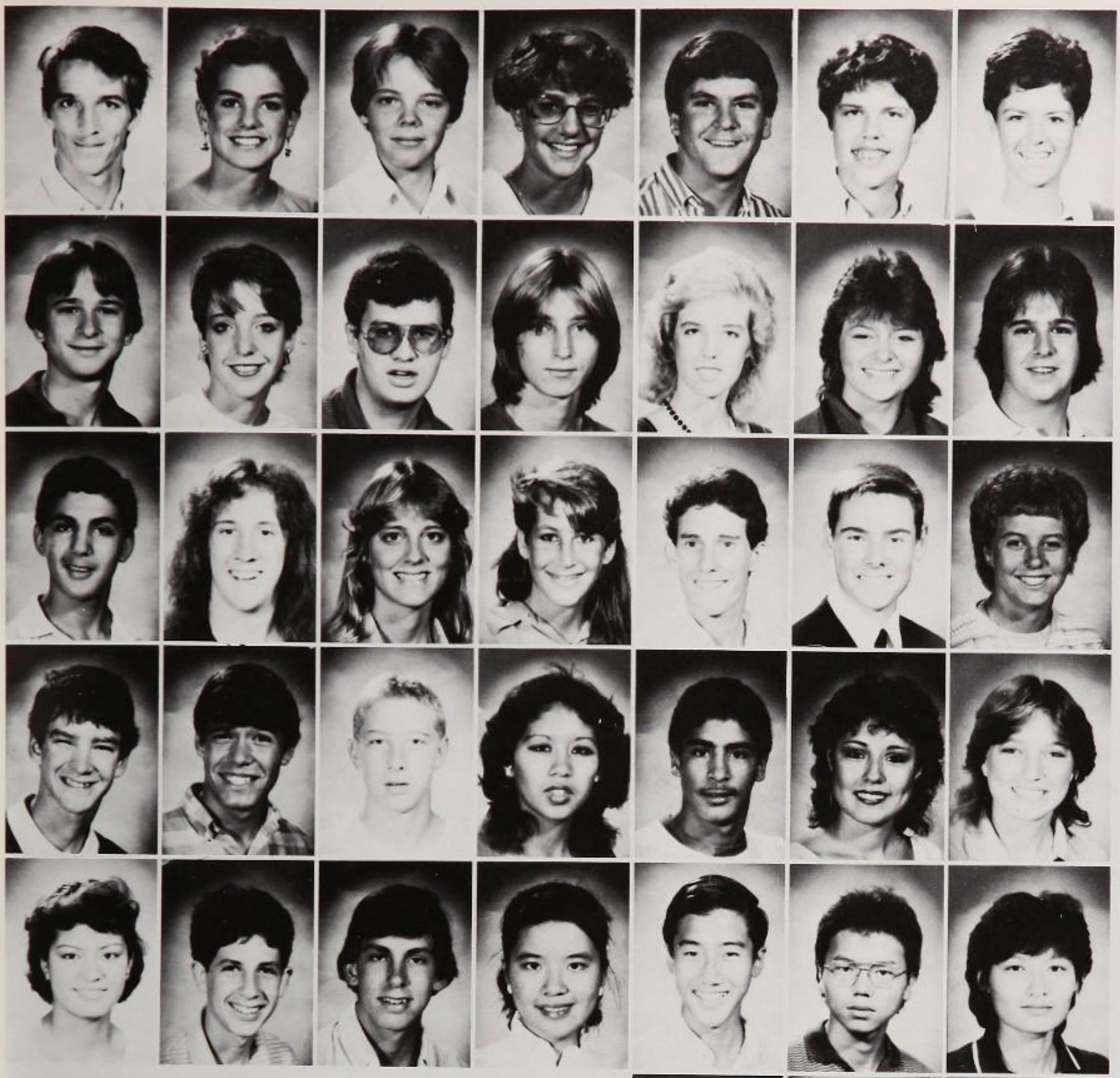


Perhaps one of the most enthusiastic juniors on Los Al's campus who knows that the meaning of spirit is involvement is **Joy Whitney.** Her sense of pride for the class of '86 seems to shine through her friendly smile and ability to be everyone's friend.

Being crowned Queen of Nerd's would normally cause a person to feel intimidated, yet **Jody Crum** acknowledges her award with pride as she parades across the stage.

"I enjoy Homecoming and formal dances"

— Lisa Kanasi



Patrick Brown
Leslie Bruce
Russell Bugge
Danell Burick
James Burns
Stacy Burris
Brooke Burtsell

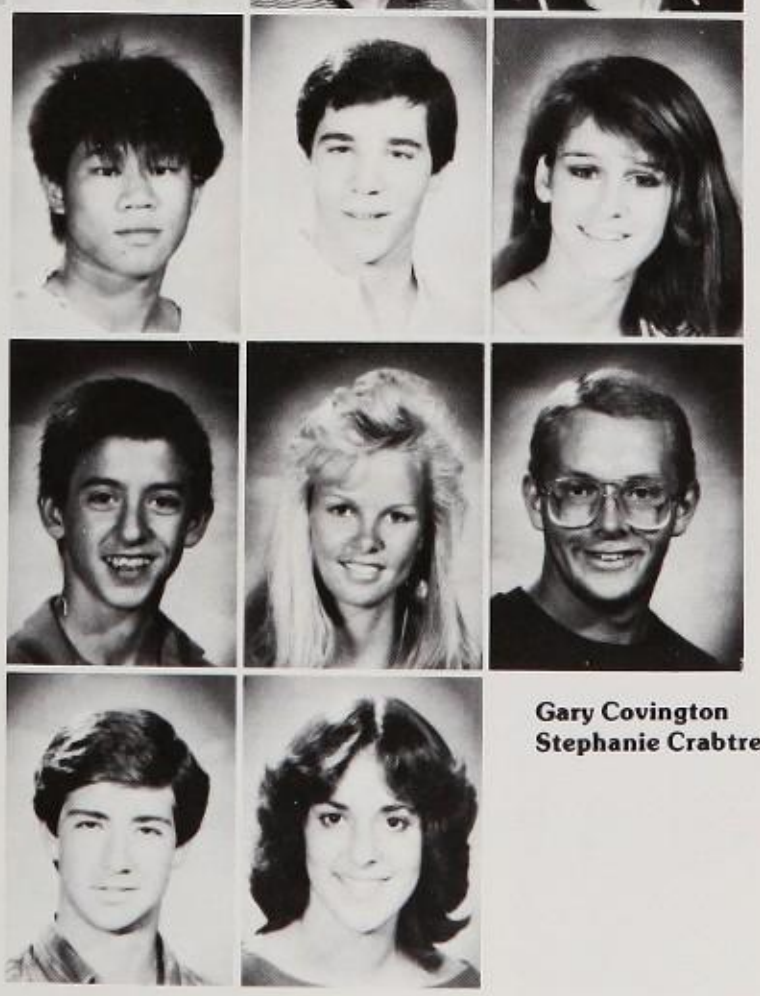
Timothy Butler
Jill Callison
Miguel Camarena
John Campbell
Julie Campbell
Kandi Campbell
Steven Campbell

Patrick Campuzano
Martin Canavan
Lavonne Canfield
Stefani Canin
Todd Carcelero
David Carlen
Shari Carll

Sean Carlson
Gregory Carson
Michael Cassidy
Euania Castillo
John Castro
Ann Marie Caudillo
Carol Cauchon

Kelly Chaides
Howard Chalawsky
Trent Charlton
Huey Ly Chen
Michael Chen
Ping Chen
Shu Chiu

Posing for the judges at lunchtime, **Lance LeCompte** demonstrates that he, too, can look ridiculous at times. Revenge of the Nerd's Day is a new activity that brings out the "real you."



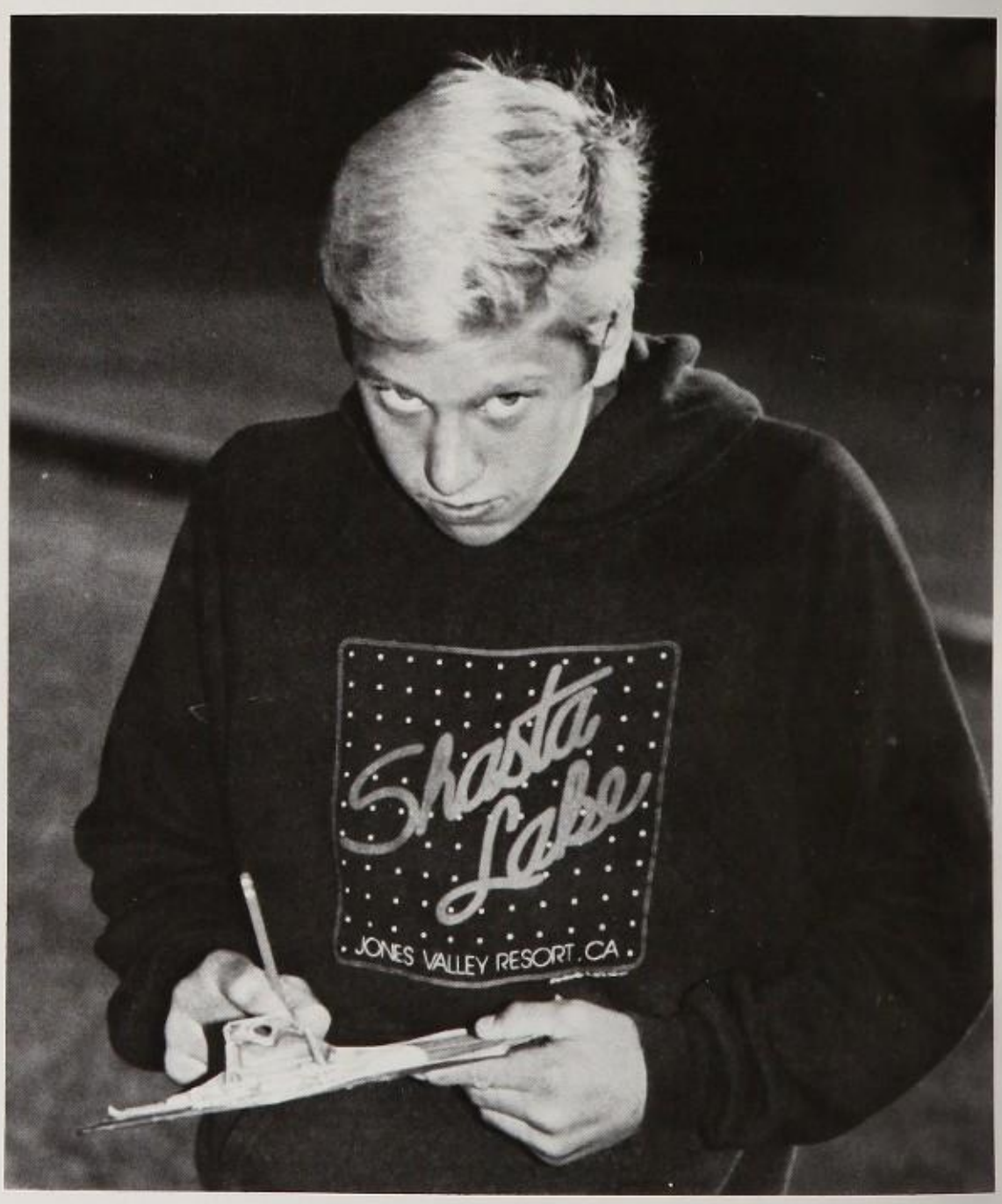
Jimmy Chou
Kenny Clark
Lisa Cimmarrusti

David Clayman
Shawn Cordes
Joe Coulter

Gary Covington
Stephanie Crabtree

Three of the most diligent juniors on the Cottonwood Staff, **Maren Kussler, Debbie Theriault,** and **Darilyn Sisemore** work hard to meet their deadlines. Besides having yearbook class, they all belong to the witty and zany L.A.'s Junior Bizarre spirit group.

When people have birthdays, it's inevitable that their friends will be around to kidnap them in the early morning. Like **Kelli Hawkins,** many students have the opportunity to flaunt their natural beauty.



Derric DuBourdieu looks up just in time to see the mighty Griffins score one more touchdown before time runs out in the game against El Dorado. Besides acting as stat-boy for our varsity football team, Derric is involved in wrestling.

"The restrooms are locked 90% of the time you have to use them!"

— Mark Bellwood

Sean Creasy
Amy Cross
Kenneth Cross
Jody Crum
Lisa Cusumano
Barrie Dafforn
Sean Daniels

Kimberly Daro
Mike Davis
Michael Dawson
Christine Dennis
Anthony Deschenes
Jim Devlin
Timothy DeYoung

Andria Dickens
Daniel Domingeuz
James Dorsey
Jeannette Dorsey
Robert Druckenmiller
Derric DuBourdieu
Don Dubry

Johnny Dunn
Jim Dupuy
Jerry Duran
Erik Duthie
Brian East
Marianna Eaton
Dave Eckles

Chris Ehler
Wayne Ellinger
John Englert
Deborah Enno
Annette Ernandes
Diane Errickson
John Espinoza

Steve Esquivel
Kaveh Esteghamat
Teri Estes

James Estrada
Tricia Everson
Suzanne Ewing

Fabiola Fajardo
Kevin Falsken
Joseph Faragi

After a lunch meeting before the homecoming game, **Robbie Katzaroff** stands tall and proud because of the school he represents. The best thing, next to scoring a touchdown, is winning another game.

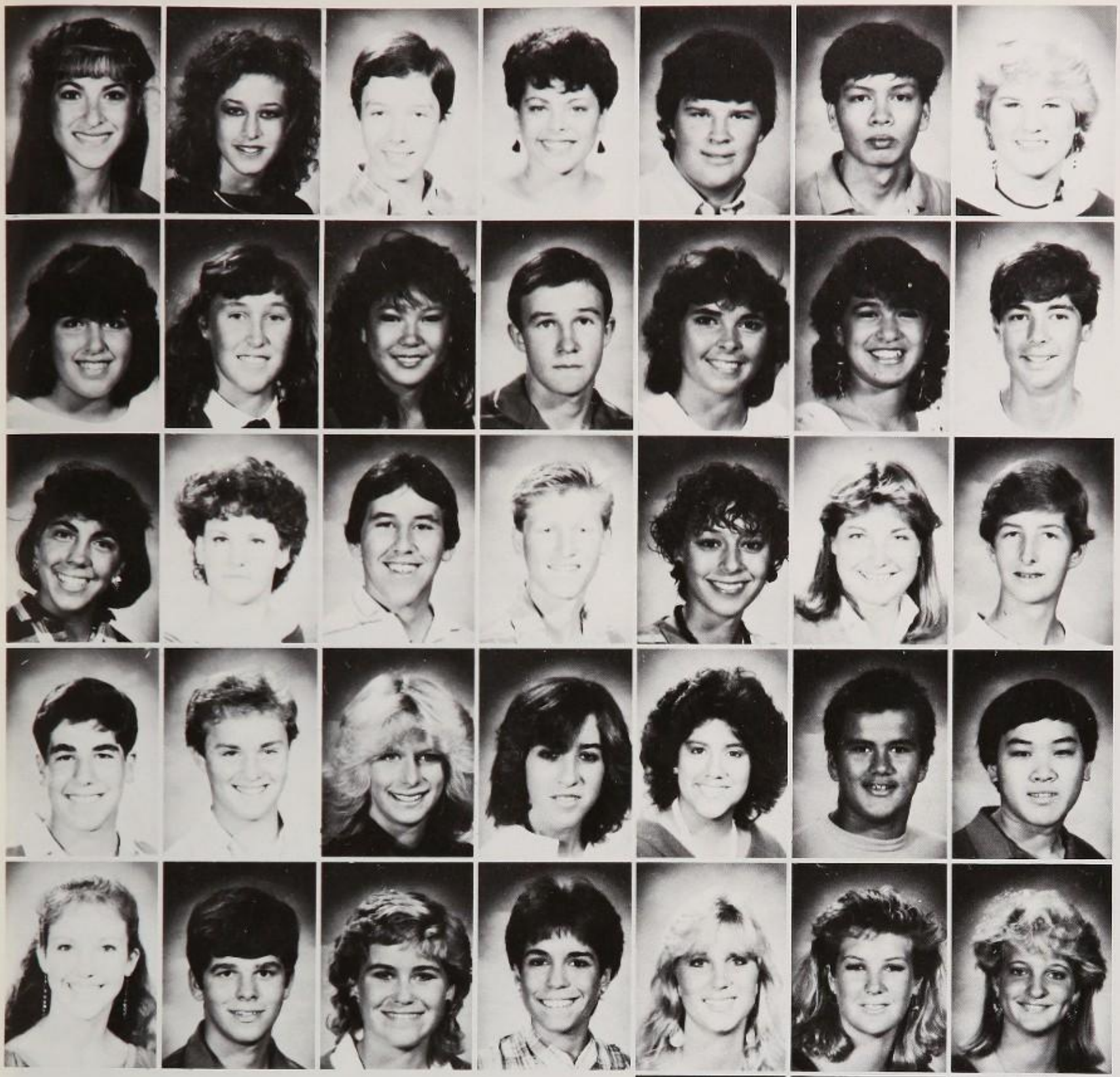
As junior **Darilyn Sisemore** puts the finishing touches on her latest composition, she also proofreads her paper for any mistakes. As one of Ms. Seymour's English students, she learns how to put to use similes and alliterations in her various writing assignments.

With **Matt McSheehy** voicing his opinion on the disadvantages of being a football player, **Lawrence Wolf** points out the good part — getting kidnapped and taken out to breakfast. **Malcolm Womack,** on the other hand, thinks about giving up acting to be a football star.

Slipping back into the good old days, **Judy Holzgang** dresses up in a tennis outfit from the first of tennis fashions. Like many spirited Griffins, dressing up on Halloween has become a ritual.

"I don't feel tardy."

— Debbie Theriault



Jacqueline Fineman
Randi Finger
Matthew Fisher
Robin Fisher
Todd Flanagan
Glen Francia
Julia Francis

Cheryl Franco
Heather Frewin
Jill Fujikawa
David Fusco
Juli Fusco
Patricia Garcia
Patrick Garcia

Rosanne Garcia
Patricia Garvey
Trevor Gaumer
Jon Geldbach
Shawn Gettler
Traci Gibson
Lester Gjetley

Aaron Glatman
Darren Glaudini
Lynnette Goin
Pam Gold
Tina Goldiano
Robert Gorden
Finlay Gow

Stephanie Graham
Christopher Gray
Heidi Gray
Julie Green
Kristen Greggersen
Cathleen Griffin
Roxanne Griffin

Ralph Grosso
Michael Grueter
Gayle Gunderson

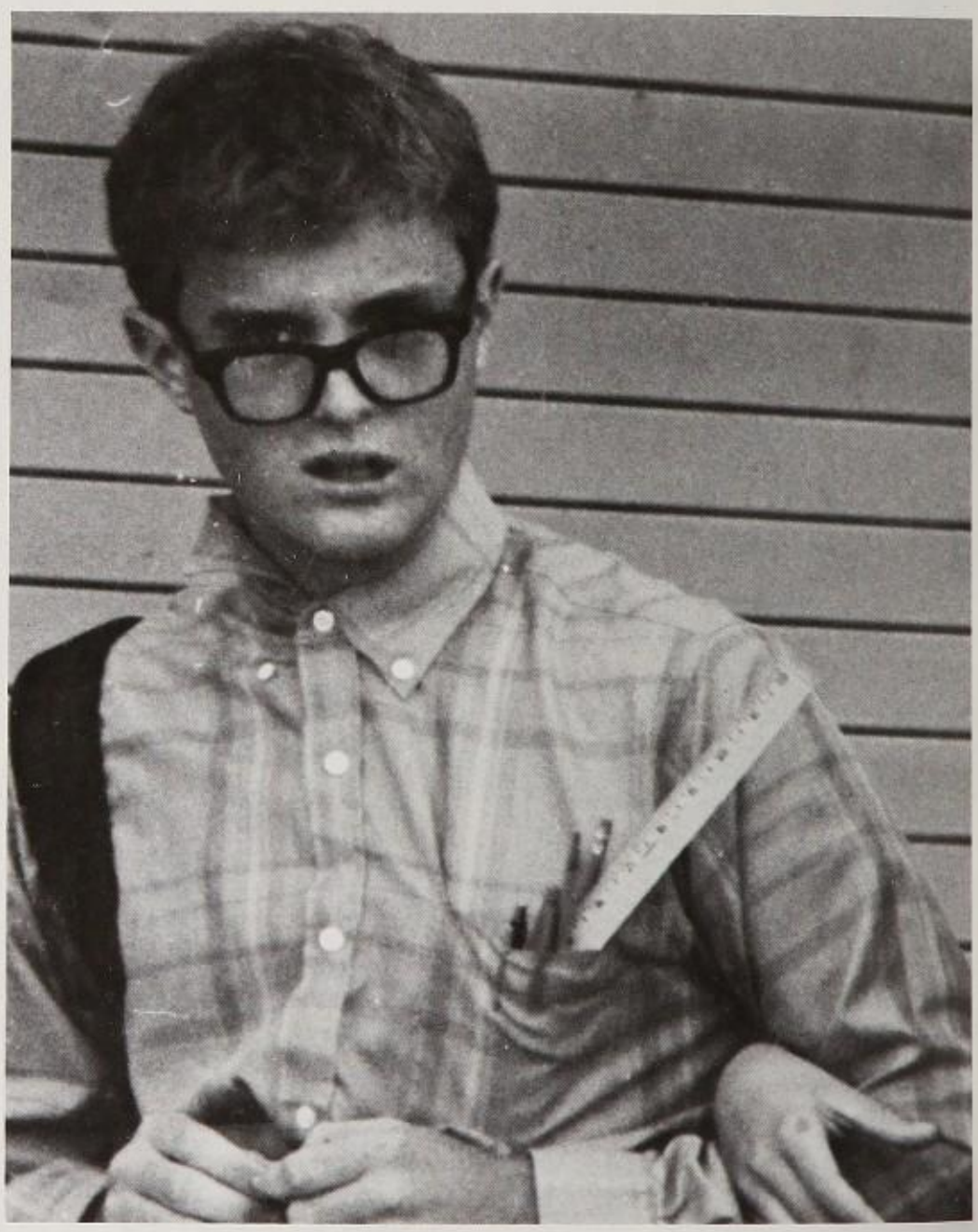
Rena Gunnerson
Shalesh Gupta
Isaac Guzman

On Halloween in pre-school assistant class, both children and students dress up to be their favorite character. Holding three year old Cassie, **Roxanne Griffin** carries her to get a surprise from the Great Pumpkin.

Always willing to help a friend, **Sheri Millar** directs a student to her first period class.

Strong friendships between men and women are plentiful on the Los Al campus. **Jason Zommick** meets his good friends **Donna Hays** and **Stephanie Pszyk** at a Griffin football game during the halftime entertainment show.

Deciding on whether or not she will enter the tug-o-war contest for the Junior class, **Julie Swanson** observes the many other Spirit Week activities.



Darren Glaudini stares into the crowd with a look of befuddlement as he is judged on Nerd Day during Spirit Week. His glasses and assortment of school supplies in his shirt pocket help him give a very convincing nerd impression.

"I'm not taller, but at least I'm older."

— Maren Kussler

Randy Hacker
Debra Hagerty
Christopher Halbert
Erik Halbig
Douglas Halpin
Tim Hamdorf
Donna Hardin

Jeff Harmon
Shahana Hassan
David Hastie
Kelli Hawkins
Tina Haycox
Donna Hays
Douglas Hein

Shanna Hemmings
Julie Herbert
Mike Hernandez
Elise Herning
Carolyn Hess
Scott Hoffman
Karen Holstein

Judy Holzgang
Robert Hood
Scott Hooker
Heather Hoppus
James Howard
Steven Howard
Albert Howe

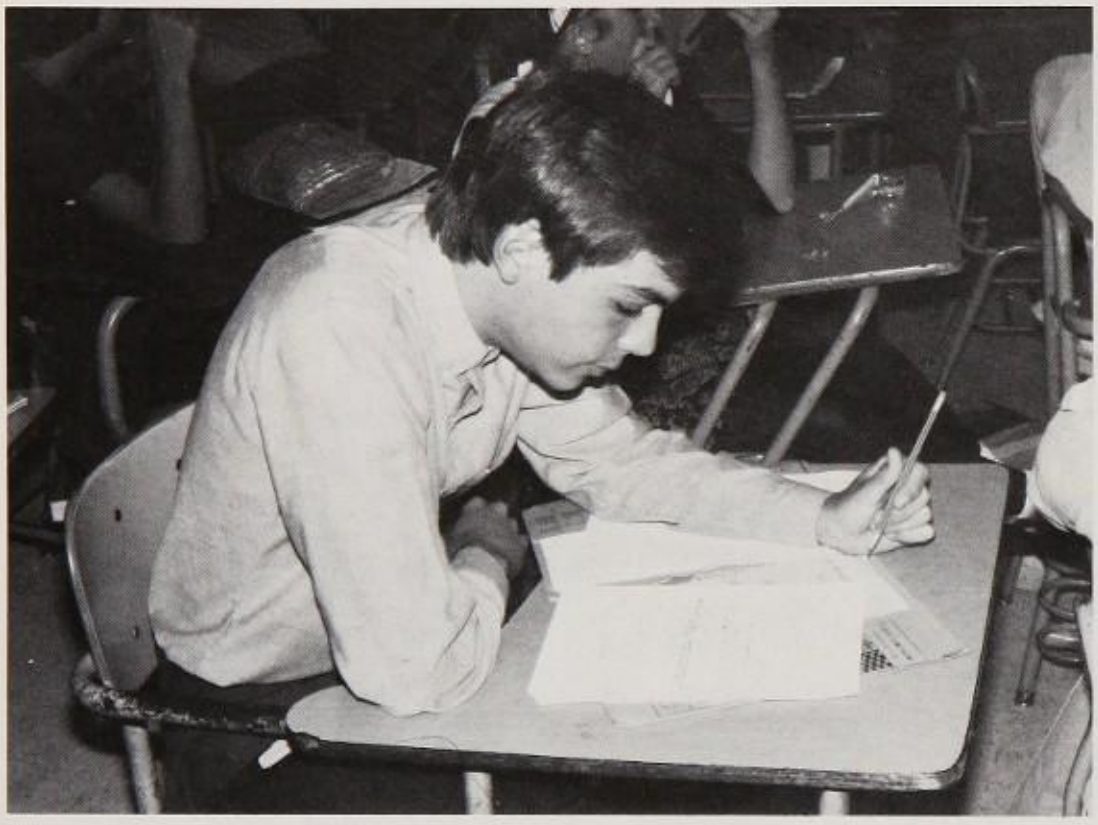
Christy Howe
John Hrbacek
Erica Huang
Michael Hudson
Darrell Huff
Paul Huff
Danita Humphrey

Rebecca Hutcheson
D'Ann Hynd
William Inman

Gary Iwakoshi
Lori Jack
Kristen Jacobson

Lisa Jacobson
Kevin Jeanotte

Glenn Reasbeck experiences a moment of excitement as he finally understands his difficult English assignment. Glenn constantly does his best to correctly complete all tests and daily homework assignments in his classes.

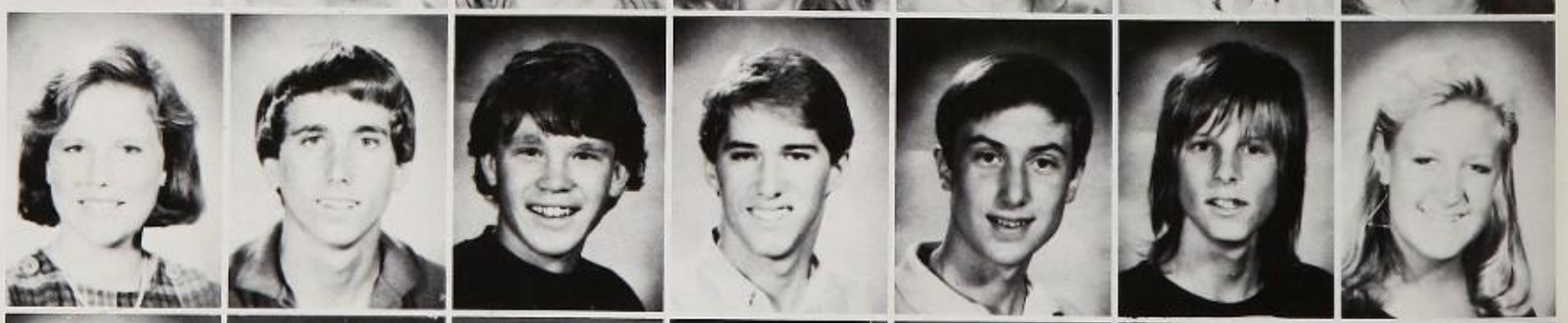


Always eager to help a friend, **Kenny Stockwell** proofreads another student's English paper. Kenny tries to point out the good as well as the bad points in the paper, which makes him an honest co-worker.

Practicing meditation like a transcendentalist, **Cathy Griffin** does not get far on her English paper because all she can think about is her upcoming U.S. history test on the Presidents of the United States.

Thad Jenkins
Victoria Jenkins
Catherine Jenner
Kristen Jensen
Cynthia Johnson
Deron Johnson
Julie Johnson

Kristen Johnson
Mark Johnston
Jeffrey Jones
Ray Jordan
John Jost
Darrin Jury
Lisa Kanasi



Glen Kaneko
Lisa Kaplan
Robbie Katzaroff
Colleen Kay
Patrick Kearney
Julie Keen
Chris Kefalas

"Freedom begins at 2:40!"

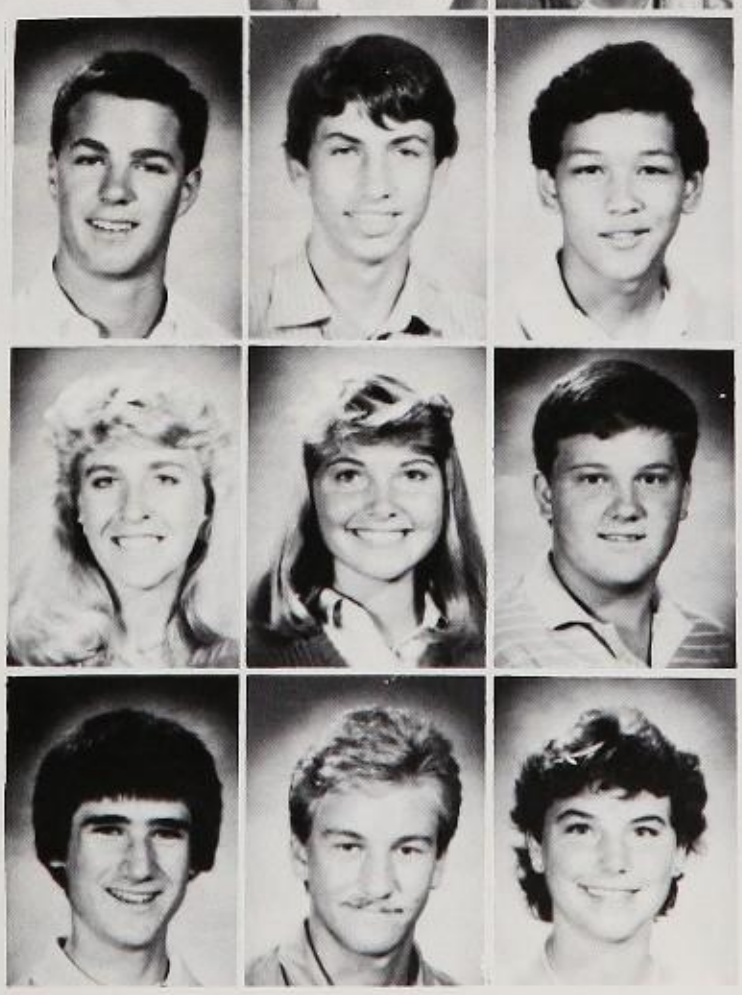
— Andrea Barrows

Hearing her name being announced over the loudspeaker, **Cathy Poe** rushes to invite her classmate **Suzi Pray** to ride with her in the limo. Cathy is the lucky holder of the winning raffle ticket for a limousine ride to and from the Homecoming Game.

Kristin Kelder
Cari Keleman
Shana Kellman
James Ken
Danielle Kennaugh
Shan Kenner

Stuart Keplar
Laurel Kergan
George Kerns
Amy Kiikka
Jamie King
Marcia Kingsbury
Sean Knego

As junior **Maureen Montroy** sets up to return the serve, she is reminded that it is game point. To move on to the CIF playoffs, she must use strategy to overpower her competitor.



Keith Knittle
Scott Kolster
Evan Kunst

Maren Kussler
Kerry Kyle
Tim LaMance

David Lamb
George Lambrakis
Elisa Langsam

In deep concentration, **Mark Bellwood** conceives the idea of a perfect score on his history test. For Mark, a perfect score would be the answer to all of his problems.

Catching up on her missed homework assignments, junior **Sabrina Thomas** questions friends around her about new formulas and procedures.

With pen in hand and bubble gum in mouth, baseball star **Jon Prussel** proves to be well prepared for Mr. Shelton's U.S. history class. Jon knows that he must maintain a strong GPA.

After locating the power button, computer whiz **Karyn Maestas** is ready, willing, and able to start on her first computer print out. Many students enter the computer classes for a lead to the future.

"I am expecting a nervous breakdown."

— Lara Listavich

Paul Lansky
Michelle Lanza
Sandra Larson
Devin Last
Diane Lawrence
Lance LeCompte
Gerard LeDoux

Janet Lee
Robert Lee
Robert Lee
Marc LeGros
Lori Leverich
Michele Levitt
Kam Lewis

Karen Lewis
William Libby
Adam Lief
Jana Lifshin
Geoffrey Lindell
Lara Listavich
Gary Loe

Sheryl Long
Randy Losey
David Lyle
Susan Lynsky
Michelle Lytch
Joseph Machnik
Marisa Macris

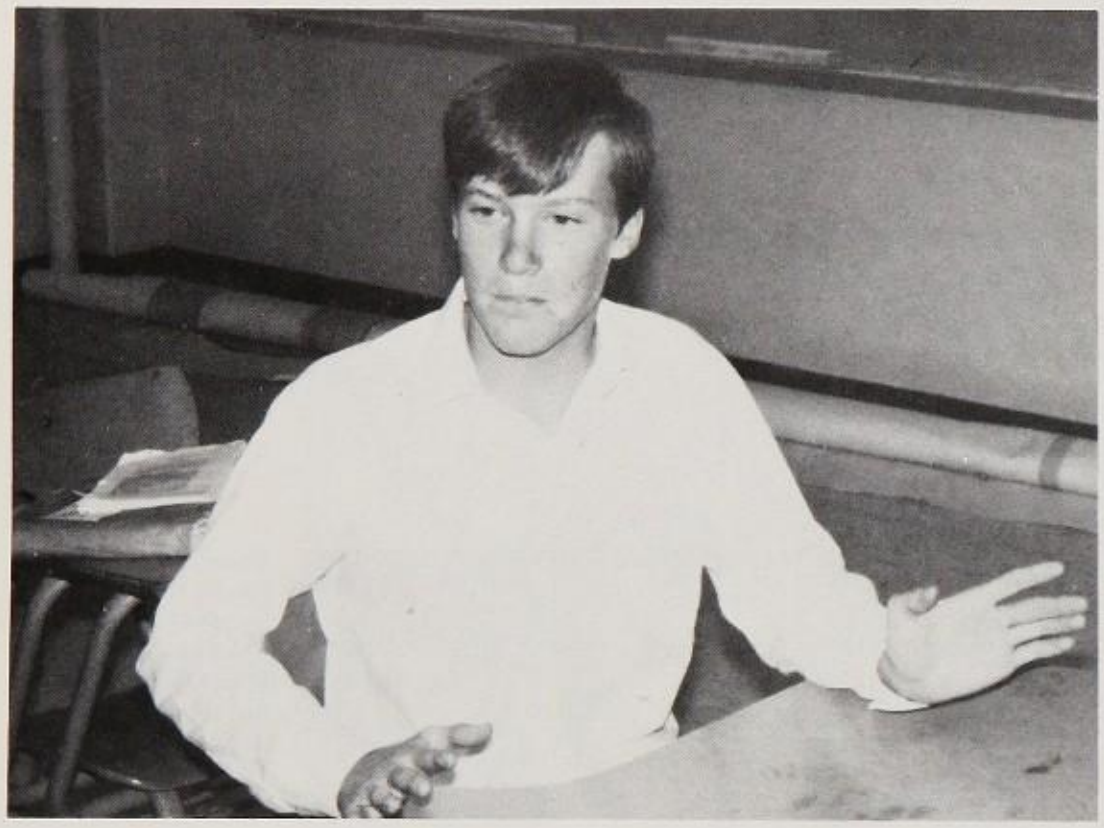
Karyn Maestas
Mark Magana
Michael Maggard
Thida Mahasucon
Meri Malohn
Steven Mansfield
Paul Mansinon

Robert Marcus
Nick Marrick
Janine Martin

Kimberly Martin
Melissa Martin
Christina Martinez

Michael Martinis
Jan Maulhardt

Listening intently to a lecture on trial balances by Mrs. Grubb, **Gene Blackmun** learns that his debits must equal his credits. In the accounting classes offered, students learn to handle money with great respect.



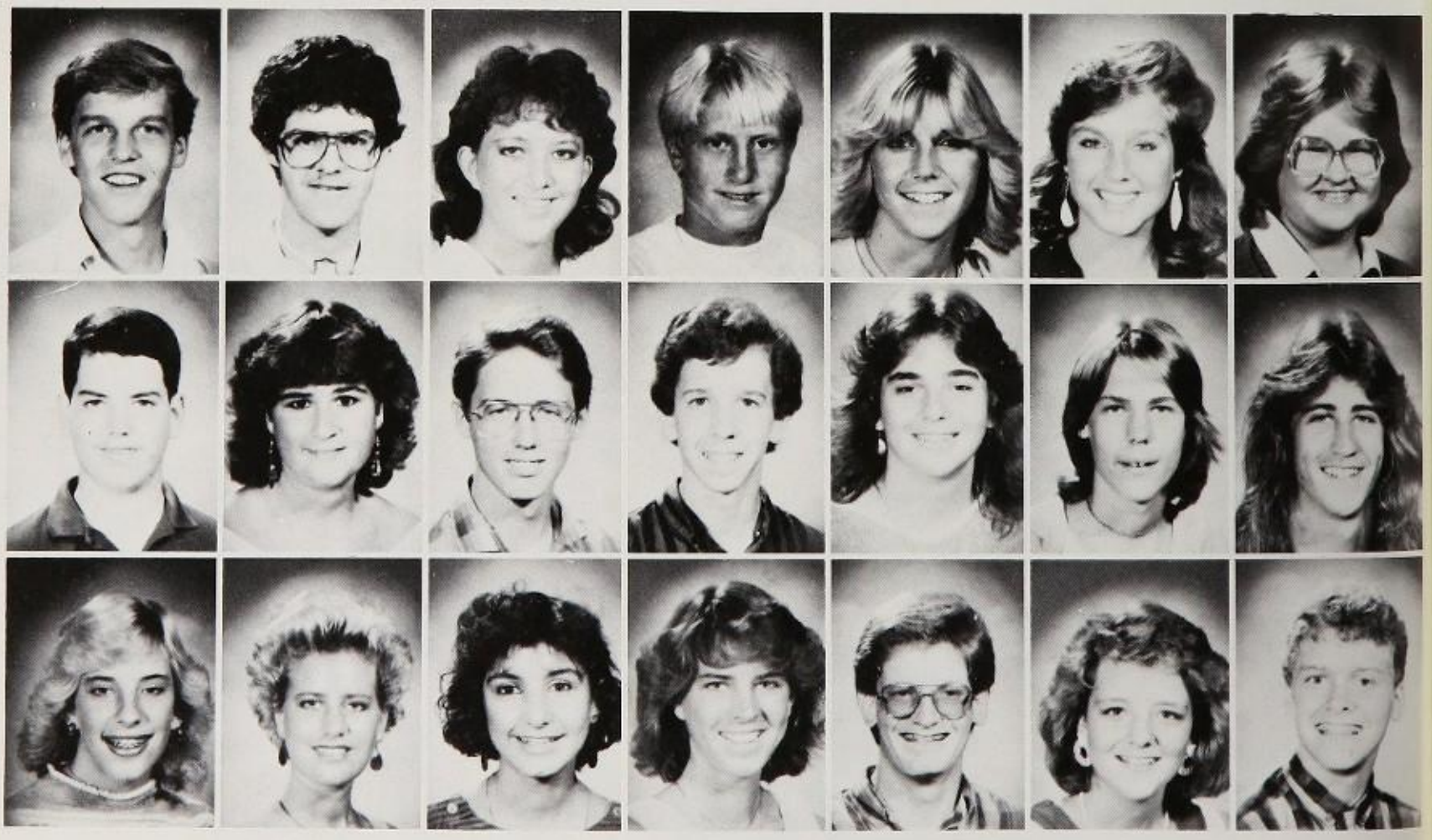
As talented junior **Lawrence Wolf** goes over his lines for his latest monlogue in Mrs. Trujillo's drama class, he catches himself reciting the wrong line. Lawrence, who aspires to a career in drama, finds that his other love, football, creates a conflicting schedule.

Before any of her friends can catch her, **Tracy Stowell** attempts to sneak away quietly to the snack bar and beat the halftime crowds. As a member of the Junior Aristocats, Tracy spends many hours rooting on our awesome Griffins.

Decker McAllister
Redginal McCall
Mary McCartney
Matt McGann
Patricia McGlathery
Debra McIntyre
Terry McKinney

Andrew McMahon
Joni McPharlin
Matthew McSheehy
Renee Menard
Michael Menear
David Metzger

Roseann Milburn
Sheri Millar
Kim Mirsoltani
Anne Mock
Brian Molles
Maureen Montroy
Donald Moore



"I learned a lot about 'wildlife'!"

— Philip Macy

It has always been said that a treasured friendship comes with honesty and constructive criticism. **Debbie McIntyre** proves this as she proofreads and corrects **Bobby Leff's** mistakes before he hands his paper in.

Mike Moore
Michelle Morford
Richard Morgan
Cynthia Morin
James Morris
Eddie Moss
Steve Mucciaro

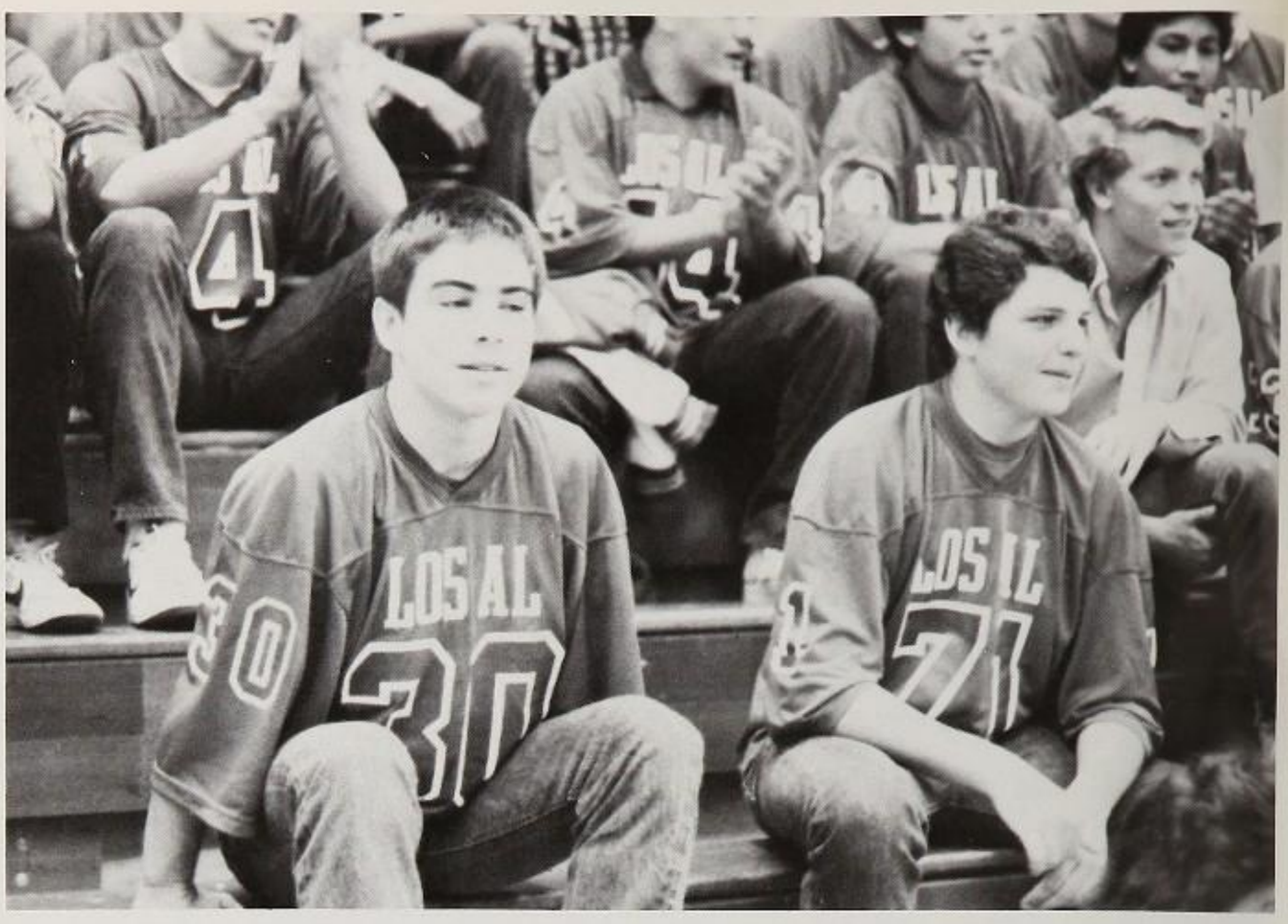
Missy Munsterman
Karen Murray
Laura Murray
Diane Myers
Timothy O'Donnel
Sheri Ohlrich
Bradley Olin

Tommy Olszewski
Daniel Orme
Wendy Orr

Veronica Orrick
David Orvis
Phillip Ottone

Jeff Overstreet
Naomi Nafarrete
Deborah Namm

Drummer **John Simundza** tries to keep warm at the Loara football game. With the help of Hawaiian shirts, drum rolls, pookie bears, and the other drummers, they contribute to the spirit of the Griffins.



Varsity football members become enthused, as Los Al's spirit squads cheer on the starting line. **Derrick Napoles,** #30, gazes at the activities being performed. Pep assemblies not only fill the students with vitality, as they also bring hope, strength, and pride to the players for their upcoming game.

The crowning of Los Al's homecoming queen is a very exciting time for **Naomi Nafarrete** because of her role as an escort. She looks on with anticipation as the name of Homecoming Queen is announced before the crowd.

Celebrating after a Griffin victory, senior **Kim Diehl** and junior **Jody Crum** take time out to share a friendly hug. Their enthusiasm and spirit aids the Griffins in working together to achieve their many triumphs.

"I'm looking for a 4.0 and a 'little fun'!"

— Timothy Butter

Derrick Napoles
Robert Napoles
Carmine Napolitano
Carla Newlin
Cheri Nichols
Thomas Nockold
Kent Nordstrom

John Page
Randolph Paine
Aaron Palagruti
Linda Palmer
Jeannie Park
Todd Paulos
Kathleen Pellegrino

Glen Perryman
Brooks Peters
Rhonda Peterson
Timmy Pettigrew
Jennifer Phillips
Michael Pilatos
Kristin Pipal

Cindy Pittsey
Cathy Poe
Tommy Poe
Shannon Polacek
Stephen Porras
Kathy Pound
Richard Powers

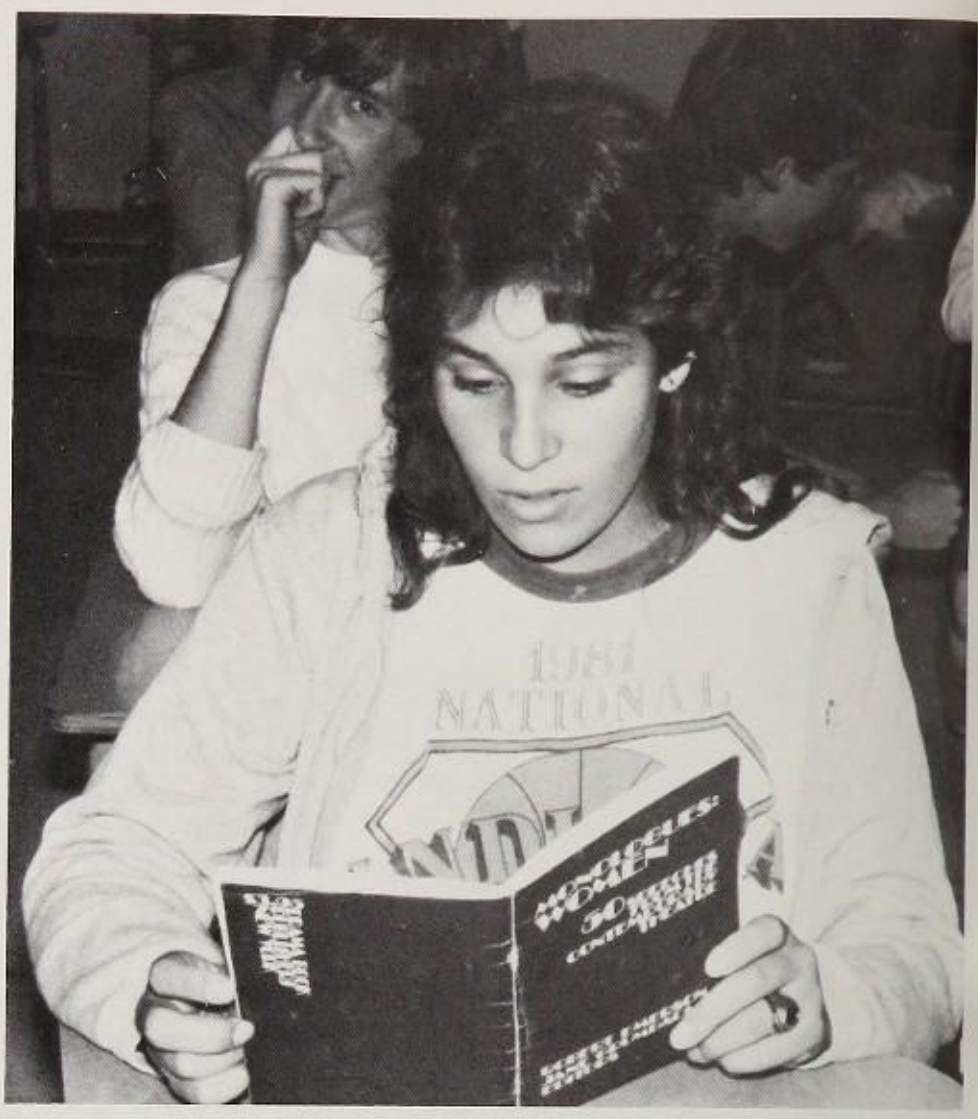
Suzann Pray
Jonathan Prussel
Stephanie Pszyk
Angela Puhl
Scott Raber
Mike Rahban
Nena Rathke

Debra Rattner
Bradley Rawls
Glenn Reasbeck

Carolyn Reason
Ashley C. Reekes
James Reich

Brenda Reidy
Larry Reinking
Andrew Remnet

As a member of the Junior Aristocats, a spirit club at Los Al, **Carole Shane** and her fellow Aristocats take part by sharing their spirit and pride at a Griffin game. **Traci Trombino** cheers for a friend on the field.



Since reading is an essential part of drama, **Michelle Lanza** concentrates on **Monologues: Women.** Memorizing is an important technique for all budding actresses.

Italian foreign exchange student, **Alesia Rusticali,** is fascinated with the American tradition of gum chewing. **Heather Hoppus,** a songleader as well as a friend, helps Alesia with her English writing. Obviously, teenagers socialize the same way all around the world.

"When the going gets tough, the smart ones go to the beach!"

— Darilyn Sisemore

Brian Reno
Dina Reyes
Greg Reynolds
Robert Rhyu
Oscar Ribadeneira
Robin Risling
Rachelle Rodriguez

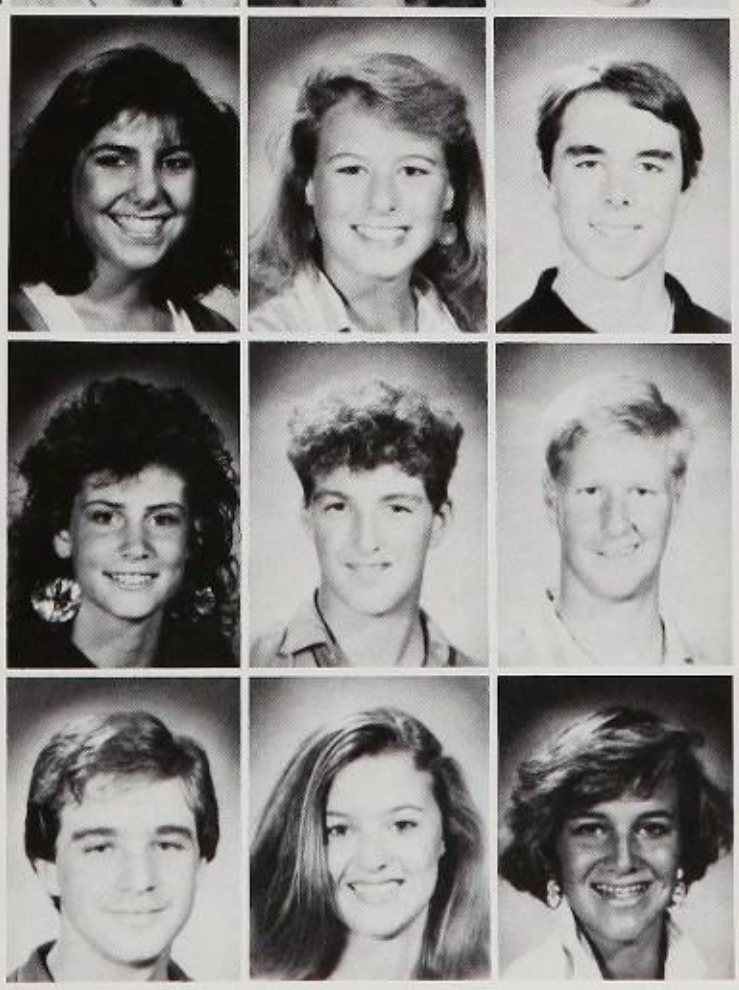
Kevin Roe
Steven Rogers
Yvette Rojas
Carla Rosenfeld
Kevin Rothery
Hillary Routt
Samuel Rudolph

Ana Ruiz
Tom Sanders
Kurt Sava
Anne Sawyer
Scott Saxon
Michelle Sayers
Andrew Scheiner

Greg Schenk
Mark Schmitz
Wendy Schwantes
Michelle Scott
Shareen Scott
Melanie Seasholtz
Bradley Seligman

William Shackelford
Michelle Shahon
Carole Shane
Kelley Shifflett
Jason Shook
Kathryn Sickel
Scott Sickler

Practicing at Indian Dunes for an upcoming Motocross Club competition at corona, **Scott Hoffman** makes a death defying jump. Risky business is what cycling is all about; that is why one must wear safety gear.



Dana Siegel
Cathy Siler
Chester Silvers

Stacey Simonds
John Simundza
Barry Sinclair

Joel Singer
Julietta Sipprelle
Darilyn Sisemore

L.A.U.G.H.S.: Front Row — Mr. Issacs **Second Row** — Jodai Saremi, Diana Cheng, Jennifer Phillips, Tam Ta, Devora Binder, Marisa Macris, Andria Dickens, Janet Lee **Third Row** — Devin Last, Kathy Chen, Mike Chen, Holly Vineyard, Kelley Shifflett, Danita Humphrey, Ivy Chou

Supreme Court Members: Front Row — Stacee Foster, Stacy Stephens, Shari Carll **Second Row** — Michelle Lytch, Rhonda Peterson, Marcia Kingsbury **Third Row** — Lara Listavich, Michele Levitt, Sally Howes, Teri Estes

L.A.'s Junior Bizarre: Front Row: Donna Hardin, Darilyn Sisemore, Debbie Sittler, Dana Siegel, Gina Turi, Cindy Pittsey, Andrea Barrows, Mr. Lung, Maren Kussler, Wendy Orr, Debbie McIntyre, Melanie Wood **Second Row** — Kathy Pound, Vicki Jenkins, Jody Crum, Suzann Pray, Jackie Fineman, Shawn Cordes, Lisa Pinkerton, Ingrid Brain, Maureen Montroy, Julie Johnson, Shanna Hemmings, Lisa Kanasi, Debbie Theriault, Shana Kellman.

"I never realized how small I must have looked when I was a freshman!"

— Sabrina Thomas

Deborah Sittler
Kristin Skeeber
Brian Smith
Darren Smith
William Smith
Jack Snow

Tim Snow
David Sohn
Douglas Sparkes
Janan Springer
Tania Stahl
Amy Staley
Heidi Stauch

Scott Steinberger
Ann Sterling
Tracy Sternin
Tina Stevens
Eric St. Martin
Kenneth Stockwell
Michelle Stoll

Tracy Stowell
Deborah Straub
Lance Stumpf
Lori Sullinger
Gillian Sullivan
Michael Summers
Steven Swagel

Julie Swanson
Thomas Sylvia
Athanasia Syrengelas
Konstantino Syrengelas
Thanh Ta
Michael Tamares
Chris Theodore

Deborah Theriault
Brian Thomas
Sabrina Thomas

Sabrina Tifrit
Todd Tischler
Gene Tomlinson

Mike Torquato
Marc Trachtman
Robert Trice

L.A. Underworld: Front Row: David Sohn, Malcolm Womack, Michael Bernstein, Chris Vesper, Scott Raber, Wim Libby, John Espinoza **Second Row:** Ralph Opacic, Darrin Glaudini, Mark Magana, Steve Swagel, Brooks Peters, Joey Grosso, Carmine Napolitano, Mark Wolfe, Tug LeCompte, George Lambrakis

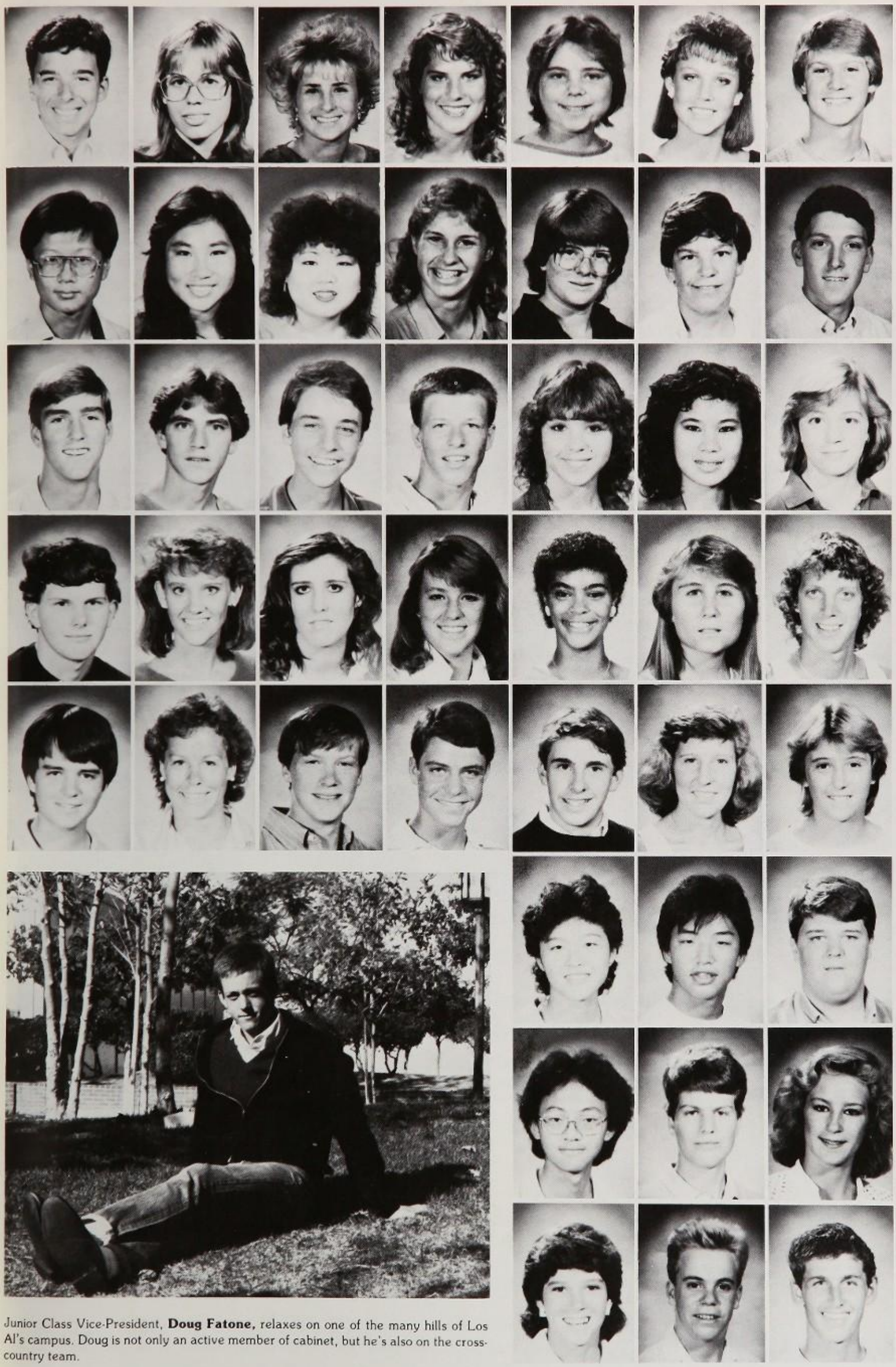
Not only is **David Sohn** the talented artist of the yearbook, he is also the Junior Class President. With Junior Class Vice-President **Doug Fatone** at his side, David always does his job in very creative ways.

Always smiling with enthusiasm, **Brooke Burtsell** radiates happiness as she goes about her duties. She is in charge of Community and Student Services and is also a member of the Mock Trial Team.

Member of the Varsity Cheer squad, **Suzann Pray** is also the A.S.B. Treasurer. She is in charge of raising money and signing all A.S.B. checks. The Junior Class is responsible for raising money for the Junior-Senior Prom.

"School Spirit" could be her middle name. **Judy Holzgang** is one of the most spirited students at Los Al. As Publicity Co-Chairman and Junior Aristocats member, Judy always gets involved.

Traci Trombino
Richard Truett
Mylinh Truong
Gina Turi
Karen Twiford
Dennis Van Dusen
William Vera



Christian Vesper
Holly Vineyard
Theresa Viska
Brenda Voorting
Ingrid Vycius
Dana Wadleigh
Robert Walker

Gary Wang
Grace Wang
Nancy Wang
Paula Wasikowski
Diane Watson
Bradley Weaver
Michael Webb

James Weber
Joel Weiss
Mike Wellington
Michael Welsh
Nicole Welsh
Noreen Wenjen
Natalie Wenz

Michael Wheeler
Joy Whitney
Deborah Wieseler
Stacy Wilford
Maria Williams
Michelle Williams
David Wilson

Peter Wilson
Kathryn Woitovich
Lawrence Wolfe
Mark Wolf
Malcolm Womack
Melanie Wood
Cathy Woods

Dorothy Wu
Stuart Yeh
Craig Yockey

Roger Yoh
John York
Kristen Zendt

Carolyn Zerwick
Christian Ziegler
Jason Zommick

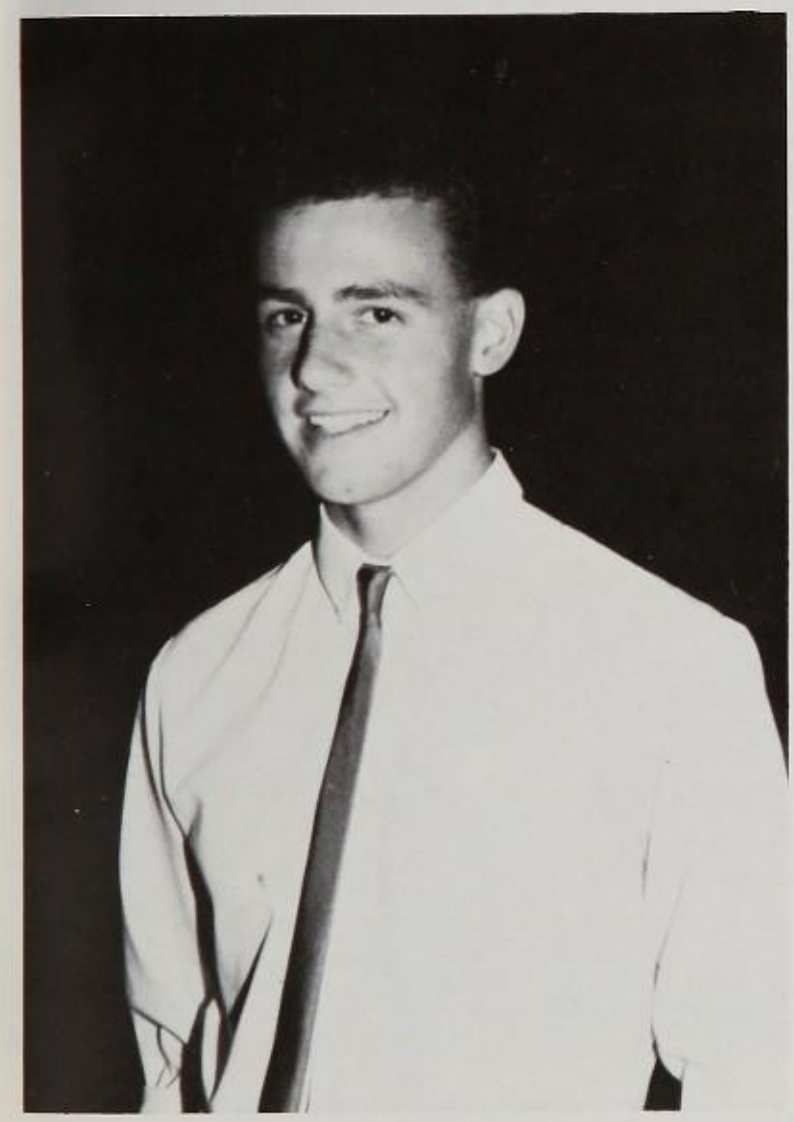
Junior Class Vice-President, **Doug Fatone,** relaxes on one of the many hills of Los Al's campus. Doug is not only an active member of cabinet, but he's also on the cross-country team.

JOURNEYMEN

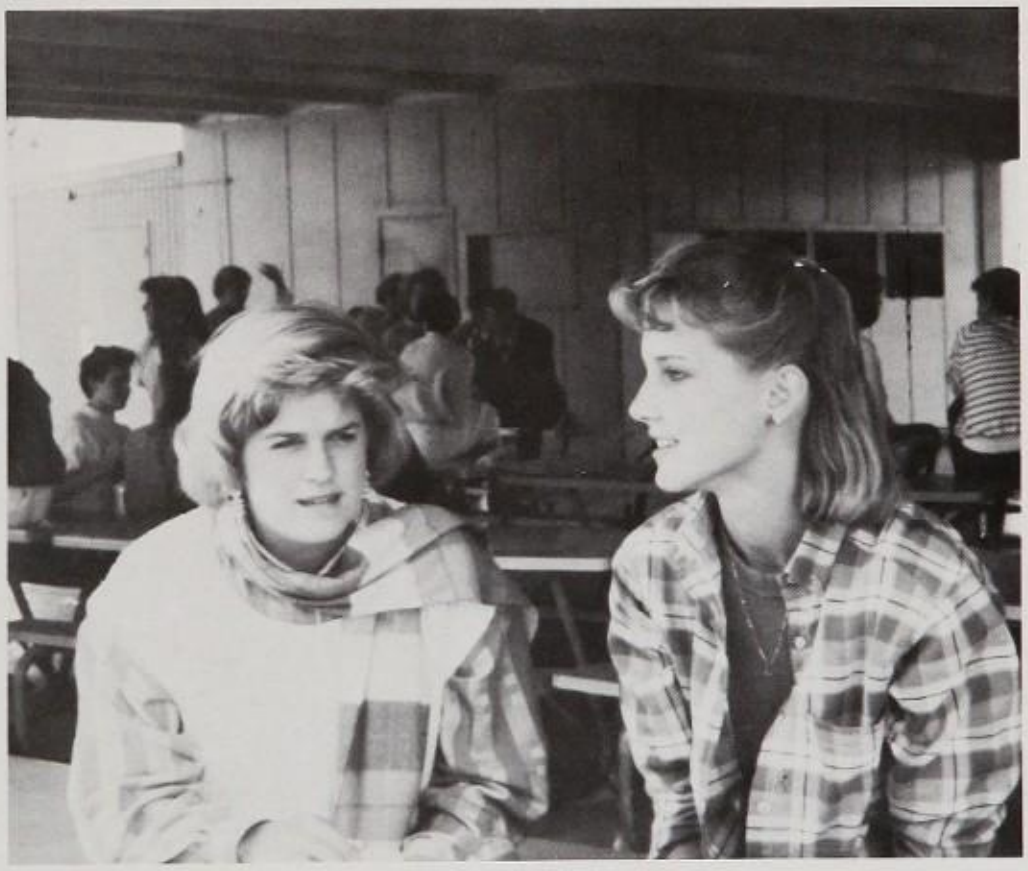
At a football game, **Stacy Speights** wears a sweatshirt imprinted with one of the most popular rages of the season, the teddy bear.

Flower child **Deedee Fiebert** tells her friends **Farah Snyder** and **Walt Kaminski** to stop and look as she points out the tug-of-war going on behind the MPC. The lunchtime activity for **Hippie Day** inspired several students to conduct a peace rally against such violent action.

In the sophomore year Drivers' Education and Training are automatically placed on students' schedules. In order to take the "Lab," each person must pass the eye test given at registration. **Nick Gianformaggio** and **Rick Helms** place a card over one eye and read the wall chart to the nurses.



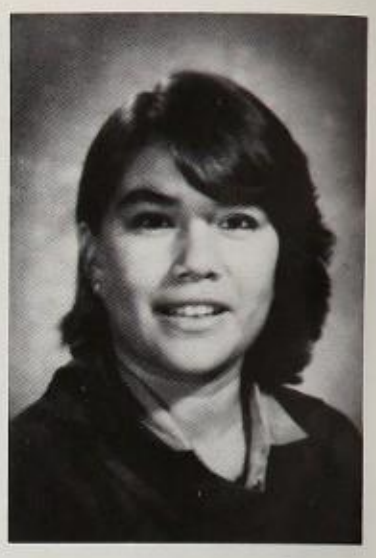
Looking very dapper, **Brian Hastie** smiles as he heads toward the floor of the Homecoming Dance. He intends to impress the girls with stories of soccer game heroics.



Cottonwood staff member **Julie Jones** and her friend **Ilona Sendro** join the social life of the cafeteria at lunch. Both are members of the Sophomores Screw-ups, who are noted for shirts that are not school colors.

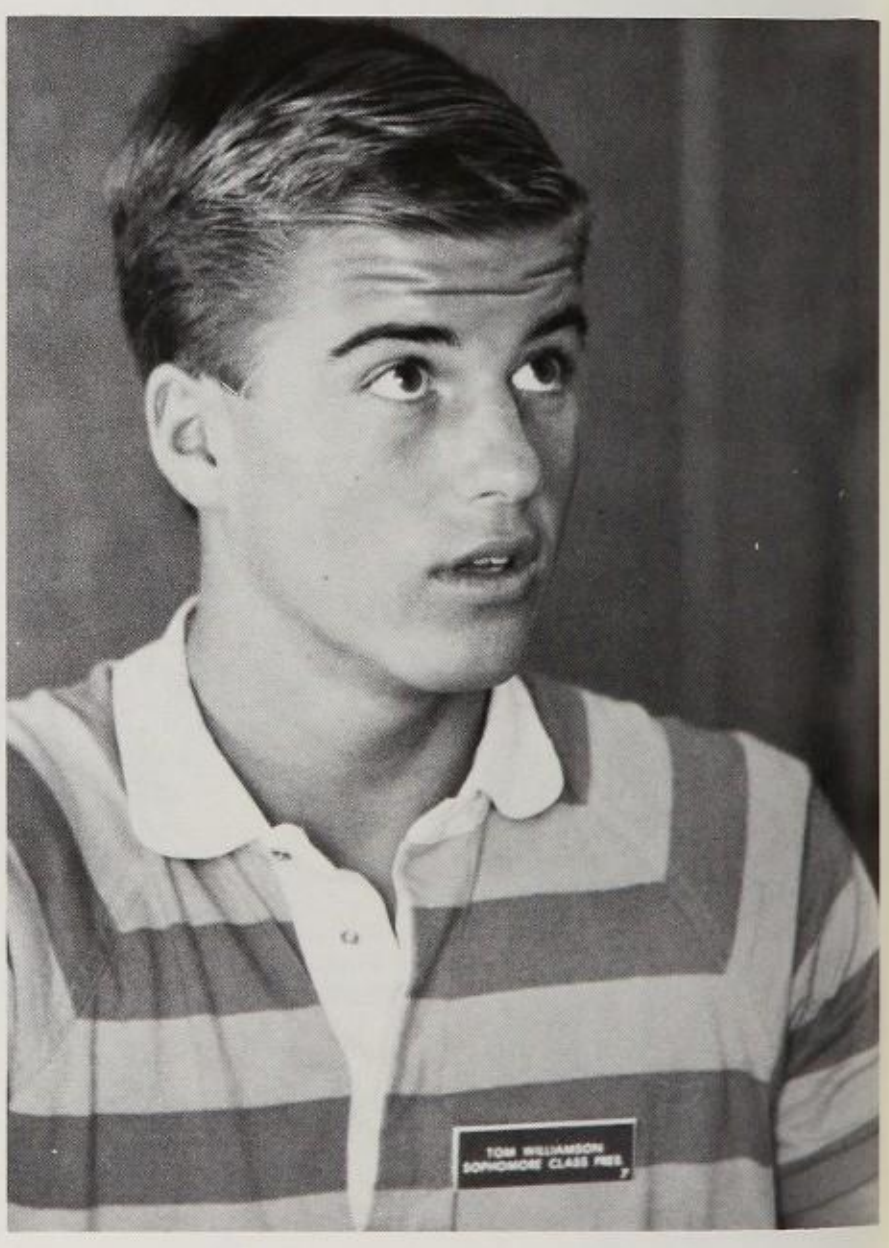
Melissa Acosta passed away on October 7, 1984 at the age of 15. She was loved by all who knew her and, like her family, we feel the pain of her passing. But we will all remember her glowing face, that special smile and most of all her love for her friends. We'll remember, too, the laughs, the good jokes, the good times. Melissa will be missed greatly by the sophomore class, yet she will always live in our hearts and minds.

The Class of '87

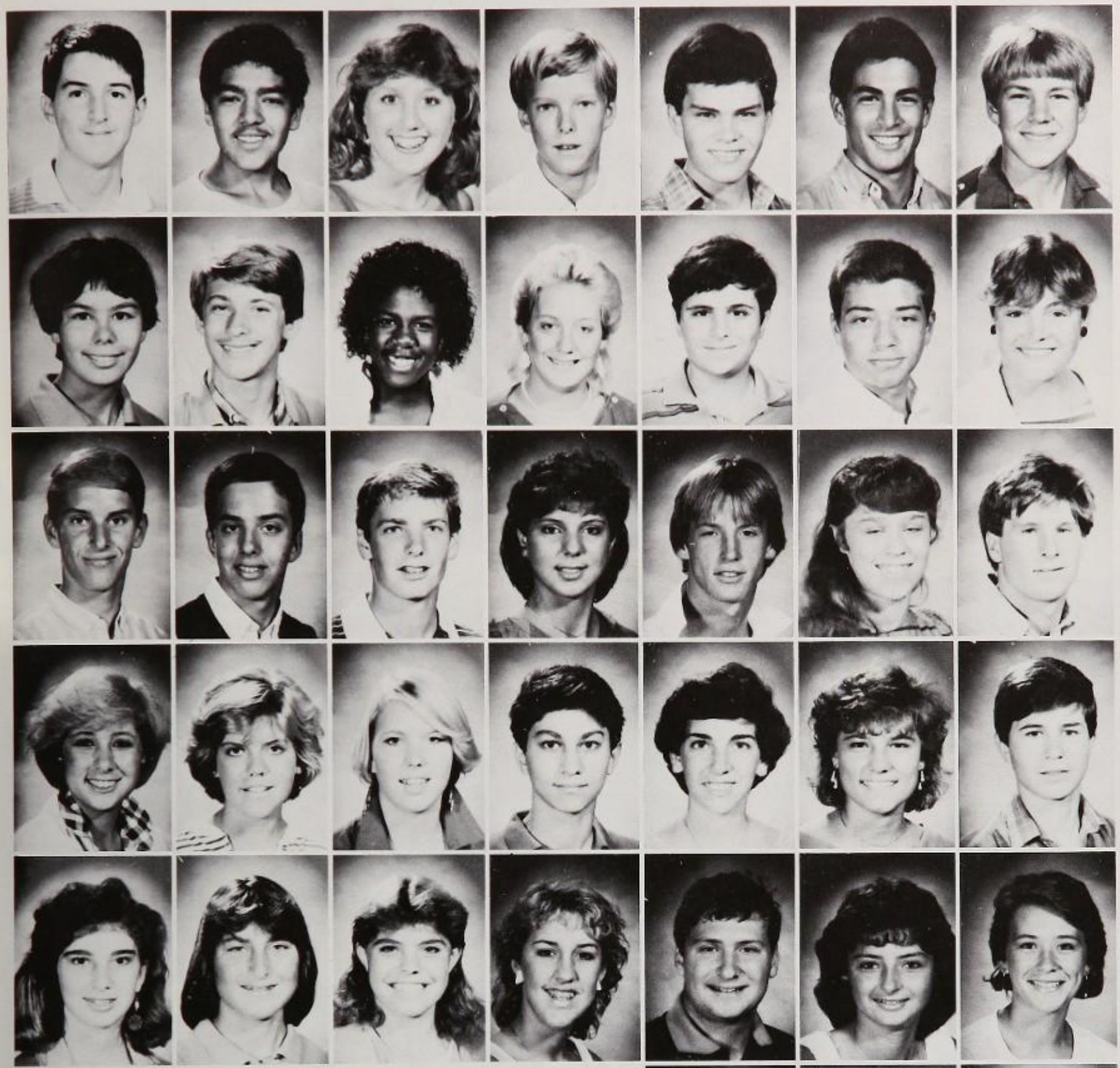


Melissa Acosta
1969-1984

Sophomore Vice-President — Christina Welter



Sophomore Class President — Tommy Williamson



Stanley Abrams
Walter Acosta
Kelly Agosta
Danny Allard
Edward Allen
David Alvarez
Daniel Anderson

Joelle Anisman
Daniel Lee Archuleta
Pamela Armstead
Lynne Arnold
Levone Arslanian
Charles Ashley
Nicole Atkinson

Craig Austin
Chris Avery
Mike Baker
Sophia Baron
Glenn Barrett
Jennifer Batey
Robert Beardmore

Cinnamon Becker
Juliet Bedell
Kathy Bell
Payman Bidari
Jannis Billon
Shana Binder
Keith Bird

Michelle Birdsall
Mara Bloom
Deanna Blythe
Lisa Boardman
Robert Book
Beatrix Bourdy
Laura Bowden

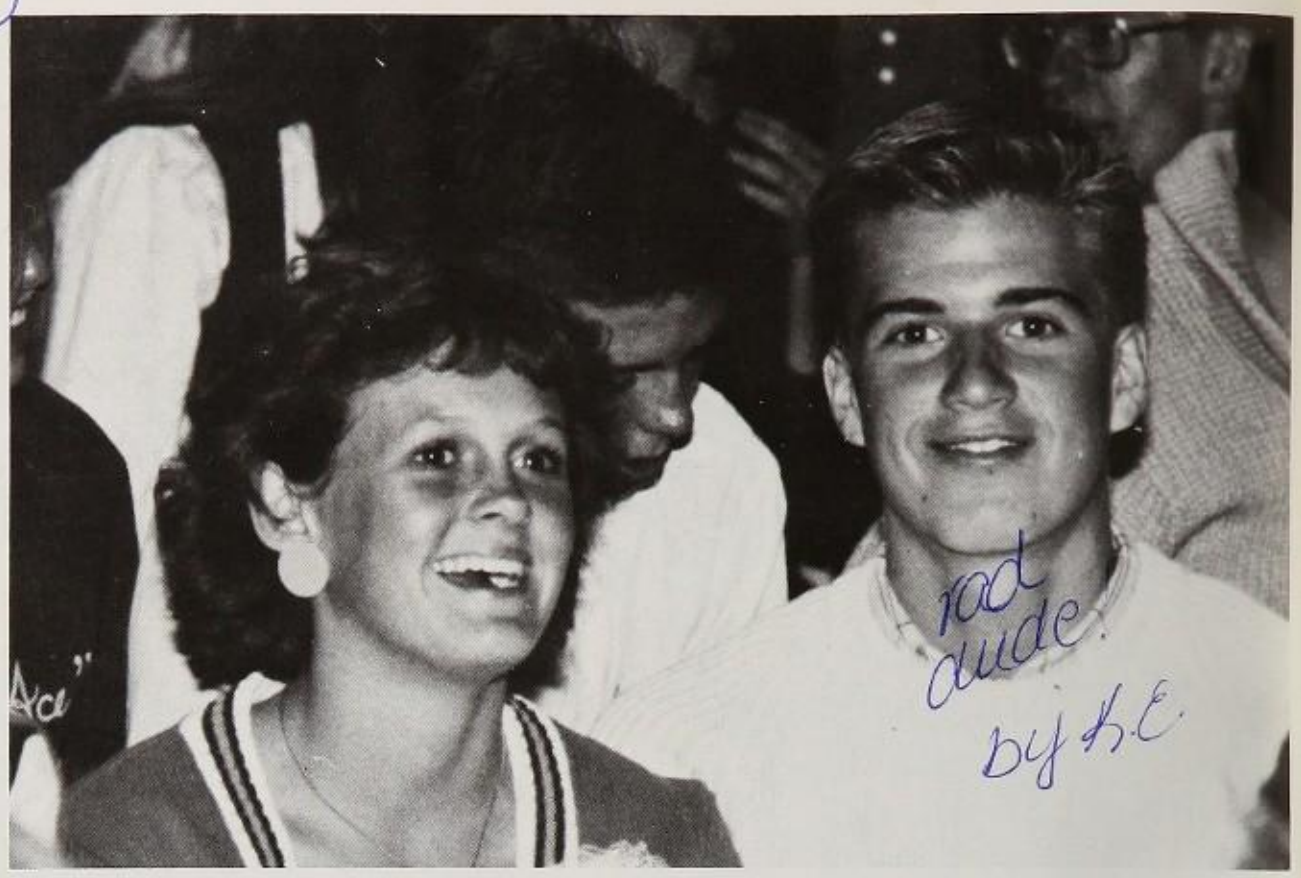
Ingrid Lynn Brain
Robert Brantner
Cameron Briggs

Kenton Brooks
Blake Brown
Marc Brown

Marcus Brown
Richard Browne
Shannon Bruce

School dances give the students a chance to be with their friends for a few hours and enjoy themselves. **Jenny Emmert, Kimberly Harrison,** and **Cynthia Gordon** wait patiently for the perfect guys to dance with.

Holly,
Its been great knowing you. Best of luck in the future.
C. Lynn
E.



Sophomores **Ann Marie Hagmann** and **Tommy Williamson** enjoy the 1984 Homecoming Game. Tommy, Sophomore Class President and Ann Marie, a member of the Junior-Varsity Cheerleaders, are typical of the All-American students at Los Al.

At the Los Alamitos vs. St. Anthony Varsity Football game, **Brian Hastie,** a member of the soccer team, finally gets to the front of the snack bar line, to buy a few candy bars for his friends. Brian finds snickers, "Really satisfying."

Showing her spirit, **Debbie Klein** looks onto the football field making sure not to miss any exciting plays mades by the Varsity Football Team.

"When I came back this year I felt I was back home."

— Tanya Cohen

Paul Bunch
Ann Buonocore
Jenni Buys
Shelli Byrd
Michele Calderon
Kelly Callaway
Maria Camerena

Rudy Cano
Ruben Capote
George Cappawana
Anne Caraisco
Nydia Carbajal
Angela Carlsson
Alexander Carpenter

Joseph Carpentier
Erica Carrol
Julian Carrol
Erin Carter
Thomas Caruso
Staci Cash
John Caudillo

Alison Chafe
Shelly Chandler
Wei-How Chang
Doug Chapman
Doug Chapman
Adrianne Chavez
Gail Chekouras

Anna Chen
Katherine Chen
Diana Cheng
Candice Chesebro
Hui-Chun Chiu
Lisa Chow
Janice Clairmont

Nancy Clark
Lynne Clissold
Chris Codik

Tanya Cohen
Michael Cole
David Combs

Dawnielle Congiardo
Allison Cook
Julie Coontz

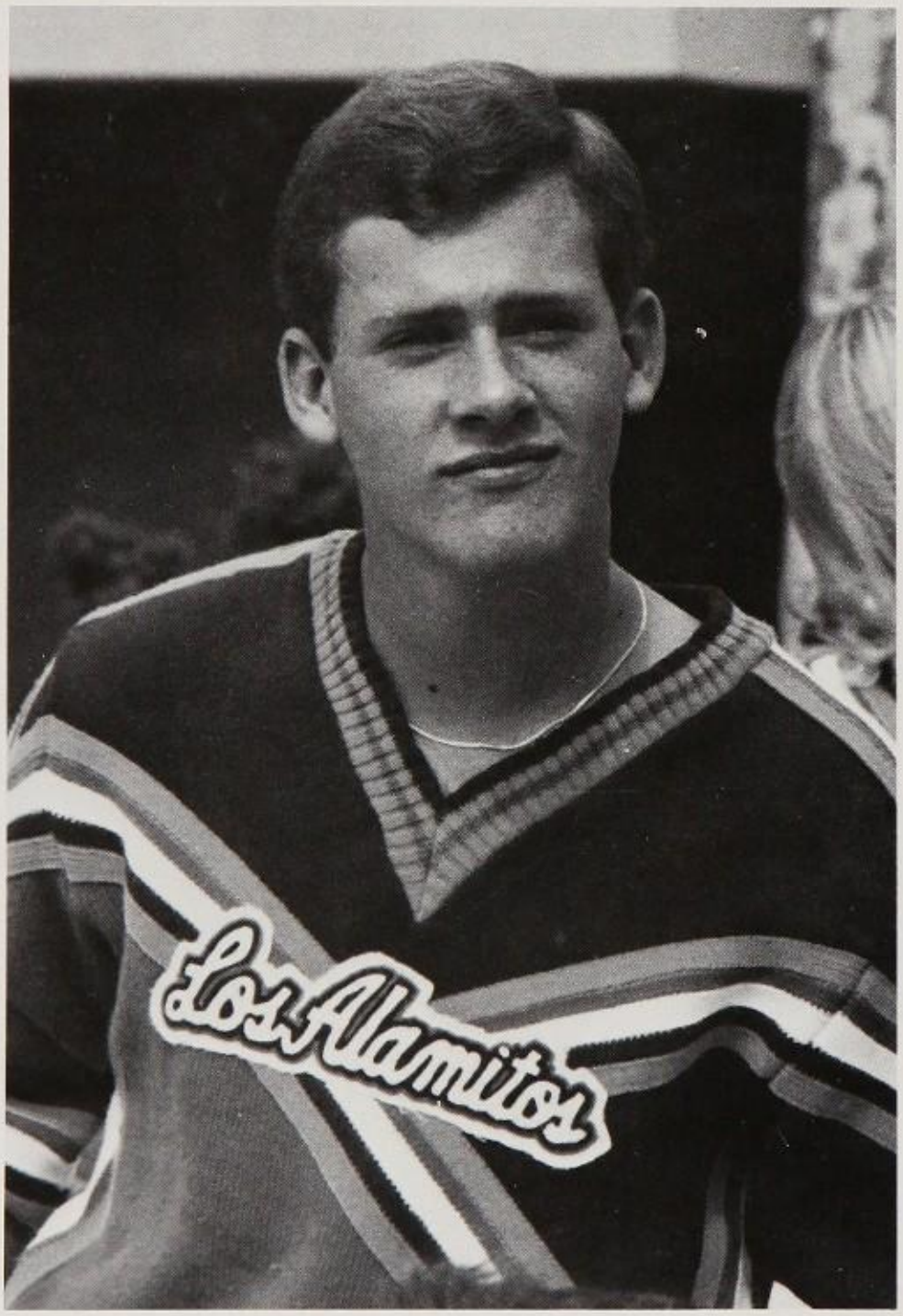
Brett Miner and **Mike Damato** help spread our school spirit by participating on "Nerd Day" held during Spirit Week. Brett and Mike are dressed perfectly and both deserve an "A" for the day.

Dolby. You are your you have been a real great friend and and helped me through some hard times and I really apreciate that I'm sure we have three great years of fun ahead for us and I wish you all the luck in soccer.

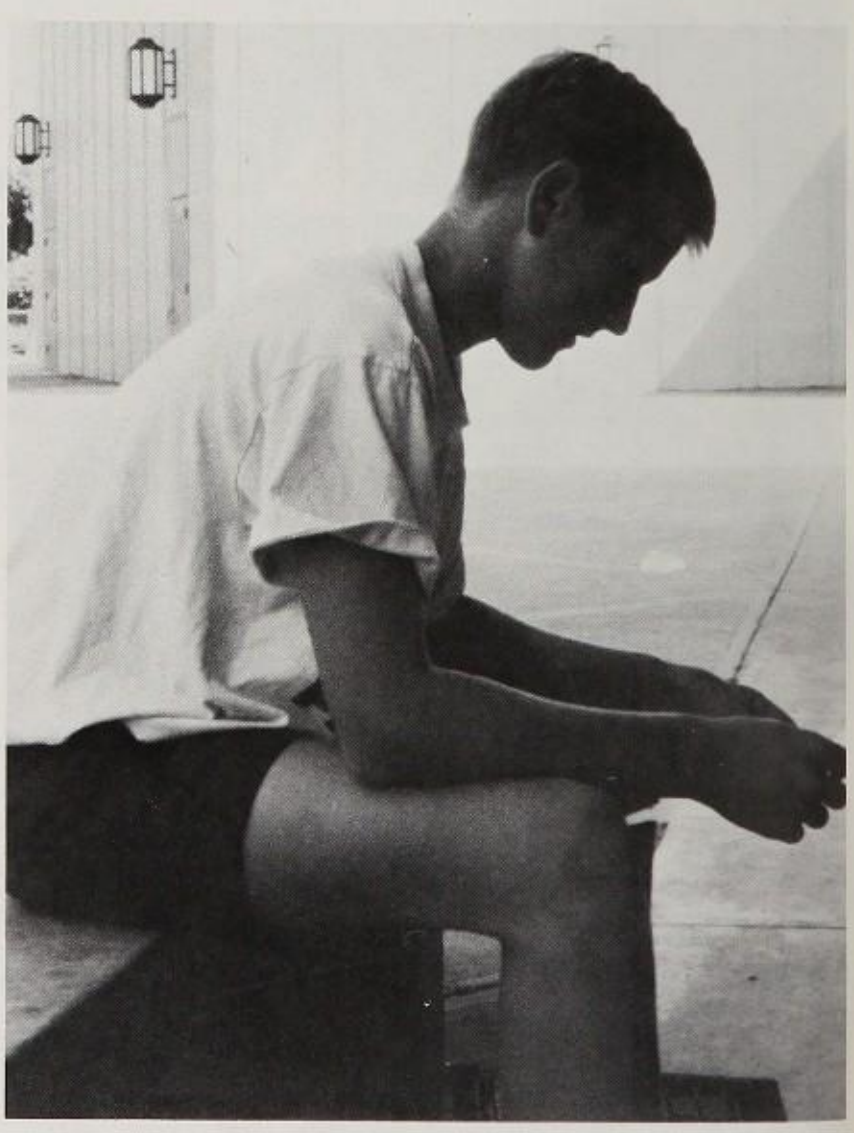
Love ya lots,

Bobby Juenger '87

When the times are tough, a friend's hug and smiling face will surely cheer anyone up. **Denise Kaneko** and **Kim Rodefeld** show the friendship they share with each other on campus.



Varsity Yell Leader, **Eric Murray** pauses during a vigorous practice for the upcoming national competition in Florida.

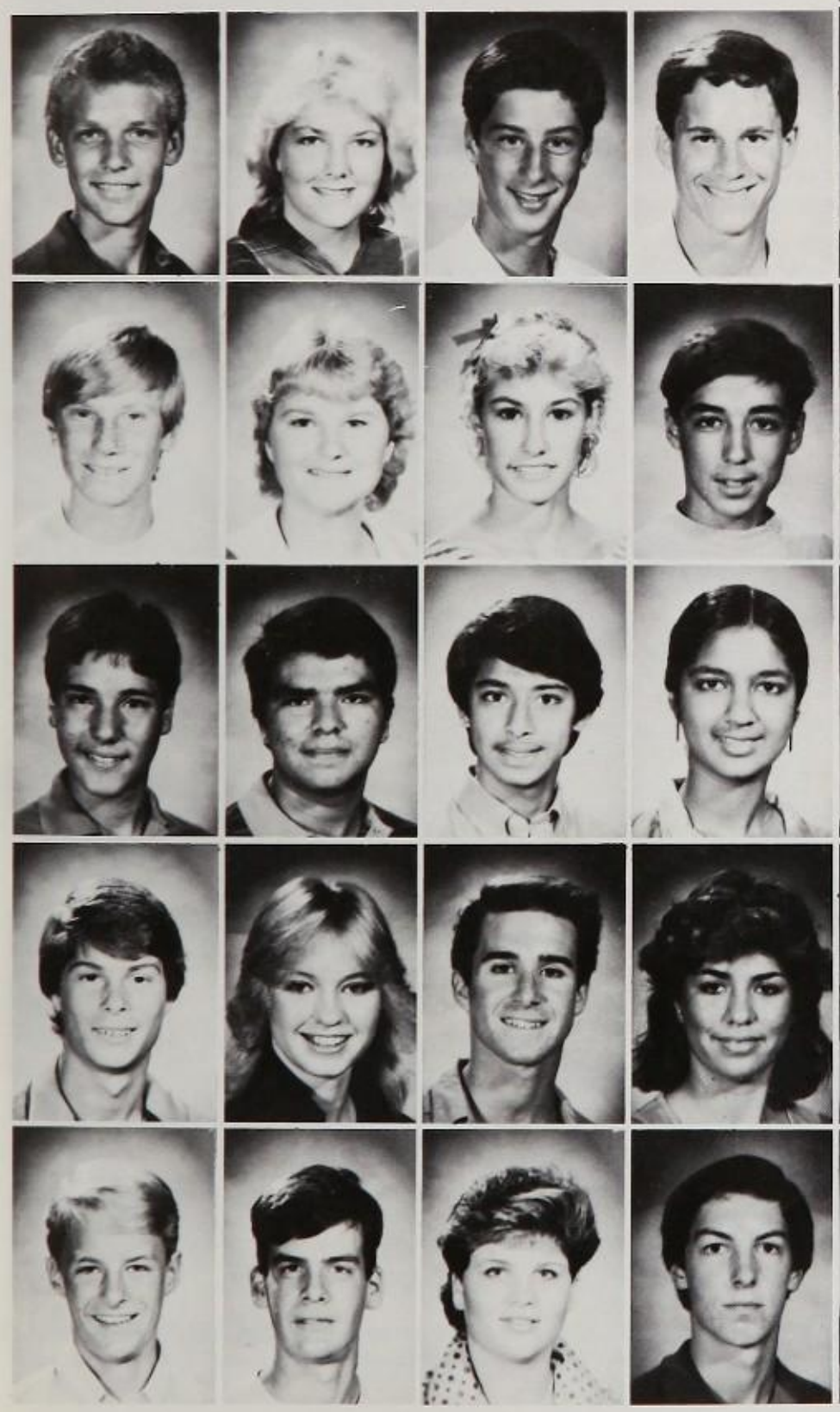


Ski Club member, **Michael Humphries** looks at the recently distributed Utah ski trip itinerary. Michael also plays on the Frosh/Soph Soccer Team.

"Friendship is a main part of Los Al!"

— Kelly Lynch

Leland Jay shows his Nerd Day attire, as he sits and watches the Tug-of-War lunch competition. Spirit Week always has a great turnout.



Catherine Copeland
Stacia Copeland
Carla Coppola

Jeff Cosby
Ronna Coulter
Jaime Coultice

Scott Crenshaw
Laura Cummings
Lisa Cummings

Gary Cunneen
Laura Cunningham
David Cutler
Michael Damato
Sandra Daniels
Kenneth Davenport
Terence Dean

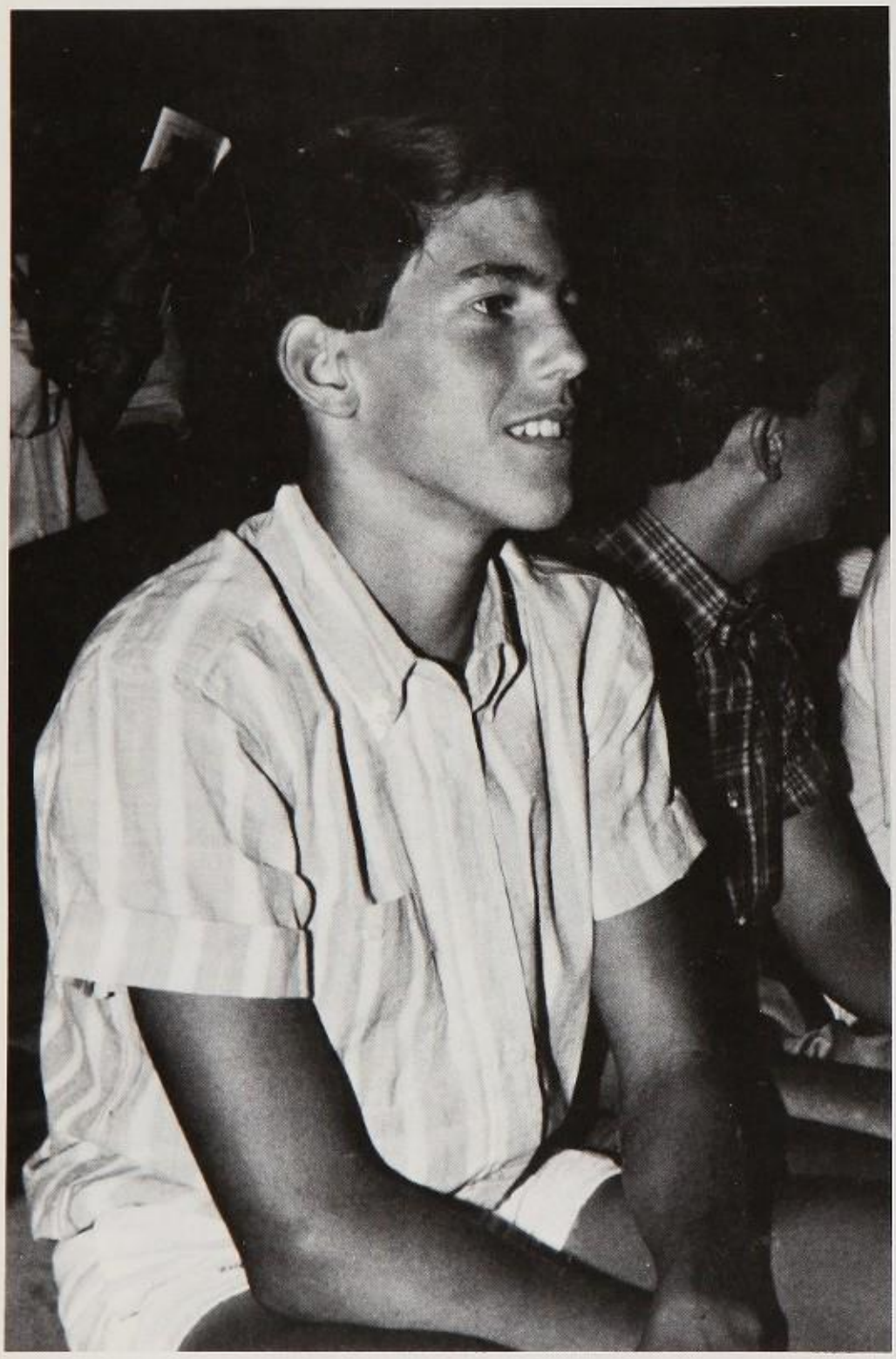
Eric Debruin
D'Andrea Deforest
Christine Degregory
Chuy Delamora
April Deanne Delaney
Cynthia Deleon
Michelle Dematteo

Peter Deneff
Jason Depina
Harjit Dhillon
Preet Dhillon
Frank Dick
Gary Dingillo
Carla Dismukes

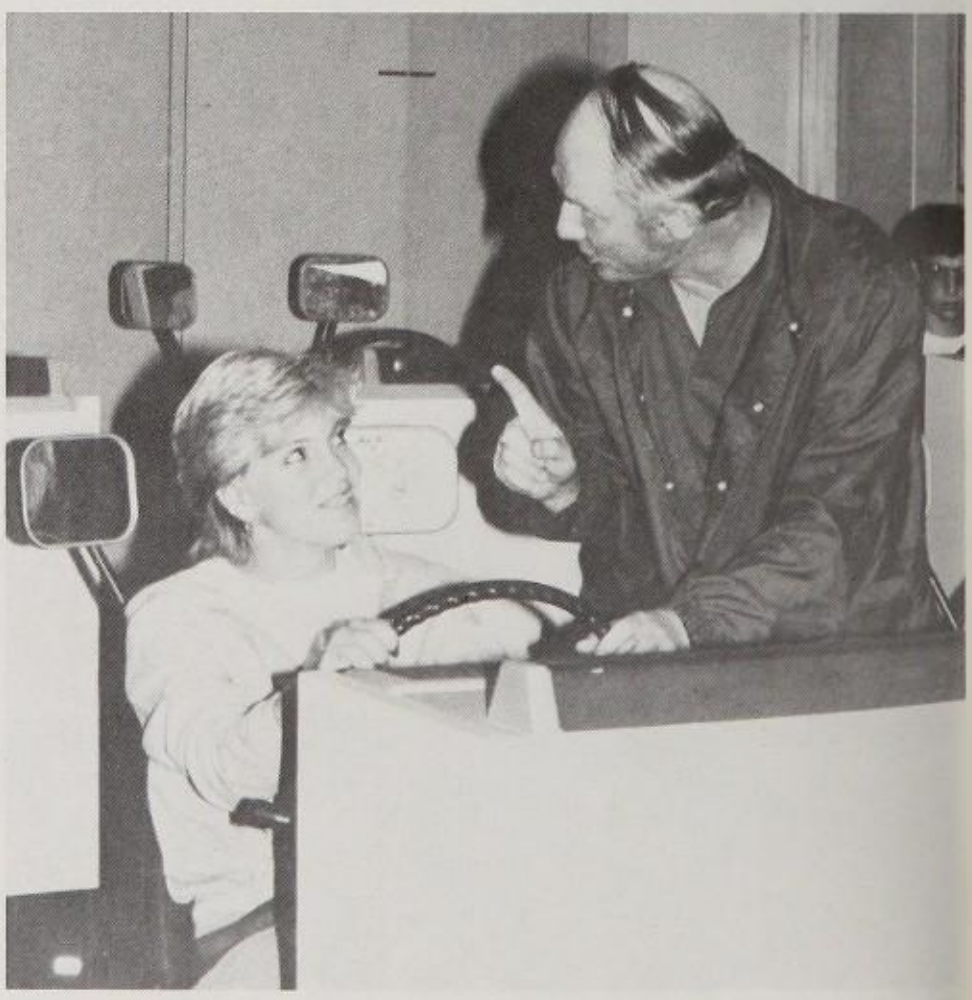
Tim Dodd
Melissa Donald
Joseph Donaldson
Rochelle Elwell
Jenny Emmert
Traci Engel
Curtis Engleman

Robert Ernst
Shon Esparza
Shanna Evans
James Everett
Ann Faircloth
Hugo Fajardo
Julie Farrell

High school is a time for football games, great times, and the orthodontist. Omegas **Lesley Harris** and **Stacie Hawthorne** keep smiling despite their braces as Drill Team Managers **Kelly Spaulding** and **Ingrid Brain** catch their enthusiasm.



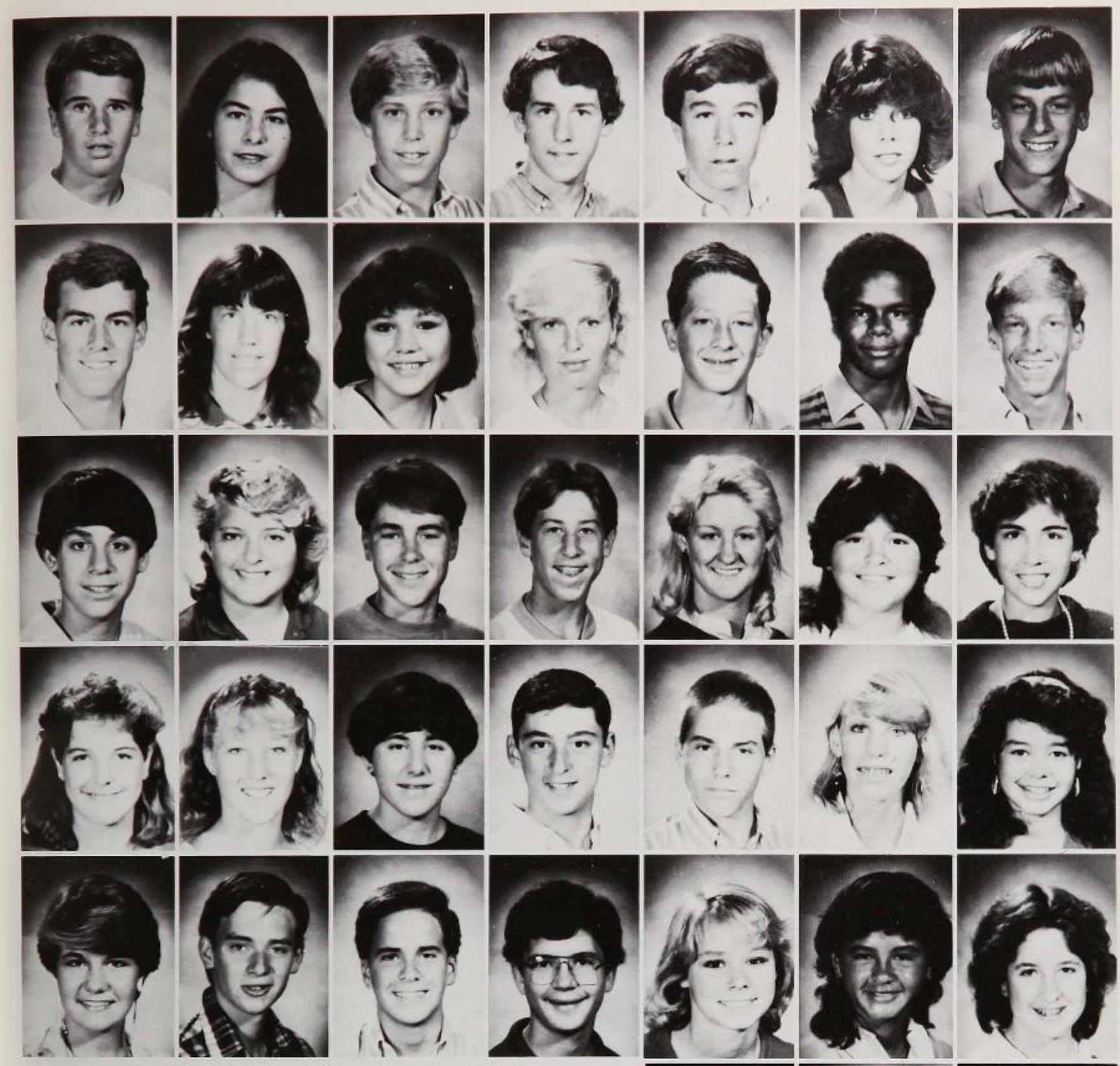
Concentrating on the football game, sophomore **Robbie Nen** watches his brother Ricky's every move on the field. Robbie, a member of the baseball team, can relax while enjoying the game by wearing shorts in the warm September weather.



One of the few classes sophomores are required to take is Drivers' Education. **Vinney Paterno** shows a sarcastic smile as Mr. Lung warns her to be very cautious while driving down a busy street.

"It's only the beginning."

— Stacey Jordan



Tim Fatone
Deedee Fiebert
Casey Fierce
Mark Finkenhagen
Scott Finnegan
Laura Finney
Treg Finney

James Fitzgerald
Suzanne Fitzgerald
Aurora Flores
Karen Flugel
Tom Foden
Leonard Fontanez
Tom Foster

Reed Fournier
Kim Fuelleman
Scott Fullerton
Carl Gaede
Kelly Gallagher
Aurora Garcia
Loraine Garcia

Kristi Garman
Cathy Gaw
Lauren Gershon
Nick Gianformaggio
Brian Gilbert
Simone Gilon
Darciann Gilroy

Victoria Ginther
Alan Gitlin
Mike Godoy
Imre Golden
Elyse Goodman
Cynthia Gordon
Michelle Gottlieb

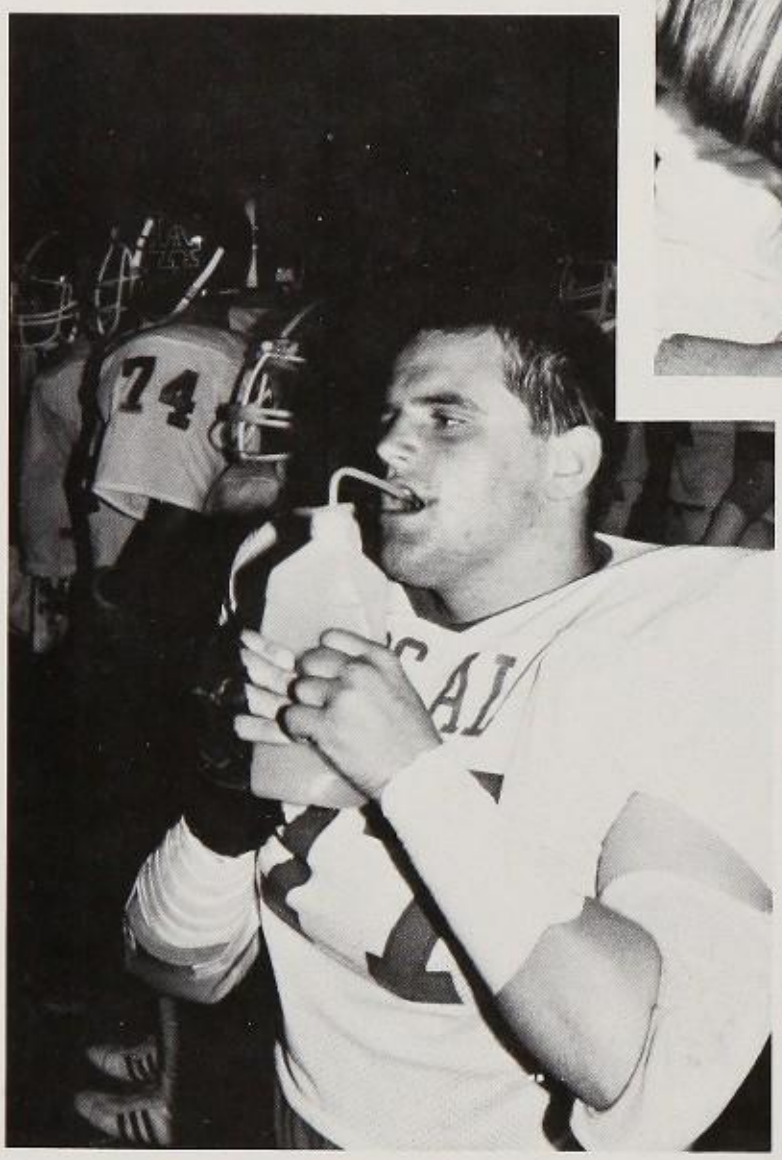
Derek Gregory
Susanna Grote
Jill Gude

Malini Gupta
Susan Guthrie
Ruth Gutierrez

Kristen Guzman
Jennifer Haberman
Lori Hagen

Supporting our school athletes is an exciting but dedicated job. Sophomores **Kathy Wiest** and **Beatrix Bourdy** attend one of the many Los Al Junior-Varsity football games.

Learning from a helpful student, **Wendy Poe** and **James Sipprelle** pay close attention to make sure they understand every bit of the geometry lesson. Geometry requires full concentration and dedication.



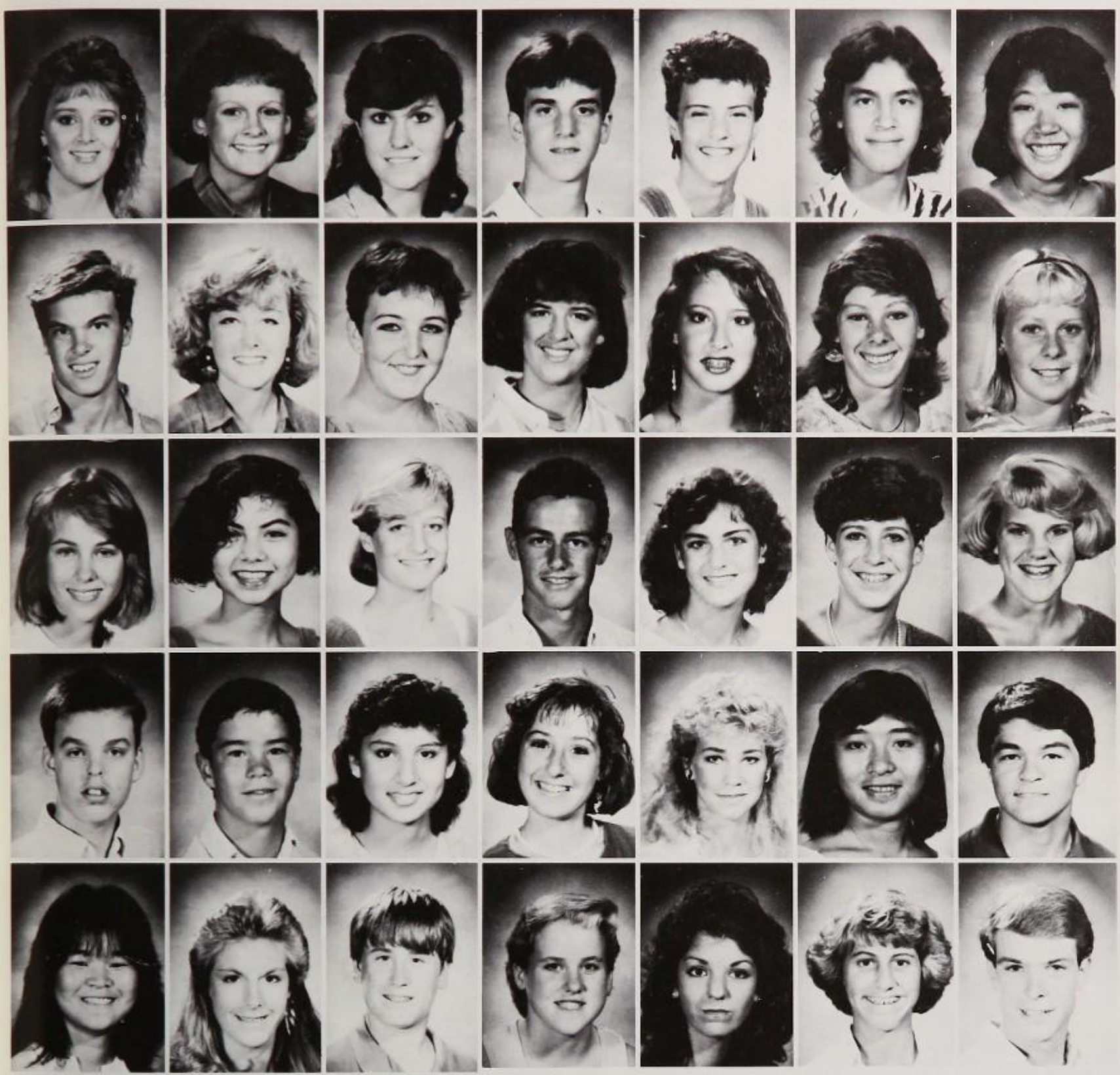
After a tough first half, **Chris Rose** takes a refreshing drink of water. Chris is only one of the few sophomores on the Varsity Football Team.

In anticipation of tonight's game, **Rick Helms** takes a break to rest his legs and eat some sunflower seeds. Basketball games take a lot out of you, so rest and food for energy are essential.

Enrolling in Drivers' Education is a main goal of any sophomore student. **Terri Liu** pays close attention to the film and driving his simulator with great concentration.

"I don't get lost anymore!"

— Stacey Ray



Jami Haggard
Ann Marie Hagmann
Jennifer Hagstedt
Andrew Haimov
Leslie Haines
Jerry Hallowell
Darolyn Hamada

Darin Hanson
Sharon Hanson
Jennifer Harding
Kelly Harris
Lesley Harris
Kimberly Harrison
Theresa Harrison

Debbie Hart
Maria Harville
Corrinne Haskins
Brian Hastie
Tricia Hatfield
Michelle Haub
Stacey Hathorne

Richard Helms
Kevin Hess
Lisa Hess
Margi Hibschman
Lisa Hicks
Thanh Hoa Ho
Mike Holstien

Florine Hong
Denise Horner
Nolan Howe
Teri Hubert
Michelle Huey
Laura Huff
David Hughes

Michael Humphries
Michelle Hurst
Jacquelyn Husted

Adam Hutton
Greg Irwin
Steven Irwin

Craig Jackson
Leland Jay
Linda Jenson

During an exciting football game, **Eva Kioss** and **Emily Strong** laugh at the Griffin mascot dancing with a cheerleader. Los Al football games give all classes the chance to be with friends or T-Shirt clubs.

Los Al M.A.F.I.A.: Front Row — Nicole Atkinson, Heather Koehring, Theresa Harrison **Second Row** — Ms. Beck, Anne Caraisco, Jennifer Haberman, Michelle DeMatteo **Third Row** — Kelly McHale, Lisa Hess, Kelly Gallagher.

L.A Times: Front Row — Christina Trice, Kristine Klotz, Anna Chen **Second Row** — Brigitte Koenig, Mary Wu, Janet Wong, Cynthia Phillips **Third Row** — Lisa Perles, Rachel Kirkus, Mrs. Haas

"I learned how to cope with Los Al life"

— Stephanie Snow

Lucinda Jensen
Kathryn Jester
Patty M. Jettie
Anita Johnson
Diron Johnson
Tom Johnson
Alicia Jones

Julie Jones
Robert Jordan
Stacey Jordan
Emil Jorge
Sammy Joseph
Adam Judd
Laura A. Junkermann

Dana Kamm
Denise Kaneko
Deborah Kaplan
Michael Kean
Geoffrey Kearns
Lisa Kefalas
Clinton Kemp

Todd R. Kenaston
Krista Kendall
Joe S. Kidd
Simone P. Kile
Elizabeth Kim
Leslie A. Kimball
Alison King

Chanda King
James King
Eva Kjoss
Deborah Klein
Kristine Klotz
Heather Koehring
Brigitte Koenig

Scott Kondra
Eric Kramer
Greg Kuhn

Nora M. Labouff
Margaret Lacasto
John Laisy

Angie Lamastos
Dale E. Lane
William F. Lansford

After performing in the half time entertainment show at a Griffin home football game, sophomore drill team member, **Alison King** wraps her scarf around her face and neck in an effort to keep warm.

LA Fans: Front Row — Elaine Wiest, Jenny Emmert, Mara Bloom, Tracey Reynolds, Emily Strong, Eva Kjoss, Laura Murry, Stacey Ray, Beatrix Bourdy **Second Row** — Kathy Wiest, Kim Taylor, Alison Chafe, Dawn Ranftl, Cynthia Gordon, Ann Faircloth, Kim Harrison, Mr. Gilchrist

Sophomore Screw-Ups: Front Row — Shawn Gettler, mascot **Second Row** — Laurie Navarro, Terri Hubert, Julie Jones, Margie LaCasto **Third Row** — Vicki Ginther, Nancy Clark, Ilona Sendro, Kelly Harris

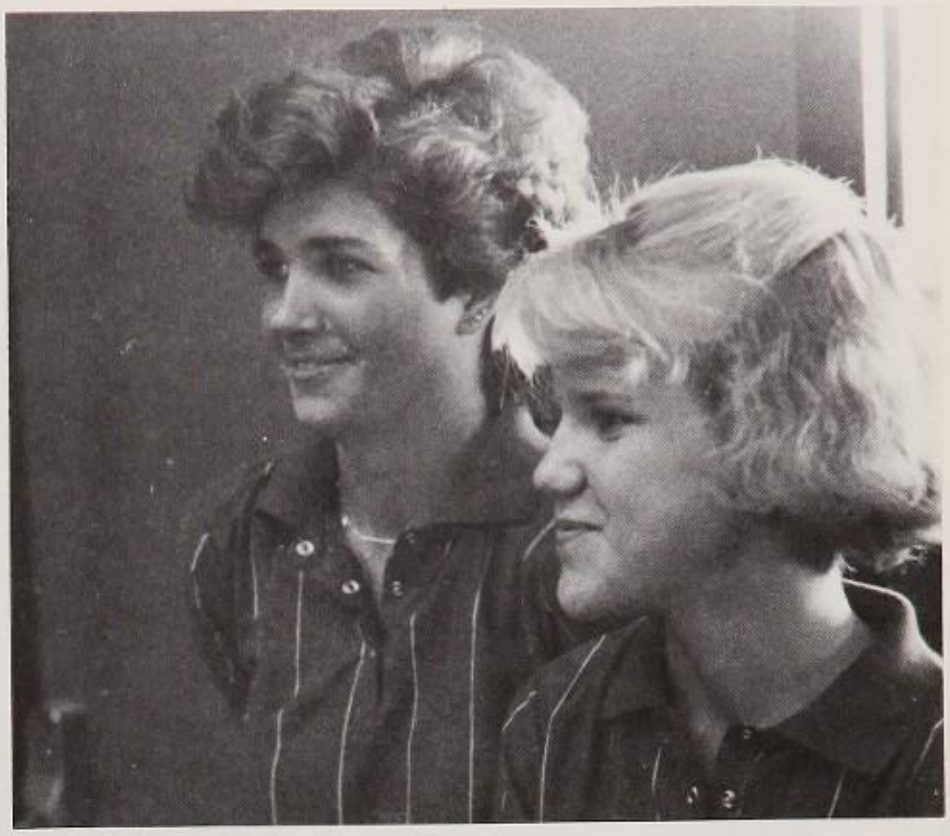
"School Spirit has tripled."

— Puanani Pereira

Gina Lansky
Robert Lastrap
Mark Laurain

Jonathan Lazzara
Thane Lecompte
Rochelle Marie Lee

Sally Lee
Robert Lee Jr.
Elizabeth Legge

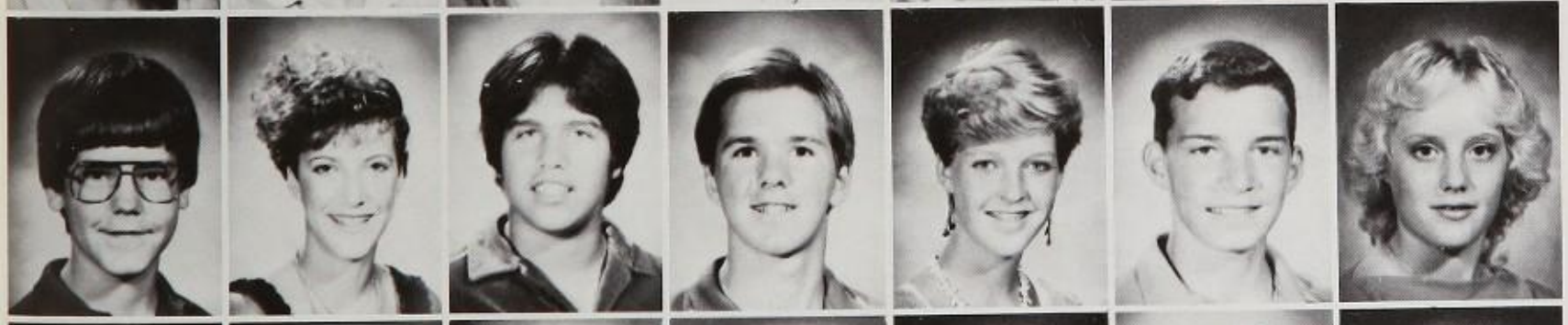


Omega members, **Shannon Ming** and **Stacie Hawthorne** watch the pep assembly in action. Performing dance routines at pep assemblies is only one of the many highlights of being an Omega.

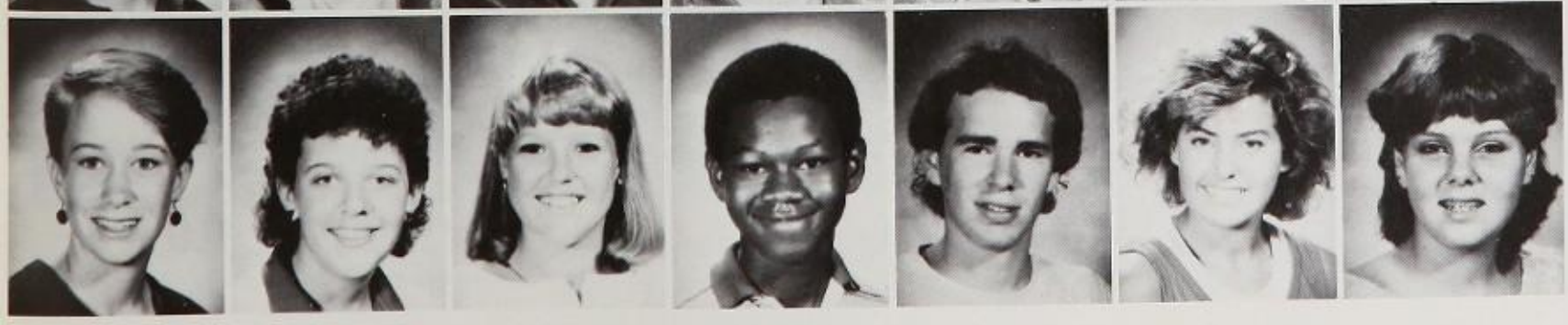
Shelly Leonard
Jerry Lerno
Melissa Leve
Stephen Levy
Sean Lewis
Stacie Marie Light
Roy Lin

Robin Lindley
Scot Listavich
Terry Liu
Gaudencio Lontok
Kelly Lynch
Gregory Lyon
Emily Macfarlane

Kathleen Mackay
Kevin Mahoney
Mitchel Malin
Craig Malone
Melissa Maloney
Eddie Manfro
Timothy Manning

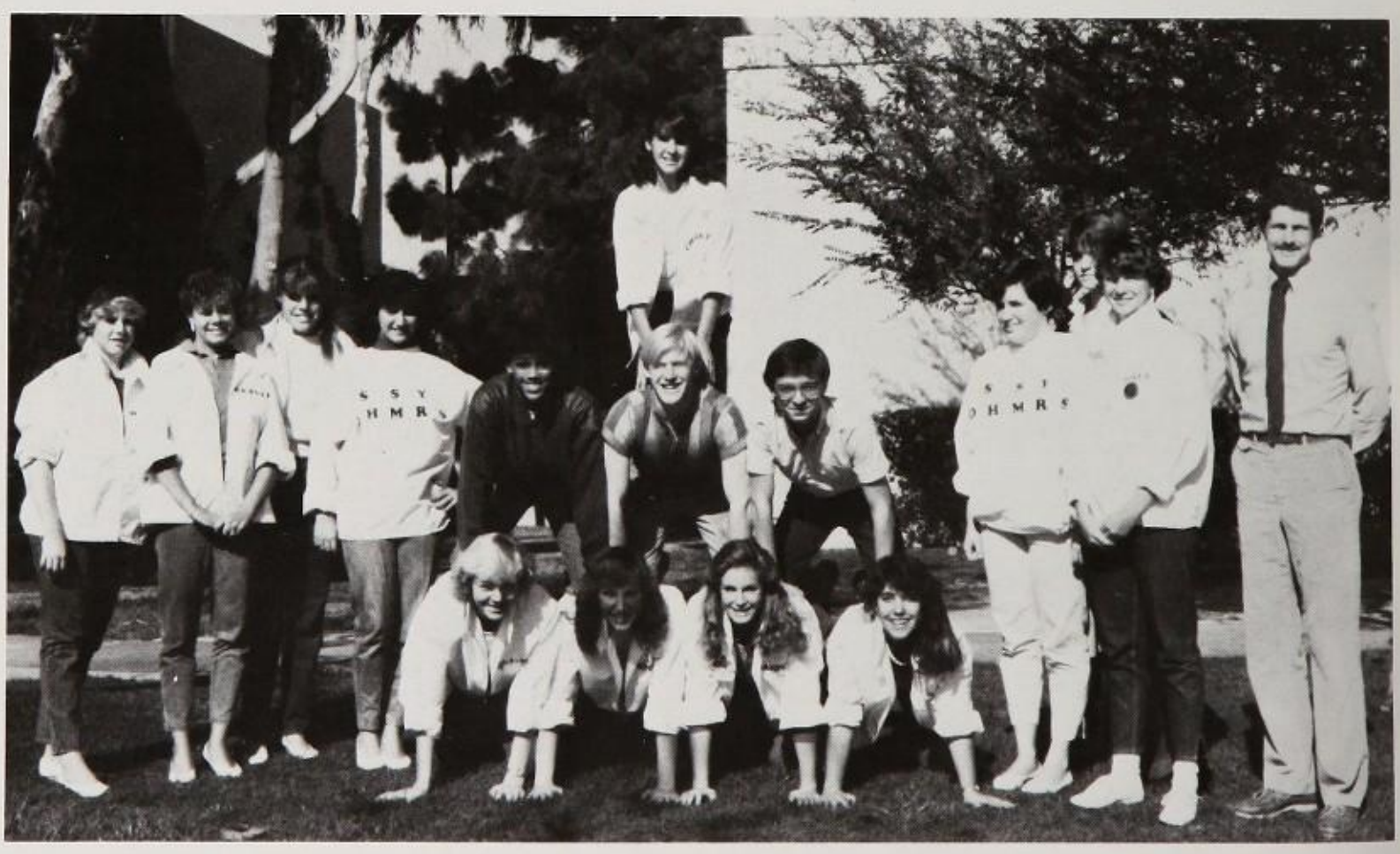


Jon Maples
Gina Marconi
Ronald Marquez
Michael Martinez
Kellie Matheney
Mathew McCabe
Kathy Jo McCoy



Mary McGill
Jean McGraa
Kelly McHale
Shelton McKenzie
Michael McLaughlin
Michelle McLinden
Mellissa McSheehy

Scenic Sophomores: Front Row — Julia Stanford, Amy Cummings, Stacia Copeland, Koryn Nagel, Shelly Chandler **Second Row** — Robert Druckenmiller, Michelle Pagenkopp, Lisa Hicks, Michelle McLinden, Julie Bedell, Jami Maggard



Sassy Sophomores: Front Row — Chanda King, Stacie Light, Deanna Blythe, Lisa Kefalas, Angela Carlsson, Sarah Mueller, Denise Horner, Patty Jettie, Jaime Coultice, Larua Meals, Laura Bowden **Second Row** — Chris Brophy, Phil King, Mike Kienitz **Third Row** — Puanani Pereira

"The big work hasn't hit yet"

— Scott Sargeant

Julie Meadows
Laura Meals
Heather Medcalf
Mark Medina
Tina Melton
Robert Menke
Robert Mercadante

Greg Merchant
Brian Miller
Elizabeth Miller
Lisa Mills
Brett Miner
Donrena Minor
Ken Montgomery

Jon Moore
Kelli Moore
John Morgan
Tim Morgan
Andrew Morley
Mike Morrow
Michael Morton

Chris Moses
Orli Moses
Tanya Moskalenko
Courtney Motz
Sarah Mueller
Debbie Mukamal
Mike Mullaney

Linda Murphy
Carolyn Murphy
Eric Murray
Laura Murray
Judy Naber
Virgilio Nafarrete
Koryn Nagel

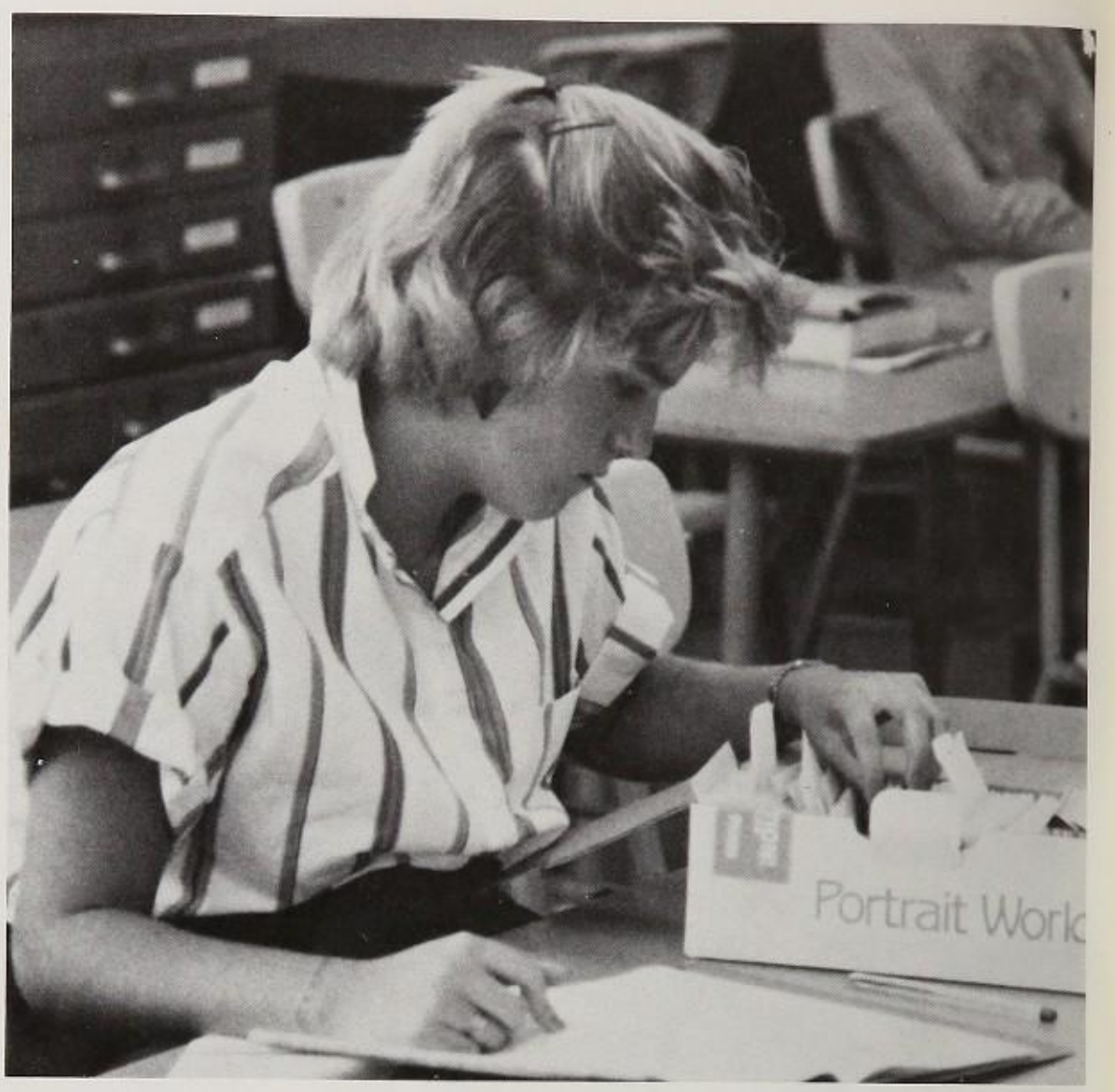
Kelsie Nance
Laura Navarro
Todd Nelson

Robby Nen
Aimee Newlander
Jackie Niland

Stacey Nishii
Wendy Nugier
James Oberacker

Los Al students get involved in many activities off campus as well as on. **Michelle Haub** was one of seven Drill Team members that performed at the Opening and Closing ceremonies for the Olympics.

Showing his loyalty, **Mike Godoy** displays his campaign memorabilia in favor of the Republican Party. Kermit, not old enough to vote yet either, is also a faithful Republican supporter.



Concentrating on her alphabetizing, **Julie Jones** works diligently to meet her deadline. Julie must have memorized everyone's name in the sophomore class; she wrote and rewrote the names to match the faces too many times to count.

The J.V. cheer squad has their own busy schedule. Members **Ann Marie Hagmann** and **Wendy Nugier** find the time to help cheer on the varsity team to another victory.

The long-awaited lunch break is always much deserved and the highlight of most students' days. Breathing a sigh of relief, sophomores **Denise Kaneko, Jennifer Swanson,** and **Ronna Coulter** enjoy a leisurely lunch and watch the crowds go by.

"It seems everyone is joined by the bond of loyalty to Los Al."

— Jodai Saremi

Lara Obradovitch
Kathleen O'Donnell
Timothy O'Keeffe
Scott Omohundro
Michele Overbeek
Darcy Owen
Paul Page

Michelle Pagenkopp
Michelle Palmero
Jeffrey Palk
Vitisia Pangelinan
Kristi Papalexis
Mark Parkinson
Judy Parmet

Vincenza Paterno
Kristine Patz
Richard Paul
Ricardo Payan
Raymond Pedroza
Puanani Pereira
John Perez

Lisa Perles
Jason Perry
Bernard Peters
Rosemary Peters
Kristin Peterson
Cynthia Phillips
Lisa Pinkerton

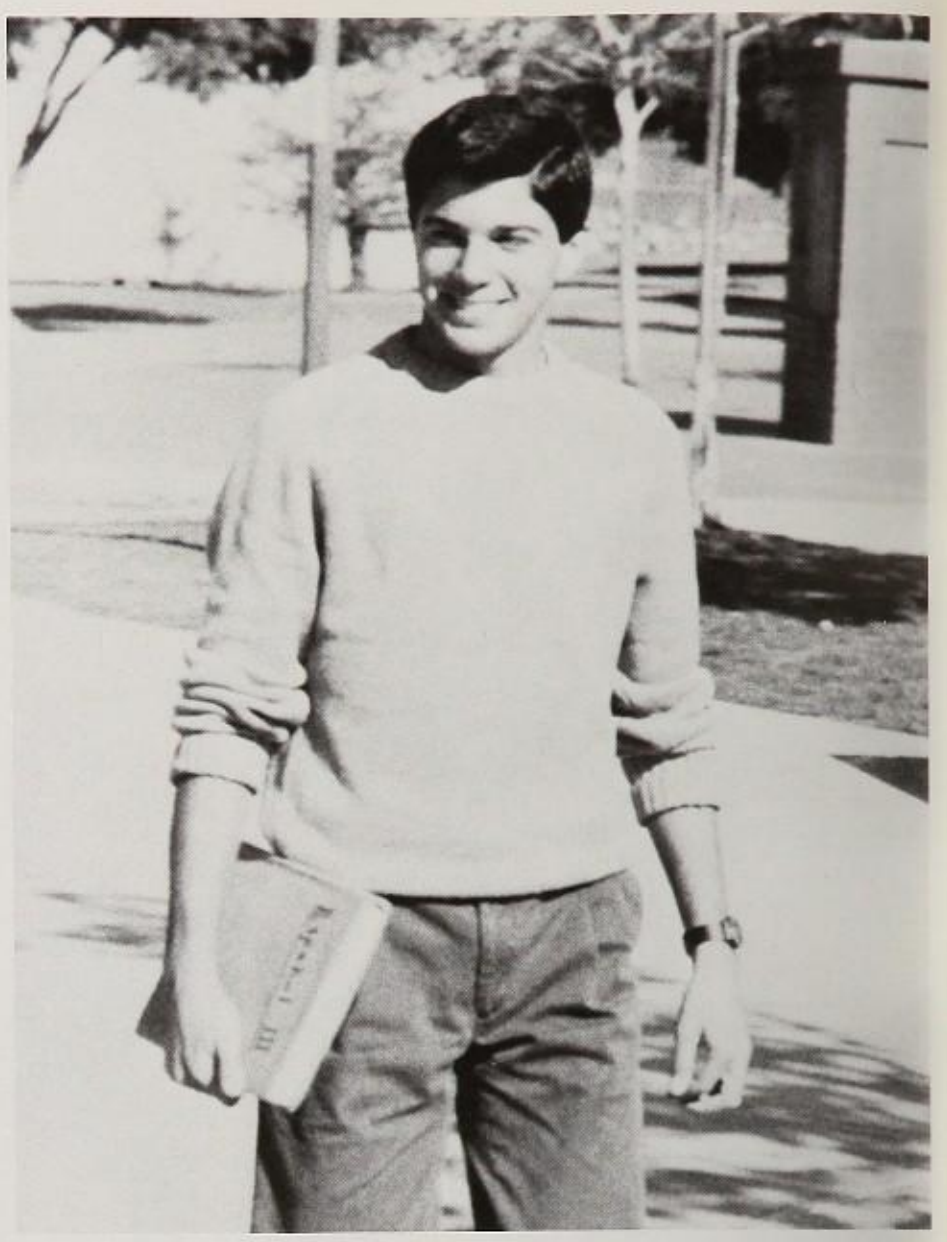
Philip Pinto
Wendy Poe
Shawn Pollaed
Markham Pollock
Franklin Pomte
Stacy Ponting
Julie Pool

Michael Pothechin
Maria Puente
Alexander Pulone

Franklin Quenga
William Raappana
Eric Rager

Scott Rainey
Richard Ramaglia
Dawn Marie Ranftl

Taking a break in Mr. Davenport's class, **Herbert Theodore** takes **Tina Melton** by surprise with a lovable hug.



As sophomore **Dino Syrengelas** casually strolls to class, he glances over toward the drivers' education department. To his surprise, he spots Mr. Lung roaming from class to class in his infamous Santa outfit.

Several days before the start of a new school year, students are called to enroll in school. Sophomores gather to turn in the required papers. **Rebecca Shoudt, Tina Melton, Stephanie Snow,** and **Wendy Poe** meet at registration to see their friends and get their new lockers and classes.

"I don't get lost anymore."

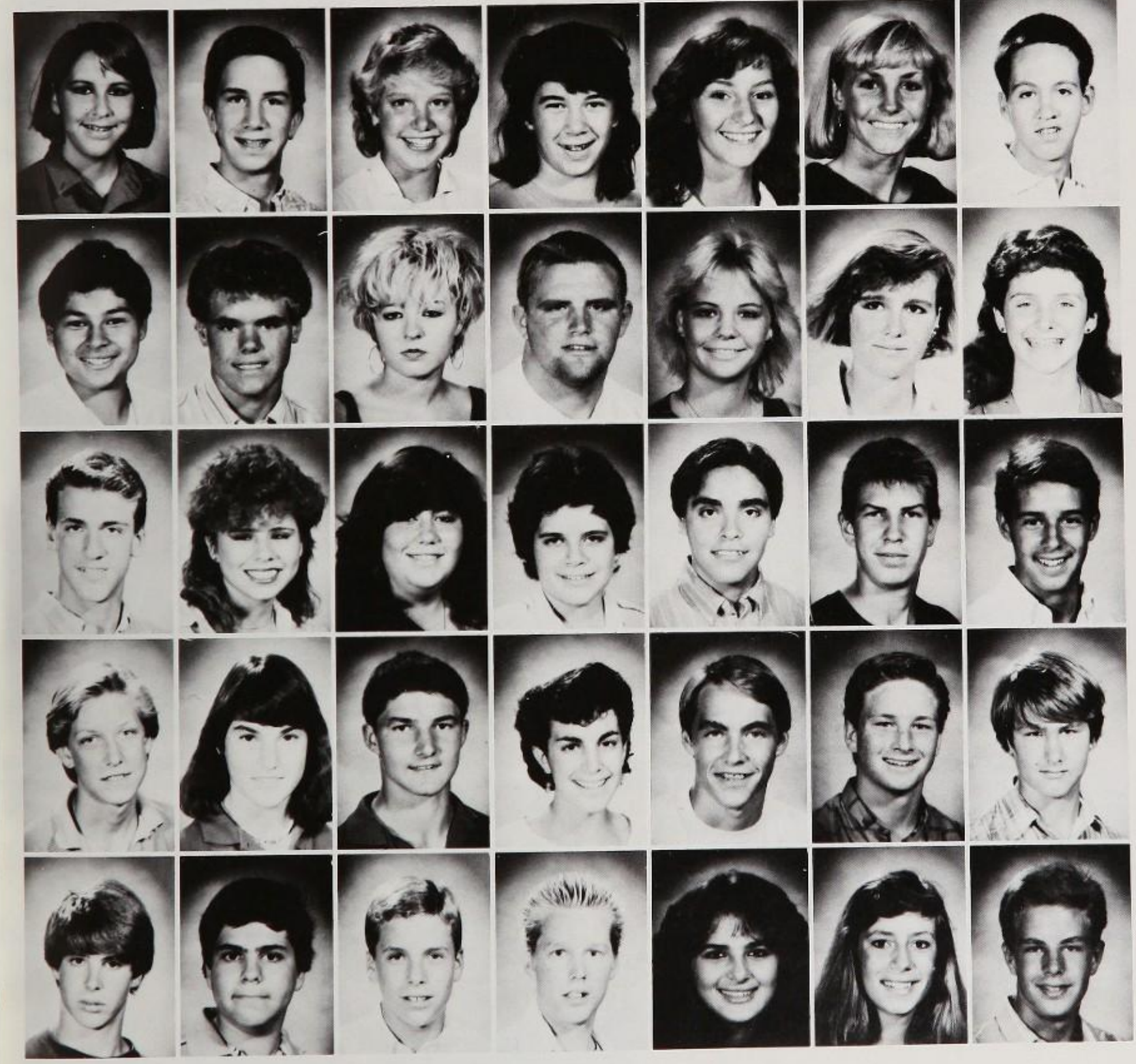
— Stacey Ray

Concentrating on her soccer game **Lori Navarro** reviews the new strategies that her coach, Mark Morin went over in yesterday's practice. As one of Los Al's powerful fullbacks, Lori stops the competition from scoring.

Shawna Rankins
Stacey Ray
David Rayburn

Mary Reis
Mark Reutzel
Paul Reyes

Tracey Reynolds
Tracy Rieth
Scott Rinella



Lanie Risling
Eric Roberts
Stephanie Robertson
Alissa Robinson
Alissa Robinson
Kimberly Rodefeld
Glenn Rodriguez

Mike Rodriguez
Michael Rogers
Julie Rohlfing
Christopher Rose
Cindi Ross
Vanessa Round
Pamela Rozolis

Robert Rubinkan
Julie Ruiz
Bonnie Saitzyk
Joseph Salamanca
Billy Salas
Chad Salisbury
Brian Sandoval

Ernest Sanne
Jodai Sarmei
Scott Sargeant
Anne Save DeBeaurec
Gregory Saylin
Ron Scanlon
Casey Schaffer

Jim Schaffer
Jonathan Schechter
Lance Scheiner
Roger Schroeder
Paula Schrone
Michelle Schuman
Eric Schwandt

Thrilled at the thought of doing his homework on the microfiche, **Greg Irwin** finishes his English so he won't have to do it for homework.

Enjoying a night at a Los Al football game, **Michelle Hurst,** a member of the Sophomore Stars shows spirit and charisma as the Griffins qualify for the CIF playoffs in two weeks.

Sophomore vitality at football games during the season helped the team to many Griffin wins. Sophomores, **Traci Engel, Michelle Palermo, Margi Flibschman,** and **Lisa Boardman** celebrate a victory for Los Al with wild enthusiasm for the home team.

"Los Al's still a great place."

— Michelle Overbeek

Deron Scott
Lisa Scott
Ilona Sendro
Mike Shaddox
Karrie Shanholtzer
Kirsten Shaw
Rebecca Shoudt

Nikole Sifton
Clara Simeon
Gary Sinclair
James Sipprelle
Shelley Skoglund
John Sllrn
Kim Ann Smith

Steven Smith
Stephanie Snow
Brian Snyder
Farah Snyder
Stephanie Soldano
Neil Sorenson
Scott Sorenson

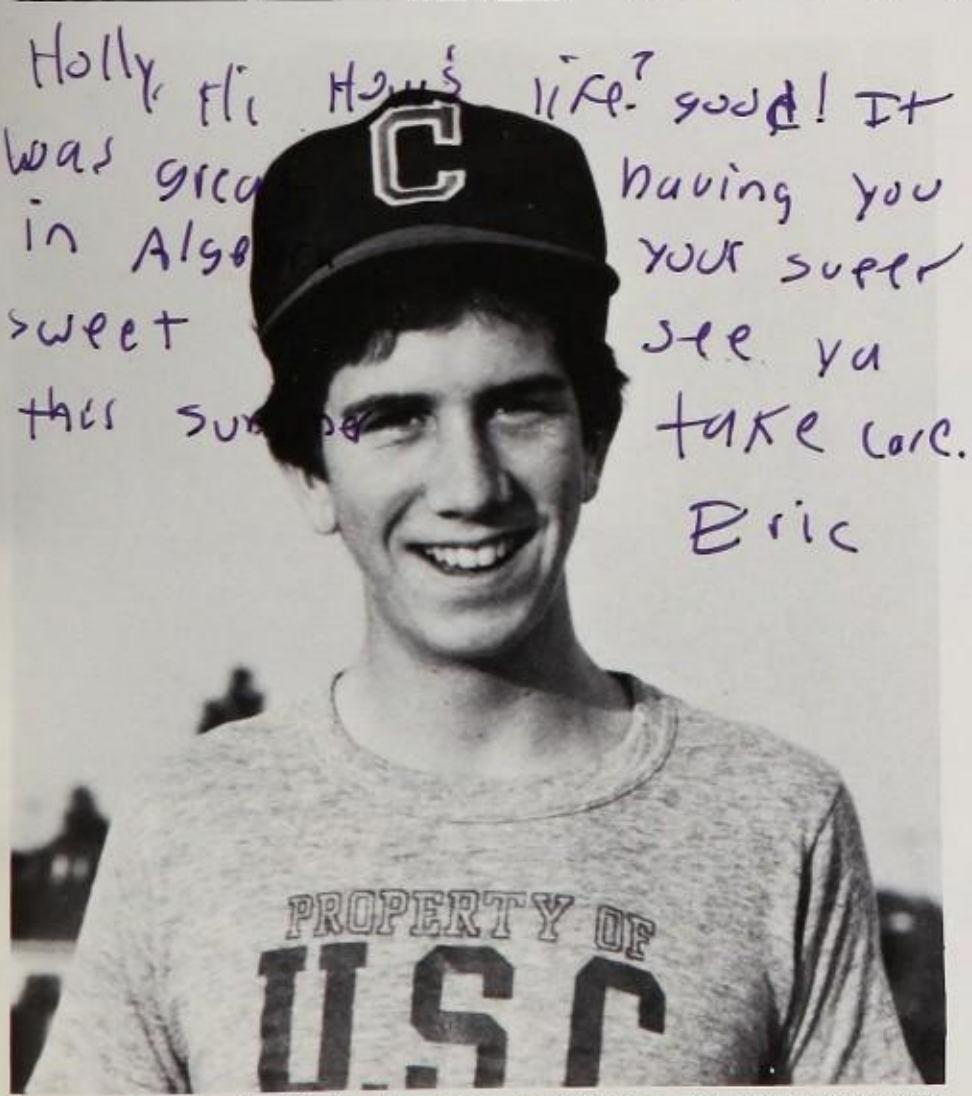
Michael Sparkman
Derek Sparta
Tod Spaugy
Kelly Spaulding
Stacey Ann Spéights
Raquelle Sprague
Brendon Sprott

Robert Stanfield
Julie Stanford
Stacy Stephens
Douglas Stewart
Amanda Stillings
Stephen Stoewer
Stephanie Stokes

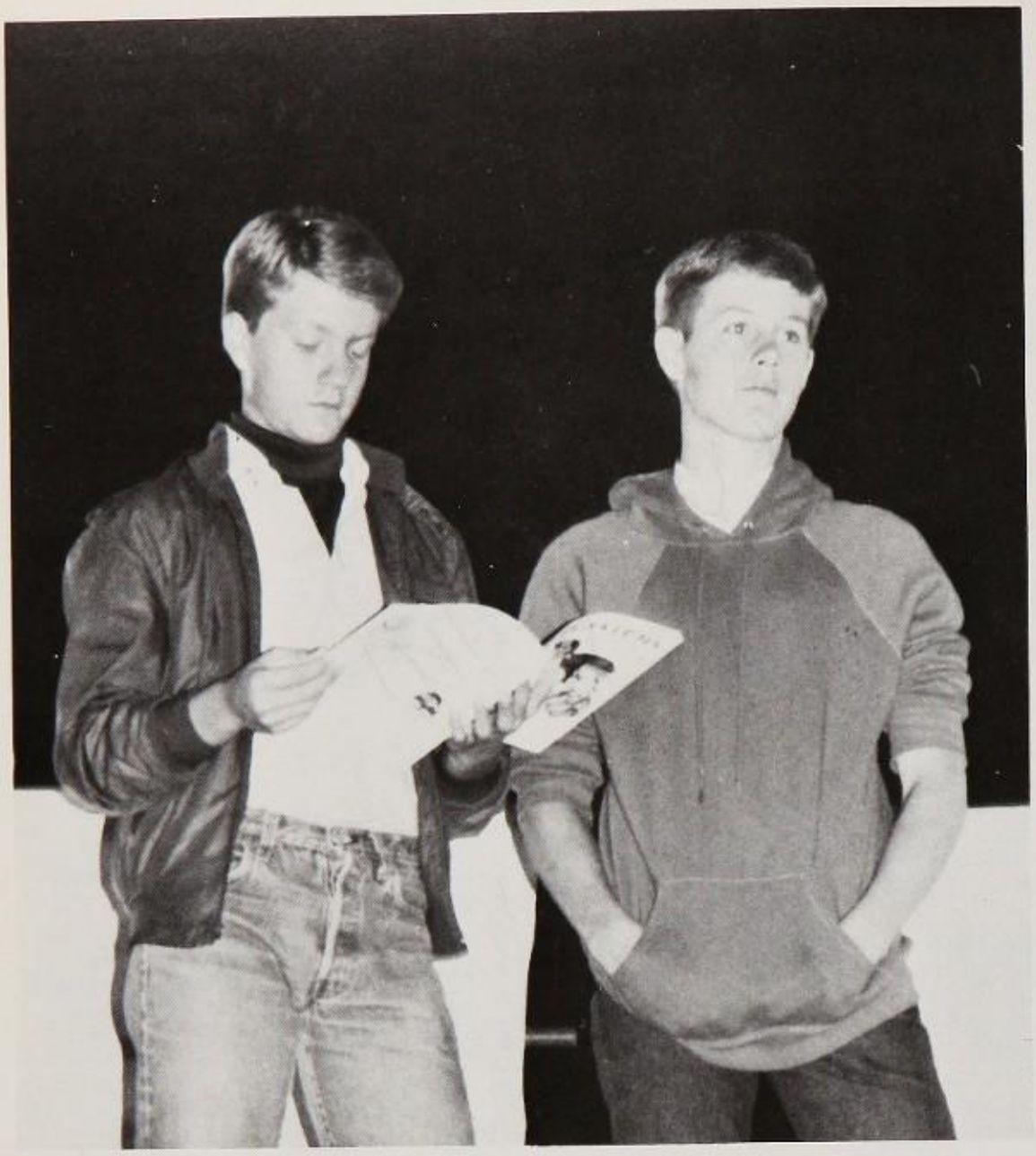
Don Strack
Michelle Stratton
Kevin Strawbridge

Emily Strong
Michael Stugart
Konstantinos Syrengelas

Jenifer Swanson
Brian Tadlock
Christina Tarango



Displaying his spirit for his favorite college football team, **Eric Roberts** proudly wears one of USC's athletic department shirts. "Someday," Eric thinks, "maybe I will really



Without a program, spectators can become lost. **Bobby Callaway** and **Randy Blanca** look for up-to-date statistics and their favorite players' pictures.

College Prep English utilizes many of the talents which students possess. **Darin Hanson** uses his talents as an artist to draw a cartoon for his English project.

Jewelry class requires innovative craftsmanship to make creative jewelry of all shapes. **Karen Murray** and **Angela Lamastos** use their expertise to make an eye-catching ring.

Preparing for drivers' education, **Heather Koehring** hopes for a satisfactory eye examination. Every sophomore must have his vision tested to meet the requirements of the California Department of Motor Vehicles.

"I have fun at school, even though it's still school."

— Kristin Tseko

Ann Tarlton
Steve Tarver
Kimberly Taylor
David Terrell
Herbert Theodore
Stacy Thomas
Vanessa Thomas

Ernie Thomason
Gregory Thompson
Robert Tong
Lisa Toomey
Shana Torem
Christina Trice
Suzy Triplet

Lily Truong
Shane Tscherny
Kristin Tseko
Robert Tucker
Ella Turrentine
Robert Tyo
Jon Udoff

Joseph Vaca
Shahin Vadood
Steven Vames
Andy Vanholt
Christine VanKampen
Grant Van Cleve
Daniel Van Winkle

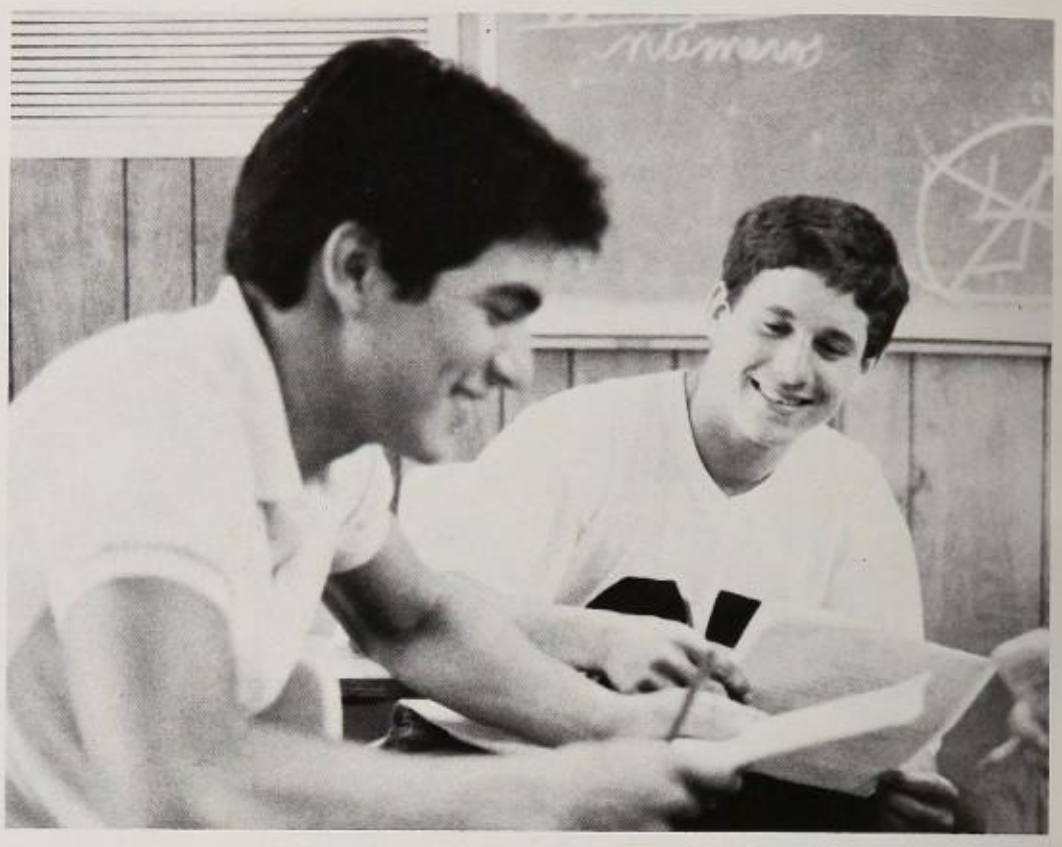
Deanne Vega
Daniel Vela
Douglas Wadleigh
Lance Walker
Michelle Walker
Brian Ware
Stacy Warino

David Warner
John Waterbury
Stephanie Welch

Chad Wells
Jamie Welsh
Christina Welter

Mark Welzen
Erik Whitaker
John Whitlock

After finishing her daily journal in her Sophomore College Prep English class, **Shannon Bruce** shows **Michelle Hurst** that her extra credit project, completed last week, is on display in the classroom.



"It's not as easy as it sounds!" exclaims **Mike Damato** as he tries to converse with **David Alvarez** while in Spanish class. Learning a foreign language can be difficult because of all the different dialects.

Concentrating on his homework, **David Combs** sits quietly as he tries to figure out his assignment. Hopefully David will finish his homework so he will not have to do any over the weekend.

Denise Horner, Lisa Kafalas, and **Sarah Mueller,** all members of the Sassy Sophomores traditionally await the return of the football team to campus after a game.

"I've learned about the Griffin pride and all the spirit"

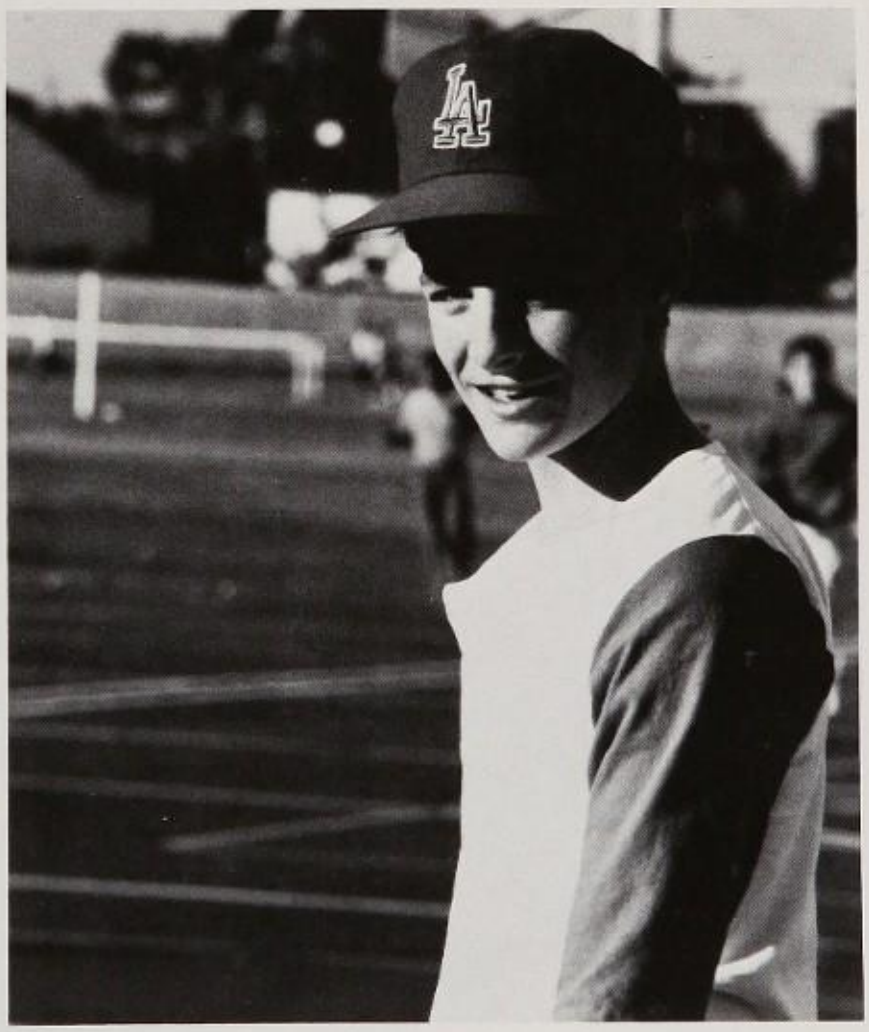
— Wendy Poe

Bridget Wiessmer
Elaine Wiest
Kathrin Wiest
Paul Wilderman
David Wiley
Ronald Wilhelm
Ellen Wilkerson

Joanna Willemse
Peter Willhoit
Jan Williams
Russel Williams
Tom Williamson
Sherri Wixom
Steven Wolf

Janet Wong
Steven Wood
Danny Woodard
Nicholas Woods
Chih-Yu Wu
Mary Wu
Anthony Yim

Mary Younkin
Cimberly Zerwick



Robert Ernst, a member of the baseball team takes a break during practice to decide the next pitch he'll throw. It'll either be his famous knuckleball or a slow curve that will confound the opponent.

Waiting for her I.D. picture to be taken at registration, **Michelle Palermo** smiles at a friend across the room who she hasn't seen since summer.

APPRENTICES

Hey Babe,
I'll miss this summer & you next year.
Stay cool.
Love,
Mike Dellar
XOXOXO

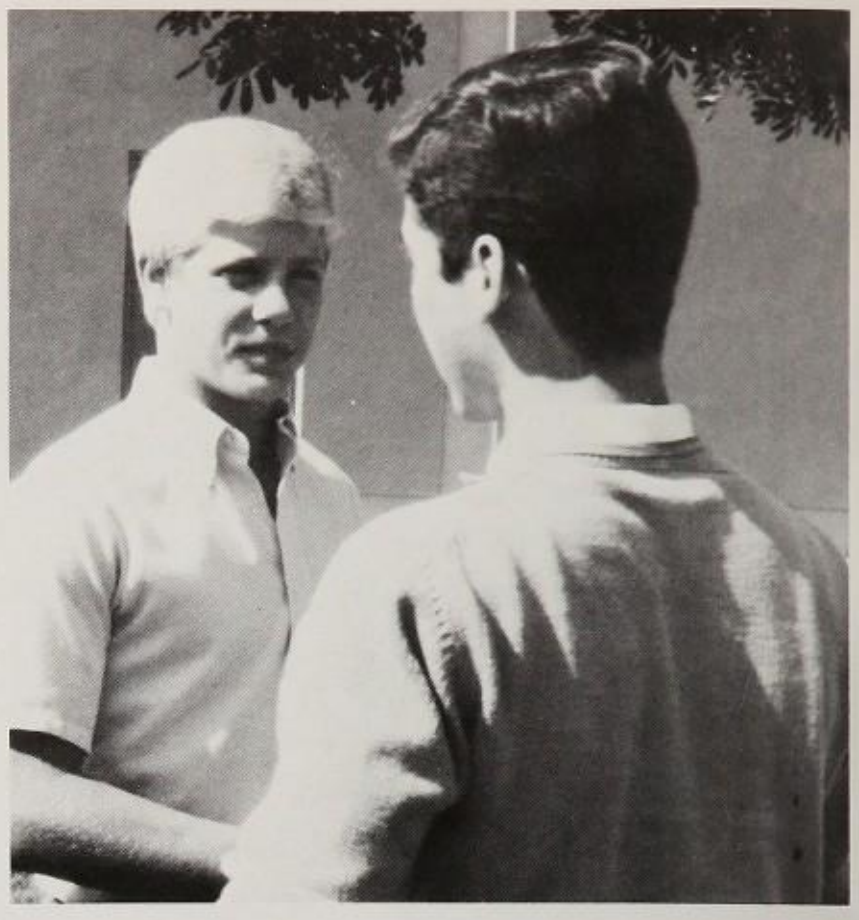
For most freshmen, registration is just the beginning of a new and exciting life at Los Al. **Carolyn Howard** and **Stephanie Dukalata,** above, register for school with feelings of anticipation. With a little imagination physical education can be very exciting. **Kent Wells,** right, shows that he can use his creativity to break up the monotony of his gym class.

Stretching his legs for track practice, **Craig Austin** smiles as he thinks of the track meet on the following day. Many freshmen find that joining an extra-curricular activity, such as track team, takes up most of their time.

Concentrating on her timed typng tests, **Laura Carroll** tries hard not to make any mistakes so she can have the best score possible. Typing class is one of the elective courses that a freshman may take.

Most freshmen try hard to be helpful; it is no exception with **David Sundmacker.** During a break in class, David aids his teacher by putting up posters on the wall.

P. J. Long sits on the lunch benches waiting for her friends to return with her lunch from the cafeteria. P. J. has been a success on the cross-country team as a top rated runner, and on Los Al's J.V soccer team.



A well-known freshman, **Mike Scott,** spends his valuable lunch hour talking with his friend about the challenging vocabulary quiz he had to struggle through in Miss Long's first period English class.

On a warm day, **Jessica Haberman,** like many students, cools off with a refreshing drink as she makes some plans for the upcoming weekend.

Janie Kurtella and **Kim Ramseyer** listen intently to their good friend **Lynette Donahue** about the exciting happenings at the last flag competition. Acting as one of the flag managers, Lynette is able to see many exciting performances. Janie and Kim, on the other hand, are involved in sports.

"Being a freshman alone, shy, and a little scared you become amazed by the family-like feeling about L.A.H.S."

— Ari Martini

Kimberly Able
Michael Abraham
Kelly Achziger
Clay Albert
Cynthia Albert
Sheryl Albert

Greg Aleshire
Mark Allard
April Allen
Cynthia Allen
Cynthia Althenhoff
Patricia Alvarez
Heather Anderson

Kristen Anderson
Sean Anderson
Thomas Anderson
Debbie Aragon
Bob Arnold
Robert Arnold
Jonna Artukovich

Nathan Arvizu
Todd Austin
Leon Babbit
Tina Bactightt
Tracy Badger
Derek Baker
John Baker

Michael Baker
Michael Ball
Hanna Balta

Kenneth Bamberg
Deanna Barber
Mike Barlow

Jeff Barrus
Michael Barry
Anthony Bateman

Suzanne Bazan
James Bean
Jeffery Bedell

Christopher Brophy rewards his good friend **Jennifer Labar** with a congratulations kiss on the cheek for an excellent performance in the half-time show during homecoming. Jennifer is a member of the Omega Drill Team.

Holly
Have a great summer
I enjoyed having you
in spanish see ya next
year
Love
Darren
431-5352

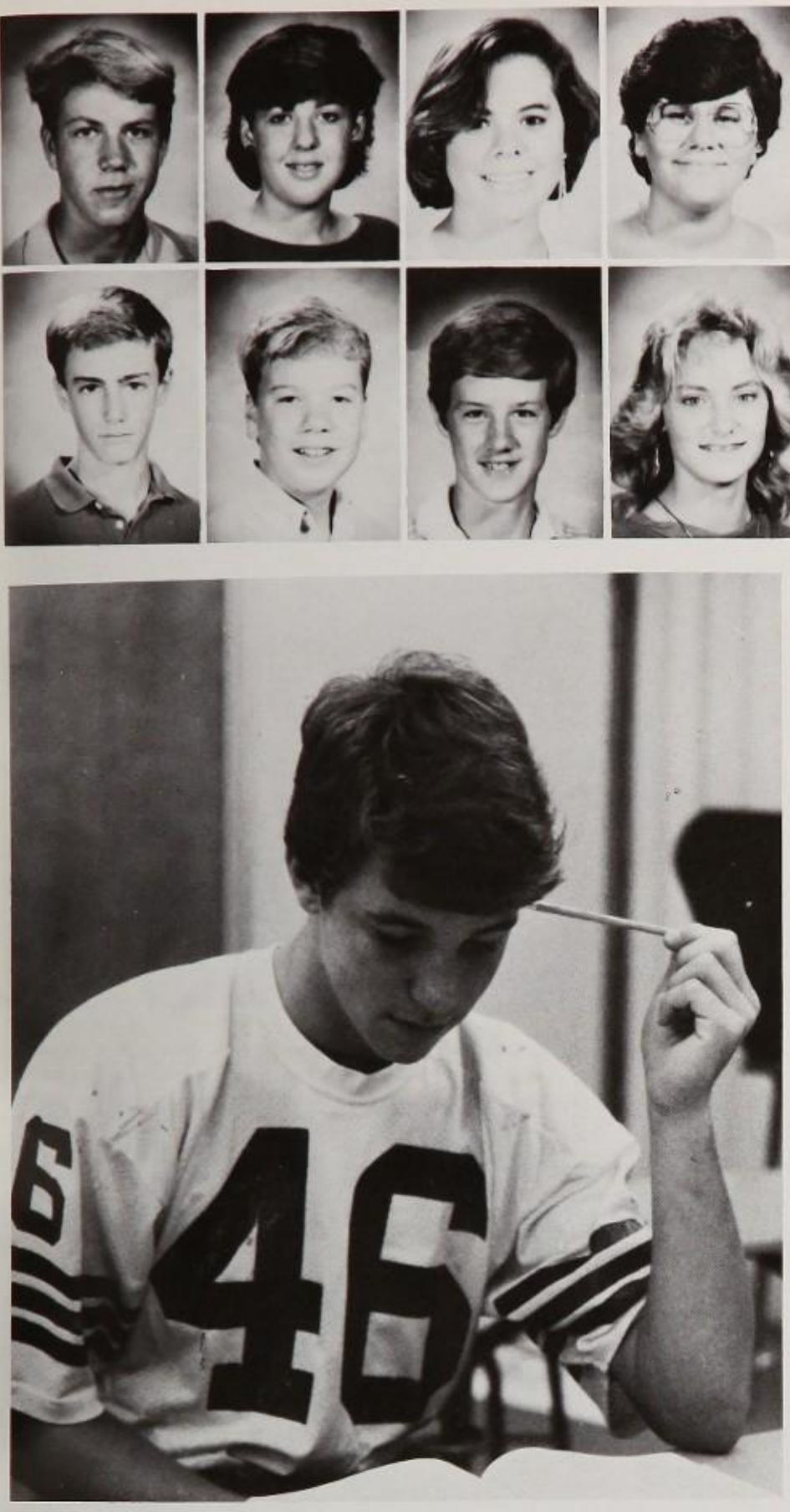
Carrie Hecht and **John Downs** enjoy their casual friendship as they deliver grammar books to Mrs. Kenny's third period English class.

Jennifer Mount giggles to herself as she hangs up a plotline example poster in Mrs. Kenny's class. Jennifer finds this class quite exciting and enjoys English for its challenging qualities.

Reading quietly to himself, **Jeff Bedell** studies his vocabulary words for the following day's quiz. Behind him, **Cathy Corliss** relaxes while working on a creative writing assignment. The freshman English course at Los Al develops a variety of composition skills.

"Los Al's best points are the excitement of days when everyone is full of spirit."

— Jamie Collins



Puzzling over an unknown word, **Roger Roadstrom** increases his knowledge by scanning the dictionary for a meaning. Roger is a member of the freshman football team, and tries to excel at scholastics.

Nicholas Beljajev
Lisa Bellwood
Melanie Bent
Dawn Bezdek
Amber Biela
Brigitte Biringer
Kenneth Bishop

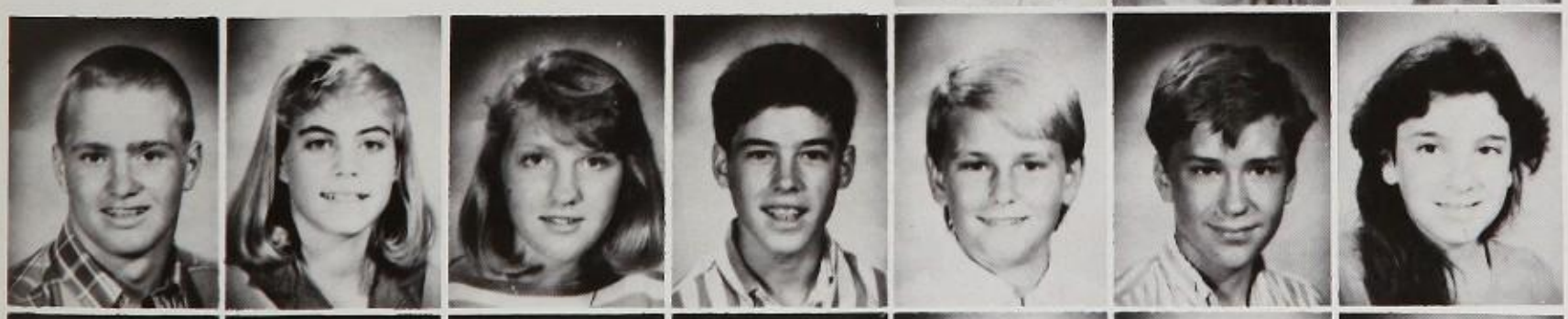
Patrick Bixby
Darren Blan
Randal Blanco
Vanessa Blanco
Anthony Blasing
Stephanie Blitz
Andrea Bloom

Danielle Boland
Heather Bolton
Sharon Bordas

Annette Borja
Danny Boyle
Mark Braniner

Dean Braustein
Shannon Brief
Michael Broderick

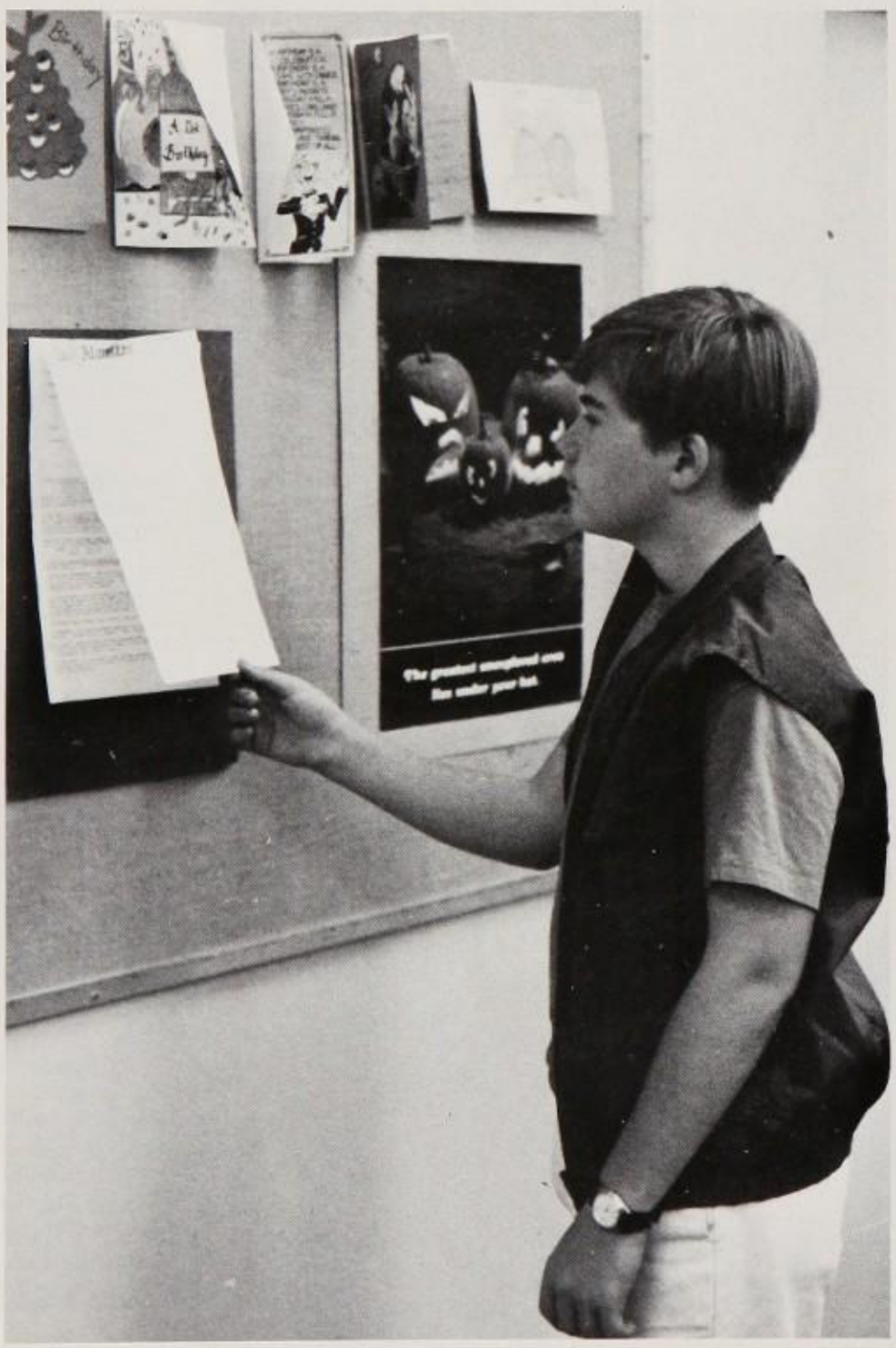
Robert Brooks
Christopher Brophy
Kimberely Browne



Scott Browne
Lisa Bryant
Alexia Brylawski
Devin Budd
Nicholas Buhbe
William Burkett
Miriam Burstein

William Busenkell
Kristen Bushelman
Janet Buys
Neil Bytel
Timothy Calder
Missy Calderon
Robert Callaway

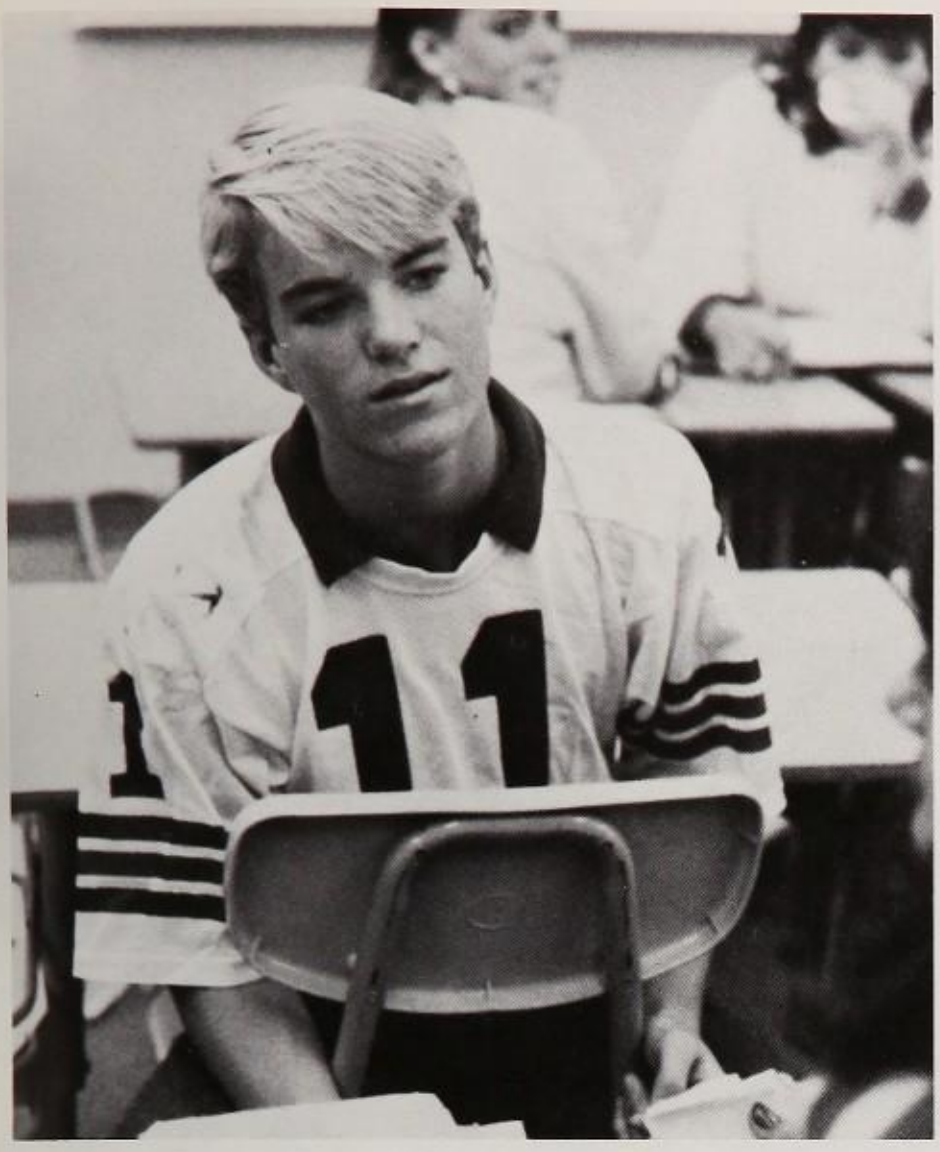
Glancing up for a moment **Andrea Cunningham** shares a smile with a friend as a sign of relief after spending most of the period constantly studying. Andrea realizes studying in class is much better than at home.



The bulletin posts everything from athletic games to holiday dances. **Shawn O'Leary** reads over what he may have missed this morning when the announcements were read.

Many thoughts run through **Lisa Kim's** mind when she is preparing to write her essay for class. Lisa is an academic student and enjoys school, especially her English class.

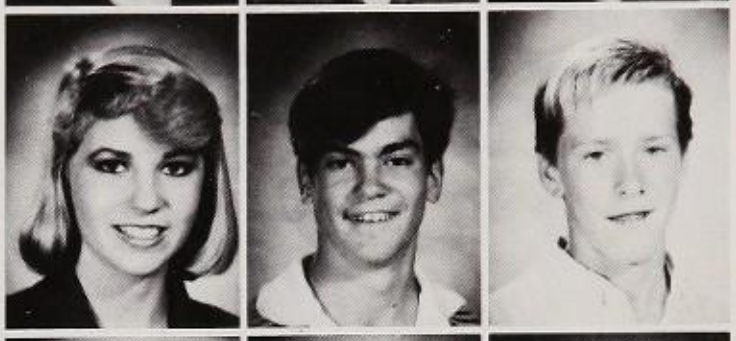
"I like L.A.H.S. seniors because they are all so willing to help."
— Ann Mellencamp



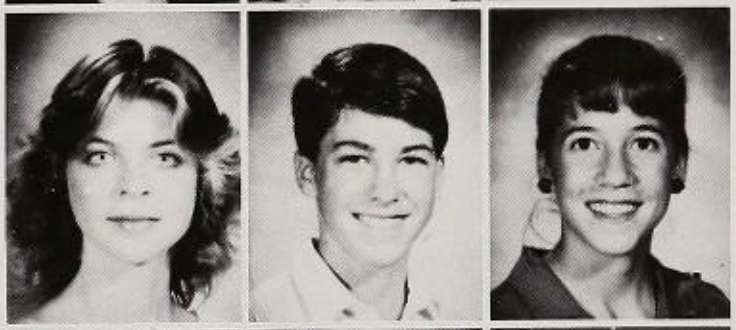
Freshman football player **Royal Reed,** has the distinguished honor of being the only student ever in Mrs. Kenny's English class to fall off his chair four times.

Randi Ann Cameron
Chad Campbell
Margia Campbell

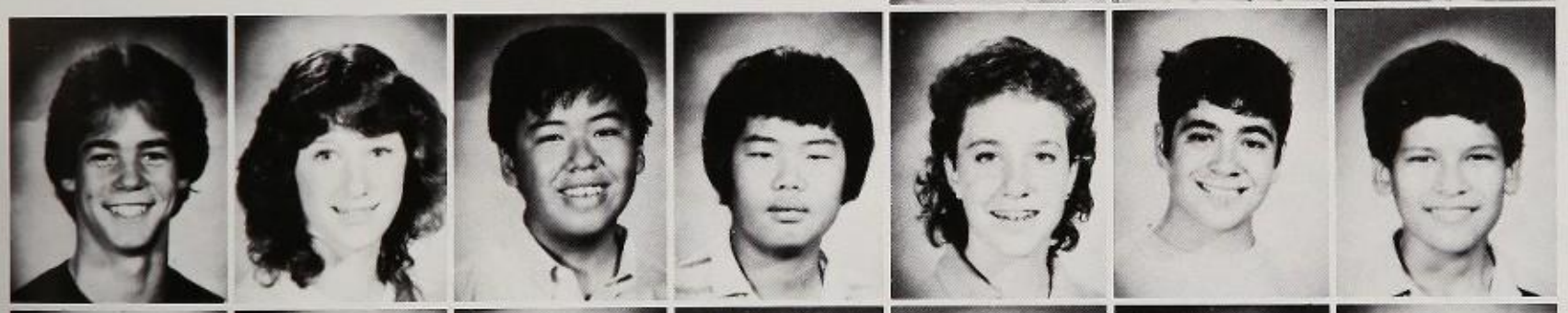
David Candiotty
Laura Cannon
Jon Carroll



Laura Carroll
Matthew Carter
Michael Castorena

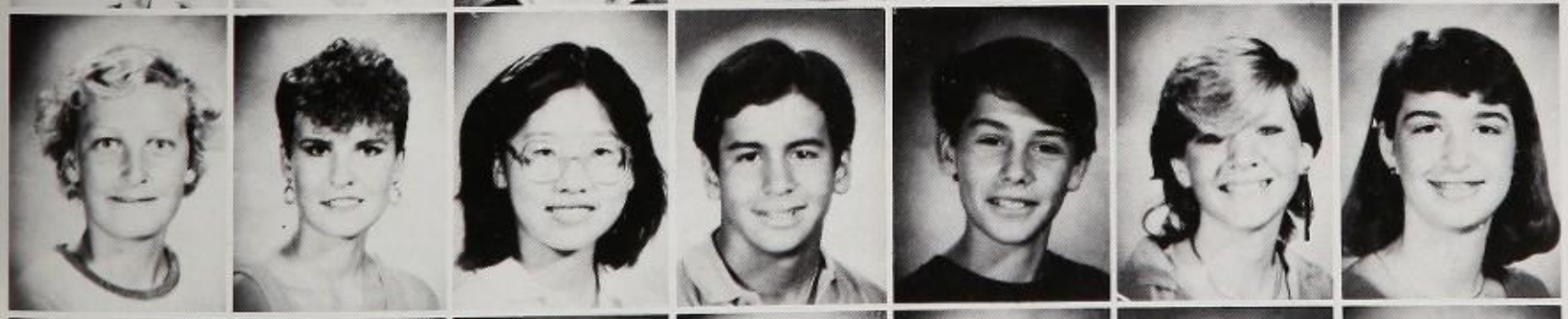


Tricia Cate
John Caughlin
Caroline Cerneka

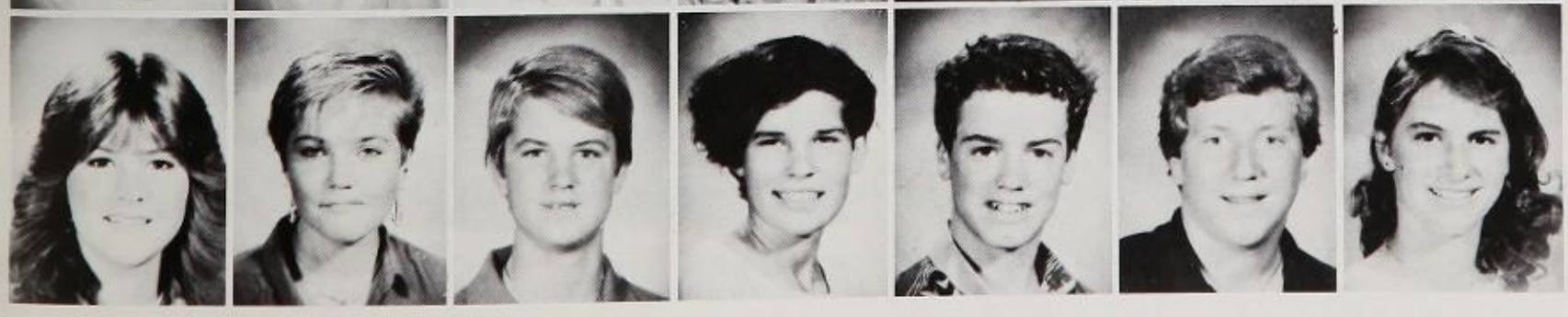


Martin B. Chandler
Cinnamon Chaney
David Chang
Weichao Chang
Susan Jane Chapman
Joseph Chavez
Samuel Chavez

Cary Chee
Laura Chee
Ping Chen
Wing Chen
David Cheng
Kim Chieppor



John Chomin
Stephanie Christ
Pam Chueh
John Cisneros
Mason Citarello
Katherine Clark
Kelly Clark



Julie Clasen
Joanna Clayman
Michael Clines
Jamie Collins
Rory Collins
Scott Combs
April Corbin

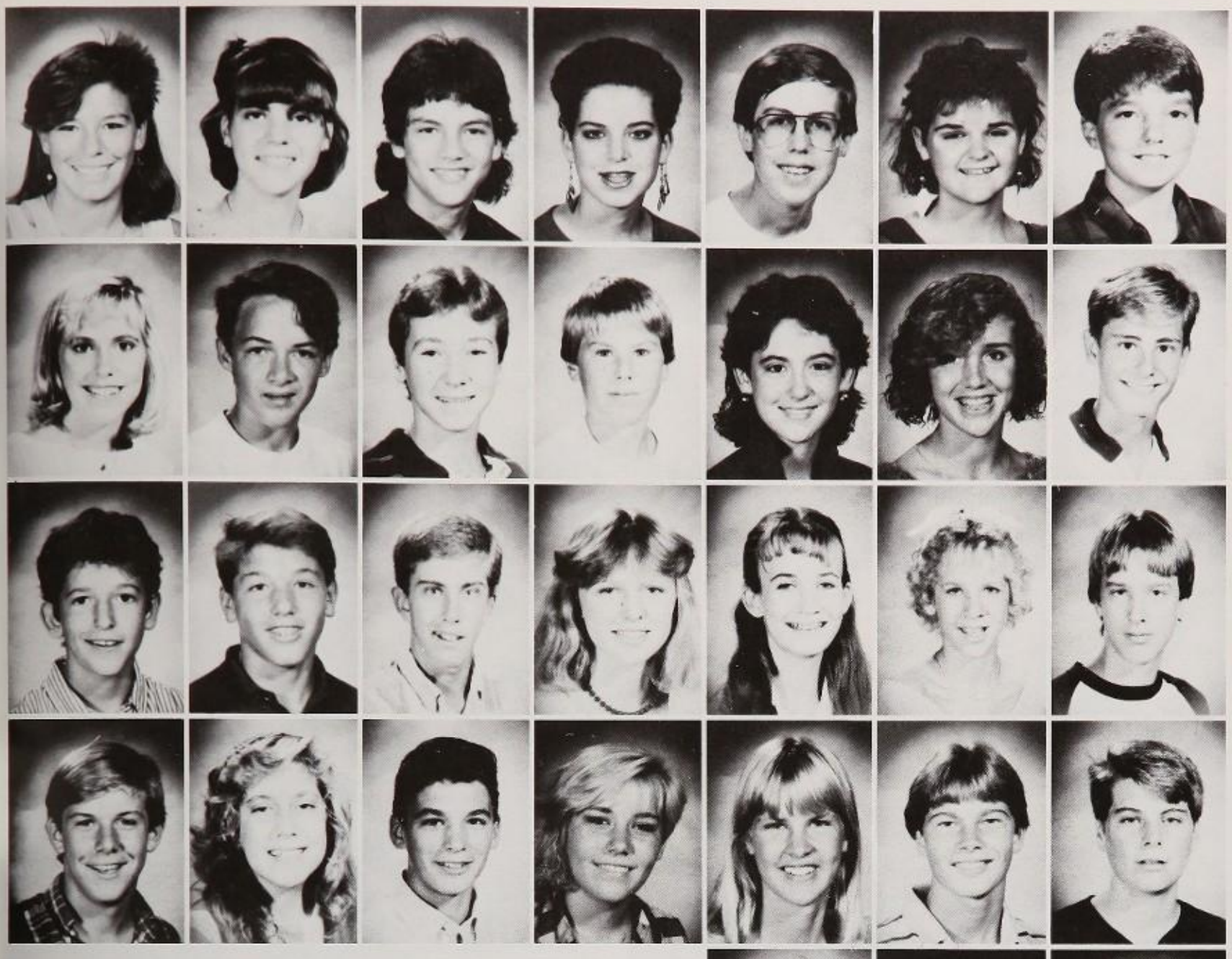
Los Al's annual Homecoming Spirit Week activities are held during lunch. **Kent Wells** and **Jennifer Maurer** join the excitement by watching their friends add points to their class standing.

Freshman **Loula Exacoustos** shares a good joke with her friend **Denise Novack.** During their hectic first year, Los Al's freshmen often find the time to share fun times with each other.

Los Al's Pep assemblies often bring great joy and spirit to the students watching them. During a spectacular routine by the Omega Drill Team, freshman **Carolyn Parton** watches in amazement the precise moves of her classmates.

"One of the things I will remember is all of the great years with all my friends."

— Cathé Corliss



Catherine Corliss
Tiffany Corwin
Michael Corzine
Lisa Cotler
Gregory Covey
Lisa Craddock
Brad Cravens

Laurel Creasey
Jason Crenshaw
Joseph Croce
Christopher Crockett
Sara Crumpton
Andrea Cunningham
Brooks Dampman

Aliosha Daumerie
Damon Davidson
Douglas Davidson
Judy Davis
Laura Dawson
Cristie Day
Michael Dealba

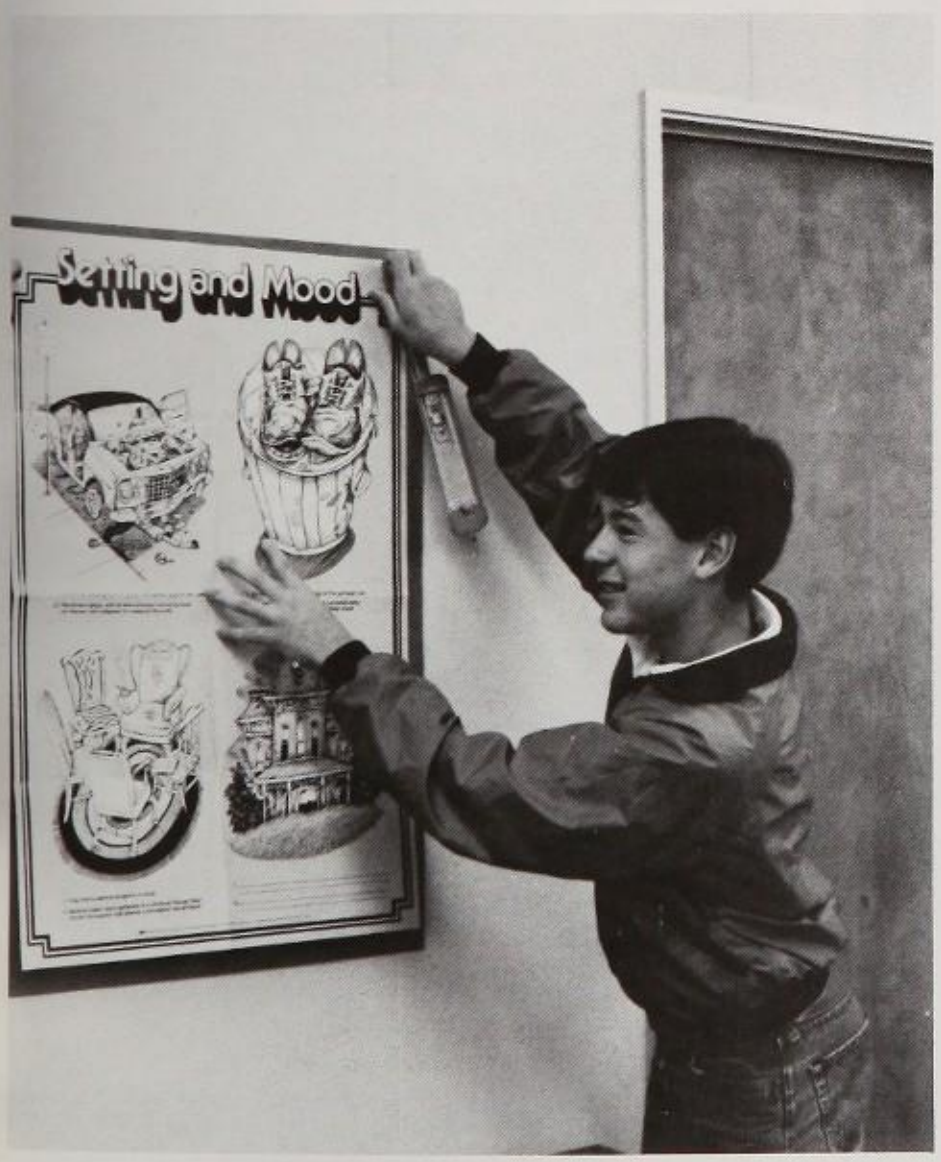
Robert Decker
Stephanie Dekelata
Jack Demos
Ambyr Denton
Chalyce Devries
Gary Didio
Matthew Dobkins

Linda Done
Linnette Donahue
Kristal Dooley

Robert Dorsey
John Downs
Jacob Drent

Jeff Dressel
David Dubourdieu
Reginald Dunn

Brent Duthie
George Easton
Craig Edmunds



Being a helpful student, **Kyle Ledesma** aids Mrs. Kenny in decorating the classroom. At the same time Kyle gains added knowledge in the area of literature.

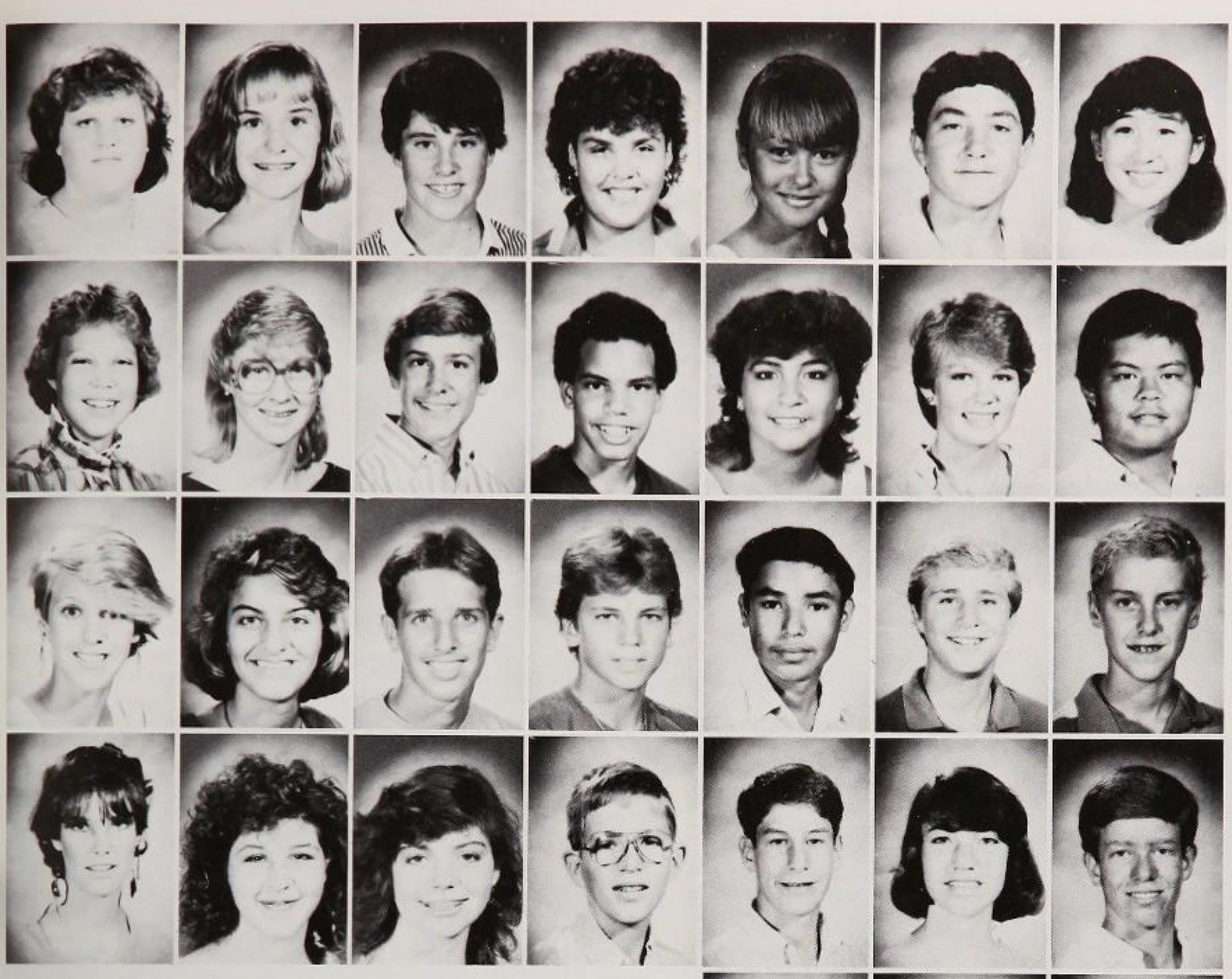
Enthusiastic members of the freshman class, **Sara Crumpton** and **Lisa Spotskey,** willingly join the fun during the Homecoming Game pep assembly. They engage in the laughter which fills the gym after a joke cracked by the ASB President.

Enjoying their lunches on a hot autumn day, **Kelly Clark** and **Cinnamon Chaney** soak up the sun in hopes of improving their tans. The grass in back of the MPC is a popular place to relax and escape from the classroom atmosphere.

Attempting to refrain from looking at his fingers, **Edward Knight** concentrates on typing with speed as well as accuracy. It is important not to look at your hands because of speed problems.

"I think that Los Alamitos High School's best points are their great staff and enthusiastic student body."

— Kim Jones



Nadine Edwards
Susan Egan
Jane Eickhoff
Wendy Elenes
Susan Elston
William Enfinger
Kelly Endow

Jennifer Ensley
Dawn Erb
John Eriksen
Matthew Escoe
Trista Escudero
Julia Estabrook
Jerry Estrada

Jacqueline Everson
Elli Exacoustos
Jeffrey Fairbanks
Patrick Fairon
Angel Fajardo
Darren Fatone
Gerald Feldt

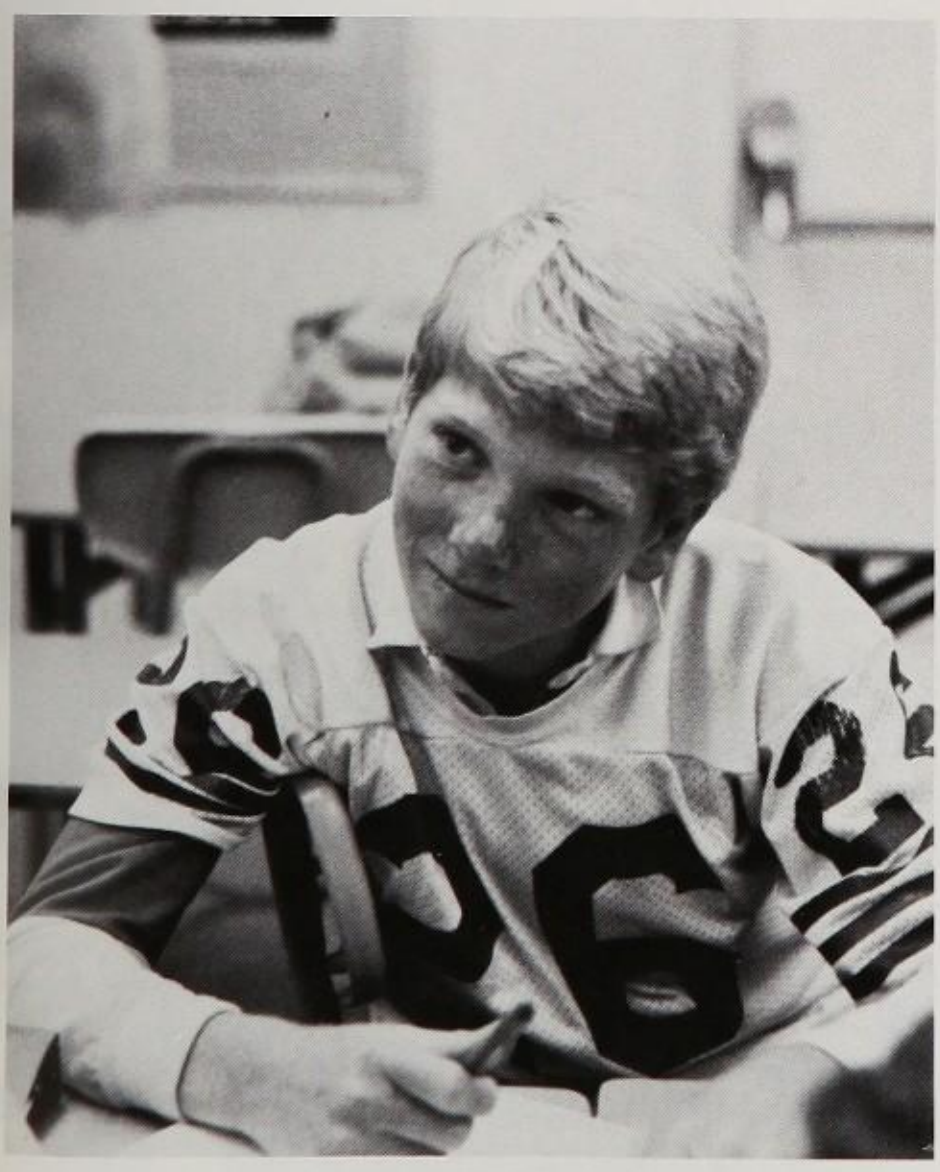
Patricia Feldt
Cindi Finger
Ginny Fischer
Scott Fisher
Robert Fitzer
Pamela Fitzgerald
Daniel Foster

Sean Fournier
David Fraser
Christian Francia

Carolyn Freeman
Randy Freer
Anjolette Fruehan

Anthony J. Fusco
Marcus Garcia
Kimberly Garthwaite

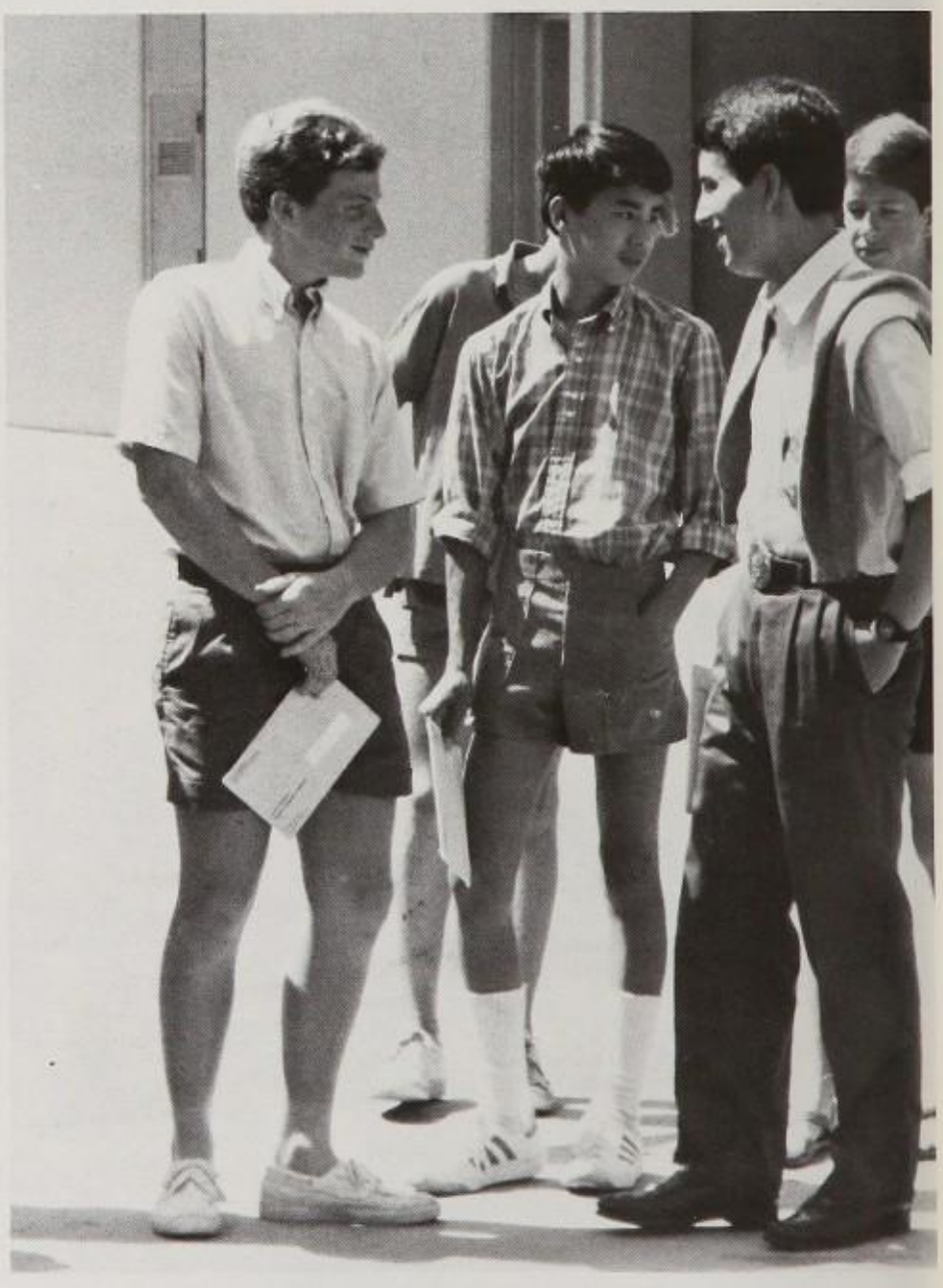
Sabrina Garzapena
Christopher Geer
Michele Genet



Engaged in a heavy discussion in his English class, **Jeff Barrus** waits his turn to share his views on an enlightening topic. He thoughtfully ponders with a smile knowing that his statement is correct.

After watching the freshman football team practice on the field, **Jane Chapman** and **Darlane Kamm** are prepared to cheer their team on to victory. Both Jane and Darlane are members of the very talented and extremely enthusiastic freshman cheer squad.

Dances are popular at Los Al because they provide time for students to gather and socialize with friends. **Kanani Turco, Susan Egan,** and **Julie Siler** take a break from the dance floor to discuss the night's events.



Standing in line for registration, incoming freshmen realize that they have become an important part of Los Al's student body. **Brian Meckler, Neil Okazaki,** and **Ari Martini** anticipate an exciting first year at Los Al.

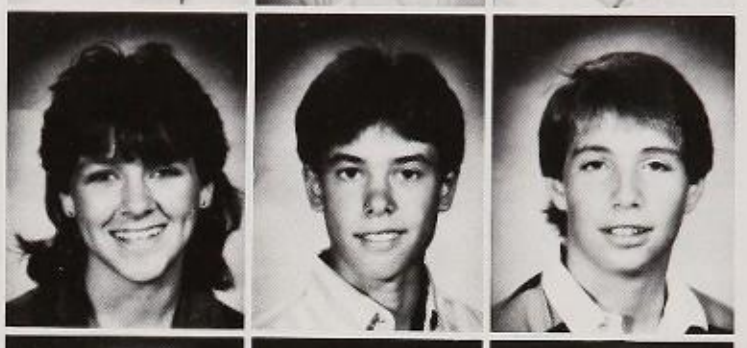
"Red, blue and gold mean that we have pride and spirit for Los Alamitos High School."

— Joey Kleinman

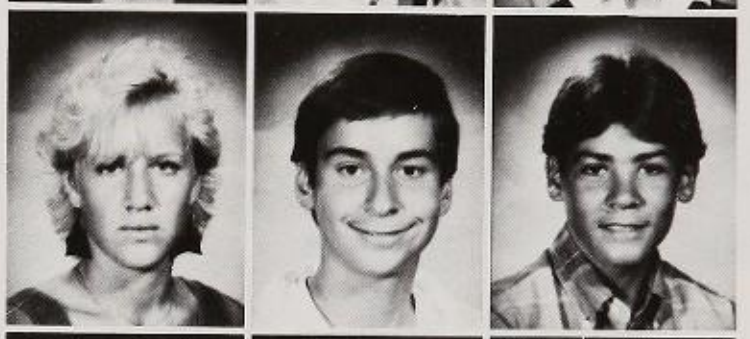
Many students elect typing during their first year at Los Al. **Jennifer Labar** flashes a smile of relief after checking her work and finding that she has typed her paper without any mistakes.

Donald Gerber
Kathleen Gibbons
Kristin Gibson

Jinder Gill
Kenny Gill
Jennifer Gilroy



Shelby Gilroy
Jeffrey Gima
Robert Glines



Gerri Glover
Mark Goggin
Frank Gonzalez

Vanessa Gonzalez
Jennifer Gorman
Jason Gormley
Erin Grayson
Shelly Gregory
Diana Griffin
James Griffin

Teresa Grosso
Elizabeth Grueter
John Guest
Jessica Haberman
Jenny Haines
Lisa Halaby
Lorrayne Halbig

Te'li Hall
Carl Haller
Melinda Hancock
Carolyn Hanson
Eric Happoldt
Samuel Hardin
Laurene Harding

Geoffrey Harper
Nicole Hartley
Gregg Hartman
Michael Hastings
Chuck Hawley
Carrie Hecht
Greg Hecht

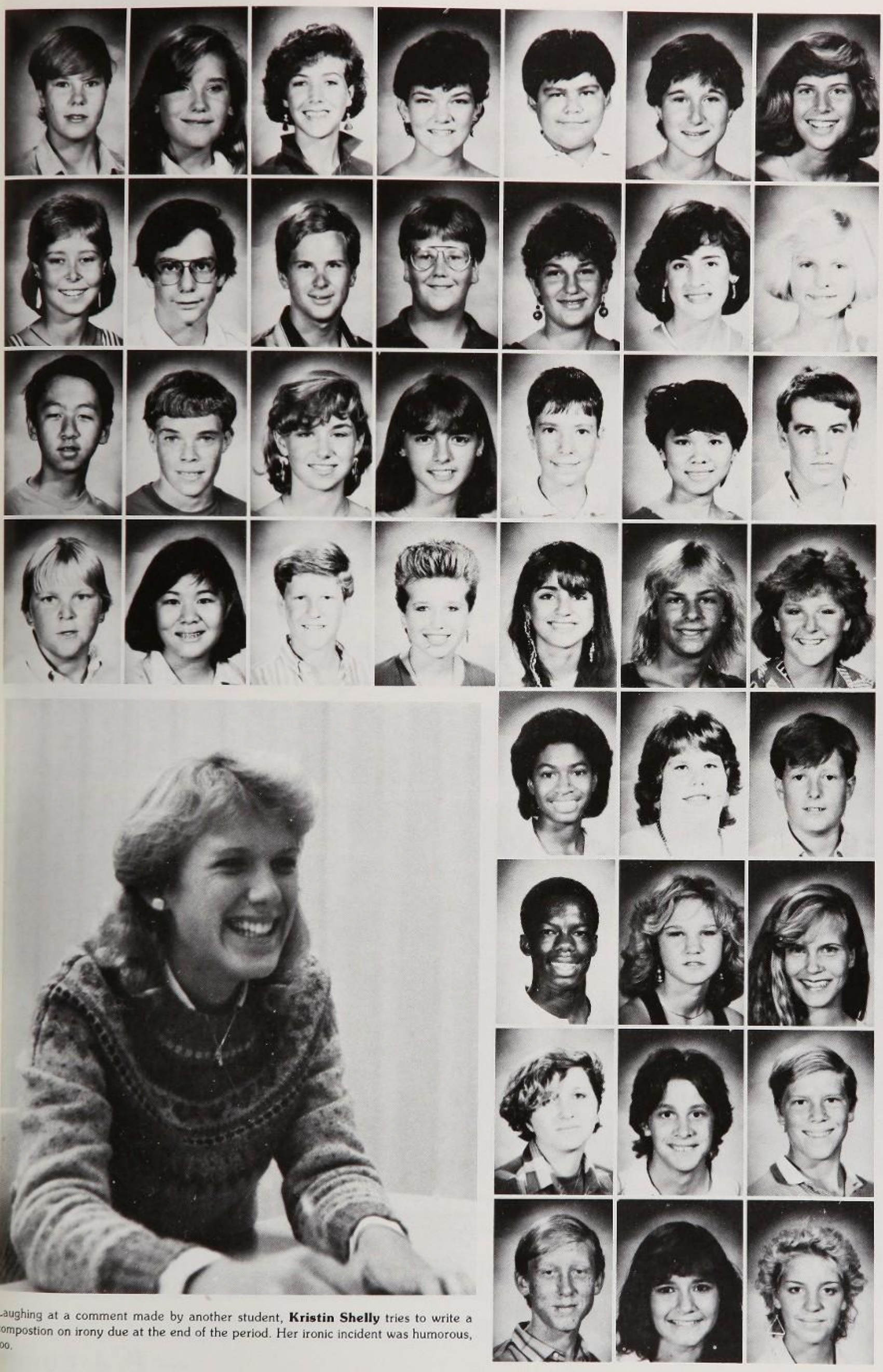
Entranced by the music on his headphones and watching a group of seniors cross the quad, **Russ Bugge** thinks of the day when he will be a senior. Russ often sits in the quad during lunch and enjoys his food.

"Those nachos were good," thinks **John Cisneros** as he finishes his lunch. John looks ready for action, but, alas, he must venture on to fifth period where he will watch the minutes tick by until 2:40 pm rolls around again.

Spirit in freshmen abounds! **Rebecca Hewitt** shows her spirit by dressing up for Halloween as a cowgirl. Many of Los Al's students dress up for occasions other than Halloween such as spirit days and their birthdays.

"My first impressions of LAHS were that I would have lots of fun here!"

— Kim Jones



Dyana Heer
Nicole Heideman
Jodi Hemphill
Michelle Henderson
Marco Hernandez
Helen Herning
Rebecca Hewitt

Heather Heyer
Joseph Hill
John Hirsch
Raus Hoelscher
Amy Holzgang
Mary Houghton
Carolyn Howard

Phillip Hsueh
Edward Hughes
Jennifer Hunt
Stephanie Hursh
Suzanne Hutton
Trang Huynh
Curtis Hyatt

Keith Ives
Janice Iwakoshi
Robert Jack
Sasha James
Sharri Jannati
Charles Jenkins
Heather Johnson

Joy Johnson
Karen Johnson
Michael Johnson

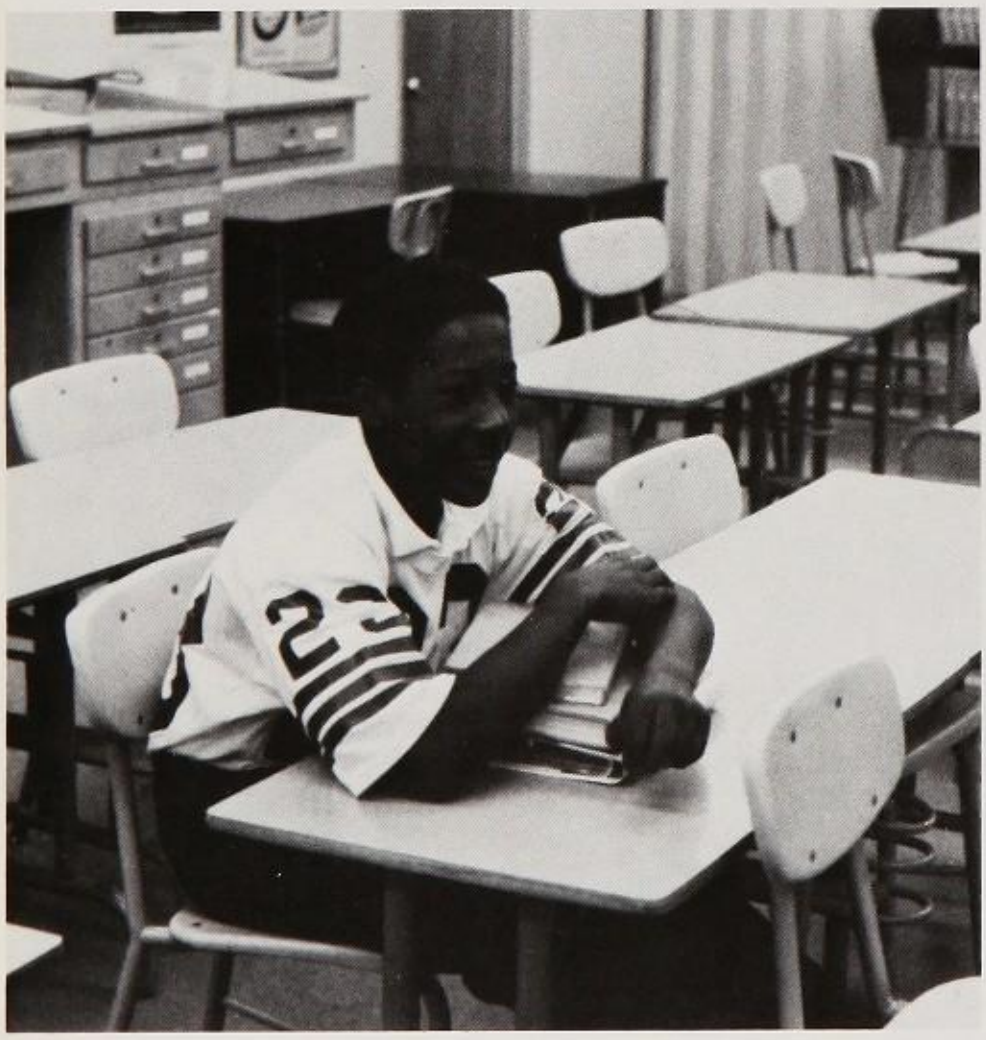
Steven Johnson
Tracy Jonas
Kim Jones

Micah Jones
Robert Jones
Neils Jorgensen

John Kahler
Darlene Kamm
Kristine Kanasi

Laughing at a comment made by another student, **Kristin Shelly** tries to write a compostion on irony due at the end of the period. Her ironic incident was humorous, too.

During nutrition **Stephanie Christ** discusses the upcoming dance with her friends. Nutrition is a brief break in the morning when students can get a snack or do some last minute studying. Many students use nutrition to gossip or talk about their classes.

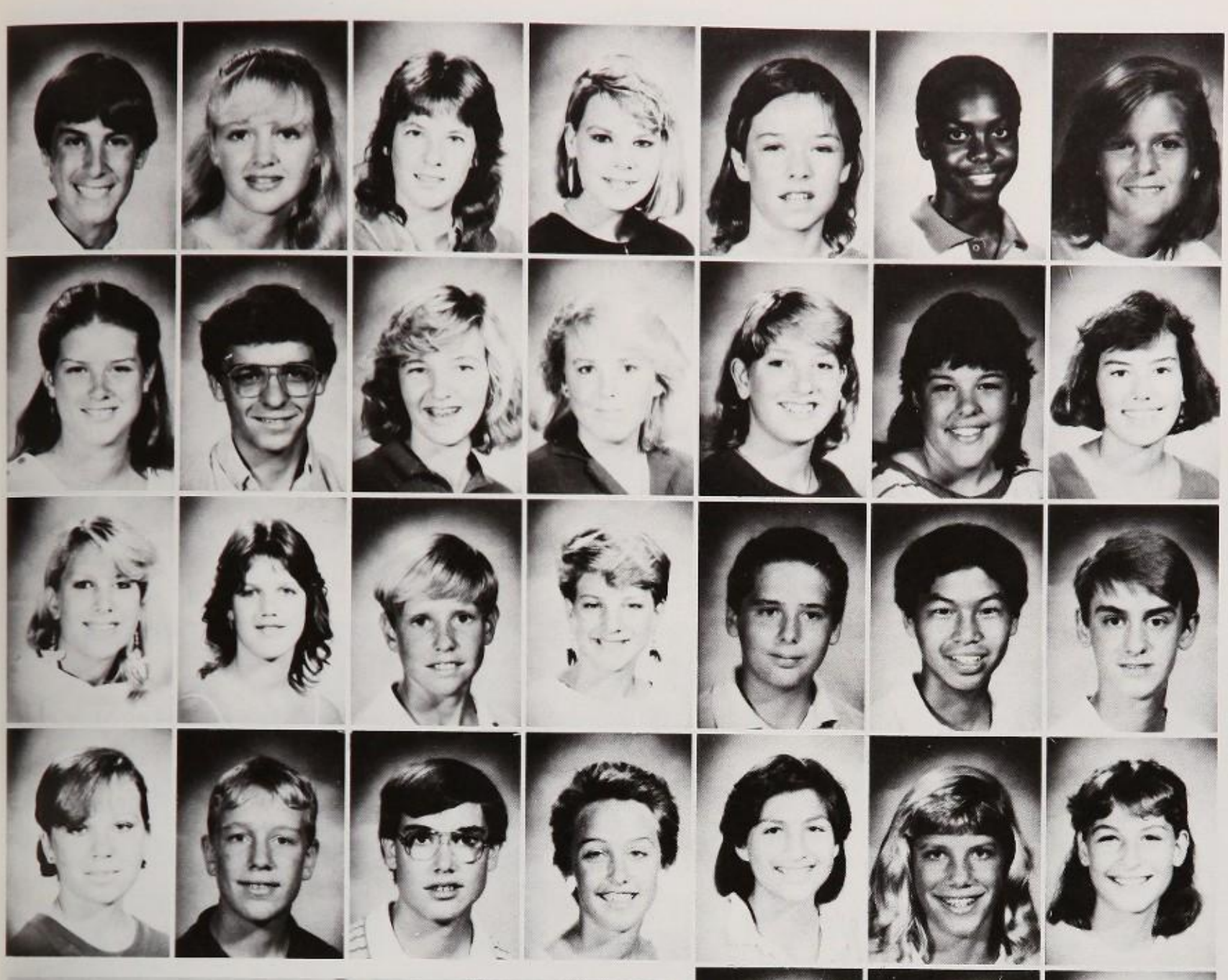


Looking forward to the freshmen football game later this afternoon, **Reggie Dunn** thinks about all the hours of practice the team went through to be prepared.

In the library with her friends, **Elli Exacoustos** shows how well prepared she is to give her report in English class. Elli uses the library often to study with her friends and do research for her classes.

"My first impression of Los Al was that it is a big school full of chances at what you want out of life."

— P. J. Long



Jeff Kanow
Jayne Kay
Carolyn Keegan
Lynne Keller
Dana Kelley
Michael Kelly
Tammy Kelso

Kimberly Kidd
Mike Kienitz
Rachel Kirkus
Michele Kissinger
Wendy Kjorness
Karen Klabouch
Joey Kleinman

Stacy Klindworth
Linda Klumb
Edward Knight
Carolyn Kolb
Stefan Koleff
Shubert Koong
Gregory Knaft

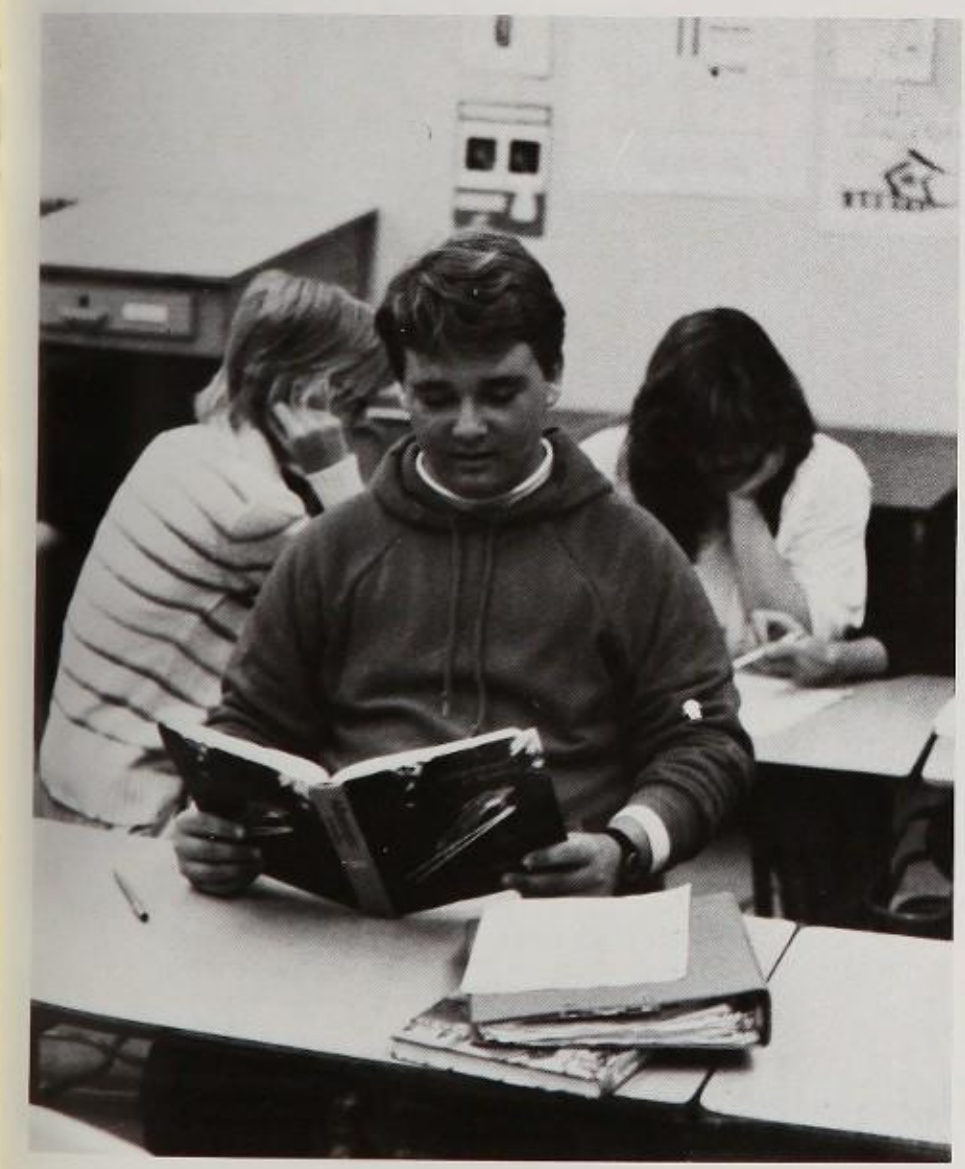
Colleen Krambeck
Peter Kropf
Walter Krueger
Barbara Kuehn
Holly Kunst
Janie Kurtela
Vickie Kuzmich

Jennifer Labar
Beth Labko
Dawn Lacerte

Christopher Lamb
Andre Lamoureax
Eric Lange

Samantha Lannon
Farren Last
James Laughlin

Anne Lawrence
Brian Lawrence
Henry Lebedev



Freshmen English is just what you make it as **Chris Spoden** shows while enjoying a story in his Adventure book. Chris keeps busy by playing football and singing in zero period choir.

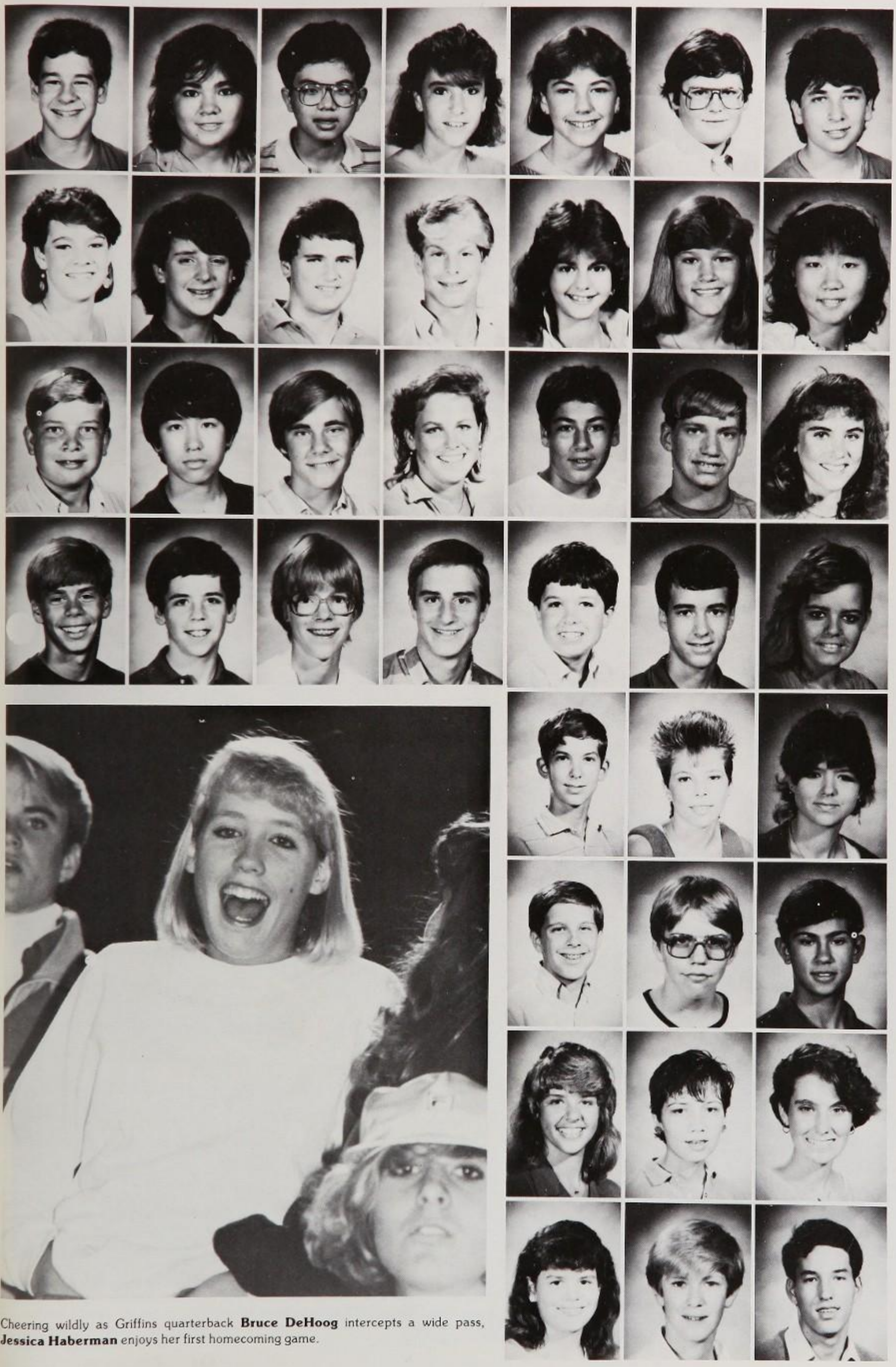
Laughing casually at a personal joke, **Ann Mellencamp** and **Lee Ann Newman** work together, studying for an English test. Their lighthearted friendliness helps them through the confusion of humorous prose, antagonists, and structure.

Catching up on an American novel, **Kim Ramseyer** enjoys free study time after class work. Kim's teacher, Mrs. Kenny, encourages her students to read books that will help them with future classes.

Eddie Knight studies the blackboard where the directions to his assignment are listed. Eddie realizes that practice makes typing easier.

"When I see the colors red, blue and gold, I know there's spirit in the air."

— Rebecca Hewitt



Kyle Ledesma
Margaret LeDoux
Jack Lee
Theresa Lee
Michelle Lefort
Jason Lefson
Patrick Leon

Jean Leonard
Lisa Lerno
Robert Lester
Brian Levine
Helaine Levitt
Aimee Lewis
Chai Le J Liang

Robert Lienau
Hahn Lin
Michael Litty
Nancy Logan
Jeffrey Long
Mike Long
Phyllis Long

Shawn Loomis
David Lowerey
Christina Lucas
Erik Lupescu
Chris Lynch
Jeffrey Lyons
Brenda Machado

Jeff Mackewicz
Cynthia Macselwiney
Annelise Madsen

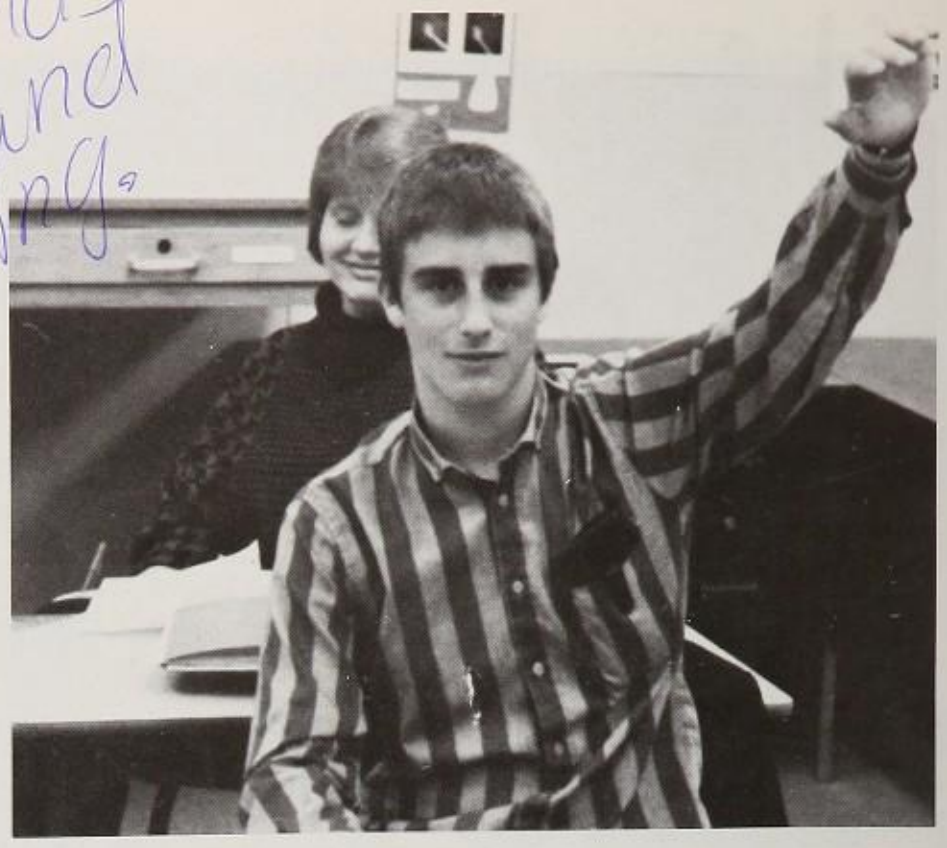
David Maher
Mike Maine
George Maisterra

Jennifer Maitlen
Michelle Malkemus
Lisa Mariotti

Joey Marquart
John Martin
Ari Ronald Martini

Cheering wildly as Griffins quarterback **Bruce DeHoog** intercepts a wide pass, **Jessica Haberman** enjoys her first homecoming game.

Holly-
I'm glad that I met you this year in P.E. I'd totally like to become better friends. Call me over the summer and maybe we can do something. (594-4049)
Love Ya,
Marci



Eager to answer his teacher's question, **Erik Lupescu** raises his hand confident that he knows all the elements of the short story, "I Sing the Body Electic" that he is studying in his English class.

Giving a speech or reading a report in front of an entire class can be quite a frightening and sometimes an embarrassing situation. **Rebecca Hewitt** pays no attention as she reads her essay.

Being an active member of student Congress certainly is not an easy task. **Jessica Haberman** is an active member and knows this. She listens attentively to the current decisions made about the Red Cross blood drive.

Michael Martinez
Jennifer Maurer
Paul May
Gina McFee
George McCombe
Mark McCoy
Marcy McDaniel

Melinda McDonald
Erin McGlone
Marci McGolden
Heather McGrann
Kevin McIntyre
John McMahon
Brian Meckler

Christina Medrano
Adam Meirovitz
Ann Mellencamp
Scott Meyer
Steve Mihatov
Carol Miller
Jeff Mollohan

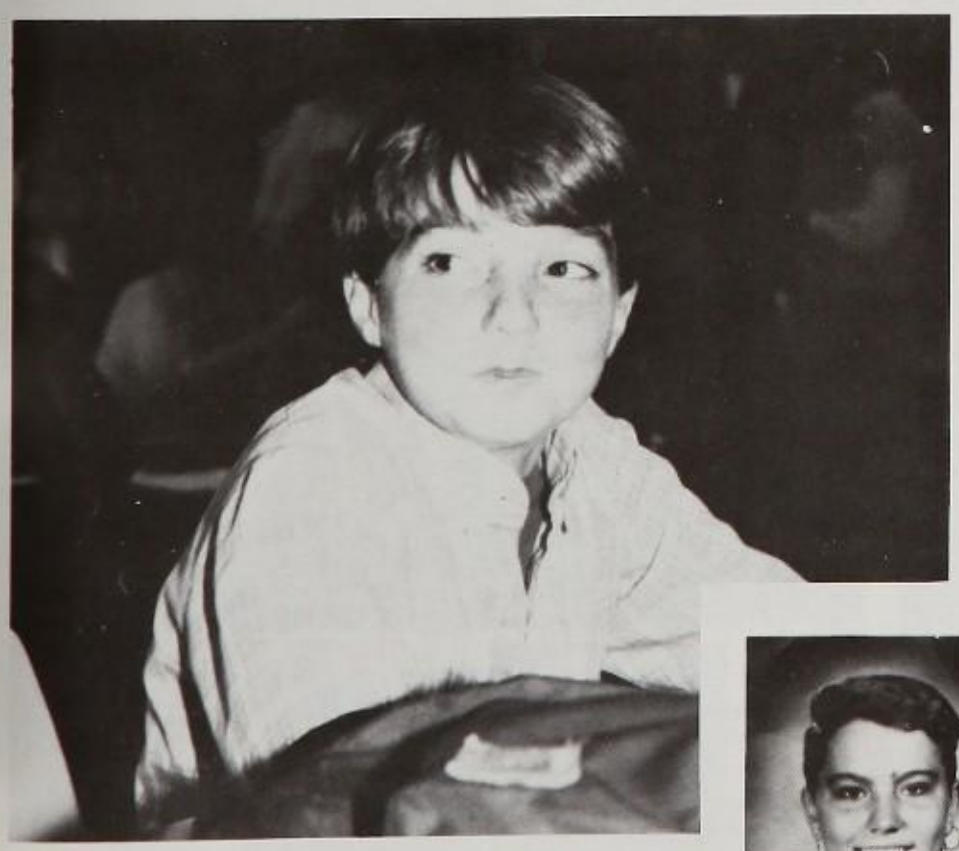
Stefan Moon
Julie T. Moore
Maxwell Moore
Robert Mora
Kristen Moretta
Leslie S. Morrow
Michelle Mosher

Jennifer Mount
Danny Mulleary
Bret Mumy
Dale Munson
Gregory Murphy
Melinda Murphy

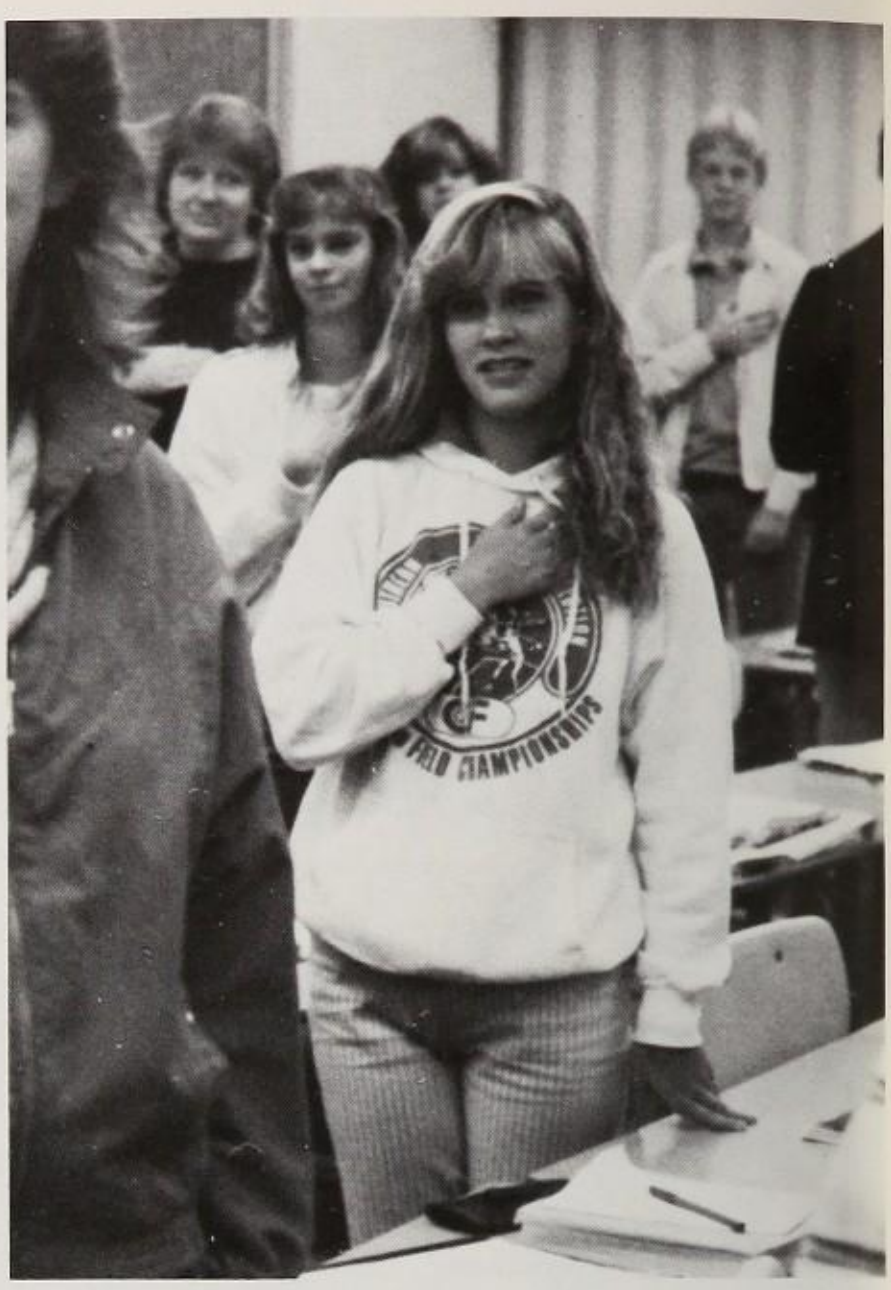
Phillip Murray
Tony Muser
Stephen Musselman

Shelly A. Naaktgeboren
Vincent Nash
Betty Nehrenberg

Melissa Nemione
Leanne Newman
Kenneth Newsted
Bryan Newton



Looking around to see if anybody is watching him, **Brad Cravens** sneaks another Hershey kiss into his mouth. Brad's favorite taste is chocolate.



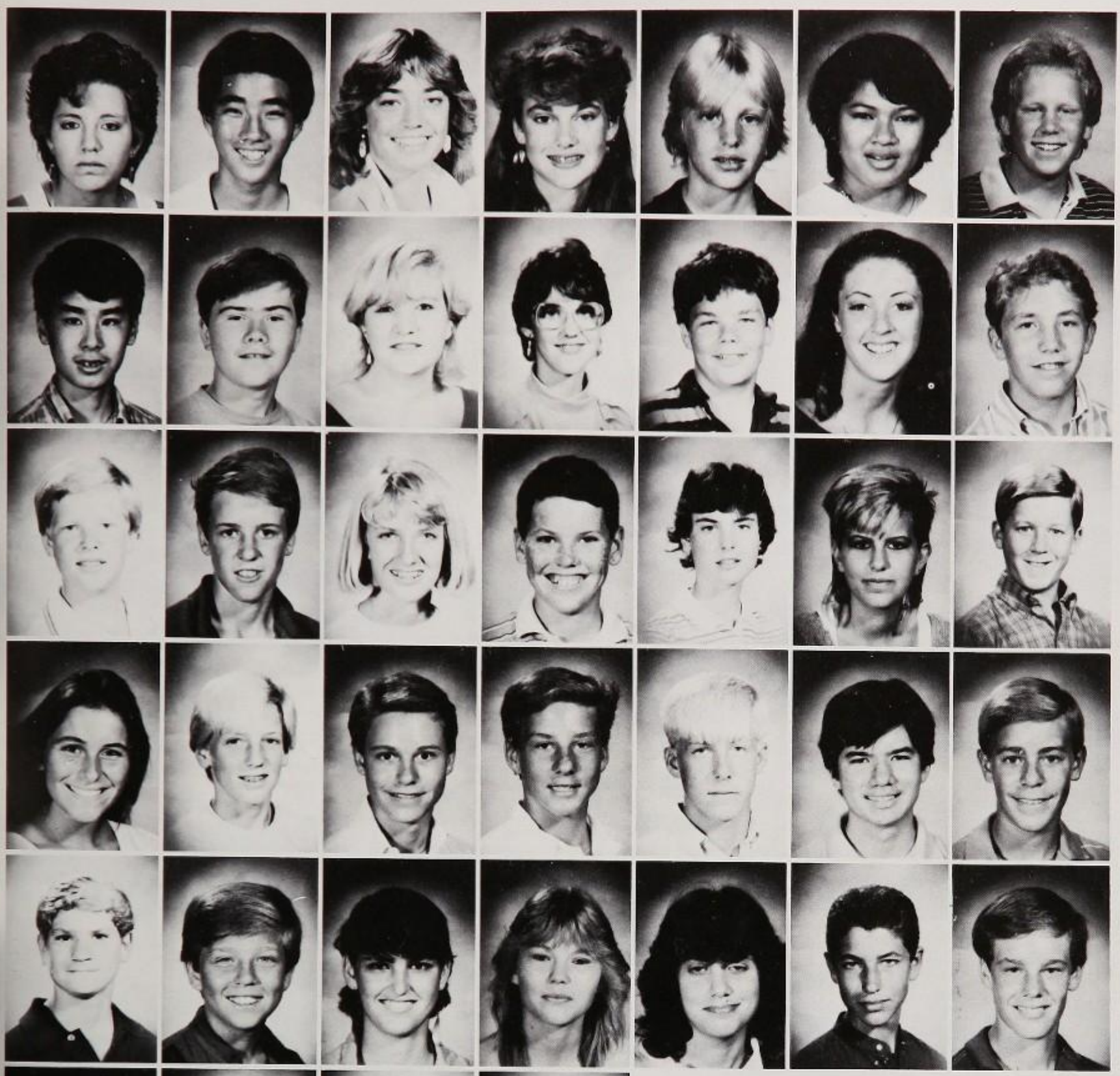
A daily routine at Los Al is to recite the Pledge of Allegiance. Every morning **Kim Jones** looks forward to this ritual which takes place right after the bell rings for first period.

"Where is the outlet?" **Bob Callaway** thinks as he frantically searches for a place to plug in the overhead projector. Bob doesn't know that volunteering to do a good deed for the teacher could be so difficult.

Supporting Los Al's clubs is what **Denise Novack** has done by purchasing a blow pop sucker. Club candy sales are big hits on campus especially when they are suckers that only cost a quarter.

"The school colors red, blue and gold stand for Griffin pride and spirit."

— Elli Exacoustos



Michelle Nielsen
Max Nishii
Denise Novack
Tara E. Nummedal
Christopher Obrite
Karen Ola
Thomas Ogorzalek

Neil Okazaki
Shawn O'Leary
Erika Olson
Kristen Olson
Kari Oneyear
Cynthia Orr
William Orvis

Paul Ottone
Brett Pagett
Eva Paine
Sean Park
Kristin Parker
Shelley Parker
Brian Parkinson

Carolyn Parton
Joseph Paterno
Eric Patrick
Sean Patrick
Brent Patterson
Eli P.G. Patterson
Stephen Pawlacyk

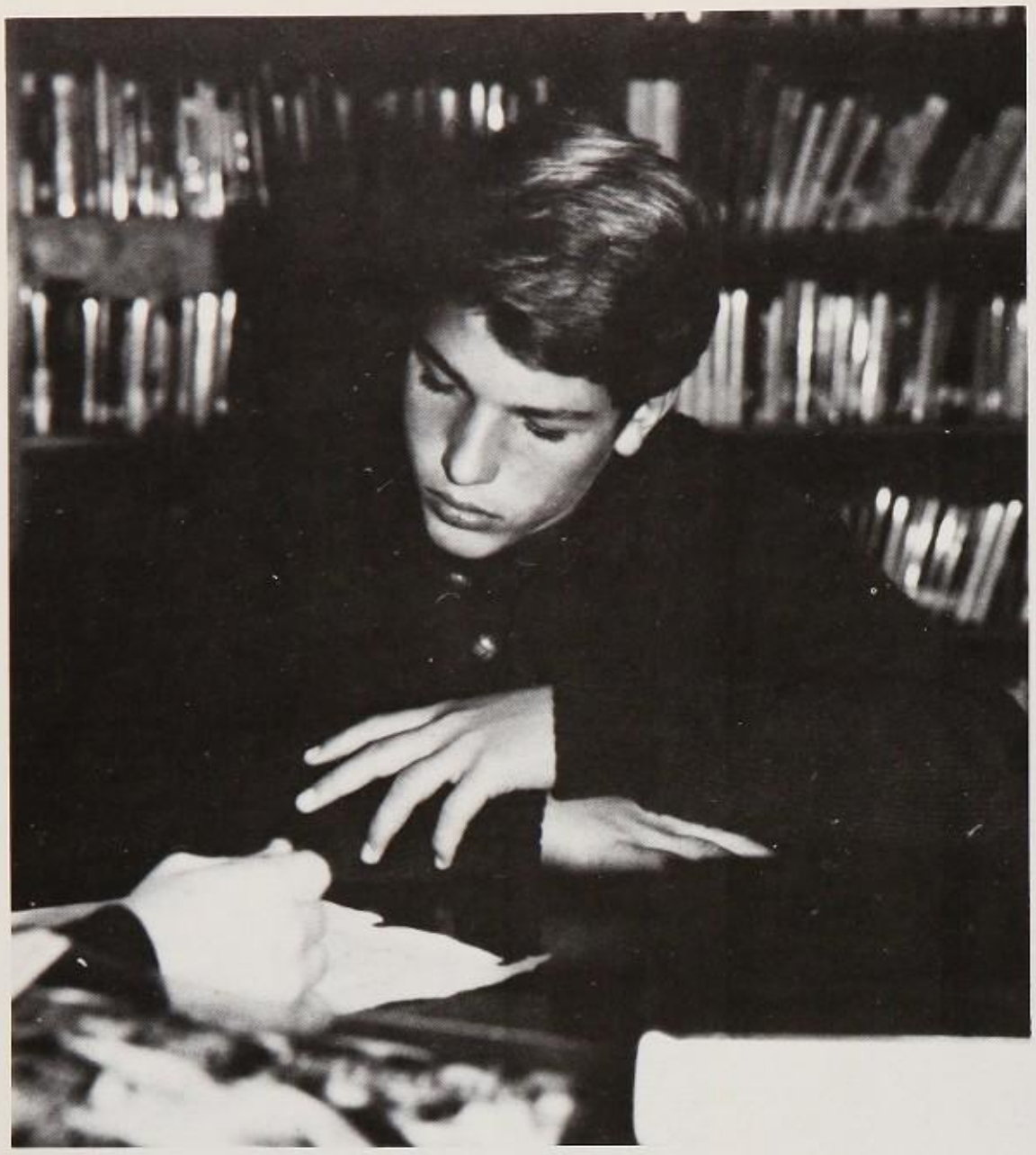
Monte Payne
Steven M. Pendelton
Loralyn Perkins
Tammy Peson
Julie Peterson
Todd Phillips
Greg Pirkil

Larry Pitcher
Robert Platt
Mark Plattenberger
Alison Pohlmann

Amy Polakoff
Diana Ponce
Eric Poncinie

Kristen Pound
Yvette Powell
Stephanie Price

Holly,
I'm sure glad I met you in 5th period P.E. Have a fun Summer and maybe I'll see you on the Beach.
♡ Steve
P.S. K.I.T.
592-4705
or
592-1610
(mine)



Before school in the library, **Damon Davidson** reads over a note sent to him by a female admirer. Being admired does not seem to faze Damon at all.

Broken bones will not stop **Gregg Hartman** from putting his best effort into Mrs. Dunn's beginning typing class. Gregg is sincere in his effort and works enthusiastically towards his final typed page.

Looking over his text one last time before the test, **Mike Castareno** hopes for an "A" in his world history class.

Using the machines in wood shop, **Charlie Jenkins** and **Mike Baker** discuss the activities planned for the upcoming week. Charlie has made many projects in wood shop.

"I like the faculty because if you're having problems they're willing to help."

— Christina M. Lucas

Scott Printy
Erik Prussel
Danny Pszyk
Christi Quintana
Erin Raccah
Brian Rak
Debbie Ramchandani

Kimberly Ramseyer
Marybeth Raus
Kerry Re
Royal Reed
Kevin Reekes
Dan Reeser
Lauren Reeves

Andrea Rehman
Jennifer Reince
Angela Reinhardt
Gregory Reyes
David Richardson
Matthew Rickerd
Trisha Rinella

Thomas Ritchie
Lisa Rivard
Roger Roadstrom
Sanford Rose
Dana Rosenfeld
Christina Ross
Karen Rothery

Steve Rubenacker
Monique Ruiz
Ana Saladrigas
James Salvati
Sally Salk
Stephanie Sanchez
Michael Sanders

Michael Sandler
Daine Sands
Nancy Sands
Glynn Sanford

Troy Santana
Brian Scanlon
Cynthia Schild
David Schulten

Walking across campus to nutrition, **Jennifer Mateland** and **Marcy McGolden** watch the new boy on campus. Jennifer and Marcy have been good friends since the year began.

Trumpeteers in Los Al's Olympian Marching Band, **Derek Baker, Ron Vega** and **Dave Schulten** run through the sheet music for the following night's field show. Since march music utilizes the brass section for most of the melody, the trumpet players must be sure they are prepared.

Running through a tough scale on his trumpet, **Ken Bishop** vigorously practices during band class. He'll be marching down Main Street, Disneyland during Winter Vacation with the brass section.

In preparation for class to begin, **Tara Nummedal** and **Alexia Brylawski** warm up their instruments. Every musician knows that a practice session will not be satisfactory unless the warm up rule is observed.

"Ten years from now I'll remember the rad guys and the fun things we did at L.A.H.S."

— Anne Lawrence

The bold, brassy tones of the saxophone make up an important part of the band's harmony. **Michael Kienit** enjoys being part of Los Al's large and successful marching band.

Erik Schumacher
Gina Schuman
Lawrence Schwimmer

Julie Scott
Michael Scott
Stephanie Scott

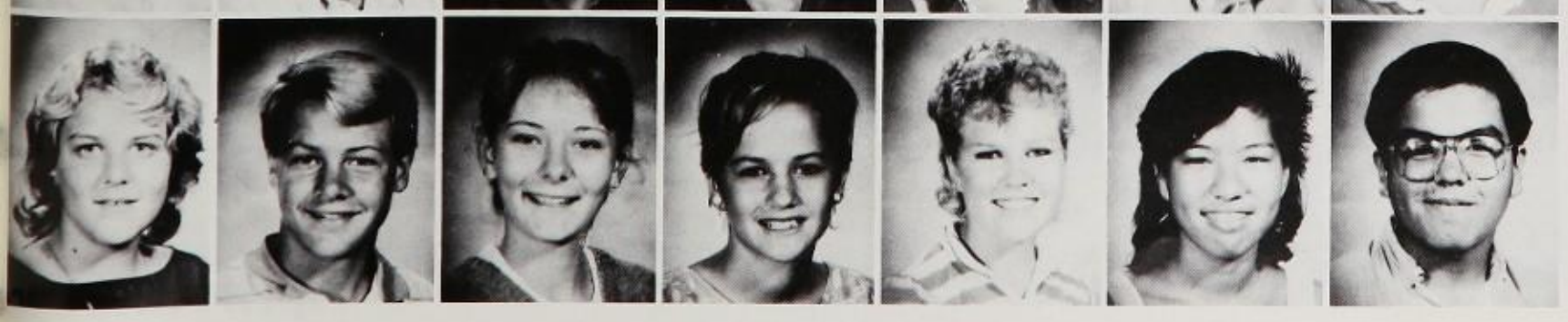
Julie Seaborn
Kim Sederstrom
Christina Seese

Kirk Shablow
Deirdre Shelly
Kristie Shelly

Brian Shelton
Brande Shields
Robin Shivers
Jodi Shuppara
David Sidoni
Julie Siler
Jennifer Simmons

Julie Simmons
Matthew Singer
Samantha Smart
Carol Smith
Sharon Smith
Toby Smith
Yvonne Soule

Brian Southworth
Christopher Spoden
Lisa Spotskey
Andrea Sprague
Jennifer Sprague
Derek Stanford
Jeff Stephens



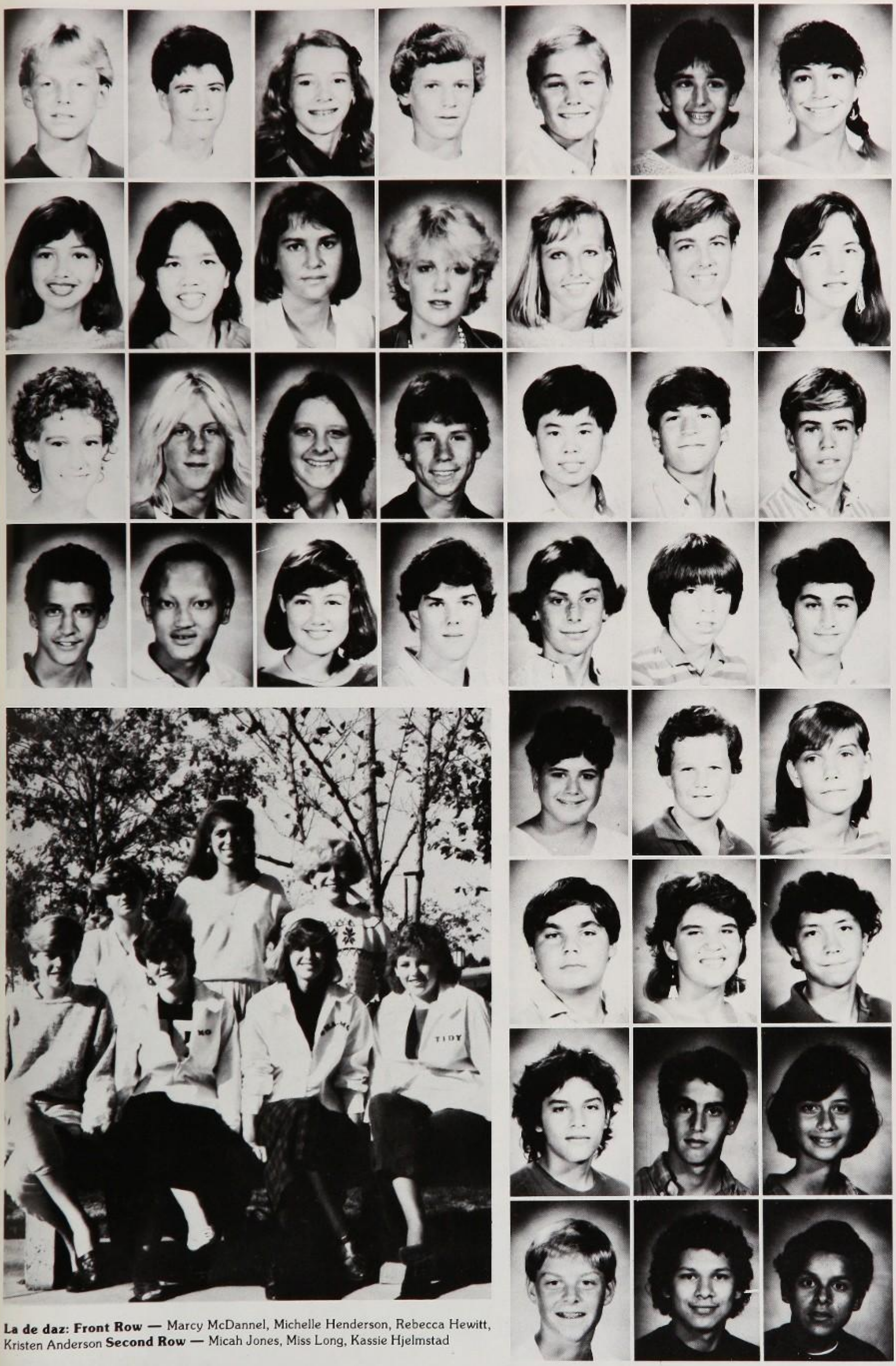
Julie Stevens
Scott Stevens
Sarah Stiles
Rainy Jo Stout
Kelly Stucky
Joann Sugihara
Frank Sugiyama

LA Klass Act: Front Row — Amy Holzgang **Second Row** — Brigitte Biringer, Jennifer Hunt, Lauren Reeves, Heather Heyer, Laura Dawson, Mindy Hancock, Jennifer Maitlen **Third Row** — Mrs. Flynn, Marci McGolden, Denise Novack, Trisha Rinella, Vickie Kuzmich, Chalyce Devries, Sharon Bordas, Deanna Barber, Julie Seaborn, Melinda McDonald, Erin Raccah

Girls' Freshman Football: Front Row — Julie Williamson, Gina McAfee, Kelly Clark, Susan Egan, Julie Siler, Kim Ramseyer, Yvonne Soule', Dana Rosenfeld, Megan Wood, Jamie Collins, Kim Jones **Second Row** — P. J. Long, Cathe Corliss, Linnette Donahue, Jane Chapman, Darlane Kamm, Cinnamon Chaney, Sharon Weinster, Kassie Hjelmstad, Micah Jones, Stephanie Dekelata **Third Row** — Elena Talamantez, Elli Exacoustos, Denise Novak, Jessica Haberman, Aimee Lewis, Cindy Orr, Mr. Lung, Wendy Kjorness, Gina Schuman, Jennifer Maurer, Sabrina Garzapena, Jonna Artukovich, Vanessa Gonzalez

"L.A.H.S. seems to care about their students' well being and I think that's the best quality."

— April Aubrey



La de daz: Front Row — Marcy McDannel, Michelle Henderson, Rebecca Hewitt, Kristen Anderson **Second Row** — Micah Jones, Miss Long, Kassie Hjelmstad

David Sundmacker
Ryan Sutton
Lara Swann
Matthew Sweet
Bobby Sylvia
Sotoria Syrengelas
Zoe Syrengelas

Elena Talamantez
Magilene Tamares
Torrie Tarchione
Kirsten Taylor
Jancie Terby
John Terby
Lisa Terry

Dawn Thomas
Mark Thomas
Michael Thomas
David Thompson
George Ting
Gregory Tobin
John Treadwell

Eric Trujillo
Tri Truong
Kanari Turco
Jonathan Turpin
Robert Tuttle
Bill Uranga
Farnaz Vadood

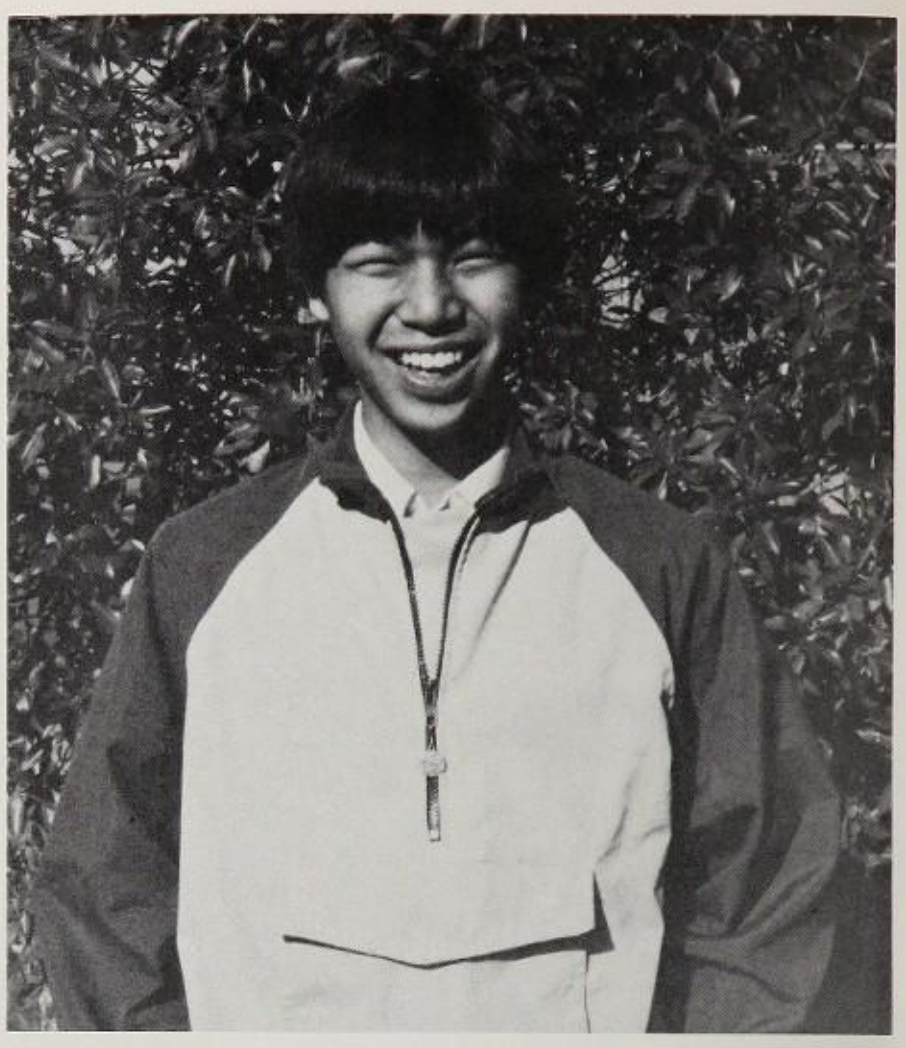
Kristy Vanzutphen
Darrell Vaught
Kristie Vavak

Ronald Vega
April Venable Aubry
Mark Vera

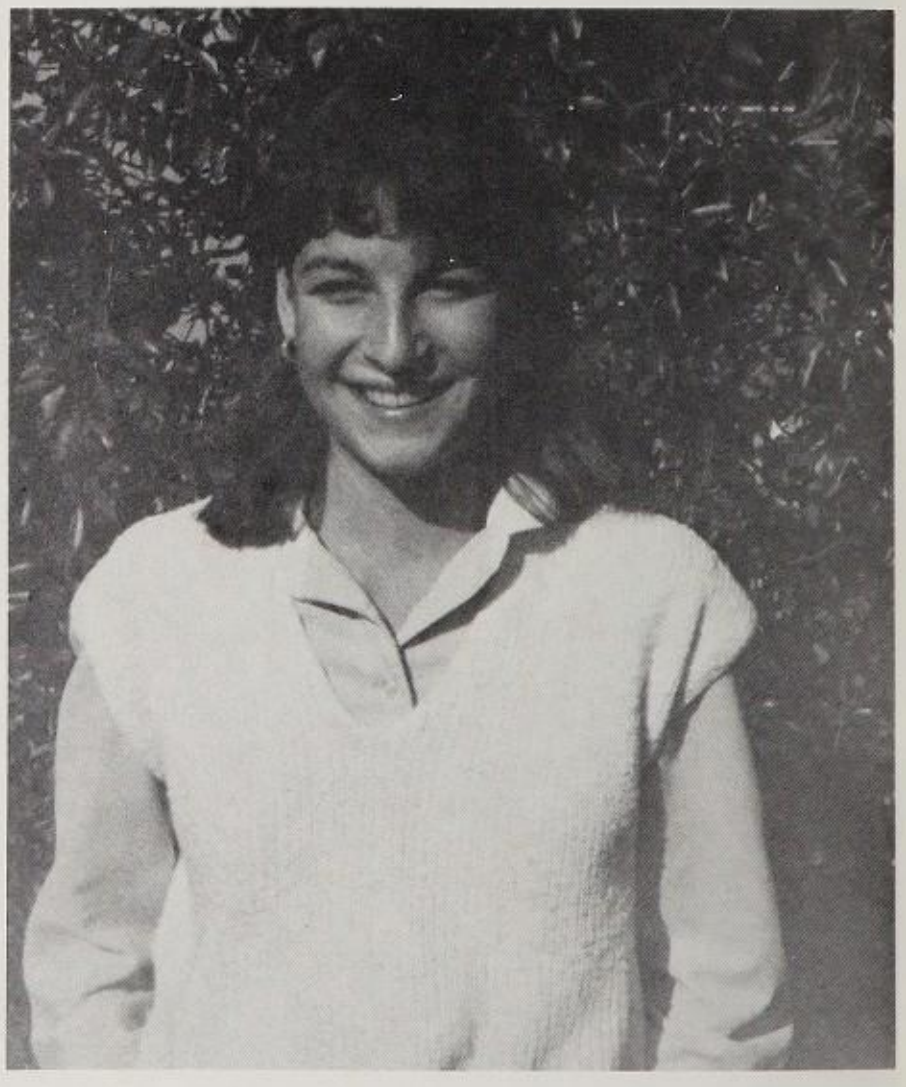
Max Vera
Matthew Verga
Michelle Vergara

Timothy Vigliotti
Bill Villegas
Julio Villegas

Learning the proper use of vocabulary is an important part of every freshman English class. **Christy Day** pours over her **Vocabulary For the High School Student** book in order to be confidently prepared for her next test.



Freshman Class President — Shubert Koong



Freshman Class Vice-President — Vickie Kuzmich

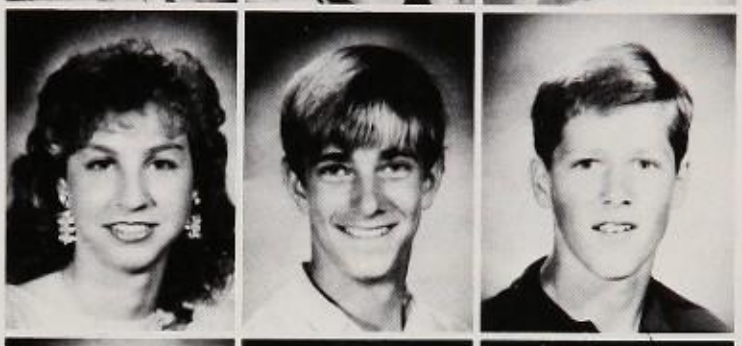
"Seniors at Los Al are an example to all others of the greatness and supremacy of our school and its students"

— Greg Reyes

Many teachers introduce their freshmen to high school by getting them involved in group project. **Christina Lucas** is able to get to know her classmates better while she completes a homework project.

Kelly Vurgon
Chevelle Walker
Mardi Wallin

Jessica Watson
Jack Webb
Sharon Weinstein



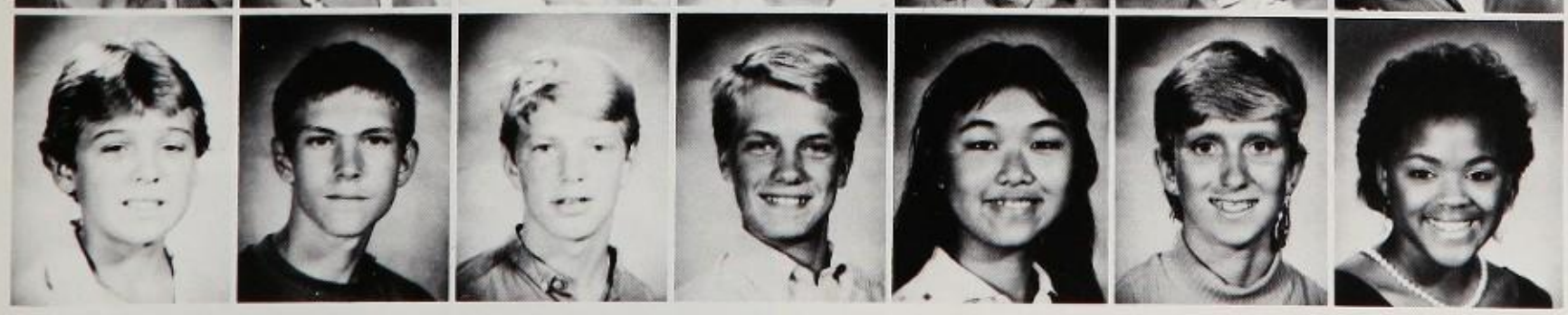
Nancy Weintraub
Kent Wells
Todd Welsh

Jill Wendell
Jason West
Aaron Wheeler

William Wheeler
Bill Whipple
Amy Whitlock
Craig Wiblemo
Scott Wilford
Tami Wilhelm
David Wilkins

Todd Wilkinson
David Williams
Julie Williamson
Cathy Willis
Angela Wilson
Jeffrey Wimbish
Jonathan Wimbish

Stavey Winslow
Candace Wolfer
Bruce Womack
Jana Wong
Eric Wood
Megan Wood
Steve Wood



Frank Woods
Wade Wooldridge
Timmy Wynn
John Yesenosky
Shu Chu Yoh
Jennifer Younghusband
Lasondra Zarif

David VanWinkle prepares for an upcoming wrestling match and excitedly awaits the chance to pin his opponents. David was one of the four Griffins that qualified for CIF.

The Question Answered

Q: Can I ask you a question?
Can a man give and give and never get back?
Can he walk a thousand miles and still be no place?
Can he work years and years and not get a cent?
Can he bleed for a woman and still be turned down?
Is it foolish to go on when there's no end in sight,
Or when your road seems to end,
Or your light seems too dim?

A: All I can tell you is if your path is well chosen,
Pursue it each day
Your light will come brighter
Your path becomes clearer
The end is in focus
New horizons in sight.
But if it's poorly chosen
Pursue a new path
These things will come clear now
If your choice has won right.

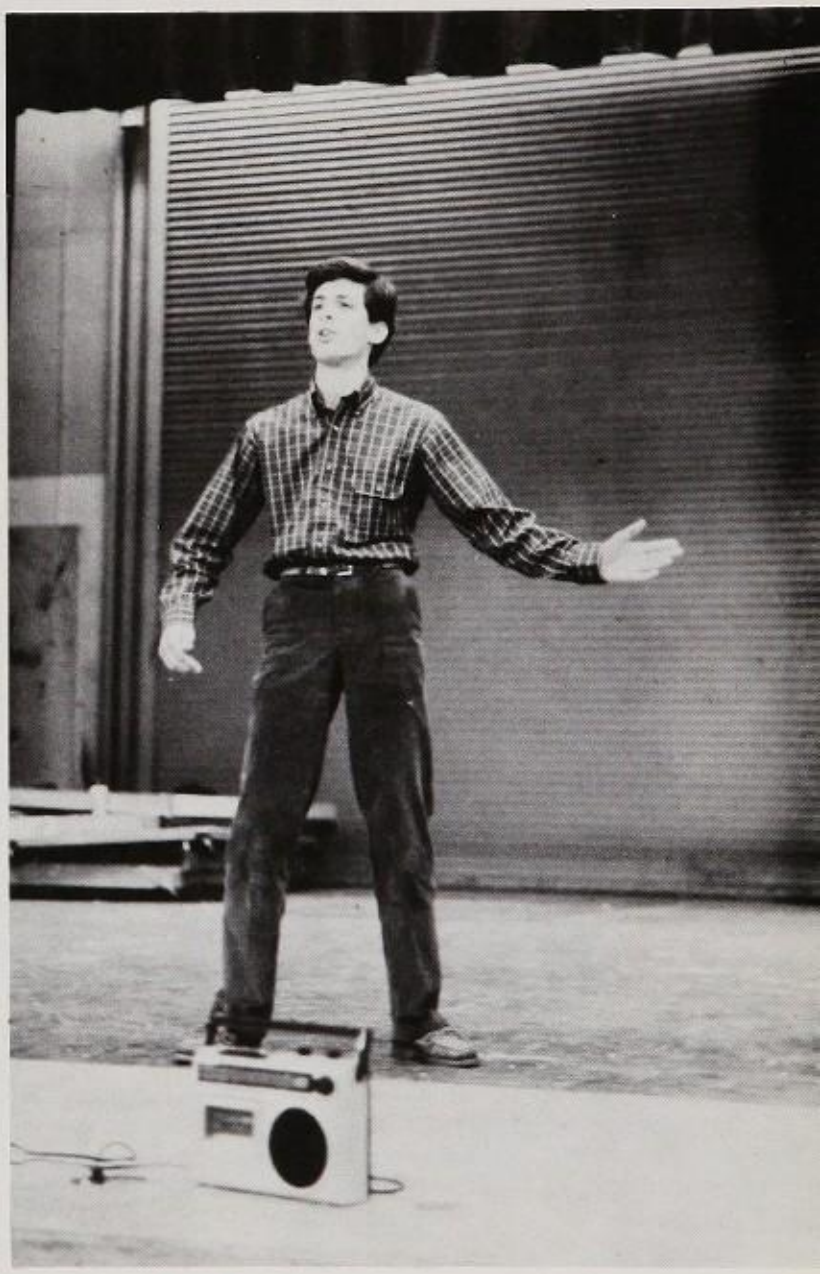
Matt McSheehy

Cheerleader **Darlane Kemp,** above, smiles as she waits for the last pep assembly of the year. She is looking forward to finishing her apprenticeship on the freshman squad and eventually journeying to the Varsity Competition Team. 1985 marks the last year at Los Al for senior **Jennifer Meadows,** below. A three-year member of the Omega Drill Team, Jennifer mastered the art of performance with style and audience appeal.

Participants in the musical **Guys and Dolls, John Hrbacek** (chorus), **Brian East** (Rusty), **Deanna Benstead** (Sarah), **Laura Meals** (the General), and **Laura Hill** (student director) catch the beat of the music of the opening song "Can Do."

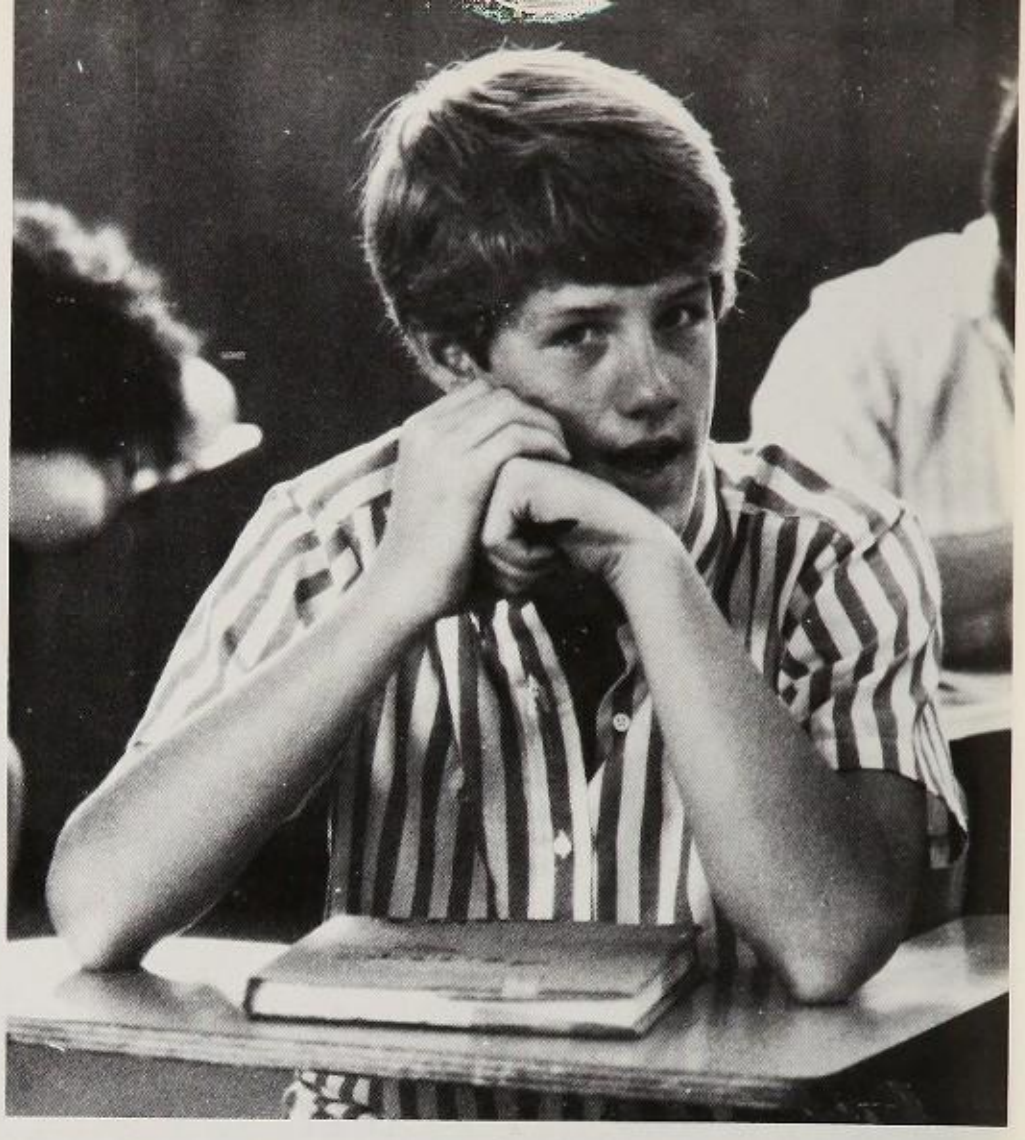
A special fund-raising effort was sponsored by the school district and the community to help in the restoration of the Statue of Liberty. **Susan Groff, Erin Callaway,** and **Ingrid Jensen** read the history and the worldwide importance of our nation's symbol of freedom.

As the nine months of the 1984-85 school year came to a close, the student body dared to venture in to the realms of the future. The senior nobles graduated and left the manor to pursue another life after high school. Their advent on the universities and the work fields of the world was a major step. As they began to shape new lives, they looked back on their journey from the apprenticeship experienced as freshmen and relished the fond memories. The guilds missed the participation of the graduating class, yet they were optimistic about the recruitment of new members. The patronage of the devoted faculty and staff was the means by which the student body achieved its goals, whether it was in the arts or sciences.



At the spring musical tryouts, **James Mentas** landed the part of the gambler Harry the Horse with his rendition of a Greek folk song.

Advanced Literature/Composition classmates **Kenny Stockwell** and **Judy Holzgang** grade a college preparatory freshman's paper for the new "Student as Teacher" program.



In an attempt to advance the education system, English teacher Ms. Wilson introduced the "Student as Teacher" program. Each one of her eleventh grade honors students helps a freshman, such as **Randal Blanq,** to improve his writing skills.

Looking for Ladders

Living in a square world
I seem to be falling off the edge.
Where will I fall?
My goals are lost among the
Many problems of society.
But if I find a ladder
I can climb up out of that rut,
Life should take a time out
And discover the purpose it
Should have.
These days there is a shortage of
Ladders to climb.
People lost in the shuffle of life
Goals sometimes are just dreams
now.

Eric Jones

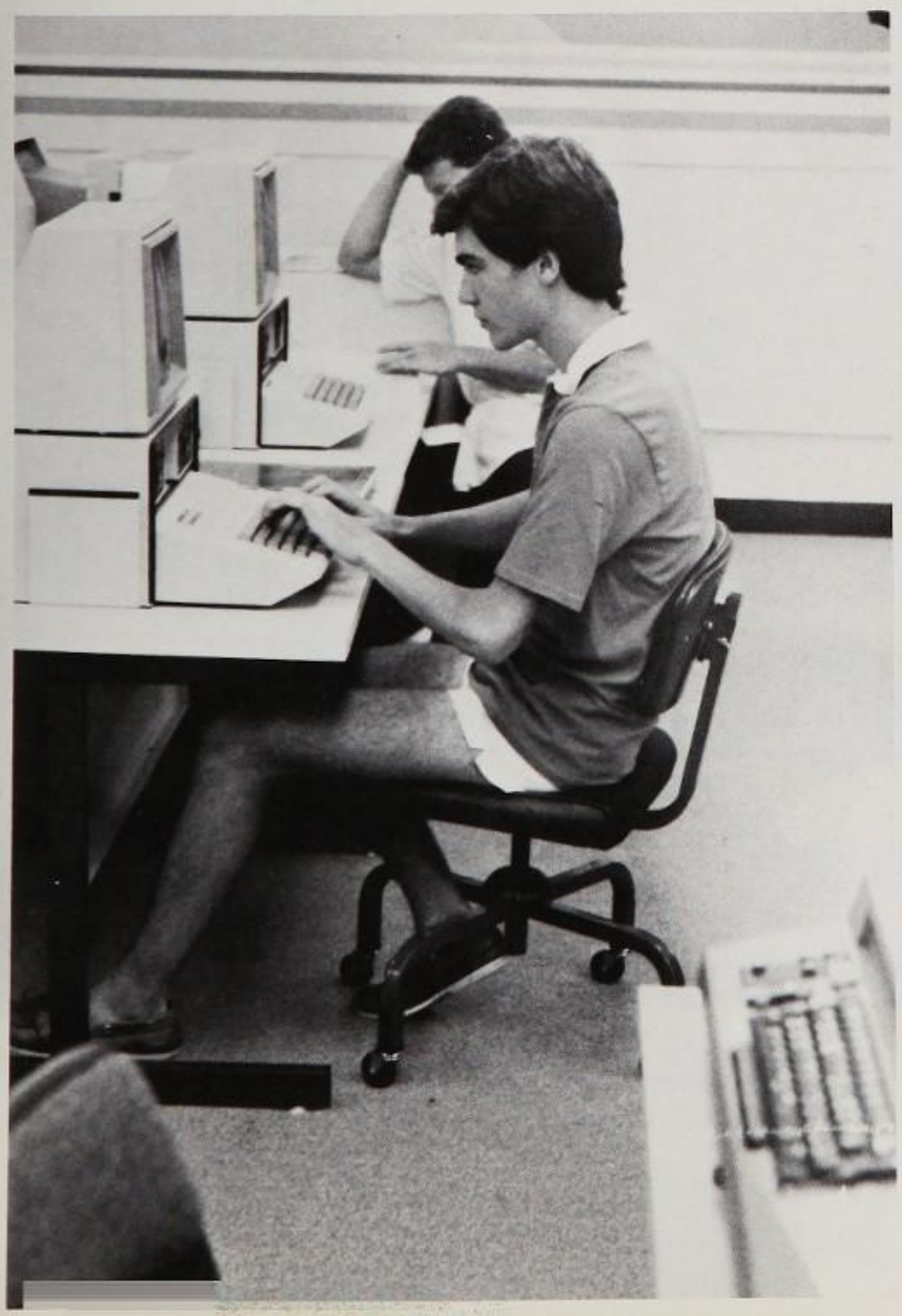
Pep commissioner **Tracey Cohn** waits the triumphant return of the Varsity Cheerleading Squad from the National Cheerleading Association's competition in Florida. The talent of the Griffins with the added sparkle of the yell leaders' "Ghostbusters" routine captured the judges' hearts and the first place trophy.

Proud of a successful football season, Griffins display their sentiment at a pep assembly with the flag salute. The 1984-85 Griffin football season proved to be the best since 1979, and many players felt a twinge of emotion as they realized it was their last.

The Renaissance was the age of educational advancements, community pride, and a positive progressive spirit. Such qualities could easily be seen on the Griffin campus.

Upgrading education became a major concern of state legislators as well as our own administrators. One of the results of such budgeting occurred when the Information Processing Department received a forty-thousand dollar grant to improve specialized training in areas especially related to computers. The grant allowed the school to offer more courses in word processing and computer programming. The governor of California also requested that state school districts increase the school year by one week. He felt the added five days of instruction would raise the state's scholastic record.

Like the community pride of the Renaissance, Griffin spirit enveloped our lives as competition seasons were enthusiastically begun and successfully completed. For the first time in five years, the Varsity Football Team was able to compete in the California Interscholastic Federation playoffs. Another source of Griffin pride was the Varsity Cheerleading Competition Squad. Hopes soared as they went to Florida for the National Cheerleading Championships. On the day of the last competition Los Al received word that they had triumphantly won the coveted award. The squad returned as the National Champions. With such an encouraging year, Los Al faced the future with feelings of dignity and accomplishment.



Andy Morley, above, interested by the concepts of biology, prepares to study the intricacies of an onion cell under the microscope. Students who excel in this subject are able to move on to Advanced Placement Biology, which offers a chllenging curriculum for college credit. As a result of a state grant given to the Information Processing Department, **Mike Rahban,** left, is able to receive highly specialized training in word processing.

Holly,
It's been
nice having you
in my English Class.
You are a totall sweet
heart and I love your
curly hair. See ya!

Linette

nothing
but Mrs.
Flynns
with Me.

Holly-
I'm glad we became
friends. You're a really
nice person. Maybe
we'll be in honors together
next year. Luv-
Amy

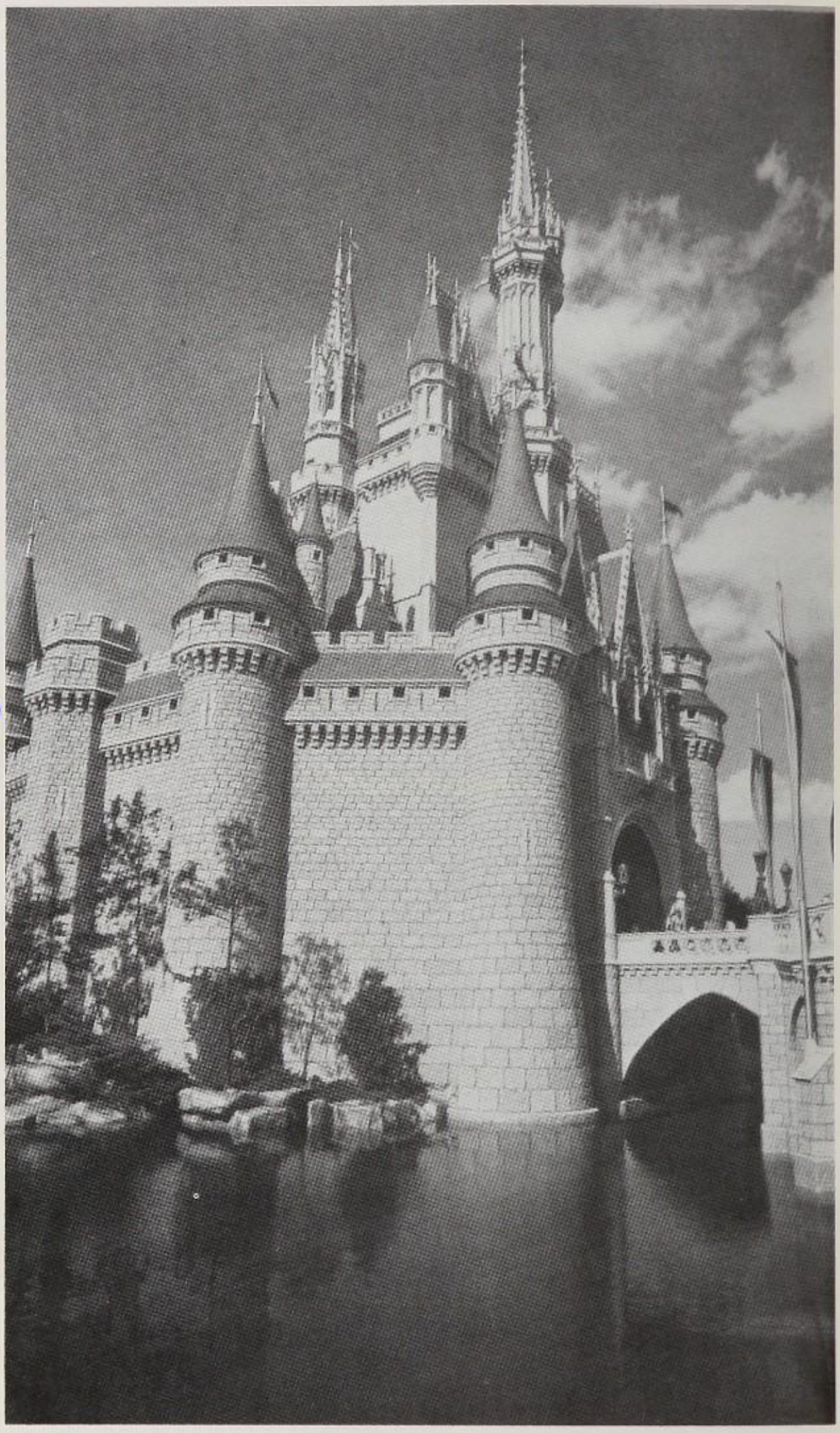
Castles in the Air

As a child, I loved the sand.
I could squeeze it between my toes or build a sand castle.
Yesterday's dreams were of roller skates and Barbies.

As I grew, my castles in the sand became castles in the air.
Teenage dreams of clothes and dates began filling Barbie's place.
But now I find that today will soon be tomorrow's yesterday.

So, as I reach for my castles in the air,
I wonder — "What will I find there?"
Soon I'll find that my goals have changed,
That I am again dreaming of castles in the air.

Karen Jerrine Smith



Through combined efforts, Editor-in-Chief, **Karen Smith,** and Associate Editor-in-Chief, **Kathleen Beatty,** produce the theme and closing sections of the yearbook, and helped the other staff members with questions and problems.

The 1985 edition of the **Cottonwood** contains 300 pages, all following a mosaic layout pattern. We used a Souvenir type style with thirty point headlines, ten point copy, and eight point cutlines. A Davida decorative type face was used in sixty point on all division pages and on major copy blocks a forty-eight point dropletter was used. The Renaissance theme of the book is displayed in a Florentine grain cover, a gold foil embossed Griffin, and a four color parchment endsheet.

For a great year and a lot of hard work, I would like to thank all the staff members, especially **Joy Fernbach, Diana May, Kathy Glaudini, Leslie Durkee, Liz Brewer, Mary Kate Hagmann, Laurie Hamada, Kelley Uyeda, Kelli Hawkins, Sharon Smith,** and **Debbie Theriault.** I am extremely grateful to my Associate Editor, **Kathleen Beatty,** for all of the help and suport. I really appreciate the outstanding efforts of **Evie Scalora, Gary Dingillo, Kirby Ingram,** and **Jose Camarena,** our photographers. Recognition is due to **Jodi Rovida** and **Chris Buonocore,** who were second semester additions to our staff. A special thank you goes to **David Sohn,** whose artistic talents are visible throughout the book.

While working with **Mrs. Jan Kenny** for the past three years I have constantly been amazed by her knowledge and skill in journalism. I wish to thank her for everything she has done to help. I also owe a note of thanks to all of the faculty members who made allowances for staff members to do their jobs.

Steve Eddy, Taylor Publishing Company's representative to Los Al, deserves credit for the guidance that he provided, and special thank yous go to our Information Processing Department and to **Leslie** at **Portrait Gallery.**

Good Luck to Everyone,

Karen J. Smith

Editor-in-Chief

Producing the **Cottonwood** takes a great deal of effort and time by each staff member. The staff includes a wide variety of talents ranging from art to photography. Members enjoy working in an atmosphere of creativity and energy. **Brad Seligman** uses his organizational skills to put the purchase records in order.

"The people at **Portrait Gallery** are always friendly," states **Jose Camarena. Lesley** comes to Los Al to pick up the film to be developed from our **Cottonwood** photographer.

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Holly,
We've been through a lot of great English teachers together! And Ha Ha! Some how we've even managed to pass! (Ha Ha) Well - I hope we continue this great tradition. Have a great, summer & keep partying! call me 431-9907

Love Ya
Marci

Holly!
It's been fun in English this year. Have a good summer.
Love,
Ellen

Holly,
It was fun having you in 1st period last semester. Hope you have a great summer.
RKK

H O L L Y

THIS YEAR IN ENGLISH HAS BEEN RAD ... (NOT BECAUSE OF YOU) - ((JUST KIDDING)) ... I'M GLAD I GOT TO MEET YOU THIS YEAR, & I THINK IT'S HELPED YOU .. I HOPE YOUR IN MY CLASS NEXT YEAR

David Mc

(↑ A GIFT SAVE THAT)

Holly,
We're not freshman any more. Yeah! I know we'll both miss all the essays and grammer. Call me this summer. see ya
5984787
love,
Mike Sandler

Holly,
I'll remember the times we had together "Stay Swell"
Best of luck love
Pat Hubbon

Holly,
KEEP STUDYING THOSE VERB PHRASES (I'M GLAD WE WON'T HAVE ANYMORE OF FLYNN'S ENGLISH HOMEWORK)
ENJOY YOUR SUMMER LOTS, OKAY!
SEE YOU NEXT YEAR!
RON MUIR

COTTONWOOD '85

Dear Holly,
you are such a rad chick, I'm glad we got to be friends. I'm glad its all over but I hope our friends could go on.
Love,
Karen
921-2671

Holly,
It was fun having you in 1st period this semester. I hope I have some classes with you next year, or see you at the beach in the summer.
Love
Chris Keer

Holly,
I know I'm immature but have a good summer anyway-with Paget & Mike

Holly,
It was great having yo in my Spanish class. Maybe I'll see you in Spanish II or even Geometry. Well, maybe not Geometry. Anyway, I hope you had a good freshman year. It will be much better next year. Have a nice summer. And I'll see you next year.
Your Friend,
David
Rayburn

Holly,
It was fun having you in Algebra. I think you are totally nice and smart. Hope you have a great Summer
Love,
Charles Ashley

Dear Holly,
Well, our first year is over :) It's been fun in algebra. I'm glad I got to know you better this year. You're so sweet I hope you can remain friends next year have a terrific Summer.
Sherri

Dear Holly,
Well, our first year is over :) It's been fun in algebra. I'm glad I got to know you better this year. You're so sweet I hope you can remain friends next year have a terrific Summer.
Sherri

Hey Holl—

Luv ya lots. I'm glad we've gotten to be such close frenz. It's sometimes hard when you're at your mom's all the way in Cypress. But, this summer—we'll go to the beach, go shopping, & live it up while we can. I like our theories. I have 3 & you have 299? Next year will be rad, but not until we K/B 1st this summer—a major necessity. Ok. you have to go. So I'll make this short; Hang onto Hendrick & in a few years you'll be glad you did, Stay frenz w/ Sammy. He's a doll. C U soon.

Love you lots—

Candace

Holly, you have this unique gift of always getting A's and you are A in my book.

Holly, glad we had a cool summer. Hope it time for fore fun. Have a slave but now Holly, I'm really glad you are such a friend. I am glad that we had to have met you. Have a terrific summer. Next year summer essays. Bun Flynn's Goodbye - Gahn Llewellyn

You are such a unique girl!!! I am glad that we had a big sophomore. Have a great summer and keep smilin'. Gina

sweet girl!!! Next year you'll be together!!! Have a drive!!! Have a great

really glad that we had a big sophomore. Have a great summer and keep smilin'. Gina

drama you'll be together!!! Have a drive!!! Have a great summer and keep smilin'. Gina